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# Everett Independent Newspaper Co.

Wednesday, July 12, 2023

EVERETT KICKS OFF CONCERT IN THE PARK SUMMER SERIES



Knock on Wood performing.

The City of Everett hosted the first Concert in the Park featuring Knock on Wood on Thursday, July 6, at Wehner Park.

The Everett community gathered to enjoy the sounds of Knock on Wood in front of the gazebo at Wehner Park. Howie Newman and Dave Talmage, also known as Knock on Wood, are anything but a typical folk combo, performing well-known rock covers and funny original songs suitable for all ages. Their varied repertoire includes everything from Tom Petty to the Eagles to the Rolling

Those who attended were also treated to free ice cream and refreshments to go along

See CONCERT Page 3







#### Everett locals cycle toward record-breaking \$70 million fundraising goal

On Aug. 5 and 6, more than 6,000 riders from around the globe, including four residents from Everett, will pedal in the 44th Pan-Mass Challenge (PMC). These cyclists will come together with the common goal of raisa record-breaking \$70 million for cancer research and patient care at Dana-Farber Cancer Institute (Dana-Farber). If achieved, this would be the single-largest gift Dana-Farber has ever received, bringing the PMC's total contribution in the fight against cancer to \$970 million since

As the nation's single most successful athletic fundraiser, the fully supported bike-a-thon includes one and two-day

routes, from 25 to 211 miles, designed to cater to all levels of cycling and fundraising ability. For the 17th consecutive year, 100 percent of every rider-raised dollar will be donated directly to Dana-Farber to support lifesaving cancer research and treatment. The PMC gle contributor.

accounts for more than 60 percent of the Jimmy Fund's annual revenue as Dana-Farber's largest sin-"The steadfast commitment of the PMC community year after year continues to inspire me," said Billy Starr, founder and executive director of the PMC. "With our sights set on a record-breaking

fundraising goal for PMC

2023, I'm grateful for the

continued support from all

PMC riders, volunteers, donors, and sponsors and I can't wait to see everyone out on the road together this August."

(1-Day, 25 or 50 Miles; Riders and volunteers Sunday, August 6): will travel from 43 states and eight countries to in either Wellesley or Foxparticipate in PMC Ride boro, these Sunday routes Weekend festivities in are perfect one-day op-Massachusetts. Most partions for those passionate ticipate in honor of a famabout giving back. ily member or friend fighting cancer, and 950 riders Ride (1-Day, 100 Miles; and volunteers are cancer Sunday, August 6): survivors or current patients, considered Living ry route is a popular op-Proof® of the PMC mission. There are also 150 Dana-Farber employees committed to the cause as

own cancer research.

For the latest news in Everett that you need to know, check

everettindependent.com

Registration for PMC

2023 is open through July

6. Join riders from your

riders and volunteers, in fight against cancer. some cases to fund their Reimagined Ride

tion for riders looking to challenge their endurance in a one-day format while making an impact in the

community in the fight

against cancer by register-

ing for one of the follow-

• 25 & 50-Mile Routes

Starting and finishing

Wellesley Century

• The Wellesley Centu-

ing routes still available:

(Rider's Choice Mileage/

See CYCLE Page 2

#### affordable housing is postponed until fall the matter be moved to the By Cary Shuman A motion co-sponsored September.

Motion to increase

by Councilors Stephanie Martins and Darren Costa that would amend the city's ordinances to increase affordable housing in Everett has been moved to the Council's first meeting in September. Martins said the mea-

sure would "increase the stock of affordable housing by making it so that any new development now starting at six units instead of ten units would have to include affordable housing." Martins said that she

and Costa would be reconvening with the Planning Board "to make a few enhancements."

Martins requested that

Council's first meeting in

Councilor-at-Large Stephanie Smith seemed perturbed about the slow progress of the measure toward a Council vote.

"This has been on the calendar waiting since April 24," said Smith. "The right thing to do is refer this back to sponsor. It came out of committee unfavorably - refer back to sponsor and come to us when you're ready. It's not fair to every city councilor sitting up here for meetings now for eight weeks that we're waiting to vote and waiting to vote, and waiting to vote, and we can't vote. It's been sitting

See POSTPONED Page 2

### Council approves early voting for 2023 municipal election

Special to the Independent

The City Council unanimously approved a motion to accept the recommendation of the Election Commission and Elections Director Danielle Pietrantonio to hold early voting for the preliminary election in September and the general election in November.

Councillor-at-Large John Hanlon asked if all the early voting would be done in person

"Under the new state law that was passed last June, you can opt into early voting and if you want, you can opt out of voteby-mail," said City Clerk Sergio Cornelio. "The Election Commission did not request to opt out of vote-by-mail. We think that is a benefit to the public, and we did believe that some early voting in-person would be beneficial."

Cornelio noted that the early voting would be conducted in the George Keverian Room located on the third floor at City Hall.

Councilor Wayne Matewsky asked Cornelio

how many people voted by mail in the 2022 state election.

"Between 7,000-8,000 were a combination of mail-in and early voting," answered Cornelio. "We had about 7,000 or so vote by mail."

During his remarks, Matewsky praised the work of the Election Department. "My [nomination] papers were certified a day after I put them. That's the quickest I've ever been certified, and I appreciate that. Your office and Ms. Pietrantonio do a wonderful job."

Councilor-at-Large Stephanie Smith asked about the tabulation of early votes and if those votes are counted immediately.

"You never tabulate on that day, said Cornelio. "What the Council gave us money for is to have a fast tabulator and the all the vote-by-mail and early voting [ballots] go into an envelope processed aside. [On Election Day], all of those ballots will be processed here. In the past,

**See EARLY VOTING Page 3** 

#### On the campaign Trail

#### Hurley announces her candidacy for School Committee At-Large

Samantha (DeFlumeri) Hurley has announced her candidacy for School Committee At-Large. The following is her statement.

My name is Samantha (DeFlumeri) Hurley and I am a certified School Committee At-Large candidate. I am a 4th generation lifelong Everett resident. I grew up on Kinsman Street next to St. Joseph's Church and currently reside on Franklin Street near the beautiful Glendale Park. I attended EPS for elementary school and graduated from Pope John High School in the

class of 2000. I am mar-

ried to an Everett Deputy

Fire Chief and together



we have three children; Alyssa, a proud 2022 EPS graduate, William, a Everett Crimson Tide Band

See HURLEY Page 3

# Serving the community through food

Community Servings, non-profit organization based out of Jamaica Plain, has been and continues to be at the forefront of serving communities throughout Massachusetts and parts of Rhode Island through programs encompassing food.

The organization, founded in 1990, began by providing hot meals to folks from Dorchester and Roxbury with HIV and AIDS. Over time, the program has expanded to providing medically-tailored meals to those throughout Massachusetts and parts of Rhode Island battling critical and chronic ill-

The medically-tailored meals program, which helps individuals dealing with a plethora of illnesses, such as diabetes, HIV/ AIDS, cancer, and more, serves those from various backgrounds and is absolutely free for clients.

Just last year, Community Servings served over 5,000 clients, most of whom are referred to the organization by care providers. Per Community Servings' July 1, 2021-June 30, 2022 annual report, 93% of the organization's clients live under 200% of the Federal Poverty Line, 14% experience unstable housing, and 9.8% are under 18 years old.

Following a referral from a care provider, the organization has a team of registered dietician nutritionists who consult with clients to determine the best diet for each person to improve their health and to educate clients on managing their illness through

Through the organization's medically-tailored meals program, clients receive 10 meals a week, totaling up to about 30 items, either delivered through a driver or shipped depending on a client's location.

According to Brian Hillmer, Community Servings' Chief Culinary Officer, the complexity and customization of its nutrition intervention sets the organization apart from other programs.

"Our nutrition intervention is specifically designed for each health priority a client may have. So we have 15 diets - 16diets — but they overlay three times, so it ends up being over a 100 unique combinations of nutrition intervention that we build every day," said Hillmer.

"It's that level of complexity and customization that I think makes us really effective for our clients," he added.

Through this program, Community Servings works from hundreds of recipes to enhance the variety for its clients, so much so that Hillmer mentioned clients could go for weeks without getting the same item.

Some of the biggest hits among clients mentioned were Caponata, Pot Pie, Steak Tips, and Meatloaf.

"Just because a person is unlucky enough to experience critical or chronic illnesses doesn't mean they should be subjected to culinary austerity," said Hillmer.

Additionally, Community Servings stresses the locality of its ingredients through the organization's local food initiative.

"If we're purchasing things locally, we're returning that money to the local community. If we're purchasing things locally, we're shortening that supply chain and the carbon output," said Hillmer.

Not only does purchas-

ing food locally help the environment and support local economies, but according to Hillmer, it also allows Community Servings to work with food producers who align with the organization's mission and get the best possible

local food for clients.

"Since we deal with producers directly, a lot of times, we're able to actually access food that may be considered like highend expensive, but since we're establishing these sort of relationships and cooperative partnerships with them, we're able to provide literally the absolute best product available in New England for our clients,' said Hillmer.

The medically-tailored meals program has seemed to be a hit with clients - 80% of clients responded to a 2022 survey that they were either extremely satisfied or very satisfied with the service.

Since 2020 the meals and clients served by the organization have increased by 130%, and per Ryan Levasseur, Community Servings' Director of Communications, the organization is projected to serve over 5,000 individual clients this year.

In addition, Community Servings also has a vast amount of other programming and engages with the community at large to ensure that it can fulfill the needs of the medically-tailored meal clients.

"Medically-tailored meals is in the center think of it almost like a bicycle wheel — that's the center, and everything else is a spoke coming off of it," said Levasseur.

For example, the organization has over 100 volunteers coming in daily to help with food preparation and other work as part of its robust volunteer pro-

"They could be helping butcher meats and fish; they could be prepping vegetables. So, in addition to that, they are packaging and portioning individual components that make up the bag that every client gets," said Levasseur.

