

Everett Independent

President: Stephen Quigley
Editor in Chief: Cary Shuman

HOW TO HELP THE MAUI FIRE VICTIMS

The horrific and tragic disaster in the town of Lahaina on the Hawaiian island of Maui has gripped the world this past week. The scope of this tragedy is unimaginable -- photos of the scene look like something from after the atomic bombs were dropped over Hiroshima and Nagasaki.

But as we all know, it won't be long before this story slips off the national radar screen. However, the rebuilding of this historic community and the lives of its residents, both physically and emotionally, will take years.

There are many ways to help the victims of this disaster and we have listed some of those below that are among the most prominent:

-- The Maui Strong Fund, run by the Hawaii Community Foundation, is accepting donations for necessities like food, clothing, and shelter for families who have lost their homes.

-- The American Red Cross of Hawaii has 220 trained responders on the ground in Maui helping with search and rescue operations. Donations to the Red Cross are also providing shelter, food, and emotional support. You can donate to the Red Cross by calling 1-800-HELP NOW (1-800-435-7669).

-- Aloha United Way, a non-profit organization based in Honolulu, has set up a dedicated fund for victims of the Maui wildfire.

-- The Maui Food Bank is accepting donations that will pay for meals provided to displaced residents in Maui.

-- The Maui Humane Society is seeking contributions to fund care for pets displaced by the wildfire.

We urge all of our readers who are able to do so to make some small contribution to help the victims of this horrific natural disaster.

CLARENCE THOMAS: THE SUPREME COURT FOR SALE

With each new revelation about the extent to which Supreme Court Justice Clarence Thomas has accepted extravagant gifts from assorted billionaires, it has become increasingly clear that Thomas has used his office as a ticket to live the lifestyle of the rich and famous.

The news that Thomas received an all expenses-paid, \$500,000 (that's not a typo) luxury vacation from a Texas billionaire (who also paid for his godson's private school education and bought Thomas's mother's house in Georgia, fully-renovated it, and has allowed her to live there reportedly rent-free) appears to have been just the tip of the iceberg.

Two weeks ago there was the report that another billionaire bought Thomas a \$250,000 motorhome.

Then last week, the on-line investigative journalism publication ProPublica reported that Thomas regularly has received numerous other gifts from assorted other billionaires:

"At least 38 destination vacations, including a previously unreported voyage on a yacht around the Bahamas; 26 private jet flights, plus an additional eight by helicopter; a dozen VIP passes to professional and college sporting events, typically perched in the skybox; two stays at luxury resorts in Florida and Jamaica; and one standing invitation to an uber-exclusive golf club overlooking the Atlantic coast."

Thomas's defenders point out that none of his benefactors ever had cases before him, and therefore his acceptance of these gifts did not involve a conflict of interest. That may be true.

But here's the thing: Even though these billionaires may not themselves directly have had matters before Thomas, he has sided with many decisions that either have upheld their ideological philosophies or that may have benefited their interests indirectly, such as court decisions that have struck down government regulations.

Perhaps the most significant of these was the infamous Citizens United decision (in which Thomas was a deciding vote in the 5-4 majority) in which the Supreme Court struck down the laws that limited political donations by corporations. Thanks to that decision, we have seen the rise of political action committees -- known as PACS -- by which corporations and billionaires can spend unlimited funds on campaign advertising so long as they are not formally "coordinating" with a candidate or political party. The ruling has ushered in massive increases in political spending from outside groups, dramatically expanding the already outsized political influence of wealthy donors.

Clarence Thomas long has been viewed as the most incompetent and least-qualified judge ever to sit on the Supreme Court. But now, he also is by far the most corrupt.

The Everett Independent reserves the right to edit letters for space, accuracy and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Everett Independent publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Everett Independent.

Text or attachments emailed to editor@everettindependent.com are preferred.

Independent Forum

GUEST OP-ED

Maui, devastation can happen anywhere

By Dr. Glenn Mollette

Maui has long been the go-to destination for millions to experience paradise. Life has changed.

Maui is now the site of the deadliest fire in modern U.S. history. At this writing, over 90 persons are been reported dead. The lovely town of Lahaina is nothing but charred remains and embers.

The news reports of people fleeing for their lives via any means of escape possible is horrific. People who were trying to escape in automobiles have been found unrecognizable except through eventual DNA testing. The entire island is now a humanitarian crisis. Medical supplies, food, and shelter are at crisis levels.

Like you, I've watched it from my television. Maui is a tragic global news story that no one

wants to hear. Maui's story reminds us that devastation can happen anywhere. It was a hurricane that swept away Ft. Myers Beach last year. A Tornado and flood destroyed parts of Kentucky. Or, it may be the fires that have destroyed so much in California. Maui reminds us that no paradise is untouchable.

You might feel safe and isolated in Appalachia. You may feel very comfortable in some remote Western terrain. You may live in a comfortable suburb or city surrounded by all types of Emergency Responders; you may be living in a tropical paradise. There are no guarantees that your community is insulated from disaster.

When a tornado, hurricane, or flood cripples a community there is nothing to do except pick up the pieces and try to start over. Likewise, Maui has

no other choice but it will take years. There is no overnight recuperation for disaster.

There will be ongoing questions about Maui's emergency response abilities. What kind of fire department did Lahaina have? How often had they drilled and prepared for the possibility of a widespread fire? Was it even something that the island thought possible? As the smoke settles, these questions and more will be asked.

If you are reading this in the comfort and safety of your home or apartment then consider this; value what you have when you have it. We all take the present for granted. We take our towns, schools, stores, jobs, incomes, residences, food, health, and each other for granted. We look back to the past and cherish a town that used to be. We

cherish a parent or friend who used to be with us. We value and cherish old jobs and past experiences. It's good to cherish the past. However, why not look around you today and value what and who you have -- today.

In the meantime, we certainly pray for the hurting people of Maui. Most Americans will do what they can to be helpful and supportive. We always do. That's one of many reasons our country is so great and blessed.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch, and various other publishing imprints; a national columnist -- American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.

LETTER to the Editor

IMMENSELY GRATEFUL
To the Editor,

I write to you as the Executive Director and Co-Founder of For Kids Only Afterschool (FKO) to shed light on the role our organization plays in supporting the children and families of the City of Everett. Since our non-profit opened its doors to the City of Everett in 2007, we have served thousands of Everett children and have become an essential pillar in the community, leveraging significant grants totaling over \$10 million. I am proud to share the story of FKO's impact and express our sincere gratitude to Mayor DeMaria and the City of Everett for their unwavering support.

