

# Everett Independent

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From left to right: Stanley Chamblain, Everett High School Vice- Principal, Barbara Lawlor, Zonta Member, James Murphy, Everett High School Principal, Mary Jane O'Neill, Zonta Member, Dennis Lynch, Everett High School Vice- Principal.

## ZONTA CLUB OF CHELSEA AND NORTH SHORE NEWS

Members of the Zonta Club of Chelsea & North Shore recently delivered Scholarship Checks to the School Districts of Chelsea, Revere, Winthrop,

Everett and Saugus. For many years the Zonta Club has donated these scholarships to 5 Senior High School women who will be attending col-

lege. We are pleased to continue awarding these scholarships to deserving young women. We are proud to be able to support the High School's

scholarship program and we wish the recipients all the best in their future endeavors.

## JEWISH WAR VETERANS HOLD BROTHERHOOD BREAKFAST



The Department of Massachusetts Jewish War Veterans held its 68th Annual Brotherhood Breakfast honoring high school students for their outstanding leadership, character, and community service. Pictured at the breakfast held Sunday at Lombardo's in Randolph are (seated) Everett resident Barry Sobel, who is a veteran of the U.S. Army and commander of JWW Post 187 Malden, and his wife, Beth Barrett; and (standing) former Everett resident Warren Anastasia, a veteran of the U.S. Air Force.

# DeMaria announces Bootstrap Compost is now providing services to residents

Special to the Independent

Mayor Carlo DeMaria recently welcomed Bootstrap Compost to their new location on Broadway. Since opening, Bootstrap Compost now offers a pilot program for Everett residents to provide premium curbside composting services at a discounted price. Their new rate is a weekly clean bucket service for the low price of \$6 per week or \$8 biweekly (a nearly 50% price reduction from the standard rate).

This program was created to increase the accessibility of composting services to the whole community. "Today, as our landfills are filling up, almost half of the material going into them is made up of food waste,"

remarks Mayor DeMaria. "By converting food waste into compost, we are dramatically reducing landfill costs, reducing methane (the most potent greenhouse gas), and creating clean organic soil, which can be used to restore our vacant lots, waterfront, and wetlands, transforming historically degraded land from past industrial pollution into clean and healthy growing spaces."

This is why Bootstrap has decided to go all-in on investing in food waste infrastructure in the city they call home. Bootstrap is committed to ensuring Everett's food scraps will be composted in facilities nearby, with a future goal of adding new processing capacity in the city. The premium compost these

processes produce will then be distributed back to customers, free of charge, and to local urban farms, thus closing the loop of the local food cycle in Everett and strengthening soils used for local agriculture.

Bootstrap's commitment to serving the community goes beyond just waste hauling. Educating the community on the importance and benefits of composting and how residents can do their part to join the effort is crucial to the program's success. To that end, Bootstrap will participate in several local events in 2023 in partnership with organizations such as Everett Public Library and local non-profits like Everett Community Growers. Everett residents are encouraged to come

to these events, meet with members of Team Boot, and learn about what they can do to contribute to the sustainable future of Everett. The dates and times are to be determined.

All Everett residents can sign up for Bootstrap's services at the new reduced rate at <https://accounts.bootstrapcompost.com/create-account/>. Residents will automatically access the Everett-only rate when they enter an Everett street address on the sign-up form. New customers can also enter the coupon code COMPOSTCURIOUS2023 to receive their first month of service at no cost. For more on Bootstrap, its history, and its impact, visit <https://bootstrapcompost.com>.

# It's Unanimous

## Mayor DeMaria appreciative of board's votes to support construction of new high school

By Cary Shuman

Mayor Carlo DeMaria said he appreciates the unanimous votes cast by the School Committee and the City Council in support of a plan to build a new Everett High School.

DeMaria's remarks came after the City Council voted unanimously at its March 13 meeting to submit another Statement of Interest to the MSBA for state funding for a new high school facility in Everett.

"I have been advocating for the state to support my plan to alleviate overcrowding across our entire school district and to increase our capacity to offer a more robust career

and technical education program to our students by building a new high school facility in Everett. I appreciate the support from my colleagues on the School Committee and the City Council shown by their votes to approve filing another Statement of Interest (SOI) with the Massachusetts School Building Assistance Authority (MSBA) to help fund this important initiative," said Mayor DeMaria. "I also took the opportunity last week in a meeting with Lieutenant Governor Driscoll to advocate for additional funding for the MSBA to approve more applications because of

See HIGH SCHOOL Page 5

# Everett school officials file lawsuit against mayor, School Committee and City

Staff Report

Everett Supt. of Schools Priya Tahiliani and Deputy Supt. Kim Tsai have filed a lawsuit against Mayor Carlo DeMaria, the School Committee, and the City of Everett, according to The Boston Globe.

In the report, the Globe writes that the lawsuit, which was submitted Tuesday, alleges "racism, sexism, and retaliation"

two weeks after the School Committee voted (by a 6-4 margin) to not renew Tahiliani's contract as superintendent. The superintendent's contract runs through February, 2024.

Erin Deveney, chief of staff to the Office of Mayor Carlo DeMaria, told the Everett Independent Tuesday that "the City does not comment on any pending legal matters."

## DIDOMENICO HOSTS DEVENS SCHOOL STUDENTS AT STATE HOUSE



Senator Sal DiDomenico hosted students and staff from the Devens School at the State House recently. The Senator showed them his office, the Senate chamber, the State House balcony, and then the group went on a tour of the entire State House. "It is always such a pleasure to host young people from my hometown who are interested in government and learning more about Massachusetts history," said State Senator Sal DiDomenico. "I had a great time showing them the Senate and talking about how what we do at the State House affects the city of Everett and our schools."

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For the latest news in Everett that you need to know, check [everettindependent.com](http://everettindependent.com)



# Everett

## Independent

President: Stephen Quigley

Editor in Chief: Cary Shuman

### THE ST. PATRICK’S DAY PARADE: THE GOOD, THE BAD, AND THE UGLY

For those of us of Irish descent, whose great-grandparents came to this country at the turn of the 20th century with not much more than the clothes on their backs, whose grandfathers served in WWI, and whose fathers and uncles fought in WWII, it has been with a mixture of pride and some degree of bemusement to see St. Patrick’s Day become widely-observed by Americans of all ethnicities all across the country over the past 20 years.

The contributions of Irish immigrants to America’s greatness, similar to those of other ethnic groups, have been ignored for decades, so to the extent that St. Patrick’s Day has served to highlight both the plight and pluck of our Irish forebears has been extremely gratifying.

It was not all that long ago when John F. Kennedy became the first Irish-Catholic President, though his candidacy was seriously debated in political circles because of the widely-held belief that he would be taking his orders from the Pope. Kennedy felt compelled during the primary campaign, when it was clear that he was the front-runner for the Democratic nomination, to give a long speech about “the Catholic question,” which he concluded by stating, “So I hope we can see the beginning of the end of references to me as ‘the Catholic candidate’ for President.”

Though St. Patrick’s Day has been a major celebratory holiday for generations of Irish-Americans in enclaves such as New York City, Boston, and Chicago, it only has become a major event across the country, from east to west and north to south, fairly recently.

But unfortunately, the recognition of the achievements of Irish-Americans also has been accompanied by the sort of revelry that has fed into the worst stereotype of Irish-Americans -- and of course, we’re referring to the heavy-consumption of alcohol that has become part and parcel of St. Patrick’s Day celebrations everywhere.

That brings us to the St. Patrick’s Day parade in South Boston this past Sunday. While it was nice to see the parade return in full force for the first time in a few years because of the pandemic, the degree of public intoxication by those along the parade route was both frightening and disgusting.

Here’s an excerpt from the Boston Globe story about the parade:

“In the days leading up to the parade, authorities warned people not to use it as an excuse for public drinking. Liquor stores, bars, and restaurants were required to close early Sunday in South Boston. Despite the warnings, many people were drinking along the route and on the subway Sunday....Some walked the South Boston streets carrying borgs — the nickname given to a ‘blackout rage gallon,’ a concoction of hard booze, water, and electrolytes, mixed together in a gallon jug. Left behind along the parade route were broken bottles, empty borgs...”

