



**Anthony DiPierro**  
 City Council - Ward Three  
**FOR A RIDE TO THE POLLS - CALL 617-394-8235**



# Everett Independent

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Wednesday, October 27, 2021



Manny Lopes (center) is surrounded by EBNHC staff wishing him well on the next chapter of his career.

## Farewell, But Not Goodbye

A personal thank you to the community from Manny Lopes

Special to the Independent

Manny Lopes, who has in many ways become the face of East Boston Neighborhood Health Center (EBNHC), will officially leave the Health Center Friday to become Executive Vice President of Blue Cross Blue Shield Massachusetts.

Lopes took over the helm as CEO of EBNHC after his mentor Jack Cradock retired in 2012.

Lopes has served as CEO of the Health Center since then and as its president since 2015.

Lopes has also served as Director of the Blue Cross Blue Shield of Massachusetts Board as well as Chair of the Blue Cross Foundation. In 2018, Lopes was appointed as the Chair of Boston's Board of Health.

Lopes grew up in East Boston and now lives in Topsfield with his wife

and children.

After nearly three decades at the East Boston Neighborhood Health Center, I have made the difficult decision to embark on the next chapter in my professional life. On November 1st, I will join Blue Cross Blue Shield of Massachusetts as Executive Vice President of Public Markets and Government Relations, continuing my fight for equitable access to health care

for our community as well as all Massachusetts residents.

While my new role means saying farewell to the health center, my ties to the community are unbreakable. Eastie born and raised, this region is part of who I am. I'm deeply grateful to the many community members who have supported me during my leadership

See LOPES Page 2

## DeMaria announces selection of Everett's first Diversity Director

Special to the Independent

Mayor Carlo DeMaria is pleased to announce the selection of Cathy L. Draine as the City of Everett's first Director of Diversity, Equity and Inclusion.

"I appreciate that residents have shared with me their thoughts on how important it is for the City to have individuals in leadership roles who reflect the diversity in our community and who are



Cathy L. Draine.

dedicated to helping make sure that all our residents share the same experience of living in a safe and well-

See DRAINE Page 3

## Election Day is set for this Tuesday, Nov. 2

By Stephen Quigley

Election Day in Everett is less than a week away.

There are 11 contested races, ranging from mayor to Ward School Committee, for voters to decide. Four incumbents have no opponents.

The most-watched race will be for mayor, with incumbent Mayor Carlo DeMaria being challenged by Ward 1 Councillor Fred Capone. Both candidates have served for decades in public office and are well-known to the city's voters.

The other contested races include the Council-at-Large seats, where 10 candidates are vying for five seats. Two incumbents, John Hanlon and Michael Marchese, are seeking re-election to the council. The other eight candidates are Stephanie

V. Smith, Richard J. Delisola Jr., Guerline Alcy, Angelmarie DiNunzio, Kenneth P. Giannelli, Allen L. Panarese, Irene M. Cardillo, and James A. Mastrocola

In Ward 3, incumbent Councilor Anthony DiPierro is being challenged by Darren Costa. In Ward 4, Councilor Jimmy Tri Le is being challenged by Holly Garcia. In Ward 5, Councillor Rosa DiFlorio is being challenged by Vivian Nguyen. In Ward 6, there is an open seat being sought by Alfred Lattanzi and Ross Pietran-tonio.

The School Committee-at-Large contest has six candidates vying for three spots. Two incumbents, Samantha Lambert and Cynthia Sarnie, are seeking re-election, while

See ELECTION Page 2

## Baker, DeMaria announce new footbridge to connect Assembly Square with Encore Boston Harbor

By Cary Shuman

Everett Mayor Carlo DeMaria joined Gov. Charlie Baker and Somerville Mayor Joseph Curtatone at a press conference Friday to announce construction plans for a new pedestrian footbridge that will connect the Assembly Square MBTA Station

with the Encore Boston Harbor casino and resort property.

Mother Nature delivered a beautiful October day for the event that was held with the spectacular, \$3 billion Encore Resort glistening in the sunshine behind the speakers at the press conference.

Gov. Baker said the

footbridge project "has always fallen in the category of, yes, we should really find a way to make this happen."

"The hard part has just been figuring out how to put the pieces together to get it done," continued Baker. "The Gaming Commission recently awarded a \$650,000 grant

to finish the final design work on this, and at that point in time, we as an administration basically said, okay, final design is paid for, we're going to fund this project and make it happen."

Baker's comment noting his strong commitment

See FOOTBRIDGE Page 8

## DeMaria's zoning changes for Exxon site approved

Staff Report

The Everett Planning Board met on Monday night and unanimously approved with a favorable recommendation Mayor Carlo DeMaria's request for a zoning change for the 96-acre site of Exxon property on lower Broadway.

The City Council at a

special meeting on September 29 forwarded the proposed zoning changes to the Planning Board for its recommendations.

At Monday night's meeting, the Planning Board recommended that the changes in the zoning of the property be changed to read as follows:

To amend Appendix A: "Table of Use Regu-

lations," in the following manner:

Use: Heavy manufacturing providing there is no outside storage work and there are no emissions of noxious odors, smoke or noise, and no vibration discernible on the exterior of the building. Amending by deleting "SP" allowed use by special permit and insert "-" to signify use

not permitted

Use: Light manufacturing (excluding scrap metal), producing, processing, fabricating, printing, converting, altering, finishing or assembling, entirely contained within the structure with no associated emissions of noxious odors or noise, on a scale

See EXXON Page 2

## FALL FEST



Senay Tekle (center) is well protected by his kids Nayyome and Evelyn who've recently acquired the finest balloon swords at the The Everett Public Schools Fall Fest. See Page 20 for more photos.

# Re-elect your Mayor CARLO DeMARIA on Nov. 2nd



Paid political advertisement

# Police investigate fatal shooting

Middlesex District Attorney Marian Ryan and Everett Chief of Police Steven Mazzeo have confirmed an investigation into a fatal shooting in Everett.

On October 22, 2021, at approximately 8:00 p.m., Everett Police responded to a report of shots being fired in the area of Second Street and Revere Street.

Shortly after, officers also responded to The Whidden Memorial Hospital for a report of a gunshot victim that had been transported to the medical center. The victim, Craig McDonald, of Randolph, a 20-year-old male, was later pronounced dead.

The shooting is not believed to be random, and no arrests have been made

at this time.

This is an open and active investigation being conducted by the Middlesex District Attorney's Office, the Massachusetts State Police Detectives assigned to the Middlesex District Attorney's Office and the Everett Police Department.

## Lopes // CONTINUED FROM PAGE 1

of the health center: residents, patients, EB-NHC's Board of Directors, staff, friends, and family. I thank every member of our vibrant community for making these years so full of meaning, purpose, and growth. I can't imagine having travelled a different path. It has been an honor.

Over the last nine years as President & CEO, I've stood on the shoulders of giants like EBNHC former leaders, Jim Taylor and Jack Cradock, who, with the Board of Directors and our staff, built the health center from the ground up - turning a small community clinic into a recognizable force in local healthcare.

Looking back, I feel blessed to have inherited a strong and successful organization. The health center already had 40 years of innovation and impact under its belt when I became CEO in 2012. Thanks to Jack, Jim, and the Board of Directors, EBNHC was one of the first organizations to bring the PACE (Program of All-Inclusive Care for the Elderly) model to Massachusetts; in 1997, the health center was an early adopter of a little known electronic tool for managing patient care - Epic - which has now become the gold standard for electronic medical records nationwide; and EBNHC leveraged experience piloting new programs to found CATCH (Children's Access to Coordinated Health Care) for children with multiple disabilities and Project Shine for patients living with HIV.

This is only a short preview of EBNHC's long

and illustrious history in the community - a legacy that was turned over to me, just a kid from East Boston, nearly a decade ago.

Now, as the organization enters into another time of transition, I'd like to take the opportunity to reflect on what we've accomplished together as a health center and as a community over the last ten years. The positive impact is astounding.

We have expanded services to reach more than 120,000 patients across the Commonwealth's most vulnerable communities - solidifying access to equitable and inclusive care and consistently exceeding industry benchmarks in key areas of patient satisfaction.

Our Neighborhood PACE program has grown to over 700 members - more than doubling in size since 2012 - and now boasts patient satisfaction rates of 95%, ensuring that more of our older adults can age in place, in the community, all while receiving superior care.

We have made it our mission to hire from the community and build an engaged workforce, winning 7 Boston Globe Top Place to Work awards in the last 8 years.

We have cut the ribbon on two new, state-of-the-art buildings while creating partnerships in our communities to ensure we can meet people where they are.

We are co-founders of the Commonwealth's largest Medicaid Accountable Care Organization, Community Care Cooperative, and established Advocates for Community Health, a

new national advocacy organization for innovative health centers focused on equity and impact.

We fought back against COVID-19 - together distributing key information, supporting residents in need, and providing critical services to help stop the spread. To date, EBNHC has processed more than 160,000 COVID-19 tests and administered over 100,000 doses of COVID-19 vaccine - with East Boston, Chelsea, and Revere boasting the highest rates of Latinx vaccination in the Commonwealth.

Perhaps most importantly, we never shut our doors, offering care 24/7/365, even at the height of the initial COVID-19 surge.

Above all else, we've approached each day with compassion, respect, and an unwavering commitment to ensuring that all are welcome at the health center and in the communities we serve.

Directly or indirectly, many in our neighborhoods have contributed to these successes. I thank you for your many years of support and partnership. My promise to you is that this work is not done. I will continue to advocate for our community and the health center remains strong and steadfast in its mission. You are in good hands.

I'm fiercely proud of what we have accomplished together and look forward to watching the next decade of progress from just across the harbor.

Thank you for everything, and be well. Manny Lopes

POLLING PLACES FOR NOV. 2 ELECTION	
Polls are open from 7 a.m. to 8 p.m. for the CITY OF EVERETT 2021 MUNICIPAL ELECTION, TUESDAY, NOVEMBER 2, 2021.	
Polling places for the municipal election, Tuesday, November 2, 2021:	
Ward 1, Precinct 1	Connolly Center (Armory), 90 Chelsea St
Ward 1, Precinct 2	Parlin Library, 410 Broadway
Ward 2, Precinct 1	Keverian School, 20 Nichols St
Ward 2, Precinct 2	Keverian School, 20 Nichols St
Ward 3, Precinct 1	Community Center, 21 Whittier Drive
Ward 3, Precinct 2	Recreation Center Building, 47 Elm St
Ward 4, Precinct 1	Lafayette School, Edith St, enter from Bryant St
Ward 4, Precinct 2	Glendale Towers, 381 Ferry St
Ward 5, Precinct 1	Madeline English School, 105 Woodville St
Ward 5, Precinct 2	City Hall, Keverian Room, Third Floor, 484 Broadway
Ward 6, Precinct 1	Madeline English School, 105 Woodville St
Ward 6, Precinct 2	Department of Public Works (City Services), 19 Norman St

## Election // CONTINUED FROM PAGE 1

four candidates, Margaret A Cornelio, Bernardino Bernie D'Onofrio, Robert A Santacroce, and Joseph A LaMonica also are seeking seats.

School Committee Ward 2 is an open seat and is being sought by Caitlin Steinberg and Jason Marcus. In Ward 3, another open seat is being sought by Samantha Hurley and Jeanne Cristiano. In the Ward 4 School Committee contest, incumbent Dana Murray is being challenged by Michael Mangano. In Ward 6, an open seat exists and Michael McLaughlin and Catherine Tomassi Hicks are seeking the spot.

In the uncontested races, Council President Wayne Matewsky has moved from an at-large position to running for Councillor of Ward 1 and in Ward 2, Councillor Stephanie Martins is unchallenged.

There are two uncontested races for School Committee. Ward 5 Committeeman Marcony Almeida Barros and Ward 1 School Committee member Mille Cardillo are both running unopposed.

In addition to absentee ballots, the electorate can do early voting at City Hall on Tuesday, Wednesday, and Thursday, from 8 a.m. to 5:00 p.m., and on Friday from 9 a.m. to 1 p.m.

There are more than 21,000 eligible voters who will be able to cast ballots on Election Day.

### All eyes will be on the race for mayor

The contest for mayor in Tuesday's election between incumbent Carlo DeMaria and Ward 1 Councillor Fred Capone will be the most-watched contest on the ballot and is expected to draw a large turnout of voters.

The major work for Capone will be how to spin all of the positive accomplishments of DeMaria into a need for change.

There is little disagreement that DeMaria has transformed the image of Everett from a decaying, 19th-century industrial city into a 21st-century Green community. He is recognized as a national and state leader in many areas, including a commitment to dedicated bus routes that have reduced the commuting times for



Mayor Carlo DeMaria



City Councilor Fred Capone

public transit riders.

DeMaria also has reimagined the city's green spaces, overhauling decrepit parks from being poorly-maintained and, in some circumstances, unsafe spaces, into green, urban oases that residents of all ages are able to enjoy on a regular basis. He has successfully opened up the Everett waterfront for parks and water activities.

With the city's finances well-balanced, DeMaria is asking voters to let him finish the job of moving the city forward. He has set his sights on remaking the more than 96 acres of industrial land in the lower Broadway area into 21st century affordable housing, green space and life science industrial space, with additional rail transit stations that will decrease traffic on the roadways.

Capone's message to voters is that the time has come for a change. He has pointed to his experience of 18 combined years on the former Common Council and present-day City Council that establish him as uniquely-qualified, "To make Everett a safer, more affordable and inclusive place to live, work, and raise your family."

In the closing week of the campaign, The Independent asked both candidates for their vision for the future of Everett.

The following are their responses:

Mayor Carlo DeMaria said, "My vision for Everett is a vibrant, diverse, and welcoming community boasting transit-oriented affordable housing combined with state-of-the-art schools, shops, and recreation facilities. My vision for Everett is open green spaces replacing outdated, dirty, and industrial land. My vision for Everett is a community who takes care of our longtime residents while keeping our door open to those seeking to call Everett home. My vision for Everett is a community that provides the services,

support, and facilities that give our residents the opportunity to flourish. My vision for Everett is to be a pioneer throughout the State from dedicated bus lanes and bike trails to an accessible waterfront. My vision for Everett is to create an Everett for Everyone."

