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Wednesday, January 18, 2023

ZION CHURCH AND CITY OF EVERETT CELEBRATE MLK DAY



The Zion Church community and the City of Everett gathered together in person for the first time in several years this past Monday at the Connolly Center to celebrate the life and legacy of Dr. Martin Luther King. The 17th Annual Rev. Dr. Martin Luther King, Jr. Scholarship Breakfast was once again well attended by residents, local officials, and members of the Zion Church community in an effort to raise scholarship money for college-bound students. Shown are Sen. Sal DiDomenico, Bishop Regina E. Shearer, Dr. Kirk B. Jones, State Rep. Judith Garcia, Bishop Robert G. Brown, Chelsea City Councilor Calvin Brown, and Mayor Carlo DeMaria. See Page 6 for more photos.



Bishop Regina E. Shearer singing for the crowd.



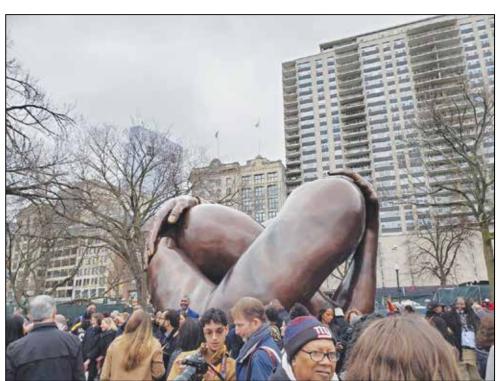
Cathy Draine, Ailey Draine, Dolores Lattanzi, Councilor Al Lattanzi, and Carol Garrett.

DIDOMENICO ATTENDS EMBRACE MEMORIAL UNVEILING

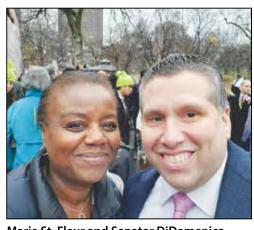
On January 13th, Sen. Sal DiDomenico attended the unveiling of "The Embrace" in Boston Common. Attendees included the family of Dr. Martin Luther King, Jr., elected officials, and leaders from across Massachusetts and the country. This beautiful memorial commemorates the legacies of Dr. Martin Luther King, Jr., and Coretta Scott King, who met and studied here in Boston. The sculpture depicts their embrace after MLK received the Nobel

Peace Prize in 1964. "It was an absolute honor to witness the unveiling of this beautiful and important sculpture," said Senator DiDomenico, Assistant Majority Leader of the Massachusetts Senate. "Their legacy lives on today and every day because of the sacrifices they made to advance civil rights, combat racism and discrimination, fight for equity, and preach love for each other. I am proud that we have such an important memorial in our community that reminds us of the equitable and inclusive world we must continue to

work toward."



"The Embrace" in Boston Common.



Marie St. Fleur and Senator DiDomenico.



For the latest news in Everett that you need to know, check everettindependent.com

Everett High's Ellerbe, Zamor named to All-Scholastic teams

By Cary Shuman

Everett High School senior quarterback Karmarri Ellerbe and junior wide receiver and safety Christian Zamor were named All-Scholastic by the Boston newspapers.

Ellerbe was selected to the Boston Globe and Boston Herald Football Teams. Zamor was selected as a Boston Herald All-Scholastic.

Both players made major contributions to Coach Rob DiLoreto's 2022 team that captured the Greater Boston League title and advanced to the quarterfinals of the Division 1 state playoffs.

Ellerbe, who was voted the Greater Boston League's most valuable player, led Everett to a 17-3 record in his two seasons as Everett's starting quarterback. He rushed for 888 yards, passed for 750 yards, and scored 10 touchdowns this season. He had 19 career touchdown passes.

The 6-foot, 225-pounder averaged close to 10 yards per carry during his two-year reign at the helm of the Everett offense. Ellerbe is considering prep school or a four-year college for the next chapter in his football career.

Zamor became one of the leaders of the Everett defense this season. "In many ways, he is clearly a Division 1 college-level player on the defensive side of the ball," said Coach Rob DiLoreto."He made a lot of our coverage calls. He really understood what we were trying to do

schematically on defense."

Zamor has received an offer from Boston College and will join the Division 1 program in Chestnut Hill following his graduation from Everett High in 2024. His older brother, Ish Zamor, is a wide receiver for the Eagles.

Everett's non-league opponents set

Everett High will play Xaverian High School in its non-league opener to the 2023 season. In Week 4, Everett will host Boston College High School.

The Crimson Tide have not been able to find an opponent for their Thanksgiving game.

Likely completes successful NFL rookie season

Former EHS football

star Isaiah Likely completed a successful inaugural season for the Baltimore Ravens in the National Football League with an appearance in the Wild Card game against the Cincinnati Bengals Saturday. The Bengals prevailed, 24-17, over their AFC North divisional rival. The Ravens were without their No. 1 quarterback Lamar Jackson for

the game. Likely, a 6-foot-4-inch, 235-pound tight end, had 36 pass receptions for 373 yards for a 10.4 yards-per-reception average. He scored three touchdowns and emerged as a strong blocker and dependable pass receiver for

the Ravens. See ALL-SCHOLASTIC Page 2

Brian Savi begins as new president of ELL Baseball

By Cary Shuman

When George Castiello decided to step down as president of the Everett Little League (ELL), the venerable youth sports leader sought out Brian Savi as his would-be successor.

Savi was flattered by Castiello's endorsement, and Savi was elected by the board as the new president in October.

"We had a conversation and George thought I would be the right person to take over for him," said the 52-year-old Savi who earned 10 varsity letters in soccer, wrestling, and baseball at Dedham High School and works in construction. "I have very big shoes to fill as president. George has been instrumental in Everett Little League for 40-plus years. He is an honorary board member for life, and he's the reason I decided to become president."

Savi has been involved

in Everett Little League

for four years as a Major

Red Sox assistant coach, an assistant coach of the 12-year-old Williamsport season. A resident of Everett since 2006, Savi said he is excited to take the reins of the program that houses 200 players ages 5 to 12.

"We have an excellent board and we've done a

lot of work over the win-

See ELL Page 2



ident Brian Savi, with his son, All-Star player Nicky Savi of the Major Division Red Sox.

All-Star team, and head

coach of the Jimmy Fund

baseball team. He was the

safety officer for the 2022

EBNHC opens applications for Nurse **Practitioner Residency Training Program**

East Boston Neighborhood Health Center (EBNHC) is pleased to announce it is accepting applications for its third cohort of residents to join its Family Nurse Practitioner (FNP) Residency Program. This residency program aims to expand the pool of primary care providers who are well-prepared and committed to serving underserved populations.

