

Everett Independent

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Wednesday, January 3, 2024



Four of the newly elected members of the Everett City Council joined the current members for a photo at the Dec. 26 Council meeting, the last session of 2023. Seated is Ward 1 Councilor Wayne Matewsky. From left, are Ward 6 Councilor-Elect Peter Pietrantonio, Councilor-at-Large Stephanie Smith, Ward 5 Councilor-Elect Robert Van Campen, Ward 3 Councilor Darren Costa, Councilor-at-Large Richard Dell Isola, Ward 6 Councilor Al Lattanzi, Ward 5 Councilor Vivian Nguyen, Ward 2 Councilor Stephanie Martins, Ward 3 Councilor Anthony DiPierro, and Ward 4 Councilor-Elect Holly Garcia.

2024 Resident Parking Sticker program has begun

Special to the Independent

Mayor Carlo DeMaria is pleased to announce the official start date for the 2024 Resident Parking Sticker program. Starting Tuesday, January 2, vehicle owners must submit an online application in order to obtain their parking sticker for 2024. Please note there have been a few changes from last year.

After a resident has successfully submitted an online application, they will receive a confirmation email. Once the resident's information is verified, they will receive an additional email to confirm that the order has been successfully processed. The parking sticker will then be mailed to the resident. Residents may apply for up to 4 stickers per online application. Information required to complete the application includes:

- Full Name
- Address
- Phone Number
- Email Address
- License Plate Number
- Name that Appears on the Registration

Resident stickers for 2024 must be obtained and displayed on the vehicle before March 1st. As a courtesy, from January 2nd to February 29th, stickers may be obtained for FREE. The \$10 fee per sticker will be reinstated on March 1st.

Please be advised that in order for a resident sticker to be approved, the vehicle must be registered to the City of Everett and be in good standing. A sticker will not be issued if the vehicle has overdue parking tickets or unpaid excise tax.

For residents applying for a first-time sticker or those with new plates or vehicles, please visit City Hall, Room 13, to apply. Please bring your vehicle's registration and proof of address, such as a driv-

er's license or current utility bill, to obtain a parking sticker.

Please note that beginning on January 2nd, residents of the Lower Broadway area must visit City Hall, Room 13, in order to renew their Lower Broadway sticker and visitor placard. Please bring your registration and proof of Lower Broadway area address, such as a driver's license, current utility bill, or last year's visitor placard to renew.

The following are new changes that will be in effect beginning this year:

- Commercial vehicles must bring their registration to City Hall and pass an inspection to obtain a residential sticker. The vehicle must weigh under 10,000 lbs. and have no more than four wheels to obtain the sticker. Box trucks are not allowed to obtain a residential sticker. The cost of the sticker will be \$300.
- We allow 1-day visitor passes to be obtained at \$5 per pass. Also, you can obtain up to four 10-day parking placards per plate for \$25 per placard. To qualify, you must provide a valid registration and proof of the Everett address (current utility bill or current lease).

The online Residential Parking Sticker Program application can be found at epay.cityhallsystems.com. For questions regarding the program or the online application, please contact 311 at 617-394-2270 or the Parking Clerk's Office at 617-394-2295 or 617-394-2275. If you have questions regarding your sticker order status, please contact City Hall Systems at 508-381-5455.

When applying online for the resident sticker, you may receive an email that the system does not recognize the address. In

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CITY COUNCIL HONORS OUTGOING COUNCILORS

The Everett City Council honored its outgoing members during a ceremony Dec. 26 in the Council Chambers.

Ward 5 Councilor Vivian Nguyen, Ward 3 Councilor Darren Costa, Ward 6 Councilor Al Lattanzi, and Councilor-at-Large Richard Dell Isola each delivered farewell remarks and received citations in recognition of their service on the 11-member Council. Councilor-at-Large

Irene Cardillo and Ward 4 Councilor Jimmy Tri Le are also completing their service on the Council.

In the absence of Council President Michael Marchese, Ward 1 Councilor Wayne Matewsky presided over the ceremony.

Ward 2 Councilor Stephanie Martins presented the Council citation to Ward 5 Councilor Vivian Nguyen. "It's bittersweet, but it's my honor to recognize

Councilor Nguyen," said Martins. "I want to thank you for stepping up to serve the people of Ward 5 and all of Everett. I want to thank you for bringing fresh ideas, making history as our first Asian woman to ever get elected in the City of Everett. I hope you run again, and I hope more new people are inspired by your journey to also run. So, this is just the beginning. We cannot wait to see all that you will do."

Nguyen humbly accepted the citation, stating, "Over the last two years, it's been my honor and privilege to serve as your Ward 5 city councilor. I'm grateful for the opportunities that I've had to introduce and facilitate accessibility initiatives that will benefit our community for generations to come. I would like to especially

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APPRECIATION

Former Everett School Committee member Allen Panarese dies at 67

Special to the Independent

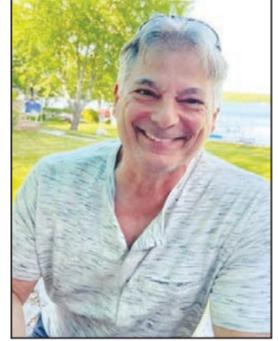
Family and friends are mourning the loss of Allen Panarese, a lifelong resident who dedicated his life to public service and helping others in the community.

Mr. Panarese, who served on the Everett School Committee for 20 years, died on Dec. 28, 2023, following a courageous battle against cancer. He was 67.

A 1974 graduate of Everett High School, Mr. Panarese was admired across the city. He coached youth football and baseball in Everett and was a strong supporter of Everett High teams. He had a distinguished 44-year career as a respiratory therapist at the Cambridge Health Alliance in Everett.

Mayor Carlo DeMaria paid tribute to Mr. Panarese's outstanding contributions to the city and in his professional career in the health industry in a post on his Facebook page.

"It is with great sadness that I inform you of the passing of a wonderful and beloved true Everett gentleman, Allen Panarese," wrote DeMaria. "Allen passed away on Thursday, December 28 after a brave battle with mesothelioma. I ask you to please join me, my wife, Stacy, and our entire family in extending our deepest condolences and heartfelt



Allen Panarese. COURTESY PHOTO

sympathy to his wife, Carol, his sons, Jonathan and Gregory, and the entire Panarese extended family and friends during this extremely difficult time.

"Allen was truly loved, respected and admired by everyone who knew him. He dedicated his entire life to serving and contributing to the Community of Everett. He surely loved his hometown very much. He was born and raised here and was a 1974 graduate of Everett High School. He lived his entire life in this great city.

He served 20 years on the Everett School Committee, 2 of those years as chairman. He was a member of the School Building Commission during 3 administrations. He served 8 years on the Recreation Commission and coached the Pop Warner Eagles for 24 years. His dedication to his beloved city was complete and very deep to say the least.

Probably his greatest

contribution came as the Critical Leader of Respiratory Therapy at Cambridge Health Alliance (CHA) since 1979, where he saved countless lives, not only during the horrific COVID pandemic but for many years before and after. I've heard many stories about how he went over and above with not only his patients but the families of the people that he helped, from Everett as well as our many surrounding communities.

If you were lucky enough to know him then you understand the depth of his unwavering dedication to his family, friends, patients and the City he loved so much.

Rest in Peace my friend, you will be sorely missed and will remain forever in our hearts," concluded Mayor DeMaria.

Sen. Sal DiDomenico praised Mr. Panarese, noting his lifelong dedication to Everett students and the DiDomenico family's personal friendship with him.