Ward 1 Councillor Fred Capone said, "As a city councillor for the past eight years, I have played an active role in our city's advancement. That said, there is so much more we need to improve upon. My vision for our city is a safer, more affordable community, where there is mutual respect for one another. A community that embraces our differences as well as our similarities demonstrated by free thought, and open discussion and debate. A mayor who truly listens to our residents and is responsive to their needs. A city government that is accountable and transparent, not only in financial matters, but via a free flow of information. A community that continues to prosper and grow without destroying its neighborhoods due to poorly planned development. My vision encompasses a heightened focus on education, including more vocational opportunities, so that every student can reach maximum potential. I envision more green space and reduced traffic congestion due to better alternative transportation options. Improved quality of life for our seniors by implementing a shuttle service that takes them to major points within our city. Finally, a thriving business community and bustling downtown that provides jobs and services for our residents. These are all attainable goals and we will reach them by working together."

Election Day is Tuesday, November 2 and polls are open from 7 a.m. to 8 p.m.

## Exxon // CONTINUED FROM PAGE 1

structure with no associated emissions of noxious odors or noise, on a scale requiring not more than a total of five horsepower or steam pressure in excess of 15 pounds gauge pres-

sure. Amending by deleting "Y" allowed use and insert "SP" to signify use allowed by special permit.

Storage of goods in containers where all storage is contained within

the building, not including storage of any raw or natural materials. Amending by deleting "Y" allowed use and insert "SP" to signify use allowed by special permit.

With these recommendations approved by the Planning Board, the matter now goes back to the City Council for their vote on the zoning changes.

DeMaria had appeared before the council on September 29 to urge the start of the process to change the zoning requirements for the use of the land saying, "We can remove this blighted industrial area and replace it with 21st century bio-pharma, medicine sciences companies."

He also outlined that since the 96-acre site is one of the largest tracts of underutilized land in metro Boston, he hopes to add one, if not two, rail transit stations, as well as green space and living units.

The council probably will act on the matter at its next meeting on November 1.



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\*All participants will receive \$25 after completion of their visit. To complete the visit, participants must create an account, give consent, agree to share their electronic health records, answer health surveys, and have their measurements taken (height, weight, blood pressure, etc.), and give blood and urine samples, if asked.

All of Us and the All of Us logo are service marks of the U.S. Department of Health and Human Services.







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# STEM opportunities in the Commonwealth are greater than ever

STEM-heavy industries are leading Massachusetts' recent economic growth according to a study released by Commonwealth Corporation in partnership with the Executive Office of Education (EOE), and the Executive Office of Labor and Workforce Development (EOLWD) for the fourth annual Massachusetts STEM Week 2021. STEM Week takes place from October 18 – 22 and is organized by EOE and the STEM Advisory Council in partnership with the state's nine Regional STEM Networks. It is a statewide effort to boost the interest, awareness, and ability for all learners to envision themselves in STEM education and employment opportunities.

"Studying STEM creates endless opportunities, and we hope more students can see themselves in STEM," said Lt. Governor Karyn Polito, Co-Chair of the STEM Advisory Council. "STEM

jobs and industries are vital to the Massachusetts economy, so we want to inspire young learners to get involved, be inspired, and picture themselves in a STEM career."

Massachusetts's economy grew at an annual rate of 6.9%, according to Growth Domestic Product data released by the U.S. Bureau of Economic Analysis covering fourth quarter 2020 through first quarter 2021 (October 2020 – March 2021). This growth was led by the professional, scientific, and services industry, which has the highest concentration of STEM jobs across all industries. Looking forward, the demand for STEM jobs is increasing and expected to account for 40% of the increase in total employment in Massachusetts through 2028.

"To meet the needs of job growth projections in STEM, the Baker-Polito Administration is committed to upskilling workers for long-lasting careers

in technology, manufacturing, health care, and biotech," said Labor and Workforce Development Secretary Rosalin Acosta. "One proven pathway is Apprenticeships, and we are expanding this program to include more training opportunities for software developers, cybersecurity analysts, and IT business analysts."

One in five workers in Massachusetts work in the STEM field. Though often associated with science and technology, STEM jobs encompass a broad range of industry sectors. For example, one in five manufacturing jobs in Massachusetts is a STEM job; one in seven management jobs is STEM; and one out of every seven post-secondary teaching jobs is a STEM job.

"Our Administration, through the leadership of Lt. Governor Polito and the STEM Advisory Council, has worked hard for the past several years to help Massachusetts

students gain experience in STEM fields," said Education Secretary James Peyser. "We have expanded career and college pathways for young people to pursue industry-recognized credentials, and we deepened partnerships with employers and higher education institutions to offer more work-based learning experiences in STEM fields."

While STEM occupations are found in almost every industry in Massachusetts, racial minority representation in STEM continues to be low. Data from 2020 estimates that 27% of STEM workers are non-white, compared to the 2018 report of 24%. Black/African Americans make up 5% of the Massachusetts STEM workforce, most concentrated in healthcare. Hispanic/Latinx workers compose 6% of the STEM workforce. Asians are at 15% working in STEM. Though STEM jobs appear evenly distributed among men

and women, women tend to work in lower-paying STEM industries. Excluding healthcare, women hold 29% of STEM occupations.

"At CommCorp, we are working to create a pipeline," said Christine Abrams, President & CEO of Commonwealth Corporation. "For example, YouthWorks, in its recent grant cycle, supported youth placements in STEM jobs across information technology, healthcare, manufacturing, science, and engineering. This type of connection with employers is crucial as it can provide students with work-based learning opportunities as well as show them that they have many options for the future."

The healthcare sector holds the greatest number of STEM jobs at 212,340, while the professional, scientific, and technical services sector has the highest concentration of STEM jobs at 43%. Mas-

sachusetts continues to be among the states with the highest demand for STEM occupations, adjusted for population, across the U.S.

"The findings in this report reinforce the importance of our efforts to continue raising awareness of key career paths among STEM fields, which are playing a leading role in the Commonwealth's economic recovery," said Housing and Economic Development Secretary Mike Kennealy. "By focusing on the pipeline to develop talent, we can ensure STEM industries can continue to leverage a strong workforce in Massachusetts to strengthen their position in our economy and also expand STEM career opportunities to even more communities that traditionally have been underrepresented."



## HIGH-FIVE

Teacher Nicole Capra (far right) greets some students as they complete the 5K fundraiser race for Lifelong Everett resident Brandon Conde. See Page 10 for more photos.

## Draine / CONTINUED FROM PAGE 1

coming community where government is accessible to them," said Mayor DeMaria. "I offered the DEI Director position to Cathy because of her extensive work in community engagement and especially because of the work that she has done in other communities to aid in the stability and increased social mobility of individuals and families living at or below the poverty line."

The Director of Diversity, Equity and Inclusion position for the City of Everett will have both an internal and external focus. The Director will be responsible for increasing the awareness and understanding of the best practices for government workers to engage professionally and responsibly with diverse residents to provide a positive customer experience. The Director also will assist the Administration with its ongoing efforts to recruit and retain an increasing-

ly diverse workforce. The DEI Director also will be responsible for making sure that recommendations from the City's Diversity Commission are implemented and will support the Commission's ongoing work in the City. Most importantly, the DEI Director will be responsible for engaging with residents, social service, health and human service, and religious organizations across the City to facilitate meaningful conversations on additional ways to ensure that City government is accessible and is working to meet the needs of all residents.

Ms. Draine has served as the Director of Resident Services/Executive Director for UHM Properties/Neighborhood Network Center, Inc. since 2014. She also has served as the

Director of Community Engagement and Political Action for the State Police Association of Massachusetts since November 2020. Ms. Draine also has held a series of program leadership roles and positions with United South End Settlements, the Freedom House, Pendle Hill Quaker Center for Study and Contemplation, the Children's Defense Fund, the Friends for Life Corporation, and the Boys and Girls Club of America. Cathy holds a Masters of Arts in Theatre Education-Community Track from Emerson College, a Masters of Arts, Cultural Production from Brandeis University, and a Bachelor of Arts in History from Hollins University. She is expected to assume her role with the City in November.

## State Health Officials announce ninth human case of West Nile Virus in Massachusetts

The Massachusetts Department of Public Health (DPH) last week announced the ninth human case of West Nile virus (WNV) in the state this year. The individual is a male in his 60s who was exposed to WNV in Middlesex County.

Twenty-seven communities in Essex, Middlesex, Norfolk, and Suffolk counties are at high risk and 71 communities are at moderate risk for WNV. There are no additional risk level changes associated with this new case.

"While the risk from WNV is declining at this time of year, some risk will continue until there has been a hard frost," said Acting Public Health Commissioner Margaret Cooke. "People should continue to take steps to prevent mosquito bites anytime they are outdoors."

In 2020, there were 11 human cases of WNV infection identified in Massachusetts. WNV is usually transmitted to humans through the bite of an infected mosquito. While WNV can infect people of all ages, people over the age of 50 are at higher risk for severe disease. Most people infected with WNV will have no symptoms. When present, WNV symptoms tend to include fever and flu-like illness. In rare cases, more severe illness can occur.

People have an important role to play in protecting themselves and their loved ones from illnesses caused by mosquitoes.

**Avoid Mosquito Bites**  
Apply Insect Repellent when Outdoors. Use a repellent with DEET (N, N-diethyl-m-toluamide), permethrin, picaridin (KBR 3023), oil of lemon eucalyptus [p-menthane 3, 8-diol (PMD)], or IR3535 according to the product label. DEET products should not be used on infants under two months of age and should be used

in concentrations of 30% or less on older children. Oil of lemon eucalyptus should not be used on children under three years of age.

**Be Aware of Peak Mosquito Hours.** The hours from dusk to dawn are peak biting times for many mosquitoes. Consider rescheduling outdoor activities that occur during evening or early morning.

**Clothing Can Help Reduce Mosquito Bites.** Wear long-sleeves, long pants, and socks when outdoors to help keep mosquitoes away from your skin.

**Mosquito-Proof Your Home**

**Drain Standing Water.** Mosquitoes lay their eggs in standing water. Limit the number of places around your home for mosquitoes to breed by either draining or discarding items that hold water. Check rain gutters and drains. Empty any unused flowerpots and wading pools and change the water in birdbaths frequently.

**Install or Repair Screens.** Keep mosquitoes outside by having tightly fitting screens on all of your windows and doors.

**Protect Your Animals**

Animal owners should reduce potential mosquito breeding sites on their property by eliminating standing water from containers such as buckets, tires, and wading pools – especially after heavy rains. Water troughs should be flushed out to reduce mosquitoes near paddock areas.

Horse owners should keep horses in indoor stalls at night to reduce their risk of exposure to mosquitoes. Owners should also speak with their veterinarian about mosquito repellents approved for use in animals and vaccinations to prevent WNV and Eastern Equine Encephalitis (EEE). If an animal is diagnosed with WNV or EEE, owners are required

to report to the Massachusetts Department of Agricultural Resources' (MDAR) Division of Animal Health by calling 617-626-1795 and to the DPH by calling 617-983-6800.

More information, including all WNV and EEE positive results, can be found on the Arbovirus Surveillance Information web page at [www.mass.gov/MosquitoesandTick](http://www.mass.gov/MosquitoesandTick) or by calling the DPH Epidemiology Program at 617-983-6800.

### - LEGAL NOTICE - CITY OF EVERETT



#### LEGAL NOTICE EVERETT CITY COUNCIL PUBLIC HEARING NOTICE

##### Public Hearing on a Proposed Zoning Amendment Section 32 – "Inclusionary Zoning" – of the City of Everett Zoning Ordinance

The Everett Planning Board will conduct a public hearing on Monday, November 8, 2021 at 7:00PM in the City Council Chamber Everett City Hall 3rd Floor 484 Broadway Everett, MA to consider a proposed Amendment to Section 32 of the City of Everett Zoning Ordinance. This proposed amendment is as follows:

To strike out the entirety of Subsection 5:

For projects proposing a total of ten (10) or more dwelling units and where the project site requires environmental remediation or is located within a FEMA Flood District (or both), the planning board may, in its discretion, reduce the affordable unit requirement to ten percent (10%) of the total number of dwelling units in the development. For any site which has a recorded activity and use limitation (AUL), a reduction of the affordable unit requirement down to five percent (5%) of the total number of dwelling units shall be automatic. (C0187-18).

To replace Subsection 5 with the following:

For project proposing a total of ten (10) or more dwelling units and either (1) where the project site requires environmental remediation; (2) the project site is located within a FEMA Flood District; or (3) the project site has a recorded activity use limitation (AUL), the planning board may, in its discretion, reduce the affordable unit requirement to ten percent (10%) of the total number of dwelling units in the development.

All persons interested in or wishing to be heard on the proposals may attend and participate in person. This proposed amendment, along with all other projects to be discussed at the meeting, can be found on the posted Agenda at the following link: <http://www.cityofeverett.com/AgendaCenter>. Questions and comments can be directed in advance of the public hearing to Michael Mangan of the Legislative Aide for the City Council at [Michael.Mangan@ci.everett.ma.us](mailto:Michael.Mangan@ci.everett.ma.us) or 617-394-2237.

Wayne A. Matewsky, President

October 6, 2021  
October 13, 2021  
October 20, 2021  
October 27, 2021  
November 3, 2021

### - LEGAL NOTICE - CITY OF EVERETT



#### LEGAL NOTICE EVERETT CITY COUNCIL PUBLIC HEARING NOTICE

##### Public Hearing on a Proposed Zoning Amendment Section 30 – "Lower Broadway Economic Development District (LBEDD)" – of the City of Everett Zoning Ordinance

The Everett Planning Board will conduct a public hearing on Monday, November 8, at 7:00PM in the City Council Chamber Everett City Hall 3rd Floor 484 Broadway, Everett, MA to consider a proposed Amendment to Section 30 of the City of Everett Zoning Ordinance. This proposed amendment is as follows:

To amend Section C – "Establishment of District and Subdistrict Boundaries" – by amending the Zoning Map to include parcels H0-05-00162A, H0-05-00162B, H0-01-000130, H0-10-000069, H0-11-000080, H0-05-000162 in subdistrict LB-E: Lower Broadway, Employment.