Moreover, the organization offers a 12-week food-service training program called the Teaching Kitchen for individuals often facing barriers in employment to learn how to work in a food-service environment and get ServSafe training, which helps them get jobs in the food industry.

"They're here learning so that they can go out and be in a better place to get a job somewhere in food service or a restaurant. We provide them with the training and also the job placement support," said Levasseur.

"They're also — those trainees - are also helping Brian's [Hillmer] team make the meals for our clients. So not only are they learning, they're contributing to what we do and what we're able to provide," he added.

Along with all the community engagement and programs Community Servings offers, it is also doing significant things in the fields of advocacy and is a national leader in medically-tailored meal research.

In terms of advocacy Community Servings is a founding partner of The Food is Medicine Coalition (FIMC), which, according to the organization's aforementioned report, is a "national association of not-forprofit providers of medically-tailored meals and medically-tailored food and nutrition services."

The annual report also



Community Servings, a non-profit organization based out of Jamaica Plain, supports communities through various

indicates that the coalition's goal is to broaden access to the types of services mentioned above. FIMC is also supporting a bill called the Medically Tailored Home-Delivered Meal Demonstration Pilot

Further, FIMC has an accelerator initiative that teaches other food-related non-profits what organizations like Community Servings do to make medically-tailored meals more available in other communities.

Community Servings also works with local, state, and federal representatives to shape policy around this type of work down in Washington, D.C.

Last fall, there was the White House Conference on Hunger, Nutrition, and Health — the first such conference since 1969 in which the Biden Administration revealed a national strategy that included the types of intervention organizations like Community Servings provides.

"We're doing some big things. We're movers and shakers in a lot of ways, policy-wise, that I think people don't - they might know Community Servings for meals, but they don't know that we're working really hard to impact things like legislation and pilot bills," said

Levasseur.

Moreover, regarding research, Community Servings has three National Institutes of Health (NIH) schedule R01 research programs which Hillmer described as "the absolute top-tier of credibility."

"The National Institutes of Health basically provides grants for it, and normally an agency might get one ever, and we've basically gotten three within the last like two or three years," said Hillmer.

The studies look at the impacts of things like medically-tailored meals and nutritional counseling for individuals with different conditions. For example, one study looks at the impacts of medically-tailored meals and structured nutrition counseling on individuals with type 2 diabetes who experience food insecurity.

Through all of its programs, advocacy, and research, there is no doubt that Community Servings is doing its best to help continue serving the sick and local communities but also extend that support around the country.

To learn more about everything Community Servings has to offer, you can visit https://www. servings.org/.

### Cycle / CONTINUED FROM PAGE 1

ers can ride wherever and whenever they want - except for the PMC routes on PMC weekend. This option is intended to provide flexibility for those that want to contribute to the fight against cancer without specific time or mileage constraints.

The PMC is co-presented by the Red Sox Foundation® and M&T Bank. To make a financial contribution to a rider from your town or to register as a

• PMC Reimagined rid- or call (800) WE-CYCLE. Connect with #PMC2023 on Facebook, Twitter, Instagram and LinkedIn.

Thank you to the following riders from Ever-

- Christopher Juaire
- Matthew Ownes
- Natalia Perez
- Fabio Souza Filho

The Pan-Mass Challenge (PMC) is a bikeathon that today raises more money for charity than any other single athletic fundraising event in

founded in 1980 by Bil- est contributor. The PMC ly Starr, who remains the event's executive director, an annual cyclist and a fundraiser. The PMC has since raised \$900 million for adult and pediatric patient care and cancer research at Dana-Farber Cancer Institute through the Jimmy Fund. The event donates 100 percent of every rider-raised dollar directly to the cause, generating more than 60 percent of the Jimmy Fund's annual revenue as

rider, visit www.pmc.org, the world. The PMC was Dana-Farber's single larghas successfully melded support from committed cyclists, volunteers, corporate sponsors, and individual contributors, all of which are essential to the PMC's goal and model: to attain maximum fundraising efficiency while increasing its annual gift. The PMC's hope and aspiration is to provide Dana-Farber's doctors and researchers with the necessary resources to discover cures for all cancers.

#### Stephanie Martins endorsed by **International Union of Painters**

International Union of Painters and Allied Trades DC 35 endorses Stephanie Martins for Everett City Council Ward 2.

With a track record of union support, Councilor Stephanie Martins received the endorsement from IUPAT DC 35. 'Throughout her time on the Everett City Council, as well as her many years as a community activist, Stephanie has demonstrated a clear passion and commitment to lifting up the working people of Everett. IUPAT DC #35 is proud to support Stephanie for re-election, and we look forward to working with her to create good jobs and economic opportunity for Everett workers," said Chris Brennan, Business Manager/Secretary-Treasurer, IUPAT DC



City Councilor Stephanie

"Everett has been and still is largely a city of laborers. I fully support union built projects, fair wages, apprenticeship opportunities, and safe working conditions for our residents and brothers and sisters in labor. I am honored to receive the support of the International Union of Painters and Allied Trades District Council 35," said Martins.

# **JUST LIKE NEW** — Barely Used —

Maytag water and dryer full size for sale Must pick up by July 20<sup>th</sup> In Revere - both items packaged at 1000.00



# **Everett Arts & Culture Events**

# Flamenco!

JULY 16 Open House at Art Lab Everett Stop by to experience Flamenco through live dance, costumes, video and a talk with Everett flamenco artist Laura Sanchez 3-5PM at Art Lab Everett, 132 Bucknam St.

# MY INSPIRATIONS

**Community Art Show** at Everett City Hall, July 24 to August 24.

From July 24 to August 24, visit City Hall to view artworks featuring community artists & members of the Everett Arts Association On view to visitors during regular hours.

Something is *brewing* in Everett's Arts, stay tuned for more...

VISIT EVERETTINDEPENDENT.COM

#### Postponed // CONTINUED FROM PAGE 1

here for two months under unfinished business. It's not right. It's not fair. You show up to these meetings to vote. Send it back to sponsor and come before us with what you want the changes to be."

Martins responded cor-

dially, saying that "we have work that's being done, and it's important work, and it takes reconvening." Ultimately, the Council

voted to postpone action on the matter until its first meeting in September.

#### **Mammograms Save Lives.** All women over 40 should

have a mammogram once a year. Breast cancer found early offers the best chance to be cured. Free or low cost mammograms



questions, contact us any time, day or night.

www.cancer.org Hope.Progress.Answers.

#### Greystar welcomes first move-ins at Mason, Everett's newest, transit-oriented residential community

Greystar Real Estate Partners, LLC ("Greystar"), a global leader in the investment, development, and management of high-quality rental housing and commercial properties throughout the world, and locally in Greater Boston, today welcomed the first move-ins at Mason, a newly constructed residential community in the blossoming Commercial Triangle District of Everett. Designed to impress by CBT Architects, Mason blends natural beauty with a subtle, sophisticated industrial edge. Residents will enjoy tasteful, modern amenities and dedicated work areas in a rising neighborhood with direct access to both North and South Station via the nearby Chelsea MBTA Station, providing convenient access to employment centers through-

out Boston. Located at 101 Mill Road, Mason is home to 330 apartment units, 400 onsite parking spaces, approximately 5,000 square feet of ground floor retail, plus an array of high-end amenity uses. This includes a fully equipped fitness center and yoga studio; a resort-style courtyard pool with cabana seating, grilling stations, and a fire pit; a makerspace for artists and DIY enthusiasts; a pet spa and dog park; and more. With daily concierge ser-



vices, on-site package acceptance and a cold storage package room, convenient valet dry cleaning, a variety of open concept and private onsite co-working spaces, secured, keyless entry and Honeywell smart thermostats, print services, and more, Mason offers an array of thoughtful services intended to elevate and simplify the resident experience.

'We are excited to welcome the first residents to Mason, where they will enjoy highly attractive community amenities and apartments," said Gary

Kerr, Managing Director of Development at Greystar. "We are incredibly proud of this development and its role in positioning the Commercial Triangle as a great place to live, work, and play. We are greatly appreciative of our partners, the City of Everett staff, and Mayor DeMaria's administration, in helping us open this community."

The building features welcoming, light-industrial design and modern, open-concept interiors with studio, one-, and two-bedroom apartment homes. Additionally, each home features stylish wideplank flooring throughout, plush carpeted bedrooms, oversized windows, luxurious oversized closets, first-floor paved patio (in select residences), quartz countertops, and stainless GE™ appliances.

Mason is a convenient seven-minute walk from the Chelsea MBTA Station, which offers access to the Silver Line and Commuter Rail. Chelsea Station is the only MBTA station that provides direct access to South Station and North Station, as well as to the Seaport and multiple bus lines. Other nearby transportation and neighborhood landmarks include the MBTA's Wellington Orange Line station, the Encore Boston Harbor resort, and Assembly Row.

With move-ins now underway, a list of available homes and more information about Mason can be found at https://livemasonma.com/.

Mason is the first community to deliver as part of Greystar's \$730 million investment in Everett. Greystar's residential developments in the Commercial Triangle will help to usher in a new era for the district, with transit-oriented residential, retail, and pedestrian corridors. Anthem Everett will deliver 450 units while Maxwell will deliver 384 units, and 1690 Revere Beach Parkway will add an additional 741 units across two phases. Combined, these projects will also deliver more than 100 affordable units to Everett.

Greystar is making various community improvements throughout Everett's Commercial Triangle. These include enhancing the streetscape with a new public outdoor space with multimodal connections, improved pedestrian walking paths and sidewalks. contributions Additional include \$125,000 donation to the Mayor's Everett Summer Youth Job

Program (or similar City of Everett youth program), a Greystar-hosted annual career path education program, an annual Greystar Giving volunteer day in Everett, and an annual community block party fundraiser on Vale Street.