At FKO, we recognize that the afterschool hours are a crucial time for children, and without a safe and enriching environment, they may be vulnerable to negative influences. Many of the children we serve are from families where caregivers must work and have limited options for childcare. By providing a structured and nurturing space, we not only ensure their safety but also offer opportunities for academic growth, social development, and personal enrichment.

During the onset of the COVID-19 pandemic, former Governor Baker called upon childcare providers to step up and serve as emergency childcare providers, ensuring that essential workers had a safe place for their children while they continued their invaluable service to our community. FKO responded to this call, will-

ingly remaining open despite the challenges posed by the pandemic. However, we faced a significant hurdle when our usual programs in the Everett Public School buildings became inaccessible due to closures.

It was at this critical moment that the City of Everett stepped in to support our organization. Upon learning of our need for a temporary space, Mayor DeMaria informed us that Pope John, now owned by the city and sitting vacant, could be utilized by FKO. This allowed us to keep our doors open and provide essential services to the children of Everett. Along with operating full-day remote learning centers, FKO distributed 6,500 snack packs and weekly food boxes to families within the community throughout the pandemic. The City of Everett went above and beyond to ensure that FKO had the necessary space, technology and resources to support children with their online learning and ensure families had access to nutritious food and snacks.

When the schools reopened for in-person learning, FKO's request for the Everett Public Schools to exercise a contract extension option was denied by leadership of the Everett Public Schools and a majority of the prior Everett School Committee members, leaving FKO without a place to go on short notice. That decision did not reflect the continuing needs of Everett families who rely upon FKO to provide a safe and enriching space for their children. Once again,

Mayor DeMaria and his team came to our rescue, granting us permission to continue using the space at Pope John until we found a permanent home. The Mayor's unwavering commitment to the children and families of Everett has provided us with stability and allowed us to fulfill our mission.

While we actively search for a forever home in Everett, we remain immensely grateful for the support and dedication of Mayor DeMaria, who has responded to the needs of Everett families by recognizing the importance of providing a safe and nurturing environment for our children during these critical afterschool hours, school vacation weeks and summer months. His leadership and commitment to our community's well-being have been instrumental in our continued success and impact.

If you know of a suitable space that could be-

come FKO's new home, we kindly ask you to reach out to FKO Business Manager, Larry Keegan at 617-201-4653 or LKeegan@fkoafterschool.org. Your support and assistance in finding the perfect location will ensure that we can continue offering our enriching program to the children of Everett. Together, let us ensure that every child in Everett has access to the quality afterschool care they deserve. It is through our collective efforts that we can empower children, strengthen families, and build a thriving community for generations to come. Thank you for being an essential part of FKO's journey to make a difference in the lives of our young learners.

Sincerely,

**Deborah Kneeland Keegan
Executive Director
and Co-Founder,
For Kids Only Afterschool**

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Your opinions, please

The Everett Independent welcomes letters to the editor. Our mailing address is 385 Broadway, Revere, MA 02151. Letters may also be e-mailed to editor@everettindependent.com. Letters must be signed. We reserve the right to edit for length and content.

Councilor Matewsky upset with conditions at Glendale Towers

By Cary Shuman

Ward 1 Councilor Wayne Matewsky lowered the boom on a representative from National Grid about the conditions inside Glendale Towers during the City Council meeting Monday night.

Matewsky said he became aware of the extremely hot and humid temperatures inside the Glendale Towers during a recent campaign visit.

“I would’ve never went up there [by elevator to a resident’s apartment] had I know what I was walking into,” said Matewsky. “It was a nightmare. The hallway had to be 80 degrees. The man’s apartment was 90. It’s just unfair that National Grid – and it’s my understanding through the director of the Housing Authority, that it’s you people, who were supposed to be such good neighbors, - these are senior citizens, and the [conditions] were disgusting.”

Matewsky said “for some reason, the building has become a hot building.”

Matewsky then asked Zachary Traini of National Grid whether the issue involved “voltage or ampage” in providing residents with the right amount of electrical cur-

rent to have air-conditioning in the apartments.

“This is the first time that it’s been brought to my attention – I am new to the department,” said Traini. “We did meet with the engineering company that with the building at 381 Ferry St. What’s going on here was there were multiple conductors going into that building, and about half of them burnt up, so they’re not getting the proper loading that was originally planned for this building.”

Matewsky continued his remarks criticizing the situation.

“This has been kicked around enough. These people are elderly. I hate to say it, but I don’t think a dog could live in some of those apartments that are so hot,” Matewski told the National Grid representative. “Some people can afford their own air conditioning, but it’s become a hot building. It was a state-of-art building, but now the only safe place in that building is the lobby.”

Matewsky offered a firm and final command to Traini, who was totally professional in his manner in handling the councilor’s comments.

“We need you to send a message to National Grid and get this fixed,” said Matewsky.

LOCAL STUDENTS EARN ACADEMIC HONORS

NINE EVERETT RESIDENTS GRADUATE FROM NSCC

North Shore Community College President William Heineman is pleased to announce that nine Everett students were among the graduates from the college this spring:

Everett residents Ger-

aldine Boisvert, Steven Demarco, Lucknisha Dupervil, Dora Escobar, Matthew Hayes, Yasmin Melendez Castro, Vanya Pereira, Graciela Rivera, and Maria Paula Vasconcelos Viana received their Associate’s degrees at the college’s commencement ceremony, recognizing the completion of their studies at the college.

Inquiry / CONTINUED FROM PAGE 1

tinues,” said the Mayor. “We will continue to find ways to bring residents together to celebrate the diverse cultures that make our community special, as well as continue with our

teachings and trainings dedicated to providing our residents and also our employees with a city government that is accessible, respectful, and culturally sensitive.”

STATE REP. JUDITH GARCIA HOLDS CAMPAIGN FUNDRAISER

State Rep. Judith Garcia, who represents a portion of Everett, hosted a Summer BBQ Aug. 10 at Admirals Hill Marina, Chelsea.



State Rep. Judith Garcia welcomes Everett Ward 2 City Councilor Stephanie Martins to her Summer BBQ campaign fundraiser at Admirals Hill Marina, Chelsea.