To amend Appendix A: "Table of Use Regulations," in the following manner:

Use: Heavy manufacturing providing there is no outside storage work and there are no emissions of noxious odors, smoke or noise, and no vibration discernible on the exterior of the building. Amending by deleting "SP" allowed use by special permit and insert "-" to signify use not permitted

Use: Light manufacturing (excluding scrap metal), producing, processing, fabricating, printing, converting, altering, finishing or assembling, entirely contained within the structure with no associated emissions of noxious odors or noise, on a scale requiring not more than a total of five horsepower or steam pressure in excess of 15 pounds gauge pressure. Amending by deleting "Y" allowed use and insert "SP" to signify use allowed by special permit.

Storage of goods in containers where all storage is contained within the building, not including storage of any raw or natural materials. Amending by deleting "Y" allowed use and insert "SP" to signify use allowed by special permit.

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Wayne A. Matewsky, President

October 6, 2021  
October 13, 2021  
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November 3, 2021

# Everett

## Independent

President: Stephen Quigley

Editor in Chief: Cary Shuman

### BE SURE TO VOTE!

The city election is set for this Tuesday, November 2, with the main event being the contest for mayor between incumbent Carlo DeMaria and Ward 1 City Councilor Fred Capone.

Although the two candidates do not differ substantially on the major issues, they have presented very different visions of how they intend to govern, both in style and in substance, for the voters' consideration.

In addition, voters also will have decisions to make in the contests for the City Council-at-Large, Ward Council, School Committee-at-Large, and Ward School Committee seats.

There is a lot on the line for every Everett resident in the outcome of this election. The future direction of our city will be determined by the choices we make on Tuesday.

We urge all of our readers who are eligible voters to get out and vote.

### REMEMBERING THE PERFECT STORM

It was 30 years ago this week when the Perfect Storm struck the East Coast of the United States, bringing powerful winds and gargantuan waves that pummeled the Massachusetts coastline on Wednesday, October 30, and continued into the next day.

Although the storm eventually affected the entire East Coast from Canada to Florida, the most-costly damage occurred in Massachusetts, with more than 100 homes destroyed, especially along the South Shore in Marshfield.

The damage would have been much greater, given the 30-foot waves that ravaged the coastline, but the storm struck during a neap tide, the time of the month when the high tides are at their lowest.

If it had occurred during one of those King Tides -- we can only imagine the devastation.

The storm originally was called the No-Name Storm or the Halloween Storm, but eventually became known as the Perfect Storm, after the book by journalist Sebastian Junger and subsequent movie (starring George Clooney) that chronicled the fate of the crew of the Gloucester fishing vessel, Andrea Gale, which sunk amidst the storm and its 100-foot waves.

Junger got that name from a Boston meteorologist, who told Junger that the storm was formed from the convergence of the remnants of Hurricane Grace and two other weather systems, which then combined into one powerful storm -- the Perfect Storm -- a few hundred miles out to sea and then made a beeline westward for a direct hit on Massachusetts.

According to the meteorologist, the unlikely convergence of a hurricane and two other weather systems is a once-in-a-hundred year event.

For those of us who recall seeing the waves crashing over the seawalls in Revere and Winthrop from our tall office buildings in downtown Boston, and then getting a first-hand look at the damage the next day, the Perfect Storm is one we'll remember for the rest of our lives, just as we'll never forget the Blizzard of '78 and the previous generation never forgot the Hurricane of 1938.

In view of all of the destruction wrought by weather events in other parts of the world in the past 15 years, we should consider ourselves lucky that we have not had to face similar natural catastrophes.

On the other hand, realizing that it's been 30 years since our last truly Big One, the odds are that we are overdue for another natural disaster -- "Time and tide wait for no man," wrote the poet -- and with the added impact of climate change, whatever fate awaits us, we fear it will be a bad outcome.

### ENJOY A SAFE HALLOWEEN

Yes, we all want to party and enjoy this Halloween season as we emerge from the worst of the pandemic, especially after Halloween essentially was cancelled last year.

But we urge all of our readers not to overdo it and to enjoy the holiday responsibly with their friends and loved ones.

Excessive drinking never makes sense and there never is a good excuse for it.

So let's dress up in our Squid Games costumes -- but remember that the winner of the game had to keep his head (literally and figuratively) to survive.

He never would have made it if he had been under the influence.

The Everett Independent reserves the right to edit letters for space, accuracy and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Everett Independent publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Everett Independent.

Text or attachments emailed to editor@everettindependent.com are preferred.

# Independent Forum



### GUEST OP-ED

## Who Will Pay for the \$2 Trillion Infrastructure Project

Dr. Glenn Mollette

If you are making less than \$40,000 a year then you probably don't care that single people making over \$523,601 pay 37% of their income in federal taxes. Married people filing jointly making over \$628,301 also pay 37%. These people make it and can afford to pay it we often say. What affects someone else doesn't bother us that much when it comes to income and taxes.

Let's say you are making \$35,000 this year but next year you have an opportunity to make \$45,000. Suddenly your federal tax rate increases from 12% to 22%. This is a big jump. You have the opportunity to make more but more of what you make goes to taxes. You start calculating the hours and time worked versus how much more you have to pay in taxes and you start wondering if it's worth what it will take to earn the extra income.

If a great job comes your way to earn \$209,426 then you start calculating maybe it would be better to figure out how to make \$208,000 and stay in the 32% tax bracket. Most likely if you are making \$209,426 dollars a year you are probably working very hard for it and turning over \$70,000 plus a year to the government doesn't feel very good.

Our government is hungry for money. The \$2 trillion infrastructure project that is on the table will mean our government will desperately need lots more money for many years to come. Our grandchildren will be saddled with this debt for most of their lives.

We need infrastructure updates. Roads, bridges, new water lines, better energy sources, internet and more. The project will create a lot of jobs. However, don't be fooled into thinking someone else will pay for the project. We hear reports that the

debt will be passed onto America's 600 billionaires. Do you really think Jeff Bezos, Elon Musk, Bernard Arnault, Bill Gates and Mark Zuckerberg are going to pay for this \$2 trillion-dollar infrastructure deal?

America's billionaires should pay their fair share like all Americans but a nation that penalizes prosperity is unfair. I don't feel sorry for billionaires but a billionaire shouldn't have to pay 40% of his/her earnings to the government. Also, America's billionaires have the resources to move to another country if they choose to. Their tax rate should be fair but we shouldn't run them out of the country.

If your income grows from \$30,000 a year to \$60,000, that is no reason for you to be penalized by your country. Congress needs to push for a flat tax and tax everyone including billionaires. A tax rate of 12% to 15%

on all individuals and corporations would encourage people to make more and America would have more money to cover our infrastructure costs. Plus, more manufacturing would come back to America. Instead, our nation discourages prosperity by penalizing those who make more.

Every American will pay for the infrastructure project. We will be paying for a long time. Every American's tax burden will increase. Don't let Washington fool you into thinking somebody else will pay for this project. It's going to be all of us and for a very long time.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist -- American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.

### Your opinions, please

The Everett Independent welcomes letters to the editor. Our mailing address is 385 Broadway, Revere, MA 02151. Our fax number is 781-485-1403. Letters may also be e-mailed to

editor@everettindependent.com.

Letters must be signed. We reserve the right to edit for length and content.

### SEND US YOUR NEWS

The Everett Independent encourages residents to submit birth and engagement announcements, news releases, business briefs, honor rolls, social news, sports stories, and photographs for publication. Items should be forwarded to our offices at 385 Broadway, Citizens Bank Building, Revere, MA 02151. Items can also be faxed to 781-485-1403. The Independent also encourages readers to e-mail news releases to editor@everettindependent.com.

The Everett Independent assumes no financial responsibility for typographical errors in advertisements, but will reprint that part of the advertisement in which the error occurs. Advertisers will please notify the management immediately of any errors that may occur.

# Everett

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## MAYOR DEMARIA PRESENTED THE GUGLIELMO MARCONI DISTINGUISHED SERVICE AWARD



Mayor Carlo DeMaria was presented The Guglielmo Marconi Distinguished Service Award on October 23 by the Massachusetts Association of Italian American Police Officers. The award recognizes "an individual who has distinguished themselves with honors for outstanding contributions in the field of Public Community Service. In accepting the award DeMaria said, "I am humbled and honored to have received the Guglielmo Marconi award from the Italian American Police Officers Association over the weekend. As a first generation Italian-American, this award is so meaningful and special to me. My father was a police officer in Italy and was there alongside Stacy, my mother, my brother Carmine and sister-in-law Cristina to watch me accept the award. I'm grateful to all police officers, but especially the women and men of the Everett Police Department who give so much to our community every single day."



Everett Police chief Steven A Mазzie, Mayor Carlo DeMaria, Stacy DeMaria, and Martin Gabriella- president of Italian American Police Officers.

## FORMER DEPUTY CHIEF MICHAEL RAGUCCI PRESENTED WITH CITY CITATION



City Councilors Fred Capone and Mike Marchese presented Deputy Chief Michael Ragucci with a Citation on behalf of the entire Council. The Citation was given in recognition of Deputy Chief Ragucci's 32 years of service to Everett. Mike had a very distinguished career and was a decorated member of the Everett Fire Department. He received a Firefighter of the Year Award, among many other accolades, for his response to the tanker explosion on Main St. Councilor Capone stated: "Mike has had a positive impact on our city and the many firefighters who worked and trained under him. He always shared his vast experience and was a true team player who put the safety of his crew and the city above everything. Mike is a quality guy and the City of Everett is a safer community because of his exemplary service." Members of Ragucci's former crew were on hand to watch the presentation.

## Encore Boston Harbor spa offers winter skincare treatment

Encore Boston Harbor has announced that their signature spa has reopened for services seven days a week. They have a new signature treatment to help replenish moisture into dry skin during the cold, winter months.

The Moisture & Muscle Body Care Ritual is 120 minutes and is \$385. This personalized treatment is the perfect antidote to revive dull skin and at the same time release muscle tension during the colder weather. The Ritual starts with a dry body brushing to brighten and prepare the skin for a better hydration as it sloughs off dead skin cells. It continues with an application of a warm mineral rich seaweed serum infused with Japanese Ume

Plum extract and sea fennel that is massaged into the body to work tight muscles and to deeply seal in moisture for a silky, satin body finish. To culminate with this cozy and pampering body experience, a relaxing scalp massage followed by a hands and feet massage using a gotu kola healing balm to intensely moisturize and replenish lost

For reservations, log onto [www.encorebostonharbor.com](http://www.encorebostonharbor.com) or call (857) 770-3900.

About Encore Boston Harbor:

Encore Boston Harbor is an integrated gaming destination consisting of a 210,000 square foot casino, 671 spacious hotel rooms, spa, salon and fitness center, specialty retail shops, 15 dining and lounge ven-

ues and more than 50,000 square feet of state-of-the-art ballroom and meeting spaces. Situated on the waterfront in Everett, MA and connected to Boston Harbor, Encore Boston Harbor's grounds feature a six-acre Harborwalk with pedestrian and bicycle paths that provide access to the Mystic River, an events lawn, public art and ornate floral displays. It is the largest private, single-phase development in the history of the Commonwealth of Massachusetts.

The resort offers free self-parking for Red Card members from 5:00 a.m. on Monday through 5:00 p.m. on Friday, or for one COMPDOLLAR on weekends and at the resort valet.

## Anthony DiPierro WARD 3 CITY COUNCILOR



### Fighting for what matters to you...

- ✓ Supports the re-development of Everett's Waterfront into 21st century jobs and entertainment venues for Everett residents.
- ✓ Proposed a cap on the amount of residential parking stickers issued per household to protect our neighborhoods.
- ✓ Advocating for a 25 MPH city-wide speed limit and the installation of raised crosswalks across the city to keep our streets safe.
- ✓ Requested that the administration take the necessary steps to equip all public spaces with free public WIFI for residents to utilize.
- ✓ Pushing for the development of a "ParkEverett" smartphone app, so residents can identify spots and pay meter fees with ease.

Paid Political Ad

On Tuesday, November 2nd  
**RE-ELECT ANTHONY DIPIERRO**  
WARD 3 CITY COUNCILOR



## Alfred Lattanzi

### CITY COUNCIL WARD 6

#### Experience to Lead

- Graduate of Wentworth & Franklin Institute of Technology
- Bachelors Degree in Civil Engineering from Northeastern University
- Former Union Carpenter
- Former Director Everett Credit Union
- Elected to Everett Charter Commission
- Member of Everett Redevelopment Authority
- Member of Everett Traffic Commission
- Owner Everett Supply & True Value Hardware On Main Street



I'm running for Ward 6 Councilor to bring my life, business and public service experience to our city government. As our city continues to grow, we need to make sure that Ward 6 remains the vibrant, close-knit neighborhood we all cherish and call home. As your Ward 6 Councilor, I'll be there fighting for you and your family every day.

Thank you, *Alfred Lattanzi*

I respectfully ask for your vote on **Tuesday, November 2nd**, so we can bring **serious and honest leadership to Ward 6.**

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# ON NOVEMBER 2, VOTE CARLO DEMARIA

MAYOR OF THE CITY OF EVERETT



## Transforming Everett's Transportation Future

Making improvements and adjustments to our roadways is a significant component of the revitalization plan for the City. Since 2014, the City has invested **millions of dollars** to increase effective transportation and roadways and build new sidewalks, but **more needs to be done!**

### Rapid Bus Transit and Alternative Means of Transportation

- Bus lanes not impeded by cars allow buses to get to their destination and train stations quicker and easier. Additional residents will opt to use public transit if it reduces their commute time, thus reducing the vehicles on Everett's roads.
- Everett's bus lanes have been hailed and applauded by transit advocates near and far. The lanes, now a regional model, will one day connect to Route 99 and Route 1, taking a significant number of vehicles off Everett's streets.
- Bike Paths such as the Northern-Strand community trail will be complete in the spring of 2022. Its completion will allow residents to walk or bike directly to the Assembly Row Orange Line station.
- MassDOT and Governor Baker will be announcing funding for the pedestrian bridge connecting Everett and the Assembly Row Orange Line in the near future.

### Dedicated Bus Lanes

- Improve traffic flow for buses and other vehicles.
- Reduce traffic congestion.
- Increase bus safety while improving travel times for riders.

