

Everett Independent

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PHOTOS BY KATY ROGERS



Crowd applauding the the headtable guests.

Sen. DiDomenico's St. Patrick's Day celebration a huge success

Special to the Independent

The annual DiDomenico Foundation St. Patrick's Day event hosted by Sen. Sal DiDomenico has become one of the most anticipated events of the year and this year did not disappoint. Over 500 people attended the St. Patrick's Day Roast and saw the top elected officials in the state roasting themselves and each other.

Speakers included Governor Maura Healey, Lieutenant Governor Kim Driscoll, Attorney General Andrea Campbell, Massachusetts State Senate

President Karen Spilka, Boston Mayor Michelle Wu, State Auditor Diana DiZoglio, Senator Lydia Edwards, Representative Dan Ryan, and Boston City Councilor Gabriela Coletta. In addition, over 75 elected officials from state and local government attended, including a large group of DiDomenico's colleagues from the Senate. County officials also included Middlesex County District Attorney Marian Ryan, Suffolk County District Attorney Kevin Hayden, Middlesex County Clerk of Courts Michael Sullivan, Gov-



Sen. Sal DiDomenico thanks all who attended. See pages 7 and 8 for more photos.

ernor's Councilor Terry Kennedy and more!

Rock & Roll, Vocal, and Grammy® Halls of Fame group, The Platters® ("Only You", "The Great Pretender", "Twilight Time") flew into Boston for a special performance that included several Irish favorites. In addition to the traditional Irish dinner, blessing by Bishop Robert Brown of Zion Church Ministries, live Irish music, and bag pipers, there

was the presentation of the Golden Shamrock Award to Liliana Patino of the Eliot Family Resource Center.

Proceeds from the event go to The DiDomenico Foundation, which funds educational scholarships for graduating high school students, as well as a large toy drive during the holiday season for domestic violence and homeless shelters throughout the Greater Boston area.

State supplemental budget funds several of DiDomenico's priorities for children and families

Special to the Independent

Last week, Sen. Sal DiDomenico joined his colleagues in the Massachusetts State Senate in passing a \$368.7 million supplemental budget for Fiscal Year 2023 (FY23). Several DiDomenico priorities were included in this legislation to fund vital services that support vulnerable populations and address food insecurity, housing instability, the state's long-term COVID-19 response, economic development, essential support services for incoming immigrants and refugees, and more. Notably, the bill also extends initiatives first implemented during the COVID-19 pandemic, such as outdoor dining, remote public meeting access, and support for assisted living residences. The bill further authorizes \$814.3 in bonding to bolster the Commonwealth's clean water and other public works projects for cities and towns, as well as to support the Com-



Sen. Sal DiDomenico on the Senate floor.

monwealth's ability to compete for competitive federal grant funds.

"I was proud to vote for this supplemental budget which prioritizes feeding, housing, and financially supporting people across backgrounds in our state," said Senator DiDomenico, Assistant Majority Leader of the Massachusetts Senate. "I am also especially pleased that we have included funding for several of my priorities including the extension of Universal School Meals through the end of the year, supporting early education providers, extending SNAP benefits, and providing wraparound services for immigrants and refugees. I want to

thank Senate President Spilka, Chair Rodrigues, and their staff for bringing the supplemental budget to the floor."

DiDomenico spoke during the Senate debate and highlighted the fact that the bill invests \$368.7 million to address several time sensitive needs for an array of programs relied on by some of the most vulnerable residents of the Commonwealth, including \$130 million for SNAP food assistance benefits to provide a glide path for families who were receiving enhanced SNAP benefits during the COVID-19 pandemic, \$68 million for the Early Education C3 stabilization grant program, \$65 million for the continuation of free school meals, \$45 million for emergency shelter assistance, and over \$40 million to support affordable housing for immigrants and refugees. Other measures funded in the bill include:

\$8.3 million for judgments, settlements, and legal fees

\$7 million for coordinated wraparound services for incoming immigrants and refugees

\$2 million for the reimbursement of SNAP benefits for victims of benefit theft

\$2 million for the preparation and execution of the 114th National NAACP conference, which is taking place in Massachusetts in 2023, which was adopted via an amendment from Senator Liz Miranda

\$1 million for a public awareness campaign to educate the public about the misleading tactics of so-called crisis pregnancy centers and their lack of medical services

\$250,000 for Reproductive Equity Now's free abortion-related legal hotline

The bill also authorizes \$814.3 billion in capital expenditures to support economic development projects. Notably, these include \$400 million for the MassWorks Infrastructure Program, which

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Jay Holt appointed to three-year term on DPW Commission

By Cary Shuman

The Everett City Council unanimously approved the appointment of Jay Holt to a three-year term on the DPW Commission at its meeting Monday night.

Holt worked as a senior mechanic in the Everett Housing Authority for 23 years. He is a well-known youth sports coach in Everett.

Councillors Rich Dell Isola and Al Lattanzi and Council President Michael Marchese all praised the appointment of Holt, who was seated in the audience at the meeting.

"I've known Jay Holt for many, many years," said Dell Isola. "Jay worked for the Housing

Authority for many, many years. He's been involved with every sport that goes on in Everett, so being on the DPW Commission is a great fit, so I'll be in favor of [his appointment]."

"I've known Jay Holt for a quarter of a century," said Lattanzi. "In Everett Housing, he's done quite a nice job. He knows the city. He knows the streets and sidewalks. I think the Administration did a good job by asking him [to serve on the DPW Commission]. As far as sports go, he's given his life to coaching children. He's a great guy and I support him 100 percent."

Said Marchese in concluding the discussion, "We all know Jay. He's a good Everett guy."



City Councillors Al Lattanzi (left) and Rich Dell Isola (right) congratulate Jay Holt following his appointment to the Everett DPW Commission by a unanimous vote at the City Council meeting Monday night.

DEMARIA CONGRATULATES DIBIASO ON RETIREMENT



Mayor Carlo DeMaria (left) congratulated longtime City employee Robert DiBiasi on his 36 years of service with the City of Everett. Robert served in the Department of Public Works Parks Division to help maintain and repair all of our various parks and municipal areas in Everett. Mayor DeMaria presented Robert a citation in recognition of his milestone and wished him luck in all his future endeavors.

Our 02149 Senior Page See Page 5

For the latest news in Everett that you need to know, check everettindependent.com

News in Brief

DeMaria Announces Annual Senior Health Fair

Mayor Carlo DeMaria and The Council on Aging are excited to announce the annual Senior Health Fair, Tuesday, April 4, 2023 from 10am until 1pm at The Connolly Center located at 90 Chelsea Street. This year, we are super excited to receive over 50 vendors that include the Everett Health Department, Cambridge Health Alliance, The FDA, Neighborhood PACE, Mystic Valley Elder Services, The Chelsea Jewish Foundation, The MSPCA and many more. There will be blood pressure checks, glucose testing, acupuncture demonstrations, massage demos, healthy food samples from our Wellness Center, Healthy Eating Program and a few other surprises. It is free to attend this exciting event. For additional information, please contact Constituent Services at 311 or 617-394-2270 and ask to be connected to Dale or Ida at the Connolly Center.