State Rep. Judith Garcia welcome Sen. Sal DiDomenico and Chair of House Ways and Means Committee Aaron Michlewitz to her Summer BBQ campaign fundraiser.

Steps to enhance home safety ahead of a wildfire event

The state of Hawaii has been devastated by extensive wildfire activity that has scorched thousands of acres and destroyed nearly 300 structures in Maui County, forcing thousands to seek emergency shelter, injuring dozens, and killing at least 36 people in the historic town of Lahaina, according to news reports.

The relentless tally of losses makes it increasingly clear that the U.S. is facing a deep wildfire problem. Today there are nearly 45 million homes in the wildland/urban interface (WUI). According to the National Interagency Fire Center, some 71.8 million properties in the U.S. are at some level of risk from wildfire. Each year some of the largest-loss fires occur in the WUI.

In the past five years, wildfires have destroyed nearly 63,000 structures in the U.S., the majority of which were homes. Record high temperatures, crippling drought, and high winds from severe weather events such as thunder and lightning storms have been blamed for the recent increase in wildfire activity in Canada, Europe, and in high-risk areas across the U.S. Officials predict more wildfires will erupt in the coming months due to continued dry heat and increased storm activity, prompting residents to look for information on what they can do to reduce their risk before a wildfire.

The National Fire Protection Association® (NFPA®) has many resources for reporters to

assist their coverage of wildfire events, including valuable information for the public and community leaders working to help reduce the risk of losing homes and communities to wildfire damage.

As media outlets continue to cover wildfire activity and its related issues, NFPA resources that may support your news coverage include:

Expert interviews regarding wildfire safety preparedness, community activities, firefighting, and statistical data:

- Michele Steinberg, Wildfire Division Director at NFPA, oversees national policy, development regulations, and community safety, and supports wildfire-related projects that cover a broad spectrum of safety education, advocacy, training, and certification.
- Megan Fitzgerald-McGowan is a program specialist, responsible for the management of the Firewise USA® recognition program.
- Curt Floyd, NFPA senior specialist, technical lead, Engineering Tech-

nical Services, oversees NFPA standards that address the needs of the fire service and emergency responders.

- Birgitte Messerschmidt is the director of the NFPA Applied Research Group, responsible for NFPA’s research strategy, research on fire problems and other safety issues, data collection efforts, and the NFPA research library.
- Subject matter expertise:
- Steps residents can take to enhance home safety ahead of a wildfire event.
- How wildfire spreads and why we must adapt to living with wildfire.
- Simple, but effective steps people can take to reduce the chances of wildfire damage to homes and property.
- Information about the Firewise USA® recognition program that empowers residents to work collaboratively in reducing wildfire risks.
- Information about Outthink Wildfire™, a comprehensive strategy that lays out five key poli-

cy changes that need to be made at the federal, state, and local levels and if followed, will end the destruction of communities by wildfire over the next 30 years.

- Facts every resident should know about protecting themselves and lowering their risk of property loss from wildfire.

Additional information, resources, and articles:

- Prepare Your Home for Wildfire Fact Sheet
- Home Ignition Zone Checklist
- Wildfire Preparedness Tips
- NFPA/IBHS Wildfire Research Fact Sheet Series
- Blog: Clearing the Five-Foot Zone Around Your Home is Critical to Safety from Wildfires
- NFPA Journal, May 2023 Wildfire Column: Inflection Point

For additional resources and information, and to learn more about how to keep families safe and reduce homeowners’ risk for wildfire damage, please visit NFPA’s wildfire division webpage.

SEND US YOUR NEWS

The Everett Independent encourages residents to submit birth and engagement announcements, news releases, business briefs, honor rolls, social news, sports stories, and photographs for publication. Items should be forwarded to our offices at **385 Broadway, Citizens Bank Building, Revere, MA 02151**. The Independent also encourages readers to e-mail news releases to **editor@everettindependent.com**. The Everett Independent assumes no financial responsibility for typographical errors in advertisements, but will reprint that part of the advertisement in which the error occurs. Advertisers will please notify the management immediately of any errors that may occur.

MERCURY RECOVERY PROGRAM

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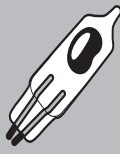
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Follow Suffolk Down's social channels and website for more information about The Track and upcoming events.

"I have loved every single moment I have been at Austin Prep and will never forget the incredible players, families, and accomplishments we've had," Coach Wood said. "I would like to sincerely thank Dr. Hickey, Jonathan Pollard, and Pat Driscoll, as well as the entire Austin Prep community, who I consider family. I look forward to remaining a part of that family and watching the continued growth of the program."



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at the Parlin Library Tuesdays & Thursdays in Aug. 4-6PM
2 weeks left! AGES 4-12 Register now!



Art Lab Everett - Open House

August 20 3-5PM.
Featured artist Will Whelan

16th Annual Multicultural Festival

August 27, 10AM – 8PM - Glendale Park

AERONAUT Family Day

Aug 27, 2-7PM
Tanglewood Puppets, Maker Space,
Professor Krumpp's Cabinet, 199 Ashland St.

CALL TO ARTISTS!

Artists Group of Charlestown
Wild New England -Oct 6-22
at the StoveFactory Gallery
[info:www.artistsgroupofcharlestown.com](http://info.www.artistsgroupofcharlestown.com)



Over the past several years, HYM has hosted numerous community-centered events at The Track, as part of the company's commitment to

“Suffolk Downs will be a place that brings people together and creates community,” said Thomas N. O’Brien, Managing Part-

Upcoming activities for residents and visitors to look forward to at The Track include:

Join us in the Paddock
from 10 a.m. – 12 p.m. on
Thursdays in August for

These events are free to attend but registration is required as staffing and supplies are limited to 40 children per event. Events are appropriate for children ages three and up and children must be accompanied by an adult throughout the event. Events are weather dependent, and registrants will be emailed if events are canceled.

Touch a Truck:
On Sunday, September 10, Suffolk Downs will host its 3rd Annual Touch a Truck event! Walk along

Breakaway Music Festival:

On Friday, September 15, and Saturday, September 16, The Stage at Suffolk Downs, a seasonal outdoor concert venue located on the infield of The Track, will host the Breakaway Music Festival, a two-day electronic dance

music festival featuring artists such as Griz, Lane 8 and Porter Robinson! For tickets and more information please visit The Stage at Suffolk Down's website.

