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Wednesday, February 19, 2025

EHS INDOOR TRACK TEAM HONORS ITS SENIORS



The Everett High School Crimson Tide varsity indoor track team honored its seniors. See more photos on Pages 8, 9, 12 and 13.

Project Delta presents comfort kits to Everett Police

By Cary Shuman

Representing Project Delta, Mark AuBuchon, vice president of the organization, presented comfort kits to the Everett Police Department during a Feb. 12 ceremony at the police station.

The kits, which are duffel bags, contain stuffed teddy bears that police officers and other first responders give to children during crisis calls to help comfort the children and their families.

Police Chief Paul D. Strong, Police Capts. Demetri O'Malley and Chris Hannon, and Community Outreach Officer Nicole O'Donnell accepted the kits from AuBuchon.

"These kits give children comfort and help them feel grounded and cared for in traumatic and frightening situations – such as domestic violence, medical, crime, and fire calls – actually, in any call where in an officer's discretion, the child could utilize this kit," said O'Donnell, who has been an Everett Police officer for 11 years. "The kits have been proven to lessen a child's Post Traumatic Stress Disorder (PTSD) from an incident. We're grateful for Project Delta's generosity and thrilled to collaborate with them to help the community."

AuBuchon said Project Delta is a non-profit program operated by Freemasons, their families, and supporters.

"The program originally started with a gentleman in Braintree who belonged to Delta Lodge and that's where the name Project Delta comes from," explained AuBuchon. "The child was collecting stuffed animals. He contacted a Braintree Police officer and asked if his department could utilize the stuffed animals, and the concept grew from there."

Project Delta is now in operation in 12 states, noted AuBuchon, whose organization has presented thousands of kits to local police departments.

Interestingly, AuBuchon said he was a paramedic working in the Everett-Chelsea area when Strong was an Everett police sergeant. "We go back a few years and it's great to see Paul in his position as chief and us being able to present these kits to the Everett Police Department."

Council discusses parking regulations at special meeting

By Cary Shuman

The City Council met with Police Sgt. Joe Gaff and Director of Parking Chad Luongo Feb. 11 in the Council Chambers to discuss parking issues and the increased number of vehicles on Everett streets.

Councilors-at-Large Stephanie Smith and Michael Marchese had called for the special meeting during which councilors asked questions on a variety of parking-related topics.

"I think we can all agree that parking, traffic, and trash are some of the top three complaints that we get from our constituents," began Smith. "I wanted to give the Traffic Commission the opportunity to give us an update, tell us what they're working on, and we can ask questions of them."

Luongo told the Council in his opening remarks that in 2024 there were 65,871 parking tickets issued, of which 25,448 were for resident violations, "an increase of 49 percent in resident violations from 2023."

Sgt. Gaff announces subcommittee

Gaff announced at the meeting the formation of a resident sticker/parking subcommittee that would consist of four members of the Traffic Commission, two members of the City Council (Gaff suggested

See COUNCIL Page 6

DiPierro will announce his bid for re-election on March 6

Special to The Independent

On March 6, at the Village Bar and Grill, Ward 3 Councilor Anthony DiPierro will announce his bid for re-electon at a reception to celebrate his 30th birthday among family, friends and supporters.

DiPierro was first elected to the Council in 2015. He was elected by his colleagues as president of the City Council in 2017 and again as interim president in 2021. As president,

See DIPIERRO Page 3



Ward 3 Councilor Anthony DiPierro

For the latest news in Everet, visit everettindependent.com



Pictured at the Project Delta presentation of comfort kits to the Everett Police Department are, from left, Capt. Demetri O'Malley, Capt. Chris Hannon, Peter Denirdjian, Project Delta Vice President Mark AuBuchon, Police Chief Paul Strong and Community Outreach Officer Nicole O'Donnell.



President: Stephen Quigley

Editor in Chief: Cary Shuman

STATE OFFICIALS SHOULD SUPPORT AUTONOMOUS VEHICLES ASAP

Last week in this space we expressed our view that legislation to allow communities to install speed-detecting cameras is ill-advised and not a great use of resources, although we suggested that red light cameras would be more efficacious for improving traffic safety.

However, if our state and local officials really want to improve auto safety in this state, they should be doing everything they can to encourage the pioneering company Waymo to bring its autonomous-vehicles to Massachusetts.

It is ironic that we in Massachusetts consider ourselves a hub for technological innovation, but we are badly lagging other states across the country in bringing these computer-operated cars, which are the wave of the not-too-distant future, to the Commonwealth.

Autonomous cars offer a number of advantages over human-operated motor vehicles on our roadways.

First and foremost, they are far safer. Waymo, the Google subsidiary that has operated in San Francisco for many years and that has expanded into Austin, Phoenix, and Miami, among other places (with more on the way soon), has a safety record that far exceeds human drivers.

Consider these statistics from an insurance company study that was published just last month and that analyzed more than 500,000 claims and over 200 billion miles of driving:

- -- 90% fewer bodily injury claims than human drivers;
- -- An 85% reduction in crash rate involving any injury;
- -- An 88% reduction in property damage claims; and
- -- A 92% reduction in bodily injury claims.

Those statistics are astonishing and make clear that every day that state officials delay in bringing Waymo here adds another day of needless tragedies on our roadways.

Second, Waymo uses electric vehicles that will greatly reduce air pollution. With every public official in our state espousing that we need to do everything we can to combat climate change, the lowest-hanging fruit -- with no cost to the taxpayers and no trade-offs for individuals -- is to bring Waymo's electric vehicles here.

Third, fleets of Waymo vehicles will be a godsend for those who cannot afford the high cost of owning and maintaining a motor vehicle. Imagine a future with no car payments, no insurance premiums, no maintenance, no gasoline expense, and no hassles with the Registry of Motor Vehicles. For many people, especially those who drive very seldomly, the convenience, reliability, and safety of Waymo would represent a hugely-affordable alternative to the ever-rising costs of owning a motor vehicle.

Fourth, autonomous vehicles will be a salvation for senior citizens, many of whom are unable to drive or for whom driving is ill-advised, but for whom autonomous vehicles will be a tremendous option, whether for doctor's visits or trips to the grocery store. Autonomous vehicles would be especially useful for seniors in the suburbs surrounding Boston where public transportation is not available. In our best-of-all-worlds scenario, the state proactively would do everything possible to reach out to seniors to make it easy for them to access Waymo rides.

Finally, with Waymo offering an alternative to owning a car, this will have the added benefit of reducing the parking problem that exists in almost every community in the Greater Boston area.

We have written in the past about our wonderful experience with Waymo vehicles when we recently visited San Francisco. Our view mirrors that of everyone else who has used them -- they cannot say enough good things about Waymo's autonomous vehicles.

In short, we have seen the future and it is here.

But in Massachusetts, we are still stuck in the mid-20th century.

So whether it is Waymo or Elon Musk's promised Tesla robo-taxis, we urge our state officials to do whatever they can to bring this technology and these vehicles to Massachusetts. Our roads will be safer, our air will be cleaner, and there will be huge cost savings for our state's citizens once the widespread adoption of autonomous vehicles is underway.

Independent Forum

News in Brief

DEMARIA ANNOUNCES TRANSPORTATION SERVICE TO EVERETT TARGET FOR OLDER ADULTS AND PERSONS WITH DISABILITIES

Mayor Carlo DeMaria is pleased to announce that through a grant from the Massachusetts Department of Transportation (MassDOT), Door2Door Transportation is piloting a shuttle service to Target at Gateway Center weekly on Mondays. Older adults and persons with disabilities who reside in Everett are invited to try out this new service.

Riders may call the reservations department at 617-625-1191 and press 2 for reservations between the hours of 9:00 a.m. and 1:30 p.m. Mondays through Fridays excluding holidays. Rides may be booked two weeks to two business days in advance on a first-come, first-served basis.

