





# REP. MCGONAGLE ATTENDS HOUSING FAMILIES LEGISLATIVE BREAKFAST



Rep. Joseph McGonagle (right) attended the Housing Families Legislative Breakfast where he had the opportunity to congratulate Revere Mayor Brian Arrigo on his appointment as the new Commissioner of the Department of Conservation and Recreation. Arrigo will begin in his new position in the Gov. Healey Administration on April 24. Former Everett resident Patrick Keefe Jr. will be the interim mayor of Revere.

## EHS / CONTINUED FROM PAGE 1

and Ashley Arriaza Sageth. Their three-course menu was Italian influenced: A starter of ratatouille ravioli, followed by chicken marsala over creamy polenta, and capped with a tiramisu with a chocolate ganache.

In addition, junior Cindy Emile finished sixth in a separate Cake Decorating Contest in which the competitors had only one hour to frost, pipe, decorate, and present a two-tiered cake.

## DEMARIA ANNOUNCES A SPECIAL MOTHER'S DAY SENIOR SOCIAL

Mayor Carlo DeMaria and the Council on Aging are pleased to announce a special Mother's Day Senior Social for May. The Council on Aging is excited to host this event on Saturday, May 13, 2023 from 11am to 3pm at the Connolly Center located at 90 Chelsea Street. The brunch menu includes typical brunch faire and some lunch items for you to enjoy. Entertainment for our event is DJ Alan Labella. Ticket sales are ongoing at the Connolly Center. For additional information, please call 617-394-2270 to be connected to the Connolly Center.

## CALENDAR OF EVENTS AT THE EVERETT PUBLIC LIBRARIES

**Parlin Adult and Teens**  
Parlin Book Group, Parlin Meeting Room, and Zoom. Monday, April 24th at 6:00 pm. In Twenty-One Days Anne Perry, author of the William Monk and Charlotte and Thomas Pitt mysteries, introduces the Pitts' son, Daniel, junior barrister, in this first of what proves to be an intriguing, entertaining, and character-centric new series. . . . and rais-

## News in Brief

es the knotty question of whether some clients are truly undefendable. 18+. Call Kathleen at (617) 394 2300, or send an email, slipp@noblenet.org, for the Zoom link, or join us in person!

Thursday Night Movies, Parlin Meeting Room. Thursday, April 27 at 7 pm in the Parlin Meeting Room. Here we go again! Join us for a showing of everyone's favorite ABBA movie musical, Mamma Mia.

**Parlin Childrens**  
Lego Club. Parlin Children's Room. Monday, April 24th from 3-5pm. Attention all Lego lovers: Lego Club is back at the Parlin Memorial Library! Come to the Children's Room after school on Mondays for some free-building lego fun. Open to all ages. Children under 6 years old must be accompanied by an adult. No registration required.

Friday Family Movie Night! Parlin Meeting Room. Friday, April 28th at 3 pm. Break out the popcorn! Come and watch How to Train Your Dragon with your friends and family.

**Shute Adult and Teens**  
Yarn Club, Shute Meeting Room. Tuesday, April 25th at 3:00 PM. Bring your crocheting, knitting, or any other yarn craft and sit and socialize with other members of the crafting community. No registration is required. For ages 11-109.

**Shute Childrens**  
Storytime with Vera. Shute Children's Room. Thursday, April 27th at 12pm. In English or Portuguese by request. Visit the Parlin Library Children's Room to attend! Suggested ages 2-6.

## DEMARIA ANNOUNCES CANCIONES Y COMIDA EVENT

Mayor Carlo DeMaria is pleased to announce the Canciones Y Comida event will take place on Saturday, April 29 from 2pm to 6pm at the Everett Recreation Center, 47 Elm Street.

The Everett Adult Learning Center's cultural immersion classes will be kicking off with this spectacular annual event. It will be a fun day of "Learning Through Uniting" with plenty of singing, dancing and delicious food.

Attendees can expect to enjoy Cuban, Dominican and Colombian food while learning about Hispanic culture. There will also be special live performances by Adriana Herrera, Daniel Torres, DJ Chocolate, DJ Rico Suave and Primo Simon.

It's an event all about coming together to learn, sing, dance, eat and have plenty of fun. Learn more by visiting [city-of-everett.com/events/canciones-y-comida](http://city-of-everett.com/events/canciones-y-comida) or

by searching for the Canciones Y Comida event page on Facebook. All are invited to attend this celebration.

## NEW FROM THE EVERETT PUBLIC LIBRARIES: MANGO LANGUAGES

The Everett Public Libraries are pleased to announce the acquisition of our newest database, Mango Languages. Mango is a personalized online learning platform that provides the tools and guidance you need to expand your language skills wherever and however you learn best.

With Mango, our patrons have access to more than 20 ESL/ELL courses and courses in over 70 languages. The courses are taught in the user's native language and include grammar and culture insights for authentic and reliable learning, as well as pronunciation tools. With study reminders and family profiles, you and your loved ones can learn together and stay on track. All you need is an Everett Public Libraries library card to get started for free either on desktop or mobile.

Visit [bit.ly/EVEMango](http://bit.ly/EVEMango) to get started. Questions? Call 617-394-2300 or visit the Parlin or Shute Memorial Libraries.

Mayor DeMaria

"LEARNING THROUGH UNITING"

# CANCIONES Y COMIDA

— EVENT —

Saturday, April 29, 2023

At the Everett Recreation Center  
47 Elm St. Everett, MA 02149

2PM - 6PM

### Events in Everett's Arts & Cultural Community

**FREE Youth Robotics & Coding Workshops**  
Everett Cultural Council Grantee Komal Markan will be leading Youth Robotics and Coding Workshops at the Parlin Library.

To sign up for April 20 & 21 or May class [date TBA], please call the library at (617) 394-2300.

**Everett Arts Association**  
April Meeting will be held at the Parlin Library, 410 Broadway, Saturday April 29, 2023 from 11:00AM to 1:30PM. Artist Demonstration by Susan Spellman

**OVER THE BRIDGE** - Stove Factory Gallery, 523 Medford St. in Charlestown, *Stories We Tell*, artwork by 3 members of the Artists Group of Charlestown. Opening reception April 28 5:30-8:30pm. Free to all. Free parking in adjacent lot, walking distance from Sullivan Station or 92/93 bus lines.

### SEND US YOUR NEWS

The Everett Independent encourages residents to submit birth and engagement announcements, news releases, business briefs, honor rolls, social news, sports stories, and photographs for publication. Items should be forwarded to our offices at 385 Broadway, Citizens Bank Building, Revere, MA 02151. The Independent also encourages readers to e-mail news releases to [editor@everettindependent.com](mailto:editor@everettindependent.com).

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## Tax Relief / CONTINUED FROM PAGE 1

Credit with the Dependent Member of Household Credit to create one refundable \$600 credit per dependent, while eliminating the current cap. This will be phased in over three years, and will be fully implemented in FY27: taxpayers could claim \$310 per dependent in FY24, \$455 per dependent in FY25, \$600 per dependent in FY26, and \$614 per dependent in FY27. This change will cost \$165 million in the first year of implementation and \$487 million when fully implemented in year three. It is expected to impact over 700,000 Massachusetts families.

**Estate Tax**  
Massachusetts is currently a national outlier on the estate tax, as the Commonwealth is one of only 12 states that impose this tax and has the lowest estate tax exemption threshold in the country, along with Oregon. The bill increases the estate tax threshold from \$1 million to \$2 million, and eliminates the “cliff” effect, taxing the value of the estate that exceeds \$2 million, and not the entire estate as the law currently requires. This is expected to cost \$231 million per year.

**Senior Circuit Breaker Tax Credit**  
This bill doubles the Senior Circuit Breaker Tax Credit from \$1,200 to \$2,400. This change is expected to impact over 100,000 taxpayers who own or rent residential property in Massachusetts as their principal residence. This will cost \$60 million per year.

**Rental Deduction Cap**  
This bill increases the rental deduction cap from

\$3,000 to \$4,000. This is expected to impact about 881,000 Massachusetts taxpayers, and cost \$40 million per year.

