





# Area Planet Fitness locations donate school supplies to local Boys & Girls Clubs

Alder Partners LLC, an independent franchise group of Planet Fitness, owned and operated by the DeMartinis brothers, recently held a school supply drive at their nine Planet Fitness locations throughout the Boston area to support the Dorchester, Plymouth, and Salesian Boys & Girls Clubs (East Boston). Thanks to the generosity of their members and non-members they were able to collect and donate backpacks, pens, pencils, notebooks, markers, crayons, and folders, to help local Boys & Girls Clubs members thrive through the school year. The donation benefited more than 275 children across the three Clubs.

“Many students start

the school year without some of the essential supplies they need to succeed. We are very thankful to all those who contributed, and we look forward to continuing our partnership with the Boys & Girls Clubs,” said Planet Fitness franchisee Stan DeMartinis.

“We look forward to sharing these items with our members as they head back to school next month. Thanks to the team at Planet Fitness for their ongoing support of Boys & Girls Clubs of Dorchester!” said Mike Joyce, Sr. Vice President of Operations at Boys & Girls Clubs of Dorchester.

The local franchise group has always been passionate about giving

back to the communities in which they do business, through multiple backpack and toy drives, events sponsorships, monetary contributions, and building a Mini Judgement Free Zone in the Salesian Boys & Girls Club of East Boston.

Planet Fitness is proud to partner with Boys & Girls Clubs of America as part of the brand’s national philanthropic initiative, The Judgement Free Generation®, which aims to prevent bullying and promote kindness. Since 2016, together with its franchisees, members and partners, Planet Fitness has contributed more than \$8.4 million to support anti-bullying, pro-kindness initiatives.



PHOTO COURTESY ALDER PARTNERS LLC/JOEY PERELLA

Helping the Salesian Boys & Girls Club of East Boston are Planet Fitness Staff Abdi Farah (left) and Maddy Zuniga.

## LOCAL STUDENTS EARN ACADEMIC HONORS

### KYSILOVSKY MAKES CURRY COLLEGE SPRING 2023 DEAN’S LIST

Curry College congratulates Deanna Kysilovsky of Everett who was named to the Spring 2023 Dean’s List.

About Curry College

Curry College, founded in Boston in 1879, is a private, co-educational, liberal arts-based institution located on 131 acres in Milton, Massachusetts. The College extends its educational programs to a continuing education branch campus in Plymouth. The College offers 25 undergraduate majors in specialized and liberal arts programs, as well as graduate degrees in ac-

counting, business, education, criminal justice, and nursing to a combined enrollment of nearly 2,050 students. The student body consists of 1,830 traditional students and nearly 220 continuing education and graduate students. The College offers a wide array of co-curricular activities ranging from 16 NCAA Division III athletic teams to an outstanding theatre and visual arts program. Visit us on the web at [www.curry.edu](http://www.curry.edu).

### TAI NAMED TO DEAN’S LIST AT LAWRENCE UNIVERSITY

Congratulations to Tim Tai of Everett, for making

the 2022-23 Dean’s List at Lawrence University.

The Dean’s List is an annual honor roll of students demonstrating exemplary academic performance. The list is compiled at the end of the academic year once all grades have been recorded.

Lawrence University is a liberal arts college located along the banks of the Fox River in Appleton, Wisconsin. Founded in 1847, Lawrence has an enrollment of about 1,500 students drawn from nearly every state and more than 40 countries. It features a college of arts and sciences and a conservatory of music, both annually ranked among the best in the nation.

# Boston celebrates Latinx Heritage Month with Fiesta in the Plaza

Special to the Times-Free Press

The City of Boston announced the celebration of Latino Heritage Month with Fiesta en la Plaza, a diverse program of cultural activities that will take place over four weekends in the renovated City Hall Plaza.

The program brings together Latin American artists residing in Boston who will delight the audience with musical presentations, comparsas, dance classes, poetry readings, documentaries, and an artists’ panel about Afro-Latin art and culture. The series of events is produced by Ágora Cultural Architects, a company founded and directed by Latin American women, with the support of the Office of Arts and Culture of the Mayor’s Office.

“Our Latin American communities are an integral part of Boston’s vibrant cultural presence, and we honor their contributions during Latinx Heritage Month and beyond. We are excited to announce Fiesta en la Plaza, where Boston residents can celebrate and learn about the diversity of Latin American culture through a variety of programming all month long”, said Mayor Michelle Wu.

Elsa Mosquera-Sterenberg, Ágora’s Principal, explained that Fiesta en la Plaza “invites us to meet friends and families to celebrate everything that unites us. With Fiesta en la Plaza, we evoke that traditional community meeting space that our parents and grandparents had in their towns of origin.” Therefore, the Mayor’s Office of Arts and Culture chose the City Hall Plaza to hold the events.

The opening during the Inauguration Day on September 16 will feature a comparsa by the marvelous Puerto Rican theater group Agua, Sol y

Sereno, famous for being the creators of the “cabezudos” who co-starred in the opening of the 2023 Grammy Awards with Bad Bunny. The artistic parade will include Jorge Arce, Verónica Robles and his mariachi, Claudio Ragazzi’s Jazz Tango, and Eguie Castrillo and his orchestra.

During the following weekends, the public will enjoy the cuatrista Fabiola Méndez and her trio, the presentation of Latin American films by CineFest Latino Boston, music by Clave and Blues, salsa classes, and a conversation between Afro-Latin artists. The month-long celebration will conclude with the presentation of the Venezuelan harpist Eduardo Betancourt.

You can find detailed programming information at [culturalagora.com/fiesta-en-la-plaza](http://culturalagora.com/fiesta-en-la-plaza) and Ágora’s Social Media.

Full Schedule of Events:

**WELCOME FIESTA SEPT. 16, 12 - 7 p.m.**

Jorge Arce - Agua, Sol y Sereno - Eguie Castrillo

Verónica Robles - Claudio Ragazzi

**CUATRO & POETRY SEPT. 22, 7- 9 p.m.**

Poetry reading by Yara Liceaga

Performance by Fabiola Méndez Trio

**SALSA NIGHT SEPT. 23, 6 - 8:30 p.m.**

Salsa Class by El Bonche in Boston

Performance by Clave & Blues

**CINEFEST LATINX BOSTON OCT. 5, 3 - 8 p.m.**

CineFest Latino Extended day

Short films: “De Todo un Poco” (Puerto Rico, US, Panama, Mexico)

Bailora (Documentary, US/Venezuela)

Ariel (Narrative, Canada/Argentina)

### CLOSING FIESTA OCT. 14, 2 - 7 p.m.

Afro Latinx Artists Panel moderated by Newman Fellow Cristela Guerra & Concert by harpist Eduardo Betancourt

The Mayor’s Office of Arts and Culture in the City of Boston enhances the quality of life, the economy, and the design of the City through the arts. The role of the arts in all aspects of life in

Boston is reinforced via equitable access to arts and culture in every community, its public institutions, and public places. Key areas of work include support to the cultural sector through grants and programs, as well as the production and permitting of art in public places. Learn more about the office at [boston.gov/arts](http://boston.gov/arts)

Ágora Cultural Architects is a cultural undertaking founded and led by women with the aim of aiding in the development and visibility of Latino arts and culture. Its objective is to create, empower and promote the sustainability of the movers and shakers of Latin American culture in the United States and Puerto Rico. Ágora does this by providing solutions and optimizing tools so that creators and organizations can reach their objectives. They support organizations to develop audiences, produce events, create audiovisual and literary projects, identify funds, and support professional development. Ágora’s knowledge about the creative and cultural ecosystem of Puerto Rico is supported by the five years that its leader and cofounder, Elsa Mosquera Sterenberg, spent as director of the Villa Victoria Center for the Arts in Boston, MA, during which she led artistic seasons with Puerto Rican representation across a spectrum of various genres.