We had the misfortune to be traveling on the Red Line southbound at 4:00, soon after the parade had wrapped up. Every car was packed with young people, almost all under the age of 20, who were heavily-inebriated -- and we’re not talking about just a few bad apples. The entire train was filled with underage-drinkers from Quincy, Weymouth, Abington and other So. Shore communities, who were openly imbibing beer and hard-seltzer drinks, throwing their empties around the cars and striking other passengers, even as others among their group were falling into other passengers and vomiting along the route.

By the time the train pulled into No. Quincy station, the Red Line essentially had shut down because of the unruly, drunken youths who were running amuck in the trains and on the platforms. MBTA police had been visible on the platforms during the ride, but they were pulling a Sgt. Schultz (from Hogan’s Heroes) -- they feigned obliviousness to the chaos around them.

With the brawls and melees leaving us sitting at No. Quincy for more than 15 minutes, and escalating, we decided to get off the train and meet our ride (who had been having her own bad experience with drunken youths at Braintree Station, who were pounding on cars as they rambled through the parking garage) on Hancock St.

The image that came to mind was from the “Last of Us,” the HBO hit series in which humans are infected by a rapidly spreading pandemic in which a mutated fungus morphs people into zombie-like creatures -- except in this case, the “infection” was caused by heavy-alcohol intake.

So to the politicians and civic leaders who extolled the “success” of this year’s St. Patrick’s Day parade, we suggest that next year they get on the Red Line as we did after the parade and see if they still feel the same way about turning a blind eye to the heavy drinking in public along the parade route.

Yes, it was a great day to be Irish, but it also was a sobering (no pun intended) reminder that permitting public intoxication, especially by young people, should never be tolerated even -- and especially -- on St. Patrick’s Day.

# Independent Forum

## GUEST OP-ED

### Love cares enough to try

probably going to shorten your life.” This could pertain to any negative activity or addiction.

Having serious conversations with people is not easy. We are all busy. We aren’t close enough to most people to be this direct. Plus, we really have to care a lot about someone to be lovingly honest. We run the risk of the friendship becoming strained or evenly totally severed. The bottom line is do you care enough to be honest? Plus, don’t ever start making life recommendations to someone unless you truly love the person and are willing to help the individual work through the issues.

It’s easier to let people continue on their negative path to self destruction. Fast food and unhealthy food items are unfortunately much more affordable. It’s not cheap to eat healthy. It’s not cheap to be sick either. Medical bills can pile up quickly. Trips to the doctor are expensive. Diabetic medications are expensive. Kidney issues result in death for many Americans every year. Funerals are expen-

sive. Giving up a good friend or family member is life changing.

Disease happens to us all in some way. These bodies are very vulnerable to cancer, diabetes and so on.

Chances are you may have tried. Most likely you have talked your head off to someone you love but they continue in their negative behavior. It seems many people under 50 can’t fathom sickness or death. The consequences of their behavior seem remote or even impossible. Thus they continue on their way.

Of course we all have to look in the mirror. We all wrestle with our private and public demons. Most of us know we aren’t perfect and if we take a serious inventory of our lives and habits we realize we all come away short of perfection, this is especially true of me. I have lots of personal work to do and it’s all I can do to try to do my own daily diagnosis and repair work. This is why we don’t take the time to try to help others; we have enough problems of our own.

Therefore, this is why you have to really care a lot about someone to take the time to try to help the person.

If you had the gift of premonition and could keep someone from being killed in an accident you wouldn’t hesitate to speak with them about it. So, why, if you can help someone address personal issues/addictions that might be deadly, wouldn’t you try? Unfortunately, addictions and mental illnesses are issues that people seem to be afraid to address. If someone you love was inside a burning building, most of us would risk our own lives to rush in and save them.

Why is it so hard to risk hurt feelings to save a life?

*Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.*

By Dr. Glenn Mollette

Honesty is not always the easiest path but it’s usually the most loving path.

Let’s say you have a loved one or friend who is diabetic but they eat crazy stuff every day from pizza to cookies to soda pop without regard for personal health. Is it best for you to treat them to treats containing white flour and sugar every chance you can or to have a talk with them? Of course, you run the risk of hurting feelings or making the person angry but chances are they are going to die sooner than they should. It’s best to try to save the person’s life by being honest. You don’t have to cut the person’s head off with a verbal assault or face slapping rhetoric.

Love doesn’t attack people. You shouldn’t get preachy because this runs most people away. Simply preface your remarks by saying, “I’m your friend. I care about you and your life. I want you to live a long time. However, if you don’t stop eating what you eat all the time you are

### Advocate Healthcare of East Boston under new management

Story & Photo by Marianne Salza

Advocate Healthcare of East Boston, formerly the Don Oriane Home, is under new management. Administrator Ryan Gaughan, of Winthrop, began working at the Orient Heights nursing home and rehabilitation facility on October 1, 2022; and he hopes to create quality care and a welcoming atmosphere for the community.

“I believe in good care,” expressed Gaughan, who served in the United States Coast Guard for four years. “Treating families with respect, welcoming them, and being transparent with them is key to running a successful building.”

The 100,000-square-foot structure was constructed in 1954; and Gaughan recognizes that improvements must be made to provide a more comfortable and functional space for residents and their families.

“It’s an old building, but it has charm and history,” admitted Gaughan. “My goal is to make the building the top nursing home in the area.”

Advocate Healthcare is in the planning stages of major renovations. Architects and contractors are being consulted to improve and upgrade the building.

A physical therapy gym is proposed to be built in what had been a recreation area, with an expansive deck overlooking the airport runway, and the Madonna Queen of the Universe National Shrine. The space will include an occupational therapy area to help develop residents’ abilities to live more independently.

“We’re looking at putting it on the fourth floor, which is stunning. It’s one of the best views around,” said Gaughan. “It’s going to be great. I’m excited.”

Advocate Healthcare is also arranging to renovate



View of the Madonna Queen of the Universe National Shrine, Logan International Airport, and the Orient Heights neighborhood from the fourth floor of Advocate Healthcare of East Boston.

the 134 units that house long-term and short-term residents.

“We have so much space that we have an opportunity to upgrade the building with little disruption to our residents,” said Gaughan.

In the nearly six months that Gaughan has been employed at Advocate Healthcare, the facility has increased from measuring a two star quality rating to achieving three out of five stars, as evaluated by the Centers for Medicare & Medicaid Services, a government organization that regulates guidelines for the Department of Health and Human Services.

“My goal is to be a five star building,” Gaughan declared.

According to Gaughan, nurse staffing was low during the COVID-19 pandemic, and many nursing homes relied heavily on contracting agencies to fill positions. Although staffing has increased at Advocate Healthcare, the facility is hiring quality nurses and certified nurse assistants.

“We use very little agency staff here. There is an adjustment period. Cutting down on agencies is important to providing consistent care,” explained Gaughan. “We want to make sure our

staff is familiar and get to know the residents to provide the best care possible.”

Advocate Healthcare offers individualized care for patients, and is staffed by licensed professionals, including a specialized wound doctor, and 24-hour nurse management.

“Staffing for a lot of buildings has been a challenge; and in the past, it has been here,” Gaughan

acknowledged. “Now we are in a good place for staffing. We have in-house nurses who have been here a long time. They’re experienced and know the residents and systems. That’s comforting.”

Advocate Healthcare provides short-term and long-term services. The first floor cares for pa-

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# Everett

## Independent

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FINANCE FOR SENIORS

# Dealing With Medical Costs

**Juggling Medicare, insurance and out-of-pocket expenses can be daunting**

Unfortunately, health issues tend to become more common in our seniors years — and then the accompanying bills begin to pile up. Managing it all can start to feel like a return to full-time employment, in particular for those with chronic illnesses. Here’s how to deal with medical costs.