**Short-term Capital Gains Tax**  
Massachusetts is among the states with the highest short-term capital gains tax rate, which is currently 12 percent, and taxes short-term capital gains at a higher rate than long-term capital gains, which are currently taxed at 5 percent. The bill lowers the short-term capital gains tax rate to 5 percent, and phases in that change over two years. During year one, short-term capital gains will be taxed at 8 percent, before ultimately reaching 5 percent during year two. This will cost \$67 million in year one, and ultimately cost \$130 million annually, starting in year three of its implementation.

**Single Sales Factor Apportionment**  
Currently, most businesses in Massachusetts are subject to a three-factor apportionment based on location, payroll, and receipts. To make Massachusetts more attractive to multi-state companies, this bill establishes a single sales factor apportionment in Massachusetts based solely on receipts, matching what 39 other states currently do. This change is projected to cost \$115 million in year one, and ultimately cost \$79 million annually, starting in year two of its implementation.

**Earned Income Tax Credit (EITC)**  
This bill increases the Earned Income Tax Credit (EITC) from 30 percent to 40 percent of the federal credit. This is expected to

impact about 396,000 taxpayers with incomes under \$57,000, and will cost \$91 million.

**Additional Reforms**  
In addition to tax relief, the bill changes Chapter 62F of the Massachusetts General Laws, which triggered nearly \$3 billion in taxpayer refunds in 2022. This law requires that excess revenue be returned to taxpayers when tax revenue collections in a given fiscal year exceed an annual tax revenue cap. Currently, the credit is applied to the personal income tax liability of all taxpayers on a proportional basis, resulting in higher credits for those who paid more in taxes. The bill passed today adjusts the credit to an equal amount per taxpayer, rather than a rebate based on a percentage of what taxpayers paid the Commonwealth.

The bill also adjusts the Stabilization Fund cap, which currently requires that if the amount remaining in the fund at the end of a fiscal year exceeds 15 percent of the budgeted revenues and other financial resources pertaining to budgeted funds, the excess funds must be transferred to the Tax Reduction Fund, which would then be transferred to taxpayers through one time increases in the personal exemption allowable against income tax liability. The bill adjusts the cap to 25.5 percent, which allows the Commonwealth’s savings account to retain more funding.

The Massachusetts House of Representatives approved the bill 150-3 and now goes to the Senate.

## National Prescription Drug Take Back Day coming to East Boston

On Saturday, April 22, East Boston Neighborhood Health Center (EBNHC) as part of The East Boston Alliance for Support, Treatment, Intervention and Education (EASTIE) Coalition will be supporting National Prescription Drug Take Back Day to help reduce easy access to addictive drugs.

National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the public about the potential for addiction and misuse of medications. As part of the initiative, EBNHC will be collaborating with Recovery on the Harbor (RoH) to offer two neighborhood collection sites to increase community participation in East Boston.

“As we saw in the most recent Boston Indicators report, the COVID-19 pandemic created a community-wide mental health crisis, with corresponding increases in substance misuse, particularly among the Latinx population and other communities that were hit hard by the pandemic,” said Nancy Slamet, Director of the EASTIE Coalition. “Participating in Prescription Drug Take Back Day is an

important step everyone in our community can take in preventing and reducing substance use among our youth.”

Together with Drug Free Communities and the MGH’s Center for Community Health Improvement, the EASTIE Coalition works to address the mental health stressors, trauma and inequities that drive East Boston youth and residents to turn to substances as a coping mechanism.

In response to these challenges, EASTIE is taking a strengths-based, healing-centered and systems change approach to foster resilience among youth, families, and the community as a whole. Coalitions across the country that use this approach have achieved amazing results in preventing and reducing substance use in their communities. The EASTIE coalition is confident they can do the same in East Boston, and invites everyone to help make this happen!

Residents can drop off their unwanted medications at the collection sites located at EBNHC’s location at 20 Maverick Square from 10:00 a.m. – 12:00 p.m. and RoH’s location at 983 Bennington Street from 12:00 p.m. – 2:00 p.m. The Boston

Police Department (East Boston A-7) and the BPD Drug Unit will collect and dispose of the turned in medication.

As a year-round effort to support drug safety, EBNHC also offers a permanent prescription drug drop box in the waiting room of its 10 Gove Pharmacy location.

East Boston Neighborhood Health Center (EBNHC) is one of the nation’s largest Federally Qualified Health Centers (FQHCs) and the largest community health center in Massachusetts, serving over 100,000 patients and recognized by the Health Resources and Services Administration (HRSA) as a Health Center Quality Leader. For more than 50 years, EBNHC has offered access to comprehensive care for the underserved populations of Chelsea, East Boston, Revere, Winthrop, Everett and Boston’s South End. EBNHC is dedicated to promoting and sustaining healthy communities, families, and individuals by providing accessible, person-centered, compassionate, and high-quality health care services to all who live and work in our service area. For more information, please visit [www.ebnhc.org](http://www.ebnhc.org).

## Real Estate Transfers

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Dely, Fito	Broadway Everett Tnd LLC	20 Gledhill Ave #F	\$460,000
Manandhar, Manoj K	Colameta Irt	23 Coolidge St	\$590,000
Ochoa, Hector B	Silva, Jacy	25 Franklin St	\$925,000
127 Broadway LLC	Tks Properties LLC	115 Broadway	\$5,500,000
Hernandez, Daniel	Espana, Julio	217 Springvale Ave	\$500,000
Rocco Jr, Richard A	Alfonse Lillian Est	323 Main St	\$725,000

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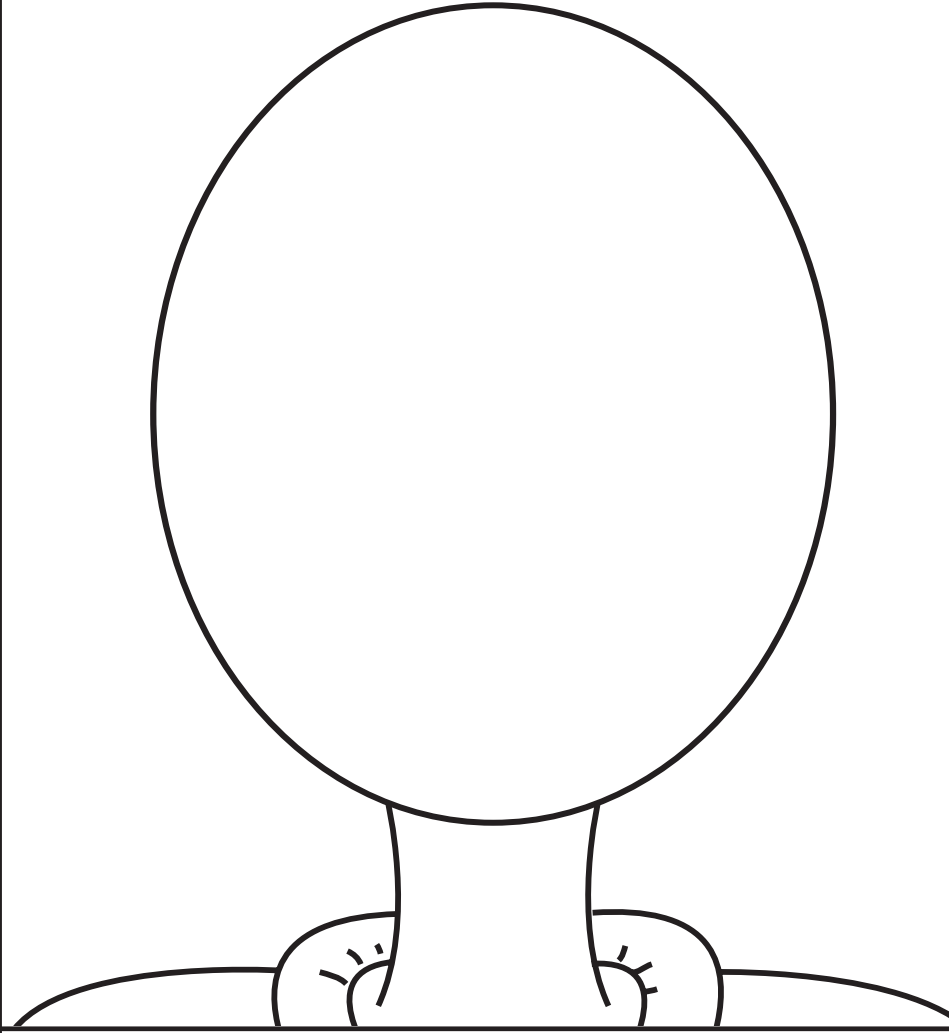
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**Deadline for entries will be Friday, May 5th.**

Entries will be published with in the May 10th and 11th issues



## 53 EARTH DAYS LATER, OUR PLANET IS FAR WORSE

This Saturday, April 22, will mark the 53rd anniversary of Earth Day, the movement that is credited with bringing the issue of environmentalism into the forefront of public thought and opinion.