The Target shuttle will take up to ten people to the store by picking up between 10 a.m. and 11 a.m. and arriving by 11:15 a.m. to 11:30 a.m. The van will return at 1 p.m. to return folks to their homes. Shoppers can bring three bags, boxes, or other items each. Drivers will assist riders with their purchases to the door of their building. Door2Door Transportation asks riders to please be patient as they work through the kinks that are bound to arise in a new service.

MCAC ANNOUNCES THE LAUNCH OF NEWLY DESIGNED WEBSITE

The Massachusetts Port Authority Community Advisory Committee (MCAC), a legislatively created oversight committee which serves as the voice of the thirty-five communities impacted by Massachusetts Port Authority operations, is pleased to announce that our new website is live. The site can be found at www.massportcac.org.

The website contains all the minutes from our committee and sub-committee (Aviation Operations, Environment & Health, Finance) meetings as well as resources for community members to learn about aviation and maritime impacts. Links can also be found to report noise complaints and understand runway usage at Logan Airport.

For more information on MCAC projects, please contact Executive Director Aaron Toffler at atoffler@massportcac.org.

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DiPierro streamlined meetings, fostered a respectful and productive work environment, while building and maintaining harmonious relations between the City Council, the administration, the school department and Everett's state delegation. Outside of city government, Councilor DiPierro is employed as a licensed property and casualty insurance agent. Anthony is proud of his involvement with a local community-based non-profit organization that supports victims of domestic violence along with his charitable work to help promote childhood cancer awareness.

DiPerro addressed the following topics in an interview with the Everett Independent: On the City Council productiveness and unity in 2024:

'The City Council works well together and respects the opinions of one another, even when they differ. I'd like to see the

body more unified in working with the administration to continue progress in our community. Criticism must be followed by solutions. Our constituents deserve more action and less politics."

On his top accomplishments as a councilor:

"I'm proud to represent the people of Ward 3 with civil, level-headed leadership and I believe I have consistently delivered on behalf of my constituents. Some of my accomplishments while in office include establishing the City Council's Special Committee on the Opioid Crisis, successfully lobbying the administration to hire a substance abuse coordinator, reducing the city-wide speed limit to 25 miles per hour, and being a consistent advocate for quality of life and public safety issues in Ward 3 and our entire City."

On implementing a seventh-and-eighth-grade academy at the old Everett High School building:

"I support a seventh-andeighth-grade academy at the old Everett High School, and I support the development of turning Pope John High School into affordable housing for seniors and veterans. Our children desperately need more classroom space and seniors are continuing to get priced out of our community. We need to unify and make the investment in both and stop pinning one group against the other. These issues have been delayed for far too long and the time is now to take action."

On the construction of a professional soccer stadium in Everett:

"I am a strong proponent for the construction of a professional soccer stadium in Everett. Our City needs new growth

to sustain top class services, but we must also balance that with protecting our neighborhoods. This project would clean up a dirty, polluted site and provide public access to a new part of Everett's waterfront for our residents. We need to give people a reason to come to Everett and support our local economy. We no longer desire to be an industrial dumping ground.'

On the issues he will continue to work on, if re-elected to the **City Council:**

"I want to continue to ensure Ward 3 gets the very best from our City Government. As Everett continues to grow, it's important that the basic needs of our ward are met. New parks, infrastructure improvements, parking enforcement, clean neighborhoods and safe streets may seem like small things, but attention to them is what makes people want to stay here. I do want to see a cap on the number

of residential parking stickers issued per household and I also want our City buildings, parks, and open spaces equipped with free public Wi-Fi. In addition to making sure our neighborhood is taken care of, I remain committed to ensuring your voice is heard, your concerns are brought forward, and that Everett remains an inclusive community for all."

On Mayor Carlo DeMaria's responsiveness and helpfulness to DiPierro in addressing the needs of Ward 3 residents:

"Mayor DeMaria and his administration have been extremely responsive in helping me address the needs of my constituents in Ward 3. I look forward to continuing our working relationship to ensure our ward gets the attention it deserves and to deliver a fiscally responsible budget that balances the needs of the community."

The Everett Independent reserves the right to edit letters for space, accuracy and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Everett Independent publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Everett Independent. Text or attachments emailed to editor@everettindependent.com are preferred.

SAN ROCCO SOCIETY OF BOSTON PRESENTS JOIN US FOR THE **37TH ANNUAL FUNDRAISING DINNER TO BENEFIT** Make A-Wish ASSACHUSETTS AND RHODE ISLAND SATURDAY, MARCH I, 2025 7PM @ SPINELLI'S LYNNFIELD **ROUTE 1 SOUTH, 10 NEWBURY STREET** TICKETS \$125 INCLUDES DINNER, DRINKS, PHOTOBOOTH ACCES, AND A NIGHT OF MOVING AND GROOVING! EMAIL VSRBOSTON@GMAIL.COM OR Call Giovanni Leone at 781-346-3512

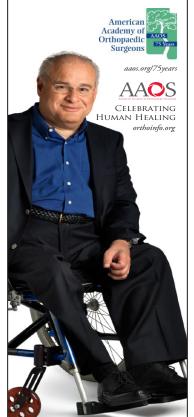
A short story about GROWING UP WITH AN UNFAIR ADVANTAGE.

Polio.

As one of the last American children to As one of the last American cintum to contract polio, Jeffrey Galpin grew up in a world of iron lungs and body casts, alone with his imagination. His story would be dramatic enough if it was just about his battle with this dreaded disease.

But Jeffrey Galpin did more than survive polio. He went on to a list of achievements

polio. He went on to a list of achievements in medical research—including being the principal investigator in applying the first gene therapy for HIV/AIDS. Dr. Galpin actually credits his own incurable condition for giving him the focus that made him so passionate in his research. His story leaves us with two of the most contagious messages we know. Don't give up, and remember to give back. If Dr. Galpin's story inspires just one more person to make a difference, then its telling here has been well worth while. here has been well worth while.



Everett Arts & Culture Events CALL TO ARTISTS! NEW YEAR NEW ART!

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JOIN the **EVERETT CULTURAL COUNCIL**

Join us as we create and support Everett's Arts & Cultural Community for ALL Everett residents For more info, email: EverettCulturalCouncil@ci.everett.ma.us

NeighborHealth appoints Dr. Sebastian Hamilton VP and Chief Pharmacy Officer

Special to The Independent

NeighborHealth announced the appointment of Dr. Sebastian Hamilton, BSPharm, RPh, PharmD, MBA, 340B ACE, as Vice President, Chief Pharmacy Officer. A nationally recognized leader in pharmacy and healthcare strategy, Dr. Hamilton brings over two decades of experience overseeing large-scale pharmacy operations, expanding service lines, and mentoring the next generation of pharmacy professionals. In this role, he will lead NeighborHealth's growing pharmacy operations, including brick-and-mortar locations, specialty pharmacy services, and the statewide delivery program, ensuring seamless access to affordable medications for patients across Massachusetts. Dr. Hamilton will also implement other key innovative strategies like artificial intelli-



Dr. Sebastian Hamilton

gence that will be instrumental in enhancing NeighborHealth's operational efficiencies.

Prior to joining Neighbor-Health, Dr. Hamilton served as Chief Pharmacy Officer of Operations and Community and Ambulatory Partnerships at Boston Medical Center, where he led a team of more than 300 professionals and managed operations generating approximately \$900 million in annual revenue. His leadership extended beyond operations, spearheading innovative workforce development programs, including a pharmacy technician trainee internship for high school students and an ASHP Health-System Pharmacy Administration and Leadership residency program in collaboration with the University of North Carolina.

"Dr. Hamilton is an exceptional leader who brings not only deep expertise in pharmacy operations and strategy but also a passion for community-driven care and workforce development," said Greg Wilmot, President and CEO of NeighborHealth. "We are fortunate to have him join an already outstanding pharmacy team, and I look forward to seeing how his leadership and vision will further enhance our pharmacy services, ensuring our patients receive the medications they need, when they need them."