DeMaria Announces Second Annual G.I.R.L.S. Day

Mayor Carlo DeMaria is pleased to announce the City of Everett, Everett Police and Fire Departments in collaboration with the Massachusetts State Police, State Police Association for Massachusetts and Tufts University Department of Public Safety the second annual G.I.R.L.S. Day will take place on Saturday, March 25 from 10am to 3pm at the Recreation Center, 47 Elm Street. G.I.R.L.S. stands for Grit, Intelligence, Resilience, Leadership and Strength. Through this event, we hope to empower Everett youth girls from

ages 5 to 14 to explore these typically male-dominated careers as options for them too. Young women will participate in activities like obstacle courses, mock crime scene investigations, visits to the fire house, physical exercises with state police, finger printing and so much more. This event was started by Everett’s Director of Diversity, Equity and Inclusion Cathy Draine in collaboration with the Massachusetts State Police. It has now become an annual event in Everett as part of the City’s celebration of Women’s History Month. Residents are encouraged to register an interested participant between the ages of 5 and 14 by visiting cityofeverett.com/events/girls-day and scrolling down to the “Register Now” section. If you are unsure if you are able to attend, registrations will be accepted on the day of the event. However, we encourage those who are planning to attend to register in advance.

Get Updated COVID-19 Booster or Vaccination

COVID-19 vaccination clinics offering a \$75 gift card incentive are scheduled in Chelsea on Saturdays and Sundays in March, providing a free, convenient and accessible way for adults and children to stay up to date on COVID vaccinations. No ID or health insurance is required. To find additional clinics that are offering the \$75 gift cards, go to mass.gov/GetBoosted. The gift card offer is only available at clinics on the Get Boosted webpage, while supplies last. If you have questions or need help finding a clinic, you can call 211 (or 877-211-6277).

Boston ranks number 5 on list of America's most congested cities

Special to the Journal

The most congested cities across America have been revealed with motorists driving at an average of just 17.5 mph during rush hour. Car rental experts at StressFreeCarRental.com have crunched the numbers to find the drivers who are spending the most time sitting in their cars. New Yorkers experience the worst congestion in the country - travelling at an average of just 12 mph during rush hour. Motorists in Washington DC and San Francisco experience the second and third worst congestion across the US, with an average travel speed of 14 mph and 15 mph respectively, during peak times. Boston makes the top five of the worst congested cities, taking on average 18.4 minutes to drive six miles. Drivers in Pennsylvania also experience long wait times sitting in traffic, as both Philadelphia and Pittsburgh make the

Rank	City	Average time to travel 6 miles (minutes)	Average speed in rush hour (mph)
1	New York City	24.3	12
2	Washington DC	20.4	14
3	San Francisco	20.3	15
4	Boston	18.4	16
5	Chicago	18	16
6	Baltimore	17	19
7	Seattle	15.3	21
8	Philadelphia	15.2	19
9	Pittsburgh	14.3	22
10	Miami	14.3	21

top 10 list also. Chicago and Baltimore rank at the fifth and sixth worst congested cities in the country, spending almost 20 minutes to travel six miles during peak travel times. Seattle and Miami also have some of the most jam-packed roads across America, with drivers travelling at an average speed of 21 mph during rush hour. A spokesperson for StressFreeCarRental.com said: “It’s unsurprising to see the most densely populated city at the top of the league table

- with New Yorkers travelling at an average of 12 miles an hour at rush hour. “Of the top 10, it’s only drivers in Pittsburgh and Miami who can make a six mile journey in less than 15 minutes. “For motorists in the most congested cities of San Francisco, Washington DC, and New York, the journey will take 20 minutes or more. “Drivers are experiencing slow moving traffic every day - with an average speed of only 17.5 mph during rush hour across the US as a whole. “And many motorists are spending over 40 minutes doing their daily commute because of how congested the city roads have become. “This is frustratingly slow and none of us particularly enjoy spending longer than we already do sitting in our cars while we miss out on things we would rather be doing instead. “But it is surprising not to see some of America’s busiest cities on the list - Pittsburgh ranking above Los Angeles is surprising when you consider the reputation LA has for congestion. “What we might be seeing is the result of differing levels of investment into improving roads and public transport city to city. “As the US tries to improve its air quality, pollution, and reduction of emissions, we need more investment to help traffic flow more freely. “This might involve introducing more congestion charges for motorists in these cities and pumping more funding into improving roads and public transport systems to tackle the issue.” For information on how to drive stress free in any of the world’s major cities please visit <https://www.stressfreecarrental.com/>



Gridlock along Saratoga Street is causing public safety concerns among residents during the morning commute.

Public Shade Tree Hearing Notice

Public Shade Trees are protected by Massachusetts General Laws Chapter 87. The removal of a healthy public tree requires an advertised public hearing.

NOTICE OF A PUBLIC HEARING

Removal of Public Shade Trees – Reconstruction of Ferry Street Project
City of Everett, Department of Public Works

Pursuant to Massachusetts General Laws Chapter 87, Sections 3 and 4, a public hearing will be held on **March 23, 2023, at 6:00 PM, Everett City Hall – 3rd Floor Keverian Room, 484 Broadway, Everett, MA 02149** to consider the removal of the following public trees:

ID #	Species	Diameter	Location
2301	Norway Maple (Acer Platanoides)	20"	4 Crescent Street
2304	Bradford Pear (Pyrus Calleryana)	2"	156 Chelsea Street
2309	Green Ash (Fraxinus Pennsylvanica)	7"	4 Irving Street
2310	Norway Maple (Acer Platanoides)	7"	14 Cannell Place
2314	Norway Maple (Acer Platanoides)	12"	66-72 Ferry Street
2315	Bradford Pear (Pyrus Calleryana)	9"	66-72 Ferry Street
2320	London Plane (Platanus Acerifolia)	5"	190-192 Ferry Street
2321	Bradford Pear (Pyrus Calleryana)	5"	198 Ferry Street
2328	Bradford Pear (Pyrus Calleryana)	3"	Glendale Park
2327	Bradford Pear (Pyrus Calleryana)	11"	Glendale Park
2326	Bradford Pear (Pyrus Calleryana)	13"	Glendale Park
2325	Bradford Pear (Pyrus Calleryana)	12"	Glendale Park
2341	Bradford Pear (Pyrus Calleryana)	13"	Glendale Park
2342	Bradford Pear (Pyrus Calleryana)	18"	Glendale Park
2343	Bradford Pear (Pyrus Calleryana)	20"	Glendale Park
2344	Bradford Pear (Pyrus Calleryana)	9"	291 Ferry Street
2345	Bradford Pear (Pyrus Calleryana)	8"	5-7 Sycamore Street
2348	Bradford Pear (Pyrus Calleryana)	5"	315-335 Ferry Street
2349	Bradford Pear (Pyrus Calleryana)	4"	315-335 Ferry Street
2350	Bradford Pear (Pyrus Calleryana)	4"	315-335 Ferry Street
2351	Bradford Pear (Pyrus Calleryana)	3"	315-335 Ferry Street
2352	Bradford Pear (Pyrus Calleryana)	3"	315-335 Ferry Street
2353	Bradford Pear (Pyrus Calleryana)	3"	315-335 Ferry Street
2354	Bradford Pear (Pyrus Calleryana)	3"	315-335 Ferry Street
2355	Bradford Pear (Pyrus Calleryana)	14"	330-342 Ferry Street
2356	Red Maple (Acer Rubrum)	2"	736 Broadway
2360	Red Maple (Acer Rubrum)	24"	487-489 Ferry Street
2406	Red Maple (Acer Rubrum)	12"	493 Ferry Street
2362	Bradford Pear (Pyrus Calleryana)	12"	507-509 Ferry Street
2363	Bradford Pear (Pyrus Calleryana)	5"	4 Bennett Street
2364	Bradford Pear (Pyrus Calleryana)	3"	520 Ferry Street
2305	Bradford Pear (Pyrus Calleryana)	8"	201 Chelsea Street
2306	Bradford Pear (Pyrus Calleryana)	9"	201 Chelsea Street
2307	Bradford Pear (Pyrus Calleryana)	5"	201 Chelsea Street
2383	Norway Maple (Acer Platanoides)	18"	137 Elm Street
2384	Little Leaf Linden (Tilia Cordata)	33"	143 Elm Street
2387	Bradford Pear (Pyrus Calleryana)	12"	177 Elm Street
2389	Bradford Pear (Pyrus Calleryana)	2"	201 Elm Street
2391	Sugar Maple (Acer Saccharum)	8"	223 Elm Street
2392	Red Maple (Acer Rubrum)	14"	231 Elm Street
2404	Red Maple (Acer Rubrum)	2"	302 Elm Street
2405	Red Maple (Acer Rubrum)	2"	302 Elm Street

The project will include the planting of approximately 90 street trees and an assortment of hedges, perennials, and annuals along Ferry Street and portions of Elm Street.