"Allen has been a great friend to my wife Tricia, and our sons and my parents, and he was a great person and friend to so many people in our community," said DiDomenico. "He did so much for children throughout Everett and was respected by everyone. He was always so humble and generous, and we are going to miss his warm smile. He will be remembered for his

love of Everett, and I will always remember how kind he was to my family. This is a tremendous loss for our community, but his legacy will live on through the many lives he touched. We send our deepest condolences to Carol, their children and grandchildren."

Former city official Michael McLaughlin also reflected on the positive impact that Mr. Panarese had in the community.

"Allen Panarese was truly all that is good about our beautiful city," said McLaughlin. "Allen gave

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EVERETT-REVERE-MALDEN-MYSTIC VALLEY CO-OP HOCKEY



Tommy Cronin lines up a shot from the point during the Everett-Revere-Malden-Mystic Valley Co-op hockey game against East Boston. See page 6 for more photos.

Everett Independent

President: Stephen Quigley

Editor in Chief: Cary Shuman

Independent Forum

Artsemerson presents Moby Dick

ArtsEmerson, Boston's leading presenter of contemporary world theater and film and the professional presenting and producing organization of Emerson College, is excited to kick off its 2024 season with renowned director Yngvild Aspeli and the endlessly inventive Norwegian theater company, Plexus Polaire's Moby Dick at the Emerson Paramount Center from January 23 – 28, 2024. Herman Melville's immeasurably influential novel is brought to life in this radiant stage production featuring seven actors, fifty puppets, video projections, a drowned orchestra and a life-sized whale.

Moby Dick is, on its surface, the simple tale of a whaling expedition, but the story's haunting themes of unparalleled obsession lead us all to question the unexplained mysteries of life and of the human heart. In this groundbreaking production, the classic is reborn with a freshness and urgency that makes it truly unforgettable. The New York Times calls Moby Dick "a stunning work of art."

"We are thrilled to jump start 2024 with the wondrous feast for the eyes that is Plexus Polaire with



PHOTO COURTESY CHRISTOPHE RAYNAUD DE LAGE

A scene from Moby Dick by Plexus Polaire.

Yngvild Aspeli's Moby Dick," says ArtsEmerson Interim Executive Director Ronee Penoi. "We think our audiences will be spell-bound by this poetic and magical piece with breathtaking puppetry."

"I like how the sea somehow draws invisible lines between the different corners of the world, how it creates points of connection," says Moby Dick director Yngvild Aspeli. "How, facing this force of nature, we are all the same. And no-one

captures the battle between man and nature like Herman Melville in Moby Dick. An ancient white whale, a captain steering his ship into destruction and the inner storms of the human heart."

Tickets for Moby Dick may be purchased 24/7 at ArtsEmerson.org, or by calling 617-824-8400 (Tue-Sat from 12:00PM ET - 6:00PM ET). The Paramount Center Box Office (559 Washington Street, Boston) is open for walk-up service Thu-Sat from Noon - 6:00 PM

ET. Tickets start at \$25. Groups of 10+ attending a performance save up to 30%.

Thanks to generous support from Rockland Trust, a limited number of \$10 Mobile Rush tickets will be available at 9:00 AM ET each performance day on a first-come, first-served basis, exclusively through the TodayTix mobile app. For more information, please click on "General Public" when you visit ArtsEmerson's Offers web page.

THE HOLIDAYS ARE OVER -- NOW IT'S BACK TO REALITY

The holiday season may have provided the usual respite for all of us from the strife and turbulence that has been assaulting us daily for the better part of the past decade, but despite the arrival of the New Year, we still have to face our same old problems.

The war in Ukraine continues to grind on, with Vladimir Putin targeting primarily civilians in cities far from the battlefield. The Israel-Hamas war likewise has no apparent end in sight, with civilians on both sides suffering greatly. In addition, with other Iranian-backed terrorist organizations threatening to expand the war not only against Israel, but also against the United States and world-wide commercial shipping, the potential for a much-larger conflict increases with each passing minute.

China, the other member of the Axis of Evil, continues to encroach its military bases and fleet on the sovereignty of other nations and threatens to launch an invasion of Taiwan at any time.

Scientists have confirmed that 2023 was off-the-charts for being the warmest year in the history of mankind, with the trend looming for an even-hotter 2024, promising to bring more devastating storms and climate change-related catastrophes in the year ahead.

Despite the strong economy, homelessness in the United States grew by 12 percent in the past year, with no imminent solution at any level of government. The increase in homelessness is a direct result of the lack of housing that has accumulated over the past decade to the point where it is estimated that the country is five million units short of what is needed to keep up with our growing population.

The situation at the border with Mexico represents a complete failure on the part of Congress and the White House, with the result that the situation for migrants is dire and American cities are being overwhelmed. Even Democratic governors and mayors are feeling besieged by the influx of immigrants for which our local and state governments are ill-equipped to handle.

The lack of meaningful gun legislation to stop the proliferation of deadly military-grade weapons all but assures that 2024 will see more mass shootings throughout the country.

Drug and alcohol abuse also shows no signs of abating and will continue to claim the lives of tens of thousands of Americans in the year ahead. American life expectancy continues to trail the rest of the industrialized world.

And last but not least, the political turmoil in the coming presidential year promises to be the most turbulent not only in our recent history, but since 1861 -- the start of the Civil War.

The prospects are overwhelming for a grim 2024. About all we can say is that we are living in an era that brings to mind the title from the Kevin Costner movie from the late 1980s -- No Way Out.

It's been a rough winter so far in many parts of the country.

If you're a pet owner, that means you'll also need to keep your pets out of harm's way.

Best Friends Animal Society, a leading animal welfare organization working to end the killing of cats and dogs by 2025, offers the following tips to keep your pet as safe as possible:

- Outside animals should be brought indoors unless evacuation is required.

- Do not wait to evacuate. The longer you wait, the more difficult it will be to get out with your pets.

- If evacuating, please bring your pets with you. If that is not possible, do not keep animals enclosed in a pen or crate and make

sure to keep pets on the highest floor or point of your home.

- Make a plan of where to go with your pet(s). Identify pet-friendly emergency shelters that may be open in your area for temporary respite. There are also pet-friendly hotels that you may be able to locate online.

- Put together an emergency go-bag of all of your pets' essential items, such as medications, food, bowls, leash, crate, toys, blankets, and identification tags. It's also pertinent to have your animal's vaccination and medical records handy, including their microchip number, together inside a waterproof, sealed bag. Keep the bag as close to the door so that if you need to evacuate immediately,

you can grab your pet and the bag and leave.

- Identify a neighbor who has access to your home and can grab your pets and their go bag if you are not home during a flooding event.

- Close all windows and doors.

Additional Do's and Don'ts:

- Do not attempt to walk through floodwater. As little as six inches of moving water can knock you and your pet down.

- Do not allow your pet to drink any floodwater. Floodwater is polluted with chemicals, sewage and other harmful debris and foreign materials that are harmful to your pet.

- Do not assume your pet can swim. Animals can panic if put in a situation that they are too stressed

to handle.

- Do not drive through water or even over bridges that sit above fast-moving water, as they can collapse at a moment's notice.

- Do dry off a pet as quickly as possible. Wetness can cause bacterial growth and inflammation on their skin.

Don't have a pet? Now is the perfect time to adopt or foster a pet in need. Shelters across the country are at capacity due to less people choosing the adoption option. Every time you adopt, you are saving two lives: the life of the pet you are bringing home, as well as opening space for another homeless dog or cat to be taken in by shelters and rescue groups. To learn more, visit bestfriends.org.

More than one-third of Christmas tree home fires occur in January

More than one-third (34 percent) of U.S. home fires involving Christmas trees occur in January. With this post-holiday fire hazard in mind, the National Fire Protection Association® (NFPA®) strongly encourages everyone to keep the festive memories and remove the hazards by disposing of Christmas trees promptly after the holiday season.