Dr. Hamilton's personal and professional journey fuels his commitment to equitable healthcare access. "Growing up in Harlem and the Bronx, I learned early on the importance of creating your own narrative and breaking barriers," said Dr. Hamilton. "Joining Neighbor-Health allows me to align my career with my core valuesserving diverse communities that remind me of where I started. I'm honored to work alongside such a dedicated pharmacy team, and together, we will continue expanding access to high-quality, affordable care."

In addition to his leadership in health system pharmacy, Dr. Hamilton has extensive public service experience, having served 15 years with the U.S. Department of Veterans Affairs. He is also a former President and Vice President of the Delaware State Board of Pharmacy and the Massachusetts Board of Registration in Pharmacy, where he continues to serve on to help shape pharmacy policy and practice across the state.

Dr. Hamilton earned his Bachelor of Science in Pharmacy from Long Island University in Brooklyn, New York, his MBA in Health Care Administration from Wilmington University, and his Doctor of Pharmacy degree from the University of Florida.

"I want to ensure that those who need the most help receive the best care," Dr. Hamilton added. "I relate to this community—it's how I'm wired. I'll always be that guy from the Bronx, committed to making a difference."

Healey-Driscoll administration announces DCR's Free Family Programming

Special to The Independent

As part of the agency's commitment to providing safe and fun recreational opportunities for young people across the state, the Department of Conservation and Recreation (DCR) announced its lineup of February school vacation week programming. This year, the agency is offering families 79 free, engaging and educational programs at 20 state parks and watersheds ranging from guided hikes to animal tracking, craft making, and maple sugaring. Programs will run from Saturday, February 15, through Sunday, February 23, with the goal of inspiring kids to get outdoors and experience the beauty of the Massachusetts State Parks system.

"School may be closed for the week, but we're continuing the learning in outdoor classrooms. Our February school break programming is a great way for us to teach kids about the natural world around them and help inspire the next generation of environmental stewards," said DCR Commissioner Brian Arrigo. "We hope this slate of fun and educational programming brings some new and curious minds to our properties next week. Our team of park interpreters looks forward to meeting and welcoming students across the state."

To celebrate school vacation week, DCR is waiving parking fees at parks offering programming. In addition to offering programming DCR is extending public skating hours during the week at its agency-managed rinks from 10 a.m. until 2:50 p.m. daily. DCR will also continue to offer its regular programming, including self-guided hikes, and visitor centers will be open for people to enjoy exhibits. For details about staffled programs and self-guide activities, visit DCR's website.

Additionally, DCR is offering adaptive programming during February vacation week.

DCR encourages participants to tweet, post, and tag photos on social media using @MassDCR. DCR is promoting this year's February break programming with engaging videos and fun graphics on its social media channels, including X (Twitter), Instagram and Threads. For a full list of all programming offered during school vacation week visit DCR's website.

Boston Region highlight: Ice Skating Party at Steri-

ti Rink, 561 Commercial St., Boston Friday February 21, 12 – 4

Friday, February 21, 12 – 4 p.m.

Join DCR and Boston Harbor Now as part of the Highland Street Foundation's Winter Camp for a day of ice skating at the Steriti Memorial Skating Rink in Boston's North End neighborhood. Choose from sessions lasting 45 minutes each, starting at 12 p.m., 1 p.m., 2 p.m. and 3 p.m. Rental skates will be provided for free! Skate and dance along with music by DJ WhySham, enjoy Regina Pizzeria, Munchkin Donut Holes, and drinks when not on the rink. Don't forget to bring a water bottle! Pre-registration is *highly*

encouraged for groups of 10 or more or if you have a time constraint, but there will be capacity for walk-ups during all skating sessions. Ice Skating Party at Steriti Memorial Rink! at Highland Street Winter Camp Tickets, Fri, Feb 21, 2025 at 12:00 PM | Eventbrite

The Massachusetts Department of Conservation and Recreation (DCR), an agency of the Executive Office of Energy and Environmental Affairs, oversees 450,000 acres of parks and forests, beaches, bike trails, watersheds, dams, and parkways. Led by Commissioner Brian Arrigo, the agency's mission is to protect, promote, and enhance our common wealth of natural, cultural, and recreational resources for the wellbeing of all. To learn more about DCR, our facilities, and our programs, please visit www.mass.gov/dcr. Contact us at mass.parks@state.ma.us.

Send us Your News

The Everett Independent encourages residents to submit birth and engagement announcements, news releases, business briefs, honor rolls, social news, sports stories, and photographs for publication. Items should be forwarded to our offices at 385 Broadway, Citizens Bank Building, Revere, MA 02151. The Independent also encourages readers to e-mail news releases to editor@everettindependent.com. The Everett Independent assumes no financial responsibility for typographical errors in advertisements, but will reprint that part of the advertisement in which the error occurs. Advertisers will please notify the management immediately of any errors that may occur.



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Tips to prevent winter wandering for those caring for loved ones with dementia

Special to The Independent

Many parts of the U.S. are expected to be impacted by a winter storm over the next couple of days. The Alzheimer's Foundation of America (AFA) wants to remind caregivers of those living with dementia how to protect them from the potential dangers of wandering during this time when they may experience frigid temperature, snow, and ice.

Wandering is a common and potentially dangerous behavior in individuals with dementia. Someone who wanders can quickly become lost or disoriented, unable to remember how to get back home, or know how, or who, to call for help. They may also leave the home without dressing appropriately for the weather. Cold winter weather adds to the dangers of wandering with the risks of hypothermia, injuries from slipping on ice or snow, and reduced visibility.

Older adults also face greater challenges with cold weather due to factors such as diminished compensatory mechanisms and medications that can interfere with normal tempera-

ture regulation. Additionally, Alzheimer's disease can impair their ability to recognize when they are too cold or at risk of hypothermia.

AFA encourages family caregivers to follow these five steps to protect their loved ones:

Watch for nonverbal cues. Wandering often stems from an unmet need or desire (i.e., hunger, thirst, a need to use the bathroom, a wish to engage in an activity). Looking for a signal that the person may need something (i.e., tugging on pants can be a sign that the

person may need to use the bathroom) and quickly addressing it can reduce the chances of wandering. Sometimes, wandering can be a form of communication, especially if the person's verbal skills are impaired. Watch for signs that loved ones may be frightened, anxious, stressed, or overstimulated, and take action to soothe and reassure them.

Safeguard the home. Objects such as car keys, jackets, and purses, especially when left near a door, can provide motivation for the person to leave suddenly. Avoid keeping these items out in the open. Install electronic chimes or doorbells on doors so someone is alerted if the individual tries to exit. Consider utilizing a smart doorbell with an app that can notify you when someone is entering or exiting the home.

Know your loved one's patterns. Know what times of the day may be more triggering than others and provide activities during those periods. En-

Thursday,

February 27

12:00 PM

courage healthy sleep habits to reduce chances the person might leave in the middle of the night. If your loved one does wander, keep a record of their patterns (frequency, duration, time of day, where they were found, etc.) to help guide you in the future.

Develop a safety plan. Compile pertinent information (i.e., recent close-up photo, medical information, a list of places the person may go) so that it can quickly be provided to first responders in an emergency. Maintain a list of people to contact if the person goes missing and ask neighbors to call you if they see the person out alone. When possible, encourage and incorporate input from the person when developing your plan.

Connect with your local public safety agency. Many communities have programs, such as Project Lifesaver, that allow you to voluntarily enroll your loved one to receive locating technology that first responders can activate if the person goes missing. Contact your local public safety agency to see if they offer this service or one that is similar.