**HEALTH SAVINGS**

Consider putting away pre-tax money in order to cover the inevitable medical expenses that will come up later. Health savings account are an idea way to do it. This personal account allows you to save and then withdraw your money tax free, as long as it’s used for qualified medical expenses including co-payments and deductibles, among other things.

Eligibility for an HSA is based on being covered by health plans with deductibles that are



deemed “high.” The monthly premium on these plans is usually lower, but you end up paying more in out-of-pocket expenses before the insurance company takes over. HSAs are designed to fill that gap, potentially saving thousands. You aren’t eligible, however, if you have Medicare or a non-deductible insurance plan.

**MEDICARE**

As with Social Security, this

benefit can be leveraged higher — if you know how to manage your account. Don’t simply auto-enroll, of you may end up higher out-of-pocket payments and less coverage for prescriptions. Part A and Part B cover hospital insurance and outpatient services, respectively. Be aware, however, that you can expect annual changes to your prescription drug benefit so explore multiple Part D options. It pays to shop around.

Part C, meanwhile, is the so-called Medicare Advantage plan. This allows you to consolidate elements of Parts A, B and D through private insurance companies. Part C may include options not available through original Medicare plans, including dental, hearing and vision. Critically, Plan C also has an annual limit on your out-of-pocket expenses.

**OTHER CONSIDERATIONS**

Take the time to look into long-term care plans as soon as possible. Set aside reserves specifically for this often-needed health option, or consider a hybrid insurance plan that combines life and long-term insurance products. In the meantime, become an active patient. Ask plenty of questions, in particular about tests that may be unneeded but tend to run up your bill. Consider generics when filling prescriptions, which can also turned into huge savings.

# Our Senior Life

DURING THE MONTHS OF MARCH + APRIL THE EVERETT INDEPENDENT WILL BE RUNNING A SERIES OF INFORMATIVE ARTICLES AND SERVICE SPOTLIGHTS OF IMPORTANCE TO OUR SENIORS, AS WELL MEMORIES OF DAYS GONE BY.

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## SENIOR NEWS FROM THE MAYOR’S OFFICE

### MOVIE TIME AT THE CONNOLLY CENTER

Mayor Carlo DeMaria and the Council on Aging have planned a special movie event for Tuesday, March 28 at 1pm at the Connolly Center, 90 Chelsea Street. Join us for the life-affirming, joyous and moving film, “A Man Called Otto” starring Tom Hanks. Based on the #1 New York Times best seller list, of the same name. It tells the story of a grumpy old widower who is very set in his ways. When a lively young family moves next door, Otto meets his match, who eventually turns his world upside down. Refreshments will be served. For additional information, please call 617-394-2270 to be connected to the Connolly Center.

### SENIORS ON THE ROAD 2023

Mayor Carlo DeMaria and The Council on Aging are very happy to offer Older Adults two exciting trips for seniors to enjoy in 2023.

On June 12, 2023, we will be departing the Connolly Center for a four-day, three-night trip to Lake George, New York. Our tour includes round trip transportation on a Wilson luxury bus. Upon arrival at Lake George, you will be greeted by the friendly staff of the “Surfside on the Lake Hotel” with a welcome reception. You will enjoy three full breakfasts, three sumptuous dinners, a tour of Saratoga, a cruise on Lake George with an optional casino visit on this tour. To reserve your tour, please contact Constituent Services at 617-394-2270

### EMERGENCY PREPAREDNESS EVENT FOR SENIORS

Mayor Carlo DeMaria and the Council on Aging have partnered with American Red Cross for a special presentation on emergency preparedness for older adults. On Monday, April 24, join us at 10am at the Connolly Center, 90 Chelsea Street, to learn how you can protect and prepare yourself if a disaster should occur. The expert staff from the American Red Cross provide information and will be on hand to answer questions you may have. For additional information, please call 617-394-2270.

and ask to be connected to Cathi at the Connolly Center. Checks must accompany reservation. Sign up now and don’t be shut out of this wonderful trip. Reservations are being accepted now!

On October 12, 2023, we will be departing the Connolly Center for a fun fabulous 50’s weekend in Wildwood, New Jersey. The tour includes round trip luxury bus transportation, 2 nights’ accommodations, 2 breakfasts, 2 dinners and two amazing concerts including a Friday night dance party. Groups like the Vogues, Tommy James & The Shondells and more have appeared at this fun event. Bring your bobby socks and saddle shoes. Reservations with payment are being accepted July 15, 2023. Please see Cathi at the Connolly Center for more details.



# EPA analysis shows 2021 increase of toxic chemical releases in Massachusetts

Special to the Independent

The U.S. Environmental Protection Agency (EPA) released its 2021 Toxics Release Inventory (TRI) National Analysis, which shows that environmental releases of TRI chemicals from facilities covered by the program remained below pre-pandemic levels and releases in 2021 are 10% lower than 2012 releases, even with an 8% increase from 2020 to 2021. Additionally, in 2021, facilities managed 89% of their TRI chemical waste through preferred practices such as recycling, energy recovery and treatment, while reporting that they released 11% of their TRI chemical waste into the environment.

In Massachusetts, the reporting data show that overall releases of pollutants to the environment increased since the previous reporting year (2020). However, over the last 10 years, Massachusetts has reduced air emissions by 55% due to the closures of a coal fired power plant and aluminum can manufacturer

TRI tracks the management of certain toxic chemicals that may pose a threat to human health and the environment. U.S. facilities in different industry sectors must report annually how much of each chemical is released to the environment and/or managed through recycling, energy recovery and treatment. A “release” of a chemical means that it is emitted to the air, water or placed in some type of land disposal.

“TRI reporting is a key part of EPA’s efforts to provide greater access to vital environmental information to Americans about their neighborhoods,” said EPA New England Regional Administrator David W. Cash. “Making this information publicly available also incentivizes companies to reduce pollution and gives communities tools to act locally – which is particularly important for underserved communities that have historically been disproportionately impacted by pollution.”

## Massachusetts: Released on and offsite

During 2021, the latest year for which data is available, 357 facilities reported approximately 3.9 million pounds were released onsite to the air, water and land (such

as landfills), compared to 3.0 million pounds released in 2020 (an increase of 0.9 million pounds). Approximately 667,300 pounds were released to the air, and 2,800 pounds were released to surface water. The major pollutants released to the air were toluene at 27% and ammonia with 11% of all air releases in the state. The major pollutant released to the water although small was formaldehyde (at 30% of all releases to water). In the last ten years, total releases increased 8% from 3.6 million pounds in 2011 to 3.9 million pounds in 2021.

## Massachusetts: Total Production Related Waste

During 2021, 357 facilities reported approximately 50.4 million pounds of total production related waste was managed compared to 362 facilities and 43.9 million pounds managed in 2020 (an increase of 8.3 million pounds). Total production related waste includes chemicals released directly to the environment and wastes that are treated (such as in an incinerator or wastewater treatment system), recycled and waste that is landfilled.

## Massachusetts: Top Five Companies

The companies in Massachusetts with the greatest releases included various industries including plastics, fabricated metals, manufacturing, and chemicals. These 5 facilities produced 44% of the releases in the state of Massachusetts in 2021.

Each year, EPA makes publicly available TRI data reported by industries throughout the United States regarding chemical releases to air, water and land by power plants, manufacturers and other facilities which employ ten or more workers, and which exceed thresholds for chemicals. Reporting includes information on chemicals released at a company’s facility, as well as those transported to disposal facilities off site. TRI data do not reflect the relative toxicity of the chemicals emitted or potential exposure to people living in a community with reported releases.

Reporting under TRI does not indicate illegal discharges of pollutants to the environment. EPA works closely with states

to provide regulatory oversight of facilities that generate pollution to the nation’s air, land, and water. Effective review and permitting programs work to ensure that the public and the environment are not subjected to unhealthful levels of pollution, even as agencies work to further reduce emissions of chemicals to the environment. Enforcement efforts by EPA and states ensure that facilities that violate their environmental permits are subject to penalties and corrective action. Yearly releases by individual facilities can vary due to factors such as power outages, production variability, lulls in the business cycle, etc., that do not reflect a facility’s pollution prevention program(s).

