

Everett Independent

Published by the Independent Newspaper Co.

Wednesday, August 24, 2022

BOOK YOUR POST IT

Call Your Advertising Rep

(781) 485-0588



Stop & Shop employees are pictured moments after the Everett supermarket closed its doors last Thursday at 6 p.m. for the final time.

## Stop & Shop store in Everett closes after 21 years in business

By Cary Shuman

The Stop & Shop supermarket in Everett has closed its doors after 21 years at the busy Revere Beach Parkway location. “It’s a sad day,” said Store Manager Glen Sanford last Thursday, Aug. 14, the final day of operations. “We were the only supermarket in Everett besides McKinnon’s.”

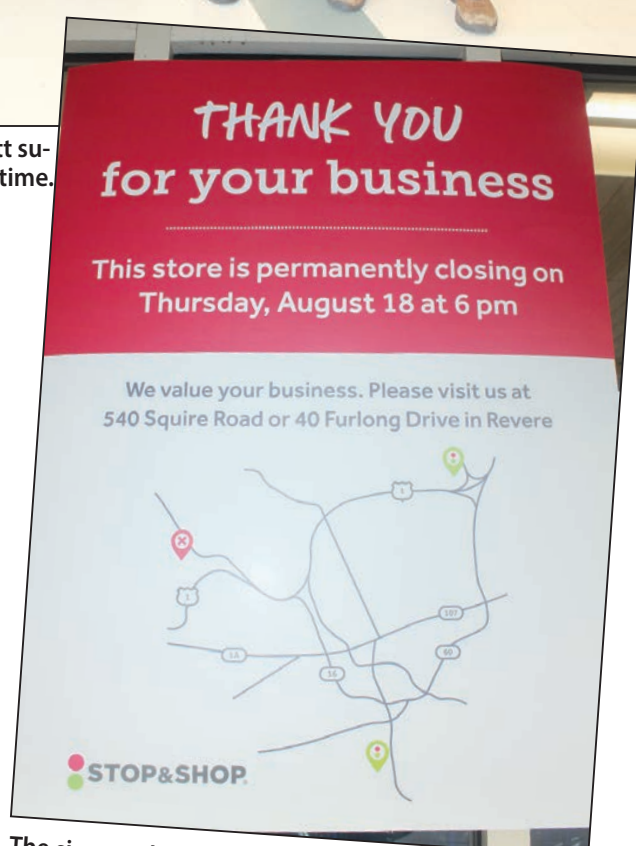
What was the principal reason for the closing of the store?

“The landlord just

didn’t want to renegotiate our lease,” said Sanford. “He wants to give the property to a developer to build some apartments.”

Sanford said all 75 store employees will be relocated to another Stop & Shop store in the area.

Ann Stuart of Everett, who had worked at the store since its opening, said, “I’m sorry to see it happen and all our customers are, too. Many people have told me that they’re going to miss this store. I’ll miss working



The sign on the window at the Everett Stop & Shop store thanking customers for their business.



A look at the exterior of the Stop & Shop supermarket in Everett that has closed after 21 years.

## DiDomenico, colleagues celebrate signing of mental health reform

Special to the Independent

On August 10, Governor Charlie Baker signed the Mental Health ABC Act: Addressing Barriers to Care, comprehensive legislation championed by Senator DiDomenico and his legislative colleagues which will continue the process of reforming the way mental health care is delivered in Massachusetts, with the goal of ensuring that people get the mental health care they need when they need it.

The Mental Health ABC Act is driven by the recognition that mental health is as important as physical health for every resident of the Commonwealth and should be treated as such. The legislation includes a wide variety of reforms to ensure equitable access to mental health care and remove barriers to care by supporting the behavioral health workforce.

“For far too long in our state and across the nation, mental health has not received the attention

it deserves, making this care too expensive or too burdensome for many Massachusetts residents to access,” said Senator DiDomenico, Assistant Majority Leader of the Massachusetts Senate. “This law will transform our mental health care system and ensure people can access and afford mental health care just like other forms of medical care. I am thrilled to see this historic mental health reform signed into law and I would like to thank Senate President

Spilka, Senator Julian Cyr, Senator Cindy Friedman and all my colleagues for their dedication to get this game-changing bill passed.”

“One moment, many years ago, I made the split-second decision to share the story of my family’s struggle with mental illness—a moment of vulnerability and honesty that has become a movement, as more and more people stand up and speak up

See REFORM Page 4

## Students heading back to school on August 31

Special to the Independent

The Everett Public Schools will open its doors to students for the first day of 2022-2023 on Wednesday, August 31, as administrators and educators look forward to an academic calendar free from the restrictions, apprehension, and caution that have characterized much of the past two school years.

“Anticipation for the start of any school year is sky high,” said Superintendent of Schools Priya Tahiliani. “In our lead-up to next week, I sense renewed energy and enthusiasm among staff and families. We are looking forward to providing our students with a complete range of in-person, interactive, and engaging learning experiences, and extracurricular activities.”

Students in kindergarten through Grade 9 will have a half day of school on August 31. Everett High School (EHS) 9th graders will complete an orientation session with principal Dennis Lynch and EHS leaders, so there is no school for 10-12 graders on the 31.

Thursday, September 1 will mark the first full day of school for students in kindergarten through

Grade 12.

There is no school on Friday, September 2 through Tuesday, September 6 due to the Labor Day holiday and the primary election on September 6. All students, including those enrolled in the Pre-Kindergarten Program at the Adams and Webster Extension, will report to school on Wednesday, September 7. At that point, the 2022-2023 School Year will be in full swing, at all grade levels.

Another key date for EPS families to note is Monday, August 29, when the district will hold its second annual Back to School Bash. The festivities will be held outside at EHS from 3:30 to 5:30 p.m. There will be food trucks, games, entertainment, giveaways, photo-booths, and more.

“This proved to be a big hit last year, and we are looking forward to having even more families and students join us this year,” said Superintendent Tahiliani. “It’s a fun way to kick off the year with people from the entire district gathering and interacting in one location.”

For the legions of Crimson Tide football fans in

See SCHOOL Page 14

## Amazon warehouse slated to be closed

By Stephen Quigley

Five Amazon delivery stations in Massachusetts, including one located in Everett, will be closing, according to Amazon spokesperson Caitlin McLaughlin.

Last week, McLaughlin made the announcement that the Everett location, as well other sites in Dedham, Mansfield, Milford, and Randolph, are all slated to be closed.

Employees will be able to transfer to other sites, according to McLaughlin.

The brand-new, 220,000 sq. ft., one-story warehouse distribution facility on Beacham Street has been occupied by Amazon for a little less

than two years. Davis Companies acquired the site in the fall of 2019 and solved a long-standing issue with flooding in the area caused by collapsed drainage pipes leading up to and under the site.

The Davis Companies undertook the complete replacement of 280 feet of culvert under their property as part of the agreement with Chelsea and Everett at a cost of \$7.2 million. They replaced a 16’ x 9’ corrugated steel culvert with a 16’ x 12’ concrete box culvert. Another 70 feet of concrete box culvert was constructed in Chelsea.

No specific date for the warehouse closings was announced.

Everett Independent is Open for Your Convenience!

SUMMER OFFICE HOURS

Monday thru Wednesday 9:30 am — 5 pm  
Thursday 9:30 am — 4 pm Friday 9am — noon

advertising - deb@reverejournal.com  
editorial - stephen.quigley@reverejournal.com

781-485-0588  
385 Broadway, Revere MA | Citizens Bank Building



## LOCAL STUDENTS *IN THE NEWS*


For Honors a Sophomore, Junior, and Senior must have at least a 3.20 quality point average and all grades "C-" or higher. Freshmen need a 3.165 quality point average and all grades "C-" or higher.

Mayor DeMaria and the City of Everett invite all residents to attend this special celebration of our Everett Brazilian community and the country of Brazil.

Chelsea firefighters responded to the three-story, wood-framed building at 32-34 Cottage St. just after midnight to find heavy fire on all three floors. In addition to causing major damage to this structure,

Mutual aid companies from Boston, Cambridge, Everett, Lynn, Malden, Medford, Melrose, Revere, Saugus, Somerville, and Winthrop, assisted at the scene. Companies from Belmont, Boston, Cambridge, Everett, Lynn, Malden, Medford, Melrose, Revere, Somerville, and Wakefield provided station coverage. The exact cause of the fire remains under investigation by the Chelsea Fire Department and the State Police Fire & Explosion Investigation Unit assigned to the State Fire Marshal's office.

**THINK OF IT AS AN  
OWNER'S MANUAL  
FOR YOUR MONEY.**



The free *Consumer Action Handbook*. It's in print and online at [ConsumerAction.gov](http://ConsumerAction.gov). Order your free copy online at [ConsumerAction.gov](http://ConsumerAction.gov) or write to Handbook, Pueblo, CO 81009.

BUYER 1	SELLER 1	ADDRESS	PRICE
Deimel, Jessica L	Siv, Chanrith	2 Tileston St #2	\$442,000
Hickey, Brian M	Welsh Walter F Est	8 Morris St	\$910,000
Antunez, Jose A	Merino, Ines	9 Warren St	\$595,000
Uceda, Abraham	Solari, Norman	23 Winthrop Rd	\$600,000
Lagene, Franck	Mei, Shu P	63 Preston St	\$625,000
Forever Properties LLC	Garbati Everett R Est	67 Wilbur St	\$465,000
Christian, Damien H	Lentini 90&92 Summer RT	90 Summer St	\$810,000

**ERA MILLENNIUM**  
**617-389-1101 • 617-784-7500 • ERAMILLENNIUM@AOL.COM**  
**www.ERAmillennium.com** **REALTOR Broker/President**

A graphic with a solid red background. On the left is a white silhouette of a blood drop containing a white exclamation mark. To the right of the drop, the text "EMERGENCY ALL BLOOD TYPES NEEDED." is written in large, white, bold, sans-serif capital letters. At the bottom left, the text "Give now." is written in white. At the bottom right is the American Red Cross logo, which consists of a white circle containing a red cross, followed by the text "American Red Cross" in white.



# Baker signs bill implementing a women’s rights history trail in Commonwealth

Governor Charlie Baker and Lt. Governor Karyn Polito, joined by legislators participated in a ceremonial bill signing of H. 4555, An Act relative to the creation of a women’s rights history trail. The Governor previously signed this bill into law in late May. It is now codified as Chapter 76 of the Acts of 2022.

The legislation directs the Executive Director of the Massachusetts Office of Travel and Tourism (MOTT), in conjunction with the Secretary of Transportation, to develop and implement a women’s rights history trail program that will include properties and sites that are associated with the fight for women’s rights and suffrage in the Commonwealth. The legislation establishes a women’s rights history trail task force to research, solicit public input, and make recommendations for sites, properties, and attractions to be included in the trail program, and calls for MOTT to create related educational materials and vacation itineraries. Governor Baker and Lt. Governor Polito were joined by bill sponsors Senator Joan Lovely (D-Salem) and Representative Hannah Kane (R-Shrewsbury) and several other members of the Legislature, including the Massachusetts Caucus of Women Legislators, for the ceremonial bill signing at Mechanics Hall in Worcester.

“I am pleased to sign this legislation that will help Massachusetts better honor and preserve the legacies of women throughout the Commonwealth’s history who have



Governor Charlie Baker and Lt. Governor Karyn Polito, joined by legislators participated in a ceremonial bill signing of H. 4555, An Act relative to the creation of a women’s rights history trail. The Governor previously signed this bill into law in late May. It is now codified as Chapter 76 of the Acts of 2022.

made our state a better place,” said Governor Charlie Baker. “I am deeply grateful for the work of so many legislators other partners who worked hard to pass this bill, and our administration looks forward to working with the new commission to make this history trail a reality.”

“This bill is the product of significant work and collaboration by many key players and we are grateful to see it become law,” said Lt. Governor Karyn Polito. “The new Women’s Rights History Trail will cover important historical milestones and landmarks across the Commonwealth and will help our residents better understand these crucially important historical figures.”

“This legislation adds to the important work the Massachusetts Office of Travel and Tourism does educating residents and

visitors about our unique state by creating a new avenue for exploring sites related to significant women throughout our history,” said Housing and Economic Development Secretary Mike Kennealy. “With tourism playing a big role in Massachusetts’ recovery from COVID-19, our cultural sector and local economies will benefit from this coordinated effort to increase visibility and access to historic sites in our communities.”

“With the creation of a Women’s Rights History Trail, Massachusetts is acting to memorialize the struggle for women’s rights in the Commonwealth,” said House Speaker Ronald J. Mariano. “I want to thank my colleagues in the House and Senate, as well as Governor Baker, for working to ensure that the suffrage movement, and

all that it achieved, will be celebrated through the highlighting of these landmarks.”

“Women in Massachusetts have played a pivotal role at every step in the Commonwealth’s history, yet their contributions are too often overlooked,” said Senate President Karen E. Spilka. “The Women’s Rights History Trail will serve as a visible monument to the history of women—and the women’s rights movement. Understanding this history gives us all a chance to reflect on where we have come from and what it means to leave a legacy that can uplift and inspire future generations. I am glad to see that this trail will give particular attention to the diverse backgrounds and perspectives of the women who have transformed Massachusetts. I would like to thank

Senator Lovely and my colleagues in the Senate, as well as our partners in the House and Senate, for their work to make this a reality.”