Greystar is a leading fully integrated global real estate company offering expertise in property management, investment mandevelopment, agement, and construction services institutional-quality rental housing, logistics, and life sciences sectors. Headquartered in Charleston, South Carolina, Greystar manages and operates more than \$250 billion of real estate in 234 markets globally with offices throughout North America, Europe, South America, and the Asia-Pacific region. Greystar is the largest operator of apartments in the United States, manages more than 817,000 units/ beds globally, and has a robust institutional investment management platform comprised of more than \$69 billion of assets under management, including over \$29 billion of development assets. Greystar was founded by Bob Faith in 1993 to become a provider of world-class service in the rental residential real estate business. To learn more, visit www.

### Early Voting / CONTINUED FROM PAGE 1

the ballots were delivered throughout the day to each precinct, and that's burdening those poll workers. We figure this was a better process."

Councilor Stephanie Martins asked about the security of the early voting envelopes.

"The [envelopes] are checked in by the Election staff - Ms. Pietrantino, Ms. Antonelli, Ms. Gibbons check in all of the ballot envelopes, and they are processed and placed in a large safe. We also have secondary boxes that we lock inside the safe. Following is the list of candidates who have pulled nomination papers for the

Katy Rogers John Hanlon Michael Marchese Irene Cardillo Shaskia Bosquet Kisan Upadhaya Guerline Alcy Stephanie V. Smith Jean Marc Daniel Joseph Pierotti Jr. Maria R. Bussell David LaRosa Senatillaka **Council Ward 1** Wayne Matewsky Jerry A. Navarra Kenneth P Giannelli **Council Ward 2** 

Joetta Yutkins Stephanie Martins Paul Cardillo Council Ward 3

Anthony DiPierro Darren Costa **Council Ward 4** Kimberly Kit Bridge

Nancy Cianchetta

Jimmy Tri Le Holly D. Garcia **Council Ward 5** Vivian Nguyen Robert J. Van Campen Council Ward 6 Alfred Lattanzi Peter Pietrantonio **School Committee** At-Large Joanna Garren Samantha Lambert Cynthia E. Sarnie Michael J McLaughlin (withdrawn) Jay E. Holt Samantha Hurley Joseph A. LaMonica Farah Costa Kristin N. Bairos David LaRosa Senatillaka

**School Committee** 

Millie J. Cardello

Margaret Cornelio

Ward 1

**School Committee** Ward 2

Jason Marcus Joanna Garren **School Committee** Ward 3 Jeanne M. Cristiano **School Committee** Ward 4 Michael J. Mangan

Thomas P. Messina Jr Robin M. Babcock Lucas C. Rosa James A Mastrocola **School Committee** Ward 5

Charles E. Leo (withdrawn) Marcony Almeida Barros **School Committee** Ward 6

Daniel Skerrit Pattiann Scalesse Thomas E. Abruzzese Joseph A. D'Onofrio

#### Hurley / CONTINUED FROM PAGE 1

member, and Ava, who hopes to join EHS track in the future. All three have attended Everett Public Schools since pre-school.

I have been a dedicated youth volunteer with Everett Girl Scouts for over 14 years. I am currently serving as a Troop Leader for 3 Everett troops. I am also a Service Team Member, and Fall/Cookie Mentor for local volunteers. I am the recent recipient of the Girl Scout of USA Honor Pin for my exemplary service and commitment in delivering the Girl Scout Experience to our local community and at

council level. Our students deserve the best from our elected officials as both representatives and mentors. Supporting accessible programs, post-secondary readiness, and normalizing careers in trade will benefit our youth in life beyond EPS. Our families want more creative opportunities, community service partnerships, and to feel that their voices are heard. Our teachers should feel safe, supported, and appreciated in educating, guiding, and shaping our youth into future leaders, educators, and community members.

greystar.com.

As a proud parent, and not as a politician, I am running to be a committed representative, persistent advocate, and independent voice for our students, families, and educators of the Everett Public School community. I believe that together we can pave the way for the youth of this community to succeed academically, feel supported emotionally and live authentically. It would be an honor to be part of our children's journey to greatness, and to serve our community as your independent voice. I hear you, I understand you, and I be-

make a difference. Thank you for your support and consideration.

lieve that together, we can

# Concert / CONTINUED FROM PAGE 1

2023 Municipal Election

**City Council At-Large** 

Angelmarie Dinunzio

with the entertainment. Mayor Carlo DeMaria would like to thank everyone who participated in the event. All are invited to join us for the next concert featuring Everett's own Vinny Calderone and the "Good to Go" band on Thursday, July 13, from 6 p.m. to 8 p.m., at Wehner Park located at the inter-

**Everett** Independent

CHELSEA RECORD

Call (781) 485-0588 or email your advertising rep to get started

section of Broadway and

Lynn Street. The Concerts in the Park seek to bring friends, family and neighbors together to enjoy live music and have a fun time together as a community. This concert was the first in a series that will continue throughout the months of July and August.

If you would like to know about all the upcoming events we have planned, please visit cityofeverett.com/calendar/category/events/ list. You can also follow our social media pages on Facebook, Instagram and Twitter. Facebook: @cityofeverettma and @ mayordemaria. Instagram:

@cityofeverettma and @ mayorcarlodemaria. Twit-@Mayor\_DeMaria. All are welcome to join us for the many exciting events we have planned throughout the summer.

# Real Estate Transfers

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WINTHROP

# Everett

President: Stephen Quigley

Independent

Editor in Chief: Cary Shuman

#### PROGRESSIVE DEMOCRATS NEED TO GET REAL

The opposition by some progressive Democrats to President Joe Biden's decision to send cluster bombs to Ukraine is yet another indication of how out-of-touch with reality they can be on certain issues.

To be sure, the use of cluster bombs can have many drawbacks, the most significant being that a certain percentage of the bomblets remain unexploded on the battlefield, thereby creating a hazard that remains long after the fighting is over. However, when compared to the horrors being wrought upon the Ukrainian people by the Russian invaders, the potential negative impacts of cluster munitions by the Ukrainian military are miniscule. Moreover, let's not forget that the Ukrainians are using these weapons in their own country and will be targeting Russian troops at the front lines, thereby limiting the effect of these weapons upon their own civilian population, unlike the Russians, who indiscriminately have been dropping cluster bombs on Ukrainian civilians from the day they invaded.

In an ideal world, no nation would use cluster bombs though in an ideal world, there wouldn't be any war. The simple fact is that the Ukrainians will be using these weapons in their own defense on their own land and they should be the ones to decide what are the acceptable risks. The knee-jerk reaction of some Democratic politicians ignores the reality of what is happening in Ukraine each and every day.

Moreover, these Democrats who oppose the White House on this issue offer no solution to the imminent problem of the Ukrainians running out of artillery shells in their effort to dislodge the Russian invaders. In addition, these Democrats are playing into the hands of Putin, giving him some hope that American politicians will hamstring the Ukrainians in the defense of their country. While it may be generally true that two wrongs do not

make a right, that is not the case in Ukraine. If these cluster bombs help drive out the Russians, they will have been

And to use another metaphor, we can't allow the Ukrainians to bring a knife to a gunfight.

#### WHERE IS THAT RUSSIAN "REBEL" ARMY?

Two weeks ago, the news headlines were all about the supposed attempted coup by Yevgheny Prigozhin, the head of the Wagner group, who reportedly was marching his 8000 man army to Moscow. But since then, both he and his army have all but disappeared.

Well, maybe we've been watching too many of those mini-series shows on Netflix and the other streaming channels, but we hope that U.S. intelligence agencies are tracking this guy and his army -- because it wouldn't surprise us if Putin and he have planned some sort of subterfuge, a ruse, by which they will launch a surprise attack on Ukraine from Belarus or somewhere else in the north

And if they do, the U.S. and NATO will need to be ready to send in our air support to bomb the Wagner advance (technically, they'll be bombing the private Wagner group, not the Russian army), because if the Ukrainians are caught flat-footed, Prigozhin could be in Kyiv within

#### RFK JR. IS A DISGRACE TO HIS FAMILY NAME

Those who follow politics from a distance may be perplexed by the candidacy of Robert F. Kennedy Jr. for the Democratic nomination for president. However, anyone who has been aware of the trajectory of Kennedy's life for the past 40 years should not be surprised at all.

As with many members of his family, Kennedy dealt with substance abuse issues at a young age. However, he overcame those challenges, earned a law degree, and became a staunch environmentalist, dedicating his time and lending his name to many worthy causes.

However, at some point he went off the rails and veered onto the path of the anti-vaccination movement. Over the past 15 years, he has become one of the most recognizable and outspoken members among the anti-vax crowd. For example, he told Louisiana lawmakers in 2021 that the COVID-19 vaccine was the "deadliest vaccine ever made.'

In addition to his outrageous falsehoods about vaccines, Kennedy has asserted that the CIA conspired to assassinate his uncle, President John F. Kennedy; in interviews he has suggested that chemicals present in water lead to gender identity issues in boys; he has suggested there is a link between the use of antidepressants and mass shootings; and he has asserted that the 2004 presidential election was stolen from John Kerry in Ohio.

In short, Robert F. Kennedy Jr. has used his name recognition to espouse every sort of conspiracy theory imaginable. His family members in unanimity have distanced themselves from every one of his claims and are not supporting his candidacy.

But we suspect there is something else at play here, namely, that Bobby Kennedy Jr. is on an ego trip that is the old-man equivalent of a mid-life crisis: At 69 years old, he's parlaying his name to make one last stab at grabbing the spotlight that has eluded him his whole life and to which he feels he is entitled simply because he is a Ken-

Hopefully, the "presidential candidacy" of Robert F. Kennedy Jr. will amount to nothing more than a footnote. On the other hand, the candidacies of Ralph Nader in 2000 and Jill Stein in 2016 -- both of whom siphoned off just enough votes to defeat Al Gore and Hilary Clinton -- are

a warning that even fringe candidates can have profound

consequences for our democracy.