To be sure, many of the objectives of the environmental movement since that first Earth Day have been achieved. Compared to 1970, our air and water are cleaner. The haze of smog that hung over our major cities each and every day is not as bad as it was 50 years ago and here in the Boston area, Boston Harbor is an example of the progress that has been attained in cleaning up our waterways.

But despite the visible progress we have made, the overall health of our planet unquestionably is far worse than it was five decades ago. “Climate change” and “global warming” were terms that were unheard of then, but now we know that just about everything we do --driving our cars, heating our homes, producing the food we eat, and making just about everything with plastics -- releases greenhouse gases and other chemicals that are altering our environment with grave consequences for life on the planet.

The wild weather recently in Ft. Lauderdale, in which that city was inundated by 20 inches of rain that brought the city to a standstill, was deemed a “1000-year event” by the National Weather Service.

But the reality is that in 2023, 1000-year events are occurring somewhere every year, to say nothing of 100-year events that are happening almost every month.

The future reality is that carbon emissions will not be coming down anytime soon and even if they do, there is so much heat trapped in our oceans and in the atmosphere that it may be too late to stop the dreaded feedback loop that will accelerate climate change.

Yes, we’re old enough to remember the hoopla that accompanied the first Earth Day, a movement that was catalyzed when a river in Cleveland that essentially was a toxic cesspool caught fire when a spark from the shore ignited the volatile chemicals in the river.

Back in those days, we had hope that things would be better.

We never imagined that five decades later, the degradation of our environment would pose an existential threat to life and civilization as we know it -- but that’s the reality we are confronting in 2023.

## LOGAN AIRPORT WAS A BREEZE

We hadn’t flown for a while because of the pandemic and other reasons, so we approached our recent vacation with some trepidation, particularly as we contemplated our air travel.

However, we are happy to report that traversing to, through, and from Logan Airport actually was a pleasant experience. We took the boat to Logan, caught the shuttle bus to our terminal, and made it through security within 10 minutes. Our terminal (Terminal B) was crowded, but not overly so, and there were plenty of seats with outlets for our electronic devices.

Returning home, we found the signage to ground transportation was clear and straightforward as we made our way to the Silver Line -- which, by the way, was free of charge -- in order to get to South Station .

We recently wrote about our travails on the Red Line, in which we highlighted all of the problems facing the MBTA, almost all of which are directly related to a decades-long lack of funding for public transportation at the federal and state levels.

However, in comparison to the other airports we visited during our vacation (JFK and Miami), Logan overall offered a superb experience (including better restaurants!).

So we wish to tip our hat to Massport and the T (which operates the ferry boat and the Silver Line) for their smooth operations at Logan Airport.

Even Massport’s critics (as we have been for decades) have to concede that its various operations are a huge driver of our economy that contribute to our region’s prosperity in countless ways. A smooth-functioning Logan Airport is a key piece of that ecosystem and we are happy to report that our recent experience was a highly-positive one.

Your opinions, please

The Everett Independent welcomes letters to the editor. Our mailing address is 385 Broadway, Revere, MA 02151.

Letters may be e-mailed to editor@everettindependent.com.

Letters must be signed. We reserve the right to edit for length and content.

The Everett Independent

Independent Forum

GUEST OP-ED

## Healey-Driscoll administration highlights 100 days of making Massachusetts more affordable, competitive and equitable

Special to the Independent

Governor Maura T. Healey and Lieutenant Governor Kimberley Driscoll’s 100th day in office was on April 15, and they are highlighting their key accomplishments to make Massachusetts more affordable, competitive and equitable.

In addition to building out a strong team of cabinet members, the administration filed its first budget and tax package that propose historic investments in education, transportation and climate and deliver relief for seniors, renters and families. Governor Healey also swiftly followed through on key pledges, such as establishing a housing secretariat and proposing an expanded Child and Family Tax Credit, free community college for students over 25, full funding of the Student Opportunity Act, one percent of the budget for the Executive Office of Energy and Environmental Affairs and tripling the budget of the Clean Energy Center.

And when faced when a radical ruling from a federal court judge in Texas that threatened reproductive freedom in Massachusetts, Governor Healey took immediate action to protect access to medication abortion in the state.

“As we pass the 100-day mark of our administration, our entire team is just as energized and committed to delivering results as we were on Day One. I’m proud that we hit the ground running, building out a strong Cabinet of experienced, dedicated leaders who share our drive to meet this moment for Massachusetts,” said Governor Healey. “We’ve made important progress on housing, food security, transportation, climate and education, and we’ve brought new voices to the table and gotten out into communities to meet people where they are. There’s much more work to be done to make Massachusetts more affordable, competitive and equitable, but we’ve set a solid foundation in these first 100 days that we will continue to build on in the years to come.”

“100 days goes by in the blink of an eye when you’re busy working for the people of Massachusetts all day every day. We knew when we took office that the challenges before us were daunting, but that there was enormous opportunity as well,” said Lieutenant Governor Driscoll. “We’re proud to have made important strides in making Massachusetts a better place to live, work, go to school, raise a family and build a future. In the days, months and years ahead, we’re not going to let up steam. We’re going to continue to hustle every day to deliver results for Massachusetts.”

**Healey-Driscoll Administration 100 Days Highlights**

The Healey-Driscoll administration filed a \$55.5 billion budget proposal and \$750 million tax

relief package that builds a strong economy, livable communities, and a sustainable future by:

- Creating a Child and Family Tax Credit, increasing the rental deduction and senior circuit breaker, and reforming the estate and short-term capital gains tax to keep up with other states.
- Creating MassReconnect, which offers free community college to students over 25 years old and expanding Early College and Innovation Pathways programs.
- Dedicationg 1% of the state’s overall budget to the Executive Office of Energy and Environment.
- Tripling investment in the Clean Energy Center, which is leading the way in clean energy entrepreneurship, job creation, and home electrification.
- Creating the Environmental Justice Office, led by the Undersecretary of Environmental Justice and Equity, and hiring 14 Environmental Justice Liaisons.
- Establishing a new Education and Transportation Fund to protect Fair Share revenue and maximize this new funding source.
- Fully funding the Student Opportunity Act for K-12 education, the largest dollar-amount increase in Massachusetts’ K-12 schools in state history.
- Notifying municipalities of local aid funding levels early to give them a head start on planning to deploy these funds for residents.
- Freezing the tuition at the University of Massachusetts for four years and freezing fees at other state universities for four years.
- Fully supporting the Commonwealth Cares for Children (C3) to help child care providers keep the doors open and invest in programming and staff.
- Investing in transportation across the state, including MBTA fares program, the Red-Blue connector, West-East Rail, and Regional Transit Authorities.

Governor Healey signed a \$389 supplemental budget for fiscal year 2023 that combines many of the priorities the administration outlined in three separate bills filed by the Governor, including:

- Investments in C3 grants, MassWorks, the Clean Water Trust, RAFT, broadband infrastructure, a reproductive health services awareness campaign, the NAACP Conference, and support for the public health workforce ahead of the end of the COVID-19 public health emergency.
- Matching grants to compete for federal dollars through the CHIPS and Science Act.
- Funding for the state’s housing shelter system to support families and children.
- Universal school meals through the end of the 2023 school year to make sure kids can focus on learning in the classroom instead of worrying about hunger.
- A three month off ramp for the end of en-

hanced federal SNAP benefits, providing families with 40% of the previous federal benefit to help keep food on the table.

Governor Healey announced the appointment of a new, experienced transit leader as MBTA General Manager and took steps to improve transparency and address staffing shortages at the MBTA, including:

- Launched an online safety dashboard to provide transparency around the status of FTA special directives, as well as an online speed restrictions dashboard.
- Implemented \$7,500 sign-on bonuses for all eligible positions across the MBTA (Bus Operators, Rail Repairers, Track Laborers, Streetcar Operators, Subway Train Operators, Service Technicians and Fuelers) and proposed \$20 million for recruitment and retention efforts in a supplemental budget.
- Established a technical working group to identify process improvements at CRRC to expedite car delivery and improve safety.