EBNHC was one of five health care organizations in the Commonwealth selected to participate in the Delivery System Reform Incentive Payment Program (DSRIP) Statewide Investments Family Nurse Practitioner Residency Training Program in 2021. Since then, the program has shown to be invaluable in the training of new Family Nurse

Practitioners. The residency is a highly structured year of intensive clinical training that provides mentorship in a high-performance model of care. Training includes primary care sessions with a preceptor in a community health center setting, specialty rotations, didactic sessions, and quality improvement training. By the end of the program, residents will have gained the competence, mastery and confidence needed to be a NP primary care provider that serves culturally diverse and clinically complex patients.

"We are thrilled to continue our Family Nurse Practitioner Residency Program," said Jackie Fantes, MD, FAAFP Executive Vice President, Chief Medical Officer at East Boston Neighborhood Health Center. "Our goal is to bridge the gap between academia and practice for new FNPs so that they feel competent and confident to hit the ground running as they enter the fast-paced world of health care. We want every patient to have a provider who empowers their decision making and respects their language, culture, race or ethnicity, and health care preferenc-

The goal of the FNP training program is to ensure every new provider is prepared, supported, and satisfied with their career in primary care. "When I started at EBNHC 14 years ago as a new NP, the support, training and mentorship I received shaped me as a clinician and has driven me to want to do the same for the next generation of providers," said Residency Program Director Katherine O'Brien, MSN, FNP-C. "This individualized residency, with an abundance of hands-on teaching, feedback and clinical mentoring, does just that."

Based at EBNHC sites in the South End, East Boston and Winthrop, the program will run from

September 2023 to August 2024. The residency is a full-time, 12-month salaried position. Three slots are available. New Family Nurse Practitioners graduating in May 2023 or within the previous 18 months are encouraged to apply. Bilingual candidates preferred. Visit Family Nurse Practitioner Residency: Overview - EBNHC 2022 for more information and an online application.

East Boston Neighborhood Health Center (EBNHC) is one of the nation's largest Federally Qualified Health Centers (FQHCs) and the largest community health center in Massachusetts, serving over 100,000 patients and recognized by the Health Resources and Services Administration (HRSA) as a Health Center Quality Leader. For more than 50 years, EBNHC has offered access to comprehensive care for the underserved populations of Chelsea, East Boston, Revere, Winthrop, Everett and Boston's South End. EBNHC is dedicated to promoting and sustaining healthy communities, families, and individuals by providing accessible, person-centered, compassionate, and high-quality health care services to all who live and work in our service area. For more information, please visit www.ebnhc.org.

All-Scholastic / CONTINUED FROM PAGE 1

Mike Sainristil will return to Michigan

Everett's Mike Sainristil has announced online that he will return for another season in the University of Michigan football program. Sainristil was a starting defensive back for the Wolverines who finished the regular season undefeated and won the Big-10 championship game before falling to TCU, 51-45, in the national semifinals in the Fiesta Bowl.

Sainristil had considered making himself eligible for this year's NFL Draft, but he opted to return to Coach Jim Harbaugh's surging program that has qualified for the College Football Playoffs the past two seasons.

Sainristil moved from wide receiver to defensive back at the start of the 2022 season.

ELL / CONTINUED FROM PAGE 1

ter, and we're looking forward to a great season," said Savi.

Savi said ELL will be hosting a professional wrestling show on Feb. 24 at the Everett Recreation Center. The event is a fundraiser for the league.

The league is holding an off-season baseball instructional clinic this Saturday, from 5 to 8 p.m., at the Everett Recreation Center. Other clinics are scheduled for Feb. 4 and Feb. 11. Parents can register their children for the 2023 season at the clinics, with a 20 percent discount given to early registrants.

Interestingly, Savi's 12-year-old son, Nicky, is one of the league's top returning players. As an

The Year of the Rabbit

11-year-old, Nick was selected to the Williamsport 12-year-old team last sea-And there's great news

for Nicky and other play-

ers in his age bracket.

His father, Brian, hopes

to launch Everett Junior League and Senior League divisions for players ages "We're trying to start a

new program to keep Everett kids involved in baseball after their 12-year-old seasons," said Savi.

Everett Little League has received statewide recognition for its fundraising work in relation to the Jimmy Fund Tournament. Everett led the entire state in funds raised for the charity. Baseball players Nicky Savi and AJ Palazzo led the way as the No. 2 and No. 3 fundraisers, respectively, in New England.

Other recently elected officers include information officer Kat Mason, fundraising coordinator Patricia Savi (Brian's wife), board member Michael Graham, concession stand coordinators Vico Naimo and Rosie Torres, equipment managers Darren Costa and Billy Kotsiopoulos, and public relations officer Stephanie

The Opening Day parade and celebration for the 2023 season will be held on Saturday, April 29 at Sacramone Park.

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MAPC awarded grant to combat youth violence for 17th consecutive year

The former Baker-Polito Administration awarded the Metropolitan Area Planning Council (MAPC) \$757,147.86 through the Senator Charles E. Shannon, Jr. Community Safety Initiative (CSI) Grant Program for the Metro Mayors CSI. A subset of the Metro Mayors Coalition, the Metro Mayors CSIincludes the cities/ of Cambridge, Chelsea, Everett, Malden, Ouincy, Revere, Somerville, and Winthrop. The Metro Mayors CSI seeks to reduce youth violence and gang-related crime in metropolitan Boston and the surrounding communities by implementing a multi-disciplinary, anti-gang strategy.

"Since taking office, I have worked to ensure that Massachusetts communities have the resources necessary to promote public safety while providing positive opportunities for young people. There is no single agency or approach that can achieve this goal. The partnerships built through the Shannon Community Safety Initiative [Grant Program] are an important part of our work creating safer communities," said former Governor Charlie Baker.

The Shannon Grant Program, funded through the Executive Office of Public Safety and Security Office of Grants and Research, supports regional and multi-disciplinary approaches to youth violence intervention, prevention, enforcement, prosecution, and reintegration services. The initiative is designed to serve youth and emerging adults between the ages of 10 and 24 living in a community that has been identified as a hotspot and who are at-risk or high-risk of gang involve-

As the Metro Mayors CSI site, MAPC coordinates programs that serve thousands of youth to help them achieve positive life outcomes. Various types of activities are supported by Shannon Grant funding, including directed hotspot patrols, after school programs, job trainings, and mental health counseling. The grant process is

competitive: every year, MAPC submits a comprehensive plan to provide a coordinated prevention and suppression strategy across the Metro Mayors

"These grant dollars

go straight to community-based organizations and government agencies in the Metro Mayors CSI that offer programs to help youth achieve positive life outcomes and keep communities safe," said Amy Reilly, assistant director of municipal collaboration at MAPC. "Collectively, the cities and towns implement evidence-based strategies and share best practices to increase positive opportunities for youth."

"Chief Cronin always states that anything we do above and beyond during the year and especially the summer is due to the Shannon Community Safety Initiative. I am certain that is why we have been able to build relationships, which has helped to reduce crime overall," said Mayor of Malden Gary Christenson.

"As a direct result of the financial support provided by the Shannon Grant, our police department has been fortunate to immerse themselves in almost every youth related program within our city. This has been the cornerstone of our success in reducing youth related violence, and more importantly, the impetus that has led to positive relationships between the officers and the youth they serve," continued Mayor Christenson.