"As much as we all enjoy the look and feel of Christmas trees in our homes, they're large com-

bustible items that have the potential to result in serious fires," said Lorraine Carli, vice president of Outreach and Advocacy at. "The longer Christmas trees remain in homes, the longer they present a risk."

Carli notes that fresh Christmas trees, which continue to dry out and become more flammable over time, are involved in a much larger share of reported Christmas tree fires than artificial trees.

According to the latest statistics from NFPA,

there was an estimated annual average of 150 home structure fires that began with Christmas trees, resulting in one civilian death, 10 civilian injuries, and \$14 million in direct property damage between 2017 and 2021. Overall, fires that begin with Christmas trees represent a very small but notable part of the U.S. fire problem, considering that they are generally in use for a short time each year.

To safely dispose of a Christmas tree, NFPA recommends using the local community's recycling program, if possible; trees should not be put in the garage or left outside. NFPA also offers these tips for safely removing lighting and decorations to ensure that they remain in good condition:

- Use the gripping area on the plug when unplugging electrical decorations. Never pull the cord

to unplug any device from an electrical outlet, as this can harm the wire and insulation of the cord, increasing the risk for shock or electrical fire.

- As you pack up light strings, inspect each line for damage, throwing out any sets that have loose connections, broken sockets or cracked or bare wires.

- Wrap each set of lights and put them in individual plastic bags or wrap them around a piece of cardboard.

- Store electrical decorations in a dry place away from children and pets where they will not be damaged by water or dampness.

For more information on home fire safety all winter long, visit "Put a Freeze on Winter Fires," a winter safety campaign NFPA promotes annually with the U.S. Fire Administration.

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The Everett Independent reserves the right to edit letters for space, accuracy and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Everett Independent publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Everett Independent.

Text or attachments emailed to editor@everettindependent.com are preferred.

EXCELLENCE IN THE EVERETT PUBLIC SCHOOLS

Middle School Robotics Update

Lafayette Lions Advance to State Championship

The Everett Public Schools (EPS) sent seven middle-school robotics teams to the First Lego League Robotics Qualifier on Saturday, December 9, 2023, at Revere High School.

Congratulations to the students and their teachers, as every EPS team finished in the top 20 out of 40 entrants in the high-energy competition. And a special salute to the Lafayette Lions, coached by James Santerre and Tenzin Lhadon, for earning a top-10 finish and securing a place in the State Championship on Saturday, December 16, 2023, at Newton North High School.

The EPS started its middle-school robotics program last year as part of a district-wide effort to expand offerings for students in Grades 6-8. This season, the district boasts seven First Lego League teams — one at the Parlin, Lafayette, and Keverian schools and two each at the Madeline English and Whittier schools.

Our First Lego League coaches are as follows:

- Keverian — Christie Mercuri and Tori Milano
- Madeline English — Bruce Jaffe and Jennifer Cavalieri
- Lafayette — James Santerre and Tenzin Lhadon

Whittier — Dawn Munro and Neeta Kalve

Parlin — Michael LaRochelle, Lisa Lomba, and Nicholas Estabrook

The First Lego League (FLL) introduces students to science, technology, engineering, and math (STEM) through fun, exciting hands-on learning. Participants develop problem-solving skills through a guided, global robotics program, while FLL competitions provide students a platform to showcase their critical thinking, coding, and design skills in a supportive, team-oriented environment.



The State Championship-bound Lafayette Lions Robotics Team.



Whittier School students compete in the First Lego League Robotics Qualifier.

A Formidable Security Team!

Students Working with Students at EHS



The members of Mr. Neil Plotnick's advanced cybersecurity class worked with Ms. Maureen Johnson's math students on an Hour of Code activity on Thursday, December 7, 2023. The students in the small-group math class had a fun time collaborating with the cybersecurity students on coding a dance party avatar using Artificial Intelligence. Mr. Plotnick will continue to support Ms. Johnson's class with coding materials and resources that combine math and programming.

Magnificent Sevens

EHS Theatre Company Fall Showcase



The Everett High School (EHS) Theatre Company staged its Fall Showcase on December 7-8, 2023, inside the Center for the Performing Arts. The show featured a dynamic mix of song, dance, acting, improv, and humor — all based around the Seven Deadly Sins and Seven Virtues. Congratulations to the EHS performing artists and thanks to teachers Evan DeMarzo, Brittany Mitchell, and Briana Pierce for overseeing the production and set design! Finally, a round of applause to the parents, district teachers and staff, elected officials, and residents who attended one of the two performances.

Parking // CONTINUED FROM PAGE 1

this case, the Collector's office will add the address into the system and then respond to the email notifying the address has been

added. At this point, the resident may re-apply for the sticker online.

To apply or for more information, please visit:

cityofeverett.com/city-hall/departments/parking/residential-parking-stickers.

LEGAL NOTICE

LEGAL NOTICE MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by David J. Miniscalco to PNC Mortgage, a division of PNC Bank, National Association, dated July 11, 2016, and recorded with the Middlesex County (Southern District) Registry of Deeds at Book 67596, Page 485, as affected by a Loan Modification recorded on August 5, 2021, in Said Registry of Deeds at Book 78410, Page 290, subsequently assigned to PNC Bank National Association by PNC Mortgage, a division of PNC Bank, National Association by assignment recorded in said Middlesex County (Southern District) Registry of Deeds at Book 74116, Page 380, for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 1:00 PM on January 17, 2024 at 228 Hancock Street, Unit C, Everett, MA, all and singular the premises described in said Mortgage, to wit: Unit C of the Hancock Condominium created by master Deed dated August 30, 1989 recorded with the

Middlesex South Registry of Deeds in Book 20044, Page 271 on 8/30/1989. Included with said unit are: (i) An undivided .333 percentage interest in both the common areas and facilities of the condominium and organization of unit owners through which the condominium is managed and regulated; (ii) The exclusive right to use one parking space which the Trustees of the Condominium Trust shall specifically designate. (iii) Such other rights and easements appurtenant to the unit as may be set forth in any documents governing the operation of the condominium, including without limitation the Master Deed, the By-Laws of the organization of unit owners, and any administrative rules and regulations adopted pursuant thereto (all of which are hereinafter referred to as "The Condominium Documents"). The unit conveyed is laid out as shown on a plan filed with the first deed out of Unit C, which plan is a copy of a portion of the plans filed with said Master Deed and to which is affixed a verified statement in the form provided in M.G.L. Ch. 183A, Sec. 9. It is subject to and

with the benefit of the obligations, restrictions, rights and liabilities contained in General Laws Chapter 183A, the Master Deed and By-Laws filed therewith. The condominium and each of the units is intended for residential purposes and other uses permitted by the applicable zoning ordinances as set forth in the Master Deed. For title see deed recorded herewith. The premises are to be sold subject to and with the benefit of all easements, restrictions, encroachments, building and zoning laws, liens, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession, and attorney's fees and costs. TERMS OF SALE: A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30)

days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. TIME WILL BE OF THE ESSENCE. Other terms, if any, to be announced at the sale. PNC Bank, National Association Present Holder of said Mortgage, By Its Attorneys, ORLANDS PC PO Box 540540 Waltham, MA 02454 Phone: (781) 790-7800 22-003128 12/27/23, 1/03/24, 1/10/24 EV

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MAYOR DEMARIA AND COUNCIL ON AGING HOLDS NEW YEAR'S PARTY

Mayor Carlo DeMaria and the Council on Aging hosted a spectacular New Year's Party for Everett seniors Dec. 30 at Anthony's Malden.

More than 150 guests enjoyed a multi-course luncheon - beginning with hors d'oeuvres, cheese and crackers, and fruits - and dancing to DJ Tommy Sheehan's music in the main function hall that was elegantly decorated for the occasion. There were also special New Year's hats, noisemakers, and other souvenirs available for each guest.