## CLARIFICATION

The following clarification is for the story that appeared in last week’s edition on Low Vision Group meeting story.

- “John Oliveira, Acting Commissioner for the Massachusetts Commission for the Blind (MCB), Brookline, attended the August 16 Winthrop Low Vision Group meeting at the Robert DeLeo Senior Center to discuss the proposed \$27.1 million FY2024 state budget as well as agency resources, such as occupational therapy and home care assistance.”
- Our main office is in Boston.
- We do not provide home care assistance.

- “Massachusetts Commission for the Blind serves approximately 30,000 visually impaired individuals. Through MCB, those with low vision can join adult support groups, enroll in educational opportunities, gain access to case managers, and partake in social rehabilitation services. Volunteers can assist in reading mail and grocery shopping, as well.”
- The low vision support groups are not operated by MCB. We do provide funding to support the groups and let our consumers know the groups exist, however a person does not need to be an MCB consumer to

attend a low vision support group. The majority of the low vision support groups, including the one in Winthrop, are operated by MABVI. The support groups on Cape Cod are operated by Site Loss Services.

- MCB does not have volunteers who read mail and grocery shop.

The items in red are in reference to the Massachusetts Association for the Blind and Visually Impaired, which is a separate non-profit organization. MABVI is located in Brookline, operates many of the low vision support groups, and has a volunteer program.

## Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
Nguyen, Megan	Raso, Marc A	26-A Victoria St	\$820,000
Carapellucci, Richard C	Sanfilippo Jr Frank Est	28 Hoyt St	\$800,000
Addonizio, Marco G	145 Vernal Street LLC	145 Vernal St #2	\$660,000
Blanch, Katherine	145 Vernal St LLC	145 Vernal St #3	\$685,000

**ERA MILLENNIUM**  
617-389-1101 • 617-784-7500 • [ERAMILLENNIUM@AOL.COM](mailto:ERAMILLENNIUM@AOL.COM)  
[www.ERAmillennium.com](http://www.ERAmillennium.com)

  
Pat Roberto,  
REALTOR Broker/President

## SEND US YOUR NEWS

The Everett Independent encourages residents to submit birth and engagement announcements, news releases, business briefs, honor rolls, social news, sports stories, and photographs for publication. Items should be forwarded to our offices at 385 Broadway, Citizens Bank Building, Revere, MA 02151.

The Independent also encourages readers to e-mail news releases to [editor@everettindependent.com](mailto:editor@everettindependent.com).

The Everett Independent assumes no financial responsibility for typographical errors in advertisements, but will reprint that part of the advertisement in which the error occurs. Advertisers will please notify the management immediately of any errors that may occur.



# Revere’s Andrea Lauria is the new afternoon voice at 104.1

By Melissa Moore-Randall

In July, a new and familiar voice joined the afternoon 104.1 radio team “Gregg and Freddy”. Lifelong Revere resident, Andrea Lauria, is the new on air personality/traffic reporter weekdays from 2-7 p.m. “We share our lives with listeners as well as give away tickets, and we have fun segments for the week including Love Him or List Him, Normal or Not and Oops! Moments. I also provide traffic updates at 3, 3:40, 5, 6, 6:20 and 6:50 for Bostonians hitting the road.”

Lauria admits that after graduation from the University of New Hampshire, she felt lost and was not really sure what she wanted to do. She returned to her former middle school, the Susan B. Anthony Middle School, and worked as a substitute for the year. When summer arrived and school ended, she began researching jobs related to her Communications



Andrea with Gregg and Freddy from the 104.1 Afternoon Show.

major.

“I ended up coming across a job listing for a Promotions Team at Audacy. I didn’t really understand what the job would be like until my first day. I soon realized it was essentially a street team for the radio stations including Mix 104.1, WEEI , Magic 1067, BIG 103. I was thrilled to be doing events around Boston and Gillette for sports events. When I

first started, I found out that the morning show was looking for a traffic reporter to join the show as the previous one had just left. Even though it was only my first week I asked for the opportunity to audition. I auditioned for the morning show “Karson and Kennedy” but sadly did not get the job. I continued to work for the street team as well as substituting at the school.” Despite be-

ing disappointed, Lauria knew she had found her passion with radio and was not ready to give it up.

“I put my trust in the universe and hoped there was a reason for me not getting it. My sister Kayla asked me if I wanted to backpack around Europe for a month. Since I was unsure of my future, I decided to do it. It was an amazing experience, and I’m so glad we did it. When I got back I continued working both jobs with a new found inspiration from my travels. I was willing to try anything and put myself out there and started taking acting classes at Boston Casting. I knew I wanted to have a job in some form of the entertainment industry, music or film.”

In May while working at a Taylor Swift event for Mix 104.1, Lauria, a graduate of Revere High School, was asked to do an interview with Gregg, Freddy and Danielle Peroni (from Revere). “They thought I did a re-

ally good job. Danielle was leaving the show, and they were looking for a new traffic reporter and asked if I wanted to audition. I had to wait while they auditioned others, but on June 30th I got the call that I got the job! I was thrilled, nervous and excited.”

“I felt incredibly lucky to have another chance. For the future I am just

excited to get more comfortable with my new position and just have fun! I’m blessed to have such a fun, amazing job, and I couldn’t be more grateful.”

Andrea is the daughter of Revere Police Officer Andrew Lauria and Stephanie Demarco and sister of Drew, Dante, Zoey, and step sister Kayla Parlante.

## Encore / CONTINUED FROM PAGE 1

only a partner, but a community member,” said Costa. “I’d like Encore to become involved in a collaboration with the city in solving the affordable housing situation.”

Costa did commend Encore Boston Harbor Public Relations and Community Relations Director Beth Gibbons for her efforts in reaching out to the community and becoming a highly visible presence in the city.

“Beth has been great li-

aision from Encore to our city,” said Costa. “She was particularly helpful in connecting Encore with our local non-profit food distribution outlets. To her credit, Beth arranged for the shipment of extra meals to our non-profits and they were able to distribute them to our resident. Beth has worked hard and we as a city are grateful for her efforts. We look forward to Encore’s continued partnership in all aspects of our city.”

## Cohen named Special Agent in Charge of the Boston Field Office

Director Christopher Wray has named Jodi Cohen as the Special Agent in Charge of the Boston Field Office. Ms. Cohen most recently served as the Special Agent in Charge of the Louisville Field Office in Louisville, KY.

Ms. Cohen joined the FBI as a Special Agent in 2005 and was assigned to the New York Field Office, where she investigated white-collar crime and health care fraud. She also worked violent crime



Jodi Cohen.

matters on the Safe Streets Task Force.

In 2014, Ms. Cohen was promoted to Supervisory Special Agent and reported to the Washington Field Office to provide support to national security and criminal covert operations. In 2018, Ms. Cohen was selected as the Assistant Special Agent in Charge of the Criminal Branch in the Seattle Field Office.

In 2017, Ms. Cohen served as a team leader in the Inspection Division at FBI Headquarters

in Washington D.C. She oversaw agent-involved shooting investigations, national program reviews, and field office inspections.

In 2020, Ms. Cohen served as the chief of staff for the executive assistant director and section chief in the National Security Branch of FBI Headquarters. In 2021, Ms. Cohen was promoted to Special Agent in Charge of the Louisville Field Office.