By Executive Order, Governor Healey:

- Appointed the nation’s first cabinet-level Climate Chief to lead the new Office of Climate Innovation and Resilience and established a Climate Cabinet.
- Established a Housing Working Group to examine the structure of the administration’s new Housing Secretariat.
- Established Governor’s Councils on Black Empowerment and Latino Empowerment.
- Reconstituted a historically diverse and talented Judicial Nominating Commission.
- Led the Executive Branch to conduct equity assessments.

The Healey-Driscoll administration also:

- Joined the multistate Reproductive Freedom Alliance, stockpiled mifepristone and issued an Executive Order protecting access to medication abortion and protection for patients and providers.
- Filed a supplemental budget for fiscal year 2024 that extends universal school meals through the end of 2024 school year and explores how to keep

the program running long-term, invests in MBTA hiring, and makes preparations for the end of the COVID-19 health emergency.

- Launched a \$50 million grant program to fund decarbonization retrofits of existing low- or moderate-income residential buildings.
- Created the Office of Federal and Regional Energy Affairs to promote regional cooperation and advocate for advancing the state’s clean energy transition with federal, state, and other stakeholders.
- Created the position of Director of Federal Funds and Infrastructure to drive and support the state and municipalities’ competition for federal funding and convened an Inter-agency Task Force.
- Filed and worked with the Legislature to establish the Executive Office of Housing and Livable Communities.
- Created the position of Director of Rural Affairs to serve as a dedicated advocate and ombudsman for rural communities, responsible for cultivating rural economic development to ensure that state government is attuned to the unique needs of rural communities.
- Appointed the state’s first Secretary of the newly established Executive Office of Veterans’ Services.
- Announced 9 new early college programs including the first partnership with UMass to expand access to high schools.
- Created the Office of Environmental Justice and Equity and the Office of Federal and Regional Energy Affairs.
- Announced a Director of Data Initiatives to strategize the state’s economic growth and launched a Future Skills awareness campaign to connect talent with employers.
- Established the Municipal Cybersecurity Awareness program to fund 177 cities and towns with cybersecurity training.

*The following Op-ed was written by the Healey Driscoll offices.*

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# Why early detection of Lung Cancer is so important

Lung cancer is the leading cause of cancer death in the United States. While early detection can vastly improve a patient's chances to lead a full and healthy life, the majority of those who are high risk are not getting screened.

The American Lung Association, which is committed to defeating lung cancer and supporting those with the disease, is sharing vital information to help more people learn their risk and connect them to screenings and other life-saving resources:

### Preventable Deaths

According to the 2022 "State of Lung Cancer" report, a mere 5.8% of Americans eligible for a low-dose computed tomography (CT) scan were screened. A low-dose CT scan is a special kind of X-ray that takes multiple pictures as the patient lies on a table that slides in and out of the machine. A computer then combines these images into a detailed picture of the lungs. Studies estimate that if even just half of the approximately 8 million Americans identified as high risk for lung cancer were screened with a low-dose CT scan, over 12,000 lung cancer deaths could be prevented. In fact, since low-dose CT scans started to be used for screening, it has reduced cancer deaths by 20% and it has reduced deaths from other causes by almost 7%.

### Risk Eligibility

Many people who are at risk for lung cancer and are eligible for screening are not identified and are not referred for screening. Under the most recent lung cancer screening guidelines, those ages 50-80 who have a 20 pack-year smoking history or who have quit smoking in the past 15 years should get screened for lung cancer.

The American Lung Association offers a helpful tool for determining your eligibility for screening, found at [www.SavedByTheS-can.org](http://www.SavedByTheS-can.org).

### Eliminating Racial Disparities

It is especially important for Black men and women to speak to their health care provider about their risk and get screened if necessary, as they are more likely to develop lung cancer and less likely to survive five years with the disease than people of any other racial or ethnic group.

Research suggests that Black Americans have a higher baseline risk for developing lung cancer -- Black American smokers get lung cancer at least 20% more often than other people who smoke. Furthermore, systemic racism and injustices and issues continue to persist in the healthcare system, and Black people and other communities of color are less likely to be diagnosed early, less likely to receive surgical treatment, and more likely to not receive any treatment at all.

### Fighting Barriers

Despite the fact that lung cancer screening is extremely effective at improving life expectancy and has the potential to dramatically improve lung cancer survival rates, many patients are not getting screened, even when they have a referral from their doctor to do so. The reasons for low screening adherence range from practical concerns, such as financial and transportation barriers, to more elusive issues like distrust of the medical system and lack of awareness regarding the seriousness of the disease.

Emerging resources are helping eliminate these barriers and are making it easier for people to assess their screening eligibility, locate screening centers, schedule appointments, and receive financial assistance if they don't have insurance or transportation. Free tobacco cessation resources and other lung health resources also exist to help people to reduce their risk. To learn more, visit [www.lung.org/lung-health-diseases.org](http://www.lung.org/lung-health-diseases.org) or speak directly to a nurse or respiratory therapist by calling the Lung HelpLine at



PHOTO SOURCE: (c) monkeybusinessimages / iStock via Getty Images Plus

1-800-LUNG-USA. important that everyone learns their risk and connects to resources to help them get screened. (StatePoint)

# Our Senior Life

DURING THE MONTHS OF MARCH + APRIL THE EVERETT INDEPENDENT WILL BE RUNNING A SERIES OF INFORMATIVE ARTICLES AND SERVICE SPOTLIGHTS OF IMPORTANCE TO OUR SENIORS, AS WELL MEMORIES OF DAYS GONE BY.

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## STAY SHARP WITH SUDOKU

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Growing old is mandatory, but growing up is optional!

— Walt Disney

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6	9	5	7	8	4	2	9	1	3

### SUDOKU ANSWERS

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SECOND ANNUAL MARATHON DAFFODIL DASH

PHOTOS BY MARIANNE SALZA

HYM Investment Group LLC partnered with Revere Parks and Recreation partnered for the second annual Marathon Daffodil Dash on April 15 on the Suffolk Downs track. Four hundred children, ages 3-13, partic-

ipated in a 50-yard-dash. After the races, children and their families planted wildflowers with For Kids Only, Revere, wove flower crowns, and had their faces painted.



Lais, 4-years-old, of Everett.



Eneyda, Madeline, Aracely, and Rebeca Guevara, 4-years-old, of East Boston.



Kristin Killeen, Karissa Killoren, Karter Seaburg, 5-years-old, and Cassidy Gordon, 10-years-old.



Families weaving flower crowns with PP USA.



Families planting wildflowers with For Kids Only Afterschool.

# Attention MassHealth Members

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THE EHS TIDE VARSITY HOCKEY PROGRAM AWARDS DINNER

The EHS hockey program consists of four local high schools. The high schools are Everett High School, Revere High School, Malden High School, and Mystic Valley Regional Charter High School.

Last week the EHS Boosters, led by President Linda Saia, and the players and families met at the Prince Pizzeria in Saugus for dinner and the presentation on awards by Coach Craig Richards and his staff. Junior Matt LaCroix, who was unable to attend the banquet, was the recipient of the Outstanding Junior Award.



The RHS George Fabiano Memorial Award was presented to Ryia Tanizaki by George's brother Christopher and sister Elaine Fabiano.



Head Coach Craig Richards and his staff with the 2022-2023 Tide Varsity Hockey Team. The team received their sweatshirts from the EHS Booster Club, President Linda Saia.



The EHS Tide's 7th Player Award went to Chris Cecca presented by the Tide's Coaches.



The Most Improved Player Award went to Jonathan Brandano.



Offensive Player of the Year was Michael Brandano presented by Coach Richards and staff.



Jacky Summers was presented the Defensive Player of the Year Award by Head Coach Craig Richards, Jamie Branzell, Kirk Toomajian and Ryan Cerrato.



Outstanding Freshman went to Frankie Annunziata, presented by Head Coach Craig Richards, Jamie Branzell, Kirk Toomajian and Ryan Cerrato.



Outstanding Sophomore went to Riley Constantine, presented by Coach Richards and his staff.