“Our nation and our Commonwealth would not be what they are today, were it not for the contributions of women,” said Senator Joan B. Lovely. “Though as important as men to our country’s history, women have seldom received the recognition they rightly deserve. With this law, we stand to remove women from the annals of history and finally place them at the forefront. I would like to thank Senate President Karen Spilka, Governor Baker and Lt. Governor Polito, House Co-sponsors Representative Hannah Kane and former Representative Carolyn Dykema, Caucus Co-Chair Representative Pat Haddad and Execu-

tive Director Nora Bent, for ensuring that women’s history will continue to be preserved and advanced for generations to come.”

“This legislation creating the Women’s Rights History Trail ensures that the many women from our Commonwealth who contributed to the fabric of our nation and democracy are recognized, and that their accomplishments are preserved in our state’s history, so that their legacies may serve as inspiration for future generations of young women,” said Representative Hannah Kane. “I am proud to have been a sponsor of this legislation, helping to carry out my late colleague Rep. Gailanne Cariddi’s vision, and I look forward to serving as a member of the Women’s Rights History Trail Task Force.”

BOSTON’S NEIGHBORHOOD BANK™

# Make your money work harder for you.

## Explore all of our limited-time CD Specials at TCB.

Visit our website to open an account online, or to locate your nearest branch.

[thecooperativebank.com](https://thecooperativebank.com)

7 MONTH  
CD SPECIAL

0.85%  
APY\*

15 MONTH  
CD SPECIAL

1.30%  
APY\*

21 MONTH  
CD SPECIAL

1.75%  
APY\*

 EQUAL HOUSING MEMBER MEMBER  
LENDER DIF FDIC

 **tcb** | THE  
COOPERATIVE  
BANK

\*APY =Annual Percentage Yield effective 7/28/22. Maximum balance \$1,000,000. You must maintain a minimum balance of \$1,000 in the CD account to obtain the disclosed APY. Minimum amount to open an account \$1,000. Annual Percentage Yield is based on monthly compounding of interest. This account will automatically renew at maturity. Each renewal term will be 12-months. The interest rate will be the same as we offer on a new 12-month time deposit on the maturity date, minimum balance (if any) and other features of the 12-month time deposit. Maximum online account opening \$50,000. Accounts with higher balances will need to be opened at a branch office. Rates are subject to change at any time without notice. Fees may reduce earnings. A penalty is imposed for early withdrawal from a certificate of deposit (CD) account. Personal deposits only.

SEE TERMS AND CONDITIONS OF YOUR ACCOUNT DISCLOSURE FOR ADDITIONAL INFORMATION



## THE MWRA IS DOING A GREAT JOB

Residents in our newspapers' circulation area in Greater Boston probably are unaware that most of the communities in Massachusetts are enduring drought conditions that have resulted in the imposition of severe water-use restrictions.

But here in Greater Boston, there is not even the mention of a drought or restrictions of any kind.

That's because the Quabbin Reservoir, which provides us with our water, is at an astonishing (given the drought) level of 92 percent capacity.

The MWRA has been around for more than 30 years and is best-known for its massive sewage treatment plant on Deer Island that has turned Boston Harbor from the most-polluted harbor in America into a jewel of an environmental resource that contributes hundreds of millions of dollars annually to the Mass. economy. We recall that as youngsters growing up on Pt. Shirley in Winthrop in the 1960s, we were warned that we could not swim in Winthrop Harbor because of the "pollution." The algae that flourished on the mudflats at low tide was so foul that it literally peeled the paint off the homes along the Winthrop harbor shoreline. When we had a sailboat in the 1980s, the water was so gross throughout Boston Harbor and the islands that we did not want to jump in for a swim even in the Outer Harbor.

But the other, unsung "job" of the MWRA is to provide water to its 40 or so communities from the Quabbin, and in that regard, the MWRA also has performed in exemplary fashion.

We'll be the first to admit that we know nothing about water systems. To be sure, innovations such as low-flow toilets, as well as the high cost of water, no doubt have contributed to the per capita reduction in water usage in the Boston area from when the MWRA took over the system from the MDC back in the 1980s.

Unquestionably, aggressive leak-detection and other programs, spearheaded by dedicated public servants, have been the key ingredients in the secret sauce, so to speak, of the MWRA's outstanding water management program since its inception.

Our late grandmother, Zita Quigley, (whom we loved dearly, but who was a master at playing the martyr role, if you know what we mean), used to say (after we would compliment her for something or other), "Oh, thank you -- because you know, even a dog likes a pat on the head every once in a while."

So consider this our "pat on the head" to the folks at the MWRA for their excellent management of our water system. Thanks to them, we who live in the MWRA's cities and towns literally are an oasis amongst the drought-stricken communities who are not within the MWRA district.

## ROBERT KRAFT BELONGS IN THE HALL OF FAME

As we are writing this early in the week, the Pro Football Hall of Fame's Coach/Contributor Committee is getting ready to meet to select one of 12 nominees for inclusion in the Pro Football Hall of Fame in the Class of 2023. That nominee then must go to the full selection committee for a final vote for inclusion.

Among the nominees is our own Robert Kraft, the owner of the New England Patriots.

With all due respect to the other 11 nominees (for the record, they are Roone Arledge, Don Coryell, Mike Holmgren, Frank "Bucko" Kilroy, Robert Kraft, Art Modell, Buddy Parker, Dan Reeves, Art Rooney Jr., Mike Shanahan, Clark Shaughnessy and John Wooten), there is no one affiliated with the NFL who deserves inclusion in the Hall of Fame more than Mr. Kraft.

We formerly were Patriot season ticket-holders (we have not been for almost 30 years) from the time the franchise began in 1960. We attended games at Braves Field, Fenway Park, and Harvard Stadium before the Pats finally moved to their own stadium in Foxboro in 1972, the much-maligned Schaefer Stadium, which was built on the cheap and was outdated within a decade of its construction.

But what many present-day Patriots' fans may not realize is that the franchise was on the verge of moving to St. Louis -- which was offering a sweet deal on a new, state-of-the-art, domed stadium -- until Mr. Kraft (who himself had been a Pats' fan from the beginning) stepped in to purchase the team in 1994 in order to keep it in New England.

Mr. Kraft not only totally changed the culture of the Patriots' organization, but he constructed Gillette Stadium with no public funding. He assumed the entire risk not only of buying a moribund franchise, but also of constructing a \$325 million stadium.

Over the course of the ensuing 28 years, the New England Patriots have been one of the most successful sports franchises, not only in pro football, but in the entire world, under Mr. Kraft's leadership.

But beyond all of their Super Bowl titles, the Patriots and the Kraft family also have set the standard for what it means to be a good corporate citizen. Among their endeavors with which we directly are familiar through our sister newspaper in Chelsea is the Jordan Boys and Girls Club in Chelsea, of which Josh Kraft is the CEO, and for which the Krafts were among the major donors for the \$11 million complex. And we all recall that during the darkest days of the pandemic, the Krafts used the Patriots' team jet and set up the logistics to bring 1.2 million desperately-needed face masks to this area from China.

So we fervently hope that the Hall of Fame committees see their way to nominate and name Mr. Kraft for enshrinement in Canton, Ohio. Together with his beloved, late wife Myra, who typically sat side-by-side with each other at every Patriots' game, Bob Kraft has set the standard of excellence not only for football, but for ownership of sports teams the world over.

We may be living in a cynical world, but Bob Kraft has brought more joy to our area than anyone we can think of -- and isn't that what sports are all about?

## Reform / CONTINUED FROM PAGE 1

for accessible, high quality mental health care," stated Senate President Karen E. Spilka (D-Ashland). "We all deserve to have access to the mental health care we need, when we need it, and I am thrilled to see comprehensive mental and behavioral health care reform signed into law. I'd like to thank my colleagues in the Senate—especially Senators Cyr and Friedman—Speaker Mariano and our partners in the House, and Governor Baker, as well as the countless individuals, families, advocates, providers and others who have stood up for the idea that mental health is just as important as physical health, and to everyone who has fought for mental health care reform in Massachusetts and never gave up."

The following are features of The Mental Health ABC Act:

- **Guaranteeing Annual Mental Health Wellness Exams.** This law mandates insurance coverage for an annual mental health wellness exam, comparable to an annual physical.

- **Enforcing Mental Health Parity Laws.** This law provides the state with better tools to implement and enforce parity laws by creating a clear structure for state agencies to receive and investigate parity complaints and ensure their timely resolution.

- **Initiatives to Address Emergency Department Boarding.** This law creates online portals that provide access to real-time data on youth and adults seeking mental health and substance use services and includes a search function that allows health care providers to easily search and find open beds using several criteria; requires the Health Policy Commission (HPC) to prepare and publish a report every three years on the status of pediatric behavioral health as the youth boarding crisis is particularly acute; requires the Center for Health Information and Analysis (CHIA) to report on behavioral health needs; updates the expedited psychiatric inpatient admissions (EPIA) protocol and creates an expedited evaluation and stabilization process for patients under 18.

- **988 Implementation and 911 Expansion.** This law increases access to on-demand behavioral health care through the implementation of the nationwide 988 hotline that will provide 24/7 suicide prevention and behavior-

al health crisis services and expands 911 to bridge the gap until 988 is implemented.

- **Red Flag Laws and Extreme Risk Protection Orders.** This law initiates a public awareness campaign on red flag laws and extreme risk protection orders (ERPOs) that limit access to guns for people at risk of hurting themselves or others.

- **Reimbursing Mental Health Providers Equitably.** The law requires an equitable rate floor for evaluation and management services that is consistent with primary care.

- **Reforming Medical Necessity and Prior Authorization Requirements.** This law mandates coverage and eliminates prior authorization for mental health acute treatment and stabilization services for adults and children and ensures that if a health insurance company intends to change its medical necessity guidelines, the new guidelines must be easily accessible by consumers on the health insurance company's website.

- **Creating a Standard Release Form.** This law directs the development of a standard release form for exchanging confidential mental health and substance use disorder information to facilitate access to treatment by patients with multiple health care providers.

- **Increasing Access to Emergency Service Programs.** The law requires health insurance companies to cover Emergency Service Programs (ESPs), community-based and recovery-oriented programs that provide behavioral health crisis assessment, intervention, and stabilization services for people with behavioral health needs.

- **Expanding Access to the Evidence-Based Collaborative Care Model.** The law expands access to psychiatric care by requiring the state-contracted and commercial health plans to cover mental health and substance use disorder benefits offered through the psychiatric collaborative care model.

- **Reviewing the Role of Behavioral Health Managers.** The law directs the Health Policy Commission (HPC), in consultation with the Division of Insurance (DOI), to study and provide updated data on the use of contracted behavioral health benefit managers by insurance carriers, often referred to as 'carve-outs.'

- **Tracking and Analyzing Behavioral Health Expenditures.** The law directs the Center for Health Information and Analysis (CHIA) to define and collect data on the delivery of behavioral health services to establish a baseline of current spending and directs the Health Policy Commission (HPC) to begin tracking behavioral health care expenditures as part of its annual cost trends hearings.

- **Establishing an Office of Behavioral Health Promotion.** The law establishes an Office of Behavioral Health Promotion within the Executive Office of Health and Human Services (EOHHS) to coordinate all state initiatives that promote mental, emotional, and behavioral health and wellness for residents.

- **Increasing Access to Care in Geographically Isolated Areas.** This law directs the Department of Mental Health (DMH) to consider factors that may present barriers to care—such as travel distance and access to transportation—when contracting for services in geographically isolated and rural communities.

- **Enhancing School-based Behavioral Health Services and Programming.** This law enhances school-based behavioral health supports, increases access points for effective behavioral health treatment by limiting the use of suspension and expulsion in all licensed early education and care programs and public schools, and creates a statewide technical assistance program to help schools implement school-based behavioral health services.

- **Increasing Access Points for Youth for Effective Behavioral Health Treatment.** The law requires behavioral health assessments and referrals for children entering the foster care system and establishes an interagency review team to ensure young people with complex behavioral health needs are assisted quickly and with cross-agency

support and coordination.

- **Expanding Insurance Coverage for Vulnerable Populations.** This law ensures individuals over 26 years old who live with disabilities can remain on their parents' health insurance.

- **Creating a Roadmap on Access to Culturally Competent Care.** Under this provision, an interagency health equity team under the Office of Health Equity, working with an advisory council, will make annual recommendations for the next three years to improve access to, and the quality of, culturally competent mental health services. Paired with the Legislature's ARPA investment of \$122 million in the behavioral health workforce through loan repayment assistance programs, this roadmap will make great strides toward building a robust workforce reflective of communities' needs.

- **Allows for an Interim Licensure for Licensed Mental Health Counselors.** The law creates an interim licensure level for Licensed Mental Health Counselors (LMHCs) so that they can be reimbursed by insurance for their services while obtaining supervised practice hours towards full licensure and be eligible for state and federal grant and loan forgiveness programs.