## Companies with the largest releases:

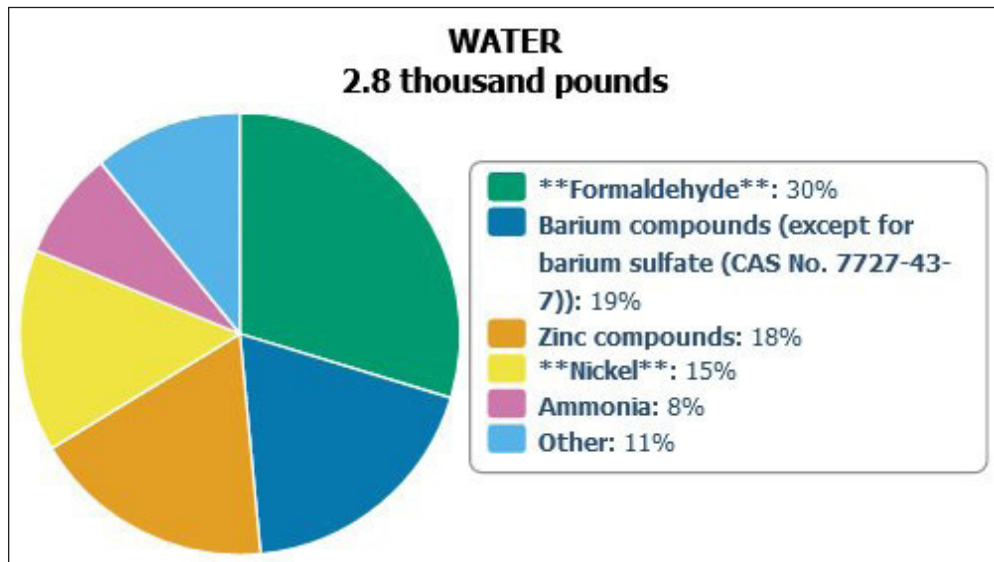
TRI data are submitted annually to EPA, states, and tribes by facilities in industry sectors such as manufacturing, metal mining, electric utilities, and commercial hazardous waste. Under the Emergency Planning and Community Right-to-Know Act (EPCRA), facilities must report their toxic chemical releases for the prior year to EPA by July 1 of each year. The Pollution Prevention Act of 1990 also requires facilities to submit information on pollution prevention and other waste management activities related to TRI chemicals.

The 2021 Analysis features updated visualizations and analytical tools to make data more useful and accessible to communities, including the option to view data by region and watershed. EPA has also updated demographic information in the “Where You Live” mapping tool and in the Chemical Profiles section. Readers can view facility locations with overlaid demographic data to identify potential exposure to TRI chemical releases in vulnerable communities. Community groups, policymakers, and other stakeholders can use this data, along with other environmental data, to better understand which communities may experience a disproportionate pollution burden and take action at the local level.

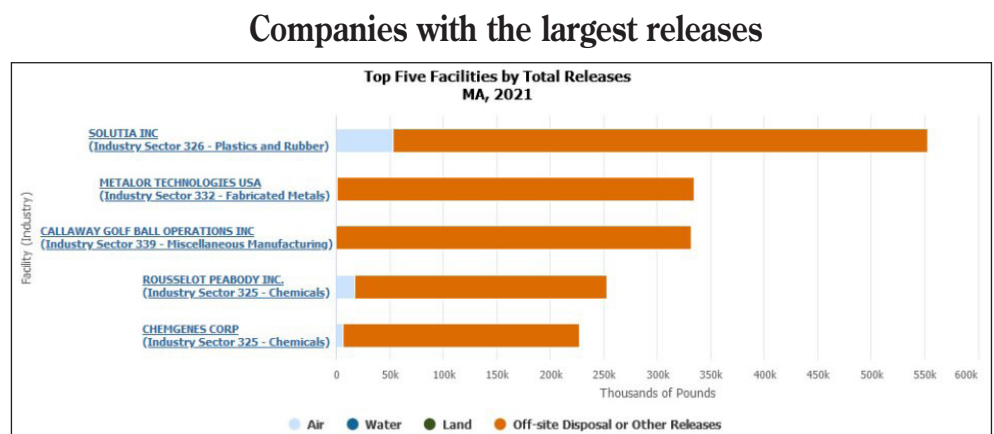
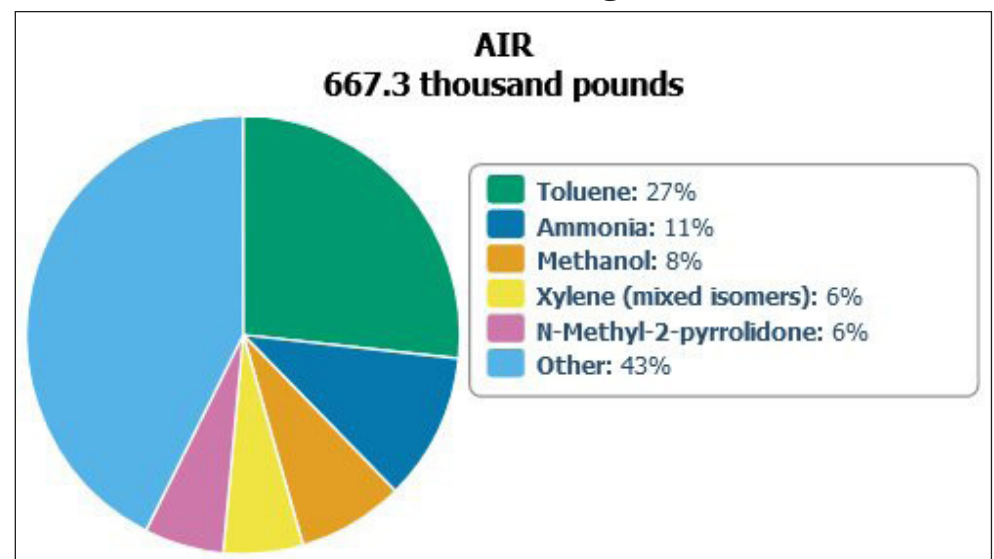
## PFAS Reporting

For the second time, the TRI National Analy-

## The top five chemicals released to surface water in Massachusetts during 2021



## The top five chemicals released to the air in Massachusetts during 2021



sis includes reporting on perfluoroalkyl substances (PFAS) following the 2020 National Defense Authorization Act. For Reporting Year 2021, 176 PFAS were reportable to TRI. Facilities reported managing 1.3 million pounds of these chemicals as waste. This is an increase from the 800,000 pounds in 2020 and is largely due to reporting on one PFAS, perfluorooctyl iodide, which EPA began requiring facilities to report in 2021.

Most of the facilities that manage PFAS operate in the chemical manufacturing and hazardous waste management sectors. The hazardous waste management sector accounted for roughly 80% of the 108,334 pounds of PFAS released into the environment, primarily to regulated landfills.

Last December, EPA proposed a rule that would improve reporting on PFAS to TRI by eliminating an exemption that allows facilities to avoid

reporting information on PFAS when those chemicals are used in small, or de minimis, concentrations. Because PFAS are used at low concentrations in many products, this rule would ensure covered industry sectors and federal facilities that make or use TRI-listed PFAS will no longer be able to rely on the de minimis exemption to avoid disclosing their PFAS releases and other waste management quantities for these chemicals.

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The City of Everett Celebrates

Mayor DeMaria

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**FLAG RAISING CEREMONY**  
2:00 PM

**COMMUNITY RECEPTION**  
3:00 PM

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Karmarri Ellerbe



Giacobbe Ward

Three Everett football standouts have been named to the North Squad for the 45th Shriners Football Classic, which will be held at Bentley University on Friday, June 16. Quarterback Karmarri Ellerbe, offensive lineman Nick Raymond, and wide receiver Giacobbe Ward, are among over 100 seniors who will take the field in the June classic that raises money for the Aleppo Transportation Fund that helps families from all over the world meet the costs of transporting children to Shriners Childrens Hospitals in Boston and Springfield.