Each of the Shannon

Grant-funded sites (more than \$10 million was awarded in total) works with numerous partner agencies, such as law enforcement, social service providers and other agencies focused on intervention, prevention, suppression, youth programming and community mobilization efforts. Shannon sites also partner with Local Action Research Partners who provide grant recipients technical and research support, assistance in completing reports and feedback to ensure that

lizing best practices.

"This important grant funding allows the City of Cambridge to strategically expand its outreach and dedicate resources to mitigating high-risk and/ or violent behavior by building positive, supportive frameworks for youth in Cambridge and the region," said Cambridge Police Commissioner Christine Elow.

The Metro Mayors

CSI's eight municipalities partner with 18 organizations, including: the Cambridge Community Art Center; Cambridge Police Department; Cambridge Youth Programs; CAPIC - Revere Police Activities League; Center for Teen Empowerment; Chelsea Police Department; Gerald and Darlene Jordan Boys & Girls Club; Everett Police Department; City of Malden; Malden Police Department; Malden/Mystic Valley YMCA; Quincy Police Department; Quincy Recreation Department; Revere Police Department; Roca Inc.; Somerville Police Department; Winthrop Community Against Substance Abuse; and the Winthrop Police Depart-

The Shannon Grant was established in 2006, when the Metro Mayors Coalition worked with the Legislature to allocate funding to combat youth violence, gang violence, and substance use through regional, multi-disciplinary efforts. The program is nationally recognized for its effective approach to deterring gang and youth violence through targeted enforcement and prevention strategies.

The grant honors Senator Charles Shannon, a Massachusetts state senator who represented the Second Middlesex district from 1991 until 2005. He served as a police officer for 20 years and worked to diminish gang violence in Somerville during his time in the Senate. After his death, the Executive Office of Public Safety and Security began administering the Charles E. Shannon Jr. Community Safety Initiative.

News in Brief

CALENDAR OF **EVENTS AT THE EVERETT PUBLIC** LIBRARIES

Parlin Adults and Teens Meditation Parlin Tower Room. Tuesday & Thursday, January 24th & 26th, at 12:15pm. Take a quick lunch break. Reduce your stress, with Nurse Joanne. Please call 617-394-2300 if you have any questions. No registration required.

Bingo! Parlin Library Meeting Room, Wednesday, January 25th at 1:00 pm. Can't get enough Bingo? Join us! Space is limited to 12 persons. Sign up in person or by calling (617) 394 2300.

Chess Club Parlin Fireplace Room. Wednesday, January 25th from 3-5pm. Play, learn, and practice chess at our club meetings every other Wednesday. All ages and skill levels are welcome. Call 617-394-2300 with any questions. No registration re-

Parlin Children

Crafts for Kids. Parlin Children's Room. Tuesday, January 24th at 3pm. Let's make Polar Bears together! All kids ages 3 and up are welcome; please come and join the fun! Registration is required. Sign up online or at the Parlin Children's desk.

Drama Class. Parlin Children's Craft Room. Wednesday, January 25th at 3pm. Do you have a drama queen or king at home? Drama Class in the Parlin Children's Department is the perfect opportunity for your child to put those acting skills to use with our drama coach! Suggested ages 6-14.

Friday Family Movie Night! Parlin Meeting Room. January 27th from 3-5 we will be watching the Bee Movie. Break out the popcorn! Come and watch movies with your friends and family.

AGENCIES ANNOUNCE NEW ROUND OF HIGH SCHOOL FINANCIAL **EDUCATION FAIR FUNDING**

The State Treasurer's Office of Economic Empowerment (OEE), in partnership with the Massachusetts Division of Banks (DOB) and the Office of Consumer Affairs and Business Regulation (OCABR), announced additional funding for the 2022-2023 Financial Education Innovation Fund Grant. This grant opportunity provides financial assistance for Massachusetts high schools hosting financial education fairs during the 2022-2023 school year.

Known as Credit for

Life fairs, these workshops offer fun and unique experiences for students to learn about personal finance topics before they graduate. Massachusetts public or charter high schools and special education programs approved by the Massachusetts Department of Elementary and Secondary Education (DESE) are eligible to ap-

Schools that were already awarded a grant for the 2022-2023 school year are not eligible to receive additional funding.

Applications are open until Friday, February 17th. Schools can learn more and apply here.

This marks the 11th round of the grant since its inception in 2015 and the second round for the 2022-2023 school year. In December, the agencies awarded a total of \$115,400 to 39 schools to create new or expand pre-existing financial education fairs, which will serve around 9,000 students according to the grantees' estimates.

2015, Since 40,000 Massachusetts students have attended Credit for Life Fairs. The Financial Education Innovation Fund Grant was established as an ongoing effort to strengthen access to financial literacy throughout Massachusetts. This financial education program is funded by the Division of Banks through a settlement over alleged unlawful lending practices.

ALL ABOUT HEAT **PUMPS--WEBINAR** FEBRUARY 1

Heat pumps have been getting a lot of buzz-and a lot of questions. This free webinar, Wednesday February 1 from 7-8 pm, is your chance to learn. It's worth learning even if you think heat pumps don't apply to your housing situation.

The Downtown Chapter of Mothers Out Front, a non-profit mobilizing

for a livable future, is presenting Loie Hayes of the Green Energy Consumers, a non-profit that harnesses consumer power to speed the transition to a low-carbon future.

Why Should I Care About Heat Pumps? They are a necessary part of our future. We must move away from fossil fuels to mitigate climate change and meet our city and state goals for reducing greenhouse gas emissions. Buildings in Boston account for a whopping 70% of the City's emissions.

What Are Heat Pumps? Heat pumps can transfer heat into your home from air, water, or the ground outside your home. The webinar will focus on airsource heat pumps, which have a compressor unit outside connected to either a system of heating/ cooling ducts or to one or more ductless air handlers or "heads".

Do They Really Work in New England? Yes! They work in low temperatures—and provide cooling in summer as

Really-- a Heat Pump Could Replace My Air Conditioner? Absolutely. Some suggest they should be called "heat and cool pumps".

Aren't They Expensive? The webinar will note a variety of subsidies, credits, and tax incentives that help with the initial investment, as well as the savings over time.

Do they work in small apartments, or only in single family homes? Heat pumps can be effective in a great variety of settings, including a single room or office, a single-family home, or a multi-unit building. Configurations vary. Ductless systems can work for a single room or apartment, with a "mini-split" fixture mounted on the floor or wall or ceiling. Buildings with a central duct system for a furnace or air conditioning can often use those

duct systems. How Do I Figure Out Whether Heat Pumps Make Sense for My Apartment or Building? The webinar is a great first step. It will address these and many other questions and invite you to ask your

To join the webinar, you can sign up at https://www.mothersoutfront.org/events/boston_ ma_20230201/.