The tree(s) identified above have been posted for public inspection. Any objections to their removal must be submitted in writing to the Executive Director of Public Works, prior to or during the hearing. The mailing address for the Executive Director of Public Works is:

Everett Department of Public Works
19 Norman Street
Everett, MA 02149
P| 617.394.2286

Attn: Jerry Navarra
Executive Director of Public Works

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COVID-19: STILL A MAJOR THREAT FOR SENIORS

President Biden declared recently that the COVID-19 pandemic officially will be over in May, but in our view, that is just wishful thinking.

In January, the number of COVID-related deaths fell after a holiday spike, but nevertheless numbered about 2,100 among those ages 65 to 74, more than 3,500 among 75- to 84-year-olds, and nearly 5,000 among those over 85. If you add up those numbers, more than 10,000 Americans over the age of 65 died from COVID-19 in January, accounting for about 90 percent of the nation’s COVID deaths that month.

To be sure, this is a much-smaller number than we experienced during the height of the pandemic, but 10,000 deaths per month among America’s senior citizens is still a huge number and there is no indication that those numbers will be declining.

The desire of President Biden and the American people to put the pandemic behind us is understandable, but it is dishonest to do so when so many of our senior citizens are succumbing to this disease.

For the first time in decades, life expectancy in the U.S. has declined over the past three years and continues to do so. The statistics make clear that our nation’s senior citizens are especially vulnerable to COVID-19.

But unless our federal government and all of us take steps to ensure that our seniors are protected, older Americans will continue to die in unacceptable numbers.

SAFE CONSUMPTION SITES ARE THE ONLY WAY TO STEM THE TIDE OF DRUG OVERDOSES

The so-called War on Drugs, which began in the administration of Richard Nixon, has been ongoing in America for more than 50 years.

Putting aside the fact that Nixon began his war on drugs primarily as a means for incarcerating Black and brown Americans (especially for simple marijuana possession), the War on Drugs has failed by every metric imaginable.

We spend roughly five times as much incarcerating people with substance use disorders as it would cost us to treat them, and the return on that expenditure has been meager at best.

The economy loses an estimated one trillion dollars per year (about five percent of G.D.P.) in lost productivity, health care costs, and criminal justice expenditures, among other things.

More ominously, thanks to the recent wave of an opioid crisis that was initiated by our legal drug industry and our faulty regulatory apparatus, more than 100,000 Americans, an all-time high, died from drug overdoses last year. Life expectancy is declining in the United States for the first time in generations largely as a result.

Drug use is soaring and drugs being purchased on our streets are more lethal than ever thanks to the introduction of fentanyl into just about every type of pill and powder that is manufactured and sold by drug dealers, for whom fentanyl is cheaper to produce and easier to transport than heroin. Fentanyl is so potent that a typical car trunk filled with fentanyl would be enough to kill every single American.

Think about that figure for a moment -- and you realize that trying to interdict fentanyl shipments, wherever they might originate, is a game only for fools.

However, there is a solution to this problem which has been used in Portugal and Switzerland for almost two decades: The time has come for our society to treat substance abuse like a public health crisis. We need to repeal outdated laws that push too many people into jails and prisons and not enough into recovery; invest in treatment so that those who want and need help can get it; and replace abstinence-based policies with ones grounded in reality in order to minimize the worst effects of drug abuse.

This would include providing users with clean needles so that they don’t contract or spread H.I.V. or hepatitis C and giving them overdose reversal medications like naloxone.

However, the most significant step we can take is to promote supervised consumption, which is standard in Portugal and Switzerland, so that if users overdose, they don’t die. Supervised consumption programs also entail assisting drug-dependent persons with receiving access to housing and basic medical and mental health care so that they can live in relative stability even when they are not abstinent.

In short, we need to replace the futile goal of eradication with the concept of what is known as harm reduction.

Yes, we realize that some people adamantly are opposed to this point of view. But given that their solution has a proven track record of five-decades of failure, we suggest that a different way of looking at the problem of drug abuse in our country is worth trying.

Dr. Glenn Mollette

If you have worked hard and saved money all your life you may have over \$250,000 in a bank. Or, maybe one of these days you might if you keep working and saving.

You most likely know that only \$250,000 of your money is federally insured. In other words, if you bank fails you might lose any amount above \$250,000. Let’s say you have one half million in your bank. The assets of the bank would eventually be liquidated. If enough money was collected you might receive the rest of your half million or you might never see a penny above the federally insured amount unless you are in Silicon Valley.

The second largest bank failure in U.S. history occurred March 10 in Santa Clara, California. The Silicon Valley Bank failed after a bank run on its deposits. The Department of Financial Protection and Innovation revoked its charter and transferred the business into receivership

under the Federal Deposit Insurance Corporation (FDIC).

SVB is the country’s 16th largest bank with \$209 billion in assets and more than \$175 billion in deposits.

A number of businesses had millions of dollars in the bank.

Roku had just under \$500 million of its 1.9 billion dollars of cash assets in the bank.

Roblox, a video game company said 5% of it’s 3 billion in cash was held at SVB.

Toronto-based AcuityAds Holding had US \$55 million in SVB, and just US \$4.8 million elsewhere. That means more than 90% of the company’s deposits were held in SVB.

Aerospace manufacturer Rocket Lab held almost 8%, or approximately \$38 million, of its total cash at the collapsed bank, it said in a Friday filing.

Crypto lender BlockFi, which filed for bankruptcy in November, disclosed it held \$227 million with SVB in a bankruptcy fil-

ing Friday. BlockFi said in November it had halted withdrawals after facing “significant exposure” to Sam Bankman-Fried’s FTX exchange, as well as its sister hedge fund Alameda.

BlockFi’s money in SVB is not FDIC-insured because it was in a money market mutual fund, the company learned from its bankruptcy trustee early this week. (Source CNN. Com)

Move the calendar from last Friday to this past Sunday.

Federal regulators stepped in Sunday March 12, to back all Silicon Valley Bank deposits, resolving a key uncertainty surrounding the second-largest bank failure in U.S. history hours before global stock markets resumed trading.

The U.S. Treasury, the Federal Reserve and the Federal Deposit Insurance Corp. said the government would back Silicon Valley Bank deposits beyond the federally insured ceiling of \$250,000. The decision addressed con-

cerns around the fate of uninsured funds held at the Santa Clara, California-based bank.

“Depositors will have access to all of their money starting Monday March 13,” the agencies said in a joint statement Sunday evening. “No losses associated with the resolution of Silicon Valley Bank will be borne by the taxpayer.” (Source NBC.COM)

If you have a half million dollars in a bank, you might consider dividing it up into two banks. Maybe the U.S. Treasury will treat you and the people at your bank the same as the millionaires of Silicon Valley. Don’t risk your life savings on this hope.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.