### Electrification of a Regional MBTA Commuter Rail

- Creates faster and more frequent services. Trains arrive every 15 minutes or less with a 10-minute travel time to Boston.
- Reduces the City's carbon footprint and is more environmentally friendly.

### Bike Share Stations

- Reduce congestion and parking in key high-traffic areas.
- Provide affordable local transportation alternatives.
- Reduce pollution and are environmentally friendly.

JOIN OUR TEAM!



CARLODEMARIA.COM



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617-294-4735

Paid for by the DeMaria Jr. Committee.

# ON NOVEMBER 2, VOTE CARLO DEMARIA MAYOR OF THE CITY OF EVERETT

“When you love something, you fight for it. I love the City of Everett, its residents, and our community. During my time as Mayor, I have fought for our community. I fought to bring Encore Boston Harbor to Everett, resulting in thousands of jobs and tens of millions of dollars in annual tax revenues. I fought for millions of extra dollars in CARES Act funding, which we received after many conversations with our Governor. And I’m still fighting for the funding for a new state-of-the-art Everett High School with expanded vocational programming.

As Mayor it is my duty to lead our community-to lead in the good times and, most importantly, during times of crisis. I led during a global pandemic to provide groceries, meals, vaccines, and free testing to our residents. I led our community to celebrate City milestones, the opening of small businesses, and to celebrate the many cultures that make Everett so vibrant. I promise to continue leading as your Mayor.

There are many projects that are ongoing – the redevelopment of our waterfront, the revitalization of Lower Broadway and the Commercial Triangle area, bringing viable transit to our community, receiving the resources we deserve as an Environmental Justice community, cleaning up blighted industrial land which once dominated our community, and last, but certainly not least, bringing a full-time vocational program to Everett students and residents. These massive undertakings are made possible only through partnerships with State and Federal officials, our community-based organizations, and business leaders. I have worked hard to forge these relationships. The trust that has been built is not easily nor quickly duplicated.

When it's your responsibility to lead, you need to make tough decisions. Tough decisions are not always popular. On March 12th, 2020 I made one of the toughest decisions I’ve ever made as Mayor and closed the doors to Everett City Hall, as well as temporarily closing all school buildings. Everett was the first municipality in the Commonwealth to do so. As the leader of this great City, my Administration sprang into action, likely saving residents’ lives with our swift, and some might say, drastic measures.

During my tenure as Mayor, our community has transformed dramatically. The values of our homes have increased while the residential tax rate has significantly decreased. Our parks and recreation spaces have been renovated and we are building affordable housing for our low-income as well as our senior residents. As your Mayor, I promise to continue moving our community forward. I would be humbled and honored to have your vote on November 2nd to ensure that we remain ‘Everett for Everyone.’”

*Carlo*



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617-294-4735

# Footbridge // CONTINUED FROM PAGE 1

ment to the project drew hearty applause from the audience.

"We can't wait to put the shovels in the ground and get this bridge built," concluded Baker.

Secretary of Environmental Affairs Kathleen Theoharides said the new footbridge "will be an important new asset to thousands of people and will connect the cities of Everett and Somerville and open up new access for residents and visitors to restaurants, businesses, and services, and transportation options."

Theoharides also thanked Mayors DeMaria and Curtatone for their leadership in the project.

Secretary of Transportation also praised the two mayors for "their leadership at the municipal level to encourage and lead and guide us", noting that "it takes a partnership to build, these great things."

DRC Commissioner Jim Montgomery, who served as the leader of the speaking program, introduced Mayor DeMaria, "a lifelong resident of Everett who signed the historic, host-community agreement between Everett and Wynn Development to bring the resort-casino to the banks of the Mystic River."

DeMaria personally thanked Gov. Baker at the outset of his speech, stating, "We really appreciate you being here and doing this for the residents of Everett. I'm totally overwhelmed to be here and to finally get some access to a 'T' station that we so rightfully deserve."

DeMaria told the gathering that he was pleased to be at Encore "for a monumental announcement

about a project that will positively impact the entire metro Boston area."

"Most importantly, to me, we will be getting an amazing opportunity for my hometown of Everett," said DeMaria, who thanked several officials for their support of the project.

DeMaria specifically noted the cooperation and support from Gov. Baker and Lt. Gov. Karyn Polito, "for your unwavering commitment to viable transit, which is remarkable. This bridge will be so beneficial to so many people across Massachusetts. It is an undeniable symbol of the commitment you both have to build a better future for Everett."

DeMaria also noted the presence of "my colleague and friend, Mayor Joe Curtatone," at the press conference.

"Thank you for your continued support and coordination in advancing the bridge as well as the Assembly Row Headhouse Expansion Project," said DeMaria. "You have been remarkable neighbors and partners throughout this project."

Curtatone praised DeMaria in his remarks. "It's great to be here with all of you, and it's testimony to anything great we do as a society is a product of many hands," said Curtatone. "It's advocacy, it's activism, it's investment. It's policy leaders, it's people giving a damn about where they live and the future of their city. I hope you get that sincere passion and flavor from the mayor of Everett, because I admire him greatly."



From left, Sen. Sal DiDomenico, Somerville Councilor-at-Large Kristen Strezo, Somerville Mayor Joseph Curtatone, Mass. Gaming Commission Chair Cathy Judd-Stein, Gov. Charlie Baker, Everett Mayor Carlo DeMaria, Secretary of Transportation Jamey Tesler, Secretary of Environmental Affairs Kathleen A. Theoharides, DCR Commissioner Jim Montgomery, Rep. Joseph McGonagle, Rep. Mike Connolly, Everett Councilor Anthony DiPierro, Everett Councilor Stephanie Martins, and Everett Councilor Michael McLaughlin.



Gov. Charlie Baker delivers his remarks as Mayor Carlo DeMaria, Secretary of Transportation Jamey Tesler, Sec. of Environmental Affairs Kathleen A. Theoharides, and DCR Commissioner look on at the press conference Friday at Encore.



Everett Mayor Carlo DeMaria and First Lady Stacy DeMaria welcome Gov. Charlie Baker to the city for the announcement of plans to build a new pedestrian-and-bicycle footbridge that will connect the Somerville MBTA station to the Encore Boston Harbor casino/resort property.



Somerville Mayor Joseph Curtatone thanks Everett Mayor Carlo DeMaria for his outstanding leadership of the city and his collaborative efforts that helped make the new pedestrian-and-bicycle footbridge project a reality.



**Vote for ALLEN PANARESE COUNCILOR AT LARGE #8 ON THE BALLOT VOTED CITY WIDE**

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For more information and answers to any of your cancer questions, contact us any time, day or night.

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OCTOBER 23RD  
9AM-1PM

**MONDAY**  
OCTOBER 25TH  
8AM TO 7:30PM

**TUESDAY**  
OCTOBER 26TH  
8AM TO 5:00PM

**WEDNESDAY**  
OCTOBER 27TH  
8AM TO 5:00PM

**THURSDAY**  
OCTOBER 28TH  
8AM TO 7:30PM

**FRIDAY**  
OCTOBER 29TH  
9AM-1PM

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**PLEASE USE PARKING LOT ENTRANCE.**



**EMERGENCY ALL BLOOD TYPES NEEDED.**

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## Elect SAMANTHA HURLEY School Committee Ward 3



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FRESH AND LOCAL

Stews and Stewed!

By Penny & Ed Cherubino

We recently acquired a copy of Clifford A. Wright’s book, “Real Stew,” and decided that we should cook our way through it this fall and winter. The full title of this delicious tome is “Real Stew: 300 Recipes for Authentic Home-Cooked Cassoulet, Gumbo, Chili, Curry, Minestrone, Bouillabaisse, Stroganoff, Goulash, Chowder, and Much More.”

We agree that all these dishes fit the “New Food Lover’s Companion” definition of a stew or to stew. “Any dish that is prepared by stewing. The term is most often applied to dishes that contain meat, vegetables and a thick soup-like broth resulting from a combination of the stewing liquid and the natural juices of the food being stewed. stew v. A method of cooking by which food is barely covered with liquid and simmered slowly for a long period of time in a tightly covered pot.”

Stews from Everywhere for Every Eater

Wright has chapters on various meats from beef and lamb to goat and rabbit. He explores how diverse foodways have used their native pantry to produce an appropriate stewed dish for their taste.

He also has a range of seafood and vegetable stews. Some of these are vegetarian, while others contain meat products. For example, bacon or salt pork is common in chowders, while some vegetable stews call for chicken broth. If you want a fully vegetarian or vegan meal you can easily adapt any stew recipe by using alternative ingredients that fit your preference.

The freedom to make changes to use what you have or what you want is a hallmark of stew evolution. One of the most ubiquitous examples is Biga or Hunter’s Stew. This dish uses whatever is on hand and might be cooked on a stove or over an open fire.

Hunter’s stew may have evolved from the Medieval tradition of the perpetual stew pot. That meal is called a companaticum by

Wikipedia. They defined it as “That which goes with bread.”

Our Stew Tips

When shopping for meat for our stews, we head straight for the least expensive cuts. For example, beef shanks cost us \$4.99 a pound.

Bone-in meat with plenty of connective tissue is ideal for a rich textured stew broth. After shredding the meat from the shanks, Penny mashes the bone marrow and returns it to the pot.

Stewed or braised dishes are usually better the next day, so these are great make-ahead meals.

In a beef stew, mushrooms add umami flavor and fool the eye to make it look to the eater like the pot contains more meat than it does.

In place of salt, we often add umami-rich salty ingredients like Worcestershire sauce for depth of flavor.

It’s Stew Time

Stews are perfect autumn and winter meals. We love stewy dishes because you cook once and



Beef shanks and mushrooms were the only items we shopped for to make a great stew. Once home, we gathered the rest of the ingredients from what we had on hand.

eat for days.

A pot of stew can also use the food you might waste. Wright’s last recipe in the book is for Cliff’s No Name Stew. He created a feast he made in a 22-quart pot with what he had in his freezer, refrigerator, and a trip to the

farmers’ market. He enjoyed it with a gathering of friends.

Sharing is our final reason for loving stew. It’s a perfect meal to share with people you enjoy. Be generous, make a big pot of stew and share away, in-person if that is within

your comfort zone, or as takeaway containers and a Zoom meal if not.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

CITY PAWS

Companion caregiving

By Penny & Ed Cherubino

At some point in a companion animal relationship, we become caregivers. It may be for a short-term illness or injury, a chronic condition, or aging issues. Over the summer, our Westie Poppy needed a dental procedure, and we were reminded that caregiving requires organization and a team effort.

Finding Care

During the height of the pandemic, Poppy had an accident that loosened two tiny teeth. We became advocates for our dog from day one. First, we reached out to Dr. Jake Tedaldi at Vetcall.com for a home visit to advise us on the seriousness of the injury. Next, we set up an appointment at Angell Memorial, where we learned that they did not have any available dental appointments until 2022.

We thought about the veterinarians we had interviewed for articles over the years and reached out to a team that had im-

pressed us. We called Boston Veterinary Clinic, and they were able to set up a consultation and scheduled surgery to remove the teeth. They were also able to do a complete dental. (Ed brushes Poppy’s teeth twice a day, so this was the first dental for our little nine-year-old.)

Following Instructions

A dog or cat can’t prepare for a procedure on its own. That’s our job. We had a set of appointments and instructions for the days leading up to the surgery.

Over the years, we’ve found setting up timelines, and medication charts are worth the effort.

As a part of the clinic’s fear-free veterinary care, we had a mild anti-anxiety medication to give Poppy ten hours and two hours before dropoff. As with any surgery, there was also a time when we had to withhold food and water. Those items and the times when they should occur were put into a spreadsheet and printed out as a checklist.

When we arrived home with Poppy after her dental procedure, we read her aftercare instructions, then set up, and printed a medication chart for the next two weeks. We took photos of her teeth along the way to be sure we could see progress. And, as always, Ed added anything of note to the reporter’s notebook he keeps on Poppy.

Caregiver Burden

While our recent caregiving for Poppy was short-term, we have faced chronic issues and the care needed due to age-related problems with our other dogs.

Zazie Todd Ph.D. recently wrote about “Caregiver Burden” regarding companion animals for Psychology Today. She noted that, “Caring for a pet with a chronic or terminal illness or serious behavior issue can involve making changes to one’s schedule or lifestyle. As well as the initial shock of learning about the issue or diagnosis, there is the dif-



After her dental surgery, we used puppy pads in Poppy’s crate to protect her bedding and make us aware of any residual bleeding.

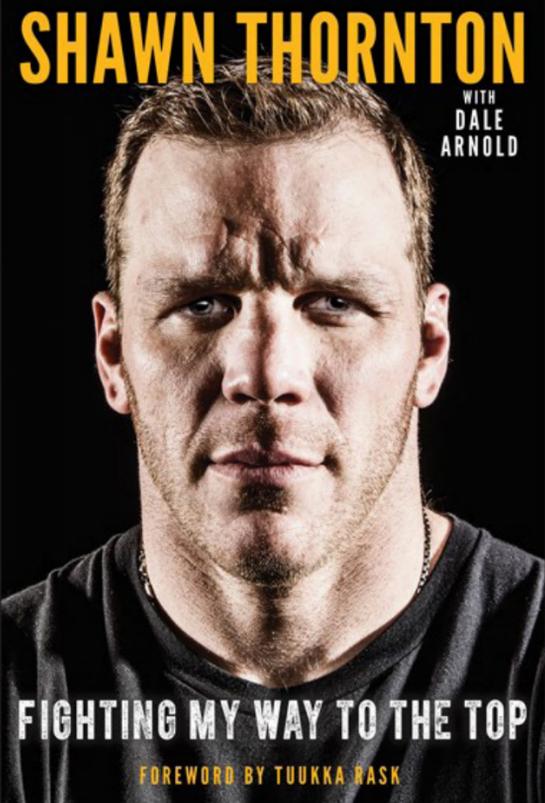
ficulty of coming to terms with it and the fact that life may not be the same again. There is the financial cost of vet visits and treatments, the challenges of giving treatments at home, and changes to what the pet can or cannot

do. There may also be impacts on the pet guardian’s health.”

Remember to take care of yourself during any period of caregiving. You might ask a friend, relative, or pet sitter to give you some time off when

you feel you can’t leave your furry friend alone. Relieve anxiety by making a call to your veterinary team if something that is part of your pet’s condition has you worried.

