



## CONTINUED FROM PAGE 1

- **No Cost Calls:** the FY24 budget removes barriers to communication services for persons who are incarcerated and their loved ones. Under this provision, the Department of Correction (DOC) and sheriffs must provide phone calls at no cost to persons receiving and initiating phone calls, without a cap on the number of minutes or calls.

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# Department of Public Health launches statewide survey to improve community health

The Massachusetts Department of Public Health (DPH) is offering Commonwealth residents an opportunity to shape the future health of their communities through a statewide survey aimed at collecting input on the challenges their communities face and where resources should be directed.

DPH’s Community Health Equity Initiative will use the survey findings to build on the state’s efforts to provide access to social and economic opportunities that keep people healthy, like affordable housing, reliable transportation, and nutritious, affordable food.

The 2023 Community Health Equity Survey was co-designed with residents and community partners across the state and examines the root causes of health outcomes to identify community strengths, gaps, health needs, concerns, inequities, and unintended consequences related to public health crises.

“To improve the health of people in Massachusetts, we need to hear from everyone, including the communities and individuals who have been too long denied an equal chance at health,” said Public Health Commissioner Robert Goldstein, MD, PhD. “We know Black and Brown communities have historically faced barriers to health, as have those who are dis-

abled and many who were not born in this country. These communities have traditionally been left out of the conversation. It is especially important for their voices and experiences to be heard.”

DPH will use the survey results to improve its programs, make decisions about funding and resources, and support policies to improve health inequities. Survey results will be made available to the public and community-based organizations so they can use the findings to better serve community needs.

Residents will be asked to answer questions on topics such as:

- Access to basic needs, like health care and trans-

portation

- Physical and mental health and well-being
- Experiences with COVID-19
- Experiences with housing, education, and work
- Demographic information, such as age, gender, and race.

The Community Health Equity Survey is anonymous, does not ask for identifying information such as immigration status, and cannot be connected back to residents in any way.

DPH wants to hear from a broad range of Commonwealth residents, including people and communities often disproportionately affected by health emergencies. Sur-

veys are especially needed from people experiencing housing insecurity, front-line workers, people with disabilities, people who identify as LGBTQ+, older adults (aged 60+), parents and caregivers of children with special health care needs, people who are pregnant, rural residents, people who speak a primary language other than English, parents under 25, young people (aged 14 to 24), veterans, and immigrants. Vital to the effectiveness of the survey is the participation of people representing racial/ethnic groups disproportionately impacted by health emergencies, including American Indian/Alaska Native, Asian American/Pacific Island-

er, Black, and Hispanic/Latino/Latine residents.

The survey opened July 31, 2023, and it will be available through early fall 2023. Anyone aged 14 and older can take the survey. It takes approximately 15 to 25 minutes to complete and is available in 11 languages: Arabic, Cape Verdean Creole, Chinese (simplified), Chinese traditional, English, Haitian Creole, Khmer, Portuguese, Russian, Spanish, and Vietnamese. The survey will also be available in American Sign Language later this summer.

To participate in this online survey, visit <https://www.mass.gov/chei>.

## Election / CONTINUED FROM PAGE 1

bents seeking a return to the City Council. They are John Hanlon, Michael Marchese, Stephanie Smith, and Irene Cardillo.

In addition to David LaRosa Senatillaka, the other candidates running for Councilor-At-Large are Angelmarie DiNunzio, Katy Rogers, Shaskia Bosquet, Kisan Upadhaya, Guerline Alcy, Jean Marc Daniel, Joseph Pierotti Jr., and Maria Bussell.

The top 10 finishers in the preliminary election will advance to the general election in November while three candidates will be eliminated from further contention for the seats.

The tremendous turnout of candidates for the five Councilor-At-Large seats has generated considerable buzz in the com-

munity.

“That (13 candidates) is the biggest number it has been in at least the last few years,” said Pietrantonio, who has worked in the Everett Election Department since 2016 before being appointed election director in 2021. “I know years ago they would get big candidate pools, but in recent history, this is one of our largest fields of candidates for all the races in a while.”

To what does Danielle Pietrantonio attribute the large fields of candidates?

“I think national politics has become more popular and in the news, so people want to get involved because of that,” said Pietrantonio. “I think people in general are getting more involved in their communities. It just

stems from the whole atmosphere of politics in the country right now, that it’s more on the forefront of people’s minds than maybe it has been in the past.”

Pietrantonio has seen several candidates’ political signs appearing on residents’ front lawns and in neighborhoods across Everett.

