

# Everett Independent

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Wednesday, September 18, 2024

## CITY OF EVERETT HOSTS SOLEMN 9/11 REMEMBRANCE CEREMONY AT CENTRAL FIRE STATION

PHOTOS COURTESY OF THE CITY OF EVERETT



Everett police officers and firefighters saluting (above), as the American flag flying at half-mast (right) at the Central Fire Station. See page 5 for more photos.

On the morning of Wednesday, Sept. 11, the City of Everett, residents, elected officials, and first responders from the Everett police and fire departments gathered at the Central Fire Station to honor those who lost their lives due to the Sept. 11, 2001 attacks on the United States.



## 'A School Should Be A School'

Councilor Stephanie Smith voices her support for sole junior high academy at old EHS building

By Cary Shuman

Councilor-at-Large Stephanie Smith sat patiently at her desk in the Council Chambers at the Sept. 9 meeting as her colleagues debated the continuing issue of whether to approve an order for \$72 million for renovations at the old Everett High School building.

And then in one of her signature speeches since returning to the Council, Smith voiced her strong support for Supt. of Schools William Hart's proposal for a junior high academy, concluding with the simple but effective phrase, 'A school should be a school.'

Smith believes that the junior high academy for seventh and eighth grade students in Everett should be the sole occupant of the upper floors of the building.



Councilor-at-Large Stephanie Smith.

"Ultimately, I would like to see it just be a junior high, but I understand that we may need to keep some services there in the basement," said Smith. "I went down to look at the facility, and I'm very comfortable with the security because it [the basement] is completely blocked off from the rest of the school."

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Pictured (above and below) are Everett Kiwanis President Fred Capone, Secretary Matt Alphen and past Lt. Governor John Mattuchio along with Everett Key Club members, all who helped prepare the meals.

## EVERETT KIWANIS DONATES OVER 3,400 MEALS TO CITY OF EVERETT'S FOOD PANTRY

Everett Kiwanis along with the Medford and Chelsea Kiwanis Clubs recently co-sponsored a meal assembly event in partnership with End Hunger New England and a grant from Kiwanis Foundation of New England. In total, the group assembled over 10,000 servings of easy-to-prepare nutritious meal kits for those in need. Everett Kiwanis donated their portion of the meals to the City of Everett's food pantry that is operated out of the Connolly Center.



Pictured are Kiwanis President Fred Capone, President-Elect Pat Roberto, Past Lt. Governor John Mattuchio, and member Elaine Monge, who is also the Human Resources Director at Everett Public Schools, donating over 3,400 meals to the City of Everett's food pantry.

## DiDomenico secures critical food security funding in state budget

Special to the Independent

This summer, Senator Sal DiDomenico and his colleagues in the legislature enacted a \$58 billion budget for Fiscal Year 2025. This budget was a victory for families and working people in his district and throughout the Commonwealth. Senator DiDomenico was especially proud to secure his amendments and priorities that invest significantly in food security programs throughout Massachusetts.

Senator DiDomenico ensured that \$42 million that was included for food services in the Massachusetts Emergency Food Assistance Program (MEFAP). DiDomenico also secured \$250,000 in additional funding for the

program's operations services.

For the fourth time since 2020, DiDomenico helped secure a 10% increase in cash benefits for low-income families. Because of these increases, low income families, older residents, and individuals with disabilities in Massachusetts receive around \$100-\$200 more each month in cash assistance benefits than they would have gotten without these historic investments. This will help countless people in need afford basic necessities like food, housing, and healthcare for themselves and their families.

DiDomenico's long-time priority, Universal School Meals, was fully funded again with a \$170 million investment.

The Hunger Free Campus Initiative was provided a \$500,000 investment. DiDomenico has once again supported this important program priority that helps eliminate food insecurity on college campuses.

\$15 million was secured for the Healthy Incentives Program (HIP). Senator DiDomenico has ensured funding for this program which helps families buy healthy, local fruits and vegetables from farm vendors across the state.

Senator DiDomenico also advocated for the inclusion of \$15 million for Food Security Infrastructure Grants. These grants ensure that individuals

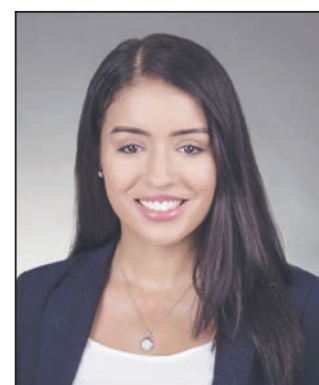
See FOOD Page 3

## Cabral appointed as Salem State Trustee

Special to the Independent

Elizabeth Cabral, of Everett, has been appointed to serve on Salem State University's Board of Trustees. She was appointed by Governor Maura Healey to join Salem State's Board of Trustees beginning July 1.

Cabral is a 2017 Salem State University graduate and first-generation college student. This makes her second appointment to the board, her first one serving as the student trustee when she was appointed by the student government association. She returns to the univer-



Elizabeth Cabral.

sity with no shortage of accomplishments from her time on campus and after.

In her time on campus as a political science and criminal justice major, Cabral not only made the dean's list, but was also named in 2017 as one of the "Massachusetts 29 Who Shine," and departed campus with a remarkable

3.9 GPA. "Salem State helped me to find my voice and my confidence," Cabral said. "So I want nothing more than to use my talents and my skill set acquired as a student and now as a professional in the HR industry to make a difference at Salem State, where it all started."

After her time at Salem State ended, Cabral continued to pursue a master's in human resources management at Northeastern University. She graduated from there in December 2021, also with a GPA of 3.9.

Cabral was hired immediately upon graduation from Salem State to serve as an intellectual prop-

See CABRAL Page 3

# DiDomenico hails transformational long-term care bill

Special to the Independent

This month, Governor Healey signed sweeping reforms to the long-term care and assisted living sectors into law, taking a powerful step towards delivering high quality and safe care for older residents across the Commonwealth. Senator Sal DiDomenico, and long-time co-sponsor and advocate for long-term care legislation hailed the signing of An Act to improve quality and oversight of long-term care, which will strengthen the Commonwealth's oversight of nursing homes, provide critical anti-discrimination protections for LGBTQ+ nursing home residents, and permanently allow assisted living residences to offer basic health services.

"Our Commonwealth's older residents are invaluable members of our community, and state government will be working to improve the quality of life for people living in assisted living facilities," said Senator DiDomenico. "I was proud to support this legislative package, and I am thrilled that we are moving our state forward in helping ensure our long-term care and assisted living facilities are safe and providing quality care throughout the Commonwealth. We are all going to need some form of care when we get older, and it is our obligation in government to guarantee everyone has the right to age with dignity. I want to thank Governor Healey, Senate President Spilka, Chair Rodrigues, and Senator Jehlen for prioritizing this critical legislation."

The new law includes provisions related to basic health services administered in assisted living facilities and oversight of long-term care facilities, including the following:

**Inclusion for LGBTQ+ Residents.** The legislation requires each long-term care facility to provide staff training on the rights and care of LGBTQ+ older adults and older adults living with HIV. It also forbids any long-term care facility and long-term care facility staff from discriminating based in whole or in part on a person's sexual orientation, gender identity, gender expression,



Senator Sal DiDomenico speaks at a Mystic Valley Elder Services event.

intersex status or HIV status, whether through the denial of admission, medical or non-medical care, access to restrooms, or through room assignments.

**Building the Long-Term Care Workforce.** The Long-Term Care Workforce and Capital Fund established in the bill supports several new initiatives to recruit and retain a dedicated long-term care workforce, including grants to develop new Certified Nursing Assistants (CNAs), career ladder grants for direct care workers to train to become Licensed Practical Nurses (LPNs), along with leadership and supervisory training for nursing home leaders. The fund also establishes a no interest or forgivable capital loan program to off-set certain capital costs, including the development of specialized care units, and to fund other capital improvements. Civil penalties secured by the Attorney General against nursing home facilities for abuse or neglect will be deposited into the fund to support these initiatives.

**Estate Recovery.** The legislation limits MassHealth estate recovery to only federally mandated recovery and removes estate recovery for residents receiving assistance under CommonHealth.

**Medication Aides.** It requires the Department of Public Health, in consultation with the Board of Registration in Nursing, to create a program for the certification, training, and oversight of certified medication aides who shall be authorized to administer medications to residents of long-term care facilities.

ties.

**Expanding Access to Basic Health Services.** The bill makes it easier for residents of assisted living residences (ALRs) to offer basic health services such as helping a resident administer drops, manage their oxygen, or take a home diagnostic test. The legislation requires ALRs create service plans that demonstrate the residence has the necessary procedures in place, such as staff training and policies, to ensure safe and effective delivery of basic health services.

**Enhancing State Oversight and Compliance to Ensure Quality Care.** The legislation enhances oversight and compliance of ALRs by lowering the threshold for ownership interest disclosure from 25 per cent to five per cent. Under the new law, applicants are required to demonstrate that any prior multifamily housing, ALR, or health care facilities in which they had an interest met all the licensure or certification criteria. If any of these facilities were subject to enforcement action, the applicant must provide evidence that they corrected these deficiencies without revocation of licensure or certification.

This bill also gives the Executive Office of Elder Affairs (EOEA) new powers to penalize non-compliance by allowing them to fine ALRs up to \$500 per day. This is in addition to existing EOEA powers to modify, suspend, or revoke a certification, or deny a recertification. Finally, it adds whistleblower protections for staff and residents who report anything happening at an ALR that they reasonably believe is a threat to the

health or safety of staff or residents.

Further, it authorizes the Attorney General to file a civil action against a person who: commits abuse, mistreatment or neglect of a patient or resident; misappropriates patient or resident property; recklessly permits or causes another to commit abuse, mistreatment or neglect of a patient or resident or misappropriate patient or resident property.

**Long Term Care Facilities.** The bill requires the Department of Public Health (DPH) to inspect each long-term care facility annually to assess quality of services and compliance. It also requires DPH to review the civil litigation history, in addition to the criminal history, of the long-term care facility applicants, including any litigation related to quality of care, patient safety, labor issues, or deceptive business practices.