Visit the online City calendar at:

cityofeverett.com/calendar/category/events/list

Black Pioneers in Public Service in Everett

Photo Exhibit Unveiling

Everett City Hall Lobby Area (484 Broadway)



Happy Valentine's Day **Scotland Olagunju**



Council // CONTINUED FROM PAGE 1

the members be selected by Council President Stephanie Martins), Deputy Fire Chief Will Hurley, and individual representatives from the engineering, code enforcement, legal, and transportation departments. The committee will begin meeting in March, with the goal of presenting a plan for parking changes by the end of October.

"It's going to be a major task, but I think we can do it," said Gaff, adding that community meetings will be held during the fact-gathering process.

"The [Mayor Carlo De-Maria] Administration asked us to please make sure that we get some input from the community, that it was very important to do that," said Gaff.

Councilors' parking concerns

Following are some of the concerns raised by the individual councillors and the thorough responses by Sgt. Gaff and Mr. Luongo:

Councillor-at-Large Stephanie Smith

Smith said that vehicular parking in Everett is an issue that is "near and dear to my heart." Smith regularly attends

Year I

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Traffic Commission meetings and clearly appeared to be well-versed in all parking and traffic issues in Everett. For example, Luongo confirmed that Smith's estimate on the number of parking enforcement officer-related tickets versus residential calls to the department (75 per cent versus 25 percent) to be on the mark.

Smith asked whether police on directed patrols give parking tickets on "blatant violations" such as "no parking from here to the corner" situations.

"We talk about this all the time at roll calls," said Gaff. "Chief Mazzie did it, and now Chief Strong is making sure we do it at roll call – making sure we hit the corner lots, hydrants, bus stops, and the crosswalks."

Smith asked if there is a need for additional parking enforcement officers in the city.

"We're working very closely with the Administration during this budget process and we're having conversations about that," responded Gaff. "We want to look at more data."

Smith asked whether residents, by ordinance, are required to move their vehicles from parking spaces every 72 hours (three days).

"How do we enforce that?"

inquired Smith.

Gaff said police would investigate such situations (multiday parking in one spot). Added Luongo, "If we see a car there for a while, we'll put a flyer on the vehicle saying that we've noticed that your vehicle hasn't been moved in a while. They get the point, and they move it."

Following the meeting, Smith said that parking continues to be one of the biggest issues facing Everett, "and I'm looking forward to working with Sgt. Gaff, Mr. Luongo, and the Traffic Commission, not only revamping the Residential Parking program but in making sure that safety for our pedestrians and our divers continues to be enforced 24/7."

Councilor-at-Large Michael Marchese

Marchese seemed particularly frustrated by the parking issues being experienced by Everett residents.

"I have an issue with commercial vehicles," said Marchese. "What I have on my street and on Clarence Street, we probably have 10-15 commercial vehicles parked there on any night from Birch Street up."

Marchese said he receives many complaints from his constituents about the lack of parking spots in the city.

"Something has to be done because in this city, you can't park anywhere," said Marchese. "I've had a car parked in front of my house - I think it's been parked there for a month. First of all, there's too many cars in the city. We've definitely distributed way too many parking passes for the city."

Gaff responded, "We're receiving calls that there's a lot of cars out there, yes, no question about it, but we're not getting specific, like, 'hey there's 10 vans on my street, let's look at it,' because we have the capability to go in there. If we see that there's 10 vehicles being issued out of one residential house, then we go down to ISD. That's why we're starting Phase 3 – we're going to change how we do the residential sticker program. We agree that there's [parking] issues."

Councilor-at-Large Katy Rogers

Rogers asked the duo how many parking enforcement of-

ficers were employed in Everett.

"Right now we have eight parking enforcement officers, and as Sgt. Gaff said, the mayor [Carlo DeMaria] is looking at the data and will determine if we need more PEOs," replied Luongo.

Rogers asked for the duo's comments on "seven-day enforcement overnight city wide."

"I'm not in favor of that," Gaff replied candidly. "Because I like to go visit my friends in the City of Everett or I like to have friends come to my house on a Friday or Saturday night. I just think it would hurt a lot more businesses and restaurants that are opening late Friday and Saturday night. This is something the subcommittee might have to look at if we have a lot of people parking without stickers in the city."

Rogers inquired whether there is a limit on the number of residential stickers per household.

"Right now, there is no limit on the amount of residential stickers per household," answered Luongo.

Another issue raised by Rogers was the addition of bumpouts on Elm Street that are negatively impacting certain businesses.

Gaff said that because the street improvement project was a federally designed and administered one, "the bumpouts are put in according to the rules and regulations [of the federal government.]"

The bump-outs were done for pedestrian safety to cross the street," added Gaff.

Ward 5 Councilor Robert Van Campen

Van Campen began by respectfully thanking "Sgt. Gaff, Mr. Luongo, members of the Traffic Commission, our friends from the Collector's Office, Deputy Chief Hurley" for their attendance at the meeting.

"I can speak on behalf of the entire city council that we do appreciate the efforts that are being made in a somewhat difficult situation in this community," said Van Campen.

Van Campen's main issue focused on the training required for parking enforcement officers.

"What kind of training do our parking enforcement officers undergo?" asked Van Campen. Luongo responded that he would meet with the officers to review the specifications and expectations for the job "and then they get trained and work one of the shifts in the day – they'll work a little bit on each shift and just see the goings-on of the city – they just learn from the senior guys all the different [parking] violations and what they need to do, and what they're responsible for."

In a response to an inquiry by Van Campen, Luongo said that resident parking (16,000 violations in 2024) and street sweeping (11,000 violations in 2024) were the "top two by far" for parking violations in the city.

Ward 6 Councilor Peter Pietrantonio

As a former Department of Public Works official, Pietrantonio had his personal and professional parking experiences in Everett to fall back on, and Pietranonio didn't disappoint the viewers at home – he brought his 'A' game into the forum.

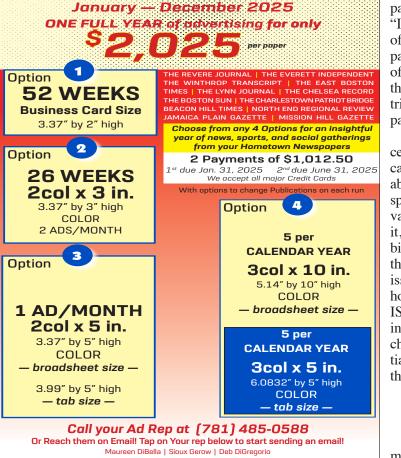
Pietrantonio brought up the first of two recent winter snowstorms that have hit Everett so far in 2025.

"We only got five inches [of snow], let's face it, it was only a five-inch storm – so, we [meaning Mr. Pietrantonio and Sgt. Gaff, we presume] worked snow together side-by-side for years, I know about towing, we know what streets we have to tow."

Pietrantonio then asked, if the City knows "that we're not going to tow [on certain streets during a storm], should we not let the people know if we're not going to make it to that street [for snowplowing], can we cut that list down? Because we know that there's more cars out there than ever."

Gaff explained the snowplowing process, stating that major arteries in the city like Broadway, Chelsea Street, Hancock "can be saved for [plowing] until the end, because you can get the big plows down those streets, they go three in a row."

"It's the sidestreets now [that present the most difficult snowplowing issues during snowstorms]," said Gaff. "The Administration is already talking about getting different vehicles



to plow – we may have to go to the 250s, the 350 pickup trucks, and not use the six-wheelers, they're not making it [down narrower streets]."

We had 79 streets earmarked to be taken care of during the storm, we brought that back down to the top 40," related Gaff.

Addressing Pietrantonio's request to notify residents that their streets would not be subject to the snow emergency edict during less severe snowstorms (5 inches of snow or less], Gaff said, "That would be an awful lot of work. What happens if we tell me that we're not getting there, and all of sudden that storm stays around, or the ice sticks [to the pavement] and we need to get there? It just comes down to one thing, and I don't mean to be real stickler here, but if you're told to do something [remove your vehicle from the street during snow emergencies], do it. There's no ifs, ands, ares about it - move your car, or it will be towed."