Outstanding Senior went to David Saia, presented by Head Coach Craig Richards and the Tide coaching staff.

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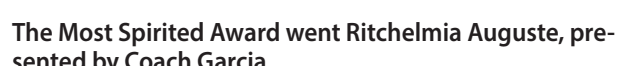
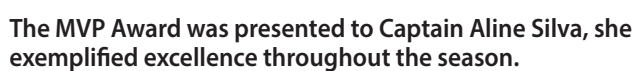
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Last Wednesday evening the Tide Hockey and Cheerleading program gathered at the Prince House in Saugus to recognize the student-athlete achievements for the 2022-2023 hockey season. The 2023 Most Improved Cheerleading Award went to Grisnel Gonzalez Pena, who was unable to attend the event.



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# Celebrate Earth Day

**Saturday, April 22, 2023**

**8 a.m. - 12 p.m.**

**Rivergreen Park  
(1 Rivergreen Drive)**

Join us as we celebrate Earth Day  
by cleaning up and planting new  
life along the Everett waterfront!

In addition to many other fun  
projects, enjoy a participant BBQ,  
boat and canoe rides, activities and  
more at 12 p.m. with music and fun  
for all.

Volunteer today by scanning the QR  
code to fill out the registration form  
or visit:

[cityofeverett.com/events/celebrate-earth-day](http://cityofeverett.com/events/celebrate-earth-day)

 **SCAN ME**

## SKANE'S SKEIN CONTINUES, EHS SOFTBALL TEAM AT 6-0

The Everett High softball team continued to mow down its opponents through the first part of the season with a trio of runaway victories this past week.

EHS pitcher Kristi Skane picked up three more "Ws", tossing 16 innings in which she fanned 26 enemy hitters.

The Lady Crimson Tide opened their week with an 18-0 blanking of Greater

Boston League (GBL) opponent Lynn English last Wednesday at Glendale Park. The Lady Bulldogs threatened in the top of

the first, placing runners at second and third with one out. However, Skene

one out. However, Skane struck out a Lynn hitter for the second out and left fielder Arabella Cvitkusic snared a line drive to end the threat.

“This last out was a huge catch to save the runners from scoring,” said EHS head coach Stacy Poste-Schiavo.

However, any thought that the visiting Lady Bulldogs may have had of making it a ballgame disappeared in the bottom of the first with a six-run out

burst by the Lady Crimson Tide

Skane gave herself all of the runs she would need with a bases-loaded base hit for two RBI. Alexis Uga delivered a two-run triple and then two walks with the bases-loaded accounted for the 6-0 lead.

Ashley Seward socked a two-RBI triple in the second and came home on a ground out by Cvitkusic to make it 9-0.

Everett tacked on four more markers in the third, with Bryanna Mason delivering a three-run homer to key the rally. Bryanna came through with another three-run homer in the following inning to place an exclamation point on the Everett victory.

"We had some players

in different positions because a few players were out," noted Poste-Schiavo. "Everyone did an amazing job. When the girls had an opportunity to hit, they hit hard and made the runs count. Kristi did amazingly on the mound, throwing to sophomore catcher Emilia Marie-Babcock. The defense was on their game again."

Two days later the Lady Crimson Tide trekked to non-league foe Cam-



FRESH AND LOCAL

Rescue surprises

By Penny & Ed Cherubino

Rescue dogs come from many different situations. No matter how much information you may have about the dog you choose, you'll only learn the whole story after that animal settles into your home and the true personality and behavior emerge. Typically, this doesn't happen overnight.

Often there is a "honeymoon" period with a new rescue. Initially, dogs spend time adapting to a new space's sights, sounds, smells, and routines. It takes time for a rescue to begin to trust the people around them. Slowly they begin to figure out the cast of characters in this new place.

They learn who they can rely on to feed them or respond when they need to relieve themselves. A dog will quickly determine who's a pushover, who means what they say, who will share food, and who they shouldn't bother. This goes for other animals in the home as well as people.

As Patricia B. McConnell, Ph.D., animal behaviorist, writes, "Fido in one place is not necessarily predictive of Fido in another. Context and the environment plays as big a role in dog behavior as it does in yours. Probably bigger. But let's start with us: Are you the same person during an intense meeting at work as you are when having drinks with friends, just a few hours later?"

Different Starting Points

How much information you receive about a dog depends on how the animal came into a rescue organization. Little or nothing is known about strays who are picked up on the street and placed in a shelter.

Shelter workers, foster homes, and rescue groups do their best to evaluate the dogs in their care. However, it is ultimately your job to help your new

family member to adapt and learn what is expected. We recommend two favorite online resource centers to anyone adopting a dog.

The Best Friends Animal Society has a resource center. They call it "... a comprehensive online library where you'll find information about pet health and training, as well as educational materials and interactive resources for people with pets and rescue workers."

We like the specific guidance they supply on topics like "Understanding and Caring for Rescued Hoarded Dogs," "Training Shelter Dogs," and "Puppy Mill Rescue Dogs."

You can also rely on the popular adoption website Petfinder.com. They offer a great "Dog Adoption Checklist" and guidance for bringing a new dog home, introducing animals, puppy proofing, and specific behavioral problems.



This pup was one of our happiest rescue surprises. Despite the reason for his surrender, he was well-behaved and gentle in his forever home.

Happy Surprises

Many purebred breeds have rescue groups that place dogs in foster homes and evaluate their behavior before placing them for adoption. In some cases, these dogs were surrendered to the group by a family who provided background. While that information is helpful, it may not predict how the animal will respond in your home.

One of our happiest rescue surprises was a dog

surrendered to a rescue group because it was accused of nipping a child. A family experienced with dogs and without children was selected for us to interview. We recommended the adoption and enjoyed becoming friends with this family. We spent a lot of time with this dog, who was always well-behaved and gentle. The home and the people made this possible.

Yes, rescue dogs come with baggage that you

may have to help them unpack. But, for every dog with separation anxiety, leash aggression, or barking, there's another dog who became the well-behaved best friend a person sought when they adopted a rescue.

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.

How to get rid of crabgrass and maintaining a healthy lawn

Weeds can be unsightly in an otherwise perfect, healthy lawn. Not only are they sometimes ugly, but they also compete with your lawn for space, sunlight, water and other nutrients! One of the most notorious weeds known for its difficulty to control is crabgrass. If you're one of the unlucky homeowners who have crabgrass in their lawn—not to worry! Read on to learn more about how to get rid of crabgrass.

What is crabgrass?

Along with goosegrass, crabgrass is a pervasive weed found throughout the continental United States that many lawn owners struggle to control.

As an annual weed, crabgrass remains present in the landscape for one growing season, which usually begins in the late spring and early summer after the soil temperature has reached a temperature of 55 to 60 degrees for over five days.

Once the plants germinate, they will continue to grow until the days begin to shorten, causing them to enter a reproductive stage. During this time, plants produce seed (up to 150,000 per plant!) until the first frosts of the fall hit and knock them out.

Even if crabgrass isn't visible in your lawn during the fall and winter, if the plant was able to set seed, prepare to begin fighting it again in warmer weather.

What does crabgrass look like?

Appropriately named, crabgrass grows close to the ground and has branching stems resembling crab legs. Large crabgrass tends to have a dense coating of hair while smooth crabgrass does not. In smooth crabgrass, you can occasionally spot a pinkish red center where the grass is growing from.

A crabgrass seed head grows from different parts of the stems and has soft little spikes growing from them.

How to get rid of crabgrass

If you've identified crabgrass early on and only a few weeds are pres-



ent, it can be pulled by hand and may not grow back again. However, if crabgrass turns into a recurring problem or is too extensive to pull by hand, many chemical options serve as crabgrass killers. Some methods for controlling crabgrass are by using a pre-emergent or post-emergent herbicide.

How to Kill Crabgrass

Chemical control is often the best approach if crabgrass has spread throughout your lawn. As previously mentioned, crabgrass produces up to 150,000 seeds per plant, so chemical control may be more effective.

While there are many herbicide options available, they will typically fall under one of the following categories: pre-emergent herbicides and post-emergent herbicides. Both types are typically necessary for controlling crabgrass since it's such a tricky weed.

Start by using a pre-emergent herbicide to prevent crabgrass...it's more effective.