## NORTH END CELEBRATES FISHERMAN’S FEAST



PHOTOS BY DEREK KOUYOUJIAN

The historic neighborhood of Boston’s North End celebrated the Fisherman’s Feast on August 17-20. The Madonna del Soccorso is led from Parmenter Street to Hanover Street.



Members of St Peter’s Drum Corps from Torrington CT march down Cooper Street.



Joanne Capodilupo from L’Osteria Restaurant came out to put a ribbon on the statue of the Madonna del Soccorso.



Gloria and Clara Sweet with Kali Johnson are equipped for the summer heat with their lemon slushes.

**- LEGAL NOTICE -**  
**CITY OF EVERETT**

**ZONING BOARD OF APPEALS**  
**484 BROADWAY**  
**EVERETT, MASSACHUSETTS 02149**  
**PHONE 617-394-2498 FAX 617-394-2433**

To Whom It May Concern:

This notice is to inform you that a public hearing will be held on Monday September 18, 2023 at 6:00 PM, Everett City Hall, 3rd Floor George Keverian Hearing Room. All interested parties may attend and opinions will be heard regarding the following petition. Whereas a petition has been presented by:

Property Address:

Property Address: 533-535 and 537-539 Ferry Street and 9-11 Rich Street

Map/Parcel:

Building Permit #:

Zoning District: Business

Property Owner: Anthony DiPiero and Ciriaco DiPiero

PROPOSAL:

To combine the subject properties, demolish the existing buildings and construct a

single mixed-use building containing 2,312 s.f. of first-floor commercial space and thirty residential apartments on the second, third and fourth floors. Reason for Denial:

The project seems to comply with all dimensional requirements in the Business District except for a portion of the rear setback, which will be 4.1 feet rather than 25 feet, as required under Section 6(B) (6).

Please also note that the project will require site plan review (Section 19) and compliance with the Transportation Demand Management Ordinance (Section 35).

**MARY GERACE –**  
**Chairman**

**Roberta Suppa –**  
**Clerk of Board of Appeals**

**August 30, 2023**  
**September 6, 2023**

## Everett Arts & Culture Events

**EVERETT CULTURAL COUNCIL GRANTS Local Cultural Funding Cycle from the Mass Cultural Council opens September 1. The ECC wants to get you money for your arts & cultural programming!**

To get started go to: <https://massculturalcouncil.org/communities/local-cultural-council-program/>. Follow the Everett Cultural Council on Facebook and Instagram for upcoming grant workshops.

**Art Lab - Print with Sioux**  
Thursday, September 7, 6:30-8:30PM.  
Join us at Art Lab for a session in gel plate printing. No experience necessary. Learn to create your own unique prints that you can frame and hang. Grab a friend and have fun discovering your own creativity.  
Go to [artsforeverett.org](https://artsforeverett.org) to sign up.

**CALL TO ARTISTS!**  
**Artists Group of Charlestown Wild New England -Oct 6-22**  
**at the StoveFactory Gallery**  
*info:www.artistsgroupofcharlestown.com*

## Mammograms Save Lives.

All women over 40 should have a mammogram once a year. Breast cancer found early offers the best chance to be cured. Free or low cost mammograms are available.

For more information and answers to any of your cancer questions, contact us any time, day or night.

**www.cancer.org**  
**1.800.ACS.2345**  
Hope. Progress. Answers.®



# Everett Independent

President: Stephen Quigley  
Editor in Chief: Cary Shuman

## ENJOY A GREAT -- AND SAFE -- LABOR DAY WEEKEND

With the weatherman predicting a superb Labor Day weekend (as we’re writing this), we hope that all of our readers will have a chance to make the most of the final weekend of the summer season.

Although the Summer of ‘23 overall has been a bit on the rainy side (which was great for our gardens and lawns), it nonetheless had plenty of perfect days that we hope created memories that will last a lifetime for our friends, families, and ourselves. The coming Labor Day weekend promises to give us one final opportunity to enjoy the outdoors in whatever way we choose.

However, as always, we urge our readers to do so safely, not only for ourselves, but also for our family members, friends, and loved ones, whether we are on land or on the water.

Just a few weeks ago we wrote about the spate of tragic accidents that befell the Boston area --- and sure enough, tragedies have continued in the weeks since.

None of us wants to be a tragic statistic, and that means making sure that both we ourselves and those around us do not overindulge in alcohol. Yes, accidents do happen, even under the best of circumstances, but generally speaking, no one ever gets hurt by being sober. It’s when two beers become four or more that the chances for a tragedy increase exponentially.

We wish all of our readers a happy -- and safe -- Labor Day weekend.

## SCHOOL’S BACK -- DRIVE WITH CAUTION

With schools going back in session this week and next after the summer vacation, morning rush-hour commuters need to readjust our driving habits to ensure that we take into account the thousands of children who will be filling our streets during our morning commute.

We’ll admit that school buses, school crossing guards, etc. are a pain in the neck, especially if we’re running a bit late on our way to work.

But that is no excuse for ANY sort of driving behavior that does not take into account the safety of the children in our communities.

Every morning commuter needs to be a patient and defensive driver, especially in the first few weeks of school, when youthful exuberance typically results in kids dashing out into the street to greet friends for the start of the new school year.

Each of us is responsible not only for our own safety, but also for the safety of others when we are behind the wheel of a motor vehicle -- and that is doubly true when school is back in session.

## THIS WEEK’S SHOOTINGS SPREAD LIKE WILDFIRE ACROSS AMERICA

Mass shootings have become all-too commonplace in America. But even by our nation’s uniquely violent standards, the multiplicity of shootings that spread across the country like a tornado-driven wildfire this past weekend was mind-numbing.

First there was the shooting last Thursday night in a bar in California by a former police sergeant, who shot and killed his ex-wife and several others, in an apparent fit of domestic rage.

Then on Friday evening, there was the shooting at a high school football game in Oklahoma that claimed the life of a 16 year-old boy.

A few hours later, the rampage of shooting jumped east to Boston on Saturday morning, when gunfire among a group of young men left seven persons injured in the vicinity of the annual Caribbean Festival in Dorchester.

A few hours later, the inferno of tragedy veered south with the news from Maryland that a 34-year-old man shot his mother, cousin, and nephew before turning the gun on himself.