The bill requires DPH to review the financial capacity of an applicant and its history in providing long term care in Massachusetts and other states. It requires applicants to notify DPH if it is undergoing financial distress, such as filing for bankruptcy, defaulting on a lending agreement, or undergoing receivership.

It allows DPH to limit, restrict, or revoke a long-term care facility license for cause, such as substantial or sustained failure to provide adequate care, substantial or sustained failure to comply with laws or regulations, or lack of financial capacity to operate a facility. It also gives DPH the power to appoint a temporary manager if a long-term care facility owner fails to maintain substantial or sustained

compliance with laws and regulations. This manager would be brought on for at least three months, at the facility owner's expense, to bring the facility into compliance.

**Small House Nursing Homes.** Small House nursing homes have emerged over the last two decades as an alternative to traditional long-term care facilities with a growing body of evidence demonstrating superior clinical outcomes in addition to higher resident and staff satisfaction levels. The bill would streamline the process for small house nursing homes to be licensed in the Commonwealth.

**Outbreak Response Planning, Enhanced Training, and Financial Performance.** The bill requires long-term care facilities to develop individualized outbreak response plans to contain the spread of disease and ensure consistent communication with DPH, residents, families, and staff. These plans must include written policies to meet staffing, training, and facility demands during an infectious disease outbreak and requires plans to be reviewed and resubmitted to DPH annually.

The bill also directs DPH to establish and implement training and education programs on topics such as infection prevention and control, resident care plans, and staff safety programs. DPH would also be required to promulgate regulations necessary to enable residents of a facility to engage in in-person, face-to-face, or verbal/auditory-based contact, communications, and religious and recreational activities.

This legislation also directs DPH, in coordination with other agencies and departments, to examine cost trends and financial performance across the nursing industry that will help regulators and policymakers untangle the complicated ownership structure of nursing homes.

**Uniform Prior Authorization Forms.** The bill requires the Division of Insurance (DOI) to develop and implement uniform prior authorization forms for admissions from acute care hospitals to post-acute care facilities.

**Two-Year Prior Authorization Pilot.** This legislation requires that all payers, including MassHealth, to approve or deny a request for prior authorization for admissions from acute care hospitals to post-acute care facilities or home health agencies for post-acute care services, by the next business day or to waive prior authorization altogether when a patient can be admitted over the weekend. In the case of prior authorization for non-emergency transportation between health care facilities, once authorization has been granted, that authorization must remain valid for at least seven days.

**Hospital Throughput Task Force.** The bill establishes a task force to study and propose recommendations to address acute care hospital throughput challenges and the impact of persistent delays in discharging patients from acute to post-acute care settings. The task force will examine hospital discharge planning and case management practices; administrative legal and regulatory barriers to discharge; efforts to increase public awareness of health care proxies; post-acute care capacity constraints; the effectiveness of inter-agency coordination; and other items.

**MassHealth Long-Term Care Eligibility.** The bill requires MassHealth to study the cost and feasibility of changes to its eligibility requirements for with the goal of reducing the time applicants spend at acute-care hospitals awaiting long-term care eligibility determinations. The study will consider improvements to the eligibility determination process; establishing a rebuttable presumption of eligibility; guaranteeing payment for long-term care services for up to one year; and expanding the undue hardship waiver criteria.

**HPC Study of Medicare ACOs.** This legislation requires the Health Policy Commission (HPC) to conduct an analysis and issue a report on the impact of Medicare accountable care organizations on the financial viability of long-term care facilities and continued access to services for Medicare patients.

## The Everett Cultural Council wants to give you MONEY!

The 2025 Grant Cycle is OPEN  
Funding available for arts, science,  
culture/humanities projects that  
benefit Everett residents.

Deadline to apply October 16, 2024



For more information on the Everett Cultural Council email [martha@mchasonsokol.com](mailto:martha@mchasonsokol.com)

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## NEWS BRIEFS

### DEBUT OF NEW PHOTO EXHIBIT AND DOCUMENTARY AT PARLIN LIBRARY IN CELEBRATION OF HISPANIC HERITAGE MONTH

Mayor Carlo DeMaria is pleased to announce the City of Everett will host an opening celebration for a new exhibit and documentary screening entitled “Mariposas: Profiles of Strength, Courage, and Wisdom” on Thursday, Sept. 26 from 6:30 p.m. to 8:30 p.m. at the Parlin Memorial Library (410 Broadway).

As part of the City of Everett’s celebration of Hispanic Heritage Month, all are welcome to view a photo exhibit and screening of a 45-minute documentary that will provide a glimpse into the lives of eight Latina women who made the journey to the United States under harrowing circumstances for a better life. The photographs highlighted in the exhibit feature the women holding objects that tell their story best without words. In addition to the exhibit and documentary, the celebration will include a performance by Adriana Herrera and a chance to hear from the subjects of the exhibit, the women themselves.

Sponsored by the City of Everett’s Diversity, Equity, and Inclusion (DEI) Department, this multimedia production continues the City’s “Everett for Everyone” initiative by making space for conversations about immigration, access, and acceptance in Everett and society in general.

The exhibit will be available from Sept. 26 through Oct. 14 during regular business hours at the Parlin Memorial Library. The documentary will also be available to watch on Everett Community Television (ECTV) this fall. This free event is open to the public and all are welcome to attend.

For more information, please visit [cityofeverett.com/events/mariposas-2024](http://cityofeverett.com/events/mariposas-2024) or contact the DEI Department by dialing 617-394-2270.

### CITY OF EVERETT LAUNCHES ONLINE PORTAL FOR VITAL RECORDS REQUESTS

The Office of the City Clerk is pleased to announce the City of Everett has launched an online portal for vital records requests.

Through the portal, users will be able to request and pay online for certified copies of vital records, such as birth certificates, marriage certificates, and death certificates without having to visit the office in-person. Additionally, funeral homes can request and pay for burial permits.

To access the online portal, please visit [everettma.permitium.com/rod](http://everettma.permitium.com/rod). For any questions, please contact the Office of the City Clerk at 617-394-2225 or email [CityClerk@ci.everett.ma.us](mailto:CityClerk@ci.everett.ma.us).

### EVERETT RESIDENTS TO PARTICIPATE IN BOSTON MARATHON JIMMY FUND WALK

Five residents from Everett will participate in the Boston Marathon® Jimmy Fund Walk presented by Hyundai on Sunday, October 6.

Leanne Meninger, Ryan Yochim, Emma Voligny, Kathy Vitagliano, and Stephanie Lafontaine, along with thousands of other walkers, will participate in the iconic annual event that will unite the community to raise funds to support all forms of adult and pediatric care and research at the nation’s premier cancer center, Dana-Farber Cancer Institute. The Jimmy Fund Walk has raised more than \$176 million for Dana-Farber in its 35-year history, raising a record-breaking \$9.4 million in 2023.

“For 35 years, the Jimmy Fund Walk has continuously supported lifesaving research and cancer care at Dana-Farber. Our goal is to build off of the momentum we’ve established throughout that history, and in 2024, aim to surpass our total from last year by raising \$9.5 million,” says Caitlin Fink, assistant vice president of event fundraising. “Fighting cancer is what we do. The Walk unites our community under a common goal—to defy cancer together.”

One Walk, Four Distances, For All Cancers

The Jimmy Fund Walk is the only organized walk permitted to use the famed Boston Marathon® course, and participants have the flexibility to choose from four distance options: 5K walk (from Dana-Farber’s Longwood Medical Campus); 10K walk (from Newton); Half Marathon walk (from Wellesley); and Marathon walk (from Hopkinton). Walkers can participate virtually as well.

Whatever route participants choose, they will be supported by hundreds of volunteers and treated to refueling stations with refreshments throughout the course. Poster-sized photographs of patients—Jimmy Fund Walk Heroes—are the heart of the event and appear along the course as inspiration. All routes will conclude at the Jimmy Fund Walk Finish Line Powered by Schneider Electric at Boston Common, by the corner of Charles and Beacon Street. Finish line activities will include a celebration with food, entertainment, and more.

To register for the Walk (#JimmyFundWalk) or to support a walker, visit [www.JimmyFundWalk.org](http://www.JimmyFundWalk.org) or call (866) 531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and Jimmy Fund Walk T-shirt.

### Cabral // CONTINUED FROM PAGE 1

erty assistant with Boston-based law firm Foley & Lardner. After climbing the ladder to become a national human resources specialist at Foley & Lardner, she joined her current employer Exponent in August of 2022 as a human resources generalist. In that role, she drives talent management initiatives and partners closely with senior leadership to shape organizational development and employee engagement strategies.

Known as the Commonwealth’s civic engagement university, Salem State

University, established in 1854, is a comprehensive, public institution of higher learning located approximately 15 miles north of Boston, Massachusetts. One of the largest state universities in the Commonwealth, Salem State enrolls about 6,500 undergraduate and graduate students. It offers 32 undergraduate programs and graduate programs that offer degrees in 24 fields. The university also has a continuing education division that offers both credit and non-credit programs. Salem State proud-

ly participates in the National Study of Learning, Voting, and Engagement and has shown a student voting rate above the national average, earning it a Silver Seal from the ALL IN Campus Democracy Challenge. In 2020, Salem State received Carnegie Community Engagement Classification and was designated a Best for Vets College by Military Times. Salem State is proud to be an emerging Hispanic and Minority Serving Institution.

### Food // CONTINUED FROM PAGE 1

and families throughout the Commonwealth have access to food, with a special focus on food that is produced locally.

“I couldn’t be prouder to have helped secure these investments which

will assist people in need keep food on their table so they can survive and thrive in our state,” said Senator Sal DiDomenico. “It is my highest priority to ensure people all over my district and through-

out the Commonwealth never have to worry about their next meal. These programs will go a long way towards eliminating hunger in our state.”

## Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
Peralta, Xavier	Tavarez, Pedro	103 Union St	\$965,000
Talabi, Faouzi	Rizzo Ft	20 Fairmount St	\$885,000
Parrella, Alex	Mac Rt	226 Main St #3	\$615,000
Gjikondi, Kristi	Lefave, Patricia	30 Chelsea St #310	\$459,900
Clipper Ferry LLC	Resnick, Samuel B	328 Ferry St	\$1,125,000
Volcy, Claudel	Gassama, Alhagie	33 Waverly Ave	\$873,000
Aitwal, Yaduraj S	Olympia T Addonizio Irt	33 Wilbur St	\$805,000
Papagiannis, Carol G	Etzel, Lois	50 Floyd St #11	\$610,000
Bonum LLC	592-594 Broadway Rt	592 Broadway	\$1,525,000
Blackstone Holdings LLC	First Landing Invs LLC	657 Broadway	\$1,100,000
First Landing Inv LLC	657 Broadway LLC	657 Broadway	\$1,030,000
Shresha, Rajan	Groux, Diane	82 Cedar St	\$735,000
Dunn Jr, John	88 Cleveland Avenue Rt	88 Cleveland Ave	\$900,000



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**PHOTOS RECEIVED WITHOUT INFO WILL NOT BE PUBLISHED**

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## EVERETT PUBLIC SCHOOLS

121 Vine Street, Everett, MA 02149

### — CHILD FIND NOTICE —

In accordance with IDEA and Massachusetts Chapter 71B, all public schools must provide special education for children determined to be educationally disabled. The law requires a school district to identify such children from 3 to 21 years of age. This law applies to all children, including those in non-public schools, pre-schools, and hospital settings. In addition, children of migrant or homeless families are entitled to public education.

Parents or service providers who suspect a child might have an educationally disabling condition are encouraged to contact their child’s school. The Everett Public Schools will arrange for the screening and evaluation of any students who are unable to progress effectively in general education because of a disability.

For more detailed information about the policies, procedures, and services available at the Everett Public Schools for special education, please contact William Donohue in the Special Education Office at 617-394-2400 Ext. 610061 or email at [wdonohue@everett.k12.ma.us](mailto:wdonohue@everett.k12.ma.us).

Translations of the Child Find Notice can be found at:  
[www.everettpublicschools.org/apps/pages/ChildFind](http://www.everettpublicschools.org/apps/pages/ChildFind)

# Everett

## Independent

President: Stephen Quigley

Editor in Chief: Cary Shuman

### TOO MANY GUNS = TOO MANY SHOOTINGS

The spectre of yet another lone-wolf gunman attempting another assassination of Donald Trump is shocking, but not surprising.

Up until the past 50 years, assassinations of public figures in America were carried out by individuals with a political agenda -- Abraham Lincoln (John Wilkes Booth), William McKinley (by an avowed political anarchist), Huey Long (by the relative of a political rival), John F. Kennedy (by Lee Harvey Oswald, although his exact motive has never been fully figured out), Robert F. Kennedy (Sirhan Sirhan), and Dr. Martin Luther King Jr. (James Earl Ray).

The exception was President James Garfield's assassin, who was suffering from mental health issues. However, the profiles of would-be assassins of public figures has changed since the 1960s. In 1972, the would-be assassin of former Alabama Governor George Wallace when he was running for president was Arthur Bremer, an individual with a long history of mental illness.

Since then, almost all of the assassins of famous figures -- Pres. Gerald's Ford would-be assassin (Lynette "Squeaky" Fromm), John Lennon's assassin (Mark David Chapman), Pres. Reagan's would-be assassin (John Hinckley Jr.), and Gabby Giffords's would-be assassin (Jared Lee Loughner) -- shared one thing in common: They were disturbed individuals with a history of mental illness.

Our federal intelligence agencies have become pretty good at detecting organized threats from those who would do harm to our nation's leaders since the assassinations of the Kennedy brothers in the 1960s.

But as both of the assassination attempts on Donald Trump have shown, the ability of law enforcement agencies to detect and prevent lone-wolf individuals, who have no motive other than to gain infamy (similar to those who commit school and other mass shootings), is not so great.

In addition, most of these shooters, though suffering from mental health issues, are not far enough along on the spectrum so as to trigger the so-called red flag laws that would prevent them from either purchasing a gun or having their guns taken away.

The sole goal of these individuals is to achieve the prediction that Andy Warhol popularized in 1968: "In the future, everyone will be world-famous for 15 minutes."

Thus, we have in our country a volatile mix of angry and disturbed individuals who have all-too-easy access to high-powered firearms, a situation that is unique among the industrial nations of the world. And as long as we have that mix of individuals with mental health issues and the availability of military-grade weapons, incidents from political assassinations to mass shootings will continue in our country's never-ending death spiral with no end in sight.

### HOW CAN A STATE POLICE TRAINEE DIE IN A BOXING RING?

The death last week of 25 year-old Mass. State Police (MSP) Trainee Enrique Delgado-Garcia in a boxing ring during a "training exercise" is, in a word, unfathomable.

Mr. Delgado-Garcia was less than one month away from graduating and achieving his dream of serving as a Mass. State Trooper.

But Mr. Delgado-Garcia's life was brutally cut short when he literally was beaten to death while training at the State Police Academy. MSP officials, as usual, are remaining tight-lipped about exactly what happened -- which in itself speaks volumes about the culpability of whoever was in charge of this "training" exercise.

We hope that a complete and thorough investigation will be conducted that not only will hold those responsible fully accountable, but that also will ensure that this sort of brutal and senseless sort of "training" never will be used in the future at our State Police Academy.

The Everett Independent reserves the right to edit letters for space, accuracy and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Everett Independent publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Everett Independent. Text or attachments emailed to [editor@everettindependent.com](mailto:editor@everettindependent.com) are preferred.

# Independent Forum

## UPCOMING EVENTS AT EVERETT PUBLIC LIBRARIES

### Library Card Design Contest

To celebrate Library Card Sign-up Month, the Everett Public Libraries are hosting a library card design contest! Create a design with the theme of "reading" for a chance to have it made into our next library card. All ages are invited to join. All entries must be submitted and received by September 30th, 2024. Visit [bit.ly/EPLCardContest](http://bit.ly/EPLCardContest) for more information on rules and submission.

### Parlin Adult and Teens

**Crochet Workshop Series Parlin Meeting Room.** Tuesday, September 24th at 6pm. Our Fall series of crochet workshops will guide you through all the essentials, from getting your yarn on the hook to finally finishing that tricky project you've been working on. This week we'll be learning how to read patterns. BYO yarn and hooks, or borrow some from the library! Materials have been generously funded by the Friends of the Everett Public Libraries. Suggested for ages 14+. Registration is recommended, sign up online at [bit.ly/eveprograms](http://bit.ly/eveprograms)

**Yarn Club Parlin Fresco Room.** Tuesday, September 24th at 7pm. Come chat and stitch! Bring your crocheting, knitting, or any other yarn craft and sit and socialize with other members of the crafting community. Recommended for

ages 14-109!

**Puzzle Club Parlin Trustees Table.** Wednesday, September 25th at 3pm. Piece together fun and friendship at the Parlin puzzle table! We'll have puzzles of all shapes and sizes to work on together. Recommended for ages 10 and up.

**Murder/Mystery Book Group, Connolly Center Meeting Room.** Thursday, September 26th at 12pm. In Ruth Reichl's *The Paris Novel*, Stella is left with an unusual inheritance: a one-way plane ticket and a note reading "Go to Paris." Stumbling across a vintage store, she tries on a fabulous Dior dress and does something impulsive, buys the dress—and embarks on an adventure. See Kathleen for copies on her twice monthly visits, or call the Parlin (617) 394 2300 or Shute (617) 394 2308 libraries.

### Parlin Childrens

**Lego Club, Parlin Children's Room.** Monday, September 23rd from 3-5pm. Come to the Children's Room after school on Mondays for some free-building lego fun. Open to all ages. Children under 6 years old must be accompanied by an adult. No registration required.

**Storytime and Singalong with Karen, Parlin Children's Room.** Wednesday, September 25th at 11am. Join us for a fun-filled morning of singing and storytelling with Karen!

Suggested ages 0-6.

**Drama Class, Parlin Children's Room.** Wednesday, September 4th at 3pm. Do you have a drama queen or king at home? Drama Class in the Parlin Children's Department is the perfect opportunity for your child to put those acting skills to use with our drama coach! Suggested ages 6-14.

**Story Time Adventures with Mrs. McAuliffe Parlin Craft Room.** Thursday, September 26th and Friday, September 27th at 11am. Join us on Thursdays and Fridays at 11am with Mrs. McAuliffe for our enchanting Story Time! You will be whisked away on magical adventures through the pages of your favorite books. Bring a friend or make a new one in our circle of friends.

**Friday Family Movie Night.** Join us on Friday September, 27th at 3pm for a showing of *The Addams Family*. Grab a friend and join us at the library to watch *The Addams Family*. Free popcorn will be served. Popcorn generously provided by the Friends of the Everett Public Libraries.

**Origami Club, Parlin Children's Room.** Saturday, September 28th at 12pm. Learn how to fold paper animals of all kinds! Open to all ages and abilities. Paper and instruction will be provided.

**Shute Adult and Teens**

**Crafty Conversations: Gem Art Ed., Shute Meeting Room.** Thursday, September 26th at 7 PM. Come join us in this self-paced gem art class. Using a special tool, you will place tiny resin diamonds one by one onto the corresponding symbols on the image of your choice. As you work, the image gradually comes to life with a shimmering, diamond-like finish. It's like painting with sparkles! This class is perfect for adults aged 18 and up. Registration is required. This event is generously funded by the Friends of the Everett Public Libraries.

**Resume Writing, Shute Adult Department.** Book a one-on-one resume assistance appointment at the Shute Library and let a librarian help you craft a resume tailored to your strengths and aspirations. Sign up for a thirty minute session at both the Shute Library. By appointment only. Please email [shuteinfo@noblenet.org](mailto:shuteinfo@noblenet.org) or call 617-394-2308.

**Computer Basics 101, Shute Adult Department.** Tech Newbie? No Problem! Learn to power up, click around, type like a pro, explore the digital world, and even send your first email. Book your Friday adventure with technology today! By appointment only. Please email [shuteinfo@noblenet.org](mailto:shuteinfo@noblenet.org) or call 617-394-2308.

## Smith // CONTINUED FROM PAGE 1

The police and fire departments use the basement for training purposes."