Ellerbe, who was named all scholastic in both the Boston Globe and Boston Herald, was the Greater Boston League MVP while leading the Crimson Tide to the league title. Both Ward and Raymond were stalwarts for Everett. For Ward and Giacobbe, the game will introduce them to the gridiron where they soon will continue their football careers, as both recently signed their Letters of Intent to attend Bentley in the fall.

Project Bread’s The Walk for Hunger May 7

One of Massachusetts’ most iconic events is back! Project Bread’s The Walk for Hunger, the Commonwealth’s largest and oldest day of community action against hunger, is seeking walkers for a new 3-mile route. Back in-person for the first time since 2019, the one-day fundraising event is set for Sunday, May 7 at the Boston Common, featuring plenty of family-friendly activations along the 3-mile loop. The Walk for Hunger is a fundraiser that supports Project Bread’s work to raise awareness for food insecurity and increase food access for people of all ages in Massachusetts. In its 55th year, Project Bread invites you to help us raise more than \$1 million to support food assistance resources and sustainable policy solutions to end hunger.

Likeminded anti-hunger organizations can enroll in our co-fundraising program, The Commonwealth, forming teams to raise money to support their own work, while also furthering the statewide effort. To register for the event and create a personal or team fundraising page for the Walk for Hunger or to make a donation, visit [projectbread.org/walk](http://projectbread.org/walk) or call (617) 723-5000.



Walkers in the Walk for Hunger.

High School / CONTINUED FROM PAGE 1

how important this project is to Everett students.”

The School Committee had voted by a 10-0 margin to advance the proposal for a new high school before the Council discussed the issue.

Supt. of Schools Priya Tahiliani appeared at the Council meeting to talk about the Statement of Interest being submitted to the Mass. School Building Authority (MSBA)

Councilor-at-Large Stephanie Smith asked Tahiliani if the submission of the Statement of Interest was required in the process after last year’s proposal was not approved.

“That’s correct,” replied Tahiliani. “What you see in front of you is almost exactly the same as the one submitted last year with some updates in regard to enrollment at the schools and the renovations we made in order to increase school space.”

Councilor Stephanie Martins asked about the timeline for the entire process.

“Last year, we submitted at around this time, and we found out that we were not accepted in December or January,” said Tahiliani. “Altogether, the estimate is that [the process] takes about 8-10 years,” said Tahiliani. “It is a pretty extensive process and actually I believe the City has gone through it in the past with other Statements of Interest – even in the last decade – so there are focus groups that are put together to determine what exactly the plan is going to be so you have a lot of community input.”

In terms of Everett’s bid for a new school being approved by the MSBA, Tahiliani told the Council that many gateway cities are overcrowded [in their schools], “and there’s only so large of a pot of money, and unfortunately the feedback that we did receive is the money is not going as far because of inflation rates.”

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## NEWS FROM AROUND THE REGION

### COUNCIL LOOKS TO MAKE TWEAKS IN LINKAGE FEES

CHELSEA - The City Council needs to make a few minor tweaks in order to enact its new linkage fee ordinance.

The ordinance will require developers to pay a fee to the city for developments that meet certain size requirements. Those fees would then be used by the city for programs such as youth sports or other programs to improve the city.

The home rule petition for linkage fees was introduced by then- City Council President Roy Avellaneda in early 2022. The ordinance creates linkage fees for any commercial, industrial, or mixed-used development, and any residential developments of 24 or more units.

Those fees would then go into a separate fund, and the City Council would then be able to decide how the funds could best be used for the neighborhoods impacted and the city.

In a letter to the City Council, City Solicitor Cheryl Watson Fisher said the home rule petition recently passed by the state misclassified which fund the monies should be appropriated to, and also failed to clarify the waiver section.

At its next meeting, the council will be asked to amend several sections of the ordinance to clarify those issues.

The fees will go into a community impact linkage fee fund and subject to appropriation by the council.

The fee for commercial and industrial devel-

opments will be determined by multiplying the rate of \$12.50 per square foot times the total number of square feet in the project over 25,000 gross square feet.

For residential and mixed-use developments, the fee would be \$10 per square foot times the total number of square feet in the project over 25,000 gross square feet.

The City Manager may also recommend a waiver or reduction of the linkage fees if the City Manager determines that other project development cost and concessions warrant such a waiver or reduction. Such a recommendation would have to be approved by a majority of the council.

### EASTIE WOMAN WIN \$1M LOTTERY

EAST BOSTON - Jary Rodriguez Temac of East Boston is the first \$1 million prize winner in the Massachusetts State Lottery's "Billion Dollar Extravaganza" instant ticket game, the Mass Lottery's first \$50 ticket.

Temac, who was joined by her husband Marlon when claiming her prize at Mass Lottery headquarters in Dorchester, chose the cash option on her prize and received a one-time payment of \$650,000 (before taxes).

She purchased her winning ticket at Neptune Liquors located at 1 Neptune Rd. in East Boston. The store will receive a \$10,000 bonus for its sale of this ticket.

"Billion Dollar Extravaganza" offers over \$1 billion in total winnings and features the largest

instant win prize in Mass Lottery history - \$25 million. In total, there are three \$25 million prizes, five \$2 million prizes and 15 \$1 million prizes.

With an overall prize payout of 82.0 percent, "Billion Dollar Extravaganza" has the highest payout percentage of any game ever offered by the Mass Lottery. The odds of winning a prize in the game are 1 in 4.10.

### RIZZO ENTERS RACE FOR MAYOR

REVERE - The race for Mayor of Revere just got a lot more interesting with the announcement by popular councilor-at-large, and former mayor, Dan Rizzo that he will be a candidate for the city's chief executive position in the 2023 election.

Rizzo will be seeking a return to the corner office, having previously served one term as mayor from 2012 to 2016. During his mayoral campaign, Rizzo will no doubt highlight his numerous accomplishments in office, compiling an impressive slate during challenging times that included an unprecedented tornado that struck the city in 2014, and the eight feet of snow during 45 days in the winter of 2015.

"Despite our challenges, we were able to do an awful lot," said Rizzo. "We invested \$8-9 million on Broadway. We built the new Hill School and the new Harry DellaRusso Stadium, the three ballfields behind St. Mary's, and brought in Market Basket to re-energize Northgate. So I think my proven record

### WHEN IRISH EYES ARE SMILING



First Church of Winthrop, United Methodist held its annual St. Patrick's Day party on March 11 at the Church's Hall at 217 Winthrop Street.

Shown in the top photo are Audrey DiPasquale and Marie Grenlaw with their green on and supporting big smiles.

In the photo to the left is Rich and Mae Strohane, the church musicians for the event.

of accomplishments and getting things done will hopefully resonate with the voters."

Rizzo said he recently consulted with some of his longtime supporters about a run for mayor, "and everyone's energized and everybody's excited, because they believe in my form of leadership and government. So, I'll definitely be back in the race for mayor. I'm feeling confident. My campaign is going to be about positivity. It's going to be about the future."

Rizzo said he will formally announce his candidacy at his April 13 luau that has annually attracted capacity crowds to Casa Lucia.

### TOWN LOOKING TO BUY FLAGPOLES

WINTHROP - Wave that flag high, Winthrop.

The town is looking to purchase three new commercial flagpoles for official use at the E.B. Newton building.

"I did receive the quotes ... for approxi-

mately \$8,500 for three new commercial flagpoles at E.B. Newton," said Town Manager Tony Marino at last week's Town Council meeting.

There would be one 30-foot pole in the center for the American flag, with a 25-foot pole on either side, one for the state flag and one for a community flag. Marino stated he is still working on a flag policy to present to the Town Council that would help govern the display of the community flags.