- **Expanding Mental Health Billing.** This law allows clinicians practicing under the supervision of a licensed professional and working towards independent licensure to practice in a clinic setting.

- **Updating the Board of Registration of Social Workers.** The law updates the membership of the Board of Registration of Social Workers to clarify that designees from the Department of Children and Families (DCF) and Department of Public Health (DPH) be licensed social workers.

Having been officially signed by the Governor on August 10, 2022, the Mental Health ABC Act is now law.

Your opinions, please

The Everett Independent welcomes letters to the editor.

Our mailing address is

385 Broadway, Revere, MA 02151.

Letters may also be e-mailed to

editor@everettindependent.com.

Letters must be signed.

We reserve the right to edit for length and content.

Everett

Independent

Published by the Independent Newspaper Group

DIRECTORY

President

Stephen Quigle

stephen.quigley@reverejournal.com

Business

Accounts Executive

Judy Russi

jrussi@eastietimes.com

Advertising & Marketing

Director of Marketing

Debra DiGregorio

deb@reverejournal.com

Assistant Marketing Director

Maureen DiBella

mdibella@winthroptranscript.com

Senior Sales Associates

Sioux Gerow

charlestownads@hotmail.com

Legal Advertising

Ellen Bertino

ebertino@eastietimes.com

Printer

Gannet Publishing

PHONE: 781-485-0588 • FAX: 781-485-1403

E-MAIL: EDITOR@EVERETTINDEPENDENT.COM





# Welcome back Students!

## Wishing you Great Success, wonderful times and a safe school year!

### Mayor Carlo, Mrs. Stacy DeMaria and family

*& The entire Everett City Government*

Paid Political Advertisement



# 2022-2023 DISTRICT CALENDAR

- \* August 29.....First Day for Teachers
- August 30.....Staff PD: No School
- ▲ August 31.....Half Day for K-12
- ▲ September 1.....First Full Day for K-12
- September 2.....No School
- September 5.....Labor Day: No School
- September 6.....Primary Election Day: No School
- ▲ September 7.....First Day for PreK
- October 10.....Columbus Day: No School
- November 8.....Election Day: No School
- November 11.....Veterans Day: No School
- ▲ November 23.....Half Day
- November 24 & 25.....Thanksgiving: No School
- ▲ December 22.....Half Day

- December 23-Jan. 2...Winter Vacation: No School
- January 3.....Students & Staff Return
- January 16....Martin Luther King Jr. Day: No School
- February 20.....Presidents' Day: No School
- February 21-24..February Vacation: No School
- February 27.....Students & Staff Return
- April 7.....Good Friday: No School
- April 17.....Patriots' Day: No School
- April 18-21.....April Vacation: No School
- April 24.....Students & Staff Return
- May 29.....Memorial Day: No School
- June 3.....Graduation Day (Tentative)
- ▼ June 16....Last Day of School (without Snow Days)
- June 19.....Juneteenth: No School
- ▼ June 26....Last Day of School (with 5 Snow Days)

Major Religious & Cultural Holidays

- 2022**

Sep. 26-27...Rosh Hashanah

Oct. 5 .....Yom Kippur

Oct. 24.....Diwali

Nov. 24.....Thanksgiving

Dec. 19-26.....Hanukkah

Dec. 25.....Christmas

Dec. 26-Jan. 1.....Kwanzaa
- February 22...Ash Wednesday

March 17.....St. Patrick's Day

March 22.....Ramadan Begins

April 6-13.....Passover

April 7.....Good Friday

April 9.....Easter

April 16.....Orthodox Easter

April 22.....Earth Day

April 22 Eid al-Fitr: End of Ramadan

May 14.....Mother's Day

May 18.....Haitian Flag Day

June 18.....Father's Day

June 19.....Juneteenth

July 4.....Independence Day

July 29.....Eid al-Adha
- 2023**

Jan. 1..... New Year's Day

Jan. 1...Haitian Independence Day

Jan. 6.....Three Kings Day

Jan. 22.....Lunar New Year

1st Quarter Ends: November 4 ★ 2nd Quarter Ends: January 20 ★ 3rd Quarter Ends: April 6 ★ 4th Quarter Ends: June 16 ★

August 2022							September 2022							October 2022						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6					1▲	2	3							1
7	8	9	10	11	12	13	4	5	6	7▲	8	9	10	2	3	4	5	6	7	8
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
28	29*	30	31				25	26	27	28	29	30		23 30	24 31	25	26	27	28	29

November 2022							December 2022							January 2023						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4★	5					1	2	3	1	2	3	4	5	6	7
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20★	21
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
27	28	29	30				25	26	27	28	29	30	31	29	30	31				

February 2023							March 2023							April 2023						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4				1	2	3	4							1
5	6	7	8	9	10	11	5	6	7	8	9	10	11	2	3	4	5	6★	7	8
12	13	14	15	16	17	18	12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27●	28					26	27	28	29	30	31		23 30	24●	25	26	27	28	29

May 2023							June 2023							July 2023						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6					1	2	3							1
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
14	15	16	17	18	19	20	11	12	13	14	15	16★	17	9	10	11	12	13	14	15
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
28	29	30	31				25	26▼	27	28	29	30		23 30	24 31	25	27	28	29	30

Approved by the Everett School Committee | May of 2022

## Wishing you a successful & peaceful 2022-2023 school year



*from Senator Sal DiDomenico e' Family*

## GOOD LUCK IN SCHOOL THIS YEAR!

### Sacro Companies

Everett, MA

Sacro Plaza Whitney Lorenti House Glendale Court


## Welcome Back! Have a Great & Safe 2022-2023 School Year



*Marcony Almeida Barros*


Everett School Committee  
Ward 5

## Wishing you well in All your academic endeavors.



*John Hanlon*  
City Council

## Welcome BACK to SCHOOL



## WISHING YOU A WONDERFUL SCHOOL YEAR!

*Linda and Leo Robinson*  
Councilor-At-Large  
Candidate for State Representative



## BACK TO SCHOOL

# One era ends, another begins at Winthrop School of Performing Arts

Special to the Independent

As The Winthrop School of Performing arts begins its 37th season teaching children the art of dance, acting, voice and instruments, there will be a new director at its head.

Trudy Macero, founder of and director of WSPA, has decided to join her husband John Macero, former Superintendent of Winthrop Public Schools and Stoneham Public Schools, in his recent retirement.

Ms. Macero founded WSPA 36 years ago when she took over the Tassinari and Tirrell studio at the Wadsworth building on Winthrop St. Since then the school has become a staple in the community for those children interested in Performing.

Trudy and her husband John spent many years

on the stage themselves at the Winthrop Playmakers. When not performing, John often directed and Trudy choreographed shows for the Playmakers.

Trudy began her career as a professional singer in the Boston area and was picked up and signed by the William Morris agency in NY where she began touring the country with her own show band. She studied dance throughout her childhood and so it was a dream to start her own school in which she could offer a full program for the performing arts for kids.

“This was not an easy decision as I love what I do, and I love being around the kids and watching them progress through the years” Macero said regarding her retirement. Macero stated,

“It has been an honor and a privilege these past 36 years to serve the families and children of this community. I can’t tell you how much joy it has personally given me. I look forward to sitting in the audience next year and just enjoying the beautiful faces of these children and watching them develop, and I am thrilled to have one of my very own, long time, teachers taking over the reins”.

Alicia Colangelo (January) will be the new head of WSPA

Alicia has been involved in the local dance community most of her life. Growing up in Revere, she discovered her passion for dance as a student at The Agnes Strecker Dance Studio throughout her adolescent and young adult life. Teaching children of all ages at nu-

merous local dance studios and the “For Kids Only” afterschool program for Revere and Everett school systems in previous years. Studios include Agnes Strecker Dance Studio, Rachel Ferrante’s Academy of Performing Arts, Beat Connections in Saugus, and currently the Winthrop School of Performing Arts in Winthrop (WSPA). Alicia has been working with WSPA for over a decade and is honored to have the opportunity to carry on the legacy of founder Trudy Macero. Alicia states- “Dance is my passion and I am happiest when I am teaching.” I believe teaching dance is about more than the techniques you execute on the dance floor—it’s about encouraging creativity, teamwork, collaboration, self-expression, discipline, relationships



Trudy Macero, founder and outgoing Director of WSPA shown with Alicia Colangelo, new head director at WSPA.

and more importantly, building self-confidence. This is truly a dream come true and I can’t wait for the dance season to start!” You can contact Win-

thropSchoolofPerforming Arts at 617-846-5299 or by email [WSPAinformation@gmail.com](mailto:WSPAinformation@gmail.com). Or at [stageperformers.com](http://stageperformers.com).

## New school year tips from a foot and ankle surgeon

(StatePoint) Kids’ feet grow and change quickly, which means you’ll likely be shoe shopping this back-to-school season. As you head to the store, consider these tips and insights from the American College of Foot and Ankle Surgeons (ACFAS).

• Find the right fit: “Your child’s feet can grow up to two sizes in six months, so you need to account for rapid growth when buying shoes,” says Dr. Michael Coyer, DPM, FACFAS, a foot and ankle surgeon and Fellow Member of the American College of Foot and Ankle Surgeons.

Dr. Coyer cautions against the temptation

to buy oversized shoes though, as they can cause the foot to slide forward, putting excessive pressure on the toes. “A good fit is about a finger’s width from the end of the shoe to the tip of the big toe,” he says.

On the other hand, don’t wait too long to replace tight shoes. Tight shoes can cause blisters, corns and calluses on toes, blisters on the back of the heels and ingrown nails, which can become infected. If you notice signs of infection such as pain, redness or fluid draining from the area, schedule an appointment with a foot and ankle surgeon, who

can perform a simple, safe in-office procedure to remove the affected area of the nail.

• Replace worn-out shoes: Because shoes lose shock absorption over time, wearing worn-out shoes can elevate the risk for heel pain, Achilles tendonitis and even ankle sprains and stress fractures.

“Inspect old shoes and replace any that lack sufficient cushioning and arch support, or have excessive wear to the bottom or around the edges of the sole,” says Dr. Coyer. “When shopping, don’t assume a new pair will offer proper support. Check

to see that the toe box is wide enough and the shoe doesn’t bend in the middle of the sole.”

• Protect young athletes: “Every new season, we see an increase in ankle injuries among young athletes,” says Dr. Coyer.

Help prevent sports-related injuries by equipping your child with proper footwear this fall. Start each sports season with new shoes and always buy the right shoe for the sport. You can also protect young athletes by never allowing them to play through foot pain. Foot pain isn’t normal and if it lasts for more than a few days and interferes with

normal activities, seek medical attention.

• Consider other factors: Children with flat feet need shoes with a wide toe box, maximum arch support and shock absorption. The best shoes for flat feet are stiff-soled, lace-up shoes that have enough depth for an orthotic insert, if necessary.

“A common persisting myth is that children will ‘grow out of’ foot problems. But foot problems developed in childhood can become more serious if left unaddressed,” says Dr. Coyer. “One of the most important steps you can take to prevent pediatric foot issues is by taking

time during the back-to-school season to buy footwear that fits well and offers good support. Further, having your child evaluated by a foot and ankle surgeon member of ACFAS at the first sign of trouble can help reduce the likelihood of worsening problems and help keep your child active.”

For more back-to-school tips, information on foot and ankle health, and to find a foot and ankle surgeon near you, visit [FootHealthFacts.org](http://FootHealthFacts.org), the patient education website for the American College of Foot and Ankle Surgeons.

## Cool sites and apps to help connect with new college classmates

(StatePoint) Heading off to college can be an exciting, yet stressful time. You’ll be moving away from the friends and family you’ve known your whole life and will be living with roommates and making completely new groups of friends.

Luckily, (especially for shy students out there) there are many social media platforms and apps to help meet people, connect and showcase your personality. Here are just a few to consider:

A New Way of Networking. For students

just starting their college search, in the application process or already in college, the free ZeeMee app provides a variety of networking features for each step of the way. It allows students applying to college to supplement their admissions materials with a collection of images, videos and documents that showcase their achievements beyond grades and essays. And once admitted, community and chat features offer an easy way to connect and make friends at your school.

Personalized Greetings

to Show Your Personality. Whether you’re celebrating lifelong friends at their graduation parties or making your new connections feel special, there is a SmashUp to be shared. SmashUps by American Greetings are smile-inducing sharable videos that feature celebrities, fun characters and selfies that can be personalized with hundreds of names for numerous occasions. Simply find the SmashUp that showcases your personality; personalize it and share via email, text or social media. Plus, with

a monthly, yearly or two-year American Greetings account, you’ll be able to send an unlimited number of videos to all the new friends you make in the coming semesters. To sign up for a SmashUps membership, available for \$6.99/month or \$29.99/year, visit [www.american-greetings.com](http://www.american-greetings.com).