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As required by Massachusetts General Law Chapter 132B, National Grid (New England Power and/or Massachusetts Electric Company) hereby gives notice that it intends to selectively apply herbicides along specific transmission line rights-of-way in 2023. The selective use of herbicides to manage vegetation along rights-of-way is done

within the context of an Integrated Vegetation Management (IVM) program consisting of mechanical, chemical, natural and cultural components. In right-of-way vegetation management the pest or target is vegetation (primarily tall growing) that will cause outages and safety issues. National Grid's IVM program encourages natural controls by promoting low growing plant communities that resist invasion by target vegetation. The selective use of herbicides and mechanical controls are the direct techniques used to control target vegetation and help establish and maintain natural

Rodeo, and possibly one of the following herbicides, Arsenal or Arsenal Powerline,

will be applied directly to the surface of stumps immediately after target vegetation is cut (Cut Stump Treatment). Garlon 4 or Garlon 4 Ultra will be applied selectively to the stems of target vegetation using hand-held equipment (Basal Treatment and Dormant stem treatment). Krenite S or Rodeo, mixed with Escort XP, and one of the following herbicides, Arsenal or Arsenal Powerline, or Milestone will be applied selectively to the foliage of target vegetation using hand-held equipment (Foliar Treatment). Applications shall not commence more than ten days before nor conclude more than ten days after the following treatment periods. The herbicide mixes and additional information about rights of way management in Massachusetts can be found here: https://www.mass.gov/rights-of-way-vegetation-management

Municipalities that have rights-of-way scheduled for herbicide treatments in 2023:

Everett

Treatment Periods

January 23, 2023 – May 30, 2023	May 30, 2023 - Oct 15, 2023	Oct 15, 2023 – Dec 31, 2023
CST	Foliar	CST
Basal	CST	Basal
Dormant Stem	Basal	Dormant Stem
	Cut stubble	
The exact treatment dates are dependent upon weather conditions and field cre		

Further information may be requested by contacting (during business hours, Mon-Fri from 8:00 am-4:00 pm): Mariclaire Rigby, National Grid, 939 Southbridge Street, Worcester, MA 01610.

Telephone: (508) 860-6282 or email: mariclaire.rigby@nationalgrid.com

Everett Independent

President: Stephen Quigley

Editor in Chief: Cary Shuman

SO FAR, WE'VE DODGED THE ENERGY BULLET

The winter season can be viewed in two ways.

Meteorological winter is considered to be the three months of December, January, and February. Astronomical winter runs from December 22, the date of the winter solstice, to March 21, the date of the vernal or spring equinox.

So, ever the optimists that we are, we'll take the former version of the winter season, which means that as of this week, we've crossed the midpoint of this winter.

With the war in Ukraine disrupting world energy sup-

plies, government policy-makers and energy experts across the globe analyzed the approaching winter season with trepidation. A harsh winter had the potential to leave Europe with severe energy shortages and America with sky-high prices for oil and natural gas, with some even predicting rolling blackouts in New England in the event of a cold winter because of a lack of energy supplies to power our electrical grid.

However, the winter of 2022-23 has been exceptionally mild in the Northern Hemisphere, reducing world demand for energy. Here in New England, other than a brief cold snap at Christmas-time, we have been fortunate to have experienced a warmer-than-normal weather pattern that has extended from the beginning of November through all of January.

A colder-than-normal winter could have had a devastating impact on the pocketbooks of New Englanders. The inability to construct a natural gas pipeline from the Marcellus Shale in nearby Pennsylvania (which is estimated to have the second-largest natural gas reserves in the world), coupled with the outdated Jones Act (which essentially means that we cannot transport liquefied natural gas via ship from our own Gulf of Mexico), has left us vulnerable to the wild swings of the global energy market and an unnecessary reliance on dirtier-burning oil.

There has been a large, negative impact to the environment because of our shortsightedness in assuring access to our domestic natural gas supplies here in the U.S.: We have had to use so much oil to power our electric grid -- which normally relies on natural gas -- that we have negated many of the gains of recent years in reducing our carbon emissions. Coupled with the increase in the use of coal for electricity generation in Europe (which they have used to replace their natural gas shortfalls because of the cutoff of supply by the Russians), the climate has been made far dirtier this year.

The warm winter thus far has been a good news/bad news situation: Our energy supplies have been sufficient to keep us warm at manageable (though still-high) prices, but it has come at a great cost to the environment.

And beyond the immediate aspect of this winter, that we are having such a mild winter in the first place is just further evidence that climate change is here to stay.

THE HUSBAND ALWAYS IS THE PRIME SUSPECT

The disappearance of a Cohasset mother of three who has been missing since January 1, once again has highlighted the tragic, but undeniable, reality that a woman in the United States is more likely to be killed by an intimate partner than by a random stranger or anyone else in her life.

We realize that her husband, who presently is under arrest for misleading police in their investigation into her disappearance, is presumed innocent until proven guilty. However, we would note that the circumstantial evidence at this point that has been reported in the press points overwhelmingly to her cold-blooded murder by a man with a sociopathic personality.

(The husband is awaiting sentencing in federal district court on felony charges stemming from his theft of artwork from a college roommate's family and subsequent forging of that artwork that duped buyers. In addition, according to news reports, he also allegedly bilked his father out of a substantial sum of money and then, when his father cut him out of his will, took items from his father's estate.)

A woman is beaten every nine seconds in the U.S., totaling more than five million incidents of domestic violence among U.S. women aged 18 and older every year, resulting in nearly 1300 deaths and two million injuries, in communities both rich and poor.

To put it another way, more than three women are killed by their husbands/boyfriends (or ex-es) every single day in America.

This incident also has highlighted that domestic violence crosses all socioeconomic levels. It was another incident in 1978 in Cohasset, the small and extremely wealthy community on the South Shore, when a woman was shot by her husband, who in turn shot their three young children (all of whom survived) before turning the gun on himself, that led to the law that allows a victim of domestic violence to obtain a restraining order (commonly-known as a 209A order) to keep her abuser away from her.

This sad incident further highlights that women are

most at risk to violence during separation from their intimate partner -- and that was the case for the Cohasset woman, who had bought a home in Washington, D.C., where she had taken a job and planned to move with her three boys, while the husband awaits a lengthy federal prison sentence for his financial crimes.

prison sentence for his financial crimes.

We will reiterate that the husband is presumed innocent until proven guilty in this matter.

However, regardless of how this sad and tragic incident plays out, it has shone the spotlight on the scourge of domestic violence -- now known as Intimate Partner Violence -- that still pervades our culture despite decades of awareness and changes in the law at the state and federal levels.

Independent Forum

GUEST OP-ED

Renting or buying, which is best for you?