Happily, Poppy has fully recovered. She’s back



**SHAWN THORNTON**  
WITH DALE ARNOLD

**FIGHTING MY WAY TO THE TOP**  
FOREWORD BY TUUKKA RASK

**Book Signing**  
**October 29 | 5–7 p.m.**

*Encore*  
BOSTON HARBOR  
A WYNN RESORT

CITY OF EVERETT HOSTS 5K RACE TO SUPPORT BRANDON CONDE

Lifelong Everett resident Brandon Conde was involved in an accident in 2019 that injured his spinal cord and left him a tetraplegic. The City Of Everett hosted a 5k race to help raise money to support his recovery efforts and living expenses. The race started and ended at the High School and ran from Ferry Street to Broadway to Lynn Street to Fuller Street to Washington Avenue and to Elm Street.



Everett Police Officer Sean Fitzpatrick runs with his friend and co-worker Saint.



Everett Police Officer Nick Stanfield runs down Elm Street.



#47 on Elm Street.



Koki Monzon, who placed 1st for men, runs down Elm Street.



#102 on Elm Street.



Cousins Junie Conde and Alex Smith.



Briana Hyppolite and Courtney Menger.



Nora Pierre and her dad Kenny were happy to complete the 5K. She still had some energy and got on her scooter to burn it off.



Emilio Guzman and Carl Durham.



Rodney Landaverde, City Councilor Stephanie Martins, and Yasmine Akib.



Kim Munyon, Kristin Anzuoni, and Koki Monzon from Carter Park Crossfit.



Runners make their way up Washington Ave



Runners make their way to the finish line.



Everett High School students walk briskly on Ferry Street to complete the 5k route.



Brandon Conde (front) with some of his many friends and supporters along with Everett Mayor Carlo DeMaria (5th from right).



The Brandon Conde 5k race begins.

**EHS Roundup**

**THREE WINS FOR EHS BOYS SOCCER**

The Everett High boys soccer team turned in a superb week, winning all three of its matches in convincing fashion. “We played Lynn English Tuesday, which went really great,” said EHS head coach Pedro Blas of his team’s 8-2 victory. “We got the opportunity to play some of my bench players and add more players to the rotation. “We touched the ball really well,” Blas added. “Everyone got an opportunity to get involved.” Two days later the Patriots took the measure of Somerville, 4-1.

“We played a really physical team in Somerville,” said Blas. “It took us about 5-10 min to get going, but I felt we did a really good job to adjust to their game. “We had a solid game in the air to stop their long ball and we were able to take advantage of set plays,” said Blas. This past Saturday the Crimson Tide made their trek to Lawrence High worth the long bus ride, earning a 4-1 win over their non-conference opponent. “I didn’t feel that we played all that great,” said Blas. “We didn’t really get going until the last 25

minutes of the game, but in the end, we found a way to play as a team.” Blas and his crew were scheduled to wrap up their regular season yesterday (Tuesday) with a contest at non-league rival East Boston. They then will await word of their seeding and first-round opponent in the upcoming MIAA state soccer tournament. **EHS GIRLS SOCCER DEFEATS LYNN ENGLISH** The Everett High girls soccer team celebrated Senior Night in appropriate fashion with a 2-0 victory over Lynn English last Tuesday.

Freshman Yelsa Garcia and sophomore Layla Bettancur-Cardona reached the back of the English net to provide the offense. A trio of keepers, Lamiah Wyzard in the first half and Emilia Maria-Babcock and Hannah Alvarado in the second half, combined their efforts to record the clean sheet. “Our captain, Mariana Madrigal Orrego, kept the entire team together in this game,” said EHS head coach Sheryl Steeves. “She led the team from the center of the field and was on top of her communication.” Two days later the Lady

Crimson Tide turned in another strong performance, but came up just short in a 4-3 loss at Somerville. Senior Maria Paula Zubieta Numpaque, freshman Yelsa Garcia, and sophomore Layla Bettancur-Cardona scored the goals for Everett. “We had a very strong game,” noted Steeves. “The girls all showed up to win this game, but unfortunately, it didn’t end in our favor.” However, the Lady

Crimson Tide bounced back on Monday with a 4-1 triumph at Greater Lawrence Regional. The goal scorers for Everett were Yelsa Garcia, Layla Bettancur-Cardona, Stephanie Azurdia, and Maria Paula Zubieta Numpaque. Goalkeeper Lamiah Wyzard picked up the “W.” Steeves and her crew are scheduled to close out their season with a rematch with Somerville tomorrow (Thursday) at 7 Acre Park in a make-up contest from a postponement earlier in the year. The Lady Highlanders in order to qualify for the post-season state tourney.

# Everett Community Growers partners with Whitsons to provide local produce to Everett Public Schools

In collaboration with Whitsons Culinary Group, Everett Community Growers now provides farm-fresh produce to Everett Public Schools. Since September, Everett Community Growers (ECG), an urban farm and food justice organization located in Everett, has collaborated with Whitsons to provide Everett students with organically grown vegetables. This partnership has created a unique opportunity where students gain the educational experience to connect to what's on their plate and learn more about locally grown produce.

ECG's Farm Manager, Lenka McNally, and Youth Crew members have harvested fresh produce weekly to be served in the EHS cafeteria. This produce has then been incorporated into Everett High School's menu items for the past month. The culinary team, led by Chef Raymon, has been educating students on these vegetables and demonstrating how to prepare them into various recipes. As Alyssa Charles, General Manager for Whitsons in Everett, writes, "We have been looking forward to our weekly harvests and love showing the students how we use the different items. Students who

never tried Babaganoush and Eggplant Rollatini were wowed at how tasty these dishes can be! Other students enjoyed freshly picked curly, and lacinato kale tossed with romaine lettuce in their salads and homemade pesto pasta made with ECG's kale and basil, which completely sold out." Upcoming culinary plans include using ECG's tomatillos in a salsa verde as an accompaniment to Everett High School's popular Coyote Grill Nacho Bar station.

ECG and Whitsons hope to continue to develop their partnership to include workshops, cooking demos, and more! ECG is looking forward to continuing to harvest from their farm for the remainder of their season and into the future to ensure Everett Public Schools students can experience, taste, and learn from enjoying healthy and delicious produce grown right in the heart of Everett.

Want some farm-fresh produce yourself? This season, Everett Community Growers will continue selling their produce at their farm at 548 Broadway on Saturdays from 9am - 12pm until October 30th and Wednesdays for pre-order pick-up from 3pm - 6pm until November 3rd.

Visit their website to order online and learn more about their food justice work: [www.everettcommunitygrowers.org](http://www.everettcommunitygrowers.org).

Everett Community Growers (ECG) is a community-based food justice organization working to improve health and racial equity through urban agriculture, youth workforce development, and equitable policy change. ECG believes that everyone in Everett should have access to healthy, affordable, food options. By creating spaces across the city for growing food and engaging community members, ECG works to improve food access, build community among diverse residents, and help raise up marginalized voices in public processes, while repurposing underutilized urban spaces. ECG currently operates one urban farm and two community garden locations in Everett, and membership is composed of residents and other local organizations committed to food justice and racial equity work. For more information visit [www.everettcommunitygrowers.org](http://www.everettcommunitygrowers.org) or follow us on Facebook and Instagram.

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Everett Community Growers has collaborated with Whitsons to provide Everett students with organically grown vegetables.

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I know what you want from your government. I've lived here, and have been active here, during my entire life. My business, Mastrocola Insurance, has been on the Parkway since my father and my Uncle Frank built the building back in 1967.

If elected, I'll focus on the police, fire, and public works departments. I'll be sure that these three departments have what they need to provide great service.

This campaign went by too fast. I wish I had more time to meet you all. If I haven't already done so, I'd like to ask for your vote.



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~ **Elect** ~

## James A. Mastrocola City Councilor-at-Large #10th Name on the Ballot

### EVERETT HIGH SCHOOL IN FIELD HOCKEY ACTION AGAINST NORTHEAST



Julia Curran (15) crosses sticks with a Northeast defender.



Captain Melissa Lopes (5) makes a stop.



Kayley Rossi (12) controls the play.



Stephany DeSousa (3) and Kayley Rossi (12) celebrate Rossi's goal that gave the Crimson Tide a 1-0 lead.



Meghan Currie (4) moves in on the ball.



Kayley Rossi (12) works her way through the defense and scored Everett's first goal

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# Sports

## EVERETT HIGH SCHOOL IN SOCCER ACTION AGAINST LYNN ENGLISH

BOB MARRA PHOTOS

Everett played a dominant game along the way to a convincing win over Lynn English Tuesday, October 19 at Manning Field.



Everett's Dan Cadet gets off a shot in front of Lynn English defender Rugbin Johan Pena.



Guilherme Meireles (8) Luan Cruz (10) and Tysenger Alcin (9) are all smiles as they celebrate an Everett goal.



Everett's Guilherme Moraes (8) rushes by Lynn English defender Eddy Romero.



Everett junior Tysenger Alcin rises above Lynn English defender Dario Gomez to take control of a loose ball.



Everett's Ben Pezo gets a little bit ahead of the ball as he moves through midfield.



Lynn English forward Jalen Coriolan and Everett's (20) race for a loose ball.

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Re-Elect City Councilor at Large

## EVERETT CITIZENS FOUNDATION GRANTS AWARDED

Through Mayor Carlo DeMaria's Host Community Agreement with Wynn Resorts, approved by voters in 2013, the Everett Citizens Foundation was established. The Foundation, which consists of members appointed by Mayor DeMaria, the Everett City Council, State Senator Sal DiDomenico, and State Representative Joe McGonagle, is charged with supporting and promoting local groups, associations, and programs with important City initiatives that provide a direct benefit to Everett residents.

pleased to announce that the Everett Citizens Foundation has chosen the recipients for Year 3 Round 1 of the grant. "Congratulations to all of the recipients. This fund is a great opportunity for organizations benefiting Everett residents to seek additional funding that they would not typically receive, said Mayor DeMaria. "The Everett Citizens Foundation seeks to assist organizations that have a positive impact on the residents of Everett. I encourage all organizations in the community to apply."



All the grant recipients gather for a group photo.



Everett E Club receives its grant.



Bread of Life receives its grant.



Art Lab receives its grant.

ORGANIZATION	AMOUNT AWARDED	FUNDS USED FOR
ABCD (Action for Boston Community Development)	\$10,000	Everett Utility Relief Services
Adams PTO	\$10,000.00	Gross Motor Development and Growth
Art Lab Everett	\$6,947.82	Art For Everett
Bread of Life	\$10,000.00	Everett Backpack Nutrition Program
Cambridge Health Alliance	\$10,000.00	TEASA (Teens in Everett Against Substance Abuse)
City Year Greater Boston	\$6,811.59	City Year Programming in Everett Public Schools
Crimson Tide Pop Warner	\$10,000.00	Everett Crimson Tide Pop Warner
ECF Wave Club	\$6,539.13	Wave Club Period Project
Eliot Family Resource Center	10,000.00	Eliot Family Resource Center Materials Expansion
Everett E Club	\$10,000.00	E Club High School Scholarships
Everett Girls Softball	\$10,000.00	Free Softball Clinics, Reduced registration fees, and equipment procurement
Everett Grace Food Pantry	\$10,000.00	Feeding the Need
For Kids Only	\$10,000.00	Everett After School
Execution Fastpitch Travel Softball Club	\$6,539.13	Softball for Everett youth
Integral Arts Everett	5,000.00	Everett Community Art Walk 2022
LUMA	\$10,000.00	Focused on the Future
Malden Transportation	\$10,000.00	Everett Afterschool Transportation Support
Mystic Valley Elder Services	\$5,000.00	Social Engagement Services Program
Mystic Valley YMCA	\$10,000.00	YMCA Community Food Programs for Everett Residents
North Shore Evangelical Missionary Church	\$10,000.00	Programs benefitting Everett community
Weigh Better Brands LLC	\$6,811.59	Weigh Better U programming
Youth Initiative Council	\$6,811.59	Youth Initiative Council
Glendale Christian Lighthouse Church	\$6,539.13	Glendale Christian Lighthouse-Upgrade/restoration
Sober Shuttle	\$3,000	Recovery Transportation Program

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**NEWS FROM AROUND THE REGION**

**TEACHERS STAGE A 'WALK-IN'**

**CHELSEA** - Chelsea teachers staged a "walk-in" on Monday as part of their efforts to demand what they consider to be a fair contract.

Teachers, staff, educators, and community leaders rallied outside the district schools last week before walking into the buildings together.

The most recent contract between the district and Chelsea Teachers Union Local #1340 expired at the end of the last school year. According to Kathryn Anderson, president of the union, the teachers' top negotiation priorities include making pay competitive with nearby districts, paying paraprofessionals for translation services, reducing class sizes, and providing prep periods for all members, including weekly preps for paraprofessionals.

"I think the Chelsea community stands with us and recognizes how important the demands are for getting students the services they deserve," said Anderson.

She said the support and participation from teachers across the district was high for the walk-in, and helped to show that there was unity among teachers beyond the leadership of the union.

Anderson said she believes one of the biggest issues on the school side is that there is a mindset locked into constant budget cuts over the years, and that some might not fully believe that Chelsea is going to see a major bump in Student Opportunity Act (SOA) money

in the coming years. The SOA money coming into Chelsea is estimated to double from \$70 million to \$140 million over the next six years, and after the six-year phase, the increase from the state will become permanent.

Low pay, teacher retention, and high class sizes are all issues that are intertwined and could be solved through the smart use of the SOA money, Anderson said.

"There's a huge difference between class sizes of 32 kids and 24 or 20 kids," said Anderson.

She also noted that the teacher retention rates are lower than in surrounding communities, and that the pay for Chelsea teachers plays a big part in that.

"If you are looking a mile away, and they are making 16 percent more, it can be hard to convince people to stay," Anderson said.

The next negotiation sessions between the schools and the union are scheduled for Nov. 8 and 15. Anderson said there has been movement on some issues, but that there are still issues where the two sides are far apart.

"Negotiations between Chelsea Public Schools and the Chelsea Teachers Union are ongoing," said Superintendent of Schools Dr. Almi Abeyta. "I can assure you that we are working in good faith to reach an agreement. I fully expect that we will reach an agreement that is fair and equitable both for staff and for the community."