Smith said the Broadway Boxing Club could potentially be housed in the basement as well, "as long as the club is used during after-school hours only and has a completely separate entrance."

"I would be opened to that because the facility would be secure from the school," said Smith.

As for the Eliot Family Resource Center, currently located on the first floor of the building, Smith noted, "The current site of the Eliot [Center] is where the main offices [of the junior high academy] will be located."

"So, in the plans that I saw, there is no space for the Eliot," summarized Smith. "When I had discussions with Eliot [officials], I told them I would be open to Eliot having an office in the building so they can work directly with the students during school hours, similar to having a guidance office. Ultimately, I would like Eliot to stay in Everett, and I think they do an excellent job. I just don't think that a school is the right place for their type of non-profit."

### Doing her homework

With the architectural space plans in her hands, Smith has visited the old Everett High School building floor-by-floor several times. She likes Supt. Hart's plans to convert the space into a city-wide academy for approximately 1,100 seventh and eighth graders. She also credited the superintendent for crafting an excellent plan so expeditiously, one that meets the needs of the school district.

"Under Mr. Hart's plan, it's going to be two-and-a-half floors of new

classrooms, so the first floor is going to keep the pre-K [Webster Extension School] and use a portion for the junior high, as well as the second and third floors."

Smith's research of open office space vacancies in Everett also revealed that there is a prime location near Santilli Circle available for lease.

Smith also said she can envision a time when all classroom space in the old EHS building could be utilized as a junior high.

"I would love to see the pre-K go back into the neighborhood schools and expand the middle school to include sixth grade or perhaps ninth grade, so we can help alleviate the overcrowding in the high school," reasoned Smith, who emphasized the need for smaller class sizes throughout the district.

A former athlete and soccer captain herself who was a member of coach Stacy Poste's greatest Everett High softball team and played four years of varsity soccer and two years of basketball, Smith said that keeping grades 9-12 together in one building would be the most advantageous situation for the EHS athletic programs.

"I was a catcher for Deanna Camley in youth softball, so she was a great pitcher before, but then Adele McCabe became the varsity catcher," recalled Smith. "We had a great team. Stacy is a great coach, and we made it to the North sectional finals."

### Voting 'yes' for her school-is-a-school concept

Smith said she will vote in favor of the \$72 million appropriation if the junior high academy is the sole occupant of the two-and-half floors in the building.

"The school district needs space for our students, and it shouldn't be at the sake of other organizations," said Smith. "I think that we can work together to come up with solutions, but a school needs to be a school, especially for the students that are middle-school age. It's a volatile age, and [the old EHS school building] needs just to be a school."

Looking ahead to the Council's upcoming vote on the \$72 million appropriation, Smith said, "I think we'll have at least eight votes [for passage] if we have a school is just a school. I don't know if it will be unanimous, but the votes should be there."

"I really feel for these kids -- it's needed," added Smith.

### Her future in Everett government

Stephanie Smith celebrated her 40th birthday this month. She is on her

second stint on the Everett City Council and was re-elected via a strong second-place finish in the last election.

Smith has also taken on a considerable role as an officer and coach in the Everett Little League.

Though she is frequently asked the "higher-office" question by friends and supporters, Smith said, "Many people ask [about her political plans], but I enjoy being a city councilor. I enjoy being a mom. I enjoy my full-time career."

Public service runs in the Smith family. Her father, Stephen "Stat" Smith, served as state representative for Everett. "I grew up in it. I was a city councilor when I was 19 [the youngest councilor ever elected in Everett. It's in my blood. I enjoy helping people and having a say in the community that I live in."

# Everett

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# CITY OF EVERETT HOSTS SOLEMN 9/11 REMEMBRANCE CEREMONY AT CENTRAL FIRE STATION

On the morning of Wednesday, Sept. 11, the City of Everett, residents, elected officials, and first responders from the Everett police and fire departments gathered at the Central Fire Station to honor those who lost their lives due to the Sept. 11, 2001 attacks on the United States.

Everett Fire Department (EFD) Provisional Fire Chief Joseph Hickey welcomed attendees to the ceremony. Joining Chief Hickey were Mayor Carlo DeMaria and Everett

Police Chief Paul Strong along with EFD and Everett Police Department (EPD) personnel. Bishop Robert Brown from Zion Church Ministries delivered the opening and closing prayer.

“The City of Everett joins with cities and towns across the United States to pay tribute to and remember those lost and impacted by the tragic events of September 11th, 2001,” said Mayor Carlo DeMaria. “The Everett community, including our own heroic first respond-

ers, honors the lives of the thousands lost in New York, Washington, and Shanksville, Pennsylvania and will continue to hold up the incredible sacrifices made on that fateful day by firefighters, police officers, paramedics, and ordinary citizens as an inspiration and a call to service. I’m proud that we were able to join together to remember, as we always will.”

Chief Hickey called for everyone in attendance to remember all those who lost their lives due to the

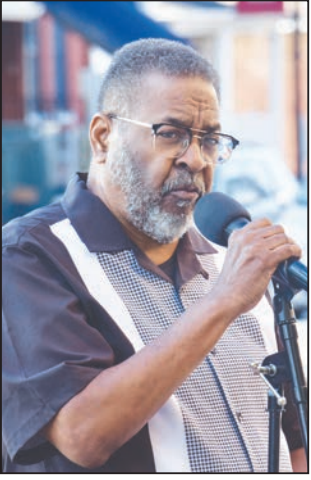
attacks including the 343 New York City firefighters and 60 New York City and Transit Authority police officers. Following the Chief’s remarks, the bell was rung in a 3-4-3 sequence and the American flag was raised to half-mast along with a one-minute moment of silence.

On the morning of

Sept. 11, 2001, terrorists hijacked four commercial planes, deliberately crashing two of the planes into the upper floors of the North and South Towers of the World Trade Center and a third plane into the Pentagon in Arlington, Virginia. The fourth plane crashed into an empty field in western Pennsylvania due to passengers

fighting back and stopping the plane from reaching the intended target of the hijacker. The attacks killed nearly 3,000 people. Since then, the day is remembered annually to honor and never forget the victims and their families along with the heroes who put their lives on the line to help others.

PHOTOS COURTESY THE CITY OF EVERETT



Bishop Robert Brown delivering the opening prayer.



Mayor Carlo DeMaria speaking to attendees.



Provisional Fire Chief Joseph Hickey speaking to attendees.



From left to right, Provisional Fire Chief Joseph Hickey, former City Councilor Al Lattanzi, Bishop Robert Brown, and Assistant City Clerk Peter Napolitano.



Everett City Councilors joined alongside residents, City employees, Everett police officers, and firefighters at the Central Fire Station.



Police Chief Paul Strong alongside officers at the Central Fire Station.



Residents, elected officials, and first responders from the Everett police and fire departments gathered at the Central Fire Station to honor and remember those who lost their lives due to the Sept. 11 attacks on the United States.

A LOOK AT EXCELLENCE IN THE EVERETT PUBLIC SCHOOLS

# Homecoming Game Set for October 4

## Everett High Will Honor 2001, '02, and '03 Super Bowl Champions

Everett High School (EHS) will host its annual Homecoming Game on Friday, October 4, 2024, when the Crimson Tide welcome the Taunton Tigers to Veterans Memorial Stadium for a 7 p.m. kickoff.

At halftime, EHS will honor the Crimson Tide's unforgettable 2001, 2002, and 2003 teams — powerhouses that compiled an overall record of 34-1 and won three consecutive Division 1 Super Bowl championships.

“We hope this is a fun and successful way to support our current student-athletes while honoring some of our great teams of the past,” said Superintendent William Hart. “On behalf of the Everett Public Schools, I invite our students, families, residents, alumni, and stakeholders to attend the Homecoming Game and celebrate being a member of the Crimson Tide community.”

The Homecoming festivities will also feature a “Parade of Students” from Glendale Park to the Stadium, which steps off at 3:45 p.m. The parade will include the EHS Marching Band and an escort from the Police and Fire departments.

From 4:30 to 6 p.m., the Stadium will be open to EHS students only, as they enjoy food trucks, a US Army Obstacle Course, games, and music, in the lead-up to the game.

The gates open to the public at 6 p.m. Tickets are \$6 for adults, \$4 for students and senior citizens.

Everett High's dominance from 2001-03 was

a sight to behold. Players from that era included Matthew and Frank Nuzzo, Darryl Doe, Gennaro Leo, Victor Ruiz, Andre Rutigliano, Dan Connors, Brian Schurko, Danny Sullivan, Theluxon Pierre, Eric Mazzeo, Adam Arsenault, Paul Arsenault, Joshua DelGaizo, Paolo Lambres, Ross Pietrantonio, Tom Lam — to name just a select few from these three dominating teams that were coached by the incomparable John DiBiaso.

“Many of the players and coaches from the early 2000's still live in Everett, they work for the EPS and the City, and they remain active in our community,” said Superintendent Hart. “We are looking forward to seeing them on the field inside Veterans Memorial Stadium, where they produced some of the best moments in the long and illustrious history of the Crimson Tide football program.”

Thanks to the team of EHS administrators who are planning this year's Homecoming Game, including Athletic Director Tammy Turner, Assistant Athletic Director Steve Gallagher, EHS Dean Rico Dello Iacono, Music Coordinator Eugene O'Brien, and EHS Administrative Assistant Gina Gennette.

### 2001-2003 — DOMINANCE PERSONIFIED

The following information would not be possible without the book “City of Champions, A Crimson Tide Dynasty: 1892-2007,” by the late Arnie Boardman.




The 2001 Everett High School Football Team.



The 2002 Everett High School Football Team.



The 2003 Everett High School Football Team.



**Carlo DeMaria**  
*Mayor*

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The 2001 season was an historic one, as it marked the first year of the Massachusetts Interscholastic Athletic Association's four-team playoff format, under which teams played a semifinal game the week after Thanksgiving, followed by the Super Bowls on the ensuing Saturday. With the extra game, the Tide finished 11-1, marking the first time since 1926 that EHS played 12 games in a season.