Dr. Glenn Mollette

A retired minister and his wife had never owned a house. They had spent all their married lives living in housing provided by churches. At age 65 they bought a house and financed it for 15 years. They had been frugal and had saved a good down payment. They paid for the house by age 80. The value of the house increased over the years and at age 83 they sold the house and received a very nice check. The money from the sale was enough to help them fund their next ten years in a nice assisted living apartment. While taking on a mortgage at 65 appeared crazy to some it afforded them financial security further down the

Many years ago, I bought a modest new house that cost \$151,000. I barely scraped together the nearly \$30,000 down payment. The house was financed for 15 years. I began the laborious journey of writing a monthly check to the bank. After about eight years, I needed money to pay medical bills and was able to borrow \$30,000 against my

equity. It was nice that I had the equity because at that time I really needed the cash. Looking back, I would never do that again because it made the actual cost of my house increase to \$181,000. For a couple of years, I had two payments to make to the bank. A couple of years later my wife passed. If I had needed to borrow \$10,000 against my house, I could have done so to pay for funeral expenses. Fortunately, we had both taken out small insurance policies that covered that cost. Eventually I refinanced and consolidated the mortgages. By the grace of God I still paid for the house in 15 years.

I don't like monthly payments or paying rent. For most of us, at some point in our lives there will be a monthly payment of some kind. I've lived in apartments on several occasions and even houses furnished to me by congregations I served. I didn't care for either one. I'm not saying I wouldn't do it again but my preference is to live in a place that is actually mine for as long as possible.

Renting a house or an apartment works for many

at different stages of life. Buying a house is tough because it is a major financial commitment. You normally have to come up with 20% of the price to pay down as well as have the income to make the payments. That's not always easy.

New houses in a nearby neighborhood are presently selling for \$400,000. Most of them are modest three to four-bedroom houses. Having enough money to make the down payment and monthly payments is a lot for any person or family.

However, rent is expensive. Depending on where you live you may be paying \$800 to \$3,000 a month for a small apartment. You don't have maintenance or property taxes but you'll also never see that money again. A friend of mine sold her house at age 70 and moved into an apartment complex for people over age 55. She pays rent but she says the landlord treats her well and is timely with upkeep. A landlord who is very untimely with upkeep is very frustrating.

There are pros and cons to owning and renting. Choosing depends on

your situation and personal preferences. A landlord can raise your rent and have rules pertaining to pets, painting, and more. However, it may be just exactly what you need. Typically, you don't want to sink your money into property if you are going to move in three or four years. You might come out ahead if you buy a fixer upper and have the time and money to improve the property. You don't want to make a bad buy. Buying property that you can't resell is a bad idea, unless you love it and plan to live

there a long time.

Keep in mind that a big chunk of most American's wealth is in the house they own. If you pay for it and maintain it you can normally sell it to someone and recoup a lot of your money. You might even make a nice profit.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories and features appear each week In over 500 newspapers, websites and blogs across the United States.

TSA highlights its top accomplishments of 2022

Transportation Administration Security (TSA) recognized a year of accomplishments and progress in 2022, setting a new record in firearm interceptions by Transportation Security Officers (TSOs) at checkpoints, making significant strides to improve transportation security and screening an average of more than two million passengers daily at airports across the country.

TSA provided airport screening at or near pre-pandemic travel volumes despite multiple instances of challenging weather conditions; enhanced cybersecurity resilience of critical transinfrastructure portation with performance-based security directives and continued to test and deploy new technologies that significantly improve security effectiveness, efficiency and the passenger experience throughout the transportation system. Additionally, TSA officers stopped more than 6,500 firearms at airport checkpoints.

"I am incredibly proud of our dedicated TSA employees who perform the critical task of securing our nation's transportation systems each day," said TSA Administrator David Pekoske. "We had a very successful year that ended with the enactment of the FY 2023 Omnibus Appropriations Bill, which included funding to bring TSA employee compensation to a level commensurate with other federal employees, in addition to funding to expand collective bargaining rights for our non-supervisory screening workforce. For years, our employees have not been paid fairly, and securing pay parity was necessary from an oper-

ational standpoint as we

continue to see increasing

travel volumes, and will

also help our ability to recruit and hire new employees and retain the talent we have."

During 2022, TSA achieved the following highlights and accomplishments:

Our Security Operations

20 years of federalized security: TSA recognized the 20th year of checkpoint federalization as more than 400 airports nationwide reached this milestone anniversary.

Technology improvements: TSA improved security effectiveness and reduced physical contact by deploying 534 Credential Authentication Technology (CAT) units and adding 243 Computed Tomography (CT) X-ray scanners at airport checkpoints. The FY23 Omnibus Bill, which President Biden signed into law in December 2022, will enable technology deployments to continue across the agency's nearly 2,400 security checkpoint lanes to raise the bar on identity verification and security efficiency, accommodate future improvements in liquids screening and take initial steps for screening at speed.

Cybersecurity resilience efforts: TSA worked with industry partners to revise previous rail and pipeline Security Directives and issue performance-based pipeline Security Directives to enhance cybersecurity resilience for the nation's critical pipelines and rail systems. Performance-based criteria recognizes the diversity of organizations and systems that exist throughout the transportation sector and seeks to incorporate prac-

tices that strengthen those

cord number of firearms:

TSOs prevented more

than 6,542 firearms from

Officers stopped a re-

systems against attack.

Ellen Bertino
ebertino@eastietimes.com

entering the secure areas of airports in 2022; 88% of the firearms were loaded. TSA also announced several new measures to mitigate firearms threats including screening for passengers in possession of a firearm at a TSA checkpoint and loss of TSA PreCheck® eligibility for up to five years. In December 2022, TSA also increased the maximum civil penalty for a firearms violation to nearly \$15,000.

Federal Air Marshal Service 60th Anniversary: In March 2022, TSA recognized its Federal Air Marshal Service (FAMS) for 60 years of protecting domestic and international flights and providing a visible security presence for surface transportation modes. The FAMS was

initially founded as part of the Federal Aviation Administration in 1962 in response to increased international airline hijacking incidents, and transitioned to TSA after its establishment following the 9/11 attacks.

the 9/11 attacks.

Expanded canine teams: TSA trained and deployed more than 1,000 explosives detection canine teams at airports and mass-transit facilities to support large-scale events such as Super Bowl LVI, the Kentucky Derby, Indy 500 and enhance security operations at airports and surface transportation

systems nationwide.

Announced open architecture initiative: TSA partnered with Airports
Council International

See TSA Page 5

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Massachusetts drought status has improved over most of the state

Through the month of December 2022, the majority of the state experienced drought improvements, and as a result, Energy and Environmental Affairs (EEA) Secretary Rebecca Tepper today announced the following drought declarations: the Islands Region will remain at a Level 2-Significant Drought, the Northeast and Cape Cod Regions have been upgraded to a Level 1-Mild Drought, and the Connecticut River Valley Region will join the Western, Central, and Southeast Regions at Level 0-Normal Conditions. Rain and snow events during the previous month and a half have been well above normal, and conditions are expected to continue to improve through January 2023. However, for the state to be completely out of the drought, which is a longer-term condition, Massachusetts will need to benefit from sustained rainfall for a few more months before the entire state is within Nor-

mal conditions. As outlined in the Massachusetts Drought Management Plan, a Level 1-Mild Drought warrants detailed monitoring of drought conditions, close coordination among state and federal agencies, and technical outreach and assistance to the affected municipalities. Additionally, a Level 2-Significant Drought calls for the convening of an interagency mission group to more closely coordinate on drought assessments, impacts, and responses within state government.