Palma welcomed the large gathering to the event and extended the city's best wishes for a happy new year.

Known for their excellent holiday celebrations for seniors, Mayor DeMaria and the Council



COA Director Dale Palma welcomes Everett resident Rita Way, matriarch of the well-known Way family of Chelsea, to the New Year's Party.



Front row, from left, Kim Nguyen and Tony Nguyen, back row, from left, Richie Carbone, Janet Marchillo, and Karen McCune.



Welcoming guests to the New Year's party at the Council on Aging reception desk are (front) Marie Dillon and Sharon White, (back) Carol DelloRusso and Cathi Connors.

on Aging will next host a Valentine's Day Party in February.



Jeanette DeRosa and Ralph DeRosa.



Mario Dongo and Donatill Dongo.



Front row, from left, Richard Conti, Martha Swiderski, and Carl Beaulieu, back row, from left, Susan Patturelli and Judith Connolly.



Front row, from left, John O'Keefe and Lester Chisolm, back row from left, Joan MacDonald, Marylou Bigelow, Stu Gordon, and Terry Nardone.



Front row, from left, Rose Connors, Otto Swanson, Rosita Giliberto, and Sal Giliberto. Back row, from left, Angelo Iuliano, Angela Laft, Jeanette DeRosa, and Ralph DeRosa.



Front row, from left, Elvira Lathan, Pat O'Brien, and Natalie Freeman, back row, from left, Carol Savitnky, Diane Fallie, Marlene Westerman, and David Ennamorati.



Front row, from left, Al Porcaro, Lucille Moister, Joyce Barsotti, and Lou Barsotti. Back row, from left, Patty Connors, Tom Schnabel, Diane Crokery, and Patty Audet.

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* Annual Percentage Yield is accurate as of 10/30/23. The Special 5-10 Month Certificate of Deposit account is available during a special promotion period and to new money only. For Eagle Bank transfers, a minimum deposit of \$25,000 of new money is required. A penalty will be imposed for withdrawals before maturity. Rates may vary and are subject to change without notice. Minimum balance to open the CD and earn the APY is \$25,000. CDs will automatically renew at a 12-month term at the regular 12-month CD rate being offered by the Bank at the time of renewal. Other terms and rates available.
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The Everett Council on Aging Table, front row, from left, Cathi Connors, Charles DiPerri, Rachel DioSchino, and Carol Garrett. Back row, from left, Sharon White, Carol DelloRusso, Patty Connors, Marie Dillon, and COA Director Dale Palma.

Council // CONTINUED FROM PAGE 1

acknowledge and thank our residents, my fellow councillors, city staff, and community partners for not only their trust, but for their roles in making these initiatives happen. While my term is coming to an end, it's just the beginning of the collective impact that we've made together. I hope to you all around, so this not a good-bye. I wish you all a happy new year."

Councilor-at-Large Stephanie Smith praised Ward 3 Councilor Darren Costa, stating, "I would like to thank Councilor Costa for all his hard work. We served on many of the same committees together. I'll miss all the help and support that you've given to me in looking at the financials and helping with the budget. I'm looking forward to continuing to see you around the neighborhood and continuing to work with you."

While thanking his colleagues and constituents, Costa said, "I enjoyed the work and I wish nothing but the best for the new members coming on, and nothing but the best for those who have served alongside me and are retiring."

Ward 1 Councilor Wayne Matewsky made the presentation to Ward 6 Councilor Al Lattanzi, lauding his hard work as a councilor and noting how much he enjoyed serving with him on the Council.

Lattanzi said in prepared remarks, "Tonight is my last meeting as Ward 6 councilor. I want my Council colleagues, my constituents, and my friends throughout the City to know that it has been the honor of my life to sit here in the Council Chamber and serve the residents of Everett."

"Now while may not be

on this side of the Chamber every other Monday for the next two years, my advocacy for, and dedication to, the City of Everett and my Ward 6 constituents will not end. I don't need a title or a city paycheck to show my commitment to the City that I and my family have called home for four generations.

"I want to thank everyone – my family, City staff, elected officials, and the residents of Everett – for making this dream of mine a reality. I wish the new Council-body a very successful and productive legislative session and everybody throughout the City a belated Merry Christmas, Happy Holidays, and a safe and enjoyable New Year."

Sen. Sal DiDomenico made a special appearance at the meeting to honor Councilor-at-Large Richard Dell Isola on his retirement after 14 years of service in city government.

"He has been a true gentleman," began DiDomenico. "Rich has been one of my closest friends and a real asset to this community, and we're going to miss seeing him up here at Council meetings. I know he is going to be involved in this community. I thank him for all he's done for the City of Everett. His family is a tribute to public service. The Dell Isola family has given so much to this community, and Rich has lived up to that standard as well."

Councilor Wayne Matewsky lauded Dell Isola's service and his family's outstanding legacy of public service in Everett.

"He's done a wonderful job," said Matewsky. "He's been one of the highest vote-getters in this community for many years. His family name, his uncle Gilly are legendary in the youth

sports of this community, in the Bond Brothers Construction Company, and he himself was an expert on utility issues."

Dell Isola received a standing ovation from the audience.

"I want to thank my current colleagues for their support and friendship and my past colleagues for their support and friendship also," said Dell Isola. "You don't here on your own. You have help. My family, I couldn't ask for anything better. My father was there from 7 in the morning to eight in night [holding campaign signs], and he just keeps going.

"[Being a councilor] is a tough job, but I love all the years up here. The Dell Isolas, with my uncle combined, served 29 years in these Chambers and I'm proud of that. By Wayne

saying I'm a gentleman, that's a compliment that as funny as it seems, everybody called my uncle the

same thing, a gentleman each year that he served."

Dell Isola concluded by wishing his colleagues

good luck in the future. "Thank you for this moment," he said.



Sen. Sal DiDomenico made a special appearance to honor his friend, Councilor-at-Large Richard Dell Isola, on his retirement from the Council.



Councilor-at-Large Richard Dell Isola delivers his farewell speech at the Dec. 26 City Council meeting.



Ward 3 Councilor Darren Costa delivers his farewell speech at the Dec. 26 City Council meeting.



Ward 5 Councilor Stephanie Martins (right) presents a citation to her friend and colleague, Ward 2 Councilor Vivian Nguyen.



Ward 5 Councilor Vivian Nguyen delivers her farewell speech at the Dec. 26 City Council meeting.



Ward 1 Councilor Wayne Matewsky (right) presents a citation to his colleague, Ward 6 Councilor Al Lattanzi.



Councilor-at-Large Stephanie Smith presents a citation to her colleague, Darren Costa.



Sen. Sal DiDomenico (right) joins Ward 1 Councilor Wayne Matewsky in presenting a citation to Councilor-at-Large Richard Dell Isola.



Councilor-at-Large Richard Dell Isola, who continued his family's legacy of public service in Everett, is pictured with his wife, Lisa Dell Isola, and his parents, Richard Dell Isola Sr. and Gerri Dell Isola.

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EVERETT-REVERE-MALDEN-MYSTIC VALLEY CO-OP IN HOCKEY ACTION AGAINST EAST BOSTON

BOB MARRA PHOTOS

The Everett-Revere-Malden-Mystic Valley Co-op hockey team dominated East Boston 12-2 at Porazzo Rink on Wednesday December 12.



Vishant Chawla works his way past East Boston's Caiden Brown (17).



David Perez follows through on a shot from the right wing.



Michael Brandano cuts a move through center ice.



Lucas Deguire fights for a loose puck as he is defended by East Boston's Francis McLaughlin.