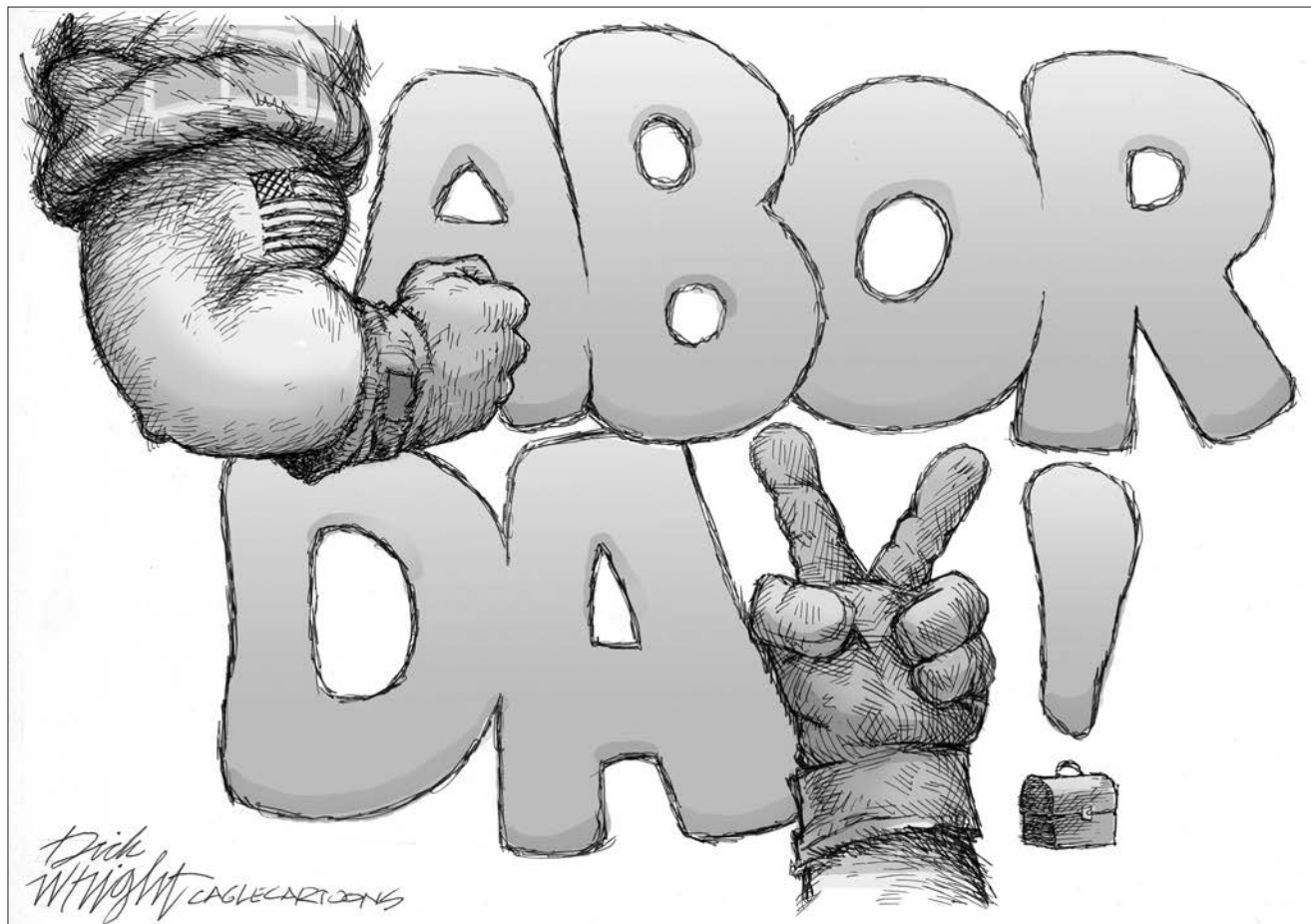
And then came the reports Saturday afternoon from Jacksonville, Florida, of the race-motivated shooting by a 20 year-old white supremacist (who espoused Nazi-style views) in which he targeted and killed three Black persons in a Dollar General store with an AR-15.

The spate of gun violence in a 48-hour period this past week demonstrated that no part of America is immune to the tragic consequences of our gun culture -- and as long as Republican lawmakers are beholden to gun owners’ groups and refuse to pass even common-sense gun safety legislation, there will be no end in sight to the sort of senseless and horrific shootings that ripped across America this past weekend.

The Everett Independent reserves the right to edit letters for space, accuracy and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Everett Independent publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Everett Independent.

Text or attachments emailed to editor@everettindependent.com are preferred.

# Independent Forum



## NEWS IN BRIEF

### CITY OFFICES CLOSED MONDAY, SEPT. 4 AS EVERETT OBSERVES LABOR DAY

Trash will be delayed by one day.

City offices will be closed to the public on Monday, Sept. 4, as Everett observes the Labor Day holiday. City offices will re-open on Tuesday, Sept. 5, and City Hall will have extended hours for residents (8 a.m. to 7:30 p.m.).

Observed the first Monday in September, Labor Day is an annual celebration of the social and economic achievements of American workers.

Monday’s observance will delay trash, recycling and yard waste pickup by one day. Please place your trash and recycling barrels and yard waste neatly on the sidewalk on the day after your regularly scheduled pickup for this week only.

If you have any questions, please call our Constituent Services Department by dialing 311 or 617-394-2270.

### SPECTACULAR BRIDGES GRACE STAMPS

The U.S. Postal Service issued four new Presorted First-Class Mail stamps featuring striking photographs of bridges. The structures range from modern to historic, pedestrian to car-carrying, and all are important landmarks in their communities.

The Bridges stamps are intended for business mail users and are sold in self-adhesive coils of 3,000 and 10,000. Use of these stamps requires a special permit and a minimum quantity of 500 letters.

The stamp art features four bridges completed between 1938 and 2022: the multi-span steel through arch Arrigoni Bridge connecting the Connecticut municipalities of Middletown and Portland; the S-curved cable-stayed Bob Kerrey Pedestrian Bridge between Council Bluffs, IA, and Omaha, NE; the steel truss Skydance Bridge topped by a public sculpture in Oklahoma City; and the basket-handle twin arch Iowa-Illinois

Memorial Bridge connecting Bettendorf, IA, and Moline, IL.

Bridges are among the oldest structures created by humans. In ancient times, simple slabs of stone spanned slow moving rivers. And in modern times, concrete and steel are used to cover vast distances. While the materials and designs have evolved from utilitarian structures to engineering marvels, bridges remain integral parts of American life, with over 600,000 bridges in the United States. The construction of bridges is a way to reinvigorate communities economically as well as create landmarks of regional pride. Many modern bridges are designed for use by cyclists and pedestrians as well as motorists, capturing the imagination of human possibility.

Whether simply improving transit or vibrantly lighting the night with color-changing light displays, bridges remain vital connectors drawing together people, cities and the nation.

Ethel Kessler, an art director for USPS, used existing photographs to design these stamps.

### SUICIDE PREVENTION AWARENESS MONTH

September is Suicide Prevention Awareness Month, a crucial time to raise awareness, remove stigmas, and provide education about suicide. Having conversations about suicide is important because it reduces the stigma associated with the topic. By allowing for more open and honest communication, individuals with suicidal ideations can feel more empowered to seek help and are less likely to feel alone. Currently, suicide is the 11th leading cause of death in the United States. For ages 10-44, suicide is the second leading cause of death.

Anyone can participate in Suicide Prevention Awareness Month. There are activities that individuals, schools, offices, churches, and all types of organizations can conduct to bring awareness to suicide prevention.

Visit [www.jasonfoundation.com](http://www.jasonfoundation.com) to download

our Suicide Prevention Awareness Month Informational Packet. Look for Suicide Prevention Month under the How to Get Involved tab. Within the packet, there are ideas on how businesses, schools, religious institutions, athletic organizations, and even your family can become involved in spreading the message of suicide prevention.

Also, on the Suicide Prevention Month page you can click on #IWONTBESILENT to learn about The Jason Foundation’s campaign to reach as many citizens as possible with the positive message that suicide is preventable and enable those citizens to reach out for help for their loved ones and friends. You can download signs, brochures, flyers, and stickers to display. There is even a user guide to help you plan for the month-long campaign.

The Jason Foundation believes that education is the key to prevention. Our nation should be familiar with the warning signs associated with suicide, suicide facts and statistics, and how to find help for those at risk. Suicide can be preventable. To-

gether, we can save lives. You may even save your co-worker, friend, neighbor’s child, a relative, or even your son or daughter. Are you up for the challenge?