Marino added that there has been some discussion among groups in town about fundraising efforts to help pay for the new flagpoles.

"We're still finalizing that, but we will have that well in place before June," said Marino.

The town manager added that the flagpole currently outside Town Hall will remain in place.

In other business, Marino told the council that negotiations are continuing with Comcast concerning a new cable and internet contract with the town.

"This always generates a lot of questions around town," said Council President James Letterie. "We appreciate Comcast as the only provider we have in terms of internet, but we would always like services to be better."

Marino said he has spoken with the Comcast representative Winthrop deals with about coming into talk to the council internet service and other issues related to the contract. One of the aspects of the contract the town is looking at is increased capital funding for the WCAT community cable station.

"One of the items that's been in past contracts, and I don't know if it disappeared or what, is that years ago (Comcast) had an office in town as part of the contract where you could pay bills and ask questions," said Letterie. "That went away when they said Boston was close enough. Well, Boston is not necessarily close enough and I would like that to be brought up to say 'whatever happened to that?'"

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Photos will be published on April 5<sup>th</sup> & April 6<sup>th</sup>

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Winthrop Transcript | Lynn Journal

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NEWS IN BRIEF

DEMARIA  
ANNOUNCES APRIL  
SENIOR SOCIAL

Mayor Carlo DeMaria and The Council on Aging have planned the April Senior Social for Wednesday, April 19, 2023 at Anthony’s Restaurant, 105 Canal Street in Malden, MA. Upon your arrival at Anthony’s, you will be greeted by their friendly staff with coffee, tea and breakfast pastries (11:00AM). Our main event begins promptly at 11:45AM in the Terrace Room. You will dine on a delicious meal consisting of a fresh garden salad, bread and butter, pasta, roasted stuffed pork with roasted potatoes, glazed carrots, gravy, apple sauce, coffee and dessert. You will also enjoy the song stylings of Ray Cavicchio and dance to all your favorite tunes. Don’t miss out on our monthly raffle and delicious birthday cake. Tickets are available for purchase beginning April 3 with the last date of sales April 14 at the Connolly Center, 90 Chelsea Street. Please see Dale or Cathi for additional information or call 617-394-2270.

DEMARIA  
ANNOUNCES  
IRISH AMERICAN  
HERITAGE MONTH  
FLAG RAISING AND  
CELEBRATION

Mayor Carlo DeMaria is pleased to announce the Irish American Heritage Month Flag Raising will take place on Saturday, March 25 at 2pm at Everett City Hall, at the corner of Church Street and Broadway. Afterwards, there will be a community reception at 3pm at Stewart’s Pub, 140 Jefferson Avenue. The month of March is recognized as Irish American Heritage Month in the United States to recognize and celebrate the contributions Irish immigrants have made to our country. Irish Americans have contributed to our City and country in all aspects of life throughout history. The City of Everett will be joining in celebrations across the nation to pay tribute to the achievements and contributions of Irish Americans by raising the Irish flag to fly high at City Hall. Please also join us for the continuation of our celebration of Irish American Heritage Month at Stewart’s Pub for food, music and plenty of fun. All are invited to join us in celebrating Everett’s Irish American community.

CALENDAR OF  
EVENTS AT THE  
EVERETT PUBLIC  
LIBRARIES

**Parlin Adult and Teens**  
Parlin Book Group, Monday, March 27th at 6:00 pm, Parlin Meeting Room and via Zoom! We'll read and discuss Karen Slaughter’s Pretty Girls. Two sisters look to the past to find the truth

about the murder of a teenage girl, a middle-aged man, finding the possibility of redemption, and revenge. 18+. Call Kathleen at (617) 394 2300, send an email to slipp@noblenet.org for the Zoom link, or join us in person!

**Bingo! Parlin Meeting Room.** Wednesday, March 29th at 1:00 pm. Can’t get enough Bingo? Join us for our Bingo afternoon! Prizes awarded. We have space for 12 people. If you have any questions, call (617) 394 2300.

**Parlin Childrens**  
Storytime with Vera. Parlin Children’s Room. Tuesday, March 28th at 12pm. In English or Portuguese by request. Visit the Parlin Library Children’s Room to attend! Suggested ages 2-6.

Storytime and Sing-along, Parlin Toddler Play Area. Wednesday, March 29th at 11am. Come to the Parlin Library and listen to picture books, sing songs, dance around and more. Suggested ages 2-6.

**Shute Adult and Teens**  
Yarn Club Shute Meeting Room. Tuesday, March 28th at 3pm. Come chit chat and stitch! Bring your crocheting, knitting, or any other yarn craft and sit and socialize with other members of the crafting community. Recommended for ages 14-109.

DEMARIA  
ANNOUNCES  
LINE DANCING  
FOR SENIORS

Mayor Carlo DeMaria and the Council on Aging are happy to announce the continuance of Line Dancing for seniors at the Connolly Center. Every Monday at 11am, we offer Country Western Line Dancing with Julie. This class is designed for beginners as well as experienced participants. Line dancing continues on Thursdays at 12 noon with Julie. She will teach you modern and Latin steps for beginners and advanced students. These classes are free to our older adults sponsored by the Everett Foundation for Aged Persons. For additional information, please contact Dale or Cathy at the Connolly Center or dial 617-394-2270 to be connected to the Connolly Center.

USS CONSTITUTION  
TO BEGIN SUMMER  
VISITATION HOURS

USS Constitution is scheduled to shift their hours of free public visitation for the Summer season starting Wednesday, March 15.

During Summer hours of operation, Constitution will be open to the public Tuesday through Sunday from 10 a.m. to 6 p.m.

All guests, age 18 and older, are required to show a valid state or federal photo I.D. or a passport to board the ship.

While aboard, guests may walk the ship at their own pace and ask questions to the ship’s active-duty Navy Sailors.

In addition to answer-

ing guests’ questions, Sailors give presentations on the ship’s history every 30 minutes.

USS Constitution, is the world’s oldest commissioned warship afloat, and played a crucial role in the Barbary Wars and the War of 1812, actively defending sea lanes from 1797 to 1855.

The active-duty Sailors stationed aboard USS Constitution provide free tours and offer public visitation as they support the ship’s mission of promoting the Navy’s history and maritime heritage and raising awareness of the importance of a sustained naval presence.

USS Constitution was undefeated in battle and destroyed or captured 33 opponents.

The ship earned the nickname of Old Ironsides during the war of 1812 when British cannonballs were seen bouncing off the ship’s wooden hull.

MELROSE ARTS  
AND CRAFTS  
SOCIETY MEETING  
MARCH 27

The monthly meeting of the Melrose Arts and Crafts Society will be held on Monday, March 27, at the First Baptist Church at 561 Main Street, Melrose from 9:00 AM to approximately 12:30 PM.

This month there will be two classes. Pat Boyer and Dotty Iudice will teach two different flower arrangements.

Kris Rodolico-Executive Director of Follow Your Arts will give an overall view of what they offer and answer any questions members might have. After the lecture, there will be a short business meeting followed by dessert and refreshments.

Last month, the society held its monthly meeting on February on February 27th at the same time and place as above. Stacey Dinerello taught an African style of painting which was very popular and members produced some delightful paintings. Judi Lamentea taught a class on bracelet-making which also produce some lovely bracelets which members wore home.

After the classes, members not only listened to a quilling demonstration but also participated in making a quilling card they could take home as well.

Quilling is an ancient art that originated in China or Egypt and was popular in the eighteenth century. Recently, quilling is used to decorate postcards, cards, notebooks, and pictures.

Each month the society meets and the fourth Monday of the month and the members meet, talk, and exchange advice and ideas. The society has members from over eight surrounding communities and welcomes anyone - no matter where they come from. If you are interested in learning more or have any questions, please contact Dostdy Iudice at 781-662-2099.

Learn more about Advocate Healthcare of East Boston, located at 111 Orient Avenue, East Boston, by calling (617) 569-2100, or visiting www.AdvocateHealthcareEast-Boston.com.