Boston Children’s Chorus names Kenneth Griffith music director



Kenneth Griffith.

Boston Children’s Chorus (BCC) is proud to announce the hiring of Kenneth Griffith as its new music director. A dynamic conductor and educator with more than a decade of experience and a commitment to highlighting diverse musical perspectives, Griffith becomes just the third person in BCC’s 20-year history to lead the organization’s overall musical vision.

Griffith is no stranger to BCC, its singers and their families. He joined the organization in 2021 and most recently served as associate director of choirs, crafting and executing BCC’s creative direction for all its major concerts, managing staff and serving as the primary conductor for the chorus’ Premier Choir.

“Kenneth is an incredible educator, a visionary leader and an inspiring and talented musician,” said BCC Executive Director Andrés Holder. “After scores of applications and hours of community interviews and rehearsals, it became apparent that Kenneth was the perfect fit for this role. Having had the pleasure of seeing him in action every day for the last two years, I am confident Kenneth is the right leader to shepherd BCC into our next decade of transformative artistry both in performance and rehearsal.”

“From the moment I arrived at BCC, I knew this was a special place,” said Griffith. “The BCC community is resolute in its pursuit of justice through youth activism and artistry and is filled with folks who care deeply for the well-being of each other and the organization. I look forward to building on the foundation of amazing programs BCC currently offers as well as re-examining our music education curriculum to ensure that it is accessible, inspiring and affirming to all. I’m also deeply committed to providing unique offerings for our elementary and middle

school-aged ensembles, to spark the next generation of artists and changemakers across this city and beyond.”

Prior to joining BCC, Griffith served as director of choral and chamber music and director of chapel music at Brooks School in North Andover, Mass., where he led multiple choruses, chamber ensembles and winter musicals and gave private lessons in piano and voice. A valued member of the Brooks community, he served on the school’s Diversity Leadership Council and subcommittee for diversity, equity and inclusion for the Board of Trustees. He was also a faculty advisor to the Black Student Union and Gender-Sexuality Alliance.

Griffith has also worked as an assistant conductor for the storied Collegiate Chorale in New York, where he prepared four concerts at the Verbier Music Festival in Switzerland under conductor James Bagwell, and as an assistant conductor with the Concert Chorale of New York. He has served as chorus master at Bard Opera Chorus, associate conductor/bandleader at CATCO Theater in Columbus, Ohio, and assistant conductor at Bard Chamber Singers and Symphonic Chorus in Annandale-on-Hudson, NY. While still in college, Griffith worked as music director at CATCO is Kids children’s theatre in Ohio and assistant conductor of Capital University Chamber Orchestra.

Known for his infectious personality and enthusiasm, Griffith has also

generously given his time to choral organizations in the Greater Boston area outside of BCC. Recently, Kenneth spent four weeks in residency with the choruses at Wellesley College. In 2022, he prepared the opera chorus and ensemble for Odyssey Opera and Boston Modern Orchestra Project’s Grammy-nominated production of Anthony Davis’ X: the Life and Times of Malcolm X. Since 2017, he has served as music director of the Unitarian Universalist Church of Greater Lynn in Swampscott, Mass. and was previously interim choir director for First Parish Church in Concord, Mass. From 2016-17 he worked as music director at the Hackmatack Playhouse in North Berwick, Maine, where he directed productions of She Loves Me and On the Town.

Griffith holds a Bachelor’s of Vocal Performance degree from Capital University Conservatory of Music in Columbus, Ohio, and a Masters in Choral Conducting from Bard College Conservatory of Music.

Boston Children’s Cho-

rus (BCC) was founded in 2003 by Hubie Jones, a civic leader who has worked for six decades to address the social problems facing Boston’s underserved children and communities. Named Boston’s “Ambassadors of Harmony” by The Boston Globe, BCC harnesses the power of music to connect Boston’s diverse communities, cultivate empathy, and inspire social inquiry. BCC choir programs include 10 choirs with singers from 110 different zip codes in and around Boston. BCC presents over 50 performances per season in a wide range of public and private events. They have performed in venues from Boston Symphony Hall, and Royal Albert Hall in London, to Sydney Opera House, and the White House.

BCC is supported in part by the Massachusetts Cultural Council, a state agency, and in part by a grant from the Boston Cultural Council, a local agency which is funded by the Massachusetts Cultural Council, administered by the Mayor’s Office of Arts and Culture.

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National Nutrition Month: Fuel for the Future

your options. Next time you are at a store, select a fruit, vegetable or whole grain that you have never tried. This can increase the demand for different foods and promote a more diversified farming system. Smart nutrition tip: Eat a variety of fruits and vegetables, especially those that are colorful, dark green, red and orange, for more nutrients. (Beans, peas and lentils are also a good choice!) If you choose to buy canned or frozen vegetables, make sure you choose “low salt” or “no salt” options.

8. Always include a variety of foods, focusing on Vitamin B12 and calcium as you get older. Look for fiber-rich cereals--they are fortified with vitamin B12, which is a nutrient that decreases in absorption as we age or due to some medications. Improve bone health by consuming more calcium. Older adults need more calcium and vitamin D to help keep bones healthy. Be sure to include three servings of fat-free or low-fat milk, yogurt or cheese each day.

To find out more about this year's Fuel For the Future Campaign visit: https://www.eatright.org/-/media/files/campaigns/eatright/nnm-2023/english/tip-sheets-english/nnm_2023_20-health-tips.pdf

By choosing water or zero calorie drinks like tea and coffee, you can avoid many health problems associated with high blood sugar, such as diabetes, obesity, and

4. Eat as a family a few times each week. Set a regular mealtime and turn off the TV and phones to encourage mealtime talk. Generally, when you eat as a family you are cooking at home and relaxing around your dining table. Family style meals also tend to be higher in fruits and vegetables. And, many times when we buy takeout

DURING THE MONTHS OF MARCH + APRIL
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Words may be horizontal, vertical, diagonal, or backwards.

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ANSWERS

Horizontal words found:

- ANCHOVY (Row 2, Column 8)
- BULGUR (Row 3, Column 8)
- CHEDDAR (Row 4, Column 8)
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Vertical words found:

- DAIKON RADISH (Column 1, Row 5)
- ENDIVE (Column 2, Row 5)
- FREEKEH (Column 3, Row 5)
- GRAPES (Column 4, Row 5)
- HONEYDEW (Column 5, Row 5)
- JACKFRUIT (Column 6, Row 5)
- KEFIR (Column 7, Row 5)
- LENTILS (Column 8, Row 5)
- MUNG BEANS (Column 9, Row 5)
- NECTARINES (Column 10, Row 5)
- OATS (Column 11, Row 5)
- PISTACHIOS (Column 12, Row 5)
- RASPBERRIES (Column 13, Row 5)
- SOYMILK (Column 14, Row 5)
- TRUCKEE (Column 15, Row 5)
- WILD RICE (Column 16, Row 5)
- YUCA (Column 17, Row 5)

Diagonal words found:

- ANCHOR (Column 1, Row 1) to (Column 17, Row 17)
- CHERRY (Column 1, Row 1) to (Column 17, Row 17)

FRESH AND LOCAL

Tinned fish

By Penny & Ed Cherubino

Lately, we’ve enjoyed more meals and snacks using tinned fish. When pandemic delivery and supply chain issues made protein hard to find, we had stocked up on canned tuna, salmon, clams, smoked trout, sardines, and even some canned chicken.

Now we’re in the process of rotating our supplies. We’ll continue to buy these products because we’ve learned just how handy it is to have them on hand and have developed meals to make with them.