Lucas Deguire eyes a loose puck as East Boston's Eddie Kinney Jr. (19) closes in.



Riley Constantine gets away from a diving Caiden Brown (17).



Ollie Svendsen watches his shot slide into the East Boston net.



Frankie Annunziata skates in on the left wing guarded by East Boston's Francis McLaughlin (23).

EHS Roundup

EHS SPORTS SWING BACK INTO ACTION AFTER HOLIDAY BREAK

The Everett High winter athletics season swings back into high gear this week with a full slate of competition for all of the Crimson Tide teams as they embark on their run through the final seven weeks of the season.

The boys basketball team, which split its games in the Malden Catholic Holiday Tournament, losing in the final seconds to Arlington and then defeating Arlington Catholic, is scheduled to play at non-league rival Cambridge Rindge and Latin this evening (Wednesday)

and will make the short trek to Greater Boston League (GBL) rival Revere on Friday. They will return home to host GBL foe Medford next Tuesday. First-year head coach Gerry Boyce's squad stands at 4-1 overall and is atop the GBL standings with a 4-0 mark, the only undefeated team in the league.

Coach Riley Dunn and the EHS girls basketball squad, which fell to non-league opponent Acton-Boxboro in its only contest during the vacation week, stands at 2-3 overall and 2-2 in the GBL. The Lady Crimson Tide entertain GBL foe Revere tomorrow (Thursday) and will travel to GBL rival

Medford next Tuesday. Coach Jehu Cimea's boys and girls indoor track were scheduled to engage in a tri-meet with GBL opponents Malden and Somerville yesterday (Tuesday) at the Reggie Lewis Track and Athletic Center. They will take on GBL foe Lynn English next Wednesday at the Reggie.

The Tide hockey team, a co-op comprised of players from Everett, Revere, Malden, and Mystic Valley, which split its two contests over the break, defeating East Boston but falling to Newton North, will host Danvers this Saturday evening at Allied Veterans Rink at 7:30.

NEWS FROM AROUND THE REGION

DIDOMENICO UPDATES CITY COUNCIL ON POTENTIAL EVERETT SOCCER STADIUM

CHELSEA - State Senator Sal DiDomenico appeared before the City Council's subcommittee on conference 1 to clarify the process for a potential soccer stadium for the New England Revolution across from the Encore Casino in Everett.

"I requested this so (DiDomenico) can give us an overview of where things are with the stadium and what our interest is in being at the table," said Council President Leo Robinson.

DiDomenico noted that there have been a lot of reports in the press and on social media about the potential development of a soccer stadium on the Everett power plant site by the Kraft Group that have not been accurate.

The proposed development was first brought forward about a year and a half ago when the House of Representatives put an amendment to the economic development bill that looked to lift the Designated Port Area (DPA) designation and some of the public engagement process for the site. DiDomenico said the state Senate did not concur with the House bill, and that amendment never made it out of conference.

"Fast Forward to a few months ago, things started getting a little more traction, and as a result, I brought forward several of the environmental groups who were opposed to what happened in the House," said DiDomenico. "I brought them together at the site to show them what is there, which is a dirty power plant right now. The power plant has been decommissioned and what you see is with the smokestacks and the building is not an attractive gateway to any community."

The clean up of the site alone is expected to cost over \$60 million, he said.

"To get someone to come into a community with private investments and clean up that land at their own expense with no federal or state dollars is a big deal," said DiDomenico.

He said the site and building are so contaminated and dirty they have been polluting the land for decades.

The potential private development of the site would not only clean up a brownfields site, but provide a development that residents and the region could enjoy and provide public access to the waterfront.

"I brought the environmental folks together at this meeting with the Kraft Group, the mayor of Everett, and representatives of the city of Everett to talk about how we could proceed and what we thought would be the best avenue," said DiDomenico. "At that time, the environmental groups initiated a conversation with the Kraft Group on a memorandum of agreement."

DiDomenico said that reports that there was a host agreement with the city of Everett for the soccer stadium were false, because there is no official project at this time.

"At this point in time, the environmental folks

wanted to have some sort of agreement in place with the Kraft Group before we move forward with legislation," he said. "They felt it was important to have something on paper before anything was done at the State House. They initiated that conversation and they negotiated that agreement."

DiDomenico said the mayor and city of Everett did not negotiate the agreement, but added that the mayor did sign the agreement because the environmental groups could not sign a binding agreement with the Kraft Group.

"The agreement with the city of Everett will come in the next phase; the mayor will negotiate that at a later date," said DiDomenico.

The senator said there is currently one simple thing going on at the State House now and that there is no move to take away the public process when it comes to developing the power plant property.

"All we are saying is that this land where the power plant is today is on a DPA ... which is maritime use only," said DiDomenico. "There has not been maritime use on that property in several years."

The DPA extends from the Alford Street Bridge in Everett into Chelsea and is one of the largest DPAs in the state, he added.

"We're taking a very small piece of the larger DPA, which is where the power plant sits," said DiDomenico.

By allowing the change in the DPA, it would kickstart the public process for the larger project, he added.

"All we are doing is this one simple step to get to the next step, which is the public process," DiDomenico said. "If we don't lift the DPA, there is no public process after that because there is no project."

If the effort to lift the DPA is ultimately unsuccessful, DiDomenico said there will be no soccer stadium on the site.

"And I fear we will see what we see on that site now in the next five, 10, 15 years - a dirty power plant with smokestacks sitting on a waterfront with no public access," said DiDomenico. "I don't know who else would come into a community and spend \$60 million-plus to clean up the land."

The power plant site would be more expensive to clean up than the Encore casino property, he added.

The present plans for the soccer stadium call for a 25,000-seat stadium with limited parking.

"There has to be a robust public transportation infrastructure in place," said DiDomenico. "That is all going to be part of the process after the DPA is lifted."

DiDomenico noted that there are a number of public transportation improvements for the area that are already part of Everett's agreement with the casino.

The proposal to lift the DPA was initially in a supplemental budget bill that did not make it through the House.

"They had some questions about different things and wanted to have some more time," DiDomenico said. "The next step would be for me to file a stand-alone bill that will entail a hearing for the public and

will go through the committee process."

That process could take several months, he said.

Councilor-at-Large Damali Vidot said she understood the need to have positive development on the property rather than an abandoned power plant, but said Chelsea needs to be a part of the conversation about what happens on the site.

"The concern is the impact it has on the quality of life for our residents," she said.

District 1 Councilor Todd Taylor noted that there are many people in the city who are concerned about the mitigation process.

"It seems like a lot of communities around us aren't really stepping up to the plate on a lot of different issues," said Taylor. "Chelsea is in kind of a unique situation and we have problems getting enough state funding as it is."

Taylor said he supports economic activity, but that he doesn't want Chelsea left behind when it comes to being able to afford taking care of infrastructure and other issues.

DCR DISHES ON CONSTITUTION BEACH PLAYGROUND RENOVATION

EAST BOSTON - Last week, the Department of Conservation and Recreation (DCR) held a public information meeting to discuss its plans to renovate the Constitution Beach Playground.

"We are very excited to renovate this playground. This is one of the playgrounds definitely identified that needs a renovation," said Sandra Libby, a DCR Playground Planner.

Libby laid out several goals DCR wants to accomplish as part of the playground renovation.

These goals include improvements to safety, accessibility, and environmental impact, as well as increases in the number and types of play activities, shade, and maintainability, along with adding other site improvements and furnishings.

Libby explained that the current playground, which was built in 1999 and had a small renovation in 2015, has some equipment that is not in great condition.

As part of the renovation, DCR plans to use a poured-in-place rubber surface instead of the sand currently used at the playground. The playground will also feature an oceanic and coastal theme through the color of the poured-in-place rubber and the play equipment that features things like sea creatures.