### POST OFFICE WILL BE CLOSED TO CELEBRATE LABOR DAY

Postal Service employees across the commonwealth will celebrate Labor Day as all Post Offices will be closed on Monday, September 4, 2023. There will be no delivery of mail on the Labor Day, with the exception of guaranteed overnight parcels. Full retail and delivery services will resume on Tuesday, September 5, 2023.

As we celebrate our nation’s labor force, if you’re considering a new career or looking for work visit [www.usps.com/careers](http://www.usps.com/careers) and you can search, by state, for available jobs near you. As the Postal Service’s Delivering for America Plan transforms USPS into the premier shipping provider in the nation, we need your help moving the nations mail and are currently hiring for positions in your area.

# Everett Independent

Published by the Independent Newspaper Group

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# Flores announces captains of the Everett High School football team for 2023 season

By Cary Shuman

Everett High School head football coach Justin Flores has announced that five seniors have been elected captains of the 2023 team.

The new leaders of the Crimson Tide are Aidan Duclos, Christian Zamor, Jayden Prophete, Pedro Rodriguez, and Domenic Papa.

“We’re very pleased with the selections for captains that will be leading our team this season,”

said Flores, who is beginning his first season as head coach.

Flores reported that 75 players – an excellent turnout – are participating in pre-season practices.

**Everett plays Peabody in scrimmage Friday**

The Crimson Tide will travel to Peabody for a scrimmage Friday at 4 p.m. Everett was set to host Mansfield Tuesday at Della Russo Stadium.

Everett, who is ranked No. 11 in the Boston

Globe preseason Top 20 poll, will play No. 3-ranked Xaverian in the regular season opener Friday, Sept. 8 at the Hawk Bowl in Westwood.

“They have a really good quarterback and wide receivers,” said Flores. “We’ll have our hands full. It will be a good challenge to start the season.”

**Rodriguez gets nod at QB**

Carlos Rodriguez, a junior, is the likely starting quarterback for Everett. Matt LaMonica and Damien Lackland lead a deep field of running backs.

BC-bound Christian Zamor will be a two-way starter at linebacker and wide receiver. Safety Jayden Prophete headlines a strong contingent of defensive backs.

**New coaches named to staff**

Flores has welcomed some new coaches to his Everett staff. Holvin Pena will be the assistant head coach and quarterbacks coach. Oscar Flores will be the new receivers coach. Chuck Leo, a prominent Everett youth football coach and the father of former Globe Player of the Year Gennaro Leo, will be the freshman head coach and a varsity assistant. Bobby Goss has also joined the staff in an assistant coach’s role.

## NEW SEASON, NEW COACH FOR EVERETT FIELD HOCKEY

The Everett High field hockey program will be under the direction of a new head coach this season.

Sabrina Wright, an EHS grad (Class of 2015) who played for four years with the Lady Crimson Tide program (including the memorable 2014 squad that qualified for the state tourney for the first time for the program in 15 years,) succeeds Melissa O’Donnell, who stepped down from the post in the off-season.

Nicola Jones and Taylor Woodbury will assist Wright with the coaching duties.

“In addition to field hockey, I also played other sports in high school, but field hockey has always been my number one,” said Wright, who played for a year at UMass-Dartmouth before transferring to Suffolk University. “It’s always been my dream to come back to EHS and give back to this school and community.”

Members of the 2023 varsity roster are: seniors Taisha Alexandre, Stephany Desouza, Isabella Barbosa, and Malalica Guilaume; juniors Jasmine Salvador, Ricardo Contreras Chacon, Caden Sylva, Meghan Currie, Luiza Velev, Jonathan Scioletti; sophomores Jasmin

Thrower and Lindsey Sylva; and freshmen Justin Contreras Chacon and Wilins Julien.

“We have a very small team, so we are actively looking for new players,” Wright added. “Looking forward as head coach, it’s my goal to expand the program to 8th graders and next spring I am trying to start a youth program in the city of Everett so that in the future we have players coming on who already have an idea of how the game is played.”

Wright and her crew are set to open their season next Wednesday (September 6) with a contest at home against Waltham at 7-Acre Park. With only two other Greater Boston League (GBL) schools (Revere and Malden) fielding a field hockey program, Wright and her crew arguably face the most challenging schedule of all of the EHS fall sports teams.

They will face GBL foes Malden and Revere twice each, with the balance of their 17-game schedule against a number of non-league opponents, including Waltham, Haverhill, Northeast Regional, Wakefield, Greater Lowell, Melrose, and Peabody.

next Tuesday, with the boys hosting Somerville at 7-Acre Park at 4:15 and the girls traveling to Somerville.


The boys will play an 18-game schedule consisting of 14 matches against their seven Greater Boston League (GBL) rivals (Somerville, Malden, Medford, Chelsea, Revere, Lynn Classical, and Lynn English) and four non-league tilts vs. Greater Lowell Tech (twice), Belmont, and B.C. High.

The girls have a 17-game schedule. In addition to the 14 contests with their GBL foes, the Lady Crimson Tide will meet non-league opponents Cambridge Rindge & Latin, Lowell High, and Stoneham.

## EHS VOLLEYBALL TEAM OPENS ITS SEASON WEDNESDAY

The Everett High girls volleyball team will open its 2023 campaign next Wednesday (September 6) with a contest at Greater Boston League (GBL) rival Revere.



The Lady Crimson Tide will tackle a 15-game schedule, playing each of their seven GBL foes (Somerville, Malden, Medford, Chelsea, Revere, Lynn Classical, and Lynn English) twice each with one non-league contest with New Mission High School of Boston at the end of the season.



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A SHORT STORY ABOUT GROWING UP WITH AN UNFAIR ADVANTAGE.

POLIO.


As one of the last American children to contract polio, Jeffrey Galpin grew up in a world of iron lungs and body casts, alone with his imagination. His story would be dramatic enough if it was just about his battle with this dreaded disease.

But Jeffrey Galpin did more than survive polio. He went on to a list of achievements in medical research—including being the principal investigator in applying the first gene therapy for HIV/AIDS.


Dr. Galpin actually credits his own incurable condition for giving him the focus that made him so passionate in his research. His story leaves us with two of the most contagious messages we know. Don’t give up, and remember to give back. If Dr. Galpin’s story inspires just one more person to make a difference, then its telling here has been well worth while.



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**SCAN ME**



FRESH AND LOCAL

Eat more cucumbers!

By Penny & Ed Cherubino

Have you ever thought of packing mini cucumbers for snacks when hiking or going to the beach? Why? Because cucumbers are around 95% water and great for hydration. Put them in the cooler if you have one along. Cold, crisp, crunchy cukes are refreshing.

Cucumber Choices

We no longer buy waxy, common cucumbers with many large seeds, which add a slightly bitter taste. To enjoy these cukes, peel them and scrape out the seeds with a spoon before slicing. Like many people who have contributed to the growing popularity of the newer varieties on offer over the past few years, we now buy those more often.

Other Types of Cucumbers

Individually shrink-wrapped to prevent moisture loss, English cucumbers have thinner skin, don't need to be peeled, are sweeter, have few-

er smaller seeds, and are called burpless. Bumpy Kirby cucumbers are perfect for pickling, resulting in a crunchier end product.

You may have enjoyed lemon cucumbers from farmers' markets during the summer. Those are an heirloom variety that dates back to the 16th Century. They are traditionally popular with Indian cooks who use them in dals and chutneys.

Most of the time, we buy tiny Persian cucumbers. The Persian variety is extra sweet because growers pick them before the bitter seeds fully develop. Its miniature form slices into bite-size pieces or small spears that absorb flavors quickly and are perfect for quick pickle recipes.