“I’m seeing more and more of candidates’ political signs popping up every day,” related Pietrantonio. “I’ve also received a few emails about Everett High students wanting to hold a meet-the-candidates night for School Committee. And there are other organizations that want to hold candidates’ nights for the other candidates. So, I think the campaign season is going to pick up now.”

## Air Quality / CONTINUED FROM PAGE 1

erett. The project will include collaboration with the Air Pollution Monitoring Lab at Tufts University to investigate the concentration, impacts and extent of air pollutants and ultrafine particles that can have a significant impact on a person’s health.

Everett Community Growers, Inc (ECG) will receive \$25,000 to support MyWRA’s Everett project through community outreach and engagement, as well as for additional air quality assessment work MyWRA is separately conducting in a larger regional project. For the Everett project, the funds will be used to survey community members disproportionately impacted by poor air quality in the area with the goals of informing decision-making

in the MyWRA project, increasing public awareness of the results and strategies to reduce exposure to air pollution, and working with the City of Everett to help identify solutions that mitigate health risks to residents.

“The combined impacts of air quality pollution and heat can have disastrous impacts on vulnerable populations,” said Patrick Herron, Executive Director, Mystic River Watershed Association. “We’re grateful to AG Campbell’s Office for making these funds available to study air quality in this industrialized area of Everett and engage residents about their concerns.”

“Everett Community Growers is thrilled to continue our work with the Mystic River Watershed

Association and engage our community with resident-led decision making in Everett. ECG’s engagement team, made up of Everett residents and youth, will also be involved on this project, ensuring we have resident voices at the core of planning and decision making,” said Nicole Fina, Coalition Coordinator, Everett Community Growers, Inc. “We know our residents are concerned about air quality, especially due to climate change and we are looking forward to brainstorming impacts and developing solutions. We would like to thank the Attorney General Andrea Joy Campbell for this opportunity and look forward to connecting in the future.”

## Flores / CONTINUED FROM PAGE 1

Woburn Pop Warner football from age 8 through eighth grade. Flores, who is 6 feet tall, was a four-year varsity football player at Woburn High School, becoming a three-year starter, mostly at running back and defensive back. He quarterbacked the Tanners during his junior season.

“My sophomore year, we were No. 3 in the state at one point,” he recalled. “Our last two years, we fell off a bit, so I decided to take a prep year at Tilton in New Hampshire.”

Heavily recruited at Tilton, Flores opted to attend the University of Maine, where he excelled as a receiver and punt returner. “We went to the [NCAA] playoffs two of my five seasons and we won the league title in 2013,” said

Flores. “I was part of the first home playoff game in Maine history, which was a big rivalry game versus UNH.”

**A tough test in the opener**

Flores couldn’t have picked a tougher opponent for Everett in the season opener, except maybe, Catholic Memorial. The Crimson Tide will play at Xaverian, who is expected to be a legitimate contender for the Division 1 state championship. The Hawks are led by quarterback Henry Hasselbeck, who has committed to Michigan State University.

“They’re going to be tough, but what more can you ask for than a game against one of your rivals,” said Flores.

The Tide will have a

new starting quarterback following the graduation of Karmarri Ellerbe, their GBL All-Star starting quarterback last season. Junior Carlos Rodriguez is one of the leading candidates at quarterback. Boston College-commit Christian Zamor will be a leader of the Crimson Tide defense.


Everett will have scrimmages against Mansfield (Aug. 29) and Peabody (Sept. 1).

Interestingly, Flores has brought on staff his father, Oscar Flores, who is the team’s strength coach.

The Tide’s assistant head coach will be Holvin Pena, a long-time high school football coach, while assistant coaches will be returning from the previous staff, along with other new assistants.

Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
Irwin, Laura E	Nardone Carol Est	7 Hancock Park #7	\$400,000
Addison, Sally	Sally J Addison RET	19 Clark St	\$300,000
Ramirez Sr, Bagner	Cubellis, Margherita	26 Englewood Ave	\$725,000
Freeman Jr, Ronald A	Freeman, Sharon	42 Lafayette St	\$700,000
530 2nd Street LLC	Jam Realty Corp	70 Revere St	\$4,250,000
Mengesha, Natnale A	Eliseo, Richard	78 Sycamore St	\$700,000
Yau, Wilson H	Yuen, Yui F	120 Wyllis Ave #320	\$538,500
Raut, Pushpa B	Morelli, Louis	129 Walnut St	\$690,000
Debonis, Debora	Sanseverino Rt	205 Ferry St #107	\$333,000
Mullett, Deanne	Dollani, Gjergj	210 Broadway #301	\$600,000
530 2nd Street LLC	Jam Realty Corp	530 2nd St	\$4,250,000