Dock Dogs:
On Saturday, October 21 and Sunday, October 22, Dock Dogs, the world's premiere canine aquatics competition, is coming to Suffolk Downs! To learn more and to register visit the Dock Dogs website.

Follow Suffolk Down's social channels and website for more information about The Track and upcoming events.

After a highly decorated tenure spanning 11 seasons at Austin Prep, head girls ice hockey coach Stephanie Wood will be departing Austin Prep to pursue college coaching opportunities. Coach Wood leaves Austin Prep after guiding the team to three Massachusetts Interscholastic Athletic Association (MIAA) Division 1 State Championships, and a successful transition to the New England Prep School Athletic Council (NEPSAC) in 2022.

“Coming to Austin Prep was the best decision I’ve ever made in my career, and I am so proud of everything our program has accomplished. Seeing first-hand the incredible transformation of Austin Prep has also been remarkable, as the school continues to raise the bar and demonstrate repeated

“Stephanie Wood has led Austin Prep’s girls ice hockey program through over a decade of sustained excellence,” Head of School, Dr. James Hickey said. “Her lasting impact will be felt by our current and former students for years to come, and we are grateful for her unwavering commitment to our School’s mission and proud of her accomplishments while at Austin Prep.”

Coach Wood departs Austin Prep with a 210-34-21 coaching record.

The pinnacle of Coach Wood's tenure at Austin Prep was in 2022 when the girls ice hockey team captured the program's third MIAA title, finishing the season a perfect 27-0-0. The 2022 championship

“This group has cemented themselves as the most successful sports team in the history of Austin Prep athletics,” Coach Wood said, referencing the 2022 team after the championship win. “We knew the potential was there, but I didn’t know if we knew just how vast that greatness could be. It’s an incredible accomplishment for this team, but easier said than done. And to go 27-0-0, that’s a rarity in any sport. Any gender. Any level.”

In winning the 2022 state title, the Girls Ice

“Austin Prep entered the NEPSAC well positioned for success,” Director of Athletics, Pat Driscoll said. “That was due, in part, to the foundation built by the girls hockey program the decade prior. Coach Wood’s impact on Austin Prep athletics will be felt long after her departure from campus, and I am proud to

In departing Austin Prep, Coach Wood aims to return to the NCAA Division I level where she competed at while a student-athlete at Northeastern. "Leaving Austin Prep is such an emotional decision, but I am excited to embark on a career in coaching at the college level, as I have always wanted to be able to test my coaching abilities at the highest level. That said, this transition would not have been possible without Austin Prep, as the school has helped me grow and evolve as a coach."

Despite her departure, Coach Wood will remain well connected with the Austin Prep community as she will serve on the hiring committee for the next girls ice hockey coach. Additionally, Austin Prep will host "Coach Wood Night" this upcoming season as an opportunity for current families, alumni and friends of the program to celebrate the countless contributions Coach Wood made to the girls ice hockey program.

“Coach Wood will forever be synonymous with Austin Prep girls ice hockey, and as she strives to advance her career at the college level, she will always remain a part of the Austin Prep family,” Associate Head of School Jonathan Pollard, who also served as Director of Athletics during part of Coach Woods tenure, said. “While the state titles and coaching accolades are impressive, the manner in which she advanced the program and built relationships with students, families and colleagues will be Coach Wood’s ultimate contribution to Austin Prep.”

"I have loved every single moment I have been at Austin Prep and will never forget the incredible players, families, and accomplishments we've had," Coach Wood said. "I would like to sincerely thank Dr. Hickey, Jonathan Pollard, and Pat Driscoll, as well as the entire Austin Prep community, who I consider family. I look forward to remaining a part of that family and watching the continued growth of the program."

AERONAUT CANNERY presents family day!

featuring Fairy Circus by TANGLEWOOD MARIONETTES

SUN 8/27 2-7pm

crafts for kids, beers for parents, entertainment for families!

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TOWN HALL WEEK

Tuesday

22nd

AT - LARGE 6pm - 8pm

337 Broadway | Whittier School

Wednesday

23rd

WARDS 1,2,3 6pm - 8pm

20 Nichols St | Keverian School

Thursday

24th

WARDS 4,5,6 6pm - 8pm

117 Edith St | Lafayette School

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National Grid reminds all to call 811 before starting any digging or excavation project

Serving as a crucial reminder for customers to contact 811 before digging, August 11 marked National 811 Safe Digging Day. To observe the occasion, National Grid was reminding customers and contractors nationwide to call 811 before starting any digging or excavation project (no matter how big or small) to have underground utility lines properly marked. Dig Safe ® is a free service funded solely by its utility members to promote public safety and avoid costly underground utility damage.

An underground utility line is damaged every few minutes because someone decided to dig without first contacting 811. Digging without knowing the approximate location of underground utilities can result in severe injury or death, inconvenient service disruptions, and costly fines and repairs. Hitting underground gas, electric, communications, water,

and sewer lines while digging can have a major impact on communities and businesses. Making a free request before digging online at www.811beforeyoudig.com or by calling 811 will help everyone who digs maintain essential utility service for their communities while keeping themselves and their neighbors safe by reducing the likelihood of accidentally digging into buried utility lines.

“On August 11 and throughout the year, National Grid wants to remind homeowners and professional contractors alike to use the free 811 service before digging to keep themselves, their family, and community safe by reducing the risk of striking an underground utility line,” said Caroline Hon, Senior Vice President of Network Strategy and Planning, National Grid U.S. “Calling 811 or visiting www.811beforeyoudig.com is the only

way to know which utilities are buried in your area so that you can dig safely and keep your community safe and connected. Safe digging is critical in ensuring the safety of our employees, the public, and local communities that we proudly serve daily.”

Every digging project, no matter how large or small, warrants a call to 811. It’s not only the safe and smart thing to do – it’s the law! A call to 811 is the best safeguard and the first line of defense to preventing strikes on underground utility lines. The depth of utility lines can vary for several reasons, such as erosion, previous digging projects, and uneven surfaces. Utility lines must be appropriately marked in each previously marked location to avoid risk.