The Crimson Tide suffered their only loss during this three-year stretch on Thanksgiving of 2001, a 13-7 stunner to Cambridge. But they rebounded with a hard-fought, 17-13 victory over St. John's Prep in the Div. 1 semifinals, before beating Bridgewater-Raynham, 8-7, in a memorable Division 1 Super Bowl. The Super Bowl victory featured one of the most iconic plays in EHS history, as Gennaro Leo leaped into the end zone for a two-point conversion with 30 seconds remaining in the game, providing EHS the narrowest margin of victory.

From there, Coach DiBiaso and Co. assumed jug-

gernaut status. The 2002 Crimson Tide went 12-0, outscoring their foes by an aggregate score of 381-84. After a narrow win over Leominster (14-13) in the season opener, the Crimson Tide were not challenged again until the Division 1 Super Bowl. In another Play of the Century candidate, Frank Nuzzo returned an interception 94 yards for the game-winning touchdown late in the third quarter. The victory was sealed when Brian Schurko fell on a fumble in the Everett end zone with 1:32 remaining in the game, thwarting a would-be game-winning drive by the Prep.

The 2003 team left nothing to chance or doubt, winning all 11 of its games by double digits behind the stellar play of quarterback Matt Nuzzo (who threw for 10 touchdowns and ran for eight more) and a stifling defense that recorded four shutouts — including a 21-0 triumph over Marshfield in the Division 1 Super Bowl.

Please join us on October 4 as we celebrate these champions!

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INDEPENDENT

# Sports

## EVERETT CRIMSON TIDE GIRLS VARSITY SOCCER TEAM



Head Coach Dom Pursuite with the 2024 EHS varsity Crimson Tide Varsity Soccer Team.



The EHS Crimson Tide captains, Emilia Maria Babcock, Yelsa Garcia and Casey Martinez.



The seniors of the EHS Girl's Soccer Team, Hilary Monja, Emilia Maria Babcock, Yelsa Garcia and Alondra Flores.

### Rodriguez stars at quarterback as Everett surges past Medford, 34-14

#### Tide host No. 1-ranked Xaverian on Friday

Special To The Independent

Quarterback Carlos Rodriguez threw for 229 yards and three touchdowns to power the Everett High football team to a 34-14 victory over Medford at Hormel Stadium.

Everett (1-1) will host No. 1-ranked Xaverian High School Friday at 7 p.m.

In a rare Thursday (Sept. 12) night game for the Tide, Rodriguez and Yariel Ortiz were the chief difference makers against Medford while extending the Tide's dominance over the Mustangs to 32 consecutive victories.

Ortiz was 15-of-23 for 229 yards with three touchdown passes and a two-point conversion. He also rushed six times for 41 yards.

"Carlos played very well - he's had two good back-to-back games to start the year," lauded head coach Justin Flores.

Ortiz has emerged as the No. 1 receiver, making 10 catches for 117 yards and two touchdowns.

"That's two games in a row with more than 100 yards in receiving yardage," noted Flores.

Amani Negron had a 43-yard touchdown reception in the fourth quarter to help Everett pull away from the stubborn Mustangs.

"We made some adjustments at halftime in our running game," said Flores. "They were blitzing a lot and throwing a lot of stuff at us. The running game allowed us to open up the passing game some more."

Linebacker Kevin Diaz and defensive lineman Mark Sylvain were defensive standouts for Tide. Sylvain leads the team in tackles for losses (TFL).

Flores' contingent will be looking to topple Xaverian (a 35-14 victory over Bishop Feehan in its opener) from its top perch in Massachusetts football.

"The media have them ranked No. 1, that's what they're saying," said Flores. "Hopefully we'll have a big turnout for the game. I know they have been advertising around the school, encouraging everyone to wear black to the game."

Xaverian-Everett has been one of the state's best rivalries dating back to the 1990s.

## EHS Roundup

### EHS BOYS SOCCER DEFEATS CHELSEA, 1-0

The Everett High boys soccer team improved to 2-0-1 on the season with a tie and a win against Greater Boston League opponents Malden and Chelsea last week.

Last Tuesday's encounter with Malden was a back-and-forth battle the entire way.

"We had a lot of chances to score and settle the game, but could not capitalize at the end," said first-year head coach and former EHS star Rodney Landaverde.

The Crimson Tide trailed 2-0 at the half, but dominated play after the intermission to score the equalizers. Captain Gabriel Garcia notched Everett's first goal and junior Lucas Rabelo-Araujo tallied the second one late in the second half to end the

contest at level.

Everett then took on their archrival, the Chelsea Red Devils, two days later at Rivergreen and the ancient foes as usual engaged in a hard-fought battle before a big and boisterous crowd of supporters for both sides.

"Our home opener against Chelsea was a difficult test against a rival who historically has always been a tough matchup," said Landaverde. "There was not a lot of action in the first half of the game and led to both teams being stagnant and not creating any chances."

However, with about five minutes left in the game, Everett was awarded a penalty kick and Luvens Hector slotted the ball in the back of the Red Devil net for what would prove to be the game-winner, much to the delight of the Everett partisans on hand.

"Bryan Ribeiro and Efrain Ramos had a fantastic game defensively and held down the back line throughout the entire game," noted Landaverde.

"Our home opener brought in a huge crowd at Rivergreen park with a lot of friends, families, teachers and fellow EHS alumni that were cheering us on throughout the entire game," the coach added. "We were very grateful to see the immense support from the community at our very first home game and are looking forward to seeing a lot more throughout the season. Roll Tide!"

Landverde and his crew were scheduled to take on Revere, one of the top teams in the GBL, yesterday (Tuesday) and will host Lynn English tomorrow (Thursday). They will travel to Lynn Classical next Monday.

See ROUNDUP Page 8

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THE EHS CRIMSON TIDE VARSITY FIELD HOCKEY TEAM



The Seniors of the Everett High Crimson Tide Field Hockey Team: Front row: Isabela Lima, Meghan Currie, Jasmine Salvador, and Luiza Veiev. Back row: Gephres St. Baptiste Irlvey, Ricardo Contraras Chacon, Jonathan Scioletti, and Oliver Deroxier Stravensky.



The 2024 EHS Varsity Field Hockey Team, under the leadership of Head Coach Nicola Jones.

Roundup // CONTINUED FROM PAGE 7

GARCIA NETS FIVE GOALS IN VICTORY FOR GIRLS SOCCER

Yelsa Garcia struck for all five of Everett's goals to lead the EHS girls soccer team to a 5-2 victory over Greater Boston League (GBL) rival Malden last Tuesday.

Two of Yelsa's goals came on successful penalty kicks and the others

were assisted by Luna Maselli and Alondra Flores.

"It was a massive win, with the team working hard and together," said EHS head coach Dom Pursuite. "Both of our goalkeepers, Emilia Maria-Babcock and Ashely Heath, saw time in the contest and did a great job minding the net.

"On top of her assist to Garcia, Flores stepped up and played with heart

and aggression," Pursuite added. "Other notable standouts were newcomer Gisele Erazo running the wing and Connie Paz-Hernandez on the opposite side. Freshman Leilany Rodriguez played her defensive role well. Alongside Flores, freshman Rosa Romero stepped into the CDM position controlling the midfield.

"Sofia Arana-Quintanilla also played phenomenally in her respective

area of left back and as the team's designated set play kicker," Pursuite noted.

Two days later the Lady Crimson Tide toppled GBL foe Chelsea, 6-4.

"This was a great overall team win," said Pursuite. "The bench played a crucial role in the victory, as I moved many players into different positions."

Usual starting goalkeeper Emilia Maria-Babcock got a chance to play in the field and netted her first goal of the season, with an assist from Alondra Flores, and closed out the game playing in between the pipes.

Sofia Arana-Quintanilla recorded the first penalty kick of her high school career. Yelsa Garcia continued to add more goals to her overall tally this season, netting four goals, one on a breakaway, and another on a deflection off the Chelsea goalkeeper. Yelsa also received a nice cross from Emilia Maria-Babcock for a goal.

"Flores also had one of the best games of her high school career, taking charge of the defensive side of the midfield," Pursuite added. "The Chelsea side gave us a run for our money, but as a team, we came out on top."

The Lady Crimson Tide, who currently stand at 2-1 in the GBL and 2-3 overall, were scheduled to

travel to Revere yesterday (Tuesday) and to Lynn English tomorrow (Thursday) evening. They will return home to host Lynn Classical next Tuesday.

BIG WIN FOR EHS FIELD HOCKEY

The Everett High field hockey team recorded its second win of the season with a hard-fought 2-0 victory at Haverhill last Wednesday.

The Crimson Tide netted both goals in the third period. Cephas Orleus got Everett on the board, followed by a crucial insurance goal from Lindsey Sylva to seal the deal.

"On our defensive end, Jas Salvador, Stéphane Orleus, and goalie Wilins Julien turned in stellar performances, thwarting Haverhill's attacks and preserving our team's shutout," said EHS head coach Nicola Jones. "Overall, it was a well-played game that showcased our team's athletes' skill and determination.

Jones and her crew were scheduled to take on Northeast Regional this past Monday and then are off for nine days until they travel to Waltham next Wednesday.

EHS GIRLS VOLLEYBALL SEEKING FIRST VICTORY

The Everett High girls volleyball team came up short in its two contests this past week, falling to Greater Boston League (GBL) rivals Chelsea (3-0) and Lynn Classical (3-1), who were the top two teams in the GBL last year.

"Our current record is 0-4, which we knew was a possibility when we

looked at the schedule," said EHS head coach Michael Fineran. "There are no cakewalks in the GBL anymore, but we have a couple of must-win games coming up. We are still in contention for a postseason berth, and I'm encouraged by the fight we've shown against these very tough opponents.

"Against Classical, last year's first-place team, we came out on fire, blasting 11 aces in a 25-14 win in the opening set, three of them from senior captain Victoria Rodrigues, three from junior Juliette Romboli, and two from senior Clarice Alexis to close out the set," said Fineran. "We expected that Classical would adjust, and they did, winning set two 25-13 and set three 25-14.