Expanding Our Options

In 2020, New York Times editor Sam Sifton wrote about his delight in using canned fish. His column sent us looking for more recipes and reference material on the topic. We found “The Magic of Tinned Fish” by Chef Chris McDade. The range of canned seafood that he included was in the subtitle, “Elevate Your Cooking with Canned Anchovies, Sardines, Mackerel, Crab, and Other Amazing Seafood.”

We found even more options as we explored the best sources for these

products. Beyond the canned fish products in our pantry, we discovered sources for tinned mackerel, crab, mussels, oysters, sea urchin, squid, octopus, scallops, cuttlefish, cod, cockles, and swordfish.

Sharing Tinned Fish

When a neighbor brought a lovely spread to share on a roof deck gathering, we discovered smoked trout. It was simply a can from Trader Joe’s mixed with a bit of yogurt, and lemon served on multi-grain crackers. It was delicious and healthy.

In his article, Shifton quoted acclaimed Chef Erin French, who owns the Lost Kitchen in Freedom, Maine. She has said of tinned fish, “It’s not bunker food. It’s sexy picnic food.” As opportunities for alfresco fun return, consider a tinned fish party. This is an excellent way to expand your experience and discover which canned fish options you want to buy again.

Miye Bromberg from America’s Test Kitchen has offered guidance on what you might feature. “Budget one tin per person—one and a half if people are hungry,” she wrote. “If you’re a bigger group, get a variety so that

people can try different types: not just sardines and tuna but also mussels en escabeche, octopus, squid, clams, etc.” That, with lots of good bread, crackers, crunchy crudité’s, briny pickles, capers, cornichons, and pickled peppers, would give you the basics.

Find the Best

Since 1853 tinned fish has been part of Portugal’s culinary heritage. We’ve just begun to see tinned fish on local restaurant menus. However, Lisbon is known for restaurants and shops specializing in canned seafood. In this culture, well-conserved canned seafood has been a trusted and favored source of protein for meals and snacks. You could start exploring by choosing a premium Portuguese brand.

Consider a day trip to Fall River and visit Portugalia Marketplace. Sauer magazine called them “America’s Best Portuguese Market.” They also offer online ordering and delivery.

Recently, Island Creek Oysters in Duxbury has partnered with companies in Portugal, Spain, and Canada to add canned products to their fresh seafood offerings. In Janu-



As opportunities for alfresco fun return, consider a tinned fish party. It’s easy. Pop open the cans and enjoy!

ary, they announced they would open their own can- nery in New Bedford.

Patagonia Provisions is another trusted brand with a wide range of tinned seafood offerings. This speaks to the usefulness of this source of protein when dining in the great outdoors.

Make 2023 your year to expand your experience with tinned fish in restau- rants, sharing with friends at home and alfresco. And, as we’ve learned, these products are perfect to keep on hand as both pantry and emergency supplies.

Do you have a ques- tion or topic for Fresh & Local? Send an email to

Penny@BostonZest.com with your suggestion.

Joint Committee on Ways and Means to hold budget hearing in Gloucester

The Joint Committee on Ways and Means will hold a hearing on Governor Maura Healey’s FY2024 budget proposal, on March 31 at 11 a.m. covering the topics of economic development, housing, and la- bor. State Representative Ann-Margaret Ferrante (D-Gloucester) and State Senator Lydia Edwards (D-Boston) will co-chair the hearing. Testimony is by invitation only; the hearing will be open to the public for viewing, both in person and on MAlegisla- ture.gov.

“The state budget is the most important piece of legislation that is passed annually. Although those testifying will be from state government, secre- tariats and agencies, this hearing gives the public the opportunity to view

the budget process,” said Rep. Ann-Margaret Fer- rante (D-Gloucester). “I’m glad that my constituents, the residents of Cape Ann, will have the ability to see the budget process up close and personal, espe- cially as we hear testimo- ny on some of the most important issues facing the Commonwealth such as economic development, housing, labor, the arts, and state libraries.”

“Every budget is an opportunity to center peo- ple, jobs, housing, and the economy. It is a demon- stration of financial stew- ardship and commitment to people. I’m proud to chair this hearing with Vice Chair Ann-Marga- ret Ferrante and bring the budget process to the peo- ple,” said Senator Lydia Edwards (D-Boston).

Residents of Winthrop, Revere, and Boston are encouraged to attend or listen in on MAlegisla- ture.gov.

The meeting will be held at Cruiseport Gloucester, 6 Rowe Square, Glouces- ter, Massachusetts

Those agencies in at- tendance include: Joint Committee on Ways and Means, Executive Office of Housing and Economic Development, Consumer Affairs and Business Reg- ulation, Dept. of Business Development, Dept. of Housing and Community Development, Executive Office of Labor and Work- force Development, Dept. of Labor, Board of Library Commissioners, Mass. Cultural Council, Com- mission on the Status of Women, Cannabis Control Commission

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Anthony DiPierro and City Councilor Al Lattanzi.



Gov. Maura Healey and Everett City Council Al Lattanzi.



Lt. Gov. Kim Driscoll and Everett City Councilor Al Lattanzi.



Charlestown Neighborhood Council President Tom Cunha, with Sen. Sal DiDomenico.



School Committee member Vice Chair McLaughlin, School Committee Chair Mike Mangan, Sen. Sal DiDomenico, and Cary Shuman.



??? and Richard O'Neil.



Rep. Ryan, Dr. Sarah Neville, Chelsea School Committee member Roberto Jimenez Rivera, and Rep. Sam Montano.



School Committee Vice Chair Michael McLaughlin, Mayor Carlo DeMaria, Bishop Robert G. Brown, and John Tocco.



Sen. Sal DiDomenico, his wife, Trisha DiDomenico, who is the president of the DiDomenico Foundation, and members of the DiDomenico family.



Representing the For Kids Only AfterSchool Program, front row, from left, Lisa Carrieri, Gabe Carrieri, Chris Crombie, and Daniel Shenk-Moreno. Back row, from left, FKO Executive Director Deborah Kneeland Keegan, Briana Flannery, Nicole DeSimone, Linda Vecchia, and Ron Vecchia.



The Joint Committee for Children's Health Care in Everett was well represented at the DiDomenico Foundation's St. Patrick's Day Dinner.



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SEN. DIDOMENICO’S ANNUAL ST. PATRICK’S DAY CELEBRATION A HUGE SUCCESS

PHOTOS BY KATY ROGERS



Senator Lydia Edwards delivering one of her jokes.



Governor Maura Healey with Tricia and Sal DiDomenico.



Councilor Ruthzee Louijeune, Senator Lydia Edwards, Mayor Michelle Wu and Councilor Gabriela Coletta with members of GreenRoots.



Attorney General Andrea Campbell speaking to the crowd.



Suffolk County DA Kevin Hayden, Dan Skeritt, School Committee Member Mike McLaughlin.



Bishop Brown giving the Blessing.



Mike Dantone, Councilor Rich Dell Isola, Roger Thistle and Paul Smith.



Members of the Everett School Department enjoying the event.



Senator DiDomenico with members of the Everett Teachers Association.



Group from the Everett Haitian Community Center enjoying the night.



Members of the Chelsea Black Community enjoying the evening.



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Senator DiDomenico with students from the Everett High School Culinary Department.

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NEWS FROM AROUND THE REGION

OBITUARIES

BIDDING FAREWELL TO MARIA BELEN POWER

CHELSEA - Chelsea-based GreenRoots held a farewell party for Assistant Executive Director Maria Belen Power, who began in her new position Monday as Undersecretary of Environmental Justice and Equity in the Governor Healey Administration.