As part of National Safe Digging Day, National Grid encourages everyone to take the following steps when planning a digging project this summer:

- Always contact 811 a few days before digging, regardless of the depth or familiarity with the property.
 - Plan ahead. Make a free 811 request on Monday or Tuesday for work planned for an upcoming weekend, providing ample time for the approximate location of lines to be marked.
 - Confirm that all lines have been marked.
 - Consider moving the location of your project if it is near utility line markings.
 - If a contractor has been hired, confirm that the contractor has contacted 811. Don’t allow work to begin if the lines aren’t marked.
 - Visit www.811beforeyoudig.com for complete information.
- Everyone who contacts 811 before digging is connected to a local 811 center that will take the caller’s information and communicate it to local utility companies. Professional loca-

tors will then visit the dig site to mark the approximate location of underground utility lines with spray paint, flags, or both. Once a site has been accurately marked, it is safe to begin digging around the marked areas. The service is easy to use and free of charge.

State laws mandate that 811 must be contacted a few days before beginning projects requiring excavation. Failure to call 811 may be punishable by fines, which in some states can be as high as \$1,000 for a first offense and \$10,000 for subsequent violations.

National Grid works closely with local fire and police departments; with their strong support, people are calling before they dig. Calling 811 can avoid an incident that requires police and fire response.

Additional Resources:

- Massachusetts: Call 811 or 1-888-DIG-SAFE (344-7233) | digsafe.com
- Metro New York,

Long Island, and the Rockaways: Call 811 or 1-800-272-4480 | newyork-811.com

- Upstate New York: Call 811 or 1-800-962-7962 | UDigNY.org
- When It Comes to 811, There’s No Kidding Around – National Grid Safety video

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For more information, please visit our website, follow us on Twitter, watch us on YouTube, like us on Facebook and find us on Instagram.

Cheering / CONTINUED FROM PAGE 1

Buonopane said the ages of the athletes range from 3 to 16. The cheer teams are the Junior Tiny Mites (ages 3-4), Tiny Mites (5-6), Mighty Mites (7-8), Junior Pee Wee (9-10), Junior Varsity (10-13), and Varsity (13-16).

“We’ve been working in practices at perfecting their motions and getting their technique down, so we can keep building their skills as they progress,” said Buonopane. “All of our teams will be at all the home and away football games. Our top four teams will be competing for Nationals.”

Buonpane said a huge boost to the program is the excellent support the teams receive from Everett Crimson Tide President Brian Dimond.

“Brian is very supportive of the cheerleaders. He always looks out for

our best interests,” said Buonopane.

Success in Pop Warner cheerleading has inspired many of the athletes to continue in the sport at Everett High School.

“I feel we set a good foundation for part of the success at the high school level,” said Buonopane. “We hope that the girls like to graduate out of Pop Warner and continue on to high school, and maybe even college.”

Dimond offered high praise for the cheer program and the inspired leadership of Buonopane and her staff of coaches.

“I think our cheerleading program is one of the best in the state,” said Dimond. “I attribute the high turnout to great coaching and the way Nicole runs it. She always motivates the kids. We’re always ahead of the game with the fun-

damentals and everything else. She’s right on top of the new regulations, and the coaches are always well qualified. Our pro-

gram is family oriented. Our coaches want to give back to the city.”

Dimond said that Buonopane also played a

role in the design of the new cheer uniforms: “She does it all. I’m so proud of her. The uniforms are red, gold, and black, and I can’t

wait to distribute the uniforms to our athletes next week. I think they’re really going to like the look.”



The Everett Crimson Tide Pop Warner Mighty Mites cheer team, led by head coach Kaci Bellante.



The Everett Crimson Tide Pop Warner Junior Pee Wee cheer team, led by head coach Kloe Cardillo and assistant coach Rafi Tringale.



The Everett Crimson Tide Pop Warner Junior Tiny Mites cheer team, led by head coach Diane Groux and assistant coach Cecilia Sanchez.



Everett Crimson Tide Pop Warner President Brian Dimond and Cheer Coordinator Nicole Buonopane are pictured at a practice Monday at Sacramone Park.



The Everett Crimson Tide Pop Warner Tiny Mites cheer team, led by head coach Justina Butera and assistant coaches Maria Helena Rangel and Susan Kikinis.

FRESH AND LOCAL

Cooking with restraint

By Penny & Ed Cherubino

There’s been a flavorful bonus from the move to eat healthier, sustainable food. Changing from ultra-processed foods to simple whole foods, you learn to enjoy nature’s unique flavors. This leads to a more restrained approach to making and presenting food. This time of year, we can make a lunch of sweetcorn and tomatoes with very little added to these summer superstars. A bit of olive oil or butter and a sprinkle of salt is all we need.

Real Food, Fewer Ingredients

To quote Jamie Oliver, “Real food doesn’t have ingredients; real food is ingredients.” Oliver has been one of the leaders in cooking with restraint. His cookbooks like, “5 Ingredients: Quick & Easy

Food” and “5 Ingredients Mediterranean: Simple Incredible Food” celebrate using fewer ingredients in more straightforward ways and enjoying the full flavors of the best food you can find.

The “Five Ingredient Rule” has recently become a trendy food and diet theme. In some cases, creators of simplified recipes will allow a few basic additions like a fat, an acid, salt, and pepper. This rule is also a good guideline if you buy prepared foods. If the ingredient list is long and contains chemicals and additives, look for a better choice.

Some find that eating more 5-ingredient meals helps with weight control. It makes sense since we know that ultra-processed and junk foods are significant factors in the obesity epidemic.

Craveable Food!

We love reading menus where the chef has used few ingredients, and we can imagine how something will taste. A recent example is the crab toast at Little Whale on Newbury Street in Boston. It’s avocado toast with a generous portion of crab, a sprinkle of Aleppo pepper, and fresh dill. Penny confirmed that it did not have an unwelcome dose of mayonnaise that many chefs add to many recipes. It didn’t and has become a dish we crave and enjoy often.

Fewer ingredients mean you have less chance of including something your diners can’t have or don’t like. Buying fewer, high-quality ingredients means less food waste. When you pay a premium for the best, you tend to buy exactly as much as you need and use it immediately.

Seasonality

Another way to show restraint in cooking is to take advantage of seasonal



This crab toast is a perfect example of using the best you can buy and knowing when to stop adding ingredients to a dish.

foods. When you shop at a farmers market and take home fresh foods from the field, pasture, or ocean, they have more flavor and nutrition. Limiting what you add to the dish can let the fresh taste shine.