"In the fourth set, we put up more of a fight," Fineran added. "Senior captain Sonia Constanza had seven serves to go with her relentless defense in the back row. Senior Ashley Seward had three kills, pushing her team-leading season total to 24. Senior Tanessa Duvalaire had a kill and a block. Senior Kayleigh McMahon was four for four serving, and has been perfect all season. A serve by Seward got us to 22-19, but that was as close as we'd get, dropping the set and the match, 3-1."

Fineran and his crew sought to get on the winning track at Lynn English this past Monday that began a busy stretch of six matches in 10 days for the Tide. They will host Somerville today (Wednesday); non-league opponents Lawrence on Friday and Saugus next Monday; Medford next Tuesday; and Revere next Wednesday.



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As a testament to its continued commitment to environmental stewardship and ensuring electric reliability for customers, Eversource has been named a Tree Line USA utility by the Arbor Day Foundation in all three states where the energy company operates. In collaboration with the National Association of State Foresters, the Tree Line USA program recognizes public and private utilities that demonstrate best practices for quality tree care, promoting the dual goals of safe, reliable electric service for customers while encouraging utility compatible tree planting and nurturing healthy trees to grow and thrive.

“We are honored to receive this recognition that highlights our robust vegetation management program and the dedicated work of our licensed and certified arborists to prune, plant and care for trees year-round,” said Eversource Director of Vegetation Management Sean Redding. “Trees are an essential part of New England’s character, and we’re always focused on balancing the natural beauty of our region with



Eversource partnered with the Arbor Day Foundation to distribute more than 1,000 free trees and shrubs to customers across its three-state service territory.

the need to ensure reliable electric service and public safety, which is why trimming or removing hazard trees that threaten power lines is so vital. This achievement underscores the success of our everyday mission, and we look forward to continuing this critical work as well as educating customers about the importance of planting the right tree in the right place.”

Tree Line USA evaluates applicants based on several criteria including adherence to industry best practices for tree

care, annual training of employees and contractors, implementation of tree planting and public education programs, and participation in annual Arbor Day events. This year, Eversource partnered with the Arbor Day Foundation to distribute more than 1,000 free trees and shrubs to customers across its three-state service territory through the non-profit’s innovative Energy-Saving Trees program.

“Trees are an integral part of creating more urban green spaces in communities across the

United States, as well as providing important environmental benefits such as clean air, water, and shade,” said Dan Lambe, chief executive of the Arbor Day Foundation. “Through their thoughtful and thorough work, Eversource demonstrates how trees and utilities can co-exist for the benefit of both customers and their communities.”

In addition to advancing educational partnerships that teach municipalities, students and the public about how to plan before they plant, Eversource

also works with property owners to help them understand their responsibility to maintain their own trees. For more information about the company’s comprehensive vegetation management program, please visit the dedicated page of its website.

Eversource (NYSE: ES), celebrated as a national leader for its corporate citizenship, is among the top energy companies in Newsweek’s list of America’s Most Responsible Companies for 2024 and recognized as a Five-Year Champion, appearing in every edition of the list. Eversource transmits and delivers electricity and natural gas and supplies water to 1.8 million customers throughout Massachusetts, including approximately 1.47 million electric customers in 140 communities, 639,000 gas customers in 117 communities, and 11,500 water customers in five communities. Eversource harnesses the commitment of approximately 9,900 employees across three states to build a single, united company around the mission of safely delivering reliable energy and water with superior customer service. The #1 energy efficiency provider

in the nation, the company is empowering a clean energy future in the Northeast, with nationally recognized energy efficiency solutions and successful programs to integrate new clean energy resources like a first-in-the-nation networked geothermal pilot project, solar, offshore wind, electric vehicles and battery storage, into the electric system. For more information, please visit [eversource.com](http://eversource.com), and follow us on X, Facebook, Instagram, and LinkedIn. For more information on our water services, visit [aquarionwater.com](http://aquarionwater.com).

Founded in 1972, the Arbor Day Foundation is the largest nonprofit membership organization dedicated to planting trees. Together with our partners, we have helped plant more than 500 million trees in neighborhoods, communities, cities and forests throughout the world. Our vision is to lead toward a world where trees are used to solve issues critical to survival. Through our members, partners and programs, the Arbor Day Foundation inspires people across the globe to plant, nurture and celebrate trees. More information is available at [arbor-day.org](http://arbor-day.org).

# Biogen Grant restores Bunker Hill Community College MICA Program

The Biogen Foundation has awarded Bunker Hill Community College (BHCC) a \$200,000 grant to support the College’s Medical Interpreter Community Access (MICA) Program. The grant will fund the Medical Interpreter program, which is free to students who meet program financial qualifications for the 2024-25 academic year.

“Medical interpretation is critical to equity in any healthcare setting,” said BHCC Dean of Workforce and Economic Development Kristen McKenna. “The Biogen Foundation’s support of the MICA program is an investment in equity across the healthcare system and will help to ensure the availability of interpretive services to all patients as well as ac-

cess to this important career path to qualified individuals.”

“The MICA program has become a critical tool enabling Greater Boston’s healthcare systems to provide culturally competent care,” said Teresa Cachero, Ph.D., Chair of the Biogen Foundation’s Board of Directors and Board Vice President of Asset Development and Portfolio Management. “We’re excited to support BHCC to preserve this program and keep new ranks of much-needed interpreters flowing into the local healthcare system, making a meaningful difference for patients and their families.”

The MICA program is open to English speakers fluent in Spanish, Portuguese, Arabic, Haitian

Creole, or Mandarin Chinese. The course is 10 weeks and includes 60 hours of remote instruction and up to 20 hours of prep for the national exam, the NBCMI (National Board of Certified Medical Interpreters). It also includes a 40-hour internship at a local healthcare partner. To enter the program, students must demonstrate fluency in a program language and have a high school diploma or equivalent.

With funding from the American Rescue Plan Act (ARPA), the MICA program began in 2021 and has a proven track record of successfully graduating and placing students in hospital positions. ARPA funding ended this year. The Biogen Foundation grant allows the program

to renew, supporting a cohort of 30 students who, once graduated, have the potential to serve 60,000 patients and families each year, many of whom will be immigrant and low-income.

The program is free to U.S. citizens, permanent residents, and those with refugee/asylum or protected status who can demonstrate financial need. For more information on the program or to complete the online application, visit the program website at [www.bhcc.edu/workforce/career/medicalinterpreterprogram/](http://www.bhcc.edu/workforce/career/medicalinterpreterprogram/).

With more than 50 years of academic excellence, Bunker Hill Community College (BHCC) is Massachusetts’ largest community college, annually welcoming a diverse com-

munity of around 16,000 students. With campuses in Charlestown and Chelsea, BHCC extends its reach across several locations in Greater Boston. The College offers associate degrees and certificates, early college and dual enrollment, community education, corporate training, and industry-specific training programs. BHCC is celebrated for its diversity, boasting a student body where 65% identify as people of color and more than half are women. The College also embraces a global perspective, with over 600 international students representing 90 countries and conversing in more than 65 languages. Our commitment to diversity is further reflected in BHCC’s designation as a Hispanic

Serving Institution (HSI) and an Asian American Native American Pacific Islander Serving Institution (AANAPISI).

Established in 2002, the Biogen Foundation seeks to advance better health by collaborating with high-impact partners in local communities. Through the Foundation, we strive to make an impact beyond our medicines, focusing our grantmaking on equitable access to healthcare by strengthening health systems and providing access to nutritious food, a critical social determinant of health. For more information, please visit: [www.biogen.com/company/biogen-foundation](http://www.biogen.com/company/biogen-foundation).

## LOCAL STUDENTS EARN ACADEMIC HONORS

### DE GOUVEIA ENROLLS AT THE COLLEGE OF THE HOLY CROSS

The College of the Holy Cross is excited to welcome Gabrielle De Gouveia of Everett as a member of the College’s Class of 2028.

At 835 students, the Class of 2028 includes students from 507 different high schools, 41 U.S. states and territories, 13 different countries, and 33 different languages spoken. This incoming class represents one of the most diverse and academically accomplished classes in the College’s history.

Admission to the Class of 2028 was more competitive than ever with a 10% increase in the number of applications submitted, and the lowest-ever proportion of applicants admitted - 17.6%.

The new Crusaders have distinguished themselves through community service, leadership roles, and diverse participation in areas like the arts, music and athletics. They arrived on campus and moved into the residence halls on Wednesday, August 21st, where they were

welcomed to Mount St. James by an enthusiastic purple crew of current students, staff, faculty and alumni. Fall classes began on Tuesday, August 27th.

“Welcome, Class of 2028!” College President Vincent D. Rougeau told the class during Mass of the Holy Spirit. “You chose Holy Cross, where classes are small and the community is vibrant and ready for your contribu-

tions. Here, you will be encouraged to speak up and engage. When, how, and with whom are up to you. You will have your certainties challenged and perspectives broadened. And trust me, you will thrive.”

The College of the Holy Cross, in Worcester, Mass., is among the nation’s leading liberal arts institutions. A highly selective, four-year, ex-

clusively undergraduate college of 3,200 students, Holy Cross is renowned for offering a rigorous, personalized education in the Jesuit, Catholic tradition. Since its founding in 1843, Holy Cross has made a positive impact in society by graduating students who distinguish themselves as thoughtful leaders in business, professional and civic life.

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To place a memoriam in the Everett Independent, please call 617-387-9600

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## CHURCH News

### Church at the Well Everett

News and Notes

Church at the Well Everett is a new church for Everett. Check us out on Facebook at [www.facebook.com/churchforeverett](http://www.facebook.com/churchforeverett) to view weekly devotions and updates, visit us at [www.foreverett.church](http://www.foreverett.church)

to sign up for our newsletter and see how we can help you, or connect with the Everett Community Aid Network at [www.everettcan.com](http://www.everettcan.com) to request any additional help.

### Glendale United Methodist Church

News and Notes

Glendale United Methodist Church is open to all and we welcome people of all faiths, race, nationalities, and sexual preference. No one is ever turned away. If you are looking for a new home church, we would like you to check us out and let us know what we can do to make church a better fit in your life.

**Bible Study:** Consider joining us for Bible study on Sunday. We meet in the Church Parlor off the Chapel from 9:30 to 10:00 a.m.