GreenRoots Executive Director Roseann Bongiovanni, staff, and friends honored Power’s outstanding work in the organization at the celebration held March 2 at Lime Restaurant, Chelsea.

Bongiovanni opened the speaking portion of the program, praising Power’s diligent efforts during her tenure at GreenRoots.

“Over the last ten years of working with Maria Belen, I have seen her grow into a dynamic, powerful advocate for environmental justice, climate justice and a just transition from the fossil fuel economy,” Bongiovanni told the many guests in attendance. “She has fought locally in Chelsea and East Boston, in the Greater Boston area, statewide and all the way to the White House. Her voice, passion and dedication on the state level can and will lead to the changes we all have been advocating, waiting for and holding our breath for, for the last several decades. Maria Belen, we are instilling in you all of our faith for major structural changes – no pressure of course – but remember, our protest signs and bullhorns are always ready!

“Over the course of the last ten years, I knew I would have a colleague in the fight for environmental justice and a partner committed to the success of GreenRoots, what I didn’t expect was the friendship and sisterhood we would develop. Together with Yari, our triumvirate has been through good times and bad, through anger and happiness, through sweat and tears, through babies and death, through packing and unpacking, celebrating and protesting – through it all we have been there for and with one another. We have a friendship and partnership that will stand the test of time.”

State Rep. Judith Garcia offered her congratulations to Maria Belen Power while lauding her work for the people of Chelsea.

“Chelsea has a long history

of special leaders, and Maria Belén is one of those jewels. I’ve witnessed her work ethic and passion, and I know that in her new role, she will continue to use her skills to implement environmental justice in Chelsea and in communities across the state,” said Rep. Garcia.

BPDA PRESENTS UPDATES ON ZONING

EAST BOSTON - At its Neighborhood Residential Workshop on Thursday, March 2, the Boston Planning and Development Agency (BPDA) presented updates to its zoning recommendations initially revealed to residents in October.

The original zoning recommendations in October called for zoning to focus on the dimensions of a building rather than its use. The updated recommendations discussed at last week’s meeting include setting unit density limits, reducing allowed building size, changing off-street parking requirements, and more.

These revised recommendations come from months of community engagement meetings with numerous neighborhood and civic associations to better gauge feedback regarding the initial draft proposal.

“It probably will not surprise you that what we heard in response really ran the gamut. From folks who strongly opposed any changes to how zoning works today to folks who actually felt like our recommendations did not go far enough in some ways,” said BPDA Senior Planner Kristina Ricco.

“These are proposed changes to draft recommendations intended to directly address the feedback we’ve received.”

Regarding the unit density limits, the BPDA proposes that for a majority of East Boston, most lots would allow no more than three units and an additional dwelling unit (ADU) inside a building. However, lots greater than 50 feet wide would allow for no more than six units and an ADU.

Additionally, elsewhere in East Boston, such as the top of Orient Heights Hill, parts of Bayswater, and a portion of Harborview, every lot would be limited to buildings with no more than two units and an ADU.

ADUs, which allow homeowners to create an extra unit in their homes by converting rooms like basements and attics, could potentially serve as a way to preserve existing housing. Especially considering the city offers to provide loans to build ADUs to those who qualify.

In conjunction with the unit density limits, the BPDA is proposing limits on allowed buildable area. These restrictions for lots themselves would include requirements on front, side, and rear yard setbacks and the introduction of a maximum lot coverage.

As for the building’s restrictions, they include the height and would introduce limits on width, depth, and a maximum floorplate.

“Limits on buildable area plus the unit density restriction work together to create the sort of – not only the form, but the density that I think are familiar to people,” said Ricco.

For example, Ricco explained that for most parcels in the neighborhood, new buildings would be similar to three-deckers that are prevalent in East Boston. As for larger lots, they would contain buildings similar to a paired three-decker.

“It’s the intention that we really focus on a building form that is very familiar to people,” said Ricco.

Similarly to the unit density restrictions, the area at the top of Orient Heights Hill, parts of Bayswater, and a portion of Harborview differ from the rest of East Boston. The new proposal limits the height for buildings in this area to 2.5 stories rather than three and reduces the allowed building footprint.

In addition to the unit density and building area restrictions, the BPDA is also proposing to waive the off-street parking requirement for buildings with three units or fewer. This recommendation is in an effort to “retain and expand tree canopy, preserve on-street parking, and reduce impervious surfaces.”

For those residents who gave feedback during the question and answer portion of the meeting, it seemed like the updates left much to be desired.

One of the main issues residents had, especially those from Orient Heights, was with the plan’s ability to preserve single and two-family homes.

“I think a lot of what you heard was that we would

like to preserve our single and two-family housing, and I did not see that listed as anything that you’ve heard, but I’ve been copied on at least 40 emails that I know have been sent to you – so I know you’ve seen it maybe you haven’t heard it, and I think its time that you start to hear it,” said resident John Casamassima.

“If you look at the objective of this plan, it was to preserve, enhance, and grow, and all I’m seeing is grow, grow, grow.”

Several residents also had a problem with the proposal to remove the off-street parking requirement for certain buildings.

“For those people who think – as a planner – that two cars in front of one of these buildings will more than satisfy the need for parking – to me, that’s laughable,” said resident Mary Berninger.

“We want to be able to use our cars the way that we want to use them, and that means they should continue to require on-site parking for anything that gets built or gets changed.”

Another big issue that was brought up was the lack of trust in the Zoning Board of Appeal (ZBA) and its actual enforcement of the potential zoning changes in terms of granting variances.

One resident said, “There’s nothing that says that they [the ZBA] won’t provide variances like they have been doing for the last 10 to 15 years. There’s no guarantee that you can provide us for that, and that’s why a lot of us are angry because we’ve had to deal with these, and you’re making it sound like it’s a guarantee.”

As there will surely be more feedback on this newest draft for zoning in East Boston, the following steps for this planning endeavor include a Spanish-language community meeting in April. Also, a final draft of the recommendations is slated to come sometime in May.

VISCONTI, KEEFE, ANNOUNCE RUN FOR MAYOR

REVERE - With news of Mayor Arrigo not seeking reelection getting around, local officials have begun to announce their intentions to run or not to run for the office of Mayor or Revere. The following are their statements.

See REGION Page 10

Gloria Rauseo

Of Everett



Gloria (DiPietro) Rauseo of Everett passed away on March 7 surrounded by her loving family at the age of 95.

Born in Chelsea on June 6, 1927 and raised in Revere to her late mother Maria (Santosuosso) and her late father Arcangelo DiPietro, she was the beloved wife of 45 years to the late Antonio “Anthony” Rauseo, cherished mother of Anthony Rauseo Jr. and his wife, C.J. of Maine, John Rauseo and his wife, Lori of Topsfield and Paul Rauseo of Chicago, IL; adored grandmother of Chris Rauseo and his wife, Cary, Jennifer Hoffman and her husband, Eric, Brooke Camuso and her husband, Michael, Jessica Rauseo and her fiancé, Zack Chavez and great grandmother of Evelyn, Josie and Travis; dear sister of the late Louise Roderick, Carmine, Vito and Joe DiPietro. Caring sister-in-law to Angela Conrad and her late husband Robert, Rita Tecce and her husband Sal, Joanne Rauseo and her late husband Sal, and the late Michael and Mary Rauseo, and the late

Al and Mary Odian. Also survived by many loving nieces and nephews. Relatives and friends are kindly invited to attend a Funeral Mass at St. Anthony’s of Padua Church, 250 Revere St, Revere on Saturday, March 18, 2023 at 11:00am. Interment Holy Cross Cemetery. In lieu of flowers donations can be made in Gloria’s name to the Alzheimer’s Association, 225 N. Michigan Ave. Floor 17, Chicago, IL 60601 or at www.alz.org. For guest book please visit www.buonfiglio.com.