Some examples of the equipment include slides, swings, and more. Additionally, the playground has been laid out so one side will house the equipment for kids ages 2 to 5 and the other for children ages 5 to 12.

"What's really nice about this design is that a lot of it, most of it is accessible from ground level so that everybody can participate as much as they can," said Libby.

The playground will also feature new entrances and will be fenced-in. To illustrate an example of the fence and new surface planned, Libby showed a photo of Paul Revere

ANNUAL EASTIE ELVES



Representing the City of Revere at Eastie Elves, Councilor elect Bob Haas III, School Committee member Jacqueline Monterroso, State Representative Jessica Giannino, Ward 5 Councilor elect Angela Guarino Sawaya, and Councilor Marc Silvestri.

Playground.

The renovation will also provide other benefits, such as bike racks, a water fountain, and seating areas. Additionally, there are plans to add native plants to the site.

Following Libby's presentation, there was time for questions from those who attended the meeting.

One attendee had asked about the poured-in-place rubber and wondered if sand would still be used because the plans showed blue and beige sand-like colors for the surface.

However, Libby said, "There will be no sand within the playground anymore."

The same attendee asked about the location of the entrance and exits. "The two entrances are very much the same as what they are now," said Libby.

"It's just that we pulled the playground... we've pulled it away from the lefthand side of the area so that we can have the bubbler outside of the playground," she added.

The attendee had a final question and wondered if there could be issues with importing equipment due to supply chain issues.

However, Libby explained that the company they would be working with to order the equipment is based in Minnesota.

Another attendee also had questions. They had asked if there were plans for benches for adults - which there are - and if the new design is larger than the existing one - which it is slightly.

As for the renovation's

timeline, the construction plans are slated to be completed this winter. Libby said she hopes to put in the playground equipment order this coming March, with construction beginning in late Summer of 2024 and opening later that Fall.

If you would like to view the meeting and the presentation, which features the plans for the renovated playground, you can visit www.mass.gov/dcr/past-public-meetings.

"I'm just very, very excited about this project. For me, it was definitely one on the list that really needed a renovation," said Libby.

REVERE SCHOOL WORKSHOP FOCUSES ON INCLUSION AND EQUITY

REVERE - Revere Public Schools Assistant Superintendent of Equity and Inclusion Dr. Lourenço Garcia is pleased to announce that a group of caregivers, community members and teachers recently engaged in a discussion on cultural proficiency with well-known speaker Dr. Kalise Wornum of KW Diversity, Inc.

Dr. Wornum, a nationally sought-after keynote speaker, educational leader, workshop facilitator, and author in the area of anti-racist education and cultural proficiency, led the December workshop that emphasized the importance of being open-minded and accepting when it comes to cultural proficiency.

"The minute we start

talking to each other, we realize everybody brings something different to the table," said Dr. Wornum. "If we're trying to be a more equitable school district, we all need to be on the same bus and learn from each other's experiences, trauma or diversity."

Using the National Education Association's definition of 'cultural prurience,' Dr. Wornum said, "It's the ability to successfully teach students who come from cultures other than their own. It entails developing certain personal and interpersonal awareness and sensitivities, developing certain bodies of cultural knowledge and mastering a set of skills that, taken together, underlie effective cross-cultural teaching."

Dr. Wornum said that while she gets what the definition means, it doesn't tell us enough. To break down what we're really talking about, she pointed to the words of Ralph Ellison, author of the 1952 novel *Invisible Man*.

The *Invisible Man* reflects on the various ways in which the nameless main character has experienced social invisibility during his life and begins to tell his story.

"He wrote, 'Show me how I can claim that which is real to me, while at the same time teaching me a way into the larger society. Then and only then will I sing your praises and help you to make the desert bear fruit,'" said Dr. Wornum. "If the first thing

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HIGHLIGHTS OF EHS SPORTS IN 2023

EVERETT HIGH FOOTBALL FALLS SHORT OF AN MIAA PLAYOFF BERTH

The Everett High football team had a 7-1 record with seven consecutive victories as the MIAA playoffs were set to begin in November. Many observers felt that first-year head coach Justin Flores had his GBL championship team playing its best football of the season and ready to make a strong run for a Division 1 state title.

But the Crimson Tide would not qualify for the playoffs after the MIAA power rankings placed Everett in the No. 18 position in Division 1. Sixteen teams, including one school [BC High] that Everett had defeated during the season, qualified for the playoffs.

Everett completed its season with a 56-28 victory over St. Mary's in a Thanksgiving eve game at Everett Memorial Stadium.

All-Scholastic Christian Zamor, one of the state's most highly recruited players and recipient of the Bouvier Jewelers Award at the E Club Dinner, announced during the season that he had decommitted from Boston College and would consider other colleges for the next chapter of his rising football career.

Meanwhile, EHS football alumnus Mikey Sainristil is having an outstanding season for the University of Michigan football team that will play Alabama in the College

Football Playoffs on New Year's Day.

POSTE-SCHIAVO LEADS EHS SOFTBALL TO GBL CROWN

Coach Stacy Poste-Schiavo's softball program, led by seniors Kristi Skane, Kayley Rossi, and Jules Curran, continued its decades-long excellence, capturing an undisputed GBL title and making another appearance in the MIAA Tournament. Poste-Schiavo, one of the state's winningest active coaches, was the recipient of a Citation of Achievement Award at the 'E' Club Dinner.

Skane represented Everett High in the Harry Agganis Softball Classic in Lynn, turning in an excellent performance. Skane is now studying at University of Southern California, one of the nation's most prestigious colleges.

Coach Mike Fineran's girls volleyball team, led by captains Nicole Brandano and Yasmine Laabadia, qualified for the MIAA Tournament.

E CLUB OF EVERETT ROLLS ON

The E Club of Everett distinguished itself once again, hosting two impressive banquets and presenting scholarships to Everett High seniors. The club, under the leadership of Executive Director Carl Colson and President Michael LaCourt, remains one of the area's most respected and well-known sports booster organizations.

POP WARNER TEAM QUALIFIES FOR NATIONAL CHAMPIONSHIPS

The Everett Crimson Tide Pop Warner organization, under the direction of President Brian Dimond, had another banner year, giving more than 200 youth football players and cheerleaders an opportunity to showcase their athletic skills while learning about teamwork and sportsmanship.

Coach Melvin Fiore's 10-under team advanced to the National Championships in Orlando, Florida, providing a memorable experience for all the players, coaches, and parents who traveled to the Sunshine State.

EVERETT LITTLE LEAGUE WINS DISTRICT 12 TITLE

Everett Little League has enjoyed a resurgence, thanks to the leadership of President Brian Savi and other officers in the youth baseball organization.

The ELL 12-year-old team, led by manager Joe Young, won the District 12 title in the Williamsport Tournament. All-Star pitchers Nick Young and Caden Foley helped Everett bring home the title with their clutch performances.

Meanwhile, All-Star player Nick Savi showed his initiative and leadership as the state's top individual fundraiser for the Jimmy Fund.

LYRIC STAGE BOSTON PRESENTS TROUBLE IN MIND

A tale that was meant to be told over 60 years ago, Dawn M. Simmons brings to Lyric Stage Boston, Alice Childress's unflinching look at the standards of 1950's Broadway in Trouble in Mind.

Meant for a Broadway run in 1957, Trouble in Mind never made its debut after producers urged Childress refused, and after a successful Broadway run in 2021, Lyric Stage is proud to present this re-discovered theatrical marvel as the playwright originally intended.