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# of Bedrooms	Minimum Income (80% AMI)	Household Size	Maximum Income (80% AMI)
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		2	\$94,800
1-Bedroom	\$61,320	3	\$106,650
		4	\$118,450
2-Bedroom	\$68,400	5	\$127,950
		6	\$137,450

\*2023 Area Median Incomes for Boston, Cambridge, Quincy, MA-NH MSA.  
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Applications can also be picked up in-person at:  
  
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Friday, 9:00 am – 5:00 pm  
Saturday, 10:00 am – 2:00 pm

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# Everett

## Independent

President: Stephen Quigley

Editor in Chief: Cary Shuman

### DID YOU LIKE BARBIE?

Barbie, the blockbuster movie that is this year’s mass culture phenomenon, has drawn a mixed reaction from critics and the public alike.

Some love it -- they’re the ones who have gone multiple times to see the movie -- while others either have shrugged their shoulders, “It was okay....” or have been outright hostile to it.

It is both surprising, but not shocking, that Barbie has grossed more than a billion dollars. While it has had the good fortune to come out in a summer of fairly-boring movies, it also undeniably is a film that is like no other in recent memory. It appeals to young and old alike, featuring an all-star, multi-generational cast, including two of Hollywood’s Most Beautiful People (Ryan Gosling and Margot Robbie), Rhea Perlman, Issa Rae, Kate McKinnon, Dua Lipa (in a cameo role), Will Ferrell, America Ferrera, Simu Liu, and Helen Mirren (as the Narrator).

For those of us of an older generation, Barbie brings to mind the Wizard of Oz (though the plot of Barbie is the reverse of Dorothy’s journey from reality to fantasy), both on a superficial level (the bright visuals and use of music) and its deeper meaning (the loss of innocence).

Barbie is not without its flaws and, as with any work of art, has its proponents and detractors. However, it undeniably is just plain fun and accomplishes the goal of every great summertime movie -- it transports us to another world for two hours in an air-conditioned theatre, far removed from the searing heat and troubles of the world outside.

### HAVE WE REACHED THE TIPPING POINT?

The steady stream of news reports this summer about the ever-worsening effects of climate change have been depressing, ranging from the 100% loss of coral reefs off the Florida Keys (because water temperatures have reached 100 degrees), to the unprecedented floods in China, to the daily heat records in the American Southwest (where people are being treated for serious, third-degree burns if they touch the asphalt pavement).

Although the dire effects of climate change brought about by the burning of fossil fuels have been predicted for decades, the off-the-charts anomalies we are seeing this summer have far exceeded even the starkest of predictions. It is clear that scientists’ warnings about climate change have been greatly understated and that climate change is happening faster than anyone had predicted.

During the height of World War II, after England had thwarted the Germans in the air (known as the Battle of Britain) and then defeated Rommel’s army on the battlefield in North Africa, Prime Minister Winston Churchill uttered these famous lines, “Now, this is not the end. It is not even the beginning of the end. But it is, perhaps, the end of the beginning.”

Churchill’s message was one of hope -- the war that Hitler had begun finally was turning against him and in favor of the Allies.

But in terms of climate change, we fear we are witnessing the reverse of Churchill’s words: Climate change already has begun. But, unlike World War II, it will not be taking a turn for the better -- it’s only going to get worse, with far-reaching consequences that we do not even want to contemplate.

The Everett Independent reserves the right to edit letters for space, accuracy and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Everett Independent publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Everett Independent.

Text or attachments emailed to editor@everettindependent.com are preferred.

# Independent Forum

## GUEST OP-ED

### Want a friend? Be a friend

By Dr. Glenn Mollette

You may have heard this before. I went out to find a friend and none were to be found. I went out to be a friend and found them all around.

Where do you find friends?

Your best friends may be your family. You may be close to siblings, cousins, and others related to you. Growing up, I was blessed to be around a lot of aunts, uncles, cousins, grandparents, siblings, and parents. I didn’t have to think much about searching for friends because so many relatives were always around. This is not always the case. Many people have small families or maybe even no family. Some families go in different directions, live in different places, or move on with different interests and lives.

We often find friends in school. Some of the people we shared elementa-

ry and high school with become lifelong connections. Even if we don’t see each other much, we still have those great past times that help us reconnect quickly.

We connect with people at our places of employment. Some of the people you spend hours with every day become lifelong friends.

Houses of faith are often good places to make new friends. People get to know each other in Bible study classes and other small group religious settings. The people you share your faith with will often become like brothers and sisters.

The local gym is often a place where people socialize. If you become a routine attender of an exercise class you will eventually develop some friends.

The Internet and social media have become the world’s biggest connection place. To many peo-

ple this is their only connection. All their “friends” are on Facebook or Instagram. Many people have thousands of social media friends. Too often the loneliest people on the planet are those who are only connected by a keypad.