During the discussion, Gaff stated that snow emergencies will usually go into effect four hours in advance of when the snow is forecast to begin, so crews can begin towing vehicles and clear streets for the snowplowing contingent.

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Ward 4 Councilor **Holly Garcia**

Garcia acknowledged that being the final speaker of the evening, "most of my questions were asked and answered."

"I totally support the community meetings and the committee," began Garcia.

Garcia requested that the bus lane on Broadway be repainted. Gaff said he would speak with Director of Transportation Jay Monty about the matter.

Garcia asked about parking during street sweeping hours and whether vehicles would be ticketed or towed for violations.

"We will have that discus-

sion with DPW directors and the Administration on that," said Gaff. "I know the Administration is very well concerned about the financial burden that's been put on residents, especially with COVID and people being out of work and things like that. That's an ongoing discussion I will have with the Mayor."

Other observations from a 100-minute meeting on parking

Sgt. Joe Gaff is a football coaching legend in Chelsea, where as the head coach of the Chelsea High Red Devils, he led the school to its first and only Super Bowl championship in the 1995 season. He is the current head football coach at Malden Catholic. So, it was not surprising to

analogy when discussing the challenges involved in Everett's parking situation. When Councilor Pietrantonio told Gaff, "I don't want to put

see Coach Gaff use a football

you on the spot [about changing a parking law for multi-unit apartment buildings], the Super Bowl championship-winning coach offered, "I've got to make fourth-and-goal line calls once in a while, Pete, this is nothing."

Council President Stephanie Martins aced her first test of leading a special meeting about a sensitive issue such as residential parking in Everett. Martins wisely allowed a couple of the "slightly" loquacious councilors to exceed the 5-minute time limit, and the Ward 2 councilor drew praise for her professional discretion.

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Page 7



Head Coach Jehu Cimea and Asst. Coaches Brandan Hehesy and Claudy St. Juste with the 2024-2025 EHS Indoor Track Team. More photos on Pages 9, 12 and 13.

EHS Roundup

EHS GIRLS DEFEAT REVERE, 48-42

The Everett High girls basketball team put it all together to earn their biggest and best win of the season with a 48-

42 triumph over Greater Boston League rival Revere last Tuesday,

"This was a huge team win against a tough Revere team," said EHS head coach Riley Dunn of the triumph over a Lady Patriot opponent that has qualified for the post-season state tournament. "I am so unbelievably proud of my girls and their grit and unselfish play.



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"They played like a true team -- every single person stepped up with a limited roster," Dunn continued. "It's been an extremely challenging season, but they focused on the goal at hand. Their resilience, tenacity, and winning mentality was on full display. I could not be more proud of this squad."

Senior captain Emilia Maria Babcock and Julianna Rivera shared scoring honors with 15 points apiece. Emilia also grabbed six rebounds, dished three assists, and made two steals, while Julianna pulled down five boards and earned two assists.

Nicole Damaceno, whom Dunn described as "a beast on the boards," almost attained a double-double, netting eight points and hauling in 14 rebounds

Casey Martinez made a fine all-around contribution with seven points, three assists, and two steals. Katerin Landaverde chipped in with three points and three offensive rebounds.

Dunn also cited the performance of Manal Bouhou, "who had six huge rebounds, a steal, and played tremendous touch defense down low.

"This was a true team win," said Dunn. "All players played tenacious team defense and



Senior Milena Antonio with her mother.

never gave up. They responded to every challenge thrown at them and stayed poised under pressure to secure the win."

Dunn and her crew were scheduled to wrap up their 2025 campaign with two road contests this week at nonleague rivals Gloucester yesterday (Tuesday) and Marblehead tomorrow (Thursday).

EHS BOYS NEED TWO WINS TO REACH STATE TOURNAMENT

The Everett High boys basketball team was scheduled to compete in the Dudley Davenport Tournament in Sharon over the holiday weekend.

Coach Gerry Boyce and his crew, who entered the tourney with an 8-10 record, needed to win both contests in order to



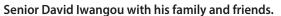


Senior Devonnie Gomez-Walrond with her family and friends.





Member FDIC/ Member DIF





Senior Yuriel Ortiz with Head Coach Jehu Cimea.



Senior Fahema Coudo with her friend.



Senior Kawan Mederios with Head Coach Jehu Cimea.



Senior Woodson Germain with Head Coach Jehu Cimea.

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NEWS FROM AROUND THE REGION

OFFICIALS TO UNVEIL NEW LOGO

CHELSEA - The city will unveil the new logo for its Comprehensive Plan, Chelsea Pa'Lante, Chelsea Onward, at Chelsea Pa'Lante Fest – a community block party to celebrate the future of Chelsea – on Saturday, March 15, from 2-5 p.m. at Chelsea Square.

Chelsea Pa'Lante Fest will transform Chelsea Square into a dynamic party space featuring:

• 9-hole miniature golf

Giant checkers

• Face-painting

• A bubbles station

• Music and entertainment

• A vibrant food and goods

Market
An opportunity for residents to share their thoughts on the future direction of Chelsea

• A chance to meet the design team and steering committee for Chelsea Pa'Lante, Chelsea Onward

In early January 2025, the City asked residents to help choose the logo for the Comprehensive Plan by taking a survey. Of the 143 respondents, the majority favored the "Shapes Logo." Based on additional feedback from social media and email responses, the city has been working behind the scenes with its design consultant to revise the logo, incorporating the following key community suggestions:

• More inclusive design and language

• Improved visibility and simplicity

• More professionalism and sophistication

• Incorporation of meaningful symbolism

This event is free, family-friendly, and open to the public. All residents are encouraged to come out and play, learn more about the plan, and help shape the future of Chelsea.

Event partners include the City of Chelsea City Manager's Office, Department of Housing + Community Development, and JukeBox Events.

In the event of rain, the event will take place in the Williams School Gymnasium.

Chelsea Pa'Lante, Chelsea Onward will be the first comprehensive master plan for the City since 1970 and is intended to serve as a road map for the community over the next 10-15 years. It is a community-driven initiative designed to enhance the quality of life in Chelsea through a comprehensive, collaborative planning process. Pa'Lante, meaning "forward" in Spanish, Chelsea Pa'Lante reflects the City's commitment to progress, inclusion, and equity as it plans for the future. The plan will be developed through public input, ensuring consistency in policies and forecasts, and must be approved by a majority vote of the planning board.

MAVERICK STREET PROJECT PRESENTED TO GSNA

EAST BOSTON -On Monday, attendees at the latest Gove Street Neighborhood Association (GSNA) meeting heard plans for a project at 261 Maverick Street, which would reuse the current building and bring several units to the area.

According to Richard Lynds, the attorney who presented the project to the GSNA, the proposal, subject to Article 80 review, would include a vertical and horizontal addition to the existing building, creating a four-story building with 24 units.

The proposal also includes plans to maintain retail space at ground level and to have five parking spaces.

Regarding zoning and how this project complies with local regulations, Lynds said that the project is intended not to require zoning relief.

It should also be noted that while this project is being billed as a four-story building, it is projected to be five levels.

The building's height is about 54 feet, which exceeds the 50-foot maximum in the East Boston Residential (EBR)-4 zoning subdistrict.

However, Lynds said, "Because this property is located in what we call a Coastal Flood Resilience Overlay District (CFROD), the calculations for building height are actually different and distinct than the typical measurements that you may see elsewhere in the city."

"So, in this case, even though if this building were not located in what we call a CFROD district, we would be measuring the height of the building from the sidewalk. Instead, we have to measure the building from what we call design flood elevation, and that's an area basically above the area that we can actually use for habitable space or for functional space in the building."

Essentially, measuring from the design flood elevation drops the height of the building — for zoning purposes — to 50 feet, which is compliant.