# Independent Forum

#### News in Brief

#### **DEMARIA** ANNOUNCES NEW DATE FOR SENIOR SUMMER BBQ

Everett's older adults are encouraged to wear boots, jeans and cowboy hats for this year's Country Western theme

Everett, MA - Mayor Carlo DeMaria, in collaboration with the Council on Aging, is pleased to announce the City of Everett will now host the annual Senior Summer BBQ on Friday, July 21, 2023 from 1pm to 4pm at the Connolly Center, 90 Chelsea Street. Please note that the date for the event has been changed from Thursday, July 13, 2023 to Friday, July 21, 2023 and the new registration deadline is Friday, July 14, 2023. All other details will remain

You'll want to put on your boots, jeans and cowboy hat to join us for this year's Country Western theme. We'll have plenty of traditional barbecue food like hamburgers and hot dogs with vegan and vegetarian alternatives, live music and dancing to "Stomp & Holler" Country Band, and plenty of fun for all.

Everett's older adult residents who are interested can get tickets at the Connolly Center from

9am to 12pm, Monday through Friday, until Friday, July 14, 2023. Please note that proof of residency will be required upon registering. If you require transportation to the event, please indicate so at the time of reservation.

For additional information, please call 311 or 617-394-2270 to be connected to the Connolly Center. This event is sponsored by the Everett Foundation for Aged Persons.

#### CALENDAR OF **EVENTS AT THE EVERETT PUBLIC** LIBRARIES

Parlin Adult and Teens Chess Club Parlin Fireplace Room. Wednesday, July 19th from 3-5pm. Play, learn, and practice chess at our club meetings every other Wednesday. All ages and skill levels are welcome. Call 617-394-2300 with any questions. No registration re-

Parlin Childrens

Lego Club. Parlin Children's Room. Monday, July 17th from 3-5pm. Attention all Lego lovers: Lego Club is back at the Parlin Memorial Library! Come to the Children's Room after school on Mondays for some free-building lego fun. Open to all ages. Children under 6 years old must be accompanied by an adult. No registration required. Storytime with Vera.

Parlin Children's Room. Tuesday, July 18th at 12pm. In English or Portuguese by request. Visit the Parlin Library Children's Room to attend! Suggested ages 2-6.

Crafts Free For All! Parlin Children's Room. Tuesday, July 18th at 2pm. We will be making a variety of crafts! All kids ages 3 and up are welcome; please come and join the fun! Registration is required. Sign up online or at the Parlin Children's desk.

Drama Class. Parlin Children's Room. Wednesday, July 19th at 3pm. Do you have a drama queen or king at home? Drama Class in the Parlin Children's Department is the perfect opportunity for your child to put those acting skills to use with our drama coach! Suggested ages 6-14.

Friday Family Movie Night! Parlin Meeting Room. Friday, July 21st at 3 pm. Break out the popcorn! Come and watch Wreck it Ralph with your friends and family.

Shute Adult and Teens Summer Paint Night, Shute Meeting Room. Thursday, July 20th at 7 PM. Come join us for a summer-themed paint night at the Shute! Follow along to instructor-guided step-by-step instructions; bring home your very own masterpiece and start off your summer decorations with a pop of color to your home. Please register on our website events calendar or by giving us a call at 617-394-2308 or email shuteinfo@noblenet.org. Recommended for ages 14 and up. Spots are limited,

so sign up today! Resume Writing, Shute Adult Department. Do you need help sprucing up an old resume or creating a new one? Sign up for a thirty minute session at both the Parlin and Shute Libraries. By appointment only. Please call 617-394-2302 for the Parlin Library and 617-394-2308 for the Shute Library to register for an appointment.

Computer Basics 101, Shute Adult Department. Not familiar with the computer? Learn the basics: how to start up and shut down a computer, perform mouse and keyboard functions, use applications, learn Microsoft Word, navigate the Internet, set up an email account, and more! By appointment only. Please call 617-394-2302 for the Parlin Library and 617-394-2308 for the Shute Library to register.

#### Open House featuring award winning, artist-in-residence, Laura Sanchez

Arts for Everett, Inc. is pleased to present flamenco dancer and Everett resident, Laura Sanchez as our artist-in-residence on July 16 from 3-5p.m. with a brief master danc e class

Laura Sánchez is an award-winning flamenco artist, creator, choreographer and educator originally from Cádiz, Spain. As a Spanish speaking immigrant woman and mother of a child with multiple disabilities, Laura explores her own personal struggles to create interdisciplinary pieces with flamenco in the core to tell stories that others can relate to.

She began her flamenco education as a child and received professional training from the Dance Conservatory of Madrid.



Laura Sánchez.

Laura holds a Professional Certificate in Expressive Arts Therapies from Lesley University where she developed an emerging therapeutic dance practice, Expressive Flamenco©. She facilitates workshops, presents this work inter-

nationally and continues to serve annually as Guest Professor for the Lesley University Expressive Therapies Master's Program. Her most recent research work was published at the Journal of the American Dance Therapy Association in 2021. Laura actively performs as soloist in flamenco venues in the Eastern U.S., and placed 3rd at the 2016 Flamenco Certamen USA, an international competition that takes place in NYC annually.

She works as independent choreographer for organizations including Boston College of Fine Arts, Massachusetts Government. Bridgewater University, and Kingston Theater. Laura works as an independent producer and

has presented several flamenco shows over the past few years in Massachusetts. In her last production Flamenco at Starlight she brought the flamenco community back together to perform for the first time in Cambridge since During Covid-19. pandemic she created an award-winning short film called AFTER DARK to tell the resilience stories of a community affected by the Covid-19 global pandemic. She has been granted the prestigious Live Arts Boston grant from the Boston Foundation in 2021 and was honored to be a member of Flamenco Vivo Carlota Santana Professional Consórcio Flamenco, a group dedicated to growing flamenco on

# Your opinions, please

The Everett Independent welcomes letters to the editor. Our mailing address is 385 Broadway, Revere, MA 02151. Letters may also be e-mailed to editor@everettindependent.com. Letters must be signed. We reserve the right to edit for length and content.

The Everett Independent reserves the right to edit letters for space, accuracy and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Everett Independent publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Everett Independent.

editor@everettindependent.com are preferred.

Text or attachments emailed to

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# Sumner Tunnel Closure:

# You've Got Options

This summer, MassDOT's **Sumner Tunnel Restoration Project** will close the tunnel from **7/5 to 8/31**. The MBTA offers simple ways to get to Boston. Park the car and hop on the **Blue Line**, **Commuter Rail**, or **Ferry**.



#### **Take the Blue Line for Free**

- Travel between Wonderland and Bowdoin
- Trains arrive every 6 minutes (morning and evening rush hour)
- \$2 daily parking at Beachmont, Orient Heights, Wonderland, Suffolk Downs



# **Take the Commuter Rail Between Boston and North Shore**

Newburyport/Rockport Line

- \$2.40 per trip from any station—go from Salem or Swampscott to North Station in about 40 minutes
- \$2 daily parking at Salem and Swampscott
- Free parking at Beverly, Gloucester, Hamilton/Wenham, Montserrat, Newburyport, North Beverly, Rowley, West Gloucester



# Take the Ferries Between Boston, East Boston, or Lynn

#### **East Boston**

- Free East Boston Ferry between Lewis Wharf and Long Wharf (North)
- No parking available

#### Lynn

- \$2.40 for a one-way trip with new ferry service between Blossom Street Pier and Long Wharf (South), weekdays only, 10 trips per day
- Free parking at Blossom Street Pier parking lot

#### Winthrop

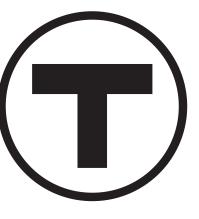
- MBTA will operate Winthrop Ferry Service for \$2.40 per trip
- Service between Winthrop, Quincy,
   Logan Airport, Aquarium, and Seaport



Hop on a Bus to Reach Any of the Options Listed Above

Use our Trip Planner to find the best route

Learn more at MBTA.com/sumner



#### SENATOR DIDOMENICO HOSTS BRAZILIAN ELECTED OFFICIAL AT THE STATE HOUSE

Last week, Senator Sal DiDomenico hosted his friend Sam Amado and Sao Paolo, Brazil City Councilor Eliel Fox, along with his wife, Danny, for a State House tour. DiDomenico showed them his office, the Senate Chamber, and officially welcomed them during a Senate Session. The Senator and Fox discussed a wide range of topics including their work, backgrounds, family history, and so much more.

Senator DiDomenico said "it was a pleasure to host Eliel and Danny, and it was great learning about the many similarities and differences between our jobs and our country's governments. I have many constituents who are from Brazil or have family there, so it was fascinating to learn even more about this beautiful country and the daily life of an elected official working there. I want to thank my friend Sam for introducing us and for his support and friendship throughout the years."



Senator Sal DiDomenico speaking with Brazil City Councilor Eliel Fox and Sam Amado on the Senate Balcony.



Senator DiDomenico in the Senate Chamber with Brazil City Councilor Eliel Fox and his wife, Danny Fox.

# Commonwealth Shakespeare Company announces the cast and creative team of Macbeth

Commonwealth Shakespeare Company (CSC) and Steven Maler, Artistic Director, announce the complete cast and creative team for this summer's production of Shakespeare's tragedy Macbeth on the Boston Common. Performances begin on July 19 and run through Sunday, August 6 at the Parkman Bandstand. The production will be available for press viewing from Wednesday, July 26 and is presented in partnership with the City of Boston, Mayor Michelle Wu, Parks and Recreation Commissioner Ryan Woods, and Boston Chief of Arts and Culture, Kara Elliott-Ortega.

In Shakespeare's classic tragedy, an unexpected prophecy sends Macbeth on a quest to become King of Scotland. Consumed by ambition and prompted to action by his wife, Macbeth's desire for power unleashes his unbridled hunger for power. This murderous tale explores the consequences of our choices when we lose our moral compass.

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The set design of Shakespeare's tragedy Macbeth on the Boston Common.