There are many more places where you can connect. Many communities have baking, quilting, hunting, sports clubs, and more. Civic groups from Kiwanis, Rotary, and Ruritan groups will often meet weekly and do community projects.

You might make some friends volunteering at the hospital or nursing home. There will be people in most of these places who will be glad to make a new friend. Talk to your local nursing home about your interest and you may be surprised how quickly your talents are utilized. You will also find some people who will be glad to make a new friend. Keep

in mind this is not always easy as you will be trying to make friends with many who feel alone and forgotten.

You can always become active in the local political circles. This all depends on your level of desperation and if you don’t mind being shunned by whichever party you don’t declare affiliation.

Don’t try to have too many friends. The Bible says a person of many companions may soon come to ruin. However, you need a few friends and hopefully you will have some good ones.

*Glenn Mollette is the publisher of Newburgh Press, Liberty Torch, and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories, and features appear each week in over 500 newspapers, websites and blogs across the United States.*

## LETTER to the Editor

### PROTECT OUR PLANET

To the Editor,

We have all felt the horrendous weather this summer. Heat, humidity, rain, thunderstorms, floods, and tornadoes have wreaked havoc on our country.

The Southwest has gotten clobbered. The heated ocean waters off the coast of Florida are destroying the coral reefs. Whales are dying as they beach themselves on our shores. Ice caps are melting causing sea levels to rise. Firestorms have hit Canada hard, destroying Canadian forests and causing a tremendous amount of smoke to permeate our air.

The Copernicus Cli-

mate Change Service has stated that “July is poised to be the hottest month ever on record.”

Recently, the New York Times exposed the area known as the Fertile Crescent (Israel, Iraq, Lebanon, Syria, Turkey, Iran, West Bank, and Gaza) to be devastated by the effect of the shriveling up of the Euphrates River. This has caused the Mesopotamia Region to be without water in many regions. Forty percent of Iraq, an area roughly the size of Florida, has been overtaken by blowing desert sands.

Italy and Greece have also been hit hard by record setting temperatures. Severe wildfires have scorched and devastated

forests, homes, farms and animals.

All regions on our Earth have been affected. Climate change has become real and not just words. It is not a time to be frightened but it is a time for ACTION! We must all join hands in an attempt to work together to stop this “BEAST.”

We all acknowledge that there are wars across our world, destroying lives. But climate change is destroying our whole world!

It is vital for all global governments to band together to find and implement solutions to “Climate Change.” We must stop supporting the oil and gas producing industries

that create the fossil fuels causing the emission of poisonous gases into our atmosphere and cause climate change.

Wealthier countries need to financially support under-developed countries, so they will be able to share in our goals.

Finally, we all have an obligation to protect our planet but more importantly, our first obligation is to take care of our children and the generations of children to come.

Please join your environmental community in supporting the fight against fossil fuels, thus protecting our children and our Earth.

**Maryalice Sharkey Mothers Out Front**

## Your opinions, please

The Everett Independent welcomes letters to the editor. Our mailing address is 385 Broadway, Revere, MA 02151. Letters may also be e-mailed to editor@everettindependent.com. Letters must be signed. We reserve the right to edit for length and content.

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The Everett Independent encourages residents to submit birth and engagement announcements, news releases, business briefs, honor rolls, social news, sports stories, and photographs for publication. Items should be forwarded to our offices at **385 Broadway, Citizens Bank Building, Revere, MA 02151**. The Independent also encourages readers to e-mail news releases to **editor@everettindependent.com**. The Everett Independent assumes no financial responsibility for typographical errors in advertisements, but will reprint that part of the advertisement in which the error occurs. Advertisers will please notify the management immediately of any errors that may occur.

# Everett

## Independent

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CITY HOSTS SMOKIN’ JOE AND THE HENCHMEN AT CONCERT IN THE PARK SUMMER SERIES

PHOTOS COURTESY OF THE CITY OF EVERETT

The City of Everett hosted the third Concert in the Park featuring Smokin’ Joe and The Henchmen on Thursday, August 3, 2023, at Wehner Park.

The Everett community gathered to listen to live music in front of the gazebo at Wehner Park. Attendees of all ages enjoyed and even danced to the music. The largest crowd of the season was treated to free popcorn, slush and refreshments to go along with the entertainment.

Mayor Carlo DeMaria would like to thank everyone who participated in the event. All are invited to join us for the final concert featuring Biagio & Major with Everett’s own Maria Guanci on Thursday, August 17, from 6 p.m. to 8 p.m., at Wehner Park located at the intersection of Broadway and Lynn Street.