The CFROD also impacts the number of stories from a zoning standpoint. Lynds indicated that since the first level is not 65% above the design flood elevation, it is not technically considered the first story.

2ND ANNUAL WINTER WONDERLAND

Therefore, the building is referred to as a CFROD-compliant four-story building, which complies with the maximum number of stories in the EBR-4 subdistrict.

As the presentation continued, Lynds provided an overview of floor plans. Later, the project architect, Eric Zachrison, spoke about how this project's design aligns with another project in the area at 265 Maverick Street, which Lynds presented to the GSNA a few months ago.

"This is a pretty rare opportunity where we get to represent two clients next to each other, and so we have talked to both of them about how the buildings need to — want to — in some way relate to each other," said Zachrison. For example, he mentioned trying to use similar materials for each of the projects.

Other aspects of this project include the units being rentals, and Lynds foresaw being required to include four inclusionary development policy (IDP) units. Plans also include adding street trees in the area and a roof deck.

As noted, this project is subject to Article 80 review, and there will be a public meeting regarding the project after the team files a project notification form.

The next GSNA meeting is scheduled for February 24th. For more information about the association, visit its website at https://www.govestreet.org/.

BOARD OF HEALTH HEARS UPDATE FROM MAPC

REVERE -The Revere Board of Health held its first regular meeting of the new year on January 23 in the City Council Chambers. On hand for the session were the board's three members, chairperson Dr. Drew Bunker, Kathleen Savage, and Viviana Catano, and Board of Health Clerk Paula Sepulveda.

Director of Public Health Lauren Buck presented the monthly communicable disease report which covered the period since the board's last meeting on October 24. Buck noted that the city is amidst the flu and respiratory illness season and said that there were 307 reported cases of the flu, 118 for COVID-19, and one Mpox case.

She also spoke briefly about the avian flu, noting that although risk of exposure for humans presently is at a low level, the CDC is monitoring the situation. Buck warned that persons who keep chickens should be on the alert for possible infections among their flocks.

Michael Wells, the city's Health Agent/Director of Inspectional Services (ISD), then presented his report, which covered the most recent period.

Wells said that ISD issued 46 certificates of fitness for housing units; performed 13 reinspections; and investigated 21 interior complaints. In the food department, ISD performed 27 routine food inspections, seven reinspections, three complaint inspections, and one pre-opening inspection.

In the exterior sanitation division, ISD agents issued 22 citations for accumulation of trash, litter or debris; three for carts out at improper times; one for a commercial vehicle in a residential neighborhood, 29 for overflowing dumpsters; 186 for improper placement of trash and bulky items; eight for improper storage of garbage and trash; one for junk heaps; one for multiple unregistered vehicles; and 34 for sump pump violations/failure to remove snow and ice.

Wells reminded all residents and business owners that they



Ice sculptures created by artisans during the Revere Beach Partnership's 2nd Annual Winter Wonderland, on display at the foot of Markey Bridge.

Region // CONTINUED FROM PAGE 10

are obligated per the city ordinance to remove snow and ice from the sidewalks in front of their homes and businesses sufficiently wide for a stroller to pass.

The board then heard a presentation, which included a slide deck, from Barry Keppard, the Director of the Health Dept. for the Metropolitan Area Planning Council (MAPC) who also is a member of the North Suffolk Public Health Collaborative that includes Chelsea, Revere, and Winthrop.

He said that the collaborative came together in 2016 because those communities face significant public health problems and suffer from a higher rate of chronic diseases, such as diabetes, heart disease, and asthma, as well as higher levels of mental health and substance abuse disorders, compared to the rest of the state.

He pointed out that one of the purposes of the collaborative is for the three communities to share staff in order to more effectively address the issues they face and to develop regional health programming, such as the recent successful childhood vaccination efforts.

He noted that the collaborative benefited the three communities by working together to bring state funding to the communities during the COVID-19 pandemic.

In response to a question from Bunker, Keppard said that the funding for the collaborative initially came from the three communities, but now it comes from state grants. Keppard also noted that a new part of the program will require each of the three communities to send a member from its board of health to the collaborative's quarterly meetings in order to contribute to the future decision-making process of the collaborative.

The last piece of business before the board pertained to the renewal of Body Art Licenses for both businesses and individual practitioners for the coming year. Buck informed the board that all 16 of the applicants passed their recent inspections and have met the necessary requirements for the renewal of their licenses.

The members accepted Buck's recommendations and unanimously voted to renew all of the licenses for 2025.

NEW FIREHOUSE BUILDING COMMITTEE GETS DOWN TO BUSINESS

WINTHROP -The town's newest Firehouse Building Committee held its first meeting Monday night in preparation for a debt exclusion vote for the construction of a new fire station at the old middle school site on Pauline Street on Saturday, April 5.

The members heard from architects from Kaestle Boos on the conceptual plans for the three-story, 27,000-square-foot building and the potential cost of the project.

In addition, the members discussed the length of a potential debt exclusion for the project.

The members sworn in for the new building committee included Fire Chief Scott Wiley, Deputy Fire Chief Steve Calandra, Council President Jim Letterie, Jill Door, Karin Chaviz, Shannon Poulos, Kim Dimes, Joe Hanlon, Marc Wallerce, Paul Flanagan, and honorary member Richard Bang.

Larry Trim from Kaestle Boos reviewed the current conceptual plans for the building and the site.

"We have kept the gymnasium, the related locker rooms, and some mechanicals to keep the functionality of the rink as well as to keep that facility alive for the town," said Trim.

The site plan also preserves the existing parking for the gymnasium.

The concept for the fire station itself calls for a main apparatus bay with four doors and an auxiliary bay with two doors. The main entrance would be to the right of the building and the watch/radio room would be near the entrance. The entrance would also be near the elevator which would access office and living spaces on the second and third floors.

The area for turnout gear, decontamination, and other essential services would be to the rear of the first floor. A mezzanine area with a three-story training tower would separate the main bays from the auxiliary bays. The main bays would be drivethroughs so fire apparatus would not have to back into the bays from the road, but be able to access the bays from the parking

lot.

The bunk rooms would be on the second floor over the apparatus bay doors with access to the kitching, dining, and shower areas. The fire prevention office would also be on the second floor.

The third floor would include the administration and command offices and some conference space.

Wiley said the apparatus bays would be sufficient to store and handle the department's current apparatus, as well as allow for possible expansion.

The long-term plan, Wiley said, is to provide medical services through the fire department. The auxiliary bays would provide room for an ambulance, he said.

"This is a concept, and we are looking for feedback from the building committee to help us shape this as we make it more of what you are looking for," said Trim.

Michael McKeon of Kaestle Boos reviewed what he referred to as the opinion of probable costs. Taking into account construction costs, owner's indirect costs such as design and owner's project manager fees, and equipping costs for furniture, technology, and other items, McKeon said the total estimated cost was just under \$41 million.

However, Letterie noted that the estimate included \$3.69 million for the relocation of a stormwater pipe that was later determined to be under the gymnasium. He said that pipe relocation would not be part of the fire station project, but that there should be a \$1 to \$1.5 million line for other drainage-related costs.

Letterie said he estimated the total project cost would be around \$38.5 million.

"These numbers are going to be finetuned and we are going to feel comfortable about them when we are going out for the debt exclusion," said Letterie. "We are trying to make as conservative an estimate as we can."

Letterie said there have also been discussions about the potential length of the debt exclusion.

"We are looking at approximately \$38 million of borrowing at 25 years versus 30 years," he said. "We have usually been borrowing for 30 years."

At 30 years, Letterie said the property tax bill for a home-

owner, based on the average home assessment of \$689,000 in Winthrop, would see an increase of \$445 per year.

"At 25 years, this \$445 would go to about \$475," Letterie said. "It would be an extra \$30 per year."

But Letterie said the shorter borrowing window would save the town and taxpayers between \$8 million to \$9 million because of the shorter period of time and slightly lower interest rates.