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CHURCH News

Mystic Side Congregational Church

News and Notes

Mystic Side Congregational Church is located in Everett, on Malden-Everett border, at 422 Main Street. We offer a warm, inviting atmosphere, and all are welcome. Our Sunday Church service starts at 10:30 a.m. and Communion is offered on the first Sunday of each month. A very pleasant coffee hour

and socializing follow our services. Parking is available in our lot next to the church on Wyllis Ave. (one way off Main Street). We look forward to welcoming you this Sunday.

**Mystic Side
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Zion Church - Everett

News and Notes

Bishop Robert G. Brown and Zion Church Ministries invites you to join us every Sunday at our 10:00 a.m. Worship Service for a time of worship, praise and preaching, at 757 Broadway, Everett, MA. You can also join

Zion Church Ministries via livestream on Facebook and YouTube.

For more information, they can be reached online at zionchurchministries.com or via email at office@zionchurchministries.com.

Glendale United Methodist Church

News and Notes

Glendale United Methodist Church is open to all and we welcome people of all faiths, race, nationalities and sexual preference. No one is ever turned away. If you are looking for a new home church, we would like you to check us out and let us know what we can do to make church a better fit in your life.

Bible Study: Consider joining us for Bible study on Sunday. We meet in the Church Parlor off the Chapel from 9:30 to 10:00 a.m.

Sponsor the bulletin! For a \$5 donation, you can dedicate the Sunday bulletin to recognize family, friends, or special occasions. There is a sign-up sheet in the Pastor's study. Feel free to choose your particular week and leave a copy of your dedication in the mail in that is on the Pastor's door. Please contact the Pastor if you have any questions.

Boy Scout Troop 814: Meet in Cooper Hall on Tues. evenings from 6-9 p.m. Cub Pack 11 meets on Saturday mornings.

NA Meetings – Mon.

Bring Your Own Book 7:30 – 9:30 p.m.; Thurs. I Can't But We Can, 8:00 7:30 – 9:30 p.m.

AA Meeting – Saturday evenings from 6:30 to 8:30 p.m.

Pastor's Office Hours: Saturdays 10 a.m. to 2 p.m. Other times by appointment.

Bread of Life Donations – This outreach is being done to honor the United Methodist Women's Group, who for so many years were our outreach source. Please bring any food item(s) to church and place in the box located on the altar.

We are on the Internet
<http://www.glendaleumc-everett.org>
Glendale United Methodist Church
Pastor David Jackson
392 Ferry Street (across from Glendale Towers)
Please enter the church by the driveway on Walnut Street
617-387-2916
PastorDavidJackson58@gmail.com
Pastor's Office Hours: Saturdays 10 a.m. to 2 p.m. Other times by appointment.

Glendale Christian Lighthouse Church

News and Notes

Sunday 10:30 a.m. Worship service.

Weds. hour of Power, worship, prayer and Bible Study, via Zoom.

“Whatever you do, work at it with all your heart, as working for the Lord, not for human masters,” Colossians 3:23

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02149**
617-387-7458
Rev. Larry Russi, Sr.
Pastor
**pastorlarry@
thelighthousechurch701.net**

Church at the Well Everett

News and Notes

Church at the Well Everett is a new church for Everett. Check us out on Facebook at www.facebook.com/churchforeverett to view weekly devotions and updates, visit us at www.foreverett.church

to sign up for our newsletter and see how we can help you, or connect with the Everett Community Aid Network at www.everettcan.com to request any additional help.

Grace Anglican Episcopal Church

News and Notes

Grace Anglican Episcopal Church is open & welcoming to all.

There are 2 services on Sundays: 10am English, 1pm South Sudanese Dinka

Come all and let us walk together in this sea-

son of hope, renewal and new beginnings.

**Grace Anglican
Episcopal Church**
**67 Norwood Street,
Everett, MA**
Church Phone
617-387-7526 or
617-389-5765

Region / CONTINUED FROM PAGE 9

Patrick Keefe, Jr.

City Council President Patrick Keefe released the following statement about his candidacy for Mayor of Revere:

“The announcement made by Mayor Arrigo is still relatively fresh, but my family and I have taken the last week to process what this news means for us and our city.

The city's accomplishments over the last few years have been transformative, and I'm proud to support and advocate for our continued progress. With all of our current successes we've had, it is important to remember that the work must carry on. It is the only constant.

The next leader of our city should use our last eight years as our foundation and continue moving the city forward.

I know that my calling has come and that I have the experience, leadership, and unmatched work ethic to get the job done.

In the coming weeks and months, I will continue to speak with the many stakeholders in Revere. Everyone, from our residents, business owners, and city staff, will help establish our plans moving forward. I look forward to meeting with and listening to all of you.

But for now I want Revere and all of its residents, young and old, to know that I bleed Revere, I believe in Revere, and I'll be there for Revere. The City of Revere has been at the center of my family's life for the past 20 years and that's not going to change.

I'm all in.

KeefeForRevere2023
#BelieveinRevere”

Gerry Visconti

Councillor-at-Large Gerry Visconti released the following statement about his candidacy for Mayor of Revere:

It has been humbling to receive so many calls, emails, and texts encouraging me to run for Mayor of Revere. This city is my home, where my wife and I have chosen to raise our 4 children and own a business in. I love this community and I am proud of the

work we've done thus far. With a transition coming this fall, I believe now is the time for new vision and leadership. As a result, I am announcing my candidacy for Mayor.

From speaking to fellow residents at athletic fields, restaurants, and even city council meetings, one thing has become clear; far too many of us are identified by who we voted for in the past elections.

Our national politics have crept into local elections. Hate and vitriol have consumed much of our time and held us back as a city. If given the opportunity, I will be a Mayor for each and every Revere resident; whether it be a lifelong resident or a new resident that chose this city to call home. In the coming months, I look forward to talking with residents, sharing my vision for Revere, and earning their support. I want to be the candidate to get us past political divisions, working together for a better Revere.

Steven Morabito

Councillor-at-Large Steven Morabito released the following statement about his candidacy for Mayor of Revere:

“A mayoral run is definitely on my radar. Currently, I am having lots of conversations with family, friends, residents, and people across the political spectrum before I make a formal announcement.”

Jessica Giannino

Representative Jessica Giannino (D-Revere) announced she would not seek election for Mayor. The recently appointed House Vice-Chair of the Joint Committee on Children, Families and Persons with Disabilities stated, “I am humbled by the calls and messages of support encouraging me to run for mayor. I love my job as State Representative, and believe I can serve the people of Revere best in the House. I am thankful to Speaker Mariano for appointing me to a leadership position and I am eager to get to work on legislation to improve the quality of life for the residents of my district and the Commonwealth.”



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GROWING UP WITH AN
UNFAIR ADVANTAGE.

POLIO.

As one of the last American children to contract polio, Jeffrey Galpin grew up in a world of iron lungs and body casts, alone with his imagination. His story would be dramatic enough if it was just about his battle with this dreaded disease.
But Jeffrey Galpin did more than survive polio. He went on to a list of achievements in medical research—including being the principal investigator in applying the first gene therapy for HIV/AIDS.
Dr. Galpin actually credits his own incurable condition for giving him the focus that made him so passionate in his research. His story leaves us with two of the most contagious messages we know. Don't give up, and remember to give back. If Dr. Galpin's story inspires just one more person to make a difference, then its telling here has been well worth while.