Actor, writer, director, and producer Faran Tahir\* returns to CSC to play the title role. He received enthusiastic media and audience reception in the title role of Richard III on the has recently completed the much-acclaimed run of The Kite Runner on Broadway.

The role of Lady Macbeth will be performed by stage, TV, and film actor Joanne Kelly\* in her CSC

debut, previously seen in Boston as Inge Morath in Fall at the Huntington Theatre. She recently starred in the Matt Damon/Ben Affleck set-in-Boston television show CSC stage in 2019 and City on a Hill and was a cast member playing Juliet in the famed Canadian series Slings and Arrows.

> The complete cast includes Marianna Bassham\* as Malcolm, Jesse Hinson\* as First Witch, Nael Nacer\* as Macduff,

Member FDIC/Member DIF

Omar Robinson\* as Banquo, Joe Penczak\* as Duncan/Siward, Daniel Rios, Jr.\* as Ross, Fred Sullivan Jr.\* as Sergeant/Porter/ Doctor, and Eviva Rose as Young Macduff. The ensemble roles are played by Lily Ayotte, Nick Baum, John Blair, Elijah Brown, Annika Burley, Alexa Cadete, Jack Greenberg, Jessica Golden, Bella Grace Harris, Cleveland Nicoll, and Xander Viera.

The creative team includes Direction by Steven Maler<sup>^</sup>, Scenic Design by Riw Rakkulchon\*\*, Costume Design by Nancy Leary\*\*, Lighting Design by Eric Southern\*\* and Maximo Grano De Oro. Sound Design by Dewey

medios\*\*, Fight Direction by Robert Walsh, Intimacy Consultation by Jessica Scout Malone, Assistant Director Nikta Sabouri, Production Management by Jenna Worden, Stage Management by Brian Robillard\*.

Performances of Macbeth will take place at the Parkman Bandstand on the Boston Common and are FREE of charge. Audience members can bring blankets or chairs or can rent chairs in advance or on-site for \$10 and are permitted to bring modest food items to consume at the show. Seats in the CSC Friends section will be available for reservation in late May along with your donation. Dinnerand-a-Show Packages will be available in partnership with Boston Chops Downtown Crossing.

CSC provides a of accessibility services, including open captioning, assistive listening devices, and large print programs at every performance, and ASL interpretation and audio description at selected performances.

All performances will be Open Captioned as part of our new Access Infrastructure Initiative, made possible through the generous support of the Richard and Susan Smith FamASL Interpretation will be offered Saturday, July 29, 2023, at 8:00 p.m. and ASL Interpretation on Friday, August 4, 2023 at 8:00 p.m., with a Rain Date for Audio Description and ASL Interpretation at Sunday, August 6,

2023 at 8:00 p.m. Macbeth is supported by our generous sponsors and partners: Boston Chops, The Liberty Mutual Foundation, National Endowment for the Arts, the Klarman Family Foundation, Massachusetts Cultural Council, Ovation TV, Xfinity, Boston Cultural Council, the National Endowment for the Arts, GBH, EDGE Media Network, Meet-Boston, Massachusetts Convention Center Authority, Downtown Boston BID, the Max and Victoria Dreyfus Foundation, The Commonwealth of Massachusetts, City of Boston Parks and Recreation, The Boston Globe, Suffolk University, DIG, The Newbury Boston, Vantage Graphics, MIX 104.1, Democracy Brewing, and

Ben and Jerry's. \*Denotes member of Actors' Equity Associa-

\*\*Represented by United Scenic Artists Local USA 829 of the IATSE

^Denotes member of Stage Directors and Choreographers Society



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#### FREE SUMMER CONCERTS **BOSTON LANDMARKS ORCHESTRA** DCR **Hatch Shell** 7PM WEDNESDAY WEDNESDAY JULY 19 JULY 26 Appalachian Seen-Spring & Unseen Les Préludes WEDNESDAY SATURDAY **AUGUST 2 AUGUST 12** An American in Mozart Paris & & Dvořák Cello More Concerto WEDNESDAY **AUGUST 23** Beethoven to Gottschalk: Dance Night For more information, visit



www.landmarksorchestra.org

### Rare Steakhouse at Encore is a dining experience

By Victoria Fabbo

Upon your first step walking into Rare Steakhouse, you are warmly greeted by the hospitality professionals at the reception area. They kindly lead you into an elegant room where you can view an open bar that is decorated with a variety of liquors.

The staff's attention to detail was noteworthy from the outset. One of the dining room assistants even brought over mini chairs for our bags. How thoughtful!

Our server, Bouchaib, was wonderful and knowledgeable of the menu. We had questions on the different steaks and Bouchaib was able to answer them easily.

We began our exquisite dining experience with an amuse bouche: bellini topped with creme fraiche, salmon and salmon caviar. It was delightful.

We then ordered our mocktail beverages, Passion Project and Butterfly Effect. The Passion Project was refreshing - it could be sipped all day long! The butterfly effect with the butterfly flower and cucumber was like a day at the spa. Our appetizers includ-

ed lobster bisque, French onion soup, and Little Gem Caesar Salad. The Little Gem Caesar Salad had a crostini which held the salad. As for the lobster bisque, it felt like you could taste that they had made the broth fresh using the shellfish.

Jhalak, one of our food service assistants, was knowledgeable on the ingredients in each dish.



Pineapple upside down baked Alaska.

It was very helpful. The general manager, Tomas, was so kind and cordial, visiting each table and conversing with guests about their dining experi-

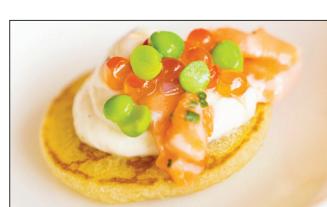
Next, we enjoyed our steaks, the Boneless New York sirloin with truffle butter on top! Yum! We had it served with brussel sprouts and mashed potatoes. They were just as superb as you could imag-

The sweetest part happened to be the pineapple upside down baked Alaska for two, which was served table side. Baked Alaska has ice cream in the middle and it is covered in Italian meringue which they then flambé. The presentation was lovely - Levin did a phenomenal job. We paired the baked Alaska with the Rare chocolate cake, which had a la mode vanilla ice cream. The ice cream was just what this ice cream lover enjoys. Sweetness! As we were ready to leave our palatial surroundings, sweet goodies were served: macaroon, pâte de fruit and chocolate truffle. Oh, the Rare Steakhouse was a Rare experience indeed.

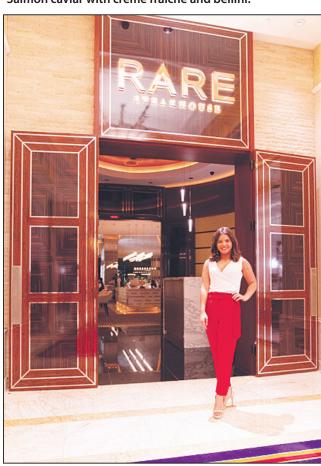
The bar is set high.



Rare chocolate cake.



Salmon caviar with creme fraiche and bellini.



Victoria Fabbo in front of the Rare Steakhouse at Encore.

# MassHealth Members



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To get help, call 800-841-2900, visit www.masshealthrenew.org or scan the code.

Take three steps to renew your coverage:

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2 1. Update your info

3. Respond to MassHealth

Act now. Stay covered.











## Everett Little League All-Stars compete in District 12 Tournament

The Everett Little League All-Star team was looking to continue its run in the District 12 Williamsport Tournament Tuesday night.

The Everett contingent was set for a semifinal matchup against Charlestown, with the winner advancing to the championship game versus Melrose scheduled for Thursday night.

Everett has defeated Malden (twice) and Dorchester in the tournament. Everett's lone loss was to Charlestown.

Nick Young, Nick Savi, and Luke Wood have been playing outstanding baseball in the tournament. Matteus Callahan has excelled on defense while Christian Bruno is also making a strong contribution for the Everett All-Stars.



The Everett Little League All-Star team, pictured above, is competing in the District 12 Williamsport Tournament. All-Star players, from left, are Luke Wood, Caden Foley, Colin Rogers, Louis Quintinilla, Nick Young, Thai Spencer, Jayden Cruz, Matteus Callahan, Lucas Gabriel Montinho, Christian Bruno, Nicky Savi, and Troy Coke. All-Star coaches, from left, are Marc Freni, Joe Young, and Brian Savi.

#### FRESH AND LOCAL

# Blueberry season

By Penny & Ed Cherubino

July is a beautiful food month, and local blueberries (both wild and cultivated) will have us visiting farmers' markets at least twice a week. This berry is such a versatile addition to our summer menu. Most days, you'll find a bowl of blueberries on our kitchen counter, washed and ready to add to cereal, salads, smoothies, or for snacking.

#### SuperFood

This berry is often found on superfood lists because it's nutritionally dense, containing lots of vitamins, minerals, and antioxidants that are good for your health. The website Health-line notes, "They may help lower blood pressure, prevent heart disease, improve memory, aid in exercise re-

Blueberries are just 80 calories per cup. You get fiber, vitamin C, vitamin K, manganese, and potassium in that portion. They're low in sodium and fat. Blueberries have a low score of 53 on the glycemic index and won't cause blood sugar levels to spike, making them a safer food for those with diabetes or who are trying to control their weight.

For years there have been discussions on the difference in nutritional values between wild or lowbush blueberries and cultivated or highbush blueberries. A New York Times article concluded, "If you like to eat fresh raw blueberries, you'll probably have to stick with farm-raised: Wild blueberries are highly perishable, and almost the entire crop is frozen."

#### Corn and Blueberries We love the partnersh

We love the partnership of corn and blueberries. Try making a batch of cornmeal blueberry pancakes. They may become a family favorite. You can add a healthy addition of blueberries to a cornbread recipe. This year we've saved a few recipes for corn and blueberry salads that we plan to add to our roof deck gatherings. It's always fun to make something new and different as a welcome surprise for your guests.