In spring, we often have a big plate of asparagus roasted with olive oil, salt, pepper, and a squeeze of lemon. In the fall, we roast sheet pans of root vegetables and squash with the same preparation. These become the center of our

plates, with a few slices of leftover turkey or a piece of fish on the side.

When we buy fish at the market, we cook it simply. Scallops sautéed in butter with seasoning and lemon are a perfect plate of food. Penny will top a piece of salmon with ginger, scallion, soy sauce, and sesame oil and roast it in foil packets for a restaurant-quality dinner.

There are instances when a cook has the time and wants to spend an af-

ternoon creating a complex curry or multi-sauced lasagna. However, for everyday meals that are healthy and delicious, we recommend editing the ingredients and letting natural flavors step into the spotlight.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

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Funding / CONTINUED FROM PAGE 1

of 2024.

\$20 million for the MassReconnect program, as a first step toward free community college in the Commonwealth for those aged 25 and older.

\$18 million for a free community college pilot program for nursing students to support an in-demand workforce area and build toward universal free community college in the fall of 2024.

\$12 million for free community college implementation supports to collect necessary data, develop best practices, and build capacity for free community college in the fall of 2024.

Chapter 70 Education Funding

For K-12 education, the FY24 budget meets the Legislature’s commitment to the Student Opportunity Act (SOA) by investing \$6.59 billion in Chapter 70 funding, an increase of \$604 million over FY 2023 as well as doubling minimum Chapter 70 aid from \$30 to \$60 per pupil. This will increase Everett, Chelsea, Cambridge and Charlestown’s school funding by millions of dollars this fiscal year.

Special Education Circuit Breaker

This budget invests \$504.5 million for the special education (SPED) circuit breaker. This is an increase of over \$30 million from FY23 levels. This critical program supports school districts with special education costs and ensures we can invest the necessary funding so students of all abilities can get the best out of our school system.

Charter School Reimbursement

\$232.6 million allotted for fiscal year 2024 reimbursements to certain cities, towns and regional school districts for charter school tuition and the per-pupil capital facilities component included in the charter school tuition amount for commonwealth charter schools.

In-State Tuition for Students Regardless of Immigration Status

The FY24 budget also provides access to in-state tuition for students without a documented immigration status. All students who have attended a Massachusetts high school for at least three years and graduated or obtained a GED in the state will qualify for in-state tuition rates at Massachusetts public colleges or universities, regardless of immigration status. Tuition equity will help accomplish the Commonwealth’s goals of growing the middle class, building the state’s workforce, and supporting the economy.

Early Education and Care

\$1.5 billion investment in early education and care—the largest-ever annual appropriation for early education and care in Massachusetts history.

\$85 million in rate increases for subsidized childcare providers across the Commonwealth:

- \$20M for rate increases for all providers (center and family) - new line item
- \$35M for Center-based providers for FY23 (\$25M allowed for unspent FY23 subsidy funds and \$15M

grants for providers’ personal childcare)

- \$25M rate reserve
- \$475 million for the Commonwealth Cares for Children (C3) grants; FY24 is the first fiscal year in which the annual state budget includes a full year of funding for C3 grants, signaling a historic commitment to maintain this crucial lifeline for our early education and care sector.
- \$42.9 million for Early Intervention (EI) services, ensuring supports remain accessible and available to infants and young toddlers with developmental delays and disabilities.
- \$17.5M for Head Start grants
- \$20.5M for CPPI grants (Commonwealth Preschool Partnership Initiative, also known as preschool expansion)

Building and Improving Schools

\$100 million for Massachusetts School Building Authority (MSBA) capital supports for cities, towns and school districts experiencing extraordinary school project costs impacted by post-COVID inflationary pressures.

\$50 million to create Green School Works, a competitive grant program for projects related to installation and maintenance of clean energy infrastructure at public schools. The program will be administered by the Department of Elementary and Secondary Education (DESE) and preference will be given to schools serving low-income and environmental justice populations.

Healey-Driscoll announce equitable expansion of electric vehicle rebate program

The Healey-Driscoll Administration announced substantial changes to the Massachusetts Offers Rebates for Electric Vehicles Program (MOR-EV Program), which provides rebates for the purchase or lease of light-, medium-, and heavy-duty battery electric and fuel cell electric vehicles (EVs). These changes aim to support greater adoption of EVs in Massachusetts, including new rebate programs for income-qualifying Massachusetts residents.

“This significant expansion of the MOR-EV Program will make electric vehicles more affordable and accessible for residents of all income levels,” said Governor Maura Healey. “Residents will now be able to get their rebates the day they buy their car, instead of waiting for the funds to come in. And income-eligible folks will now be able to get additional rebates, including for used vehicles. This is a great development in our efforts toward an equitable clean energy transition.”

“Our administration is committed to reducing transportation emissions, and these important changes to MOR-EV will help provide cleaner air in our communities,” said Lieutenant Governor Kim Driscoll. “Far more residents will now be eligible for rebates, and we look forward to seeing the number of electric vehicles on the road across Massachusetts grow exponentially in the coming years.”

In addition to the existing \$3,500 rebates for EVs, the new MOR-EV program elements include:

- The launch of rebates at the point-of-sale with participating dealers;
- \$3500 rebate for used EVs for income-qualifying residents;
- \$1,500 rebate adder for income-qualifying res-

idents called MOR-EV+ that is in addition to the standard rebate for new or used electric vehicles; and

- Increased rebates for certain light-duty pickup trucks.

The MOR-EV+ and MOR-EV Used rebates are retroactive to November 10, 2022 for any income-qualifying residents who purchased new or used EVs on or after that date.

“Reducing harmful greenhouse gas emissions in the transportation sector is critical to meeting our climate goals, and we are excited that our expanded MOR-EV program will provide greater access to electric vehicles for more Massachusetts drivers,” said Energy and Environmental Affairs Secretary Rebecca Tepper. “MOR-EV is forward-looking and brings Massachusetts one step closer to phasing out expensive, volatile fossil fuels and transportation pollution that disproportionately impacts environmental justice communities.”

“In Massachusetts, transportation accounts for 42 percent of our emissions, and we know that environmental justice communities often bear the brunt of pollution while challenged to participate in clean energy and transportation programs,” said Department of Energy Resources Commissioner Elizabeth Mahony. “The updated MOR-EV more equitably serves a greater number of residents to offset the cost of buying an electric vehicle.”