Meet Boston to host Regional  
Career Fair this April 11

Meet Boston, the official destination marketing and sales organization for the Greater Boston area, will host a second annual Regional Career Fair on April 11, 2023, at The Hyatt Regency Hotel in Boston. The fair will connect over 200 students and job seekers with nearly 70 top hospitality employers in the region, providing a valuable opportunity to explore exciting career options and connect with industry leaders.

As part of their post-pandemic recovery efforts, Meet Boston is committed to supporting the regional hospitality industry through initiatives like this career fair. Hotel occupancy numbers, which plummeted to 25% in Boston and Cambridge in 2020, reached 68% in 2022 and are projected to exceed 74% in 2023. According to US Department of LaborJobs Reports for January and February, the US economy has gained over 800,000 jobs thus far in 2023 and nearly a third of them are in leisure and hospitality sector.

“As the hospitality industry continues to rebound, Meet Boston is thrilled to bring together members of our community to support its workforce and propel its growth,” said Martha

J. Sheridan, President & CEO of Meet Boston. “With new nonstop routes from Boston Logan International Airport to South America, Canada, Europe and Asia, we will see a surge in international visitation this summer as well. This is the perfect time for job seekers and employers to connect and explore the exciting career options available in this industry.”

The April 11 event will be the second career fair that Meet Boston hosts in collaboration with Tourism Diversity Matters (TDM). TDM is Meet Boston’s strategic partner in pursuing and advancing diversity and inclusion goals for the travel and hospitality sector in Boston and beyond. Last year, the two organizations joined forces to present a Town Hall and Career Fair, while also launching an Apprenticeship Program that will diversify the travel and hospitality industry through robust workforce development initiatives that emphasize the importance of diversity, equity, and inclusion in this industry.

“We’re proud once again to collaborate with Tourism Diversity Matters on this important event,” said Hilina D. Ajakaiye, Executive Vice President, Meet Boston.

“We believe that our continued partnership will have a substantial impact on how we strategically think about diversity, equity, and inclusion in the tourism sector.”

Meet Boston’s Regional Career Fair will showcase a diverse range of career options within the hospitality industry, with confirmed employers spanning hotels, restaurants, universities, attractions, event management companies, and more. The festivities begin with an invite-only reception the night before, bringing together diverse hospitality workers. Then on Tuesday morning, job seekers will have the opportunity to hear from notable speakers during the Business Leadership Workshop, which both Governor Maura Tracy Healey and Mayor Michelle Wu have been invited to attend.

Attendees will also have the opportunity to:

- Participate in professional development workshops
- Get a free headshots
- Network with industry professionals
- Schedule on-site job interviews and more

The career fair is free and open to the public. For more information and to register, please visit, [meetboston.com/career-fair](https://meetboston.com/career-fair).

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Zipper, Bradley	Devito, Maryann F	30 Dyer Ave	\$800,000
35 Waverly Rt	Gallagher Mary C Est	35 Waverly Ave	\$500,000
Quach, Emily	Sousa, Luis A	38 Carter St #214	\$340,000
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LEGAL ANNOUNCEMENT  
EVERETT PUBLIC SCHOOLS

Rescheduled Hearings

PUBLIC HEARING ON THE FISCAL YEAR 2024 BUDGET

The Everett School Committee, in accordance with Massachusetts General Laws, Chapter 71, Section 38N, will hold a Public Hearing on the subject of the proposed Fiscal Year 2024 budget on Monday, April 3, 2023, at 6:00 p.m. in the Everett High School Library, 100 Elm Street. Budget information is posted on the Everett Public Schools website, and hard copies are available at the Central Office located at 121 Vine Street.

PUBLIC HEARING ON SCHOOL CHOICE

The Everett School Committee, in accordance with Massachusetts General Laws, Chapter 76, Section 12B, will hold a Public Hearing on the subject of School Choice on Monday, April 3, 2023, immediately following the Public Hearing on the Fiscal Year 2024 budget in the Everett High School Library, 100 Elm Street.

REGULAR SCHOOL COMMITTEE MEETING

The regular meeting of the Everett School Committee will be held on Monday, April 3, 2023, immediately following the Public hearing in the Fiscal Year 2024 Budget and the Public Hearing on School Choice, in the Everett High School Library, 100 Elm Street.

March 22, 2023

Healthcare / CONTINUED FROM PAGE 2

tients in rehabilitation, the second floor houses long-term residents, and the third floor is a more secure dementia unit. Rooms are shared, but there are also private units available. There are

currently vacancies; but Gaughan shared that units are filling quickly.

“Our nurse managers care about the patients and know families well,” Gaughan asserted. “We offer that personal touch.”



## CHURCH News

### Mystic Side Congregational Church

#### News and Notes

Mystic Side Congregational Church is located in Everett, on Malden-Everett border, at 422 Main Street. We offer a warm, inviting atmosphere, and all are welcome. Our Sunday Church service starts at 10:30 a.m. and Communion is offered on the first Sunday of each month. A very pleasant coffee hour

and socializing follow our services. Parking is available in our lot next to the church on Wyllis Ave. (one way off Main Street). We look forward to welcoming you this Sunday.

**Mystic Side  
Congregational Church  
422 Main Street  
Everett, MA**

### Zion Church - Everett

#### News and Notes

Bishop Robert G. Brown and Zion Church Ministries invites you to join us every Sunday at our 10:00 a.m. Worship Service for a time of worship, praise and preaching, at 757 Broadway, Everett, MA. You can also join

Zion Church Ministries via livestream on Facebook and YouTube.

For more information, they can be reached online at [zionchurchministries.com](http://zionchurchministries.com) or via email at [office@zionchurchministries.com](mailto:office@zionchurchministries.com).

### Glendale United Methodist Church

#### News and Notes

Glendale United Methodist Church is open to all and we welcome people of all faiths, race, nationalities and sexual preference. No one is ever turned away. If you are looking for a new home church, we would like you to check us out and let us know what we can do to make church a better fit in your life.

Bible Study: Consider joining us for Bible study on Sunday. We meet in the Church Parlor off the Chapel from 9:30 to 10:00 a.m.

Sponsor the bulletin! For a \$5 donation, you can dedicate the Sunday bulletin to recognize family, friends, or special occasions. There is a sign-up sheet in the Pastor's study. Feel free to choose your particular week and leave a copy of your dedication in the mail in that is on the Pastor's door. Please contact the Pastor if you have any questions.

Boy Scout Troop 814: Meet in Cooper Hall on Tues. evenings from 6-9 p.m. Cub Pack 11 meets on Saturday mornings.

NA Meetings – Mon.

Bring Your Own Book 7:30 – 9:30 p.m.; Thurs. I Can't But We Can, 8:00 7:30 – 9:30 p.m.

AA Meeting – Saturday evenings from 6:30 to 8:30 p.m.

Pastor's Office Hours: Saturdays 10 a.m. to 2 p.m. Other times by appointment.

Bread of Life Donations – This outreach is being done to honor the United Methodist Women's Group, who for so many years were our outreach source. Please bring any food item(s) to church and place in the box located on the altar.

**We are on the Internet**  
<http://www.glen-daleumc-everett.org>  
**Glendale United Methodist Church**  
**Pastor David Jackson**  
**392 Ferry Street (across from Glendale Towers)**  
**Please enter the church by the driveway on Walnut Street**  
**617-387-2916**  
**PastorDavidJackson58@gmail.com**  
**Pastor's Office Hours:**  
**Saturdays 10 a.m. to 2 p.m. Other times by appointment.**

### Glendale Christian Lighthouse Church

#### News and Notes

Sunday 10:30 a.m. Worship service.

Weds. hour of Power, worship, prayer and Bible Study, via Zoom.