#### **Cooking with Blueberries**

For years Ed would opt for a batch of blueberry muffins instead of a birthday cake since his special day arrived at about the same time as local blueberries at our farmer's markets. Like many people from this area, we both set Jordan Marsh blueberry muffins as the standard by which we judge others.

In researching recipes to duplicate those, we found that Penny's favorite recipe (from a used cookbook she bought years ago) shared the technique of mashing some of the berries and mixing them into the batter. This was often cited as one of the secrets to the Jordan Marsh success. In fact, we like this recipe better because the sugar coating on the top is a mixture of sugar and nutmeg to give these muffins a distinctive finish. In addition to muffins,

bakers celebrate blueberries in pies, turnovers, crisps, crostatas, cheese-cakes, cobblers, tea cakes, coffee cakes, scones, and bread puddings.

If you're more of a cook than a baker, you can consider making preserves,



These were one of our favorite remakes of Jordan Marsh Blueberry Muffins from a now-closed South End Bakery.

compotes, sauces, or blueberry vinegar. Chefs tend to pair this berry with pork, salmon, and duck. These recipes often include balsamic vinegar and herbs like thyme or rosemary.

#### Blueberry Tips

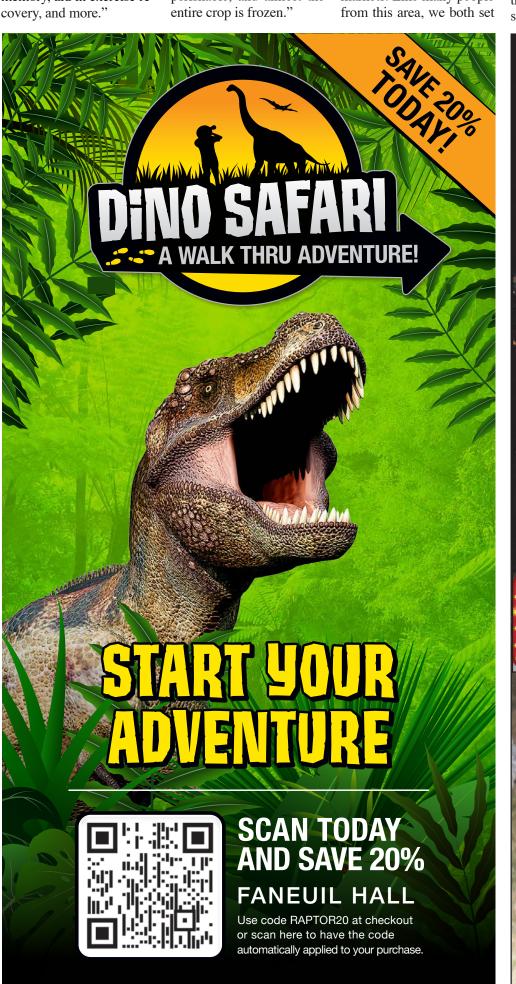
We bring covered containers to the market and have the farmer transfer the berries from their container to ours. The farm can reuse their basket, and our blueberries are protected better on the way home and can

go right into the refrigerator.

We don't wash blueberries until we're ready to use them. If we buy too many blueberries, we spread them on a quarter sheet pan, freeze them, and put them in freezer bags. Finally, we go out of our way to enjoy the local blueberry

season!

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with





## Healey proclaims Hurricane Preparedness Week in Massachusetts

Governor Maura Healey has declared July 9-15, to be "Hurricane Preparedness Week," recognizing the importance of preparing for the impact of extreme weather. As part of the Administration's commitment to strengthening community readiness and resiliency, the Massachusetts Emergency Management Agency (MEMA) will highlight the Commonwealth's ongoing hurricane mitigation efforts and offer resources for residents and municipalities to learn what they can do before, during, and after a powerful storm to stay safe and protect property from hurricane-related hazards.

"As climate change fuels extreme weather across the country, every Massachusetts community must plan and prepare for the potential impact of tropical storms and hurricanes," said Governor Healey. "During Hurricane Preparedness Week, I encourage residents of coastal and inland areas alike to

visit MEMA's website for preparedness information, make a plan, and stay informed about how to take care of yourself and your loved ones before, during and after a storm."

"Severe tropical storms can have a devastating impact on communities. All Massachusetts residents are urged to learn about and prepare for the dangers of these storms," said Lieutenant Governor Kimberley Driscoll. "Taking steps in advance to prepare and practice an emergency plan will help individuals and families to stay safe during a storm and recover more quickly when it is over."

"Hurricane Preparedness Week provides all of us with an opportunity to better prepare for the tropical storms that historically visit Massachusetts in August and September," said Public Safety and Security Secretary Terrence Reidy. "The significant impact of these weather events from storm surges on the coast to inland flooding in Western Massachusetts pose a significant risk that requires thoughtful community planning. I commend MEMA Acting Director Brantley and her team for their commitment to delivering important resources to residents and the communities they call home.'

As part of MEMA's whole-community proach to hurricane preparedness, the Agency has convened meetings to discuss logistics, operational plans, and capabilities; facilitated numerous local & state tabletop exercises; and will host a Statewide Hurricane Preparedness Symposium in late July to bring together over 250 local, state, federal, private sector and voluntary agenemergency management partners to address topics related to hurricane preparedness, and recovery.

"Inclusivity remains a top priority in everything we do at MEMA, especially when it comes preparedness,"

MEMA Acting Director Dawn Brantley. "Whether it's providing technical assistance to communities seeking to create evacuation or transportation plans for individuals with disabilities, or offering culturally appropriate tips in multiple languages on how individuals can be better prepared - our goal is to ensure that we are ready to support all individuals equally and equitably before, during, and after disasters."

How Residents Can Prepare

Know Your Evacuation Zone - Visit www. mass.gov/knowyourzone to learn if you live or work in a hurricane evacuation zone. If you live in an area that may flood and may need assistance evacuating, plan with family, neighbors, and friends who may be able to assist, and contact your local public safety officials to make them aware of your

Make an Emergency Plan - A plan should address how your family would communicate, evacuate, and shelter in place if needed. Be sure to account for the needs of all your family members, including seniors, children, individuals with disabilities, and pets: https:// www.mass.gov/info-details/make-a-family-emergency-plan. If you receive medical treatment or home health care services, work with your medical provider to determine how to maintain care and service if you are unable to leave your home or have to evacuate.

Build an Emergency Kit – Build an emergency kit that will sustain your household for three to five days without power. For tips on what to include, https://www.mass. gov/info-details/build-anemergency-kit

Stay Informed - Every family should have multiple methods for receiving emergency alerts and is encouraged to reach out to their local officials for preparedness and emergency information specific to their community, including available local emergency notification systems. The Commonwealth's 2-1-1 hotline is available 24x7 for non-emergency assistance and is available with translation in more than 150 languages and can be accessed via video relay services. To learn more about additional ways to receive alerts and information, including the Emergency Alert System, Wireless Emergency Alerts, NOAA Weather Radio, and social and traditional news media, visit: www.mass.gov/ info-details/be-informedand-receive-emergency-

MEMA will share preparedness and safety information throughout hurricane season. For more information, including interactive evacuation zone maps, multi-lingual social media toolkits and flyers, preparedness tips, videos, and more, visit MEMA's Hurricane Season Preparedness webpage.

#### **CHURCH** News

#### **Mystic Side Congregational Church**

News and Notes

Mystic Side Congregational Church is located in Everett, on Malden-Everett border, at 422 Main Street. We offer a warm, inviting atmosphere, and all are welcome. Our Sunday Church service starts at 10:30 a.m. and Communion is offered on the first Sunday of each month. A very pleasant coffee hour and socializing follow our services. Parking is available in our lot next to the church on Wyllis Ave. (one way off Main Street). We look forward to welcoming

> **Congregational Church 422 Main Street** Everett, MA

#### **Immaculate Conception Parish**

News and Notes

Our Parish Staff: Rev. Joseph Chacha Marwa, S.M.A. Administrator, Rev. Gustavo Buccilli S.M.A Parochial Vicar, Barbara Canon Secretary, Parish Secretary.

Weekly Mass Schedule ate the Immaculate Conception Parish is as follows:

1: Monday-Saturday at 7:00Am in the Chapel.

2: Saturday at 4:00Pm (Sunday Vigil) and at 7:30pm Vietnamese Mass Upper Church.

3: Sunday at 7:00am 10:00am English 12:00Pm At Masses. Spanish Mass and 4:00Pm Haitian Creole Mass.

4: Confessions are on Saturdays from 3:00-3:45 at the Confession

you this Sunday. **Mystic Side** 

Boots in the Chapel, and at 11:15Am 12:00Pm in Spanish. 5: Adoration of the Blessed Sacrament at the Chapel on Thursday from

7:30Am-6:00Pm. Bring a Book buy a Book a new Fundraiser Program at the back of the Church. All books are a dollar. Any money collected goes to our Stain Glass Fund. You are most invited to make a donation for this course. Most welcome to worship with us on Sunday and weekdays.

**Parish** 

489, Broadway,

Thank You. **Immaculate Conception Everett MA 02149 Phone** Call 6173895660



#### **Zion Church - Everett** News and Notes

G. Robert Brown and Zion Church Ministries invites you to join us every Sunday at our 10:00 a.m. Worship Service for a time of worship, praise and preaching, at 757 Broadway, Everett, MA. You can also join

Zion Church Ministries via livestream on Facebook and You Tube.

For more information, they can be reached online at zionchurchministries.com or via email at office@zionchurchministries.com.

#### **Glendale United Methodist Church**

News and Notes

Glendale United Methodist Church is open to all and we welcome people of all faiths, race, nationalities and sexual preference. No one is ever turned away. If you are looking for a new home church, we would like you to check us out and let us know what we can do to make church a better fit in your life.