Additional details about the rebates are available at <https://mor-ev.org>.

Culturally Competent Outreach

Through the MOR-EV program administrator, the Center for Sustainable Energy, the Commonwealth has initiated a culturally competent outreach program to more effective-

ly reach Environmental Justice communities, income-qualifying residents, and limited English proficiency residents with targeted information about available electric vehicle rebates. The MOR-EV website includes translation capabilities, with the option to translate into Spanish, Portuguese, Haitian Creole, Vietnamese, and Chinese.

Background on MOR-EV

Launched in 2014, the Massachusetts Offers Rebates for Electric Vehicles (MOR-EV) program is an education and rebate program funded by the Massachusetts Department of Energy Resources (DOER) and administered by the Center for Sustainable Energy. The program aims to increase the number of zero emissions vehicles on roadways and reduce Massachusetts transportation sector greenhouse gas emissions. As of July 1, MOR-EV rebates are for battery electric and fuel cell electric vehicles only.

Since June 2014, the MOR-EV Program has issued nearly \$72 million in rebates for passenger vehicles, incentivizing the purchase of more than 32,000 electric vehicles as of the end of June.

For additional information regarding MOR-EV, including current program eligibility details, please visit the program’s website. Additional details regarding rebates for electric vehicles greater than 10,000 pounds gross vehicle weight rating (GVWR) can be found by visiting the MOR-EV Medium- and Heavy-Duty Program website.

Funding for the MOR-EV Program is available from the Electric Vehicle Adoption Incentive Trust Fund and through proceeds from the Regional Greenhouse Gas Initiative.

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Flood Maps / CONTINUED FROM PAGE 1

technical information, such as hydraulic or hydrologic data, to support the claim.

Appeals cannot be based on the effects of proposed projects or projects started after the study is in progress.

If property owners see incorrect information that does not change the flood hazard information — such as a missing or misspelled road name in the Special Flood Hazard Area or an incorrect corporate boundary — they can submit a written comment.

The next step in the mapping process is to re-

solve all comments and appeals. Once these are resolved, FEMA will notify communities of the effective date of the final maps.

To review the preliminary maps or submit appeals and comments, contact your local floodplain administrator (FPA). A FEMA Map Specialist can identify your community FPA. Specialists are available by telephone at 1-877-FEMA-MAP (1-877-336-2627) or by email at FEMA-FMIX@fema.dhs.gov.

The preliminary maps may also be viewed at the following websites:

FEMA Map Service

Center Preliminary Map Products Download Page Flood Map Changes Viewer

More information: Contact a FEMA Map Specialist by telephone at 1-877-FEMA-MAP (1-877-336-2627) or by email at FEMA-FMIX@fema.dhs.gov.

There are cost-saving options available for those newly mapped into a high-risk flood zone. Learn more about your flood insurance options by talking with your insurance agent or visiting www.floodsmart.gov.

Real Estate Transfers

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Simon, Vanydia	Gonzalez, Edgar V	58 Walnut St	\$825,000
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UPCOMING LIBRARY EVENTS

Parlin Adult and Teens
Board Game Afternoons Parlin Fireplace Room. Thursday, August 24, at 3 p.m. Join us for an afternoon of board game fun at the library! Play your favorite classic games with friends, family, and fellow board game enthusiasts. No need to bring your own games—we have plenty to choose from. Join us to learn new games and enjoy friendly competition.
Vision Boards Parlin Meeting Room. Thursday, August 24, at 5:30 p.m. Start the new school year off on the right foot! Use magazine cutouts to collage and create a vision board to help inspire and motivate you, and learn how the library can help you reach your goals! Recommended for ages 12 and up. Registration required.
Origami Club. Parlin Fireplace Room. Satur-

day, August 26, at 12 p.m. Learn how to fold animals of all kinds! Open to all ages and abilities. Paper and instruction will be provided.

Parlin Childrens
Geometry Fun! Parlin Meeting Room. Monday and Wednesday, August 21 and 23, at 4 p.m. Give your child the advantage and help them achieve academic excellence with our free Geometry classes. This program includes seven classes over the course of four weeks. Study material will be provided. his program is funded by the Everett Cultural Council. Registration is required and spots are limited, so sign up online today at everettpubliclibraries.libcal.com
Crafts for Kids Parlin Children's Room. Tuesday, August 22, at 2 p.m. We will be making a variety of crafts! All kids ages

three and up are welcome; please come and join the fun! Registration is required. Sign up online or at the Parlin Children's desk.
Mixed Media Crafts Parlin Children's Room. Tuesday and Thursday, August 22 and 24, at 4 p.m. Enjoy learning and develop your imagination! Join us for mixed media crafts every Tuesday and Thursday at 4 p.m. throughout the month of August. This program is funded by the Everett Cultural Council. Recommended for ages 4-12. Registration is required, and spots are limited, so sign up today at everettpubliclibraries.libcal.com
Friday Family Movie Night! Parlin Meeting Room. Friday, August 25, at 3 p.m. Break out the popcorn! Come and watch Howl's Moving Castle with your friends and family.

Shute Adult and Teens
Resume Writing, Shute Adult Department. Do you need help sprucing up an old resume or creating a new one? Sign up for a 30 minute session at both the Parlin and Shute Libraries. By appointment only. Please call 617-394-2302 for the Parlin Library and 617-394-2308 for the Shute Library to register for an appointment.
Computer Basics 101, Shute Adult Department. Not familiar with the computer? Learn the basics: how to start up and shut down a computer, perform mouse and keyboard functions, use applications, learn Microsoft Word, navigate the Internet, set up an email account, and more! By appointment only. Please call 617-394-2302 for the Parlin Library and 617-394-2308 for the Shute Library to register.

OBITUARIES

David Cook
Retired Everett Police Officer

David B. Cook of Everett died at home on Saturday, August 5. He was 78 years of age.

Born in Somerville, Dave lived in Everett for most of his life. He served honorably in the U. S. Marine Corps Reserves.

Dave received his Bachelor's Degree and was a police officer for the City of Everett, retiring after 34 years of protecting and serving the citizens of Everett. After retirement from Everett, Dave continued working at the Federal Courthouse in law enforcement.