**Sponsor the bulletin!** For a \$5 donation, you can dedicate the Sunday bulletin to recognize family, friends, or special occasions. There is a sign-up sheet in the Pastor's study. Feel free to choose your particular week and leave a copy of your dedication in the mail in that is on the Pastor's door. Please contact the Pastor if you have any questions.

**Boy Scout Troop 814:** Meet in Cooper Hall on Tues. evenings from 6-9 p.m. Cub Pack 11 meets on Saturday mornings.

NA Meetings – Mon.

**Bring Your Own Book** 7:30 – 9:30 p.m.; Thurs. I Can't But We Can, 8:00 7:30 – 9:30 p.m.

**AA Meeting** – Saturday evenings from 6:30 to 8:30 p.m.

**Pastor's Office Hours:** Saturdays 10 a.m. to 2 p.m. Other times by appointment.

**Bread of Life Donations** – This outreach is being done to honor the United Methodist Women's Group, who for so many years were our outreach source. Please bring any food item(s) to church and place in the box located on the altar.

**We are on the Internet**  
<http://www.glendaleumc-everett.org>  
**Glendale United Methodist Church**  
**Pastor David Jackson**  
**392 Ferry Street (across from Glendale Towers)**  
**Please enter the church by the driveway on Walnut Street**  
**617-387-2916**

**Pastor David Jackson58@gmail.com**  
**Pastor's Office Hours: Saturdays 10 a.m. to 2 p.m. Other times by appointment.**

### Zion Church - Everett

News and Notes

Bishop Robert G. Brown and Zion Church Ministries invites you to join us every Sunday at our 10:00 a.m. Worship Service for a time of worship, praise and preaching, at 757 Broadway, Everett, MA. You can

also join Zion Church Ministries via livestream on Facebook and You Tube.

For more information, they can be reached online at [zionchurchministries.com](http://zionchurchministries.com) or via email at [office@zionchurchministries.com](mailto:office@zionchurchministries.com).

### Glendale Christian Lighthouse Church

News and Notes

Sunday 10:30 a.m. Excellence" Worship service.

Weds. hour of Power, worship, prayer and Bible Study, via Zoom.

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters," Colossians 3:23  
 "In Pursuit of Spiritual Righteousness, Godliness, Faith, Love, Truth  
**Glendale Christian Lighthouse Church**  
**701 Broadway, Everett, Massachusetts 02149**  
**617-387-7458**  
**Rev. Larry Russi, Sr.**  
**Pastor**  
**pastorlarry@thelighthousechurch701.net**

### Immaculate Conception Parish

News and Notes

Our Parish Staff: Rev. Joseph Chacha Marwa, S.M.A. Administrator, Rev. Gustavo Buccilli S.M.A. Parochial Vicar, Barbara Canon Secretary, Parish Secretary.

**Weekly Mass Schedule** at the Immaculate Conception Parish is as follows:

- 1: Monday-Saturday at 7:00a.m. in the Chapel.
- 2: Saturday at 4:00p.m. (Sunday Vigil) and at 7:30p.m. Vietnamese Mass Upper Church.
- 3: Sunday at 7:00a.m. and 10:00a.m. English Masses. At 12:00p.m. Spanish Mass and 4:00p.m. Haitian Creole Mass.
- 4: Confessions are on Saturdays from 3:00-3:45

at the Confession Boots in the Chapel, and at 11:15 a.m. 12:00p.m. in Spanish.

5: Adoration of the Blessed Sacrament at the Chapel on Thursday from 7:30 a.m.-6:00 p.m.

Bring a Book buy a Book a new Fundraiser Program at the back of the Church. All books are a dollar. Any money collected goes to our Stain Glass Fund. You are most invited to make a donation for this course. Most welcome to worship with us on Sunday and weekdays. Thank You.

**Immaculate Conception Parish**  
**489, Broadway,**  
**Everett MA 02149 Phone**  
**Call 6173895660**

### SEND US YOUR NEWS

The Everett Independent encourages residents to submit birth and engagement announcements, news releases, business briefs, honor rolls, social news, sports stories, and photographs for publication. Items should be forwarded to our offices at 385 Broadway, Citizens Bank Building, Revere, MA 02151. The Independent also encourages readers to e-mail news releases to [editor@everettindependent.com](mailto:editor@everettindependent.com). The Everett Independent assumes no financial responsibility for typographical errors in advertisements, but will reprint that part of the advertisement in which the error occurs. Advertisers will please notify the management immediately of any errors that may occur.

### Mystic Side Congregational Church

News and Notes

Mystic Side Congregational Church is located in Everett, on Malden-Everett border, at 422 Main Street. We offer a warm, inviting atmosphere, and all are welcome. Our Sunday Church service starts at 10:30 a.m. and Communion is offered on the first Sunday of each month. A very pleasant coffee hour and socializing follow our services. Parking is available in our lot next to the church on Wyllis Ave. (one way off Main Street). We look forward to welcoming you this Sunday.  
**Mystic Side Congregational Church**  
**422 Main Street**  
**Everett, MA**

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INDEPENDENT

# Everett's Professional Service Directory

<h4 style="text-align: center;">ELECTRICIAN</h4> <div style="border: 1px solid black; padding: 5px;">  <p style="font-size: 0.8em;">Residential &amp; Commercial Fully Licensed &amp; Insured</p> <p style="font-weight: bold; font-size: 1.2em;">KEVIN MOONEY</p> <p style="font-weight: bold; font-size: 1.2em;">781-799-1862</p> </div>	<h4 style="text-align: center;">PLUMBING</h4> <div style="border: 1px solid black; padding: 5px;"> <h3 style="text-align: center;">PATRIOT</h3> <p style="font-size: 0.8em;">Sewer &amp; Drain Plumbing Services, LLC</p>  <p style="text-align: center; font-weight: bold; font-size: 1.2em;">CALL 781-656-4884</p> </div>	<h4 style="text-align: center;">MOVING</h4> <div style="border: 1px solid black; padding: 5px;"> <h3 style="text-align: center;">Ronnie Z.</h3> <p style="text-align: center;">Leave Your Moving To Us</p> <p style="font-size: 0.8em;">Whether It Be One Piece or More!</p> <p style="text-align: center; font-weight: bold; font-size: 1.2em;">10% OFF FOR SENIOR CITIZENS, VETERANS &amp; DISABLED</p> <p style="text-align: center;">Call Ronnie</p> <p style="text-align: center; font-weight: bold; font-size: 1.5em;">781-321-2499</p> <p style="font-size: 0.8em;">For A Free Estimate</p> </div>	<h4 style="text-align: center;">PAINTING</h4> <div style="border: 1px solid black; padding: 5px;">  <p style="text-align: center;">Nick D'Agostino</p> <p style="text-align: center;">Professional Painter</p> <p style="font-size: 0.8em;">Cell: 617-270-3178 Fully Insured Free Estimates</p> </div>
<div style="border: 1px solid black; padding: 5px;"> <p style="font-weight: bold; font-size: 1.2em;">1 col. x 2 inches \$120 for 3 months (\$10/wk)</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center; font-weight: bold;">2 col. x 1 inch \$120.00 For 3 Months (\$10/wk)</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <h4 style="text-align: center;">PLASTERING</h4> <div style="border: 1px solid black; padding: 5px;">  <p style="font-size: 0.8em;">Your Satisfaction is Ours!</p> <p style="text-align: center; font-weight: bold; font-size: 1.2em;">CALL MIKE</p> <p style="font-size: 0.8em;">781-858-6321 plaster@aol.com</p> </div> </div>	<div style="border: 1px solid black; padding: 5px;"> <h4 style="text-align: center;">POOLS</h4> <h2 style="text-align: center;">GOSMO POOLS</h2> <p style="text-align: center;">• NEW LINERS • INSTALLATION • POOL OPENINGS</p> <p style="text-align: center; font-weight: bold; font-size: 1.2em;">CALL JOHN 781-589-0505</p> </div>
<h4 style="text-align: center;">REAL ESTATE</h4> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center; font-weight: bold; font-size: 1.2em;">Gina S Soldano REALTOR®</p> <p style="font-size: 0.8em;">ABR®, AHWD®, e-PRO®, GREEN, MRP®, PSA®, SFR®, SRES®, SRS®</p> <p style="font-size: 0.8em;">Broker/Associate (857) 272-4270</p> <p style="font-size: 0.8em;">Millennium Real Estate 291 Ferry Street, Everett, MA 02149</p> <p style="font-size: 0.8em;">GinaSSoldano@gmail.com gsoldanorealtor.com</p> </div>		<h4 style="text-align: center;">MOVING</h4> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center; font-weight: bold; font-size: 1.2em;">2 col. x 1 inch \$120.00 For 3 Months (\$10/wk)</p> </div>	

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# Everett Independent Drop-Off Locations