Because all of the borrowing for the fire station would not be done at once but as needed, Letterie said the full assessment of \$445 per year would not hit the tax rolls until Fiscal '27. By the time Miller Field comes off the tax roll, Letterie said the increase would effectively be about \$300 per year for the average homeowner.

Committee members also discussed the campaign to get out the word for the debt exclusion vote.

"Everybody knows how desperately we need a fire station," said Wiley.

The fire chief pointed to a study from 1993 that outlined the need for a new station. Wiley added that even more than 30 years ago, the study showed that rehabilitating the town's two existing fire stations would not provide the room needed for a modern fire department.

"The entire footprint of both of those stations compared is about 12,000 square feet," said Wiley. "We are looking at a 27,000-square-foot building."

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Senior Zyelle Cannon with her family.

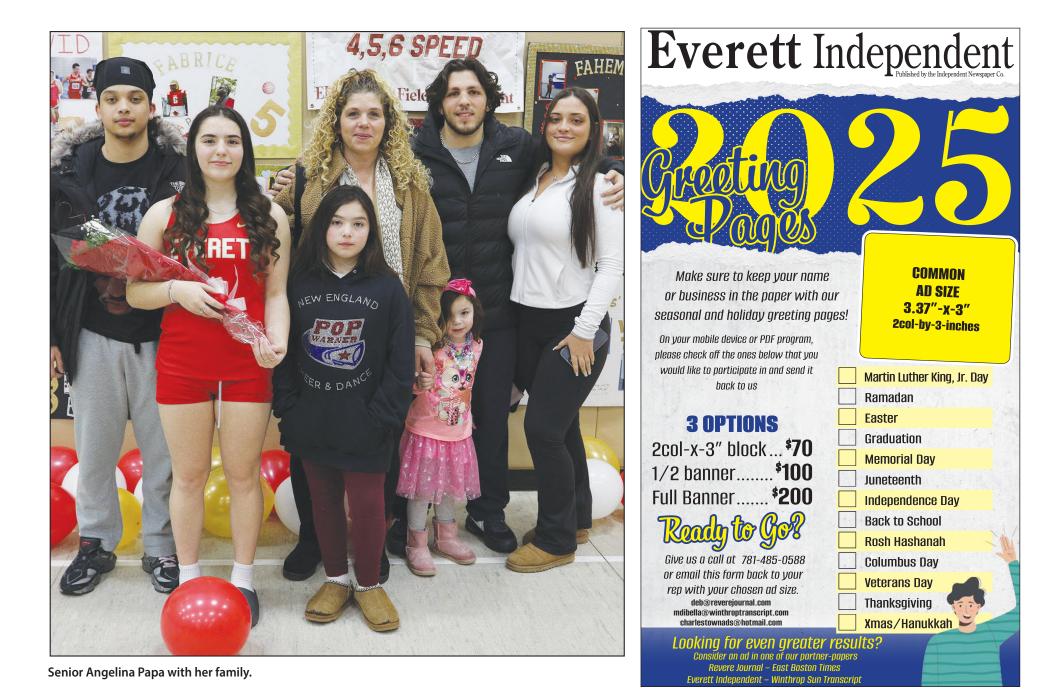


Senior Luvens Hector with Asst. Coach Brendan Hehesy and his teammate.



Senior Garvin Olibrice with his family.

Senior Trevon Carrington with his family.



Roundup // CONTINUED FROM PAGE 8

achieve the .500 record needed to punch their ticket for a Journey to the Tourney.

The Crimson Tide made the long trek to Worcester North High School last week and came up on the short end of a 45-44 decision in overtime.

"Scoring proved to be a challenge for us throughout the game, with many missed opportunities and unforced turnovers causing significant setbacks," said Boyce. "Despite the struggles, we did have some standout performances.

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"Jayden Alsaindor led the team with 15 points, while Geordiell Luna contributed 14 points, showcasing their determination on the court," Boyce added

"This weekend's tournament in Sharon holds significant importance for us," Boyce said. "We need to win both games to secure a spot in the post-season tournament. More than that, it's an opportunity to see if the boys will dig deep, defend well, rebound effectively, and share the ball."

EVEILLARD 11TH IN 300 AT D-2 MEET

Everett High junior Kayshaun Eveilard finished in 11th place in the 300 meter dash at last week's MIAA Division 2 State Meet that was held at the Reggie Lewis Athletic Center in Roxbury.

Kayshaun came across the line in a time of 36.51, which was 0.17 faster than his firstplace time at the Greater Boston League Championship (GBL) Meet the week before.

Eveillard also qualified to compete in the 55m dash, finishing 34th with a sprint of 6.86.

Kayshaun then joined teammates Adrien Reyes, Luvens Hector, and Lucas Nunez in the 4 x 400 relay. The Crimson Tide quartet finished in 16th place with a clocking of 3:44.26, which was about three seconds faster than their performance at the GBL Meet.

"The boys 4x4 finished strong," said EHS head coach Jehu Cimea. "They were the last seed in the relay, but ran really well to place 16th overall. Senior Hector Luvens ran a great second leg, running 55.8, and junior captain Kayshaun Eveillard ran an amazing anchor leg, running 51.2."

Fabrice Michaud rounded out the Crimson Tide representation at the meet, competing in the shot-put. Fabrice's toss of 38'-4.25" placed him 21st in the competition.

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nation call The Department of

Housing and Urban Development

" HUD" toll-free at 1-800-669-

9777. For the N.E. area, call HUD

at 617-565-5308. The toll free

number for the hearing impaired

is 1-800-927-9275.

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Church

News and Notes

Sunday 10:30 a.m. Righteousness, Godliness, Worship service. Love, Truth Weds. hour of Power, worship, prayer and Bible Study, via Zoom. "Whatever you do,

work at it with all your heart, as working for the Lord, not for human masters," Colossians 3:23

"In Pursuit of Spiritual Excellence"

Mystic Side Congregational Church

News and Notes

Mystic Side Congregational Church is located in Everett, on Malden-Everett border, at 422 Main Street. We offer a warm, inviting atmosphere, and all are welcome. Our Sunday Church service starts at 10:30 a.m. and Communion is offered on the first Sunday of each month. A very pleasant coffee hour

and socializing follow our services. Parking is available in our lot next to the church on Wyllis Ave. (one way off Main Street). We look forward to welcoming you this Sunday.

thelighthousechurch701.

net

Mystic Side Congregational Church 422 Main Street Everett, MA

3:00-3:45 at the Con-

fession Boots in the

Chapel, and at 11:15

12:00p.m.

5: Adoration of the

Blessed Sacrament at

the Chapel on Thurs-

day from 7:30 a.m.-

Bring a Book buy a

Book a new Fundraiser

Program at the back of

the Church. All books

are a dollar. Any mon-

ey collected goes to

our Stain Glass Fund.

You are most invited

to make a donation

for this course. Most

welcome to worship

with us on Sunday and

weekdays. Thank You.

Conception Parish

Phone Call 6173895660

Everett MA 02149

489, Broadway,

Immaculate

in

Immaculate Conception Parish

News and Notes

a.m.

Spanish.

6:00 p.m.

Our Parish Staff: Rev. Joseph Chacha Marwa, S.M.A. Administrator, Rev. Gustavo Buccilli S.M.A Parochial Vicar, Barbara Canon Secretary, Parish Secretary.

Weekly Mass Schedule ate the Immaculate Conception Parish is as follows:

1: Monday-Saturday at 7:00a.m. in the

2: Saturday at 4:00p.m. (Sunday Vigil) and at 7:30p.m. Vietnamese Mass Upper Church.

7:00a.m. and 10:00a.m. English Masses. At 12:00p.m. Spanish Mass and 4:00p.m. Haitian Creole Mass.

for Everett. Check us Faith, out on Facebook at www.facebook.com/ **Glendale Christian** churchforeverett **Lighthouse Church** view weekly devo-701 Broadway, tions and updates, visit Everett, us at www.foreverett. Massachusetts 02149 617-387-7458 Rev. Larry Russi, Sr. Pastor pastorlarry@

Church at the Well Everett

News and Notes

Church at the Well

Bishop Robert G.