"While it is great to see significant improvements throughout Massachusetts, it is critical that everyone practices indoor water conservation methods, particularly those residing and working within the Islands, Northeast, and Cape Cod Regions of the state," said Energy and Environmental Affairs Secretary Rebecca Tepper. "Through our ongoing collective efforts, water systems will return to normal and fully rebound faster, ensuring essential needs, such as for drinking water, fire suppression, and supporting habitats, will continue to be met."

These declarations are

the result of recommendations made by the state's Drought Management Task Force, which is composed of state and federal officials, and other entities. The taskforce will continue to meet until water levels return to normal in all affected regions of the state. The task force noted that it will take more time for the Commonwealth to come out of the longer-term drought, which started in early 2022, and has resulted in anywhere between two to ten inches of rainfall deficits over the course of the year in different regions of the state. Below are recommendations for communities and individuals living and working within a Level 2 – Significant Drought region and a Level 1 – Mild Drought region, including those utilizing a private well.

are also asked to check with their local water system in case more stringent watering restrictions are in place.

Significant Drought

Residents and Busi-

- Minimize overall wa-
- Follow local water use restrictions.
- Communities: Limit washing of hard
- surfaces (sidewalks, patios, driveways, siding); personal vehicle or boat washing; and,
- help curb their use.

um-Term Steps for Communities:

- Establish a year-round water conservation program that includes public education and communication;
- Provide timely information to local residents and businesses; • Implement or estab-
- lish drought surcharge or seasonal water rates: • Check emergency in-
- ter-connections for water supply; and, • Develop or refine your
- plan using guidance outlined in the state Drought Management Plan.

Mild Drought

nesses: • Toilets, faucets, and

For Regions in Level 2

- ter use; and,
- Immediate Steps for

Shortand Medi-

- local drought management
- For Region in Level 1 -

Residents and Busi-

showers are more than 60% of indoor use. Make

Drought Levels

Level 1 - Mild Drought

Level 3 - Critical Drought

• Establish water-use reduction targets for all water users and identify top water users and conduct targeted outreach to

> Shortand Medium-Term Steps for Communities:

efficient;

 Establish a year-round water conservation program that includes public education and communi-

sure yours are WaterSense

- Provide timely information to local residents and businesses;
- Check emergency inter-connections for water supply; and, • Develop a local

drought management plan. Furthermore, the Massachusetts Department of **Environmental Protection** (MassDEP) will continue to provide technical assistance to communities on managing their water systems, including assistance on use of emergency connections and water supplies.

'The drought situation

is still improving across the Commonwealth and today's recommendation is based on conditions through December that do not consider the heavy, early precipitation we are experiencing this month," said MassDEP Acting Commissioner Gary Moran. "This drought was the result of the long-term precipitation deficits that have built-up over many months, so it will take time to recover. We urge residents to follow the recommendations of their water supplier and continue to conserve water."

MASSACHUSETTS DROUGHT STATUS

Drought status declared January 13, 2023 (effective until updated)

It is important to note that the Massachusetts Water Resources Authority (MWRA) water supply system is not experiencing drought conditions, as defined within its individual plan. Private wells, local streams, wetlands, vernal pools, and other water-dependent habitats located

within MWRA-serviced areas may be impacted by drought conditions, while water quality in ponds can deteriorate due to lowering of levels and stagnation.

The Drought Management Task Force will meet again on Wednesday, February 8, 2023, at 10:00AM. For further information on water conservation and what residents can do, please visit EEA's Drought page and water conservation page. To get the most up-to-date information on the drought indices, go to the state's drought dashboard webpage. Additionally, the Commonwealth is surveying the public for any drought impacts that are currently being experienced. To participate, please visit the Massachusetts Water Impact Reporter webpage.

TSA/ CONTINUED FROM PAGE 4

Threat:

(ACI) - Europe to begin piloting open architecture airport security technology. Open architecture offers agility in technology development, adoption and updates, promoting competition and improving security and the traveler experience.

TSA Insider

Executed a multimedia insider threat awareness campaign, increasing workforce knowledge of potential risk indicators of an insider threat and reporting streams; expanded TSA office and program membership within the TSA Insider Risk Mitigation Hub and increased external domestic and international transportation stakeholder and partner outreach efforts. The agency also continued advancement of TSA Insider Threat with the deployment of a case management system and threat data analytics.

agement: TSA supported Operation Allies Welcome with the safe transport of over 90,000 people from Afghanistan to the U.S. Following Russia's invasion of Ukraine, TSA continued to lead cybersecurity efforts as a sector risk management agency for transportation. **Our Customers And Partners**

Global incident man-

Passenger volumes

continue to recover: Travel volumes returned to pre-pandemic levels in 2022, with TSOs screening 736 million passengers, averaging over two million passengers per day. On average, 99.4% of passengers waited less than 30 minutes at airport security checkpoints, while 99.4% of passengers in TSA PreCheck

lanes waited less than 10 mestic response plan exminutes.

enrollment fee: Seven new airlines joined the TSA PreCheck expedited screening program and over 3.3 million people enrolled, bringing the total number of active TSA Pre-Check members to more than 14 million. The agency also reduced the initial enrollment cost to \$78 and renewal cost to \$70.

Residents and businesses

an international checkpoint: In February, TSA opened its first TSA Pre-Check lanes outside of the U.S. making its debut in Nassau, Bahamas. TSA improved the pas-

First TSA PreCheck at

senger experience: The TSA Contact Center answered 1.9 million traveler calls and email messages; AskTSA responded directly to 2.2 million traveler questions, typically within two minutes, over social media and introduced a new feature enabling airline passengers to text AskTSA (275-872) with security-related questions. The TSA Cares helpline provided assistance to 46,000 travelers with disabilities, medical conditions and other special circumstances. Additionally, TSA implemented enhanced screening technology, improving the Advanced Imaging Technology (AIT) units in airport checkpoints with a software update that enhances accuracy and efficiency. Through a partnership with Apple, TSA also continued to test the acceptance of mobile driver's licenses to enable

a more seamless airport

security experience for

travelers in participating

states including Arizona,

Collaboration and stra-

tegic partnerships: TSA

conducted over 500 do-

Maryland and Colorado.

ercises; provided self-de-TSA PreCheck reduced fense training for airline

employees; offered truck, port and rail workers online options to securely renew credentials and increased intelligence sharing with surface and aviation partners. TSA leveraged inno-

vation and identity management: TSA published its Innovation Doctrine to highlight how the agency embeds innovation into business processes. Additionally, TSA issued an Identity Management Roadmap, outlining cohesive identity management approach that enhances standards, improves data sharing and privacy protocols across systems and expands collaboration efforts among stakeholders to improve the traveler experience. TSA introduced

virtual Mission Hall: In 2022, TSA November launched a virtual tour of TSA's Mission Hall, which is located at TSA headquarters. The exhibit is a collection of historical archives and artifacts documenting the agency's establishment, its evolution and critical events in transportation security. Our People Increased compensa-

tion for TSA employees:

In late December 2022 President Biden signed into law the FY23 Omnibus Bill, which was a top priority for DHS and TSA, that includes funds to pay TSA employees at a level commensurate with other federal agencies. The new compensation plan will begin in July 2023 and recognizes the critical role TSA employees play in protecting the nation's transportation systems.