Bible Study: Consider joining us for Bible study on Sunday. We meet in the Church Parlor off the Chapel from 9:30 to 10:00

Sponsor the bulletin! For a \$5 donation, you can dedicate the Sunday bulletin to recognize family, friends, or special occasions. There is a sign-up sheet in the Pastor's study. Feel free to choose your particular week and leave a copy of your dedication in the mail in that is on the Pastor's door. Please contact the Pastor if you have any questions.

Boy Scout Troop 814: Meet in Cooper Hall on Tues. evenings from 6-9 p.m. Cub Pack 11 meets on Saturday mornings.

NA Meetings - Mon.

Bring Your Own Book 7:30 - 9:30 p.m.: Thurs. I Can't But We Can, 8:00 7:30 -9:30 p.m.

AA Meeting – Saturday evenings from 6:30 to 8:30

Pastor's Office Hours: Saturdays 10 a.m. to 2 p.m. Other times by appointment.

Bread of Life Donations This outreach is being done to honor the Unit-Methodist Women's Group, who for so many years were our outreach source. Please bring any food item(s) to church and place in the box located on the altar.

We are on the Internet http://www.glendaleumc-everett.org **Glendale United Methodist Church Pastor David Jackson** 392 Ferry Street (across from Glendale Towers) Please enter the church by the driveway on Walnut Street 617-387-2916 PastorDavidJackson58@gmail.com Pastor's Office Hours: Saturdays 10 a.m. to 2 p.m. Other times by appointment.

#### **Glendale Christian Lighthouse Church**

News and Notes

Sunday 10:30 Worship service.

Weds. hour of Power, worship, prayer and Bible Study, via Zoom.

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters," Colossians 3:23

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ness, Faith, Love, Truth

**CHURCH 701 BROADWAY** EVERETT, **MASSACHUSETTS** 02149 617-387-7458 Rev. Larry Russi, Sr. **Pastor** pastorlarry@ thelighthousechurch701.net

**GLENDALE** 

**CHRISTIAN** 

**LIGHTHOUSE** 

#### Church at the Well Everett

News and Notes

Facebook at www.facebook.com/churchforeverett to view weekly devotions and updates, visit us at www.foreverett.church

Church at the Well Ev- to sign up for our newserett is a new church for letter and see how we can Everett. Check us out on help you, or connect with the Everett Community Aid Network at www.everettcan.com to request any additional help.

#### **Grace Anglican Episcopal Church**

News and Notes

Grace Anglican Episcopal Church is open & welcoming to all.

There are 2 services on Sundays: 10am English, 1pm South Sudanese Din-

Come all and let us walk together in this season of hope, renewal and new beginnings.

**Grace Anglican Episcopal Church** 67 Norwood Street, Everett, MA **Church Phone** 617-387-7526 or 617-389-5765



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# Mercury remains prohibited in the mail

The Postal Service is reminding customers that metallic mercury and devices containing metallic mercury are always prohibited in the mail stream. includes antique items such as thermometers, barometers, blood pressure monitors and similar devices. However, compact fluorescent which contain small amounts of mercury in vapor form, are mailable domestically but not internationally.

Here's what you should

1. Review USPS Publication 52, Hazardous, Restricted, & Perishable Mail, to find out if your item is mailable.

2. Follow U.S. laws and U.S. Postal Service hazmat guidelines.

3. Ship items securely with required labels and markings. Customers can take their package to a Post Office location to make sure it is labeled correctly.

Improper, undeclared, or prohibited hazmat (hazardous material) shipping can have serious consequences for everyone involved.

Full responsibility rests with the mailer to comply with all Postal Service and non-Postal Service laws and regulations in the mailing of hazardous material. Anyone who mails, or causes to be mailed, a nonmailable or improperly packaged hazardous material can be subject to legal penalties (i.e., fines and/or imprisonment), including but not limited

to, those specified in 18 U.S.C. The transport of hazardous materials prior to entry as U.S. Mail and after receipt from the Postal Service is subject to Department of Transportation regulations.

If a person knowingly mails items or materials that are dangerous or injurious to life, health, or property, they may face a civil penalty of at least \$250, but not more than \$100,000 per violation, the costs of any cleanup associated with each violation, and damages. They may also face criminal penalties.

The Postal Service is committed to the safety and security of its employees, its customers, and its transportation networks and will remain vigilant in safeguarding the mail stream against any article that might pose a hazard to health, safety, property, or the environment.

Reminder: Effective

July 9, USPS will require Indicators Electronic when shipping Hazardous Materials (HAZMAT) and Dangerous Goods (DG). Publication 52, Hazardous, Restricted, and Perishable Mail (Pub 52) will be revised to incorporate new requirements for mailers to use unique Service Type Codes (STCs) and extra service codes (ESCs) within the tracking barcodes and electronic data submission for package shipments containing HAZMAT or DG.

#### **OBITUARIES**

#### **Genevieve Sordillo**

Retired Parish Secretary at St. Anthony's Church

Genevieve L. "Gen" (Boudreau) Sordillo of Everett entered into eternal rest on Monday, July 3 in the Katzman Family Center for Living in Chelsea. She was 97 years old.

Gen was born in Everett and remained a lifelong resident. She worked for many years as the Parish Secretary for St. Anthony's Church in Everett and following her retirement remained active at the church -- singing in the choir and participating in other church related activities.

The beloved wife of the late Ernest C. for over 69 vears, she was the dear and devoted mother of Ernest P. Sordillo and his wife, Kelly Doherty of Everett: sister of the late Benny, Edward and Freeman Boudreau, Rita Calkins and Marie Marchant; loving "Nana" of Marissa Sordillo Gunn and her husband, Timothy and Gregory Sordillo and



"Great-Nana" of Giacobe and Naomi Gunn.

Relatives and friends attended Gen's visitation in the Cafasso & Sons Funeral Home, 65 Clark St. (Corner of Main St.) Everett on Friday, July 7 followed by her Funeral Mass in St. Anthony's Church, 38 Oakes St., Everett. Interment was at Woodlawn Cemetery, Everett. Contributions in Genevieve's memory to the Katzman Family Center for Living, 17 Lafayette Ave., Chelsea, MA 02150 would be sincerely appreciated.

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PT DRIVING INSTRUCTOR - Mon.-Thurs. 3-7PM & Sat. 9AM-1PM. Certified and CORIed or will train. Multi-lingual a plus. Apply in person or call 781-284-4388 Pleasant Auto School, 509 Broadway Revere. Join our "Pleasant Family"!

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**DEADLINES:** For classified line ads, deadlines are Monday by 4 p.m. Call 781-485-0588

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#### State public health officials announce season's first West Nile virus-positive mosquito sample

The Massachusetts Department of Public Health (DPH) announced that West Nile virus (WNV) has been detected in mosquitoes in Massachusetts for the first time this year. The presence of WNV was confirmed by the Massachusetts State Public Health Laboratory in a mosquito sample collected July 6 in the town of Brookline in Norfolk County. No human or animal cases of WNV or Eastern equine encephalitis (EEE) have been detected so far this year.

"We often find the first evidence of WNV in mosquitoes at about this time every year," said Public Health Commissioner Robert Goldstein, MD, PhD. "We are asking people to start taking steps now to avoid mosquito bites. While WNV can cause serious illness, there are simple things that you can do to protect yourself and your loved ones."

WNV is usually transmitted to humans through the bite of an infected mosquito. There were 10 human cases of WNV in 2022. While WNV can infect people of all ages, people over the age of 50



are at higher risk for severe disease. Most people infected with WNV will have no symptoms. When present, WNV symptoms tend to include fever and flu-like illness. In rare cases, more severe illness can occur.

"With the recent rain and the warmer weather, mosquito populations will increase and we will start to see more of them carrying WNV," said Dr. Catherine M. Brown, State Epidemiologist. "Use a mosquito repellent with an EPA-registered ingre-

dient, wear clothing to reduce exposed skin, drain standing water and repair window screens. We also encourage everyone to make it a habit to visit DPH's mosquito-borne disease web pages so you know when and where WNV activity is occurring."

#### **Avoid Mosquito Bites**

Apply insect repellent when outdoors. Use a repellent with an EPA-registered ingredient (DEET (N,N-diethyl-m-toluamide), permethrin, picaridin (KBR 3023), oil of lemon eucalyptus [p-Menthane-3,8-diol (PMD)] or IR3535) according to the instructions on the product label. DEET products should not be used on infants under two months of age and should be used in concentrations of 30 percent or less on older children. Oil of lemon eucalyptus should not be used on children under three years of age.

Be Aware of Peak Mosquito Hours. The hours from dusk to dawn are peak biting times for many

mosquitoes. Consider rescheduling outdoor activities that occur during evening or early morning in areas of high risk.

Clothing Can Help Reduce Mosquito Bites. long-sleeves, Wearing long pants and socks when outdoors will help keep mosquitoes away from your skin.

#### **Mosquito-Proof Your Home**

Drain Standing Water. Mosquitoes lay their eggs in standing water. Limit the number of places around your home for mosquitoes to breed by draining or discarding items that hold water. Check rain gutters and drains. Empty unused flowerpots and wading pools and change the water in birdbaths frequently.

Install or repair screens. Keep mosquitoes outside by having tightly fitting screens on all of your windows and doors.

#### **Protect Your Animals**

Animal owners should reduce potential mosquito breeding sites on their property by eliminating standing water from containers such as buckets,

tires, and wading pools - especially after heavy rains. Water troughs provide excellent mosquito breeding habitats and should be flushed out at least once a week during the summer months to reduce mosquitoes near paddock areas. Horse owners should keep horses in indoor stalls at night to reduce their risk of exposure to mosquitoes. Owners should also speak with their veterinarian about mosquito repellents approved for use in animals and vaccinations to prevent WNV and EEE. If an animal is suspected of having WNV or EEE, owners are required to report to the Department of Agricultural Resources, Division of Animal Health by calling 617-626-1795, and to the Department of Public Health by calling

617-983-6800. More information, including all WNV and EEE positive results, can be found on the Arbovirus Surveillance Information web page at Mosquito-borne Diseases | Mass. gov, which is updated daily, or by calling the DPH Division of Epidemiology at 617-983-6800.