The Concerts in the Park seek to bring friends, family and neighbors together to enjoy live music and have a fun time together as a community. This concert was the third in a series that is ongoing throughout the months of July and August.

If you would like to know about all the upcoming events we have planned, please visit [cityofeverett.com/calendar/category/events/list](http://cityofeverett.com/calendar/category/events/list). You can also follow our social media pages on Facebook, Instagram and Twitter. Facebook: [/cityofeverettma](https://www.facebook.com/cityofeverettma) and [/mayordemaria](https://www.facebook.com/mayordemaria). Instagram: [@cityofeverettma](https://www.instagram.com/cityofeverettma) and [@mayorcarlodemaria](https://www.instagram.com/mayorcarlodemaria). Twitter: [@Mayor\\_DeMaria](https://twitter.com/Mayor_DeMaria). All are welcome to join us for the many exciting events we have planned.



Dogs can enjoy the Concert in the Park too!



Smokin’ Joe & The Henchmen.



Marlene Westerman enjoying the concert.



The largest crowd of the season enjoyed the concert at Wehner Park.



It was a wonderful evening to sit a Wehner Park while enjoying free popcorn, slush, and refreshments.



Attendees enjoying the concert.



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EVERETT PARTICIPATES IN NATIONAL NIGHT OUT

PHOTOS COURTESY OF THE CITY OF EVERETT



Everett Fire Department handed out free junior firefighter helmets.



Everett police gave a K-9 demonstration.



Eliot Family Resource Center.



Everett City Councilors and School Committee members handed out free slush.

The City of Everett joined with the Everett Police Department (EPD), Eliot Family Resource Center (EFRC) and Schnitzer to host the annual National Night Out on Tuesday, August 1, at Everett Stadium.

The EPD began the evening event by gathering residents at three separate meet locations around the City. The designated locations were the Everett Police station, Eliot Family Resource Center, and the Whittier School where police officers would be waiting to greet them. Residents and the officers walked through the City to arrive at Everett Stadium as a demonstration to show that the citizens of Everett and law enforcement are in control of the streets.

At the Stadium, there were plenty of activities and demonstrations for families and people of all ages. Attendees were able to partake in barbecue food like hamburgers and hot dogs, music, a dunk tank, police K-9 demonstrations, resources from multiple different agencies and organizations, and a live performance by

the junior dance team of the Phunk Phenomenon Dance School Lil Phunk. “National Night Out is always an important event to continue building our community’s relationship with our police department,” said Mayor DeMaria. “It’s also a great opportunity for not only police officers, but for all of us to get to know each other better and maintain Everett’s strong sense of community.”

National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer and more caring places to live. The initiative enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. It also provides a great opportunity to bring police and neighbors together under positive circumstances.

Mayor Carlo DeMaria would like to thank all who participated, contributed and attended the event.



Volunteers from Schnitzer prepared and served free hamburgers and hot dogs to all who attended.



The dunk tank was a hit with young attendees.



Young attendees got a chance to sit in one of the police vehicles and turn on the siren.



Massachusetts State Police gave a K-9 demonstration.



Lil Phunk performing.



State Rep. Joe McGonagle alongside Everett police officers.



Everett police officers at National Night Out.

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# A National Model of Excellence

## Crimson Tide Pop Warner begins season at Sacramone

By Cary Shuman

While organizations in next-door Revere and nearby West Lynn have left Pop Warner for a new football league (AYF), Everett remains a national model of excellence for Pop Warner football and cheerleading.

Always a contender for state and national titles at every age level, the Crimson Tide Pop Warner organization has welcomed more than 210 football players and cheerleaders to preseason practices at Sacramone Park.

One of the contributing factors to the program's success has been a stability in leadership. Crimson Tide President Brian Dimond, 51, is in his 31st season with Pop Warner football and cheerleading, serving with the Everett Eagles before their merger with the Everett Huskies that created the current Everett Crimson Tide Pop Warner. Other stalwarts such as Lisa Sylvester, Mark Sylvester, Patti Scalesse, Diane Groux, and the ubiquitous George Castiello have helped lead the Crimson Tide to the top of the Pop Warner universe.

The coaching at every level has been top-notch. Peter Forte Sr., the Bill Belichick of Pop Warner football, brings decades of exceptional coaching experience each day to practice. Players under Mr. Forte's tutelage will leave with not only a complete knowledge of football, but more importantly, lessons about how hard work and teamwork translate into victories on the field and in life.

Dimond, who played high school football at Malden Catholic and graduated in 1990 with boxing champion Dana Rosenblatt and NHL hockey legend Keith Tkachuk, said he's excited about the new campaign.