Expanded collective bargaining rights non-supervisory screeners: The FY23 Omnibus Bill included funding to

support implementation of

an expanded labor framework, including broad collective bargaining rights for the non-supervisory screening workforce. On December 30, 2022, Administrator Pekoske signed a new Determination on Transportation Security Officers and Collective Bargaining that sets forth this new labor framework. The spending bill also included funding for continued Merit Systems Protection Board rights for TSOs. The agency first established these rights for TSOs in September 2021. TSA hired a Diversity,

Equity, Inclusion and Accessibility Officer: TSA hired its first-ever execu-

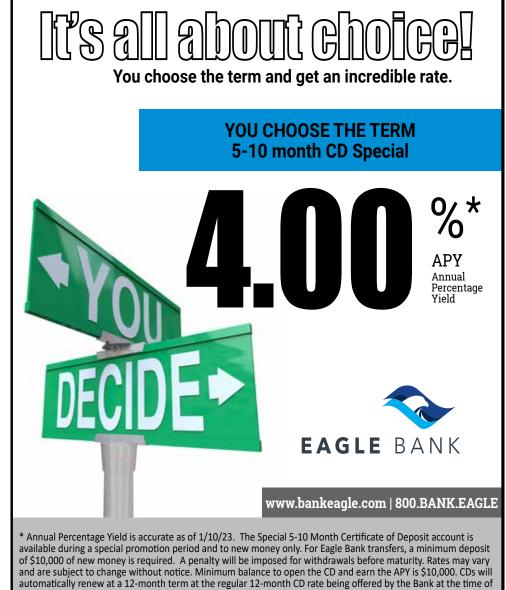
renewal. Other terms and rates available.

sity, equity, inclusion and accessibility initiatives for the agency. The Chief Diversity, Equity, Inclusion, and Accessibility (DEIA) Officer is responsible for designing, developing, and recommending a diversity management strategy that aligns with and contributes directly to TSA's mission and strategic goals. TSA continues to hire and train officers: TSA

tive officer to lead diver-

hired more than 10,000 new TSOs and opened its new TSA Academy West adjacent to Harry Reid International Airport (LAS) in Las Vegas. The new training academy graduated over 1,000 TSOs while others were trained at the TSA Academy East in Glynco, Ga. TSA offered a hiring bonus for TSO positions in some areas of the country where it is hard to recruit applicants and provided an opportunity for candidates to onboard as Security Support Assistants (SSA) within just a few weeks. The SSA position allows candidates to quickly obtain employment at TSA to perform non-screening duties in support of checkpoint operations, while they complete the TSO hiring process.

Member FDIC/Member DIF



ZION CHURCH AND CITY OF EVERETT CELEBRATE MLK DAY

The Zion Church community and the City of Everett gathered together in person for the first time in several years this past Monday at the Connolly Center to celebrate the life and legacy of Dr. Martin Luther King. The 17th Annual Rev. Dr. Martin Luther King, Jr. Scholarship Breakfast was once again well attended by residents, local officials, and members of the Zion Church community in an effort to raise scholarship money for college-bound students.

Senior Pastor of Zion Church Ministries, Bishop Robert Brown, was pleased to welcome this year's keynote speaker, Rev. Dr. Kirk B. Jones. Dr. Jones has been a pastor for over 30 years and was the founding minister of Calvary Baptist Church, Chester, PA; Ebenezer Baptist Church, Boston, MA; and the First Baptist Churches of Randolph, Whitman and Tewksbury, MA. Currently, Dr.

Jones serves as a pastor for Zion Baptist Church in Lynn, MA. He is also an adjunct professor of ethics, preaching and pastoral ministry at Andover Newton Theological School and serves as guest preacher and teacher at churches, schools and conferences throughout the United States.

In addition to Dr. Jones, speakers at the breakfast included Bishop Robert Brown, Mayor Carlo DeMaria, State Senator Sal DiDomenico, City Council President Michael Marchese and MLK Scholarship Recipients Dyna Louis, Shreeya Musyaju and Loyd Joseph.

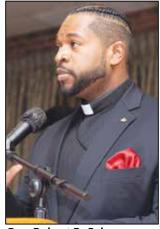
The Zion Praise Team, Everett High School Chorale and Bishop Regina Shearer delivered moving renditions of traditional hymns and songs throughout the breakfast and the ceremony was concluded with the Battle Hymn of the Republic where everyone joined in and sang along.



Shreeya Musyaju.



Rev. Lucy Marshal.



Rev. Robert R. Coleman blessed the food.



Keynote speaker Rev. Dr. Kirk B. Jones.



Mayor Carlo DeMaria.



Everett City Council President Mike Marchese.

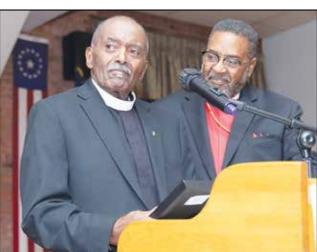


Senator Sal DiDomenico.

Brown.



Bishop Robert G. Brown.



Rev. Marshall and Bishop Robert G. Brown.



Bishop Regina E. Shearer.



Bishop Robert G. Brown and Dyna Louis.



Parri Brown, Jean Brown Holman, Sanda Brown, and Calvin



Award Recipient Rev. Lucy Marshall and Bishop Robert G.

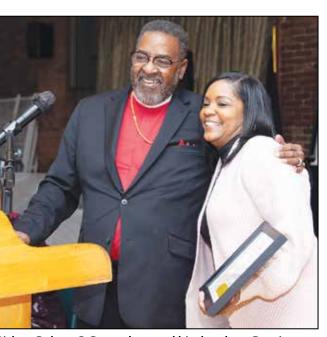




Bishop Robert G. Brown and Loyd Joseph.



Shreeya Musyaju, Dyna Louis, State Representative Judith Garcia, and Loyd Joseph.



Bishop Robert G. Brown honored his daughter, Domi-

nique.



The Everett High School Chorale group.



Bishop Robert G. Brown and Shreeya Musyaju.



Kelley Buonopane, Theodore Naumann, Shreeya Musyaju, Dyna Louis, State Rep. Judith Garcia, Lloyed Joseph, and Calvin Brown.



School Committee members Millie Cardello, Jean Christiano, Superintendent Priya Tahiliani, Chairman Mike Mangan with Everett Chorale

day, January 12.