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<b>The Rehabilitation &amp; Nursing Center</b> .....	<b>289 Elm St.</b>	<b>Santander Bank</b> .....	<b>459 Broadway</b>
<b>Fine Market</b> .....	<b>201 Elm St.</b>	<b>Everett Chamber</b> .....	<b>467 Broadway</b>
<b>Elm Street Market</b> .....	<b>178 Elm St.</b>	<b>Everett City Hall</b> .....	<b>489 Broadway</b>
<b>Elm Street Bakery</b> .....	<b>173 Elm St.</b>	<b>Monica Meat Market</b> .....	<b>506 Broadway</b>
<b>Melo's Bakery</b> .....	<b>171 Elm St.</b>	<b>Pastelaria Restaurant</b> .....	<b>508 Broadway</b>
<b>Stewart's Restaurant</b> .....	<b>140 Elm St.</b>	<b>7-Eleven</b> .....	<b>511 Broadway</b>
<b>Everett Police</b> .....	<b>45 Elm St.</b>	<b>Dunkin'</b> .....	<b>514 Broadway</b>
<b>Katherine's Market</b> .....	<b>134 Ferry St.</b>	<b>McKinnon's Market</b> .....	<b>620 Broadway</b>
<b>Fine Market</b> .....	<b>180 Ferry St.</b>	<b>MP Credit Union</b> .....	<b>650 Broadway</b>
<b>ERA Realty</b> .....	<b>291 Ferry St.</b>	<b>Century 21</b> .....	<b>680 Broadway</b>
<b>Eagle Bank</b> .....	<b>299 Ferry St.</b>	<b>Burrito's Pizza</b> .....	<b>696 Broadway</b>
<b>Dunkin'</b> .....	<b>301 Ferry St.</b>	<b>K. Chivo Market</b> .....	<b>704 Broadway</b>
<b>Glendale Liquor</b> .....	<b>315 Ferry St.</b>	<b>Sultan Market</b> .....	<b>718 Broadway</b>
<b>Walgreens</b> .....	<b>317 Ferry St.</b>	<b>Everett House of Pizza</b> .....	<b>722 Broadway</b>
<b>Apt. Building</b> .....	<b>381 Ferry St.</b>	<b>Eastern Bank</b> .....	<b>738 Broadway</b>
<b>Everett Public Schools</b> .....	<b>121 Vine St.</b>	<b>Shute Memorial Library</b> .....	<b>781 Broadway</b>
<b>Parkway Heights Tower</b> .....	<b>201 Chelsea St.</b>	<b>Vitoria Bakery</b> .....	<b>798 Broadway</b>
<b>7-Eleven</b> .....	<b>188 Chelsea St.</b>	<b>Little Mania Restaurant</b> .....	<b>876 Broadway</b>
<b>Star Convenience</b> .....	<b>178 Chelsea St.</b>	<b>Broadway Market</b> .....	<b>880 Broadway</b>
<b>Everett Pizza</b> .....	<b>176 Chelsea St.</b>	<b>Jalapeño's Restaurant</b> .....	<b>882 Broadway</b>
<b>Edward Connolly Center</b> .....	<b>90 Chelsea St.</b>	<b>Dunkin'</b> .....	<b>891 Broadway</b>
<b>Super J.C. Market</b> .....	<b>66 Chelsea St.</b>	<b>Rte. 99 Smoke Shop</b> .....	<b>893 Broadway</b>
<b>Park Plaza Condos</b> .....	<b>30 Chelsea St.</b>	<b>Everett Villa</b> .....	<b>66 Main St.</b>
<b>Express Market</b> .....	<b>318 Broadway</b>	<b>Everett Variety</b> .....	<b>80 Main St.</b>
<b>Eagle Bank</b> .....	<b>350 Broadway</b>	<b>Neighborhood Market</b> .....	<b>115 Main St.</b>
<b>High End Smoke Shop</b> .....	<b>378 Broadway</b>	<b>Continental Bakery</b> .....	<b>119 Main St.</b>
<b>Parlin Memorial Library</b> .....	<b>410 Broadway</b>	<b>Mass Bay Credit Union</b> .....	<b>183 Main St.</b>
<b>Walgreens</b> .....	<b>417 Broadway</b>	<b>Regina's Liquor</b> .....	<b>203 Main St.</b>
<b>Everett Bank</b> .....	<b>419 Broadway</b>	<b>7-Eleven</b> .....	<b>280 Main St.</b>
<b>The Square Deli</b> .....	<b>421 Broadway</b>	<b>Food Mart</b> .....	<b>400 Main St.</b>
<b>Smoke Shop</b> .....	<b>423 Broadway</b>	<b>True Value</b> .....	<b>403 Main St.</b>
<b>Everett Square Market</b> .....	<b>445 Broadway</b>	<b>Nana's Pizza</b> .....	<b>416 Main St.</b>
<b>Chrisillas Deli</b> .....	<b>447 Broadway</b>	<b>Apt. Building</b> .....	<b>120 Wyllis Ave.</b>

CITY PAWS

Real vs. fake service dogs

By Penny & Ed Cherubino

As responsible dog guardians, we're concerned when we see fake service dogs. We can only imagine how people with a legitimate need to be accompanied by a highly-trained service dog must feel.

We turned to NEADS World Class Service Dogs for more information. Last year, in preparation for testimony before the Massachusetts Legislature, they reported on survey results of more than 1,300 Service Dog clients from Assistance Dogs International (ADI) accredited organizations.

Sadly, "92.6% of respondents encountered fake, questionable, or uncontrolled service dogs in their time as a service dog user." Meanwhile, "78.8% of respondents had experienced an uncontrolled dog snap at, bitten, vocalize at or interfere with their service dog." Then, "66.0% reported feeling that fraudulent service dogs had negatively impacted their

independence and quality of life." Finally, "50.0% encountered fraudulent service dogs in grocery stores and airports."

Real Service Dogs

Real Service Dogs are "impeccably trained." This description is used by one ADI-accredited organization after another. Not only is the dog trained, but the handler has also had extensive training. This preparation can take up to two years and cost thousands of dollars.

Service dogs are not pets and don't act like pets. They are working and pay attention to the task at hand. They don't sniff the ground or interact with people or other animals. They are sometimes allowed to relax, play, or say hello, but only after a specific direction.

Many legitimate service dogs do not wear a special harness or identification that you will recognize. Some wear identification from their ADI-accredited organization, like NEADS, or a special

harness as a guide dog for blind people or a dog trained to pull a wheelchair or to assist their person with stability. Very few are off-leash, carried, or in a stroller.

Fake Service Dogs

Less than one percent of people with disabilities have a service dog. Yet, if you search for service dog identification, harnesses, and tags on any major online retail site, you'll find thousands of items for those who want to pass their pet off as a service dog.

You can easily spot a fake service dog. It is a fake if the dog is off-leash, on an extendable leash, wearing a choke collar, pulling or tugging the handler, or interacting with you or other dogs.

If the dog does not stay right by the handler, growls, barks, is easily distracted, marks territory, looks frightened, or, in short, does not have a calm, all-about-the-job demeanor, it is most likely a fake.



While this may look like a service dog, the extendible leash attached to a metal collar indicates that it is fake.

Misunderstandings

Emotional support dogs are not service dogs and are not entitled to the same accommodations as service dogs and their handlers.

One paid service dog registry site advertises, "Get Lifetime Registration For Your Pet."

That registration does not make your pet a service dog. There are also classes and schools to self-

train a service dog. While this is legal and possible, you should ensure that your dog is trained to the same standards as dogs from ADI-accredited organizations, or people will spot the difference and believe you have a fake service dog.

An Exception to Every Rule

Some service dogs are trained to get help in an emergency. If a recogniz-

able service dog approaches you and wants your attention, follow it. The dog will take you to its person. Once there, allow the dog to do what it is trained to do, direct your questions to the person if possible, and call 911 if necessary.

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.

FRESH AND LOCAL

Herb and spice pantry

By Penny & Ed Cherubino

Herbs and spices purchased well, stored, and used well can make a tremendous difference in home cooking. We avoid wasting herbs and blends by buying the smallest packages possible from sources with a quick merchandise turnover.

Supermarkets are not the place to buy spices and dried herbs. We prefer to deal with spice merchants like Penzey's in Arlington, Curio Spice Co, and Christina's Spice & Specialty Foods in Cambridge. Online, we prefer a small specialty ethnic or spice site to a mega-retailer.

Out with the Old and Unloved

Home cooks should begin by evaluating their

supply of herbs and spices. Gather all the jars, tins, packets, and containers hiding around the kitchen and test each. How old is it? Does it still have good flavor? Do you have duplicates? Do you still use it, and do you like it? We all have things we bought to try, only to discover they're not to our taste.

Next, choose items you use frequently and plan to keep those near your prep area. For us, this includes three types of whole pepper in grinders: flakey and Kosher salt, Aleppo pepper, and an Italian herb blend for a favorite salad. The rest can be tucked away in cupboards until we need them.

Finally, pull out a trash bag and a giveaway box. Products that are old and lacking aroma and fla-

vor go in the trash bag. Share items you won't use quickly with friends and family who love to cook and experiment, especially those just starting to build their flavor collection.

Masala Dabba

One of the greatest gifts to the world's cooks from Indian culture is the masala dabba or spice box found in most Indian kitchens and often handed down from generation to generation.

Priyadarshini Chatterjee, writing for www.diasporaco.com, said, "On most days, in an ordinary Indian kitchen, the aesthetics of the masala dabba go unnoticed. Its treatment is unceremonious, almost offhand. This apparent nonchalance, however, stems not from



Here are some items from our flavoring collection: small packets of herbs, spices, and blends, salt containers, pepper mills, and a masala dabba filled with Indian food essentials.

irreverence, but instead a deep sense of intimacy and comfort bred by familiarity. The masala dabba is, after all, the sine qua non of everyday cooking in kitchens across the coun-

try. Lifting the lid off the masala dabba is often the starting point for every meal turned out of an Indian kitchen — whether mundane or memorable."

Use More, More Often Another lesson from Indian food is to use spices and herbs with abandon and generosity. If you watch YouTube videos of Indian home cook Chetna Makan, you'll see her add spoonfuls of flavors from her spice collection to a pan to create the base for her dish.

Chetna wakes up the flavor and brings out the essential oils in her spice mix by dry toasting in a

skillet or adding a selection of spices to a small pan of hot oil and pouring it over a finished dish. This technique is called a tadka or chhonk.

Share the Bounty

We share spices and herbs we don't use in large quantities with other cooks. In return, they share exciting finds or items they purchased for a specific recipe. Sharing the recipe is a great bonus gift.

Do you have a question or topic for Fresh & Local? Email Penny@BostonZest.com with your suggestion.

LILIANA AND JORGE PATINO ATTEND 13TH ANNUAL NSLNA GALA IN DANVERS



Liliana Patino (right), Senior Director of Community Engagement and Development of Eliot Community Human Services, and her husband, Jorge Patino, Shelter Site Director in Everett, are pictured at the North Shore Latino Business Association's 13th Annual Gala Sept. 15 at the Danversport Yacht Club.

Advertisement for Girl Scout Cadette Troop 82482 Silver Award Project. It features a large red ribbon graphic on the left and text that reads: 'EVERETT STOP THE STIGMA DAY CITY HALL (FIRST FLOOR) SEPTEMBER 26TH 4-6PM IN COLLABORATION WITH: CITY OF EVERETT EPS Carlo DeMaria Mayor'.