Connect, Don’t Creep. As you prepare to meet your new roommate and classmates at orientation, social media platforms such as Facebook, Instagram and Snapchat are great ways to communicate with your new friends and build relationships. One word of advice: don’t creep on older posts in their social media profiles. Why? Because you may



(C) PEOPLEIMAGES / ISTOCKPHOTO.COM

School friends enjoying time together.

formulate opinions about them before you even get to know each other. You’ve likely changed quite a bit through your

high school years, and likely so have others. And let’s be real – it’s easy to misrepresent yourself online.

Deck Out Your Dorm. Moving into a dorm requires a lot of stuff, and it can be difficult to determine what you’ll need to bring versus what your new roommates may contribute. A college dorm registry is the ideal way for each of you to add everything on your checklist to one convenient gift list that you -- or your friends and family -- can shop with ease. The free [MyRegistry.com](http://MyRegistry.com) site and app allows you to create and then sync your registry from your favorite stores to take advantage of their perks. For example, Target offers a great discount on remaining registry items when you shop online. A win-win!

With a few new apps, you’ll be on your way to college connection success.

nicole zervas

dance academy

• Open House at Studio

Thursday, August 25th & September 1st 6 - 8 p.m

Saturday, August 27th, 10 am - 2 p.m.

• Classes begin Wednesday, September 7th

• New Students Welcome

Beginner through Advanced

• Tiniest Toes ages 18m - 3 Years

• 3-6 Year old Tiny Toes Program

• Latin Dance

• Contemporary

• Tumbling for dance (tricks & stunts)

facebook

ballet : tap : jazz : contemporary : hip hop : latin : tumble

nzdarevere.com

781.284.3137 [nzdance@verizon.net](mailto:nzdance@verizon.net)  
790 broadway, revere, ma 02151

Check us out!

nzda

WSPA

WINTHROP SCHOOL OF PERFORMING ARTS

WHERE DREAMS COME TRUE

ALL AGES

- DANCING

- ACTING

- MUSIC

- GROUP & PRIVATE SINGING LESSONS

Winthrop School of Performing Arts

WSPAINFORMATION@GMAIL.COM

617-846-5299

45 PAULINE STREET, WINTHROP MA



## BACK TO SCHOOL

### Shop smart and spend less this back-to-school season

(StatePoint) As summer nights shorten and the school year approaches, you may be looking for ways to reduce the stress and costs of back-to-school preparations and ease into a new routine.

Thankfully, the experts at Dollar General are offering families suggestions for an easy and affordable return to classes.

#### School Supplies

Start by separating and categorizing students’ supplies lists and compare to items that may be left over from the previous school year. To pick up needs in one easy stop, visit a local Dollar General to purchase school supplies that are colorful and cost-effective,

with over 100 back-to-school items priced at \$1 or less. School and classroom essentials may include notebooks, coloring supplies, backpacks, a reusable water bottle and more. Additionally, a variety of hand sanitizers starting at \$1 can be easily placed into lunchboxes, desks, pencil cases or given to school staff to help stop the spread of germs.

For teachers who want to save big in 2022, sign up for a DG account and get verified for 30% off qualified items on up to four shopping trips through September 9, 2022. Additionally customers can save \$3 on qualifying \$15 or more supply purchases

in the stationery, cleaning and paper, and houseware categories through September 9, 2022. All offers are available through DG Digital Coupons online and in the DG App, where customers can load coupons and rewards on an easy-to-use platform and redeem them at checkout.

#### Healthier Eating

Back-to-school also means after school activities such as clubs and athletics. While juggling practices, rehearsals and club meetings, consider packing healthier snacks to support a busy schedule. Meal prep can also be helpful on busy days, and Dollar General’s DG Easy Meals provides access

to simple recipes with affordable ingredients to make breakfast, lunch, snacks and dinner easy and stress-free. Entrees like Pecan-Crusted Salmon or Buffalo Chicken Pizza can be made ahead and stored in the fridge or freezer until ready to eat. Dollar General also offers Better For You recipes that provide healthier meal options featuring ingredients available at DG stores.

#### Organization Necessities

As the school year begins and schedules fill up, some find it harder to stay organized. Use a customizable planner or calendar to remind you of pick-up times, parent-teacher conferences and other



(C) LIUDMYLA YAREMENKO / ISTOCK VIA GETTY IMAGES PLUS

A healthy lunch helps to keep focused.

important appointments. These tools are also great for high school or college students managing a new class schedule. Write out chores on a dry erase board, which can be secured to the side of the fridge, to keep track of daily duties. Finally, if your surfaces tend to collect clutter, a large canvas

storage container can be a great way to keep items together for a quick cleanup.

With these back-to-school tips and tricks, you can send students of all ages to their classes prepared with everything on the list, all while saving time and money in the process.

### Back to school fashion: Top sneaker styles to try

(StatePoint) As the last days of summer vacation are wrapping up, parents start to check off their back to school to-do lists, ensuring children are ready for their first day. In addition to backpacks and classroom supplies, new shoes are always at the top of the shopping list to accommodate growing feet.

According to Chris Otto, athletics merchandiser for national retailer Rack Room Shoes, this season’s sneakers include classic silhouettes, pops of colors, and multiple heights to offer comfort and style for returning students.

“Shopping for shoes during the back to school season can be an exciting time for families,” says Otto. “With the range of options of brands, prints,

and platforms, it’s easy for parents to select footwear to complement any school outfit, while helping children express their individual personalities.”

Here are the top back to school sneaker trends to try this year:

**Court Sneakers:** Court-inspired sneakers were designed to go with everything, and when it comes to styling, variation is key. These on-trend shoes are available in high-, mid-, and low-top versions, different platform heights, and can feature canvas or leather uppers.

Kids enjoy the retro style of the Nike Court Borough, which sports the classic swoosh logo and offers the perfect blend of style and comfort for those on the go.

**Elevation:** From high-tops to low-tops, and even platform versions that take fashion to new levels, sneakers with different heights are back in a significant way. This year’s elevated sneaker options feature on-trend and seasonal colors to wear with skirts, dresses, jeans, and more.

What’s old is new again with Chuck Taylor All Stars, which come in varying options. The high top lugged platform offers a new twist, with a rubber outsole to add height and modernity to this timeless favorite.

**Pops of Color, Neutral, Metallic and Prints:** Patterned shoes are no longer viewed as a statement accessory, but rather as a neutral that can be mixed and paired with any item



ISTOCK VIA GETTY IMAGES PLUS

Opt for one-stop-shopping to find popular sneaker styles for back to school.

in the closet.

The Vans Ward sneaker adds a fun twist to its classic skater-style shoe with assorted prints, colors, and sizes for kids -- and parents, too.

For one-stop-shopping during the back to school season, parents can visit the Athletic Shop at Rack Room Shoes in stores or online at rackroomshoes.com.

Thanks to the abundance of fun and functional footwear trending for kids right now, families can be sure that students are sent to school prepared to look and feel their best.

### How to supplement classroom learning at home with tech for kids

(StatePoint) When the school bell rings at the end of the day, the learning doesn’t need to stop. Some of the latest and greatest tech can get kids excited to expand their knowledge at home in ways that are fun, all while supporting and augmenting what happens in the classroom.

Here are some of the coolest tech-infused options to consider introducing to children this school year:

#### Screen Free Fun

LeapPods Max from LeapFrog are comfortable over-the-ear headphones designed to be safe for little ones’ ears while offering an immersive audio experience and a break

from screen time. Beyond listening to music, hours of included activities spark a different kind of learning, taking kids on audio adventures, getting their mind and body moving with active challenges, introducing mindfulness activities and more. The included 14-page Adventure Passport guidebook that accompanies the audio adventures pairs engaging soundscapes and animal sounds with detailed illustrations. Play right away with no web connection, downloads or account setup required.

#### Jump-Start to Coding

Kids can explore the fundamentals of coding while having fun using

apps like Cargo-Bot. Puzzles challenge them to teach a robot to move crates. Another great subscription-based option is Kodable. Offering an array of activities that familiarize kids with coding skills, along with opportunities to create original programs, this self-guided approach allows kids to master 21st century tech skills at their own pace.

#### Interactive Books

Explore exciting new ways to learn with the touch-and-talk pages of the LeapStart Learning Success Bundle. This interactive system includes activities such as games, puzzles and creative challenges to enhance learning

and help kids build math, reading, problem-solving pre-skills and more. It comes preloaded with the Go! Go! Cory Carson Superhero School book based on the popular animated series and an additional activity book, and can be expanded with the compatible LeapStart library

of books (sold separately). Covering a variety of preschool through first grade subjects for 2-7-year-olds, each title features more than 30 re-playable activities, so kids can start at the right level and move up when they’re ready. For example, the LeapStart Level 1 Preschool 4

Pack features four popular books that focus on the alphabet, shapes and colors, math and baby animals.

Supplemental learning at home can provide kids with the tools they need to thrive in the classroom. Thankfully, new tech is making it fun, interactive and engaging.



## “GETTING THEM VACCINATED & BOOSTED AGAINST COVID-19 MEANS LESS WORRY.”

Vaccination is available for children 6 months+. Boosters are available for children 5 years+ after initial series. Learn more about protecting your child from COVID-19 at [ebnhc.org](https://ebnhc.org).



To schedule your vaccine or booster, visit us at [ebnhc.org](https://ebnhc.org) or call **617-568-4500**.



EAST BOSTON NEIGHBORHOOD HEALTH CENTER



Showing proof of your vaccines is easy with 

# SHEILA ROSANIO SCHOOL OF DANCE & GYMNASTICS

## CLASSES START SEPTEMBER 6TH! AGES START AT 2 ½

- GYMNASTICS
- JAZZ
- HOP HOP
- TAP

- BALLET
- HEELS
- CONTEMPORARY
- LYRICAL

- BOYS CLASSES
- COMBO CLASSES & MORE



### OPEN HOUSE & REGISTRATION

- Aug. 24<sup>th</sup> 5 — 8:00 p.m.
- Aug. 26<sup>th</sup> 5 — 8:00 p.m.
- Aug. 27<sup>th</sup> 10 — 2:00 p.m.
- Sept. 2<sup>nd</sup> 5 — 8:00 p.m.

[WWW.SHEILAROSANIO.COM](https://www.sheilarosanio.com)

[SHEILAROSANIO@GMAIL.COM](mailto:sheilarosanio@gmail.com)

**233 WASHINGTON AVE., REVERE**

**781-284-4060**

**781-771-9758**



CANDIDATE FOR STATE REPRESENTATIVE LEO ROBINSON HOSTS RECEPTION

A large crowd of supporters attended a campaign gathering for Councilor-at-Large Leo Robinson, who is seeking to become the state representative for the new Chelsea-Everett district. Robinson has served five times as City Council President and is the longest-serving councilor in the city’s history. Former State Rep. Gene

O’Flaherty introduced Robinson, praising his exceptional leadership and lifelong commitment to the area. Robinson, who was joined by his wife, Linda Alioto-Robinson at the event, told his enthusiastic supporters, “I represent the whole community, not a segment of the community.”



Leo Robinson and Everett Councilor Irene Cardillo.



Everett attorney Roland Hughes and Chelsea Councilor-at-Large Leo Robinson, candidate for state representative.



Attorney Katherine Brown, Leo Robinson, Attorney John Mackey, and Jack Feraco.



Former Pope John XXIII High School Trustee Leo Robinson, with his former coaching associates at the school, Jake Feraco (left) and Jack Feraco (right).



Richard Zullo, Everett ZBA Chair Mary Vaughan Gerace, Rosemary Hughes, and Leo Robinson.



Robbie Connors, Leo Robinson, and Jack Connors.



Shown are some of the many supporters who attended state representative candidate Leo Robinson’s campaign reception at The Residence Inn, Chelsea.

BROADWAY  
MOTORS

Get Your car ready  
for Fall roadtrips

☒ AC RECHARGE

☒ TIRE ALIGNMENT

☒ BRAKES

☒ OIL CHANGE

— INSPECTION SERVICE STATION —  
MONDAY THRU FRIDAY 8AM TO 5PM

See John or  
Paul for All  
your auto needs!

Call to schedule service  
781-284-4675

OPEN MONDAY - FRIDAY 8AM - 5PM | 88 BROADWAY REVERE

Put Your  
Success  
To Work.

Your next smart  
decision is what  
to do with your  
success. Easy  
choice, multiply it.

1.50%<sup>APY\*</sup>

Business Money Market

\*New Money Only. Minimum Deposit to earn interest is \$50,000. For existing Everett Bank Business customers, an additional deposit of \$10,000 is required.



Ask about our  
in-office business  
concierge service.

419 BROADWAY, EVERETT, MA 02149  
771 SALEM ST. LYNNFIELD, MA 01940  
WWW.EVERETTBANK.COM

617-387-1110  
781-776-4444  
MEMBER FDIC | MEMBER DIF

EverettBank

A CO-OPERATIVE BANK

Right by you.



DEMOCRATS:  
✓ELECT A CLIMATE  
CHAMPION

ROBERTO JIMÉNEZ RIVERA


for State Representative

11<sup>TH</sup> SUFFOLK DISTRICT

ELM  
ACTION FUND  
INDEPENDENT EXPENDITURE  
POLITICAL ACTION COMMITTEE

VOTE ON OR BEFORE **Sept. 6**

For more information please visit:  
MAClimateChampions.org



Paid for by the Environmental League of Massachusetts Action Fund Independent Expenditure PAC. Top Donors: ELM Action Fund, Amos Hostetter, Peter Bauer, Bob Taylor, Rick Burnes. For more information regarding contributors, visit OCPF.us.