"We're very excited about the new year, new ventures, our new league (Northeast Mass.), new faces, and the presence of our long-time board members," said Dimond.

Asked how Crimson Tide Pop Warner still maintains its prime-time status among youth football and cheerleading programs in the region, Dimond said, "I think it's the coaches. We have great and energetic coaches that care about the kids.



The Everett Crimson Tide Pop Warner U-13 team, under the leadership of Coach Peter Forte Sr., is pictured during a practice session Monday at Sacramone Park.



Doing a great job at the Pop Warner concession stand at Sacramone Park are Anna Fabrizio and Patricia Dos Santos.



Everett Crimson Tide Pop Warner U-13 football player Aaron Connor is pictured with his mother, Reia Briggs-Connor, owner of Phunk Phenomenon Dance Studio and former New England Patriots cheerleader, during a break in practice Monday at Sacramone Park.

It's good to see the kids in Everett are still out here doing their best."

Dimond said he is very happy with Everett's participation in Pop Warner as other organizations have moved on to American Youth Football and Cheer.

"I like Pop Warner over the AYF," said Dimond. "I feel it has a little more structure and guidance for the kids."

### Fundraiser set for Aug. 26

Everett Crimson Tide Pop Warner will be holding a Cornhole Tournament on Saturday, Aug. 26 at 12:30 p.m. at Sacramone Park. Teams may register at Scoreholio.com. The entry fee is \$60 per team.

There will be food, cash prizes, and raffle drawings.



Leaders of the Everett Crimson Tide Pop Warner youth football and cheerleading organization are pictured Monday at Sacramone Park. From left, are Nicole DiPaolo, Diane Groux, George Castiello, Mel Fiore, President Brian Dimond, Mark Sylvester, Kloey Cardillo, Leroy Heard, Patti Scalesse, Lisa Sylvester, and Nicole Buonopane.



Everett Crimson Tide Pop Warner U-6 Coach Leroy Heard, who played high school football in Oregon, is pictured with his players, including his son, Sebastian Heard (front row, right), the Tide's likely starting quarterback.

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CITY PAWS

Summer pet care

By Penny and Ed Cherubino

We often think of summer dog companionship as walking, exercising, tossing balls, and other active pursuits. That’s perfect for some dogs but not for all. Age, health, breeding, physical limitations, and personality might call for a calmer time together.

Symptoms of Heat Stroke

It’s essential to recognize the symptoms of heat stroke in dogs and cats and get prompt emergency help if needed.

The ASPCA says you should “Know the symptoms of overheating in pets, which include excessive panting or difficulty breathing, increased heart and respiratory rate, drooling, mild weakness, stupor or even collapse. Symptoms can also include seizures, bloody diarrhea and vomit along with an elevated body temperature of over 104 degrees.”

On the way out the door

to the emergency vet, you can begin treatment by wetting your dog or cat with cool (not cold) water and grabbing an ice pack or bag of frozen vegetables to place under your animal.

Animals with flat faces, like Pugs and Persian cats, are more susceptible to heat stroke since they cannot pant as effectively. These pets, along with the elderly, the overweight, and those with heart or lung diseases, should be kept cool in air-conditioned rooms as much as possible.

Water On the Go

Carry water to offer to your dog on walks. There are special bottles and bowls designed for dogs on the go. Slipping a plastic bag over a cupped hand will form a workable water bowl for a thirsty pal.

Exercise Early or Late

Some dogs need lots of exercise, even in the heat. If you have one of these athletes, take long

walks or runs early in the morning or after dark. Mid-day heat may be too much for even a healthy dog. Canine companions can push themselves into the danger zone to please us. Dogs are stoic animals and may not show distress until it’s too late.

Don’t Leave Your Dog in a Car

A stop for a quick errand could result in a dog in trouble. Or, you could find your car window broken by a first responder or good Samaritan trying to save your pup.

The MSPCA has the information you need if you should discover a dog in trouble in a hot car. They say Massachusetts law, “Enables animal control officers, firefighters, and law enforcement to remove animals kept in vehicles in a manner reasonably expected to threaten the health of the animal due to extreme heat or cold.” It also, “... allows individuals to remove an animal when in immediate



Animals with flat faces, like this pup, are more susceptible to heat stroke since they cannot pant as effectively. (Photo by Mirko Sajkov)

danger in a vehicle and no other options exist.”

Window Caution for Cats

Open windows can be a danger to cats. The ASPCA has warned about animals, especially cats, falling from windows this time of year. “Cats who never leave their residence may not realize how high up they are, and if they are distracted by what’s going

on outside, they can jump out of the window, or lose their balance and fall,” said Dr. Louise Murray, vice president of the ASPCA Animal Hospital.”