It's 1955, and after enduring indignities and lost opportunities, Wileta Mayer, a seasoned Black actress, is finally making her Broadway debut. Written by a white playwright, her star vehicle is the allegedly progressive "Chaos in Belleville," which turns out to be anything but. Leading a cast of both younger and experienced actors, Wileta challenges not only the soft racism of her white director but also the veiled prejudice that limits her aspirations and success. With warmth, humor, and sharp insight, this moving backstage look at identity and stereotypes cracks open searing truths about the American theater that remain heartbreakingly contemporary.

Director Dawn M. Simmons says, "Have you ever read something so relevant, so fresh that you wondered who's been reading your texts? That's how I felt when I first read Trouble in Mind. It's funny, "on time", smart, and so maddeningly current I

NEWS IN BRIEF

knew it had to be written by someone working in the theater today. But Trouble in Mind first premiered in 1955. I've put together a cracking team of Boston's finest artists, and we're gonna put on one heck of a show for you. Laugh, cry, and be outraged with us, but most importantly, be in community with us as we hold the mirror up to nature and take you back to 1950s New York, which sometimes doesn't feel all that long ago."

Performances begin Friday, January 12 and run through Sunday, Feb.4.

JOE DESANTIS MEMORIAL YOUTH HOCKEY ALUMNI GAME JANUARY 5

The Everett Revere Youth Hockey League, now known as the East Coast Ir. Patriots, is organizing The Joe Desantis Youth Hockey Memorial Alumni Games. As all of you know, Joe DeSantis the President of ERYH passed away last year of cancer.

The game will be played on Friday, Jan. 5, at the FMC Ice Sports Cronin Rink in Revere. The ERYH will kick off the evening with a scrimmage at 5:30 p.m.

The Alumni games will follow with over and under 30-years-old teams.

The City of Revere will also be honoring Joe Desantis and his family by presenting them with a beautiful plaque that will be showcased at the hockey rink in his memory.

Joe DeSantis gave his heart and soul to the youth hockey program. It would be a great tribute to honor the person that kept this program alive for so many

years and gave local kids the opportunity to learn the game of hockey. Not to mention, it would be great to play an alumni game with all old teammates and participate in this well-deserved event honoring a person that did so much for this program. The Youth Hockey Program is where life-long friendships were made. It would be great to have players and parents participate.

A \$50 donation from each player as a donation to Everett Revere Youth Hockey is encouraged.

(Checks can be made to Everett Revere Youth Hockey)

COUNCIL ON AGING TO HOST SENIOR SOCIAL

Mayor Carlo DeMaria is pleased to announce the City of Everett's Council on Aging (COA) will be hosting the January Senior Social on Wednesday, Jan. 17, at Anthony's Restaurant (105 Canal St. Malden, MA 02148).

The event begins at 11:30 a.m. with coffee and pastries served. At noon, attendees will ascend to the Blue Room for a delicious meal that includes Italian Wedding Soup, a pasta course, roasted stuffed pork, roasted potatoes, vegetables, coffee and dessert. Ray Cavichio and his band will perform and all are encouraged to dance along to the music.

Ticket sales are ongoing at the Connolly Center (90 Chelsea St. Everett, MA 02149) through Friday, Jan. 12. For additional information, please call 617-394-2270 to be connected to the Connolly Center.

TRAFFIC COMMISSION ANNOUNCES NEW REGULATIONS AT COUNCIL MEETING



CARY SHUMAN PHOTOS
Some members of the Everett Traffic Commission are pictured at the Dec. 26 City Council meeting following a presentation about the new traffic regulations that are being implemented in 2024. From left (above), are Anitta Lafuente, Adriana Indresano, Commission Chairperson Police Sgt. Joe Gaff, James Lavecchio Sr., Frederick Cafasso Jr., and Chad Luongo. In the photo right, Sgt. Joe Gaff and Everett Parking Clerk Chad Luongo appear at the Council meeting.



OBITUARIES

Deborah Ann Dunbrack

Lifelong Everett Resident

Deborah Ann Dunbrack of Everett, entered into eternal rest at home surrounded by her loving and caring family on Friday, December 29. She was 70 years old.

Debbie was born in Everett and was a lifelong resident of the city she loved. She worked for Verizon and retired from there as an administrator. Following her retirement from the telephone company, Debbie began a new career with the Everett School Department and retired from there as an administrative assistant to the Head of Maintenance.

The beloved daughter of the late George W. and Charlotte M. (Murphy) Dunbrack, she was the dear and devoted sister of Charlotte Grande and her late husband, Geno, Dorothy E. Foresteire and her husband, Frederick F. and the late Raymond Dunbrack and his late wife, Judith, Marilyn Faia and her surviving husband, Ralph all of Everett and Valerie Foti and her late



husband, Louis. Debbie is also survived by several loving nieces, nephews, grandnieces and grand-nephews. Relatives and friends are respectfully invited to attend Debbie's visiting hours in the Cafasso & Sons Funeral Home, 65 Clark St. (Corner of Main St.) Everett on Thursday, January 4 from 4 to 7 p.m. Her funeral will be from the funeral home Friday, January 5 at 9 a.m. followed by a Funeral Mass in the Immaculate Conception Church, 487 Broadway, Everett, at 10 a.m. Interment Glenwood Cemetery, Everett. Parking with attendants on duty.

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CHURCH News

Mystic Side Congregational Church

News and Notes

Mystic Side Congregational Church is located in Everett, on Malden-Everett border, at 422 Main Street. We offer a warm, inviting atmosphere, and all are welcome. Our Sunday Church service starts at 10:30 a.m. and Communion is offered on the first Sunday of each month. A very pleasant coffee hour

and socializing follow our services. Parking is available in our lot next to the church on Wyllis Ave. (one way off Main Street). We look forward to welcoming you this Sunday.

**Mystic Side
Congregational Church
422 Main Street
Everett, MA**

Glendale United Methodist Church

News and Notes

Glendale United Methodist Church is open to all and we welcome people of all faiths, race, nationalities, and sexual preference. No one is ever turned away. If you are looking for a new home church, we would like you to check us out and let us know what we can do to make church a better fit in your life.

Bible Study: Consider joining us for Bible study on Sunday. We meet in the Church Parlor off the Chapel from 9:30 to 10:00 a.m.

Sponsor the bulletin! For a \$5 donation, you can dedicate the Sunday bulletin to recognize family, friends, or special occasions. There is a sign-up sheet in the Pastor's study. Feel free to choose your particular week and leave a copy of your dedication in the mail in that is on the Pastor's door. Please contact the Pastor if you have any questions.

Boy Scout Troop 814: Meet in Cooper Hall on Tues. evenings from 6-9 p.m. Cub Pack 11 meets on Saturday mornings.

NA Meetings – Mon.

Bring Your Own Book 7:30 – 9:30 p.m.; Thurs. I Can't But We Can, 8:00 7:30 – 9:30 p.m.

AA Meeting – Saturday evenings from 6:30 to 8:30 p.m.

Pastor's Office Hours: Saturdays 10 a.m. to 2 p.m. Other times by appointment.

Bread of Life Donations – This outreach is being done to honor the United Methodist Women's Group, who for so many years were our outreach source. Please bring any food item(s) to church and place in the box located on the altar.

**We are on the Internet
http://www.glendaleumc-everett.org
Glendale United Methodist Church
Pastor David Jackson
392 Ferry Street (across from Glendale Towers)
Please enter the church by the driveway on Walnut Street
617-387-2916
PastorDavidJackson58@gmail.com
Pastor's Office Hours:
Saturdays 10 a.m. to 2 p.m. Other times by appointment.**

Zion Church - Everett

News and Notes

Bishop Robert G. Brown and Zion Church Ministries invites you to join us every Sunday at our 10:00 a.m. Worship Service for a time of worship, praise and preaching, at 757 Broadway, Everett, MA. You can also join

Zion Church Ministries via livestream on Facebook and YouTube.