Pre-emergent herbicides are used to prevent weeds from appearing while post-emergents are used to treat currently existing weeds. Use pre-emergents before the first frost in your area in the fall and before soil temperatures reach 70 degrees Fahrenheit.

One option is Dimension 2EW (active ingredient dithiopyr), which has a long-lasting window and can kill seeds that germinate at various times. This product has also been effective as an early post-emergent herbicide against crabgrass. The timing of the application is everything. The success of the application will de-

pend on getting it out before the seeds germinate, so pay close attention to the changing temperature!

Pre-emergents are often the most effective method for controlling crabgrass. Once it appears in your lawn, it becomes harder to control.

Use a post-emergent herbicide when weeds are currently present.

If crabgrass has already established itself, the question then becomes "what kills crabgrass?". A crabgrass post-emergent herbicide will be necessary at this point in the game. Even if you applied a pre-emergent on time, it's good to apply a post-emergent to kill any current crabgrass weeds before they begin spreading.

For post-emergent control, Meso 4SC Select (active ingredient mesotrione) is a newer product that looks promising at minimizing crabgrass competition so that your lawn can flourish. However, this product should not be applied on zoysia grass as it will kill the lawn.

Drive XLR8 is a tried and true method of control that when applied correctly, is extremely effective.

Lastly, Spectracide Weed Stop For Lawns + Crabgrass Killer is a great weed control product that controls over 250 various types of weeds and easily hooks up to the end of your garden hose.

If nothing else works, spot-treat the weed with a non-selective herbicide.

This is often a last-resort option and should be optional. If you've applied both a pre- and post-emergent herbicide and still see crabgrass, consider spot-treating it with a non-selective herbicide.

Non-selective herbicides will kill any and all vegetation it comes in contact with, which is why you should spot-treat it to kill crabgrass. You'll use a liquid non-selective herbicide, tank-mix it in a spray-tank and apply directly to the weed with a nozzle.

Selective herbicides, on the other hand, only kill the weeds listed on their product labels.

When crabgrass cannot be controlled by maintenance practices alone and a chemical must be applied, make sure to read the label carefully to ensure that it will not cause any damage to your lawn and is compatible with your type of grass.

Non-chemical control of crabgrass

There are many control options available to help ensure that this season is the last time crabgrass invades your lawn. Some natural prevention methods to strengthen your lawn include:

1. Raising the mowing height: This will help keep the soil cool by keeping the sunlight out, making it more difficult for the crabgrass to germinate and take over.
2. Watering deeply once a week: Avoid light irrigation that would allow weed seed to germinate, and make sure your lawn is well watered and healthy before germination begins.
3. Avoid fertilizing in the summer: Make sure fertilizer is applied before the crabgrass begins, this will keep your lawn thick and give it the upper hand.

Can you pull crabgrass?

Yes, you can pull crabgrass by hand and with a small garden shovel. Crabgrass can be hard to remove, so watering the soil around it might make it easier to pull the weed. The only risk with this is that they must be pulled early in the season before crabgrass has enough time to produce a bunch of seed.

With that being said, it's also better to pull crabgrass if it's younger. Larger, established crabgrass has seed heads that

will drop into the soil and grow more in its place.

Where does crabgrass grow?

Crabgrass is a strong weed. It can be found in any type of grass including zoysia, bermuda grass, St. Augustine, centipede, fescues and others.

Additionally, you can spot this weed in lawns, athletic settings, commercial landscapes, gardens and more. It likes to grow in hot, dry conditions with poor soil quality and easily takes over lawns that are heat stressed.

What causes crabgrass?

As previously mentioned, crabgrass prefers warm, dry environments with poor soil quality. Mowing the grass too low can encourage its growth in addition to light watering.

How does crabgrass grow?

Crabgrass spreads and reproduces by seed. It can produce up to 150,000 seed per plant. Mowing over crabgrass can also spread the seed it produces throughout other areas of your lawn.

When does crabgrass germinate?

This ultimately depends on your geographic location. It usually begins germinating in the late spring and early summer after the soil temperature has reached a temperature of 55 to 60 degrees for over five days.

When does crabgrass die?

Crabgrass is an annual, meaning the same plant won't keep showing up year after year. It typically dies when colder weather ensues and once it's been hit by a frost.

How to get rid of crabgrass in the summer

The best way to get rid of crabgrass in the summer is to remove it by hand. This can be risky if the crabgrass plant is mature with a lot of weeds. Once it is pulled, follow up by planting seed or grass plugs in the open area so that more weeds don't invade.

Water the lawn deeply 1-2 times a week, as crabgrass doesn't prefer moist

environments. Mowing at a taller height also discourages remaining crabgrass seed growth.

It's highly recommended to not apply any sort of chemical on the crabgrass during the summer because it can burn and damage your lawn. However, carefully spot-treating it with an effective post-emergent without letting the chemical touch the grass will also kill crabgrass in the summer. To be super safe, consider surrounding the crabgrass plant with some sort of barrier to prevent it from making contact with your lawn.

With either method, be sure to apply a pre-emergent come next spring to prevent future crabgrass growth.

How to kill crabgrass in the spring

Apply a pre-emergent in early spring to prevent crabgrass from growing. Read more about application dates here. Use a post-emergent labeled for crabgrass control on any currently existing weeds.

Can crabgrass be prevented?

Start by using a pre-emergent herbicide to prevent crabgrass...it's more effective.

Pre-emergent herbicides are used to prevent weeds from appearing.

Use pre-emergents before the first frost in your area in the fall and before soil temperatures reach 70 degrees Fahrenheit.

Additionally, maintaining a healthy lawn with good-quality soil and proper mowing heights will discourage crabgrass growth. Watering the lawn regularly so that the soil doesn't get too dry will also discourage crabgrass growth.

Want to learn more about achieving a great lawn? Check out more Sod University tips here and subscribe to our weekly newsletter.

This article was written by Sod Solutions Content Strategist, Valerie Smith. For all media inquiries or for high-resolution photos, contact Cecilia Brown at cecilia@sodsolutions.com.



## Roundup / CONTINUED FROM PAGE 8

bridge and came home with a 9-1 victory.

Skane went the entire seven inning route, striking out 12 opponents, while walking only one and yielding just five hits.

Cambridge took a 1-0 lead in the first inning with a two-out rally on a triple and a base hit, but that would prove to be the apogee for the Lady Falcons on the day against Skane.

The Lady Crimson Tide struck back for three runs in the second, with a bases-loaded single by Mason and a clutch, two-out, two-RBI base hit by Marie-Babcock producing the tallies.

Everett put some distance between the teams with a three-run rally in the fourth on RBI base hits by Emma Longmore and Marie-Babcock. The Crimson Tide defense also shone in the bottom of the inning when Longmore snared a line drive at second and threw tio first to double-up a Cambridge runner who had singled to lead off the inning.

Everett tacked on additional tallies in the fifth and sixth frames to account for the 9-1 finale.

“This was a non-league game and it was nice to play Cambridge again,” said Poste-Schiavo. “Their pitcher had some decent speed on her, but once we started hitting, she started to get a little wild.

“We did leave too many runners on base,” the coach continued. “Again, Kristi Skane and (catcher) Kayley Rossi controlled the tempo of the game. Cambridge had some decent hitters and hit the ball hard a few times. However, our defense made the plays when needed.

Emma Longmore’s double play was much needed at the right time. I am happy to see the girls are getting up at the plate with more confidence and producing hits. We have 15 games left and we still are focusing on one game at a time.”

This past Monday morning the Everett squad made the trip to Somerville and came home with another runaway triumph.

The Lady Crimson Tide scored early and often, grabbing a 4-0 lead in the top of the first thanks to a two-run “bomb” of a home run off the bat of Uga and an RBI double by

Rossi.

In the second, the EHS bats kept up the fireworks (which were very appropriate to celebrate the Patriots Day holiday) with Marie-Babcock blasting a three-run homer and Skane tripling and scoring on a base hit by Rossi, who then delivered a solo homer in the third as part of another Everett rally.

Seward joined in the roundtripper parade with a three-run homer in the fourth to cap an Everett rally that boosted the Lady Crimson Tide into a commanding 18-3 advantage.