#### LOCAL STUDENTS

EARN ACADEMIC HONORS

#### **MORELLI ON** DEAN'S LIST

Luca F. Morelli of Everett was among more than 1,675 students named to The University of Scranton's Dean's List for the 2023 spring semester. The Dean's List recognizes students for academic excellence. A student must have a grade point average of 3.5 or better with a minimum number of credit hours during the semester

to make the Dean's List. The list includes students from the Jesuit university's College of Arts and Sciences, Kania School of Management and Panuska College of Professional Studies.

Morelli is a sophomore political science major in the University's College of Arts and Sciences. The University

Scranton is a Jesuit university located in Northeastern Pennsylvania.

# DCR announces 2023 Summer **Programs at Breakheart Reservation** permitting. Siblings and

Special to the Journal

The following programs are free and open to the public. All programs meet at the Visitor Center unless otherwise noted. An adult must accompany children. Reasonable accommodations available upon request. Parking fees may apply depending on program location. For more information please call (781) 233-0834 or email Jessica Narog-Hutton at jessica.narog-hutton@mass. gov.

#### **Sundays**

#### **EASY LIKE A SUNDAY MORNING HIKE** 10:00am-12:00pm

Join the Park Interpreter for this weekly guided hike! Each trip will highlight natural and historic features that make Breakheart unique. Hikes will be moderately paced; approximately 2 miles over sometimes uneven and rocky terrain. Best for ages 8 years and up. Heavy rain cancels.

#### Wednesdays STEP INTO THE PAST

## 10:00am-12:00pm

Join our park interpreter on a guided hike to discover the site's history. Topics and routes vary throughout the season. Hikes are approximately 2.5 miles, moderate difficulty, along rocky trails, with several stops. Best for adults and older children with a keen interest in history. Meet outside the Visitor Center. Rain cancels.

#### Thursdays

#### **BREAKHEART BIRDING CLUB** 10:00am-11:00am

Discover some local

Breakheart Reservation. Learn birdwatching basics, how to use binoculars, guide

books, and bird identifi-

cation. Identify and record bird sightings. Bring water, insect repellant. Binoculars

encouraged but not necessary. First time birders welcome!

Best for adults and older children.

#### **Fridays**

#### **KIDLEIDOSCOPE** 10:30am-11:30am

Come join our park interpreter for a story time and nature walk! Complete a small craft and explore the woods! Walks are gently paced and approximately 1 mile, though not accessible for strollers. For ages 3-6, accompanied by an adult.

Activities are indoors and outdoors, weather friends welcome.

#### **Saturdays FAMILY FISHING**

#### 10:00-11:30am Pearce Lake Beach

Join Breakheart park interpreter for a drop-in fishing program! Learn how to fish, what fish live in our ponds, and how to catch and release responsibly. Bait and a handful of rods will be provided but feel free to bring your own gear and fish with us and share your tips! No license required if fishing in this program.

Appropriate for families with children 5 years old and up. Meet at the left side of Pearce Lake Beach. Rain cancels.

**DON'T MISS OUT** 

Wednesday, Aug. 2

#### **FULL MOON HIKE** 8:00 pm-10:00 pm

Visitor Center, 177 Forest Street, Saugus

Join us for a moon rise hike while we talk about the importance of the full moon, moon cycles and phases. There will be camp fire fun and activities. This program for adults and families with children 8 years old and up. Bring a flashlight and dress appropriately! Registration is required, please email jessica. narog-hutton@mass.gov for more information. Meet outside the Visitor Center. Rain cancels.

#### LEGAL NOTICE

#### **LEGAL NOTICE** COMMONWEALTH OF

MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT Norfolk Probate And Family Court 35 Shawmut Road

Canton, MA 02021 781-830-1200 DIVORCE SUMMONS BY PUBLICATION AND MAILING Docket No. NO23D0801DR

Sani No. Lopes

at the Court.

VS.

Lucileis Ramalho Neres To the Defendant: The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for Irretrievable Breakdown. The Complaint is on file

An Automatic Restraining

Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. SEE Supplemental Probate Court Rule 411. You are hereby summoned and required to serve upon: Sani N. Lopes 62 School Street, Apt. 2 Stoughton, MA 02072 your answer, if any, on or before 08/10/2023. If you fail to do so, the

court will proceed to the

hearing and adjudication

of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court. WITNESS, Hon. Patricia Gorman, First Justice of this Court. Date: June 27, 2023 Colleen M. Brierley

Register of Probate 7/12/23

# **LEGAL NOTICE**



The City of Everett requests proposals from qualified firms for Owner's Project Management (OPM) services related to the design, construction and installation of modular buildings for use by the Everett Public Schools. OPM services will commence immediately after contract award. RFQ documents are available at https:// www.Cityofeverett.com after 9 am on July 12, 2023. Sealed responses clearly labeled "Owner's Project Management Services" are due no later than 1:00 PM on a response based on an July 27, 2023 delivered out-of-date solicitation or to the Purchasing Departon information received ment at Everett City Hall from a source other than located in Room 14. the City of Everett.

defects, informalities, and minor irregularities; and to award contracts or cancel this RFQ if it is in the City's best interest to do so. The City of Everett encourages MBE and WBE firms to apply. It is the responsibility of prospective proposers

to check the City of Everett's website for new information any addenda or modifications to any

Proposals will be accepted until that date and The contract will be awarded under M.G.L

solicitation.

149 as amended. Massachusetts General Law requires Criminal Offense Record Inquiry (CORI) checks be conducted on individuals commissioned to do work on certain municipal projects. Contractors shall comply with CORI policies by providing CORI forms for all employees to be working on site, when required by the City. The City of Everett accepts no responsibility and will provide no accommodation to Proposers who submit

> 7/12/23 F۷

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#### CITY OF EVERETT KICKS OFF SUMMER MOVIE NIGHTS

The Everett community gathered at Everett Stadium for a showing of Puss in Boots: The Last Wish

Everett, MA – The City of Everett hosted the first movie night of the summer on Friday, July 7, 2023, with a showing of Puss in Boots: The Last

Many families, kids, and young and older adults brought their own blankets and lawn chairs to sit on the hill at Everett Stadium to watch the movie on the big LED screen thanks to Next Level Gaming Events. It was a beautiful cool summer night that was perfect for watching a film outdoors.

Free popcorn, drinks and ice cream were handed out to all who attended the event to enjoy snacks and refreshments while watching the film.

This movie night is the first in a series that will continue throughout the months of July and August. The goal is to bring Everett residents and families together to enjoy a film suitable for all ages as a community.

Mayor Carlo DeMaria would like to thank all who participated in the event. All are invited to join us for the next Summer Movie Night on Friday, July 28, 2023, at Everett Veterans Memorial Stadium, Cabot Street, for a showing of The Sandlot. Gates open at 6 p.m. and the movie will begin at 7

If you would like to know about all the upcoming events we have planned, please visit cityofeverett.com/calendar/category/events/ list. You can also follow our social media pages on Facebook, Instagram and Twitter. Facebook: @cityofeverettma and @ mayordemaria. Instagram: @cityofeverettma and @ mayorcarlodemaria. Twit-@Mayor\_DeMaria. All are welcome to join us for the many exciting events we have planned throughout the summer.



Attendees brought their own blankets and chairs to grab a seat on the hill to watch the film at Everett Stadium.



City Councilors Stephanie Smith and Irene Cardillo handed out candy to attendees.



Families attended the movie night at Everett Stadium.



Attendees enjoying the free popcorn while watching the



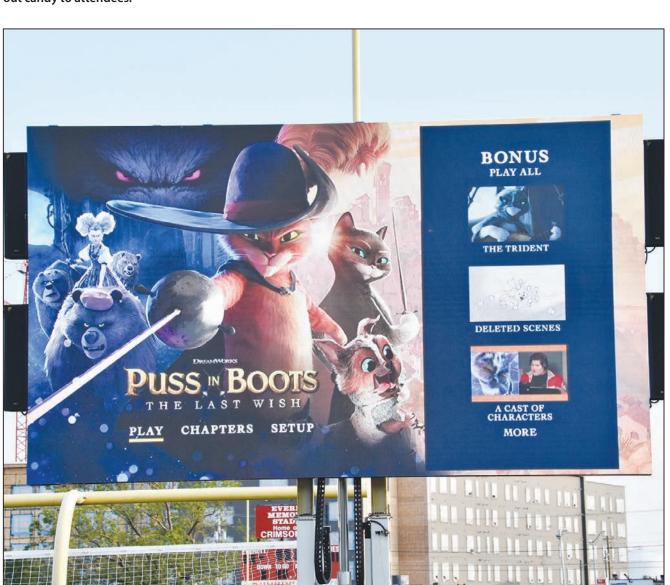
Families attended the movie night at Everett Stadium.



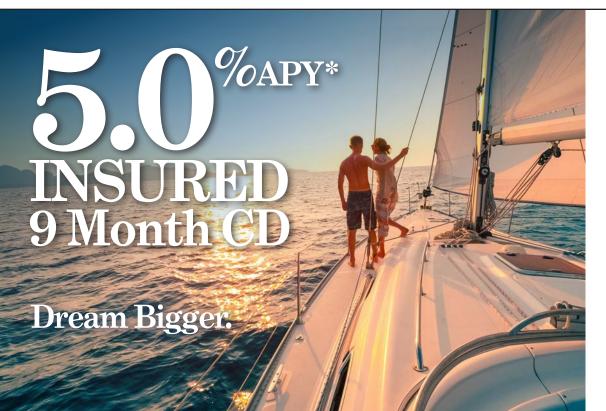


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INDEPENDENT



The first Summer Movie Night of the summer featured Puss in Boots: The Last Wish on the new LED screen.



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