School Committee member Marisol Santiago said that all the teachers, paraprofessionals, and all



Chelsea goalkeeper Arquimedes Felix Barrero held off the strong Revere attack until he was injured forced to leave the game.

**ON HIS GAME**

the members of the school district are valuable stakeholders in the process, and that it is important to have a good negotiation process to make sure both sides have their needs met.

"We all have to keep in mind the various stakeholders and plan for the future," she said. "It's critical to do that respectfully, because everyone wants the best for the communi-

ty." Santiago said she did see positives from the teacher walk-in held at the schools on Monday.

"I'm glad to see that great organizing is happening that is building out a stronger community that benefits us all," she said.

**NEW ART EXHIBIT INSTALLED**

**EAST BOSTON** - A new art exhibit that is a collaboration between Boston Harbor Now and conservation photographer Lauren Owens Lambert has been installed at LoPresti Park in East Boston and Langone Park in the North End.

"On the Edge: Boston's Working Waterfront" uses Lambert's photos to showcase the range of

jobs linked to the Boston waterfront and the value they bring to the city and the region.

The new art installation features a photo by Lambert of two Piers Park Sailing Center staff and students practicing righting a capsized boat at the sailing center.

While traditional mar-

See REGION Page 16

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# Region // CONTINUED FROM PAGE 15

itime jobs persist, the changing waterfront—cleaned over the past four decades, lined with significant new construction, and preparing for the impacts of climate change—offers employment to many.

Through a set of working portraits by Lambert the installation represents, on a human scale, the economic impact and interconnection of Boston Harbor.

Like the Piers Park Sailing Center picture Lamberts other portraits illustrate a cross-section of the city's workforce and highlight the diversity of humans and roles that help the region benefit from a healthy and connected harbor.

Lambert commented that the harbor is a vital economic engine that powers the City and the many lives and livelihoods that depend on it.

Piers Park Sailing Center Executive Director Alex DeFronzo said his team is really excited for the public art installation because it showcases the historic maritime work that continues today in Eastie.

Lambert is a photographer and video journalist based in the Boston area whose work has a creative focus in documenting the human aspect of climate change, ocean health, natural resource management, conservation, and our relationship with the natural world during the age of the Anthropocene.

## REMEMBERING DOUG MULLINS

LYNN - The Lynn baseball community will honor the memory of Doug Mullins, a highly respected athlete and coach, with a tremendous tribute: the Doug Mullins Memorial Baseball Tournament to be held May 27-28, 2022, at Fraser Field.

Douglas Adam Mullins was the head coach of the Lynn English baseball team before his passing on Oct. 17, 2020, at the age of 34. Mr. Mullins had an All-Star-caliber career at Lynn Classical and later served as an assistant baseball coach at St. Mary's and Lynn English before being promoted to the head coaching posi-

tion at Lynn English on the recommendation of head coach Joe Caponigro and the appointment by Director of Athletics Dick Newton.

The English, Classical and St. Mary's baseball teams will compete with Swampscott High School in the first Doug Mullins Memorial Baseball Tournament which will be held during Memorial Day weekend.

Caponigro, head coach of the Swampscott High School baseball team, is the director of the tournament.

"I loved Doug as a coach and loved him as a person," said Caponigro. "He was a terrific young guy, very motivated, very good to his players – just an all-around great person."

Caponigro said when he brought forth his proposal for the tournament to the Lynn athletic directors, Dick Newton (English), Bill Devin (Classical), and Jeff Newhall (St. Mary's), and head baseball coaches, Esteban Paula (English), Mike Zukowski (Classical), and Derek Dana (St. Mary's), they warmly embraced the tournament and its intended goals of honoring Mr. Mullins' legacy.

"I also wanted Swampscott to be a part of the tournament because of my connection and friendship to Doug," said Caponigro. The final Nipper Clancy Memorial Baseball Tournament was slated to be held in 2020, but because of the COVID-19 pandemic, the tournament was canceled. The Doug Mullins Baseball Tournament will now become the premier showcase for Lynn baseball on the holiday weekend.

"I had the pleasure of coaching Doug Mullins when he was in the ninth grade," said Classical AD Devin. "At the time I was the freshman coach, and Dougie was one of my best players. He could pitch, play shortstop, play outfield, and he had tremendous speed. I told [then-Classical] Coach Jim Tgettis that this kid was going to be a very special player on the varsity, which he was."

Devin said what impressed him the most was Doug's leadership qualities and character.

"He was a tremendous person, so likable – everything was team first," said Devin. "He was an extremely hard worker, a great athlete, just a well-rounded person. My sons, Brandon and Sean, played on Doug's team in American Legion Baseball, and they absolutely loved him as a coach. So, I'm completely honored to be a part of the Doug

Mullins Tournament. It's going to be something special and will keep his memory alive."

Dick Newton is also excited to be a part of the tournament. "This event is going to be the start of something that we hope continues for many years," said Newton. "It's a tribute to Doug and his family to have a tournament named after him. Doug was a wonderful guy who played for Classical and coached at English. He was a Lynn guy through and through, but the most important thing about Doug was that he had many, many friends that loved him and they want to keep his memory alive."

Jeff Newhall said the Spartans' baseball team, which is the two-time defending Division 2 state champion, is looking forward to competing in the Doug Mullins Tournament.

"The tournament is an excellent and much-deserved tribute to Doug Mullins and his family and a showcase for high school baseball," said Newhall.

Caponigro said that an MVP Award will be presented to the tournament's most outstanding player. Players from each of the four teams will be eligible for selection to the Doug Mullins All-Tournament team.

## PLASTIC BAG BANNING ORDINANCE PASSES TWO YEAR MARK

REVERE - Ward 1 Councillor Joanne McKenna calls the ordinance banning single-use plastic bags in Revere "one of my biggest and proudest accomplishments as a councillor."

The City Council passed the ordinance co-sponsored by McKenna and Councillor-at-Large Jessica Giannino in April, 2019.

"It's been two-and-a-half years," said McKenna proudly. "When we first started, there were 80 cities and towns on board, and now there are 140 on board banning single-use plastic bags."

McKenna said she and Giannino worked on the ordinance for 18 months before putting it before the Council. "Councillors [Patrick] Keefe and [Steven] Morabito also jumped on board with it," recalled McKenna.

McKenna said the ordinance has made "a world of difference" in the city's environment.

"You don't see plastic bags in the trees any-

more – you don't see them along the roadways," noted McKenna. "Revere Beach is cleaner. And we did it because Revere is a coastal community and has the first public beach."

The diligent councillor known for her consistent, hard-working approach on issues large and small, said it was difficult in the beginning for seniors to join the effort, "because they thought that they would have to pay for bags and some of the paper bags are cheap and fall apart."

"But looking at the big picture, it's really made a difference; the city is so much cleaner without the plastic bags all over the sidewalks and the streets," said McKenna.

Councillors McKenna and Giannino (who is also a state representative and will be leaving the City Council in January after not seeking re-election) are now targeting another concern in terms of a safer environment for all Revere residents.

"Our next venture is going to be Styrofoam, but I really don't know when that's going to come to fruition because she (Giannino) is leaving the Council soon," said McKenna. "I think it's going to be one of our last proposals together – to ban Styrofoam in the city."

Councillor Giannino was instrumental in the passage of the plastic bag ordinance.

Councillor-at-Large Joanne McKenna said that Councillor-at-Large and now-State Rep. Jessica Giannino was on board from the outset as a co-sponsor of the ordinance banning plastic bags in the city.

Giannino said a healthy and safe environment has always been a mutual concern among the two community leaders who served as president and vice president of the City Council during their tenures in office.

"Councillor McKenna and I share many things in common, but the environment is one of the most important," said Giannino. "Together, we worked on this ordinance over several months. We knew that it would be a challenge for the city at the time, but it was a move in the right direction for the bigger picture. It was great to have the support of councillors Patrick Keefe and Steve Morabito. After careful research, Councillor McKenna and I produced an ordinance that would help the coastal community of Revere be a better place. Almost immediately, we saw a reduction in litter of bags in the street, fences, storm drains and trees among other places. Although it was a learn-

ing curve, people are now used to bringing their own reusable bags, a much better choice for both the consumer and the environment. Aside from the immediate reduction in litter, the bag has long term impacts including reducing the deadly burden of plastic bags on marine animals (such as whales and sea turtles) and more importantly reducing the toxic fumes released by waste incinerators when plastic is burned. This is so important because the oldest incinerator in the country and only unlined ash land fill is in our backyard."

## MILLER FIELD TRACK AND FIELD HOUSE DEDICATED

WINTHROP - Richard Fucillo had the ideal introduction for "my big brother, Coach Tony Fucillo, the richest man in town," at the dedication ceremony of Tony Fucillo Field House at Miller Field.

Richard, who was an assistant coach on his brother's staff during a golden era of Winthrop High football, borrowed one of the most memorable lines in the classic Christmas Movie, "It's A Wonderful Life," to describe Tony Fucillo, Winthrop High's Hall of Fame football coach.

"I would like to take a moment to acknowledge a few people who are watching from their front row seats up in heaven, my mom and dad, Anthony and Annette Fucillo, my aunts and uncles, Eugene and Helen Eruzione, Jerry and Anne Jaworski, as well as my cousin, Nettie Eruzione Mailhot, who was a longtime cheerleading coach here and secretary at the high school," said Richard.

"Tonight, we honor Winthrop's best, Winthrop's very best, our very own Coach Tony Fucillo," continued Richard.

Richard spoke of his brother's superlative three-sport athletic career that earned Tony the coveted Irving P. Alexander, Thomas Keating, and Bentley Swift Memorial Trophies.

Tony Fucillo played three sports at Worcester Academy and received a full scholarship to Xavier University of Ohio.

"In 1972, he came home and started his teaching and coaching career in Winthrop," said Richard.

And what a wonderful career it was. A popular physical education teacher at the school who brought out the best in his students, Tony Fucillo continued the tradition of championship-caliber football after succeeding his men-

tor, Bob DeFelice, as the leader of the Vikings. And one can only imagine how many more Super Bowls in which Winthrop would competed, had the current playoff format been in existence in the Fucillo years.

Known for his intense pre-game preparations ("Every game was a bowl game to him" said Richard), Tony Fucillo prepared and delivered a beautiful speech.

He began by noting the presence of "my rock, Frank [Fabiano]," who approached the podium for a warm embrace from his friend and mentor.

Fucillo thanked "all the people out here tonight that have supported this dedication."

"I am so humbled by this tonight," said the coach, his voice breaking for the magnitude of the moment. "This is an incredible honor to be recognized by your hometown. I don't think believe there is anything bigger, and I am so proud to be a Winthrop Viking. And I do want to say that although my name gets to be on this building, I want you all to know that every nail, every brick, every board, and especially effort to build this has your name on it.

"I can only accept this honor and recognize and thank all the people who have made this possible: the great community of Winthrop, all the teachers and administrators that I had the pleasure to work with, the amazing students that I have taught, the incredible and dedicated coaches that I had the pleasure to work with, who made this all possible, my talented and supportive cheerleaders – I certainly want to a shout-out to former Speaker of the House Bob DeLeo for all his help and all his support for the Viking football program – and to my great mentors, Coach Bob DeFelice for 15 years, I want to tell you how it meant so much, I love you, Coach, and to athletic director James Evans, who believed in me. And most importantly my players. I coached you hard and I hope that I have respected and love you like my own children. Although you are grown men, you will always be my boys."

Fucillo paid a special tribute to his immediate family including his wife, Carolyn Fucillo, his sons, Anthony and James, and his sister, Jennie, and his extended family.

"Thanks for always being there win or lose," said Fucillo. "And finally to my wife, Carolyn, for all her understanding, patience, and support throughout my coaching career, when this guy was never home, your name deserves to be on this building, not mine."

Just beyond the seating area stood Tony Fucillo's coaching colleagues at Tufts University, and a contingent of his football players, all dressed neatly in their Tufts blue jerseys and representing their school so admirably. It was clear by their presence that Tony Fucillo is being a positive influence through his coaching at one of the nation's most prestigious universities. From Winthrop to Medford, Tony Fucillo, once a Viking, always a Viking, is still helping young men excel beyond the football field.

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# Former bank manager pleads guilty to tax scheme

A former bank manager pleaded guilty in federal court in Boston to falsely inflating taxpayer's federal income tax refunds and diverting a portion of those refunds to accounts controlled by him and others.

Christian Zynga, 46, formerly of Everett, pleaded guilty to one count of conspiracy to defraud the United States. U.S. District Court Judge Allison D. Burroughs scheduled sentencing for Feb. 17, 2022. Zynga was indicted in October 2020 with co-defendant Boris Shadari who has pleaded not

guilty and is awaiting trial. According to the charging documents, from 2012 to 2018, Zynga and, allegedly, Shadari held Shadari out to be a tax professional, particularly for the Congolese community of Greater Boston. It is alleged that until 2017, they took their customers' tax information to a legitimate tax professional and provided the tax professional with false information concerning their customers' dependents, dependent and childcare expenses and business income and losses in order to inflate the customers'

federal income tax refunds. They then allegedly caused the refunds to be split between the customers' bank accounts and accounts they and their co-conspirators controlled.

From 2017 to 2018, Zynga and, allegedly, Shadari prepared customers' tax returns themselves while continuing to inflate refunds by adding false information to the returns and diverting a portion of the customers' refunds to themselves or accounts they or their co-conspirators controlled. It is alleged that the scheme re-

sulted in a tax loss of more than \$500,000. Among other things, Zynga, who worked as a bank manager, opened bank accounts in others' names for the purpose of receiving the fraudulent federal income tax refunds. Zynga also provided Shadari with the names and Social Security numbers of children of an associate who was living abroad at the time so that they could be falsely listed as dependents on returns.

The charge of conspiracy to defraud the United States provides for a sentence of up to five years in prison, three years of su-

pervised release and a fine of \$250,000 or twice the gross gain or loss, whichever is greater. Sentences are imposed by a federal district court judge based upon the U.S. Sentencing Guidelines and other statutory factors.