“This was the inning we knew we had to secure more runs,” said Poste-Schiavo. “Somerville was hitting the ball and we could not afford to allow them to get on. The grass was wet and the ball was moving when it made contact. They had switched out their pitcher after the third hit-by-pitch and we had to adjust to the new pitcher. We had to end up waiting on the ball and getting the timing right, which we did well.”

Somerville responded with three runs in the bottom of the fourth, but the Lady Crimson Tide got those back in the top of the fifth on a “bomb” of a home run by Cvitkusic to lead off the inning and a triple by Marie-Babock that scored Longmore, who had singled. Babcock came across on a sac fly by Skane and, after Rossi doubled and Uga singled, Seward put an exclamation point on the day with another home run for the 26-6 finale..

Peyton Warren came on in the fifth to take over the pitching duties to finish off the victory.

“I never like to get that many runs, but I also did not want to hold the girls at bases when they earned the hits they got,” said Poste-Schiavo. “Again, the pitchers did great controlling the ball during the rain and although we made some errors out in the field, we bounced back with hits.”

The Lady Crimson Tide travel to Revere this morning (Wednesday) and will host no-league opponent Latin Academy on Friday. Both games are at 10:00.

What looms as an early-season showdown for first place in the GBL is set for Monday when Everett hosts Medford Monday

afternoon at Glendale at 4:00. They will entertain Malden next Wednesday at Glendale at 4:00.

### BOYS VOLLEYBALL WINS TWO MATCHES

The Everett High boys volleyball team earned its first two victories of the season, defeating Greater Boston League (GBL) rivals Lynn Classical in five sets at home on Monday and then sweeping Lynn English on the road Wednesday.

Coach Michael Fineran’s Crimson Tide now stand at 2-3 on the season, with home matches this week at 11:30 in the morning against Revere today (Wednesday) and Somerville tomorrow (Thursday). The Tide will trek to Medford on Monday and return home to entertain Malden next Wednesday.

“In 15 matches over two seasons, we have gone to the fifth set 11 times,” said Fineran. “We were 6-2 in five-set matches last year, so we’re used to playing them. But in the opening week of the season, we didn’t make enough plays to come out on top, so It felt good to see us put it all together and come out with the win on Monday.”

The first set with the visiting Rams from Lynn Classical showed that it would be a close match that could go either way.

EHS senior captain Dimitar Dimitrov served six in a row with two aces to put Everett up 10-7, and then served the final four points to seal the set, 25-19. Senior co-captain Said Soaib had four kills and junior Andrew Linhares had four kills and a block.

The second set did not start off well for Everett. The Tide missed two serves early on and had trouble handling the Rams’ serves, leaving Everett in a 13-7 hole that they couldn’t dig out of. Dimitrov had five serves in a row to pull Everett to 23-21, but that’s as close as the Tide would get.

The Everett offense returned for the third set, with sophomore setter Dantae Bauer distributing eight assists and recording three kills of his own, including the game-winner, as Everett went up 2-1 with a 25-22 win.

But in the fourth set, the Tide missed four serves and earned only four kills,

dropping the set, 25-18. One bright spot was the play of junior Kaleb Miranda, who had three of his five blocks in the set.

“That gave us a different dimension to exploit in the fifth set,” noted Fineran.

Linhares, serving for the first time in the match in the fifth set, dropped in two aces in five serves to build a 6-2 lead. Sophomore Jefferson Umana followed up with his own run of two aces in five serves, putting Everett up 11-3. Sophomore Henrique Franca aced the next two serves for a 14-6 lead, and Dimitrov ended the match with a kill.

“It was good to see us step up and play at our best with the game on the line,” said Fineran. “We had some flashes in the first week, but we didn’t know how to put matches away. We figured it out Monday, and then carried that momentum with us on the road on Wednesday at Lynn English, earning 41 kills in the straight-set victory.”

Seventeen of those kills came from Franca, who set the tone early, with three service points, six kills, and a block in the opening-set, 25-18 win. Miranda had five kills in the match, and sophomore Steve Flores anchored the back row defense. Linhares had four kills and two blocks. Umana and Soaib each served 13 times.

Everett pulled away midway through the second set, building an 18-11 lead behind Franca’s serving and spiking, before a kill from Miranda closed out the set, 25-17.

Everett built a 7-1 lead in the third set, and serves from junior Hyan Soares and Umana helped to push the lead to 24-13. A Bulldog missed serve gave Everett the win.

“It was the first time this season that we put together a complete match, and we showed ourselves what happens when we stay aggressive,” Fineran said. “If we get our serves in and make good passes, we can make a good run at the postseason. We will have to overcome an injury to junior middle Dawens Germain, and we will be without Franca for the matches over April Break, but we have depth to keep us in any match.”

### EHS BOYS TRACK RUNS PAST MEDFORD

The Everett High boys track and field team improved to 2-0 on the season with a hard-fought 72-64 decision over Greater Boston League rival Medford last week.

Coach Jehu Cimea’s squad was led by a trio of double-winners:

Senior captain Sjhinay Aristhene took first place in the 400 meter hurdles with a clocking of 1:03.5 and in the 110 high hurdles with a time of 17.7.

Junior newcomer Shane MacKenzie was a double-victor once again with a pair of victories in the discus and the javelin. Shane’s discus toss of 111’-0” was a personal record (PR) that was a full 20 feet further than his nearest Mustang rival. His javelin throw of 115’-9” was 4’-6” further than the second-place Medford competitor.

Junior captain Jalen Jones, who was competing for the first time this season, also scored 10 points for the Tide, capturing the high jump with a

leap of 5’-8” and the triple jump with a hop, skip, and jump of 39’-1.5”.

Four other Crimson Tide performers won their respective events: Junior Joao Pedro Rodriguez took the long jump with a PR flight of 19’-0.5; senior captain Samuel Desir-Mafaouana captured the mile with a clocking of 5:14.8; junior Jayden Prophete sped to first in the 100 meter dash with a PR sprint of 10.9; and senior Matth Telson won the 800 meter race in a time of 2:14.6.

Junior Donald Michel accounted for six points on the day with a pair of second-place performances in the 110 hurdles in a time of 18.2 and the high jump with a leap of 5’-6”.

Adding three points to the Everett cause with second-place finishes were: sophomore Elijah Lassiter in the 400 hurdles with a PR of 1:07.3; freshman Kayshaun Eveillard in the 400 dash in 54.4; and junior Donald Stark in the shot-put with a throw of 26’-2”.

Contributing single points with third-place efforts were: Freshman Jonathan Goes in the javelin (83’-6”); junior Adoni Santos in the shot (34’-6.5”); senior Adail Costa Fernandes in the triple jump (38’-4”); senior Reklöv Lageroy in the 200 dash (23.5); senior Fludjy Moise in the 400 dash (55.4); sophomore Jaiden Williams in the 100 dash (11.4); and senior Anthony Cooper in the two-mile (12:22).

Cimea and his crew are scheduled to take on Malden today (Wednesday) and Chelsea next Thursday.

### DESRAMEAUX SETS NEW EHS MARK IN SHOT-PUT

Another chapter was written last week in the ongoing, see-saw saga between junior teammates Darrynn Desrameaux and Layla Betancur-Cardona for the Everett High school record in the shot-put when Darrynn claimed the record -- which Layla had set the week before -- with a throw of 31’-8” in the Lady Crimson Tide’s meet with Medford. Ironically, Layla’s toss of 31’-4” would have broken her own mark, but her teammate edged her out to claim the top spot in EHS annals -- for now.

“The battle between Layla and Darrynn in the shot put is going to be so fun to watch this season,” said EHS head coach Jehu Cimea. “At any meet this season they can break the school record.”

Desrameaux was a double-winner for the Tide, also taking first place in the discus with a toss of 90’-2”, to score 10 points for the Lady Crimson Tide.

Other first-place winners for coach Jehu Cimea were junior Tiana Allen in the javelin with a throw of 72’-8”, junior Malaica Guillaume in the triple jump with a final landing of 29’-10”, and junior Nicole Brandao in the 110 meter high hurdles with a clocking of 19.6.

All three girls also grabbed second place in other events to finish with eight points each on the day: Guillaume in the 400 hurdles in a time of 1:23.4; Brandao in the long jump with a leap of 12’-10.75”; and Allen in the discus with a spin of 61’-11”.