Enjoy Quiet Time Together

Slow down in the heat and enjoy quieter times together. Seniors, and any dog on the mend from illness or injury, may need to take a lot of breaks when

out and about. While outside, relax on a bench or blanket in a shady spot. Offer your pal some water and perhaps a treat. And remember, some dogs of all sizes and ages simply love to sit quietly and watch the world go by.

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.

APOLLINAIRE THEATRE COMPANY PRESENTS HAMLET

A ghost haunted the fountain, a sword fight broke out in the street, and a pop-up beer garden was host to a royal wedding. The free, immersive, bilingual, on-your-feet, adaptation of Hamlet took audiences on a wild journey throughout Chelsea Square this past Saturday. Presented by Apollinaire Theatre Company, in collaboration with Teatro Chelsea and the City of Chelsea, the evening

began at 6:30 with Live Music, Performances, and Craft Brews at the pop-up BearMoose Beer Garden on Winnisimmet Street by the Chelsea Theatre Works. Guests also enjoyed dinner via take-out from Chelsea’s exciting culinary delights.

Hamlet returns this Friday. The free performances are Fridays and Saturdays through August 19, at 8 p.m.

BearMoose pop-up

Beer Garden opens at 6 p.m., and pre-show performances begin at 6:30 p.m. The action starts in Chelsea Square outside the Chelsea Theatre Works, 189 Winnisimmet Street, Chelsea, MA. Information, Directions, and Parking Locations are at: [www.apollinairetheatre.com](http://www.apollinairetheatre.com)

Run-time is about 90 minutes. In case of rain, call (617) 887-2336 to check status.

Major Support from MassDevelopment, The City of Chelsea, Chelsea Heritage Grant Celebrations, Yawkey Foundation, and the Chelsea Cultural Council. Sponsorship support from MassPort.



PHOTO: DANIELLE FAUTEUX JACQUES

Armando Rivera as Hamlet, Paul Benford-Bruce as the Ghost.



PHOTO: MATT FRANK

Ron Lacey as Polonius, Paola Ferrer as Gertrude, Brooks Reeves as Claudius, Armando Rivera as Hamlet.



PHOTO: DANIELLE FAUTEUX JACQUES

Alan Kuang performing his Rap introduction to the play.

LEGAL NOTICE

LEGAL NOTICE

The City of Everett requests proposals from vendors for School Enrichment programs/ services contract 24-16 for the Everett Public Schools. RFP documents are available at <https://www.cityofeverett.com>. Sealed responses clearly labeled “School Enrichment Programs 24-16” are due no later than 1:00 PM on August 24, 2023 delivered to the Purchasing Department at Everett City Hall located in Room 14. The City reserves the

right to reject any and all proposals, to waive any defects, informalities, and minor irregularities; and to award contracts or cancel this RFP if it is in the City’s best interest to do so. The City of Everett encourages MBE and WBE firms to apply. It is the responsibility of prospective proposers to check the City of Everett’s website for new information any addenda or modifications to any solicitation. The contract will be awarded under M.G.L.

30B as amended. The City of Everett accepts no responsibility and will provide no accommodation to Proposers who submit a response based on an out-of-date solicitation or on information received from a source other than the City of Everett. This Request for Proposals, any addenda issued by the Owner, and the selected Respondent’s response, will become part of the executed contract.

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UPCOMING LIBRARY EVENTS

**Parlin Adult and Teens**  
Yarn Club Parlin Fireplace Room. Tuesday, August 15th at 7pm. Come chit chat and stitch! Bring your crocheting, knitting, or any other yarn craft and sit and socialize with other members of the crafting community. Recommended for ages 14-109!

Chess Club Parlin Fireplace Room. Wednesday, August 16th from 3-5pm. Play, learn, and practice chess at our club meetings every other Wednesday. All ages and skill levels are welcome. Call 617-394-2300 with any questions. No registration required.

Board Game Afternoons Parlin Fireplace Room. Thursday, August 17th at 3pm. Join us for an afternoon of board game fun at the library! Play your favorite classic games with friends, family, and fellow board game enthusiasts. No need to bring your own games—we have plenty to choose from. Join us to learn new games and enjoy friendly competition.

Create Your Own Video Game! Parlin Meeting Room. Wednesday, August 16th from 3-5pm. Unleash your creativity and bring

your game ideas to life! Join Guild Hall Learning's game development workshop at the Parlin. Learn to turn your vision into a playable game using user-friendly tools. Engage in problem-solving activities and create a unique game that you can continue to develop and share with others. Explore the exciting world of game development with us! All ages welcome, though this program is recommended for 12+. Spots are limited, so register today.