Acting United States Attorney Nathaniel R. Mendell; Joseph R. Bonavolonta, Special Agent in Charge of the Federal Bureau of Investigation, Boston Division; Joleen D. Simpson, Special Agent in Charge of the Internal Revenue Service's Criminal Investigations in Boston; and Ketty

Larco-Ward, Inspector in Charge of the U.S. Postal Inspection Service made the announcement today. Assistant U.S. Attorney Kristen A. Kearney of Mendell's Securities, Financial & Cyber Fraud Unit is prosecuting the case.

The details contained in the indictment are allegations. The remaining defendant is presumed innocent unless and until proven guilty beyond a reasonable doubt in a court of law.

# Baker signs student nutrition act ensuring more students access to free meals at school

Governor Charlie Baker, Lt. Governor Karyn Polito and Secretary of Education James Peyser joined lawmakers to participate in a ceremonial bill signing for An Act Promoting Student Nutrition (H 3999) which increases students' access to free school meals and prohibits schools from using any punitive measures against students with meal debt. The legislation requires any school or district to implement universal free breakfast and lunch for all students if a majority of its the students meet low-income criteria.

"This legislation is another way we can ensure all children in the Commonwealth have access

to healthy meals when they are in school," said Governor Charlie Baker. "We are thankful to our partners in the Legislature for their leadership on this important issue so that no child goes hungry and can focus on their learning and education."

"This bill will end the undue burden on students whose families have school meal debt by preventing children from being involved," said Lt. Governor Karyn Polito. "No child should be involved in debt collection or made to feel uncomfortable when they go to eat lunch at school."

"As a state, we simply cannot accept hungry students as part of our reali-

ty. Students who don't get enough to eat every single day face very real disadvantages as compared to their peers," said Senate President Karen Spilka. "This legislation ensures that students across the Commonwealth have equitable access to nutrition to ensure that they start every day ready to learn. I'd like to thank Senate Majority Leader Cindy Creem for her leadership on this bill, and to the Legislature and Governor Baker for acknowledging that supporting our students through accessible meals, rather than shaming families for their inability to pay, is the best path towards success for all of our students."

"Addressing food insecurity, especially among our state's most vulnerable students so they are able to learn and succeed in school, is a top priority for the Massachusetts House of Representatives," said Speaker of the House Ronald J. Mariano. "I would like to thank Chair Alice Peisch and Representative Andy Vargas for their leadership and hard work in extending access to meals and working to end hunger in our schools."

"School meals are critical to students' health and well-being," said Secretary of Education James Peyser. "This new law will expand access to free school meals to ensure

thousands of additional students have access to healthy meals every day so they can learn and grow to their full potential."

The legislation also requires school districts that participate in the national school lunch program to take steps to maximize federal revenue resources and savings for families and directs the Department of Elementary and Secondary Education to assist districts in improving direct certification for its students. It also allows school districts to certify children for free or reduced-priced meals for up to four consecutive school years.

In addition, school districts will be required to

determine whether a student with unpaid meal debt is eligible for free or reduced-priced meals within 30 days of notification of the debt. During that 30-day window, students can still access meals until it is determined whether the family is eligible for free or reduced meals. School employees are now prohibited in any way from publicly identifying a student with meal debt; denying a student a meal; disposing of a student's meal; or serving a student an alternative meal because of debt.

# Hale Park architectural designs community feedback

Over the past 2 months Mayor Caqro DeMaria conducted two neighborhood community meetings to discuss Hale Park. The first meeting consisted of ideas and thoughts for the space. The second meeting is where the architect brought images and requested feedback. Here is the feedback from the neighborhood.



**Concept 1**  
• Like creating green strip with street trees along Vernal St.  
• Like additional parking gained through redesign of parking area

• Water play area too large and wouldn't be used in the winter  
• Water play area would be taking away valuable green space



REPRESENTATIVE IMAGE OF TRELLIS SHADE STRUCTURE

**Concept 3**  
• Parking takes away too much green space  
• Off leash dog run area enclosed by fence was not a priority for the majority of attendees  
• Majority prefer to add pet waste station and signage regarding pet visitation rules and clean up



Concept 2 images

REPRESENTATIVE IMAGE OF SHADE STRUCTURE



REPRESENTATIVE IMAGES OF SITE FURNITURE



Concept 3 images



REPRESENTATIVE IMAGES OF "WATER PLAY" ELEMENTS

**Concept 2**  
• Prefer parking design shown on Concept 1  
• Of the three concept designs, Concept 2 is the preferred park layout  
• Preferred design is to combine Concept 1 parking with Concept 2 park layout  
• Don't remove existing tree in center of park  
• Relocate shade structure to accommodate existing tree in center of park  
• Consider locating shade structure around existing tree in center of park  
• Don't need water play area at Hale since Woodland will have one  
• Include lots of seating along walkways.  
• Keep as many existing, healthy trees as possible  
• Locate hardscape out of existing green space  
• Small children's play area is welcome addition to the park but shouldn't overwhelm the green space  
• Use of historic themed site furniture will be considered.  
• Add bike share facility that currently exists in the park  
• Lighting and security cameras will be installed

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# Everett High football team rolls past Medford, 41-0

PHOTOS BY DEREK KOUYOUMJIAN

By Cary Shuman

The Everett High School football team continued its march through the Greater Boston League with another dominating victory, 41-0, over Medford in the Homecoming game Friday night at Everett Veterans Memorial Stadium.

The Crimson Tide (6-0) can claim an undisputed GBL title with a win over Malden Thursday (6 p.m.) at Macdonald Stadium in Malden. The MIAA playoffs will start next weekend, with Everett looking to make a run to the Division 1 state title.

Coach Rob DiLoreto's contingent scored 27 unanswered points in the first quarter. Boston College-bound senior Ismael Zamor rushed for a three-yard touchdown on Everett's opening possession. Senior running back JC Clerveaux scored the first of his two touchdowns on a 13-yard run before adding a 60-yard run later in the quarter. Junior Cam Mohamed had a 10-yard run for a touchdown.

The Everett defense made some noteworthy defensive plays to account for the other touchdowns. Defensive Lineman Donovan Gaskins returned a fumble three yards for a touchdown. Senior defensive back Ramar Robinson completed Everett's scoring with a 101-yard return

of a fumble.

"It was great to have Donovan and Ramar make those defensive plays and score touchdowns," said Coach DiLoreto.

Talented sophomore placekicker Adoni Santos, who could be a difference-maker in the playoffs, was 5-of-6 on PATs.

Coach DiLoreto felt the Homecoming festivities energized his team. "The atmosphere was very positive, and it created a lot of energy and excitement in our team, and I was very happy about that," said DiLoreto. "We play at Malden and then we'll find out sometime this weekend about the playoff schedule."



After a team photo the ensemble breaks out to start the game.



Adoni Santos kicks the ball to Medford.



The enthusiasm was high at Everett Memorial Stadium as the Crimson Tide washed over the Medford Mustangs with a final score of 41-0.



Donovan Gaskins intercepts the ball from Medford leading to another touchdown.



Donovan Gaskins heading to the end zone.



Jaydan Clerveaux runs the ball to the end zone with Medford's Alvin Legros in pursuit. Jayden scored the touchdown advancing Everett's lead to 27-0 with 4:32 left in the first quarter.



Papa Domenic is ready to hike the ball.



Everett Crimson Tide Football players (#5) Moses Seide, (#15) Matheus Merino, (#12) Milo Arroyave, (#20) Johey Jacques, and (#24) Matthew LaMonica await the game to begin.



Members of the Everett High School Marching Band cheer as their Crimson Tide Football Team takes to the field.

### EVERETT HIGH SCHOOL HOMECOMING

The City Of Everett got a truly special Homecoming football game with a temperate and pleasant evening along with a 41 - 0 win over Medford. The Crimson Tide Marching Band performed in music and motion for a spectacular halftime show in a piece inspired by the Attack On Pearl Harbor in December 1941.

PHOTOS BY DEREK KOUYOUMJIAN



Thalyta Andrade of the Everett Crimson Tide Marching Band performs.



Everett High School Cheerleaders Malayla Freni and Karyana Ellerbe had much to be cheerful about as Everett was dominating the game right from the beginning.



Cheerleaders Olivia McCann and Ana Louiza Silva are ready to cheer their team on.



Everett Crimson Tide Marching Band member Sara Djitly on xylophone.



Everett High School Cheerleader Kaylin Seward is excited for the game.



Alexa Uga shows her Crimson Tide pride.



Everett High School teacher Chris Chase directs student Samy Lazare in grilling the hot dogs at the concession stand.



The Everett Crimson Tide Football Team makes their way through a gauntlet of well-wishers as they get on the field.



Helen, Ken, and Jim with Kowloon.



The Everett Crimson Tide Football Team makes their way through a gauntlet of well-wishers as they get on the field.



A sea of crimson and gold helmets as the Everett Crimson Tide team is ready.



Karmari Ellerbe practices ball catching before the game begins.



Everyone pauses for The National Anthem.

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### EVERETT PUBLIC SCHOOLS FALL FEST

The Everett Public Schools Fall Fest was held at the High School on Saturday October 23rd. Food trucks from Kowloon, The Chicken And Rice Guys, and more provided complimentary food for attendees. Carnival attractions, balloon twists, face painting, arts and crafts, and other activities made for a fun-filled Fall afternoon.



The High School grounds were transformed into an ideal Fall Fest carnival setting.



A long line at the Sesame Street blow-up fort.



Festival fun is exhausting and volunteer Rudy Weeks and Cory McCarthy were on deck to dispense water to help hydrate festival attendees.



Adriana Ferrante and Nicole Ferrante (right) with Aria Follo.



The Cookie Monstah had its truck out to help feed the throng on hungry festival-goers.



Ryan Aitmesaoud makes friends with Elmo after a brief misunderstanding.



Everett School Superintendent Priya Tahiliani (2nd from right) with faculty and students of the school system.



Natalia, Belinda, Giuliana, and Joe Morello having some family fun in the neighborhood.



MrDee with The Balloon Twisters coronates Joshua Balle (3rd from left) with his own inflatable Excalibur as his sister Dinora and mom Kimberly look on.



Representing the Whittier School: Teachers Lauren Ingoldsby and Katherine Chadwick (far right) with Principal Mike McLucas and student Kiya Chadwick.



Sarira Morocho spins the wheel while volunteer Jay Velez cheers her on.



Eliany Canelas thinks carefully before her football throw.



Michaela and Johnathan McGowan, students from the Whittier School, show off their school swag won at the wheel.



Webster School student Alice Williams shows off her mystery bag prize, the most sought-after one at the wheel.



Inflatable ball toss attractions brought out the inner-athlete in festival attendees.



The High School grounds were transformed into an ideal Fall Fest carnival setting.

# Comfort Foods

## With a Kick

FAMILY FEATURES

When the temperature drops, it's natural for thoughts — and cravings — to turn toward soothing and hearty comfort foods. There's nothing like a good casserole or a bowl of hot chili to make you feel good all over.

To kick up the fun in your favorite meals, try some comfort foods with salsa added into the mix. Salsa and picante sauces are convenient ways to add different flavors and heat up the whole family with a satisfying meal.

These recipes are fast and easy, making them great weeknight dinners for the busy cook.

For more creative recipes and serving suggestions, visit [pacefoods.com](http://pacefoods.com).

### Monterey Chicken Tortilla Casserole

Prep: 10 minutes  
Cook: 40 minutes  
Makes: 4

- 1 cup coarsely crumbled tortilla chips
- 2 cups cubed cooked chicken OR cooked turkey
- 1 can (about 15 ounces) cream-style whole kernel corn
- 3/4 cup Pace Picante sauce
- 1/2 cup sliced pitted ripe olives
- 1/2 cup shredded cheddar cheese
- Chopped green pepper OR red pepper
- Tortilla chips

1. Layer crumbled chips, chicken, corn and picante sauce in 1-quart casserole. Top with olives and cheese.
2. Bake at 350°F for 40 minutes or until hot. Top with peppers. Serve with chips.



Monterey Chicken Tortilla Casserole

### Turn Up the Heat!

Here are some more ideas from Pace Foods to help you put some zip into your favorite foods.

#### Zesty Grilled Cheese

Dip your grilled cheese sandwich into chunky salsa or picante sauce for a full-flavored, zingy kick.

#### Fiesta Meat Loaf

Use chunky salsa or picante sauce instead of tomato sauce or ketchup for a juicy, zesty meat loaf. Just before serving, top with more salsa.

#### Soup Toppers

Stir any delicious flavored salsa into your soup for a fresh new taste. Try it in black bean, tomato or vegetable soup.

#### Fiesta Rice

Tired of making the same old side dishes? To freshen up any meal, stir chunky salsa or picante sauce into your cooked rice for a lively side dish the whole family will love.



Chipotle Chili



Mexican Four Cheese Potatoes au Gratin



2-Step Beefy Taco Joes

### Chipotle Chili

Prep: 15 minutes  
Cook: 8 hours  
Makes: 8

- 1 jar (16 ounces) Pace Chunky salsa
- 1 cup water
- 2 tablespoons chili powder
- 1 teaspoon ground chipotle chile pepper
- 1 large onion, chopped (about 1 cup)
- 2 pounds beef for stew, cut into 1/2-inch pieces
- 1 can (about 19 ounces) red kidney beans, rinsed and drained
- Shredded cheddar cheese (optional)
- Sour cream (optional)

1. Stir salsa, water, chili powder, chipotle pepper, onion, beef and beans in a 3 1/2-quart slow cooker.
2. Cover and cook on LOW for 8 to 9 hours\* or until the beef is fork-tender. Serve with cheese and sour cream, if desired.

\*Or on HIGH for 4 to 5 hours.

### 2-Step Beefy Taco Joes

Prep: 5 minutes  
Cook: 10 minutes  
Makes: 8

- 1 pound ground beef
- 1 can (10 3/4 ounces) Campbell's Condensed Tomato soup (Regular OR 25% Less Sodium)
- 1 cup Pace Thick & Chunky salsa
- 1/2 cup shredded cheddar cheese
- 8 Pepperidge Farm Sandwich rolls, any variety

1. Brown ground beef in skillet. Pour off fat.
2. Add soup and salsa. Heat through. Top with cheese. Serve on rolls.

### Mexican Four Cheese Potatoes au Gratin

Prep: 10 minutes  
Bake: 50 minutes  
Stand: 10 minutes  
Makes: 6

- 1 jar (16 ounces) Pace Mexican Four Cheese salsa con Queso
- 3/4 cup Swanson Chicken broth (Regular, Natural Goodness™ OR Certified Organic)
- 1/4 cup heavy cream OR half-and-half
- 3 medium potatoes, peeled and thinly sliced (about 3 cups)

1. Stir queso, broth and cream together in medium bowl.
2. Put HALF of potatoes in a 2-quart shallow baking dish. Pour HALF of queso mixture over potatoes. Repeat with remaining potatoes and queso mixture.
3. Bake at 350°F for 50 minutes or until potatoes are tender. Let stand for 10 minutes.