“Whatever you do, work at it with all your heart, as working for the Lord, not for human masters,” Colossians 3:23

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CHURCH**  
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MASSACHUSETTS  
02149**

**617-387-7458**

**Rev. Larry Russi, Sr.**

**Pastor**  
**pastorlarry@**  
**thelighthousechurch701.net**

### Church at the Well Everett

#### News and Notes

Church at the Well Everett is a new church for Everett. Check us out on Facebook at [www.facebook.com/churchforeverett](http://www.facebook.com/churchforeverett) to view weekly devotions and updates, visit us at [www.foreverett.church](http://www.foreverett.church)

to sign up for our newsletter and see how we can help you, or connect with the Everett Community Aid Network at [www.everettcan.com](http://www.everettcan.com) to request any additional help.

### Grace Anglican Episcopal Church

#### News and Notes

Grace Anglican Episcopal Church is open & welcoming to all.

There are 2 services on Sundays: 10am English, 1pm South Sudanese Dinka

Come all and let us walk together in this sea-

son of hope, renewal and new beginnings.

**Grace Anglican  
Episcopal Church**  
**67 Norwood Street,  
Everett, MA**  
**Church Phone**  
**617-387-7526 or**  
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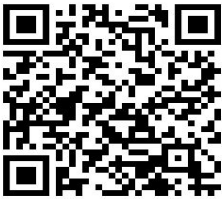
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LEGAL NOTICE

**LEGAL NOTICE**  
LEGAL ANNOUNCEMENT  
EVERETT PUBLIC SCHOOLS  
Rescheduled Hearings  
PUBLIC HEARING ON  
THE FISCAL YEAR 2024  
BUDGET

The Everett School Committee, in accordance with Massachusetts General Laws, Chapter 71, Section 38N, will hold a Public Hearing on the subject of the proposed Fiscal Year 2024 budget on Monday, April 3, 2023, at 6:00 p.m. in the Everett High School Library, 100 Elm Street. Budget information is posted on the Everett Public Schools website, and hard copies are available at the Central Office located at 121 Vine Street. PUBLIC HEARING ON SCHOOL CHOICE The Everett School Committee, in accordance with Massachusetts General Laws, Chapter 76, Section 12B, will hold a Public Hearing on the subject of School Choice on Monday, April 3, 2023, immediately following the Public Hearing on the Fiscal Year 2024 budget in the Everett High School Library, 100 Elm Street. REGULAR SCHOOL COMMITTEE MEETING The regular meeting of the Everett School Committee will be held on Monday, April 3, 2023, immediately following the Public hearing in the Fiscal Year 2024 Budget and the Public Hearing on School Choice, in the Everett High School Library, 100 Elm Street. 3/22/23 EV

Middlesex Probate And Family Court  
10-U Commerce Way  
Woburn, MA 01801  
(781)865-4000  
CITATION  
G.L. c. 210, ? 6  
Docket No. MI22A1469AD  
MI22A1470AD  
In the matter of: Brigido Jose Evenor Rodriguez & Brima Leilani Rodriguez  
To: Rigoberto Jose Rodriguez  
any unnamed or unknown parent and persons interested in a petition for the adoption of said child and to the Department of Children and Families of said Commonwealth. A petition has been presented to said court by: Kevin Arnold Cristobal of Ashland, MA and Lorraine Margarita Perdomo-Cristobal of Ashland, MA requesting for leave to adopt said child and that the name of the child be changed to Brigido Jose-Evenor Perdomo & Brima Leilani Cristobal  
If you object to this adoption you are entitled to the appointment of an attorney if you are an indigent person. An indigent person is defined by SJC Rule 3:10. The definition includes but is not limited to persons receiving TAFDC, EACDC, poverty related veteran's benefits, Medicaid, and SSI. The Court will determine if you are indigent. Contact an Assistant Judicial Case Manager or Adoption Clerk of the Court on or before the date listed below to obtain the necessary forms. IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: Woburn ON OR BEFORE TEN O'CLOCK IN THE

MORNING (10:00 A.M.)  
ON: 04/18/2023  
WITNESS, Hon. Brian J. Dunn, First Justice of this Court.  
Date: January 18, 2023  
Felix D. Arroyo  
Register of Probate  
3/22/23, 3/29/23, 4/5/23  
EV

LEGAL NOTICE

Surplus Equipment  
Auction  
Everett Housing Authority,  
Everett MA  
EHA is accepting bids for surplus equipment. Specifically: 1 - 2008 Ford F-250 Pickup /30,970.6 miles/VIN 1FTMF21528EC13590. This item is available for inspection on 4/5/23 and 4/6/22 between 10a.m. - 11a.m. at the Glendale Towers, 381 Ferry Street, Everett, MA. Please call for an appointment. Item is sold "AS IS" without warranties of any kind, and fitness for a particular purpose, and needs some repairs. Bids are due at 11 a.m. April 6, 2023. Item must be removed from EHA property once payment is accepted. EHA will not deliver this item. Payment must be made at the time of pick-up in the form of Bank Check or Money Order. The surplus supply will be awarded to the responsive bidder offering the highest price for the items. The EHA reserves the right to reject any and all bids and dispose of the item through a negotiated sale, provided that the negotiated sale price is higher than the highest bid received from a responsive bidder. Please call our Maintenance Dept. at 617-387-6389. 3/22/23 EV

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## CITY PAWS

### Special needs animals

By Penny & Ed Cherubino

There are animals with life-long special needs and some who, with their families, have to adapt due to injury, illness, or aging. Thankfully, there are ways to support these animals and many devices to help them live safer and more rewarding lives.

#### Vision

One of the sweetest stories we've heard over the years was about a senior dog who gradually lost his vision. One day the guardians noticed their younger pup blocking the older one from a stairway.

As time went by, they

would see the two coming up and down the stairs, moving in unison, with the senior member of the pair safely positioned between himself and a wall by the youngster. The family never taught the dogs any of this behavior. However, they did reward both dogs as it progressed.

Stairway gates are one adaptive device recommended for blind animals. A halo harness for blind dogs protects their heads by bumping into things before the dog does. Scented toys allow a blind animal to find and play with a toy.

#### Hearing

As our Maggie Mae

lost her hearing in old age, we were happy we had taught her to respond to hand signals. Now research is testing the ability of dogs to learn both American Sign Language and "K9Sign" language. This communication can be used when a dog or a family member is deaf. Best Friends Animal Sanctuary is one place using this training.

You can test the dog's range of deafness to see if you can use their remaining hearing. Dogs start with far better hearing than we do. A dog may not hear your voice but may pick up the sound of a dog whistle beyond the range of human hearing. You can also shake a



Canine wheelchairs are available for dogs and cats of all sizes, from tiny to giant.

can of pennies or squeak a toy.

If that fails, turn to other strong canine senses. Vibration is a great tool.

As you approach, you can make your footsteps heavier, setting off vibrations the dog can feel. If the dog is on a dog bed or sofa, gently tap the cushion. There are "vibration only" communication and training collars. Be sure the device you choose does not have an electric shock option.

Arouse that finely tuned nose with an odoriferous treat like dried mussels, salmon jerky, or smelly cheese.

#### Mobility

In the Boston area, we're fortunate to have an excellent source for custom dog mobility carts—Eddie's Wheels in Shelburne, MA. We've been following the amazing work of Ed Grinnell since we met our first of his canine customers more than 15 years ago. Penny admits to visiting the website [www.eddies-wheels.com](http://www.eddies-wheels.com) for the joy of reading his success stories.

Pet strollers are another option. They are perfect for keeping an older dog in the social game. This is the solution if your pooch loves to be out and about with you but can't walk to a favorite spot. A stroller lets you provide just enough exercise and a ride for the rest of the way.

Your veterinarian, groomer, or local pet supply store can be a resource for the latest assistive harnesses and support devices you can use as needed. More and more of these products come to the market each year.

You and your special needs animal may enjoy better quality time together if you explore and use the many options available to a specific situation.

*Do you have a question or topic for City Paws? Send an email to [Penny@BostonZest.com](mailto:Penny@BostonZest.com) with your request.*

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**4/15 Open House** at Art Lab with local artist KAVA

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