Other second-place performers for Everett were: sophomore Yelsa Garcia

in the 100 dash (13.7); senior captain Luca Jean Noel in the mile (6:55.3); senior Ida Bittaye in the 110 hurdles in 19.9; and junior Keasta Sandy in the javelin (70’-6”). Keasta also took third place in the high jump with a leap of 4’-4”.

Also adding single points with third-place finishes were: junior Victoria Macao in the javelin (63-10”, completing an Everett sweep in the event) and in the 200 dash (28.9); senior Lamiah Wyzard in the shot (24’-0”) that completed another EHS sweep; sophomore Millena Antonio in the 800 (2:58.1); senior Selma Moutaouakkil in the 400 dash; and sophomore Zyelle Cannon in the 100 dash (13.9).

The final tally showed the Lady Mustangs prevailing by a score of 78-56.

Cimea and his crew are scheduled to meet Malden today (Wednesday) and Chelsea next Thursday.

### BOYS TENNIS TREKS TO REVERE TODAY

The Everett High boys tennis team is scheduled to travel to Greater Boston League (GBL) rival Revere today (Wednesday).

In their matches this past week, the Crimson Tide came up short to GBL foe Lynn English, 1-4, last Tuesday in which Shishir Pokhrel won his singles match.

Although the Tide dropped a 5-0 decision to non-league opponent Latin Academy, EHS head coach Greg Bluestein was able to use a number of his players in their first varsity match.

Bluestein and his crew entertain Medford next Monday and trek to Malden next Wednesday.

### EHS BASEBALL TEAM HOSTS REVERE TODAY

The Everett High baseball team has a busy week ahead, with four games on tap in eight days.

Coach Joel Levine’s squad will host Greater Boston League rival Revere this morning (Wednesday) at 10:00 at Glendale Park and will travel to non-league opponent Charlestown on Friday for an 11:00 encounter.

They will travel to GBL rivals Medford and Malden next Monday and Wednesday respectively.

In their lone contest this past week, the Tide dropped a 10-5 decision at GBL foe Lynn English last Wednesday.

Everett jumped out to an early 3-0 lead in the top of the first, keyed by a two-run base hit by senior Matt Turilli. However, the advantage proved short-lived, as the Bulldogs struck back for four runs in their half of the inning.

Junior Alex Lara pitched four strong innings, giving up two earned runs. Turilli led the Tide offense with two hits.

“It was another game where early defensive miscues cost us some outs,” said Levine, whose team stands at 1-3. “Offensively, we left nine runners on base. We were unable to come up with the big hit while the game was close throughout the middle of the game. Again, our pitching was there, and if we can clean up our game defensively and come up with some timely hits, we will be in every game we play this season.”

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OBITUARIES

Audrey Fuccillo  
Of Peabody, formerly of Everett



Family Memorial Home - North Shore Chapel 10 Chestnut Street, Peabody, on Friday, April 21 from 10 a.m. to 12 Noon before leaving in procession to St. Adelaide's Church, Peabody for a Funeral Mass celebrating Audrey's life at 1 p.m. In lieu of flowers, memorial donations may be made to The Celia Fuccillo Pilgrimage in Audrey's name to Our Lady of Fatima Shrine - Xaverian Missionaries, 101 Summer Street, Holliston, MA 01746, Please make checks payable to Our Lady of Fatima Shrine - Xaverian Missionaries.

Audrey J. (Esposito) Fuccillo of Peabody, formerly of Everett, passed away peacefully surrounded by her loving family on Wednesday, April 12 at 79 years of age. The beloved wife of over 53 years to Ronald P. Fuccillo Sr., she was the devoted mother of Andr a Fuccillo of Lynn, Celicia D'Amico (Fuccillo) and her husband, Salvatore Sr. of Dracut, Ronald P. Fuccillo Jr. and his wife, Janeen of Lynnfield and Robert S.G. Fuccillo Sr. and his wife, Jenny of Peabody; dear sister of Carolyn Holloway of Alabama; cherished grandmother of Ronald III, Celeste, and Gianna Fuccillo, Salvatore D'Amico Jr., Robert Fuccillo Jr., and Reese Fuccillo. She is also survived by many loving nieces and nephews. Family and friends will honor Audrey's life by gathering at the Ruggiero

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Notice of  
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The Everett Housing Authority (EHA) is required by Section 511 of the Quality Housing and Work Responsibility Act of 1998 and 24 CFR 903, issued by the U.S. Department of Housing and Urban Development (HUD) on October 21, 1999 to review its procedures and policies annually. The Housing Agency Plan is a comprehensive document that describes aspects of the EHA's Federal program. A public comment period commences on May 1, 2023 and will end the close of business

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DEMARIA WELCOMES NEW ENGLAND’S FIRST DOG BAR TO EVERETT

Mayor Carlo DeMaria, alongside First Lady Stacy DeMaria, and their dogs Hugo and Ruby, were pleased to welcome Park-9 Dog Bar to the City of Everett.

Located at 48 Waters Ave. #1, Everett is now home to New England’s first “dog bar.” Founders Emily Gusse, Tess Kohanski and Chris Kohanski created a “dog-friendly” space and environment by combining a dog park and bar dedicated to the comfort and enjoyment of both dogs and humans.

Conveniently located along the Northern Strand Community Trail, dog-lovers taking their best friend(s) for a walk can stop inside for a drink and some delicious food. Your dog(s) will be able to socialize with

other dogs and have plenty of fun in the spectacular play area, which features indoor and outdoor spaces.

“Now that the weather is getting warmer, I suggest everyone consider taking their dogs for a walk on our bike trail and stopping inside for a drink and a good time for both dogs and humans alike,” said Mayor DeMaria. “It was a pleasure to join Park-9 at their “leash-cutting” ceremony, and I wish them the best of luck.”

If you’d like to stop by, their hours are:

Monday to Friday: 5 p.m. – 10 p.m.  
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For more information, please visit [www.park9dog-bar.com](http://www.park9dog-bar.com).



Mayor DeMaria “cut the leash” to welcome Park-9 Dog Bar to the City of Everett.

PHOTO COURTESY OF PARK-9 DOG BAR



One of the bars at Park-9 Dog Bar.



The outdoor area for dogs to have fun.

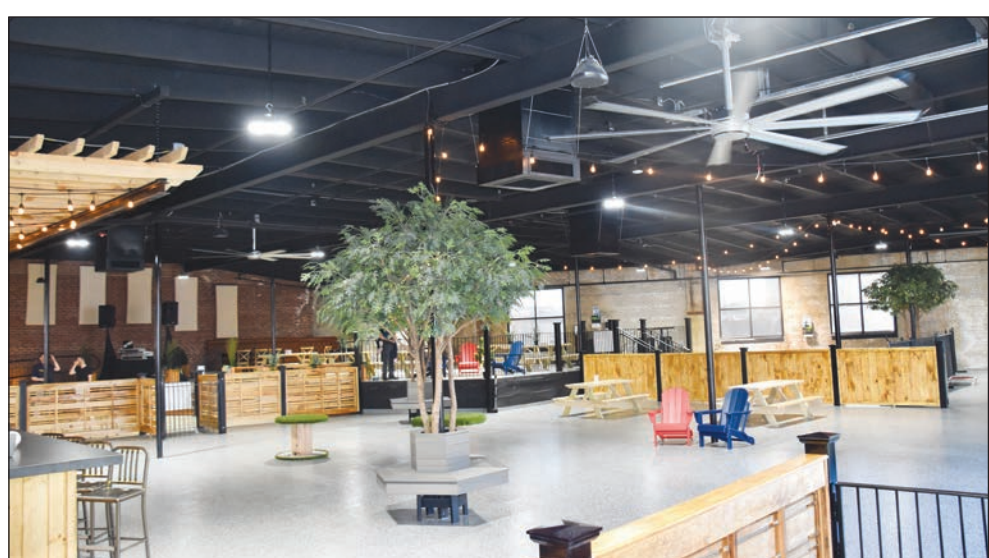
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Mayor Carlo DeMaria presented a citation to Founders of Park-9 Dog Bar Tess Kohanski, Emily Gusse and Chris Kohanski.



City Councilors Stephanie Martins and Al Lattanzi presented Founders of Park-9 Dog Bar Emily Gusse, Tess Kohanski and Chris Kohanski a citation on behalf of the Everett City Council.



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