For more information, they can be reached online at zionchurchministries.com or via email at office@zionchurchministries.com.

Immaculate Conception Parish

News and Notes

Our Parish Staff: Rev. Joseph Chacha Marwa, S.M.A. Administrator, Rev. Gustavo Buccilli S.M.A Parochial Vicar, Barbara Canon Secretary, Parish Secretary.

Weekly Mass Schedule at the Immaculate Conception Parish is as follows:

1: Monday-Saturday at 7:00a.m. in the Chapel.

2: Saturday at 4:00p.m. (Sunday Vigil) and at 7:30p.m. Vietnamese Mass Upper Church.

3: Sunday at 7:00a.m. and 10:00a.m. English Masses. At 12:00p.m. Spanish Mass and 4:00p.m. Haitian Creole Mass.

4: Confessions are on Saturdays from 3:00-3:45

at the Confession Boots in the Chapel, and at 11:15 a.m. 12:00p.m. in Spanish.

5: Adoration of the Blessed Sacrament at the Chapel on Thursday from 7:30 a.m.-6:00 p.m.

Bring a Book buy a Book a new Fundraiser Program at the back of the Church. All books are a dollar. Any money collected goes to our Stain Glass Fund. You are most invited to make a donation for this course. Most welcome to worship with us on Sunday and weekdays. Thank You.

**Immaculate Conception Parish
489, Broadway,
Everett MA 02149 Phone
Call 6173895660**

Glendale Christian Lighthouse Church

News and Notes

Sunday 10:30 a.m. Worship service.

Weds. hour of Power, worship, prayer and Bible Study, via Zoom.

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters," Colossians 3:23

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Pastor
pastorlarry@
thelighthousechurch701.net**

Church at the Well Everett

News and Notes

Church at the Well Everett is a new church for Everett. Check us out on Facebook at www.facebook.com/churchforeverett to view weekly devotions and updates, visit us at www.foreverett.church

to sign up for our newsletter and see how we can help you, or connect with the Everett Community Aid Network at www.everettcan.com to request any additional help.

Mammograms Save Lives.

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Grace Anglican Episcopal Church

News and Notes

Grace Anglican Episcopal Church is open and welcoming to all.

There are two services on Sundays: 10 a.m. English, 1 p.m. South Sudanese Dinka

Come all and let us walk together in this sea-

son of hope, renewal and new beginnings.

**Grace Anglican Episcopal Church
67 Norwood Street,
Everett, MA
Church Phone
617-387-7526 or
617-389-5765**

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All obituaries and death notices will be at a cost of \$150.00 per paper.

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FRESH AND LOCAL

Food pathways to consider

By Penny & Ed Cherubino

Rather than make food and diet resolutions this year, we suggest you choose some food pathways to consider. Resolutions are often short-lived goals. That's because they require you to change something immediately. The only resolution we've ever kept was the one we made in 2007 to have a glass of something bubbly to toast each new month. Pathways are taken step-by-step, allowing you to move at your own pace and change direction when you want to try a different fork in the road. Over the past few years, we've been wandering down the healthy eating pathway. It's been a great stroll.

Real Food vs Food-Like Products

The first step on this path is to begin reading food labels. We're fortunate that industrial food producers have started to adapt to those of us who

read labels and choose processed food with fewer ingredients or, in some cases, single ingredients over highly processed and ultra-processed food with a long list of additives, chemicals, flavor, and texture enhancers.

For example, rather than lower quality, out-of-season berries with our morning oatmeal, we've recently switched to frozen or unsweetened, dried blueberries, cherries, cranberries, and mixed fruit. These all have just the named fruit on their ingredient list. It's the same for the frozen peas, corn, minced garlic, and ginger we always keep on hand.

The Eating Healthier Pathway

If you decide to start on the road to healthier eating, you can do that step-by-step with minor adaptations, choosing one area of change at a time. You may have a medical issue that might be improved with more or less

of a specific food group. For example, a pre-diabetic could have less sugar and simple carbohydrates. For someone with cardiac issues, it could be foods that lower cholesterol and choosing healthier fats.

For those who are healthy now and want to stay that way, your path could be to add more fruit and vegetables, whole grains, legumes, and beans to your meals. It doesn't have to be an all-or-nothing change. We switched to frozen packages of simple brown rice from white rice.

Many of us have reduced our alcohol consumption and taken advantage of lower alcohol and alcohol-free beverages. We often choose a glass of sparkling wine, which tends to be 11-12% Alcohol by Volume (ABV), instead of the big, bold reds, which average 13.5% ABV. What's more, some reds may go as high as 20% ABV. Again, read the labels.



If you are new to dried fruit, try a sampler tray, like this one, from Fastachi in Watertown.

Make One Little Change at a Time

It took many years of less healthy habits to bring a person to the point where they make a New Year's resolution to lose 50 pounds or stop their caffeine or sugar addiction. Yet, they think they can undo all the harm in a few weeks. Slow and sure is a far better way to win this race.

If you have a fast food habit, you can opt to make your lunch at home one day a week and take a walk for exercise instead of going to your local fast food chain. If you have an evening cocktail routine, you might opt for an exciting mocktail a few nights a week.

Step-by-step and decision-by-decision, you can slowly explore a food

pathway to make a difference in your life and health. Once you succeed with one change, you can set off toward success on a different food exploration pathway.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

Region // CONTINUED FROM PAGE 6

we say to kids is to learn this, but we are not curious about who they are, then we're seeing them as a deficit instead of lifting them up. It has to be relationships before rigor. Relationships before rules. What does that demand of the educator? What does that demand of the teacher? What does that demand of you, the parent? It demands that we first see the child, understand the child and learn about the child before we can teach the child. We have to learn about the child in front of us."

This strategy, Dr. Wornum argues, challenges us to be more curious about cultures other than our own. For educators, it's natural to see students' vulnerabilities and work with them to support their differences, but Dr. Wornum wants educators and caregivers to learn more and dig deeper into all the various cultures of students.

"The anatomy of an inequitable classroom is curriculum without windows and mirrors," explained Dr. Wornum. "When our schools have a curriculum that does not have a window for students to see a world larger than themselves or a mirror for them to see themselves in the curriculum, it is not equitable. Every lesson you put in front of the child, you need to say, 'This is for you, and I designed this for you.'"

Dr. Garcia echoed Dr. Wornum and said, by nature, we are the place where we're born and raised and will carry that history and culture with us for the rest of our lives.

"We are a school system where you have close to 70% of students from different countries," said Dr. Garcia. "So, it's our vision and our mission to build an environment that is diverse, that's anti-racist, and one that really understands where people

come from and the history and culture they bring. The vision is to build a community of learners, a place that celebrates the culture around us and addresses inequities when we see them."

Appreciation // CONTINUED FROM PAGE 1

his entire life to making a positive impact in other people's lives—that's what he lived for. If it was at his job at CHA Everett, the sports fields throughout the community, coaching our youth, or the 20 years of service on the Everett School Committee, Allen

was always making things better with his gentle approach, his smile, and kind words—which is a lesson we should all learn from.

"The City of Everett and the Everett Public Schools are better off because of Allen Panarese," said McLaughlin. "His

positive impact will be felt in this community for decades. I couldn't have been more blessed and honored to call him a friend and a man I looked up to both personally and professionally. Everett lost a favorite son. May he rest in peace."

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#CSW24

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United in Faith and Community

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While faith is the binding element in Catholic schools, the Church reiterates that parents are the first teachers of their children. Holding this tenet, Catholic school communities expand beyond the walls of school buildings to envelop the family as an integral part of the school community. Together teachers, administrators, staff, students and parents fuel the light of faith by integrating culture with faith and faith with living.

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