Cucumber Trivia

According to the University of Missouri, "Native to India, cucumber is another of our most ancient vegetables. Cave excavations have revealed that cucumber has been grown as a food source for

over 3000 years."

There are close to 100 cucumber varieties. Cukes are part of the gourd family. While we treat them as vegetables, cucumbers are a fruit, like their salad companions, tomatoes.

Yogurt and cucumbers make a great, quick sauce or dip. Think of Indian raita and Greek tzatziki. The most popular raitas are a mixture of yogurt, cucumber, and mint. Sometimes raita is a cooling counterpoint, but occasionally we add chili to make it a zesty addition to a milder dish.

We usually eat cucumbers cold, but you can cook them. We love a spicy pork lettuce wrap recipe that "Wok Guru" Grace Young created for Weight Watchers. You stir-fry ground pork, ginger, and red bell peppers and add a mixture of hoisin, sriracha, and soy sauce. Finally, add diced cucumber and sliced scalions, toss, and serve in a crisp lettuce leaf.

A mini cuke has only ten calories, making them an asset for weight con-



One of our favorite stirfry dishes adds cucumbers to spicy pork in a recipe that cookbook author Grace Young created for Weight Watchers.

trol. WebMD notes that in addition to hydration, cucumbers help you stay regular and avoid constipation, contain vitamins K and A, and antioxidants. They present little risk besides the pesticides and wax some growers use on them if you don't buy organic ones.

Over the years, cucumber slices have also been used on the skin to treat minor burns and reduce

eye area redness and puffiness.

Buying and Storing

When you buy cucumbers, choose those that are firm and have even and brightly colored skin. Yellowing is a sign that the cucumber is starting to overmature unless it is a yellow variety.

We've recently stopped storing our cucumbers in the crisper after reading

that they are very susceptible to the ethylene given off by other produce. We find they last longer wrapped on a refrigerator shelf. Some food writers suggest you store cucumbers on the counter like their pals, tomatoes.

*Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.*

Lyric Stage Boston presents Assassins production

A highly anticipated production of Stephen Sondheim's Assassins opens Lyric Stage Boston's 2023/24 season with an astonishing cast of Boston area artists performing this electrifying theatrical gem with Direction by Courtney O'Connor, Music Direction by Dan Rodriguez, and Choreography by Ilyse Robbins.

With the American dream out of reach, nine of the most notorious figures in our nation's history ignite a chain of monumental nightmares. The white picket fence is set on fire in Stephen Sondheim and John Weidman's tragically funny and unnerving musical which peers inside the shattered minds of presidential assassins (both successful and failed) from John Wilkes Booth to John Hinckley, Jr. This gallery of historical misfits jolts us into their blurry points of view with unapologetic humor, fiery anthems, carefree tunes, and unbridled energy that boldly blurs the lines between ambition and madness.

Director Courtney O'Connor says, "Stephen Sondheim's dark masterpiece speaks perhaps even more to audiences today than when it was written over 30 years ago. In a divided country where people are screaming to be heard, it is a prescient reminder that the past can also be a roadmap of the future. I look forward to working with the brilliant Dan Rodriguez and this incredibly talented company of artists to share this deeply complex and complicated American story."

Performances begin Friday, September 15, and run through Sunday, October 15.

History of the Lyric Stage Company of Boston Founded in 1974 and in residence at 140 Clarendon Street since 1991, Lyric Stage Company is Boston's longest-serving resident theater company. Its mission is to produce and present live theater in Greater Boston with an intimate approach that promotes inclusivity and connection. The Lyric Stage leads an effort to integrate

live theater and theater education into the lives of all residents of greater Boston.

Lyric Stage and Beacon Communities, LLC, the owners of 140 Clarendon Street, have agreed that the building will be Lyric Stage's "forever" home, ensuring that the theater will remain a vital and essential part of the cultural fabric of the city.

In partnership with Beacon Communities, LLC, Lyric Stage will continue its commitment to improving the lives of Bostonians alongside a partner who shares those same values. With the partnership of Pine Street Inn, 111 of the units in the building will become supportive housing for people exiting homelessness. The combined energy of Beacon's supportive services alongside one of the city's cultural gems makes 140 Clarendon a paragon of two institutions coming together to make the city a better place for its residents.

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# A Is for Apple

(and Amazing, Appetizing, Apple-icious Recipes)

FAMILY FEATURES

Crisp, juicy apples are one of this country’s favorite fruits. Fresh and whole, sliced up with dips or baked into treats — there are hundreds of ways to enjoy a good apple. And there are a dizzying number of varieties to choose from.

The Jazz apple is a fairly new kind of apple with a tangy-sweet taste and a resounding crunch. This all-natural Royal Gala and Braeburn cross is available in a wide range of sizes, making it easy to find just the right one for the kids’ lunch boxes or for adding to a fresh salad. Its firm texture holds up well to baking, too, adding new life to old favorites like apple pies, crisps and tarts.

These apple-icious recipes take advantage of Jazz’s unique flavor and will earn a place on your list of favorites, too:

- Get jazzed about salsa with Chilled Out Apple Salsa — a sweet and sassy combo that’s great for dipping or topping your favorite quesadillas.
- Tender greens, Jazz apples, hazelnuts and bleu cheese topped with balsamic vinaigrette will have guests singing the praises of Rae Ann’s Jazz & Blues Salad.
- With a name like Jazz, how could there not be a recipe for New Orleans Beignets? Serve these with your favorite coffee for a morning treat or an after-dinner riff on dessert.

Available in limited amounts worldwide since 2003, Jazz apples from Enza are now grown in both Washington and New Zealand, making them available the entire year — from November to April from the Pacific Northwest, and May to October from the fruit bowl of the Pacific. Grown by a limited group of the world’s finest apple growers, Jazz apples are grown under stringent standards to ensure the same great flavor in every apple. And their incredible shelf life means you can keep them in the fridge for up to a month and enjoy their delicious difference for a long time.

For more recipes and additional information on Jazz, visit [jazzapple.com](http://jazzapple.com). See what people are saying on Twitter at [twitter.com/jazzapple](https://twitter.com/jazzapple) and Facebook at [facebook.com/jazzapple](https://facebook.com/jazzapple).

Chilled Out Apple Salsa

- 2 Enza Jazz apples, cored and diced
- 2 cups tomatoes, peeled and diced
- 1 celery stalk
- 1 onion, diced
- 1 green pepper, diced
- 1 1/2 teaspoons salt
- 1 tablespoon cider vinegar
- 1 tablespoon sugar
- 1 green chili pepper, chopped

Combine all ingredients; if finer texture is desired, put through food grinder using fine blade. Cover tightly and chill overnight. Serve with chips or as a topping for cheese quesadillas, tacos or nachos.

An Apple a Day ...

Recent studies have shown that apples can be a vital force in preventing cardiovascular disease, asthma, Alzheimer’s, cancer and obesity. A medium-sized apple is a good source of dietary fiber, and has flavonoids that may improve memory and learning, according to The Journal of Nutrition Health and Aging.

New Orleans Beignets

- Makes 15 beignets
- 1 whole egg
  - 3 tablespoons superfine sugar
  - 1/2 cup milk
  - 1/4 teaspoon vanilla extract
  - 3/4 cup flour
  - 1/4 teaspoon salt
  - 1/4 teaspoon ground cinnamon
  - 2 Enza Jazz apples, cored and sliced into matchsticks
  - Oil for deep frying
  - Confectioner’s sugar for dusting

Separate egg and mix yolk with 2 tablespoons sugar. Stir in milk, vanilla and dry ingredients and mix until smooth. Leave batter mixture to rest in the fridge for 20 minutes.