### Mexi-Mac

Prep: 5 minutes  
Cook: 20 minutes  
Makes: 4

- 1 pound ground beef
- 1 cup Pace Picante sauce
- 1 tablespoon chili powder
- 1 can (14 1/2 ounces) whole peeled tomatoes, cut up
- 1 cup frozen whole kernel corn
- 3 cups cooked elbow pasta
- 1/2 cup shredded cheddar cheese
- Sliced avocado
- Sour cream

1. Cook beef in skillet until browned. Pour off fat.
2. Add picante sauce, chili powder, tomatoes and corn. Heat to a boil. Cook over low heat 10 minutes. Add pasta. Sprinkle with cheese. Cover and heat until cheese melts. Garnish with avocado and sour cream.

# OBITUARIES

## Marie Abbatinozzi Federal Reserve Bank retiree

Marie G. (Malta) Abbatinozzi of Everett entered into eternal rest on Friday, October 22 at home surrounded by her loving family. She was 93 years old.

Born in Everett and a lifelong resident, she worked as a secretary at the Federal Reserve Bank prior to her retirement.

The beloved daughter of the late Charles and Grace (Cibelli) Malta, she was the wife of the late Carl M. Abbatinozzi; dear and devoted mother of Marie Abbatinozzi of Everett, Michael P. Abbatinozzi and his wife, Teresa of Atlanta, GA and Joanne M. McCabe and her husband, Joseph of Saugus; dear sister of the late A. William Malta, Charles Malta, Jr. and his surviving wife, Rose, George Malta and his surviving wife, Josephine and Constance Brown and loving grandmother of Joseph, Jeffrey and Jonathan McCabe.



Relatives and friends are respectfully invited to attend Marie's visitation in the Cafasso & Sons Funeral Home, 65 Clark St. (Corner of Main St.) Everett today, Wednesday, Oct. 27 from 9 to 11 a.m. followed by a funeral home service at 11 a.m. Interment at Holy Cross Cemetery, Malden. In lieu of flowers, contributions in Marie's memory to the American Heart Association, 300 5th Avenue, Waltham, MA 02451 would be sincerely appreciated. Parking with attendants on duty.

## NEWS IN BRIEF

### SENIORS, DON'T BE SCAMMED

Mayor Carlo DeMaria and The Council on Aging have invited Everett's own Christine Falzarano to The Connolly Center to discuss how and why seniors are begin targeted by scammers. This presentation will keep you updated on the current scamming trends geared toward seniors. The list of the most common scams include; Medicare, The Grandparent scam, lottery/sweepstakes winnings, internet scams and so many more. You don't want to miss this important presentation, Thursday October 28, 2021, 1pm at The Connolly Center, located at 90 Chelsea Street. For additional information please call 617.394.2323 or 617.394.2260.

### TECHNOLOGY CLASSES ARE BACK FOR SENIORS

Mayor Carlo DeMaria and The Council on Aging have partnered with CHA to offer seniors on going free classes to become "Tech-Savvy". Classes take place at 11am on Tuesdays at The Connolly Center. You will learn how to download apps, connect with family and friends via video, set up emails, search the internet and so much more. Please bring your device of choice with you; a tablet, Smartphone, lap top or any other portable tech device, to The Connolly Center and we will be happy to be of assistance. For additional information please call Camille at 774.360.7521

### NOVEMBER SENIOR SOCIAL WELCOMES EVERETT HIGH SCHOOL GRADUATING CLASS OF 1971

Mayor Carlo DeMaria and The Council on Aging would like to extend an invitation to Everett High School's graduating class of 1971 in celebration of their 50th year. Our event takes place Wednesday November 17, 2021 beginning at 12 noon, Anthony's Restaurant, 105 Canal Street in Malden. You will enjoy a delicious Thanksgiving Dinner with all the fixings, along with dancing to The Palace's own Dj Chris Fiore and The Ray Cavicchio Band. Ticket sales are November 8,9,11th and 12th in The Connolly Center, 90

Chelsea Street in Everett. For additional information please call 617.394.2260 or 617.394.2323.

### VACCINE CLINIC SCHEDULED AT CONNOLLY CENTER

Mayor Carlo DeMaria and The Council on Aging have partnered with Cambridge Health Alliance to offer a COVID 19 Vaccine Clinic, for those that have not been vaccinated. Our event takes place, Wednesday November 3, 2021 from 9am until 11am at The Connolly Center located at 90 Chelsea Street in Everett. Please use front entrance of building for clinic. Appointments are not necessary. For additional information please call 617.394.2323 or 617.394.2260

## Real Estate Transfers

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Johnson, Danielle	Leitzke, Debora	38 Carter St #309	\$335,000
Antunes, Jacinta C	Freitas, Daniel L	104 Central Ave	\$1,100,000
Vasquez, Denis R	Nuzzo, Frank	235 Chelsea St	\$648,900
Mitko, Loreta	Disano, James N	45 Clark St	\$720,000
Mcmillin, Douglas W	Cino, David F	44 Florence St	\$725,000
Chery, Carlin	Rizzo, Karen	17 Freeman Ave	\$540,000
Arzola, Gina	Moore Earnet J Est	25 Liberty St #25	\$560,000

A SHORT STORY ABOUT GROWING UP WITH AN UNFAIR ADVANTAGE.

POLIO.

As one of the last American children to contract polio, Jeffrey Galpin grew up in a world of iron lungs and body casts, alone with his imagination. His story would be dramatic enough if it was just about his battle with this dreaded disease.

But Jeffrey Galpin did more than survive polio. He went on to a list of achievements in medical research—including being the principal investigator in applying the first gene therapy for HIV/AIDS.

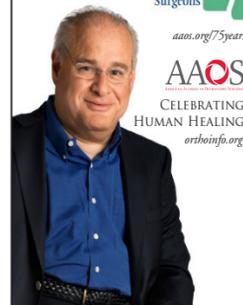
Dr. Galpin actually credits his own incurable condition for giving him the focus that made him so passionate in his research. His story leaves us with two of the most contagious messages we know. Don't give up, and remember to give back. If Dr. Galpin's story inspires just one more person to make a difference, then its telling here has been well worth while.



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## CHURCH News

### Mystic Side Congregational Church

#### News and Notes

Mystic Side Congregational Church is located in Everett, on Malden-Everett border, at 422 Main Street. We offer a warm, inviting atmosphere, and all are welcome. Our Sunday Church service starts at 10:30 a.m. and Communion is offered on the first Sunday of each month. A very pleasant coffee hour

and socializing follow our services. Parking is available in our lot next to the church on Wyllis Ave. (one way off Main Street). We look forward to welcoming you this Sunday.

**Mystic Side  
Congregational Church  
422 Main Street  
Everett, MA**

### Zion Church - Everett

#### News and Notes

Senior Pastor Bishop Robert G. Brown will be hosting Virtual Masses to bring the people together, spiritually while they can't physically. Their virtual sanctuaries can be accessed via their face-

book page, "Zion Church Ministries."

For more information, they can be reached online at [zionchurchministries.com](http://zionchurchministries.com) or via email at [office@zionchurchministries.com](mailto:office@zionchurchministries.com)

### Glendale United Methodist Church

#### News and Notes

Glendale United Methodist Church is open to all and we welcome people of all faiths, race, nationalities and sexual preference. No one is ever turned away. If you are looking for a new home church, we would like you to check us out and let us know what we can do to make church a better fit in your life.

**Bible Study:** Consider joining us for Bible study on Sunday. We meet in the Church Parlor off the Chapel from 9:30 to 10:00 a.m.

**Sponsor the bulletin!** For a \$5 donation, you can dedicate the Sunday bulletin to recognize family, friends, or special occasions. There is a sign-up sheet in the Pastor's study. Feel free to choose your particular week and leave a copy of your dedication in the mail in that is on the Pastor's door. Please contact the Pastor if you have any questions.

**Boy Scout Troop 814:** Meet in Cooper Hall on Tuesday evenings from 6-9 p.m. Cub Pack 11 meets on Saturday mornings.

NA Meetings – Mon.

**Bring Your Own Book 7:30 – 9:30 p.m.;** Thurs. I Can't But We Can, 8:00 7:30 – 9:30 p.m.

**AA Meeting – Saturday evenings from 6:30 to 8:30 p.m.**

**Pastor's Office Hours:** Saturdays 10 a.m. to 2 p.m. Other times by appointment.

**Bread of Life Donations –** This outreach is being done to honor the United Methodist Women's Group, who for so many years were our outreach source. Please bring any food item(s) to church and place in the box located on the altar.

**We are on the Internet**  
<http://www.glendaleumc-everett.org>  
**Glendale United Methodist Church**  
**Pastor David Jackson**  
**392 Ferry Street (across from Glendale Towers)**  
**Please enter the church by the driveway on Walnut Street**  
**617-387-2916**  
**PastorDavidJackson58@gmail.com**  
**Pastor's Office Hours:**  
**Saturdays 10 a.m. to 2 p.m. Other times by appointment.**

### Glendale Christian Lighthouse Church

#### News and Notes

Sunday 10:30 a.m. Worship service.

Wednesday hour of Power, worship, prayer and Bible Study, via Zoom.

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters," Colossians 3:23

"In Pursuit of Spiritual Excellence"  
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ness, Faith, Love, Truth  
**GLENDALE CHRISTIAN LIGHTHOUSE CHURCH**  
**701 BROADWAY EVERETT, MASSACHUSETTS 02149**  
**617-387-7458**  
**Rev. Larry Russi, Sr. Pastor**  
[pastorlarry@thelighthousechurch701.net](mailto:pastorlarry@thelighthousechurch701.net)

### Church at the Well Everett

#### News and Notes

Church at the Well Everett is a new church for Everett that will begin meeting in 2021. Check us out on Facebook at [www.facebook.com/churchforeverett](http://www.facebook.com/churchforeverett) to view weekly devotions and updates, visit us at [everett.church to sign up for our newsletter and see how we can help you, or connect with the Everett Community Aid Network at \[www.everettcan.com\]\(http://www.everettcan.com\) to request any additional help.](http://www.for-</a></p>
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### Grace Anglican Episcopal Church

#### News and Notes

Grace Anglican Episcopal Church is open and welcoming to all.

There are 3 services on Sundays: 10 a.m. English, 1 p.m. South Sudanese (Dinka) and 3 p.m. Haitian Creole.

Come all and let us walk together in this season of

hope, renewal and new beginnings.

**Grace Anglican Episcopal Church**  
**67 Norwood Street, Everett, MA**  
**Church Phone 617-387-7526 or 617-389-5765**

### Immaculate Conception Parish

#### News and Notes

Our Parish Staff: Father Joseph Chacha Marwa, S.M.A. Administrator;

Father Ernest Egbedike, S.M.A. Parochial Vicar; Secretary Barbara Cannon

Weekly Mass Schedule at Immaculate Conception is as follows:

Saturday (Sunday Vigil) 4 p.m., Sunday a.m., 9 a.m. (Family Mass), 11 a.m., and 5:30 p.m.

12:15 p.m. Spanish Community

4 p.m. Haitian Community

Masses are being held in the Chapel.

Eucharistic Adoration of the Blessed Sacrament: Adoration of the Blessed Sacrament is held every Thursday from 7:45 a.m. to 6:30 p.m. in the Chapel. Each Thursdays' adoration

will conclude the Benediction of the Most Blessed Sacrament at 6:30 p.m. All are invited to spend a few moments with Our Blessed Lord

**Bring a Book-Buy a Book -** We have a new Fundraiser Program in the back of the Church. It's called Bring a Book-Buy a Book. All books are a dollar and any money collected will go towards our Stain Glass Fund. Bring a Book and Buy a Book and make a donation. Our selections are great and varied. Please stop by the table and see what we have. Thank you

**Immaculate Conception Parish**  
**489 Broadway**  
**Everett, Mass 02149**  
**Phone 617-389-5660**

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Rosemarie Vinci Mugherini with her family and Councilor Fred Capone, during the celebration.



Rosemarie Vinci Mugherini is surrounded by family, friends and local officials to celebrate 60 years in business.

Miss Rosemarie Hair Stylist celebrates 60 years in business

Rosemarie Vinci Mugherini, founder and proprietor of Miss Rosemarie Hair Stylist, recently celebrated 60 years in business. Councilors Fred Capone, Mike McLaughlin, Steph-

anie Martins and Rich Dell Isola presented a citation on behalf of the entire City Council. Rosemarie first opened her doors on March 6, 1961 and has served multiple generations of clients

ever since. Rosemarie was a trailblazer opening one of the first, if not the first, female owned businesses in Everett. After 60 years of service, her salon is perhaps the longest continuously op-

erated sole proprietorship in our City. What an incredible achievement! On hand to celebrate with her were many family members, including her husband Richard, her daughter Michele,

her daughter Lisa with her children Samantha, Alexandra and John-Richard, her son Richard Jr. and his wife Erica with their children Matteo and Marcus. Also in attendance were many cus-

tomers and friends. Some of her first shampoo girls, Diane and Ruth Malio—daughter and mother, were there as was her longtime associate of 55 years and dear friend, Patricia Guerrieo. Many hairdressers worked in the shop over the 60 year period. In addition to Rosemarie and Patricia, was Rita Noce, Luisa Barletta, Marion Saia and Sukey DiBenedetto. Rosemarie thanked all her assistants through the years, Ruth and Diane, Donna Crafts, Rita Noce Sr., and her own mother - Josephine Vinci. The event spilled into two-day celebration because of all the people who wanted to share in the joyous occasion. Rosemarie thanked the gigantic crowd for all their love and support. Congratulations Miss Rosemarie Hair Stylist, a local business icon, Everett is truly lucky to have you!



The grand opening and ribbon cutting 60 years ago.

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