# Sports

## Metro Mayors host Shannon Grant Basketball Tournament

Special to the Independent

Local teens, community-based organizations, and area law enforcement officials joined together for the Annual Shannon Grant Basketball Tournament in Everett last weekend, in a show of solidarity to support the fight against youth violence and gang involvement across Metro Mayors Coalition communities. On Saturday, August 6, teams from Everett, Malden, Somerville, Revere, Cambridge, Chelsea, and Winthrop competed in the 13th Annual Shannon Grant Basketball Tournament at the Everett Recreation Center. This year’s event included a cookout, ice cream truck, three-point contest, an artist, backyard games, and a visit from Malden Mayor Gary Christenson as well as Chelsea City Manager Tom Ambrosino.

“The Shannon Basketball Tournament is an important reminder of the positive outcomes we are able to achieve by bringing young members of the community and law enforcement together to enjoy some food, fun, and friendly competition” said Everett Mayor Carlo

DeMaria. “I am grateful for all the staff who work hard to make this event possible each year and to the young people for their willingness to engage with us.”

“The Metro Mayors Community Safety Initiative is critical to steering young people across our region away from violence,” said Chelsea City Manager Tom Ambrosino, who also serves as Chair of the Metropolitan Mayors Coalition. “It’s always a pleasure to see the youth in the region come together for this tournament. The relationships we saw on display among youth, coaches, and mentors from different cities in the region remind us of the great progress we have made in this region since the start of the Shannon Grant.”

“When people ask me what’s one of the best ways we can continue to move our communities forward, I always respond that it’s through partnerships especially like the ones on display at the 2023 Shannon Basketball Tournament. During this event, we had elected officials, police, and recreation department officials

come together to support our youth and I am certain that relationships were formed as a result that will carry forward,” said Malden Mayor Gary Christenson. “Of course, events like these don’t happen on their own. Rather, there needs to be a catalyst and that was just what the Metropolitan Area Planning Council was, by organizing and administering this great event.”

The annual basketball tournament has been held since 2009 to bring together youth, law enforcement, and community-based organizations involved in the Metro Mayors Shannon Grant Community Safety Initiative, which is a state-funded program that supports regional approaches to combating gang violence through law enforcement, job training, and after school programs. The tournament is hosted in a different community each summer, and brings together more than 100 youth in a fun, friendly competition.

For more information on the Shannon Grant or the Metro Mayors Coalition, contact Rosemary Volinski at [rvolinski@mapc.org](mailto:rvolinski@mapc.org).



Local teens at the Shannon Grant Basketball Tournament.



Cambridge won the tournament in a close game with Malden. A youth from Cambridge also won the three-point contest!

## CITY PAWS

### Exploring new territory

By Penny & Ed Cherubino

Many companion animals in the Greater Boston area find themselves exploring new territory in September. Moving can be a stressful time for furry family members. It’s up to us to help them make a safe and successful move and to guide them in exploring their new territory.

**Moving with Animals**

From the moment you begin packing, you are adding stress to your dog or cat’s safe place. Then you take them to a strange place and expect them to settle right in. One way to help them adjust is by moving their toys, beds, and climbing trees to your new home. You may be tempted to buy new items for your new place. However, your animals will be comforted by the sight and scent of the familiar.

After you check out your new residence for safety issues, watch as you allow the furry family members to explore their new territory. You might even consider taking the dog on a walk around your new home on a leash.

Sticking as near as you can to the routine your ani-

mals rely on can help them adjust to a new place. Try to keep to familiar times for meals, walks, play and rest. You can even provide a familiar sound. When our Poppy is in a new place, we use the same soothing music that we play at home when relaxing.

Don’t be surprised if you encounter some behavioral issues during the transition. These problems can range from not eating to breaking housetraining and should disappear as the animal settles into their new home.

**Exploring Their Way**

Dog guardians should be vigilant on those first outings on leash. Even if you only move a few blocks, you will encounter new people, dogs, noises, and dangers. Finding their way in new surroundings requires that dogs have time to sniff, look around, and greet other dogs and people. Plan to give yourself extra time for your dog to use their keen senses to get to know their new territory.

As you stroll new sidewalks, parks, and streets, your job is to look and listen for dangers and make

a note of places and situations where a touch of caution is needed. For example, an alley intersection in our area is always strewn with broken glass.

**Important Tasks!**

You need to update all the contact information forms that connect you with your animals if you are ever separated. This work might include the address and phone number associated with your animal’s microchip, dog license, and information on an ID tag.

If a friend or a family member has a key to your home to reach your dog or cat, should something happen to you, replace that with the new one.

**Legalities**

If you are moving to a new municipality, you’ll have to obtain a new license for your dog or even for your cat if you are in one of the local cities or towns that require them. When you visit the community website to apply for a license, check the local animal ordinances and see if there are legal dog recreation areas.

**Find New Professionals**



Moving can be stressful for companion animals. You can help them to explore their new territory safely. (Photo by: Erda Estremera)

Finally, if your move is distant, you will have to find new professionals. Asking for recommendations from new neighbors is a great way to start. Who do they use for a veterinarian, dog walker, groomer, or pet sitter? It can be revealing to ask if they have ever used anyone else and why they decided to change.

*Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.*

SEND US YOUR NEWS

The Everett Independent encourages residents to submit birth and engagement announcements, news releases, business briefs, honor rolls, social news, sports stories, and photographs for publication. Items should be forwarded to our offices at 385 Broadway, Citizens Bank Building, Revere, MA 02151. Items can also be faxed to 781-485-1403. The Independent also encourages readers to e-mail news releases to [editor@everettindependent.com](mailto:editor@everettindependent.com).

The Everett Independent assumes no financial responsibility for typographical errors in advertisements, but will reprint that part of the advertisement in which the error occurs. Advertisers will please notify the management immediately of any errors that may occur.

Join the Largest Emergency 911 Provider in the State!



EMT'S starting up to  
\$24.00 per hour

Paramedics starting up to  
\$26.00 per hour

CATALDO  
AMBULANCE SERVICE, INC.

NOW HIRING EMT's & Paramedics

• Free Education • PT/FT Opportunities • Flexible Schedules  
• Vacation & Sick Time • Generous Benefits • 401K Retirement

CALL 231 JOIN EMS  
VISIT [WWW.CATALDOAMBULANCE.COM](http://WWW.CATALDOAMBULANCE.COM)

\* Based on experience, position, city and wages may vary



CITY OF EVERETT HOSTS FINAL CONCERT IN THE PARK OF THE SUMMER

PHOTOS COURTESY OF THE CITY OF EVERETT

Mayor Carlo DeMaria and the City of Everett hosted the final Concert in the Park of the summer at Wehner Park featuring live music from Smokin' Joe and the The Henchmen.

This was the final concert in a series that took place throughout the months of July and August. The summer concert series seeks to bring friends, family and neighbors together to enjoy live music and have a fun time together as a community.

Smokin' Joe and his band, the henchmen, brought live entertainment and music with hit songs that span all ages. The audience, made up of families and people of all ages, was enjoying familiar hit songs being sung by Smokin' Joe, and the sound provided by his bandmates was phenomenal.

There was plenty of popcorn, drinks and snacks handed out to everyone who attended the event. It was truly a fun time for all.

Mayor Carlo DeMaria and the City of Everett would like to thank everyone who attended the final Concert in the Park and Smokin' Joe and The Henchmen for providing an excellent performance.

Smokin' Joe performing outside of the gazebo at Wehner Park.



Smokin' Joe performing outside of the gazebo at Wehner Park.



A young concertgoer enjoys some popcorn while sitting on the grass at Wehner Park.



It was a beautiful night to bring the family and sit on a blanket at Wehner Park to listen to Smokin' Joe.



Mayor Carlo DeMaria's Summer Youth Program workers handed out popcorn, snacks and drinks to all concertgoers.



Front row seats to see Smokin' Joe and The Henchmen perform.



Even dogs were enjoying the evening performance.



Concertgoers enjoying the entertainment.

To place a  
memoriam  
in the Everett  
Independent,  
please call  
617-387-9600

J.F. Ward  
Funeral Home

Compassionate, Professional  
Service Offering Pre-Need  
Planning

Independent & Locally  
Owned  
Est. 1929  
Kevin S. Creel, Director  
772 Broadway, Everett  
(Glendale Sq. Area)  
387-3367

OBITUARIES

All obituaries and death  
notices will be at a cost of  
\$150.00 per paper.  
Includes photo.No word Limit.  
Please send to  
obits@reverejournal.com  
or call 781-485-0588



Smokin' Joe and the Henchmen performed in the gazebo at the beautiful Wehner Park.



# 14th annual ALS & MS Walk for Living returns in-person

For the first time since 2019, the much-anticipated ALS (amyotrophic lateral sclerosis) and MS (multiple sclerosis) Walk for Living will be held in-person on Sunday, September 18 on Admiral’s Hill at 10 AM. A popular event on Boston’s North Shore, the 14th Annual ALS & MS Walk for Living is a testament to the remarkable residents at the Leonard Florence Center for Living, operated by Chelsea Jewish Lifecare. They show the world how they battle ALS and MS with courage, grace, sprit, and humor. Additionally, this year’s Walk will honor another group of amazing individuals: the friends and neighbors who live on Admiral’s Hill.

“We are thrilled to dedicate this year’s Walk for Living to the exceptional people who reside on Admiral’s Hill,” said Barry Berman of Chelsea Jewish Lifecare. “The Admiral’s Hill community has opened their hearts to us, welcoming us warmly year after year. We are truly grateful for their friendship, support, and generosity.”

Mike Scott, a 64 year-old resident who moved into the Center in 2014, was officially diagnosed with ALS in 2011, although he had been expe-

riencing symptoms since 1995. “Once Mike was diagnosed with ALS, he put on hold his dream of obtaining a PhD in chemistry and becoming a professor with a research concentration in biofuels. Yet Mike uses his talents every day to inspire the residents at the Leonard Florence Center.

Despite Mike’s ALS diagnosis, he lives a full, active life, going on trips, socializing with staff and residents, and giving tours of the Center. He is also beta testing a Google speech app that will recognize slurred speech and repeat it clearly using a synthesized voice. “When I was diagnosed, my doctor told me to get my affairs in order, as I may only have a few years to live,” recalled Mike. “I’m sure this isn’t what he meant, but I hope you’ll agree that my affairs are very much in order.”

“The past few years have showed us the importance of social interaction,” said Adam Berman, CEO of Chelsea Jewish Lifecare. “The isolation during the pandemic was difficult for everyone but was especially challenging for our Leonard Florence residents. This event celebrates their incredible strength, perseverance, and zest for living.”

Living An Independent Life

As the country’s first urban model Green House® skilled nursing facility, the Center cares for more individuals living with ALS than anywhere else in the world. Residents, many who are completely immobilized, control lights, turn on the TV, call for the elevator, and open doors with help of a computer and sensor that tracks head and eye movements. This revolutionary technology enables them to move independently through the entire residence, vastly improving their quality of life. The Stein Family Center for Well-Being, the only Green House® ventilator program in the country, opened in 2020.

The 2022 Walk for Living will take place at 10am on Sunday, September 18 at 165 Captains Row in Chelsea. Every single dollar raised goes directly back to patient care and programs for the ALS and MS residents.

Kevin Kelliher, president of The Lundgren Management Group, Inc. noted that the relationship between the Admiral’s Hill community and the Leonard Florence Center flourished from the very beginning. “We are in awe of our ‘neighbors on the hill,” stated Kelliher. “The



A team from a previous year ready for the walk.

residents inspire us, every single day, to live life to the fullest. It is an honor to be recognized by such an extraordinary organization.”

The two-mile walk in the heart of scenic Admiral’s Hill enables residents to participate in wheelchairs and ventilators as well as by foot. To register, go to the Walk for Living website and click on register.

Following the walk, there will be a BBQ hosted by Chili’s, face painting, live dance performances, a petting zoo, popcorn, and cotton candy. The \$20 donation fee includes

a Walk for Living tee shirt, all food, and activities. The Walk for Living is one of the few walks that are dog-friendly.

Platinum level sponsors include M&T Banks and Wilmington Trust; Gold Level A.H.O.H. Independent Newspaper Group is the media sponsor. For more information or to make a much-appreciated donation, please visit [www.walkforliving.org](http://www.walkforliving.org) or contact Walk Director Maura Graham at [mgraham@chelseajewish.org](mailto:mgraham@chelseajewish.org) or 617-409-8973. All donations are tax deductible.

About Chelsea Jewish Lifecare

Chelsea Jewish Lifecare is redefining senior care and re-envisioning what life should be like for those living with disabling conditions. The eldercare community includes a wide array of skilled and short-term rehab residences, ALS, MS and ventilator dependent specialized care residences, traditional and specialized assisted living options, memory care, independent living, adult day health, and homecare and hospice agencies that deliver customized and compassionate care.