Connolly Center Book Group, Connolly Center Meeting Room. Thursday, August 17th at 12pm. We will discuss John Grisham's The Boys From Biloxyi, The story of two sons of immigrant families who grow up as friends, who find themselves on opposite sides of the law. See Kathleen for copies on her twice monthly visits, or call the Parlin (617) 394 2300 or Shute (617) 394 2308 libraries.

Library Trivia Night Parlin Meeting Room. Thursday, August 17th at 5:30pm. Sign up in teams of 2-5 to compete! Includes questions from all around the literary world.

Recommended for ages 13 and up. Registration is required. Prizes provided by the Friends of the Everett Public Libraries.

**Parlin Childrens**  
Crafts for Kids Parlin Children's Room. Tuesday, August 15th at 2pm. We will be making a variety of crafts! All kids ages 3 and up are welcome; please come and join the fun! Registration is required. Sign up online or at the Parlin Children's desk.

Mixed Media Crafts Parlin Children's Room. Tuesday and Thursday, August 15th & 17th at 4pm. Enjoy learning and develop your imagination! Join us for mixed media crafts every Tuesday and Thursday at 4pm throughout the month of August. This program is funded by the Everett Cultural Council. Recommended for ages 4-12. Registration is required, and spots are limited, so sign up today at everettpubliclibraries.libcal.com

Storytime and Singalong with Karen, Parlin Children's Room. Wednesday, August 16th at 11am. Join us for a fun-filled morning of singing

and storytelling with Karen! Suggested ages 0-6.

Drama Class. Parlin Children's Room. Wednesday, August 16th at 3pm. Do you have a drama queen or king at home? Drama Class in the Parlin Children's Department is the perfect opportunity for your child to put those acting skills to use with our drama coach! Suggested ages 6-14.

Friday Family Movie Night! Parlin Meeting Room. Friday, August 18th at 3 pm. Break out the popcorn! Come and watch Castle in the Sky with your friends and family.

End of Summer Party Parlin Meeting Room. Saturday, August 19th from 11am-1pm. Everyone is invited to celebrate the end of summer! We will have snacks, games, and entertainment for all to enjoy. Summer Reading Challenge Winners can pick up their final book prize, and be entered into a raffle for the grand prize! Snacks generously provided by the Friends of the Everett Public Libraries. Visit bit.ly/EVECal for details.

OBITUARIES

Brian Jodrie  
US Postal Service retiree

Brian W. Jodrie, a life-long resident of Everett, passed away on August 5 at 71 years old.

He was the beloved son of the late Alton W. and Mary A. (O'Hearn) Jodrie and is survived by many extended family members and friends.

Prior to his retirement, Brian was a longtime mail handler at United States Postal Service, General Mail Facility in Boston.

Relatives and friends are cordially invited to attend a visitation at JF Ward Funeral Home, 772 Broadway, Everett on Thursday morning, August 10 from 9 to 10:45



a.m. followed by a Funeral Mass at Immaculate Conception Church, 487 Broadway, Everett at 11 a.m. In lieu of flowers, please make donations to the Immaculate Conception Church, 489 Broadway, Everett, MA 02149.

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CITY OF EVERETT HOSTS 2023 NEPAL DAY FESTIVAL

Sunday, August 6, was an amazing day at Glendale Park as the City of Everett played host to the 2023 Nepal Day Festival for the very first time in the city. It was a great collaboration with the Greater Boston Nepali Community - GBNC.

The weather was perfect and attendance was astounding, estimated at 2,000 plus. The crowd enjoyed Nepali cuisine, music and many other aspects of the rich Nepali culture.

Those who attended, who were not of Nepali descent, were able to learn much about the Nepali culture through the many stunning performances of both dance and music and also learned about the history of Nepal from many of the over 20 vendors and community groups who provided delicious food and services for the entire day and into the early evening.

“The Nepali people are extremely kind and gener-

ous and we are very proud to have such a strong representation of them as part of our community.” said Mayor DeMaria “I’d like to thank the Greater Boston Nepali Community - GBNC, our Diversity Equity and Inclusion Department and the many team members of my administration who were involved in making this such a successful and historic event here in the City of Everett. Dhan’yavada!”



Shown are scenes from the August 6 Nepal Day Festival.



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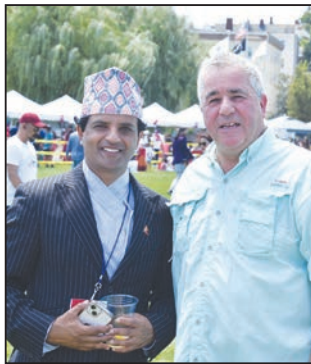
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