The son of the late Ralph H. Cook and Gertrude M. Vroom, he was the beloved husband for almost 49 years to Bridget "Brenda" M. (Condon); dear and devoted father of David B. Cook and his wife, Nicole of Amherst, NH; Loving Papa of Pdraic, Gabriel-



la and Keelin Cook; dear brother of Donald Cook of Stoneham, Russell of Billerica and the late Norman, Robert and Richard Cook, and Margaret Oliver.

Relatives and friends are respectfully invited to attend Dave's Celebration of Life at Anthony's of Malden, 105 Canal St., Malden, Saturday, August 19 at 1 p.m. In lieu of flowers, contributions in Dave's memory to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN, 38105, would be sincerely appreciated.

Arrangements by the Cafasso & Sons Funeral Home, Everett 617-387-3120.

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CHURCH News

Mystic Side Congregational Church

News and Notes

Mystic Side Congregational Church is located in Everett, on Malden-Everett border, at 422 Main Street. We offer a warm, inviting atmosphere, and all are welcome. Our Sunday Church service starts at 10:30 a.m. and Communion is offered on the first Sunday of each month. A very pleasant coffee hour

and socializing follow our services. Parking is available in our lot next to the church on Wyllis Ave. (one way off Main Street). We look forward to welcoming you this Sunday.

**Mystic Side
Congregational Church
422 Main Street
Everett, MA**

Zion Church - Everett

News and Notes

Bishop Robert G. Brown and Zion Church Ministries invites you to join us every Sunday at our 10:00 a.m. Worship Service for a time of worship, praise and preaching, at 757 Broadway, Everett, MA. You can also join

Zion Church Ministries via livestream on Facebook and You Tube.

For more information, they can be reached online at zionchurchministries.com or via email at office@zionchurchministries.com.

Glendale United Methodist Church

News and Notes

Glendale United Methodist Church is open to all and we welcome people of all faiths, race, nationalities, and sexual preference. No one is ever turned away. If you are looking for a new home church, we would like you to check us out and let us know what we can do to make church a better fit in your life.

Bible Study: Consider joining us for Bible study on Sunday. We meet in the Church Parlor off the Chapel from 9:30 to 10:00 a.m.

Sponsor the bulletin! For a \$5 donation, you can dedicate the Sunday bulletin to recognize family, friends, or special occasions. There is a sign-up sheet in the Pastor's study. Feel free to choose your particular week and leave a copy of your dedication in the mail in that is on the Pastor's door. Please contact the Pastor if you have any questions.

Boy Scout Troop 814: Meet in Cooper Hall on Tues. evenings from 6-9 p.m. Cub Pack 11 meets on Saturday mornings. NA Meetings – Mon.

Glendale Christian Lighthouse Church

News and Notes

Sunday 10:30 a.m. Worship service.

Weds. hour of Power, worship, prayer and Bible Study, via Zoom.

“Whatever you do, work at it with all your heart, as working for the Lord, not for human masters,” Colossians 3:23

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[pastorlarry@
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Church at the Well Everett

News and Notes

Church at the Well Everett is a new church for Everett. Check us out on Facebook at www.facebook.com/churchforeverett to view weekly devotions and updates, visit us at www.foreverett.church

to sign up for our newsletter and see how we can help you, or connect with the Everett Community Aid Network at www.everettcan.com to request any additional help.

Grace Anglican Episcopal Church

News and Notes

Grace Anglican Episcopal Church is open and welcoming to all.

There are two services on Sundays: 10 a.m. English, 1 p.m. South Sudanese Dinka

Come all and let us walk together in this sea-

son of hope, renewal and new beginnings.

**Grace Anglican
Episcopal Church
67 Norwood Street,
Everett, MA
Church Phone
617-387-7526 or
617-389-5765**



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Encore Boston Harbor “Feed the Funnel” initiative set for August 31

Encore Boston Harbor employees, vendors, partners, friends, and family will work together to “Feed the Funnel” this Labor Day Weekend. Notable “Honorary Guests” like the New England Patriots Cheerleaders on Thursday, August 31 at 11 a.m. and Friday, September 1 at 9 a.m. at Encore Boston Harbor, 1 Broadway, Everett.

During Encore’s “packing parties,” more than a thousand employees, vendors, partners, friends, and family will work together to assemble as many meals as possible for local distribution. This year, Encore aims to break its previous record by packing over 450,000 meals which will be donated to various organizations to feed families in the community.

Wynn Resorts works with The Pack Shack to host Feed the Funnel parties across all of its US properties.

Food, refreshments, and photo booths will be provided during the day of the event. Sign up for 1, 2, or even 3 shifts to help your communities in need! Family and friends are welcome to attend.

“Packing Parties” schedule:

Thursday, August 31
Party 1: 11 a.m.- 1 p.m.
Party 2: 2-4 p.m.
Party 3: 6-8 p.m.

Friday, September 1
Party 1: 9-11 a.m.
Party 2: 12-2 p.m.
Party 3: 3-5 p.m.

For more information or to send a camera, please contact Nicole Russo at 617-290-5703.

Encore Boston Harbor

features 210,000 square feet of gaming space, and when at full capacity, offers more than 2,800 slot machines and over 200 table games. Situated on the Mystic River in Everett, Massachusetts, and connected to Boston Harbor, Encore Boston Harbor boasts 671 spacious hotel rooms, a spa, salon, and fitness center, specialty retail shops, a variety of dining and lounge venues, and more than 50,000 square feet of ballroom and meeting spaces. The grounds feature a six-acre Harborwalk with pedestrian and bicycle paths that provide access to the waterfront, an event lawn, public art, and ornate floral displays. It is the largest private, single-phase development in the history of the Commonwealth of



A large number of volunteers turned out last year to help with the “Feed the Funnel” initiative.

Massachusetts. The casino offers free self-parking for all guests seven days a week. Encore Boston Harbor is proud to be the Official Hotel of the New England Patriots. For more information, visit www.encorebostonharbor.com or follow Encore Boston Harbor on Instagram, Twitter, and Facebook.

NEW DATES

Feed The Funnel is coming.

Join us August 31 and September 1 to help pack over 450,000 meals to be distributed to those in need locally.

Thursday, August 31
Party One | 11-1 p.m.
Party Two | 2-4 p.m.
Party Three | 6-8 p.m.

Friday, September 1
Party Four | 9-11 a.m.
Party Five | 12-2 p.m.
Party Six | 3-5 p.m.

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