## Blue Cross Blue Shield of Massachusetts sponsors Bluebikes valets

To help support Metro Boston residents during the upcoming Orange and Green Line shutdowns, Bluebikes title sponsor Blue Cross Blue Shield of Massachusetts (Blue Cross) will sponsor additional valet service at four Bluebikes stations, expanding accessibility to the public bike share system at peak usage times. Bluebikes is owned by the system’s 11 municipalities and operated by Lyft.

With an expected increase in Bluebikes ridership during the Orange and Green Line closures, the valet service will help expand bike and dock avail-

ability at some of the busiest stations and provide an accessible and alternative mode of transportation during the shutdowns. The additional valet support, sponsored by Blue Cross and in partnership with the City of Boston, will be available to riders at select Bluebikes stations weekdays from Monday, August 22, through Friday, September 16, during the hours of 7-11 am and 3-7 pm. To find real-time valet service locations, please visit the System Map on the Bluebikes website or the Bluebikes app and look for the Valet icon at your destination station to

confirm service is active.

“We’re committed to promoting accessible, healthy transit options in our communities, including through continued collaboration with our partners across the Bluebikes municipalities,” said Jeff Bellows, vice president of corporate citizenship and public affairs at Blue Cross. “We hope that our support of Bluebikes will help support greater Boston residents through the MBTA shutdowns.”

In conjunction with the additional valet support during this time, the City of Boston has also announced free 30-day Blue-

bikes passes during the MBTA closures to further support the community. To access free passes, which are available beginning August 19, residents can download theBluebikes app or navigate to [Bluebikes.com/join](http://Bluebikes.com/join) and select a Monthly Membership. Existing Bluebikes users can log into their online account and select “Renew Membership.” Current monthly members with auto-renew turned on will not be charged for the new pass this month.

Blue Cross is in the fifth year of a six-year Bluebikes title sponsorship, which launched in May 2018. Through its partnership with the municipal owners of Bluebikes, Blue Cross continues to support

system growth and accessibility, including station expansions, upgrades, and additional bikes, and is pleased to be able to support the city of Boston during this scheduled MBTA maintenance.

About Bluebikes  
Bluebikes is public transportation by bike. The system is jointly owned and managed by the Cities of Boston, Cambridge, Everett, Salem and Somerville and the Town of Brookline. Blue Cross Blue Shield of Massachusetts is the system’s title sponsor. Riders can find 400 stations and 4,000 bikes across 11 municipalities in Metro Boston. Since 2011, more than 14 million trips have been taken by bike

share. For more information about Bluebikes, visit [bluebikes.com](http://bluebikes.com).

About Blue Cross Blue Shield of Massachusetts

Blue Cross Blue Shield of Massachusetts ([bluecrossma.org](http://bluecrossma.org)) is a community-focused, tax-paying, not-for-profit health plan headquartered in Boston. We are committed to the relentless pursuit of quality, affordable and equitable health care with an unparalleled consumer experience. Consistent with our promise to always put our members first, we are rated among the nation’s best health plans for member satisfaction and quality. Connect with us on Facebook, Twitter, YouTube, and LinkedIn.

## Craigie Drawbridge to have more scheduled timed openings

The Massachusetts Department of Transportation (MassDOT) is announcing it has received permission from the U.S. Coast Guard to reduce the number of daily “on demand” openings of the Craigie Drawbridge between Boston and Cambridge and to instead have more scheduled timed openings of the drawbridge to make travel more efficient by MBTA bus shuttles using the bridge during the Orange Line and Green Line closure.

- Starting at 6 p.m., and running through 7 p.m., September 18, the Craigie Drawbridge will only open for marine traffic at these scheduled times mid-days: 10:30 a.m., 12:30 p.m. and 2:30 p.m.
- The duration of these openings will be 10 minutes.
- This is new for mariners who normally can approach the bridge and have the bridge open on signal.
- The U.S. Coast Guard has approved boats not requiring an opening to be allowed to go under the bridge when needed. Larger boats are directed by the State Police Marine Unit to line up and wait until 10:30 a.m., 12:30 p.m. and

2:30 p.m. at which time the bridge will be opened to allow safe passage.

- The bridge will remain manned 24 hours.

- In addition, the U.S. Coast Guard has approved an extended Monday-Friday afternoon closure of the drawbridge, from 6:30 p.m. to 7 p.m.

During the suspended Orange Line and Green Line closures, approximately 100 MBTA shuttle buses will use a route which includes the Craigie Drawbridge, doing continuous loops each day where headways are expected to be 45 to 60 seconds.

On weekends and Labor Day, the bridge shall open on signal. Vessels capable of passing under the bridge in the closed position shall be allowed to do so. At all times the bridge shall open upon request by public safety and law enforcement vessels. The bridge shall open on signal at all times other than the closures approved by the regulation and this letter. The U.S. Coast Guard will announce the temporary change to the bridge operating regulation in the Local Notice to Mariners and via a Broadcast Notice to Mariners. MassDOT has agreed

to provide openings for prescheduled trips of the Charles Riverboat Company on Saturday, September 10.

MassDOT sought permission from the U.S. Coast Guard, in part stating, “This time of year Craigie Drawbridge is typically open on signal; except that from 6:15 a.m. to 9:10 a.m. and 3:15 p.m. to 6:30 p.m., Monday through Friday, except holidays, the draw need not open for the passage of vessels, except Emergency and vessels in distress. We would request that in addition to the peak hour restrictions, we extend the time to 7:00 p.m. and between the midday hours from 9:10 a.m. to 3:15 p.m. that the drawbridge shall only open at scheduled times: 10:30 a.m., 12:30 p.m. and 2:30 p.m.” The U.S. Coast Guard approved all restrictions suggested by MassDOT for the time period of the MBTA Orange and Green Line closure only. The Craigie Drawbridge is regulated by Regulation 33 CFR 117.591 and located on SR 28 (Msgr O’Brien Highway}, mile 1.0, across the Charles River.

STICK TO IT!

Share your message in our paper with a STICKY NOTE

OPEN HOUSE? STICK IT!

FUNDRAISER? STICK IT!

NEED-TO-KNOW INFO? STICK IT!

Keep your name in the eyes of our thousands of readers!

Sticky size: 3 in. x3 in.

Shown sized to scale above covers approx. 2 columns

Copy for a Sticky due 3 weeks prior to run date

Four Options to Choose From

7,000 COPIES 2-COLOR \$600	7,000 COPIES 4-COLOR \$700	12,000 COPIES 2-COLOR \$800
12,000 COPIES 4-COLOR \$900	4-COLOR STICKIES CAN BE A COMBINATION OF COLORS. 2-COLOR STICKIES CAN BE MADE WITH ANY 2 COLORS	

Call or Email Your Rep Today!

DEB@REVEREJOURNAL.COM 781-485-0588

SARATINO INSURANCE AGENCY

Island End River work by Everett, Chelsea gets glowing reviews on Mystic Report Card

MOVIE NIGHT IN EVERETT

Everett Independent

Wednesday, August 19, 2020

Published by the Revere-Journal Group LLC

APPROCIATION

Ambassador Walter Carrington Everett native passes at 90



NEWS FROM AROUND THE REGION

FIVE ALARM FIRE IN CHELSEA

CHELSEA - A five-alarm fire early Wednesday at a Cottage Street triple-decker duplex sent four residents and two firefighters to the hospital. The six people taken to local hospitals are expected to be okay, according to officials.

Chelsea firefighters responded to the three-story, wood-framed building at 32-34 Cottage St. just after midnight to find heavy fire on all three floors. In addition to causing major damage to this structure, the fire also caused less serious damage to residential buildings on the left and right sides.

Firefighters rescued one person from a third-floor window using a ground ladder and assisted others out of the building on foot. More than 30 people were displaced and are being assisted by the Red Cross. Four residents and two firefighters were transported from the scene for medical care at a local hospital.

“It was a very labor intensive fire, five alarms worth of companies, all of our mutual aid partners,” Chelsea Fire Chief Leonard Albanese told WCVB News from the scene of the fire. “Our first arriving company here did a tremendous job and very strong work to contain it to the building.”

Video from the scene showed intense flames coming from the back of the large duplex structure, destroying the back porches and causing a partial collapse.

Mutual aid companies from Boston, Cambridge, Everett, Lynn, Malden, Medford, Melrose, Revere, Saugus, Somerville, and Winthrop, assisted at the scene. Companies from Belmont, Boston, Cambridge, Everett, Lynn, Malden, Medford, Melrose, Revere, Somerville, and Wakefield provided station coverage. The exact cause of the fire remains under investigation by the Chelsea Fire Department and the State Police Fire & Explosion Investigation Unit assigned to the State Fire Marshal’s office.

The cause of the fire is under investigation by the state Fire Marshal’s office.

COX SWORN IN AS POLICE COMMISSIONER

EAST BOSTON - Surrounded by his family, Michael Cox was sworn in as the Boston Police Department’s (BPD) 44th commissioner on August

15 on City Hall Plaza.

On July 13, Mayor Michelle Wu announced that Cox, a Boston native, was selected to be the next BPD commissioner. Cox had served for 30 years on the BPD before becoming the Chief of Police in Ann Arbor, Michigan.

Retired BPD Superintendent Lisa Holmes hosted the swearing-in ceremony, and an invocation was provided by Pastor Arthur T. Gerald, Jr. The benediction was provided by Father John Connolly.

Wu began her remarks by talking about her first conversation with Cox, which she said she does not recall. It was during her first City Council campaign on a softball field in West Roxbury, where Cox was “just a dad watching his kid’s softball game,” Wu said.

“The first real conversation that we had, that I remember, was during the interview for this job, and immediately, I had a feeling settle in my chest that we might have done the impossible.”

Wu said that she had been told it was “impossible” to find a commissioner that had everything the community and the selection committee was looking for.

“But at the end of the day, Michael Cox is used to proving that more is possible,” she said.

She continued, “I am proud that today, a boy from Roxbury is going to serve as the commissioner of the Boston Police Department; first and finest in the country.”

Wu said that during her nine months in office, she has “already seen the incredible range of what our BPD officers are called to do day in and day out,” and that the goal is to ensure all Boston communities are included.

During his remarks, Cox praised Wu and her leadership, as well as her “commitment” to the city’s residents. He also thanked former police commissioners and his family.

“To come home and be able to lead in this department in this city, to come to a place where I grew up, where I was raised, where I was an officer, where I raised my family; this is an incredible opportunity,” he said. “And with all great opportunities comes great responsibility, and I look forward to making sure I live up to that responsibility.”

He continued, “Those in law enforcement enter policing to serve the community, but we have to imagine how we do that in

the world we’re living in today. We have to actively engage with the community, because in order for us to be successful, that’s the path to get there.”

When Cox was announced as the new commissioner last month, he spoke of community inclusion and getting feedback from the community in his remarks. He said he feels it’s important to listen to the residents of Boston and what they need from the police department.

On Monday, he reiterated that sentiment and said that the department aims to support its officers and other members of the department by providing the tools they require “to be successful and safe.”

Additionally, he said that the BPD will “hold each member of the department accountable for what we ask them to do. Most importantly, we will support them as they meet the community where they are.”

Cox said that during the selection process when the city held community listening sessions, the majority of feedback indicated that residents want “transparency, accountability, procedural justice, [and] equity and inclusion.”

He said, “in our path forward, these will be the heart of everything that we’re going to try to do with the police department.”

As one of the oldest cities in the country, Cox said that Boston’s police department “has, from time to time, failed...” but has gotten back up and looked for ways to move ahead.

“We are in a different time right now, and I’m quite confident that we will meet the challenge ahead of us,” Cox said.

In July, Cox said that he was a “victim of unconstitutional policing” in 1995, but still remained a member of the police force because he wanted to make a difference.

The Associated Press reported that in 1995, Cox was working undercover as a plainclothes officer in the BPD’s gang unit. Cox was about to grab a shooting suspect, the article reports, when he was “struck from behind.” The article continues, “he was kicked and punched by fellow officers, suffering head injuries and kidney damage.”

The article also said that an injury report states that Cox slipped on ice, “causing him to fall and crack his head.”

Cox said, “I worked to change policing since that

CELEBRATING 126 YEARS OF REVERE BEACH



The Chelsea Carter Trio opened the entertainment on Revere Beach last Saturday during the celebration of 126 years of Revere Beach, the nation’s first public beach. Shown below, The Revere Beach Partnership was part of the Revere Beach celebration, Haley Rosenblatt Adrienne Maguire, Zach Swales and Kyle Stone.



incident occurred, and I will continue to do all I can do to make sure that no Black or Brown person, or any individual, no matter what their gender identity or race, is a victim of any kind of unconstitutional policing.”

He praised the work of BPD officers and said that “this is a day full of hope. We’re going to try to reimagine the police. We’re going to be better, we’re going to be stronger, we’re going to build off the strengths of every individual that works there, both sworn and civilian.”

Cox was optimistic in his remarks and expressed his belief in the department and in the City of Boston.