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CITY CELEBRATES ST. PATRICK’S DAY AT THE CONNOLLY CENTER

PHOTOS COURTESY OF THE CITY OF EVERETT AND CARY SHUMAN

Mayor Carlo DeMaria, the City of Everett, and the Everett Council on Aging held a St. Patrick’s Day Luncheon for seniors March 9 at the Edward G. Connolly Center.

COA Executive Director Dale Palma welcomed more than 200 guests to the luncheon.

Guests enjoyed a corned beef and cabbage dinner and dessert. DJ Chris Fiore provided the musical entertainment.

The event was very well organized. Everyone had a great time.



State Rep. Joe McGonagle speaking to attendees.



DJ Chris entertained everyone at the Connolly Center.



There was plenty of dancing on the dance floor.



The Boston Rovers performing.



Seated are Gerry Foster, Arlene Weaterham, David Ennamorati, Judith Orlandino, Mary Lou Bigelow, and John O’Keefe. Back row are Louise Donatio, Lorraine Bernardi, and Eleanor Alberghini.



There was plenty of dancing on the dance floor.



Attendees celebrating St. Patrick’s Day at the Connolly Center.



Doing a great job at the St. Patrick’s Day Luncheon was this contingent of Council on Aging leaders, city officials, staff, and volunteers. Seated, from left, are Jack Darrigo, Joanne LaMonica, Veterans Affairs Director Antoine Coleman, and Catarina Patterson. Standing, from left, are Carol DelloRusso, Mathew Napolitano, COA Executive Director Dale Palma, Andrea Romboli, Anne Wisniewski, and Marie Dillon.



Enjoying the St. Patrick’s Day Luncheon are members and friends of the Everett Council on Aging. Front row are Carol Garrett, Ann Wisniewski, COA Executive Director Dale Palma, Marie Dillon, and Rachel DiSchino. Back row are Sharon White and Cathi Connors.



Seated are Maria Finnigan, Dorothy Simonelli, Carol Mahoney, and Margaret Spinney. Among those standing are Claire Kwiatkowski, Christine Bellekevitz, Judy Morency, and COA Executive Director Dale Palma.

Award winning journalist and author at the Parlin Memorial Library March 22

On Wednesday, March 22nd at 7:00 pm, the Parlin Memorial Library is honored to host author Hank Phillippi Ryan. She will discuss her new book, The House Guest, a story of psychological manipulation that explores the dark heart of marriage and friendship. It is Gaslight meets Thelma & Louise. The Library Journal starred review calls it “binge-worthy!”

You may know Hank Phillippi Ryan as the on-air investigative reporter for Boston’s WHDH-TV where she has won 37 EMMYs, 14 Edward R Murrow Awards, and dozens of honors for groundbreaking journalism. But



Hank Phillippi Ryan.

did you know that she is also the USA Today bestselling author of 14 novels of suspense and multiple awards for her crime fiction? She has won five Agatha Awards, five Anthony Awards, and the coveted Mary Hig-



gins Clark Award. Her novels have been named Best Thrillers of the Year by Library Journal, New York Post, BOOK BUB, PopSugar, and Real Simple Magazine.

Join us for a thrilling evening!

Parlin Adult and Teens
Yarn Club Parlin Fireplace Room. Tuesday, March 21st at 7pm. Come chit chat and stitch! Bring your crocheting, knitting, or any other yarn craft and sit and socialize with other members of the crafting community. Recommended for ages 14-109!
Bingo! Parlin Meeting Room. Wednesday, March 22nd at 1:00 pm. Can’t get enough Bingo? Join us for our Bingo afternoon! Prizes awarded. We have space for 12 people. If you have any questions, call (617) 394 2300.
Author Event - Hank Phillippi Ryan. Parlin Meeting Room. Wednesday, March 22nd at 7:00 pm. The House Guest is

another diabolical cat-and-mouse thriller from the USA Today bestselling author. Which character is the cat, and which is the mouse? Coffee and pastries provided by The Friends of the Everett Libraries.
Parlin Childrens
Crafts for Kids. Parlin Children’s Room. Tuesday, March 21st at 3pm. Hello spring! All kids ages 3 and up are welcome; please come and join the fun! Registration is required. Sign up online or at the Parlin Children’s desk.
Friday Family Movie Night! Parlin Meeting Room. Friday, March 24th at 3 pm. Break out the popcorn! Come and watch Lilo and Stitch with your friends and family.

Shute Adult and Teens
Resume Writing, Shute Adult Department. Do you need help sprucing up an old resume or creating a new one? Sign up for a thirty minute session at both the Parlin and Shute Libraries. By appointment only. Please call 617-394-2302 for the Parlin Library and 617-394-2308 for the Shute Library to register for an appointment.
Computer Basics 101. Shute Adult Department. Not familiar with the computer? Learn the basics how to start up and shut down a computer, perform mouse and keyboard functions, use applications, learn Microsoft Word, navigate the Internet, set up an email account, and more!

MBTA reminds riders to allow for extra time due to repairs and verifications

The MBTA is advising riders to plan for additional travel time and longer headways on the Red, Orange, Blue, Green, and Mattapan Lines this week as MBTA engineers continue to perform repair validations and speed verifications following a Department of Public Utilities (DPU) site visit last week. Riders are encouraged to use the T’s Trip Planner tool at mbta.com/trip-planner for a list of travel options, including bus routes that run parallel to subway service.

On Friday, the T replaced the global speed restrictions on the Red, Blue, and Orange Lines

with targeted block speed restrictions between 10-25 mph in areas that still needed to be inspected or where track conditions do not permit normal speeds. The Green and Mattapan Lines remain under a global speed restriction of 10-25 mph while inspections continue.
MBTA crews remain in the field verifying that speeds are appropriate for sections of track identified by recent geometry car testing that may require mitigation, meaning the results of the testing matches field inspections by MBTA track engineers and independently verified by third party con-

sulting engineers. Once speeds are verified, the T will proceed with validating that track defects identified in the geometry testing were repaired during previous work or report where repairs remain pending.
“We understand that riders are frustrated, and we thank them for their patience as we work hard to deliver the reliable system they expect and deserve,” said MBTA Interim General Manager Jeffrey Gonneville. “The decision to implement these speed restrictions was taken because the safety of our riders and employees is a top priority. We will con-

tinue to keep riders updated as we develop a timeline for the completion of this work and a return to a more normal schedule.”
Block speed restrictions of 10-25 mph remain in place on the heavy rail subway lines. This represents 31.9% of track. There are 19 block speed restrictions on the Orange Line, 39 on the Red Line, and six on the Blue Line. These are in addition to speed restrictions that had previously been in place on these lines prior to the March 9 system-wide slow order. A block speed restriction is a length of track that may include multiple defects that need

to be investigated or mitigated. As each defect is validated and corrected as needed, the length of the block speed restriction will be reduced until the block is fully removed.
A track geometry car is used to test several parameters of track geometry including measuring position, curvature, alignment of track, smoothness, and the cross level of the two rails. The car uses a variety of sensors, measuring systems, and data management systems to create a profile of the track being inspected. The MBTA instituted global speed restrictions last week because the Authority was

not satisfied with the quality of the documentation that supports the mitigation that followed recent geometry car testing. The MBTA typically performs geometry testing twice each year. The last series of geometry testing took place in the fall of 2022 and February 2023. The MBTA is performing a full and complete review of the circumstances that led to this situation.
For more information, visit mbta.com, or connect with the T on Twitter @MBTA, Facebook / TheMBTA, Instagram @theMBTA, or TikTok @thembta.

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