Brown and Zion Church

Ministries invites you

to join us every Sun-

day at our 10:00 a.m. Worship Service for a

time of worship, praise

and preaching, at 757

MA. You can also join

Broadway.

Everett is a new church

church to sign up for our newsletter and see how we can help you, or connect with the Everett Community Aid Network at www. everettcan.com to request any additional help.

Zion Church - Everett

to

News and Notes

Zion Church Ministries via livestream on Facebook and You Tube.

For more information, they can be reached online at zionchurchministries.com or via email at office@ zionchurchministries. com.

Glendale United Methodist Church

Everett.

News and Notes

Glendale United Methodist Church is open to all and we welcome people of all faiths, race, nationalities, and sexual preference. No one is ever turned away. If you are looking for a new home church, we would like you to check us out and let us know what we can do to make church a better fit in your life

Bible Study: Consider joining us for Bible study on Sunday. We meet in the Church Parlor off the Chapel from 9:30 to 10:00 a.m.

Sponsor the bulletin! For a \$5 donation, you can dedicate the Sunday bulletin to recognize family, friends, or special occasions. There is a sign-up sheet in the Pastor's study. Feel free to choose your particular week and leave a copy of your dedication in the mail in that is on the Pastor's door. Please contact the Pastor if you have any questions. Boy Scout Troop 814:

Meet in Cooper Hall on Tues. evenings from 6-9 p.m. Cub Pack 11 meets on Saturday mornings.

NA Meetings - Mon. Bring Your Own Book 7:30 – 9:30 p.m.; Thurs. I Can't But We Can, 8:00 7:30 – 9:30 p.m.

AA Meeting - Saturday evenings from 6:30 to 8:30 p.m.

Pastor's Office Hours: Saturdays 10 a.m. to 2 p.m. Other times by appointment.

Bread of Life Donations - This outreach is being done to honor the United Methodist Women's Group, who for so many years were our outreach source. Please bring any food item(s) to church and place in the box located on the altar.

We are on the Internet http://www.glendaleumc-everett.org **Glendale United Methodist Church** Pastor **David Jackson 392 Ferry Street** (across from Glendale Towers) Please enter the church by the driveway on Walnut Street 617-387-2916 PastorDavidJackson58@gmail.com **Pastor's Office Hours: Saturdays 10** a.m. to 2 p.m.

Other times by appointment.

LOCAL REFERRAL AGENCIES

CAMBRIDGE HUMAN RIGHTS COMMISSION 51 Inman Street Cambridge, MA 02139-1732

CONNECTICUT COMMISSION ON HUMAN **RIGHTS & OPPORTUNITIES** 21 Grand Street, 4th Floor Hartford, CT 06106-1561 860-541-3400

MAINE HUMAN RIGHTS COMMISSION 51 State House Static Augusta, ME 04333 207-624-6050

MASSACHUSETTS COMMISSION AGAINST DISCRIMINATION One Ashburton Place, Room 601 Boston, MA 02108-1599 617-994-6000

RHODE ISLAND COMMISSION ON HUMAN RIGHTS 180 Westminster Street, 3rd floor Providence, RI 02903-3768 401-222-2661/62

VERMONT HUMAN RIGHTS COMMISSION 135 State Street, Drawer 33 Montpelier, VT 05633-6301 802-828-2480

NEW HAMPSHIRE COMMISSION FOR HUMAN RIGHTS 2 Chenell Drive Concord, NH 03301-9053 603-271-2767

NEW HAVEN COMMISSION ON EQUAL OPPORTUNITIES 200 Orange Street, Room 402 New Haven, CT 06510 203-946-8160/8165

FHAP AGENCIES & OTHER STATE/ BOSTON FAIR HOUSING COMMISSION One City Hall Plaza, Suite 966 Boston, MA 02201-1054 617-635-4408

617-349-4396

Chapel.

Sunday 3: at

4: Confessions are on Saturdays from

CITY PAWS

Test your training

By Penny & Ed Cherubino

We're devoted readers of the Whole Dog Journal and consider the Founding Editor, Nancy Kerns, one of the most knowledgeable dog writers today.

In the February 2025 issue, she confessed that she considered having her two dogs take the ASPCA Canine Good Citizenship test. She set up a trial run and found that her dogs would not succeed in three required behaviors.

She wrote, "... I do feel challenged now to sign up for the next local offering of this test, and actually train and practice for it. Though I feel that the expectations of the test should be within every dog's easy ability to accomplish, clearly they take a bit more training and practice to pass, even with very well behaved dogs!"

We suggest following her example. This test allows dog guardians (experts and regular folks alike) to improve on specific aspects of training. You can find a copy of the test online and have a friend with a dog help you do a run-through.

The test for awarding a Canine Good Citizen certificate requires that a dog accept the approach of a friendly stranger and sit politely for petting. The pups must lie down, stay on command, and then come when called. The dog must walk on a loose lead, including walking through a crowd and reacting appropriately to distractions. Finally, it must allow basic grooming procedures and, hardest of all, calmly endure supervised separation from its guardian.

Urban Canine Good Citizen Test

The ASPCA developed a more specific set of behaviors for urban residents needed to earn a good citizen certificate. Here is a simplified list of the tasks.

• Exit and enter doorways with no pulling

• Walk through a crowd on a busy urban sidewalk

• React appropriately to city distractions (horns, sirens, etc.) • Wait on leash and cross

streets under control • Ignore food and food con-



Could your dog pass the "3-minute stay-down test?"

tainers on the sidewalk

• Allow a person to approach

on the sidewalk and pet the dog

• 3-minute down and stay in the lobby of a dog-friendly building

• Safely negotiate stairs and elevators



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Next course starts March 17, 2025-seats are limited. Sign up today and Let's get to work!



inside your building. Although our dog Poppy can not pass the test requirements, we can improve her behavior in specif-

dog-friendly

ic areas. Training doesn't end with puppyhood; our 12-yearold Westie is always learning new behaviors. Some people participate in a formal program, while others

• Must be housetrained

(e.g., car, subway, or cab)

• Enter, exit, and ride

Ready, Set, Train!

to work on your dog's skills

Winter is an excellent time

transportation

train dogs independently. Consider your specific goals if you want your dog to be welcome in typical social settings. If you opt for private behavioral training, ensure the trainer uses

positive reinforcement techniques rather than punishment methods such as shock collars or choke chains. Fortunately for us, Poppy is extremely food-driven, and a tiny training treat reward is all it takes to have her instantly respond to "Come to Me."

The MSPCA has classes to put your dog's paws on the path to the Canine Good Citizenship certification. They begin with Puppy Kindergarten for the youngest trainees, Good Manners Classes, and training and testing for the Canine Good Citizen certifications.

Do you have a question or topic for City Paws? Email Penny@BostonZest.com with your request.

LEGAL NOTICE services for Heavy Duty

LEGAL NOTICE

INVITATION

FOR BID

HEAVY DUTY

FREIGHTLINER

TRUCK REPAIR

SERVICES

contractors to provide repair



Freightliner Truck Repair Services for city vehicles. All bid documents will be posted to the City Of Everett's webpage Purchasing - Everett, MA - Official Website Purchasing - Everett, MA - Official Website (cityofeverett.com) All bids must be returned to: Purchasing Department, 484 Broadway Everett, MA 02149 On or before 1 pm on March

5, 2025, at which time they will be publicly opened and read aloud The City of Everett reserves the right to reject any and all bids, or to award or not to award the contract for any reason the Mayor or his designee determines to be in the City's and/or the public's best interest. This BID is being procured in accordance with the Massachusetts General Laws Chapter 30B. 2/19/25