“As we move forward, we promise that we’re going to try to be truly equitable and inclusive,” he said. “We’ll work to ensure that the department looks like the communities we serve, so we can always police in a community-friendly way.”

EVERETT FOOTBALL STARTS SEPTEMBER 9

EVERETT - Everett Stadium will be the place to be on Sept. 9 as the Everett High football team hosts Xaverian in a dream matchup at Everett Veterans Memorial Stadium.

But the Crimson Tide’s 2022 season opener is still three weeks away as head coach Rob DiLoreto and his staff will welcome their team to preseason practices that get underway Friday.

“We’re expecting 85-90 players,” said DiLoreto. “We have a healthy number of freshmen. and that number will increase when students return to school. We already have more than 20 committed freshmen who were lifting weights and getting in shape this summer, and we’re very excited about that.”

Pre-season schedule announced

Everett will have an intra-squad scrimmage on Saturday, Aug. 27 at 4 p.m. at Everett Stadium.

The following Tuesday, Aug. 30, Everett will travel to Mansfield for a scrimmage at 4 p.m. The

Tide will wrap up their pre-season schedule with a simulated game-scrimmage on the road against former GBL opponent Peabody on Friday, Sept. 2.

“Mansfield is always a well-coached, disciplined team and that will be a challenge for us,” said DiLoreto. “Peabody is a very good program, and they will be a title contender in their conference [Northeastern] this season.”

In addition to Xaverian on the regular season schedule, Everett will play at BC High on Sept. 30. The GBL opponents are Somerville, Lynn English, Revere, Medford, Malden, and Lynn Classical.

The Tide do not have a Thanksgiving game on their schedule at this point, though DiLoreto continues to seek an opponent. Last year’s Thanksgiving foe, St. John’s of Shrewsbury, decided to move on and play Malden Catholic on the holiday.

Christian Zamor commits to Boston College Christian Zamor, a 6-foot-1-inch, 205-pound junior, has committed to Boston College. Zamor is one of the first players in the Class of 2024 to announce his decision to attend BC.

Christian’s brother, Ish Zamor, is a freshman wide receiver at Boston College. Christian will be a wide receiver and defensive player (linebacker/afety) for Everett this season.

Congratulations, Christian, on your decision to attend one of the nation’s most prestigious colleges.

Everett High’s coaching staff

Head coach Rob DiLoreto will be joined on the Everett High sidelines by an assistant coaching staff that consists of Chris Miller, John Capra, Greg Bluestein, Claudy St. Juste, Malik Love, Lubern Figaro, Angel Duarte, Frank Roche, Cory DiLoreto, Jay Holt, Lubens Figaro, and Mac Powell.

Corey DiLorero is the son of Rob DiLoreto. Corey was an All-Scholastic quarterback who led Reading High to back-to-

back Super Bowl appearances. He went on to excel in Division 1 college baseball at Northeastern. Corey will be the Everett quarterbacks coach.

Captains ready to go The captains of the 2022 Everett High football team are Karmarri Ellerbi, Nick Raymond, and Giacobbe Ward.

Isaiah Likely makes NFL pre-season debut Former Everett High football star Isaiah Likely had four catches for 44 yards in his NFL pre-season debut for the Baltimore Ravens in their 23-10 victory over the Tennessee Titans.

CELEBRATING 90th ANNIVERSARY

LYNN - Wayne Simonelli’s well-known business, North Shore Vacuum, located on Market Street in Lynn is really floor-ishing. Yes, that’s a pun and not a very good one, at that.

But the flourishing part is very true as North Shore Vacuum is approaching its 90th anniversary in the city, a testament to the professionalism and expertise of the family that has been rewarded by the loyalty of its multi-generational customers.

And it should be noted that Simonelli actually has two stores that sell vacuum cleaners and other floor-care related products. He has also owned North Shore Vacuum on South Main Street (Route 114) in Middleton for 15 years. Jillian Dunn, Wayne’s daughter, directs the Middleton store’s operations. Wayne also has two sons, Adam and Eric, who like Jillian, were frequent visitors to the store during their childhood.

Simonelli is in his 33rd year as the leader of North Shore Vacuum. Wayne’s uncle preceded him as the owner and prior to that, Wayne’s great-uncle started it all in 1934.

Also worked for the MBTA

Wayne Simonelli grew up in Chelsea and graduated Chelsea High in 1970. He then studied com-

Great Rock Christian Academy

Craft Fair and Raffle

SATURDAY, SEPT. 17 10am-4pm  
256 ANDOVER STREET, DANVERS







# Do not lose sleep worrying about insomnia

There’s nothing quite as frustrating as not being able to get to sleep and stay asleep. Insomnia happens to most people at one time or another in their life but is more common in older adults.

Insomnia is the most prevalent type of sleeping problem in elders. With insomnia, people have trouble falling asleep and staying asleep. Some issues that lead to insomnia include worrying about certain things that makes your mind rave or taking any new medication (over the counter or prescription) that may be causing side effects. Sleep apnea is another issue. When an individual suffers from sleep apnea, he or she stops

breathing momentarily while sleeping and subsequently wakes up after each cessation. Movement disorders, such as Restless Leg Syndrome and Periodic Limb Movement Disorder, are other causes of sleeplessness. Such conditions cause uncomfortable feelings in the legs that can lead to unsettled sleep.

The National Sleep Foundation states elderly people may also experience insomnia because of a change to their circadian rhythm. Our body has internal clock that gives us signals when it is time to go to bed. As we age, these circadian signals become less efficient which result in elderly people going to bed earlier and waking up

earlier.

According to a publication by the National Institute on Aging, “A Good Night’s Sleep,” older adults should get 7-9 hours of sleep per night. Unfortunately, many elders don’t get enough sleep for many reasons. People function better with the appropriate amount of sleep but when they go without sleep, they may be irritable, forgetful, depressed, and be more likely to have falls.

There are some steps older adults can take to help sleep better. Follow a regular schedule, going to bed at the same time each evening and waking at the same time each morning. Create a bedtime routine and follow it each night

30 minutes prior to going to bed. By doing a routine regularly, your body will begin to know when it’s time to sleep. Also, make sure the pillows and mattress are comfortable, exercise frequently, but avoid exercise three hours before bedtime, and be aware of when you eat. Eating a large meal close to bedtime can prevent you from sleeping well.

Most importantly, talk with a primary care physician to rule out any physical problems that may be causing the restless sleep patterns. Only a physician can diagnose some of the more serious causes of sleep disorders.

With a little work on your part and help from

your doctor, you should be able to get a good night’s sleep without counting sheep.

The first line of defense when it comes to how to treat insomnia in elderly adults is behavioral changes. This includes things such as:

- Limiting fluids up to 3 hours before bed
- Avoiding caffeine and/or tobacco
- Not having a large meal before bedtime
- Keeping your bedroom as dark as possible
- Only use your bed to sleep instead of laying on it to watch tv
- Doing what you can to reduce noise
- Being as active as possible during the day

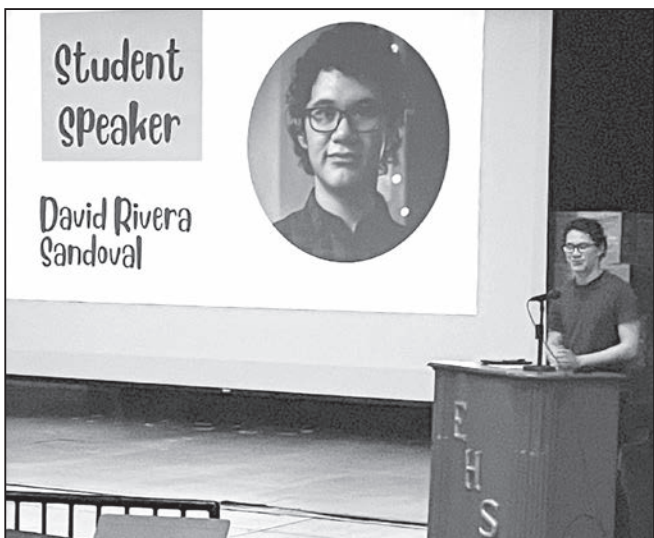
Located in Malden, Mass., Mystic Valley Elder Services is a non-profit agency that provides essential home- and community-based care and resources to older adults, people living with disabilities, and caregivers who reside in Chelsea, Everett, Malden, Medford, Melrose, North Reading, Reading, Revere, Stoneham, Wakefield and Winthrop. Agency services include coordination of home care, transportation, Meals on Wheels, and information and referrals. For more information, please call (781) 324-7705 or visit [www.mves.org](http://www.mves.org).

## School // CONTINUED FROM PAGE 1

the community, mark your calendar for Friday, September 9. EHS will begin the 2022 campaign with a home game against longtime rival Xaverian. Kick-off is set for 7:00 p.m.

According to EPS officials, enrollment for the start of the school year will exceed 7,000 students, including more than 2,000 students at Everett High School. The district is also welcoming more than 90 new teachers and paraprofessionals, featuring a mix of first-year teachers and experienced educators coming from other districts.

Amongst the many new hires are additions to the Central Office team that include a new Director of Social and Emotional Learning in Dr. Brian Wallace, the longtime principal of the Devens School. Also joining the EPS leadership team is Lauren O’Connor, the district’s first-ever Director



**WHY WE DO THIS:** The Everett Public Schools extends its sincerest thanks to David Rivera Sandoval for speaking at Monday’s New Teacher Orientation event at Everett High School (EHS). David was an exceptional member of the Class of 2022, a skilled artist and designer and a passionate advocate for his classmates. His remarks on Monday were thoughtful, inspiring, intelligent, humorous, and heartfelt. It was a privilege to include him in welcoming new staff to the district!

of Security.

The following is the roster of building leaders:

- Everett High School: Principal Dennis Lynch; Vice Principals Stanley

Chamblain and James Murphy

- Keverian (K-8): Principal Alex Naumann; Assistant Principals Janet Taylor and Keith Spencer

- Lafayette (K-8): Principal David Brady; Assistant Principal Kerri Norton
  - Parlin (K-8) Principal Nancy Sutera; Assistant Principals Paolo Lambresa and Samantha Gianngrasso
  - Madeline English (K-8): Principal Theresa Tringale; Assistant Principals John Sutera and Tiffany Boakye
  - Whittier (K-8): Principal Michael McLucas; Assistant Principal Cara Fidalgo
  - Webster (K-5): Principal Christopher Barrett
  - Devens (K-12 (Special Education School): Principal Dr. Brittany Puleo
  - Adams School (Pre-Kindergarten): Head Teacher Laurie Stokes
  - Webster Extension (Pre-Kindergarten): Head Teacher Jessyca Redler
- “We have made exciting changes and additions to our leadership structure across the system,” said

Superintendent Tahiliani. “We have some new faces in new roles, and we have moved some veteran EPS educators into elevated positions. I am very excited to be working with this group on behalf of our students, staff, and families.”

Final preparations for 2022-2023 ramped up last week when the district held a three-day leadership retreat featuring renowned educator Dr. Jeff Zwiers from Stanford University. He led sessions on how to best engage students in authentic conversations and building ideas. Dr. Zwiers will work with EPS teachers and building leaders throughout the year.

“We want our students to engage in fun, engaging, and meaningful activities and learning experiences,” said Superintendent Tahiliani. “Dr. Zwiers will help guide us in this effort.”

In addition, the EPS is holding new teacher orientation between Mon-

day and Thursday of this week, a practice that was launched by Superintendent Tahiliani and which has grown into an essential component to the annual back-to-school preparations.

All EPS teachers, paraprofessionals, and school leaders will convene on Monday, August 29th for a full day of professional development. As with the leadership retreat, the session will be led by Dr. Zwiers. Educators will work with building leaders and set up their classrooms on August 30th, in advance of Wednesday’s opening day for Grades K through 9.

Last but not least of this long list of back-to-school events is the first School Committee meeting of the 2022-2023 school year, which will be on Monday, August 29 at 6:30 p.m. in the EHS Library.