Whisk egg white to form soft peaks. Gradually whisk in remaining sugar. Gently fold egg whites and apples into batter.

Heat deep frying oil to a high heat (340°F). Spoon small scoops of batter carefully into oil. Cook until golden on each side. Lift out and place on paper towels to drain. Dust with confectioner’s sugar and serve immediately.

Recipe courtesy of Chef Geoff Scott

Rae Ann’s Jazz & Blues Salad with Balsamic Italian Vinaigrette

- Makes 4 servings
- 1 package baby greens salad mix
  - 2 medium sized Enza Jazz apples, skin on, cored and diced into large chunks
  - 1 cup crumbled bleu cheese
  - 1 cup crushed hazelnuts
- Balsamic Italian Vinaigrette:*
- 1 1/2 teaspoons Mrs. Dash (or similar)
  - 1 1/2 teaspoons garlic salt
  - 1/8 teaspoon dried parsley flakes
  - 1/8 teaspoon garlic powder
  - 1/16 teaspoon onion powder
  - 1/16 teaspoon oregano
  - 1/8 teaspoon basil
  - 1/8 teaspoon paprika
  - 3/4 teaspoon sugar
  - 1/16 teaspoon pepper
  - 3 tablespoons water
  - 1/2 cup oil
  - 1/8 cup red wine vinegar
  - 1/8 cup balsamic vinegar
  - 1/2 tablespoon fresh garlic, minced (optional)

For vinaigrette, combine dry ingredients in a sealable plastic bag and shake vigorously. Mix water, oil, vinegar and garlic in a salad dressing cruet or a blender. Once well mixed, add blended dry ingredients and shake or mix vigorously.

In salad bowl, lightly dress baby greens; mix with the vinaigrette. Add apples, bleu cheese and hazelnuts, and gently toss salad until well mixed. Serve immediately.





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24-19 Island End River  
Flood Resilience Project  
(IERFRP) Request for  
Proposals RFP  
The IERFRP is a collab-  
orative effort between  
the Cities of Everett and  
Chelsea to prevent coast-  
al storm surge flooding  
from the Island End  
River ("IER") across a  
500-acre floodplain that  
impacts more than 5,000  
residents, 800+ buildings  
and 11,000 jobs in  
southeast Everett and  
southwest Chelsea.  
The Cities are working to  
construct a coastal storm  
surge barrier, storm  
surge control facility,

nature-based solutions  
along the riverfront, and  
related amenities at the  
Island End River ("IER").  
The approximately  
9.5-acre Project Site is  
currently composed of  
a mix of commercial  
and industrial uses and  
supporting roadway and  
utility infrastructures.  
The existing banks of the  
river are highly degraded  
by legacy industrial  
uses and are comprised  
of hardened slope  
stabilization measures  
and littered with debris.  
This Project will construct  
approximately 4,640  
linear foot ("lf") of storm  
surge barrier, approxi-  
mately 2,900 square foot  
("sf") of underground  
storm surge control  
facility, approximately  
50,000 square feet of  
nature-based solutions  
along the riverfront, and  
associated wetland and  
public access improve-  
ments along the IER.  
A successful applicant

would demonstrate  
expertise and collabo-  
rative work on complex  
infrastructure projects,  
including preparation of  
studies, constructability  
reviews, conceptual esti-  
mating, value engineer-  
ing, and life-cycle cost  
analysis. Additionally, we  
are looking for an inno-  
vative approach to con-  
struction methodology,  
phasing and construction  
execution to minimize  
both costs and impacts  
to stakeholders in a busy  
industrial area with high  
vehicular traffic.  
The RFP are due to the  
Purchasing Department  
by September 18, 2023  
at 1 pm.  
This contract will be  
awarded under M.G.L.  
30B.  
The City reserves to  
award or reject all  
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Daniel R. Scarpaci of  
Everett entered into eter-  
nal rest on Friday, August  
25 in the Massachusetts  
General Hospital follow-  
ing a brief illness. He was  
63 years old.  
He was born in Everett  
and lived here most of his  
life. He had a Bachelor of  
Arts Degree in Education.  
Danny was the former  
proprietor of Universal  
Screening and Danny  
Scup's Place.  
The beloved son of the  
late Anthony and Yvonne  
T. (Vacca) Scarpaci, he  
was the devoted father  
of Amber Jean Scarpaci,  
loving brother of Ann Ma-  
rie Connors and her hus-  
band, Daniel of Saugus  
and the late Michael Scar-  
paci. He is also lovingly  
remembered by his cous-  
in, Stephanie DiPlatzi and  
also by his former wife,  
Ellen Dimond and Am-



ber's sister, Chelsi Brielle  
Dimond and many nieces  
and nephews.  
Relatives and friends  
are respectfully invited to  
attend Danny's visitation  
in the Cafasso & Sons  
Funeral Home, 65 Clark  
St. (Corner of Main St.)  
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tember 2 from 9 to 10:30  
a.m. with a funeral home  
service to follow the visi-  
tation. Burial will be pri-  
vate.

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CHURCH News

Mystic Side Congregational Church

News and Notes

Mystic Side Congregational Church is located in Everett, on Malden-Everett border, at 422 Main Street. We offer a warm, inviting atmosphere, and all are welcome. Our Sunday Church service starts at 10:30 a.m. and Communion is offered on the first Sunday of each month. A very pleasant coffee hour

and socializing follow our services. Parking is available in our lot next to the church on Wyllis Ave. (one way off Main Street). We look forward to welcoming you this Sunday.

**Mystic Side  
Congregational Church**  
422 Main Street  
Everett, MA

Immaculate Conception Parish

News and Notes

Our Parish Staff: Rev. Joseph Chacha Marwa, S.M.A. Administrator, Rev. Gustavo Buccilli S.M.A Parochial Vicar, Barbara Canon Secretary, Parish Secretary.

Weekly Mass Schedule  
ate the Immaculate Conception Parish is as follows:

- 1: Monday-Saturday at 7:00a.m. in the Chapel.
- 2: Saturday at 4:00p.m. (Sunday Vigil) and at 7:30p.m. Vietnamese Mass Upper Church.
- 3: Sunday at 7:00a.m. and 10:00a.m. English Masses. At 12:00p.m. Spanish Mass and 4:00p.m. Haitian Creole Mass.
- 4: Confessions are on Saturdays from 3:00-3:45

at the Confession Boots in the Chapel, and at 11:15 a.m. 12:00p.m. in Spanish.

5: Adoration of the Blessed Sacrament at the Chapel on Thursday from 7:30 a.m.-6:00 p.m.

Bring a Book buy a Book a new Fundraiser Program at the back of the Church. All books are a dollar. Any money collected goes to our Stain Glass Fund. You are most invited to make a donation for this course. Most welcome to worship with us on Sunday and weekdays. Thank You.

**Immaculate Conception Parish**  
489, Broadway,  
Everett MA 02149 Phone  
Call 6173895660

Zion Church - Everett

News and Notes

Bishop Robert G. Brown and Zion Church Ministries invites you to join us every Sunday at our 10:00 a.m. Worship Service for a time of worship, praise and preaching, at 757 Broadway, Everett, MA. You can also join

Zion Church Ministries via livestream on Facebook and You Tube.

For more information, they can be reached online at zionchurchministries.com or via email at office@zionchurchministries.com.

Glendale United Methodist Church

News and Notes

Glendale United Methodist Church is open to all and we welcome people of all faiths, race, nationalities, and sexual preference. No one is ever turned away. If you are looking for a new home church, we would like you to check us out and let us know what we can do to make church a better fit in your life.

Bible Study: Consider joining us for Bible study on Sunday. We meet in the Church Parlor off the Chapel from 9:30 to 10:00 a.m.

Sponsor the bulletin! For a \$5 donation, you can dedicate the Sunday bulletin to recognize family, friends, or special occasions. There is a sign-up sheet in the Pastor's study. Feel free to choose your particular week and leave a copy of your dedication in the mail in that is on the Pastor's door. Please contact the Pastor if you have any questions.

Boy Scout Troop 814: Meet in Cooper Hall on Tues. evenings from 6-9 p.m. Cub Pack 11 meets on Saturday mornings.  
NA Meetings – Mon.

Glendale Christian Lighthouse Church

News and Notes

Sunday 10:30 a.m. Worship service.

Weds. hour of Power, worship, prayer and Bible Study, via Zoom.

“Whatever you do, work at it with all your heart, as working for the Lord, not for human masters,” Colossians 3:23

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02149  
617-387-7458  
Rev. Larry Russi, Sr.  
Pastor  
pastorlarry@  
thelighthousechurch701.net

Church at the Well Everett

News and Notes

Church at the Well Everett is a new church for Everett. Check us out on Facebook at www.facebook.com/churchforeverett to view weekly devotions and updates, visit us at www.foreverett.church

to sign up for our newsletter and see how we can help you, or connect with the Everett Community Aid Network at www.everettcan.com to request any additional help.

Grace Anglican Episcopal Church

News and Notes

Grace Anglican Episcopal Church is open and welcoming to all.

There are two services on Sundays: 10 a.m. English, 1 p.m. South Sudanese Dinka

Come all and let us walk together in this sea-

son of hope, renewal and new beginnings.

**Grace Anglican  
Episcopal Church**  
67 Norwood Street,  
Everett, MA  
Church Phone  
617-387-7526 or  
617-389-5765



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# September service changes will allow MBTA crews to continue improvement

The MBTA announced service changes in September on the Red, Green, Orange, Kingston, Middleborough, Greenbush, Newburyport/Rockport, and Haverhill lines. The MBTA will continue working to improve service reliability across the system.

Service changes will take place on the Red Line Braintree Branch this month in order for MBTA crews to perform critical rail and tie replacement work. Accessible shuttle bus service will replace Red Line trains between North Quincy and Braintree Stations on the following dates:

- Beginning at approximately 8:45 PM through the end of service Tuesdays through Thursdays, September 5-7 and September 12-14, as well as Tuesday through Friday, September 19-22.
- All day from start to end of service during the weekend of September 23-24.

Accessible shuttle bus service will also replace Red Line trains between Quincy Center and Braintree Stations beginning at approximately 8:45 PM on Friday, September 8, and through the weekend until the end of service on Sunday, September 10.

Accessible shuttle bus service will also replace Red Line trains between Broadway and Ashmont Stations on the Ashmont Branch and between Broadway and North Quincy Stations on the Braintree Branch all day from start to end of service during the weekend of September 30-October 1. This service change allows MBTA crews to perform critical work on the Savin Hill Avenue and Dorchester Avenue bridges, to perform necessary tunnel inspections on the Ashmont Branch, and to accomplish station brightening work at JFK/UMass Station.

The Kingston, Middleborough, and Greenbush

Commuter Rail lines, which run adjacent to the Red Line, will also experience service changes. Accessible shuttle bus service will replace trains between South Station and Braintree on the following dates:

- After 7:30 PM through the end of service Tuesdays through Thursdays on September 5-7 and September 12-14 as well as Tuesday through Friday September 19-22.

All day from start to end of service during the weekends of September 9-10, September 23-24, and September 30-October 1.

Accessible express shuttle bus service will also operate directly between South Station and Braintree Station.

Passengers should note that bicycles are not allowed on shuttle buses, and regular Commuter Rail fares will be collected between Kingston, Middleborough, Greenbush, and Braintree Stations.

Keolis Customer Service Agents, MBTA staff, and Transit Ambassadors will be on-site at impacted stations to support riders.

The diversion schedule will be available online soon at [mbta.com/CommuterRail](https://mbta.com/CommuterRail).

Due to the continued demolition of the Government Center Garage by private developer HYM Construction, Orange and Green Line service changes will take place in the downtown Boston area all day for 25 days from September 18-October 12:

Orange Line trains will bypass Haymarket Station. Orange Line riders should instead exit at North Station or State, less than a half-mile from Haymarket (or a four- to eight-minute walk), and travel to the Haymarket area.

Green Line service will be suspended between North Station and Government Center Station. Riders are instead asked to walk above ground between these stations – Government Center, Haymarket, and North Station are each less than a half mile from each other (about a five- to 10-minute walk). The distance between Government Center to North Station is about three-quarters of a mile (about a 13-minute walk).

Riders are also reminded that Orange Line / Green Line connections can also be made via the Winter Street Concourse, which connects Park Street and Downtown Crossing Stations.

Accessibility vans will also be available for on-demand transportation – Orange and Green Line riders should ask MBTA

personnel for information and assistance.

Accessible shuttle buses will replace Newburyport/Rockport Line trains between Swampscott and North Station during the weekend of September 9-10. This service change will allow for work on the future temporary platform at Lynn Station. There will be no service at Chelsea Station with passengers instead encouraged to utilize Silver Line 3 service. Passengers should note that bicycles are not allowed on shuttle buses. Regular train service will operate between Newburyport/Rockport and Swampscott with regular Commuter Rail fares collected. A dedicated diversion schedule will be in effect and is available on [mbta.com](https://mbta.com).

As previously announced, accessible shuttle buses will replace Haverhill Line trains between Ballardvale and North Station for 58 days from September 9-November 5. This service change allows crews to perform Automatic Train Control (ATC) work. ATC is a federally mandated safety system that sends signals to trains about potentially unsafe conditions, automatically slowing and stopping a train if needed. Shuttle buses will replace train service between Reading and Oak Grove where passengers can make an Orange Line subway connection. A shuttle bus will also provide service between Reading and Anderson/Woburn for connections to the Lowell Line and Haverhill Line. The shuttle service between Reading and Oak Grove will make stops in

Wakefield, Greenwood, Melrose Highlands, Melrose Cedar Park, Wyoming Hill, and Oak Grove. Train service for passengers between Ballardvale and Haverhill will be re-routed along the Lowell Line after Ballardvale, making one additional stop at Anderson/Woburn station then running express to North Station. A dedicated diversion schedule will be in effect and will be available online soon.

Riders can find more information on service changes through in-station signage, in-station public announcements, and at [mbta.com/alerts](https://mbta.com/alerts). Transit Ambassadors and MBTA staff will be available on-site during these service changes to offer information and assistance. Riders are encouraged to subscribe to T-Alerts or to follow the MBTA on Twitter @MBTA for up-to-date service information.

The MBTA previously announced service changes in August on the Red, Green, Orange, Silver, Kingston, Middleborough, Greenbush, and Lowell lines. More information is available here.

The MBTA apologizes for the inconvenience of these scheduled service changes and appreciates the understanding and patience of riders as this critical and necessary work to maintain, upgrade, and modernize the system takes place.

For more information, please visit [mbta.com/alerts](https://mbta.com/alerts), or connect with the T on Twitter @MBTA and @MBTA\_CR, Facebook / TheMBTA, Instagram @theMBTA, or TikTok @thembta.

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