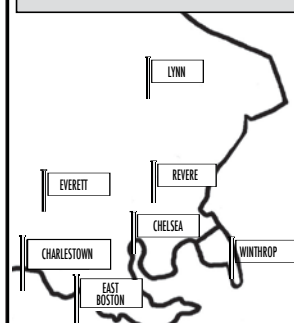
## LEGAL NOTICE

**LEGAL NOTICE**  
LEGAL NOTICE  
NOTICE OF PUBLIC SALE  
Notice is hereby given by  
Rigano's Towing Service  
1081 Fellsway, Malden,  
MA, pursuant to the provisions of Mass General  
Laws, Chapter 255, Section 39A, that they will  
sell the following vehicles  
on or after September

1. 2022 beginning at  
10:00 am by public or  
private sale to satisfy  
their garage keepers lien  
for towing, storage, and  
notices of sale. Vehicles  
are being stored at Rigano's Towing Service.  
1. 2007 Mercury Milan VIN  
3MEHM07Z77R662923  
2. 2007 Honda  
Accord VIN 1HGC-

M66507A036686  
3. 2011 Buick  
Lacrosse VIN 1G4GD-  
5ED5BF229944  
4. 2008 Mercedes  
S550 VIN WDD-  
NG86X38A158509  
Signed  
Basil Rigano  
Owner  
8/17, 8/24, 8/31  
EV

• Revere • Everett • Winthrop • Lynn • East Boston • Chelsea • Charlestown



## Independent Newspaper Group Classified

Call:  
781-485-0588  
Fax:  
781-485-1403

7 COMMUNITIES

More Than 100,000 Readers Each Week

**REAL ESTATE**  
Sales • Rentals  
Land • Commercial  
**RECRUITMENT**  
Professional • Medical  
General • Services

• Auto Sales • Yard Sales  
• Miscellaneous

### APARTMENT FOR RENT

Revere, off Park Ave.  
Second floor, 51/2  
Sunny rooms,  
2 bed, modern kitchen  
with in unit laundry  
hook ups, Fenced yard,  
off street parking, near

bus line. Available  
October 1st \$2100  
No utilities, No smoking,  
No pets.  
617-460-3017 9am-9pm

### FOR SALE

AMAZING Apartment  
sale - REVERE  
Tools, antiques,  
pictures, metal toy cars  
& trucks, old bottles,

lots of knick-knacks.  
Must see! Ricky 781-  
853-9700  
9/14

TO PLACE YOUR AD  
CALL  
781-485-0588

### HOME CARE WANTED

SERVICES WANTED:  
Personal care attendant  
needed in Everett.

Afternoons available.  
Call Susan 617-389-  
6190. 7/20-8/10.

### HELP WANTED

### GROUNDSDKEEPER/ CUSTODIAN

The Everett Housing Authority seeks qualified applicants with a minimum of two years of custodian and grounds keeping experience for full-time employment with benefits. The selected candidate must pass a physical and criminal records check. Resumes with cover letters may be submitted to Stephen Kergo Executive Director, Everett Housing Authority, 393 Ferry St., Everett, Ma 02149 or [SKergo.eha@comcast.net](mailto:SKergo.eha@comcast.net). Position is open until filled. EHA is an Affirmative Action/ Equal Opportunity Employer.



### FHAP AGENCIES & OTHER STATE/ LOCAL REFERRAL AGENCIES

**BOSTON FAIR HOUSING COMMISSION**  
One City Hall Plaza, Suite 966  
Boston, MA 02201-1054  
617-635-4408

**CAMBRIDGE HUMAN RIGHTS COMMISSION**  
51 Inman Street  
Cambridge, MA 02139-1732  
617-349-4396

**CONNECTICUT COMMISSION ON HUMAN RIGHTS & OPPORTUNITIES**  
21 Grand Street, 4th Floor  
Hartford, CT 06106-1561  
860-541-3400

**MAINE HUMAN RIGHTS COMMISSION**  
51 State House Station  
Augusta, ME 04333  
207-624-6050

**MASSACHUSETTS COMMISSION AGAINST DISCRIMINATION**  
One Ashburton Place, Room 601  
Boston, MA 02108-1599  
617-994-6000

**RHODE ISLAND COMMISSION ON HUMAN RIGHTS**  
180 Westminster Street, 3rd floor  
Providence, RI 02903-3768  
401-222-2661/62

**VERMONT HUMAN RIGHTS COMMISSION**  
135 State Street, Drawer 33  
Montpelier, VT 05633-6301  
802-828-2480

**NEW HAMPSHIRE COMMISSION FOR HUMAN RIGHTS**  
2 Chenell Drive  
Concord, NH 03301-9053  
603-271-2767

**NEW HAVEN COMMISSION ON EQUAL OPPORTUNITIES**  
200 Orange Street, Room 402  
New Haven, CT 06510  
203-946-8160/8165

Extend your Business's reach  
with Online Advertising!

Clients and Customers  
are just a click away!

\$300<sup>00</sup> per month  
per site



REVEREJOURNAL.COM • WINTHROPTRANSCRIPT.COM  
LYNNJOURNAL.COM • EVERETTINDEPENDENT.COM  
EASTIETIMES.COM • CHELSEARECORD.COM  
CHARLESTOWNBRIDGE.COM • BEACONHILLTIMES.COM  
NORTHEASTREGIONALREVIEW.COM • THEBOSTONSUN.COM  
JAMAICAPLAINGAZETTE.COM • MISSIONHILLGAZETTE.COM

Combo Rates available!  
Buy any 3 sites, get 4<sup>th</sup> FREE

Call 781-485-0588 to get started!

AD SIZE

in pixels

W: 160px

H: 600px

please send  
in "png"  
format



CHURCH News

Mystic Side Congregational Church

News and Notes

Mystic Side Congregational Church is located in Everett, on Malden-Everett border, at 422 Main Street. We offer a warm, inviting atmosphere, and all are welcome. Our Sunday Church service starts at 10:30 a.m. and Communion is offered on the first Sunday of each month. A very pleasant coffee hour

and socializing follow our services. Parking is available in our lot next to the church on Wyllis Ave. (one way off Main Street). We look forward to welcoming you this Sunday.

**Mystic Side  
Congregational Church  
422 Main Street  
Everett, MA**

Zion Church - Everett

News and Notes

Senior Pastor Bishop Robert G. Brown will be hosting Virtual Masses to bring the people together, spiritually while they can't physically. Their virtual sanctuaries can be accessed via their face-

book page, "Zion Church Ministries."

For more information, they can be reached online at [zionchurchministries.com](http://zionchurchministries.com) or via email at [office@zionchurchministries.com](mailto:office@zionchurchministries.com)

Glendale United Methodist Church

News and Notes

Glendale United Methodist Church is open to all and we welcome people of all faiths, race, nationalities and sexual preference. No one is ever turned away. If you are looking for a new home church, we would like you to check us out and let us know what we can do to make church a better fit in your life.

Bible Study: Consider joining us for Bible study on Sunday. We meet in the Church Parlor off the Chapel from 9:30 to 10:00 a.m.

Sponsor the bulletin! For a \$5 donation, you can dedicate the Sunday bulletin to recognize family, friends, or special occasions. There is a sign-up sheet in the Pastor's study. Feel free to choose your particular week and leave a copy of your dedication in the mail in that is on the Pastor's door. Please contact the Pastor if you have any questions.

Boy Scout Troop 814: Meet in Cooper Hall on Tues. evenings from 6-9 p.m. Cub Pack 11 meets on Saturday mornings.

NA Meetings – Mon.

Glendale Christian Lighthouse Church

News and Notes

Sunday 10:30 a.m. Worship service.

Weds. hour of Power, worship, prayer and Bible Study, via Zoom.

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters," Colossians 3:23

"In Pursuit of Spiritual Excellence"

Righteousness, Godliness, Faith, Love, Truth

**GLENDALE  
CHRISTIAN  
LIGHTHOUSE  
CHURCH  
701 BROADWAY  
EVERETT,  
MASSACHUSETTS  
02149  
617-387-7458  
Rev. Larry Russi, Sr.  
Pastor  
pastorlarry@  
thelighthousechurch701.net**

Church at the Well Everett

News and Notes

Church at the Well Everett is a new church for Everett. Check us out on Facebook at [www.facebook.com/churchforeverett](http://www.facebook.com/churchforeverett) to view weekly devotions and updates, visit us at [www.foreverett.church](http://www.foreverett.church)

to sign up for our newsletter and see how we can help you, or connect with the Everett Community Aid Network at [www.everettcan.com](http://www.everettcan.com) to request any additional help.

Grace Anglican Episcopal Church

News and Notes

Grace Anglican Episcopal Church is open & welcoming to all.

There are 2 services on Sundays: 10am English, 1pm South Sudanese Dinka

Come all and let us walk together in this sea-

son of hope, renewal and new beginnings.

**Grace Anglican  
Episcopal Church  
67 Norwood Street,  
Everett, MA  
Church Phone  
617-387-7526 or  
617-389-5765**

VISIT EVERETTINDEPENDENT.COM

Please Recycle this Newspaper

Mammograms Save Lives.

All women over 40 should have a mammogram once a year. Breast cancer found early offers the best chance to be cured. Free or low cost mammograms are available.

For more information and answers to any of your cancer questions, contact us any time, day or night.

[www.cancer.org](http://www.cancer.org) 1.800.ACS.2345

Hope. Progress. Answers.®





GET UP TO A  
**\$10,000**  
ENLISTMENT BONUS  
IF YOU QUALIFY

### ADRENALINE RUSH!

You'll also get career training and money for college. If you're ready for the excitement, join the Army National Guard today.



**I-800-GO-GUARD • [www.I-800-GO-GUARD.com](http://www.I-800-GO-GUARD.com)**

Everett's Professional Service Directory

**CONTRACTING**  
**TRITTO CONTRACTING**  
Building, Remodeling, Kitchens, Baths, Decks, Additions, Roofing, Siding, Home Repairs  
**Mark Tritto**  
(617) 401-6539  
[@trittobuilds](#)  
We accept all major credit cards  
LICENSED & INSURED  
FREE ESTIMATES

**PAINTING**  
  
**Nick D'Agostino**  
*Professional Painter*  
Cell: 617-270-3178  
Fully Insured  
Free Estimates

**JOHN J. RECCA PAINTING**  
Interior/Exterior  
Commercial/Residential  
Fully Insured  
Quality Work  
Reasonable Rates  
Free Estimates  
781-241-2454

**ELECTRICIAN**  
*Dominic Petrosino Electrician*  
"No Job Too Small"  
Prompt Service is my Business  
Free Estimates  
Licensed & Insured E29162  
617-569-6529

**MUSIC LESSONS**  
*Children's Music Academy*  
*Bring Music to Life*  
Instruments offered:  
Voice, Violin, Viola, Cello, Contrabass, Drums, Flute, Clarinet, Saxophones, Piano, Choral Music, OBoe, Bassoon, Classical Guitar & more!  
857-544-6514  
  
Call or visit us Online for more info!  
701 Broadway, Everett  
[childrensmusicacademy.com](http://childrensmusicacademy.com)

  
**PLEASE RECYCLE**

**LANDSCAPING**  
**Ray's Landscaping**  
Mowing • Edging • Weeding  
Bushes, Shrubs  
Cleaning: Trash & Leaves  
New Lawn, Patio, Concrete  
Brick Work  
Ray: 781-526-1181  
Free Estimates

**Spring Clean Ups**  
**CLOVERS LAWN CARE**  
• New Lawns Installed  
• Trees and Branches  
• Mulch & Hedges  
• Mowing & Fertilizing  
• Junk Removal  
FREE ESTIMATES  
Call Kevin  
617-884-2143  
[cloverslawncare@gmail.com](mailto:cloverslawncare@gmail.com)

**RAY'S LANDSCAPING GARDENING SERVICES**  
  
Mowing - Weeding  
Trimming: Bushes Shrubs  
Everywhere in Front & Back Yard  
New Lawn, Patios, Concrete, Brick work  
Call RAY — 781-526-1181  
Free Estimates!

**2 col. x 1 inch  
\$120.00  
For 3 Months  
(\$10/wk)**

**REAL ESTATE**  
**Gina S Soldano REALTOR®**  
ABR®, AHWD, e-PRO®, GREEN, MRP®, PSA®, SFR®, SRES®, SRS®  
Broker/Associate  
(857) 272-4270  
Gina.Soldano@era.com  
gsoldanorealtor.com  
  
Millennium Real Estate  
291 Ferry Street,  
Everett, MA 02149

**PLUMBING**  
**PATRIOT**  
Sewer & Drain Plumbing Services, LLC  
  
24 HR. SERVICE  
CALL  
781-656-4884

**MOVING**  
**Ronnie Z.**  
Leave Your Moving To Us  
Whether It Be One Piece or More!  
10% OFF FOR SENIOR CITIZENS, VETERANS & DISABLED  
Call Ronnie  
781-321-2499  
For A Free Estimate

**2 col. x 1 inch  
\$120.00  
For 3 Months  
(\$10/wk)**

**1 col. x 2 inches  
\$120 for 3 months  
(\$10/wk)**

**1 col. x 1 inch  
\$60.00**

**ROOFING**  
  
**USA Roofing & Remodeling**  
"We Get The Job Done The First Time On Time"  
• Shingle and Rubber Roofs  
• All Types of Siding • Gutters  
• Window Replacement • Decks  
• Flashing • And More...  
Phone: 617-650-2246  
[USRemodelingBos@gmail.com](mailto:USRemodelingBos@gmail.com)

**TO ADVERTISE IN OUR SERVICE DIRECTORY  
PLEASECALL 781-485-0588 OR EMAIL  
DEB@REVEREJOURNAL.COM**



# 22<sup>nd</sup> Annual Beach Babies



**ISABELLA WALSH**



**MIRANDA DEMASI**



**CAITLIN, ERIN, OLIVIA, JACKIE, KAYLIN, KENZIE & GRACIE**



**AVA**



**CLARK JOSEPH & FAMILY**



**LUCY & ETHEL**



**AVA & SOPHIA MAURO**



**RONNIE**



**ANTHONY & JULIANNA MERLINA**



**CHRISTOPHER**



**CHARLOTTE**