Sports

EHS BOYS IN HOOP ACTION AGAINST SOMERVILLE

The Crimson Tide improved their record to 5-4 with a convincing win over Somerville at Everett High Thurs-



CROWDED QUARTERS: Everett's Karmarri Ellerbe takes a hand to the face as hemuscles a rebound from a Somerville forward as Tide teammate Dave DeSouza moves in to help.



passer on the football field, transfers the skill to the basketball court with this outlet pass.



GET IT!: Everett's Christian Vasquez makes a lunge for the ball after knocking it loose from Somerville's Lobsang Nyima (13).



GOT HIM SURROUNDED: Everett's Kevin Ruiz (left) and Christian Vasquez have Somerville's Kyle Ray-Dutra trapped.



KNOCKED OUT: Everett's Steven Cordero (4) knocks the ball out of the control of a Somerville forward.

TAKE A KNEE: Everett's David DeSouza goes to a knee to keep a ball in play as he is guarded by Somerville's Jared Antonellli (12) and Eddie Hudson Jones.

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EHS Roundup

EHS BOYS BASKETBALL AT THE GARDEN **SUNDAY**

The members of the Everett High boys basketball team will get to experience the thrill of every basketball player when they take to the famed parquet floor at the TD Boston Garden this Sunday afternoon, January 21, at 1:30 to compete in the annual Andrew James Lawson Foundation Invitational against Beverly High School.

The Crimson Tide's contest with the Panthers is one of 11 high school games throughout the day at the Garden starting at 7:15 in the morning and extending through 9:00 p.m.

The Andrew James Lawson Foundation is a not-for-profit organization established in Andrew's memory by his family to advance and improve the lives of people with intellectual and developmental disabilities by funding, developing, and promoting programs, projects

that encourage and support people with intellectual and developmental disabilities (I/DD) and help foster inclusion in their community.

Andrew, who was born with Down's Syndrome, passed away at the age of 27. His inclusion as a member of the Norwell High basketball team was a defining aspect of Andrew's life that brought much joy both to himself and his family during his high school years.

Tickets are \$26.50 at the door or \$20 in advance through the school.

EHS BOYS TRACK ROLLS PAST CLASSICAL

The Everett High boys track and field team improved to 3-1 on the season with a runaway 72-13 victory over Greater Boston League (GBL) rival Lynn Classical last Wednesday.

The Crimson Tide won nine of the 10 events and swept four, the 300, 600, high jump, and shot-put.

See ROUNDUP Page 8



IN GOOD FORM: Cleevance Erillus sees two points coming his way.



for an eighth time. We are proud to be a team that delivers compassionate, high-quality care to our community. The Boston Globe



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FRESH AND LOCAL

Home economics

By Penny & Ed Cherubino

Home economics commonly defined as 'cooking and other aspects of household management, especially as taught at school." From the early 1900s, this subject was promoted for females. In the 1960s, the women's rights movement objected to the traditional stereotype that girls should be taught cooking and homemaking and boys woodworking and mechanical skills.

Today, in places where this subject is taught, it's referred to as "family and consumer sciences" (FCS) and is open to all students. In a recent interview, Ben Mervis, author of "The British Cookbook," related that his interest in food came from an assignment in his "home economics"

His exposure to household management resulted in a career path. It might provide the skills needed to be a great single parent, partner, caregiver, or healthier human for a different person.

Vital Life Skills

Feeding yourself and your family food that is healthy, nutritious, safe, and within your budget takes more education than you can obtain by watching a few TikTok videos or following food influencers on Instagram. Training in these vital life skills could result in better decisions about how we spend our food dollars, differentiate between good nutritional information and puffery, and minimize food waste. These topics are essential to our personal well-being, economy, and envi-

Going back to that definition of home economics, we like the idea of teaching anyone who wants to learn how to be the CEO and CFO of an organization called a household. In addition to classes held in schools, community-based continuing education could make it possible for anyone suddenly responsible for feeding themselves and others to

learn how to do it well.

This might include young people on their own for the first time, seniors who need to adapt to cooking for one, or those who become single parents and need to feed a family.

So Much To Learn

WBUR reported on the diminished availability of home economics classes and teachers. In that article, they quoted Carol Werhan, an FCS educator and member of the board of the American Association of Family and Consumer Sciences. The article's author, Tove Danovich wrote, "...cooking taught through FCS courses is more about having the confidence to experiment in the kitchen than becoming a trained chef. 'People don't need to have perfection - you have to know what are the failures that are OK. 'Burnt edges can be cut off. Overcooked meat can still be served.' Werhan

Valuable Lessons

said.'

Learning that you must practice a skill to master it and that failure along

This photo of a home economics class was taken circa 1900-1919 when it was thought that only women needed the skills to manage a home.

the way is to be expected is a valuable lesson. The WBUR article also talked about students seeing the relevance of what they were doing and learning in FCS classes. At first, they may not realize they are using mathematics, chemistry, resource management, financial acumen, and organizational skills to follow a recipe or set up a menu. Still, before long, they see the connection.

Once, these skills were passed from generation to generation as they shared space in muti-generational households and large connected families. However, now we also hear of cases where the young are teaching their older family members to make better choices for the fam-

ily and the environment. Any knowledge we can provide through FCS education at school or in the community can help ensure we have a new generation of home-ec teachers, young and old.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

performances were: Ma-

cao in the 300 (52.2); Sa-

mantha Exil in the 1000

(4:35.7); Brandao in the

high jump (4'-2"); and

Darrynn Desrameaux in

the shot-put (a PR toss of

points with third-place

efforts were: senior cap-

tain Ida Bittaye in the 55

dash (7.1); senior Selma

Moutaoukkil in the 300

(54.2); and senior Julian-

na Edwards in the shot-put

with a PR toss of 28'-8.5".

take on GBL rival Lynn

English today (Wednes-

day) and Somerville next

BOYS, GIRLS HOOP

The Everett High boys

and girls basketball teams

will take on Greater Bos-

ton League (GBL) ri-

val Medford tomorrow

(Thursday), with coach

Riley Dunn's girls squad

traveling to Medford and

coach Stanley Cham-

blain's crew hosting the

Mustangs at the EHS gym

for a 7:00 tip-off.

TEAMS IN ACTION

Wednesday.

Cimea and his crew

single

29'-7.5").

Contributing

Roundup / CONTINUED FROM PAGE 7

In the 300 dash, senior captain Omar Marshall took first place with a time of 40.0, followed by teammates Kayshaun Eveillard (40.6) and Fludjy Moise (42.4).

In the 600, senior captain Angel Torres (1:42.2) led the way, followed by teammates Aadit Manandhar (1:48.2) and Kelvin Lira (1:54.7)

Donald Michel cleared the high jump bar at 5'-6", followed by Jalen Jones and Jayden Prophetre (both of whom also cleared the height of 5'-6") to score all nine points for the Tide.

Junior Adoni Santos's personal record (PR) shotput throw of 34'-5.5" led a Crimson Tide sweep of that event, followed by teammates Berlens Beaubrun (34'-3") and Jason Stark (33'-9.75").



BLANKET DEFENSE: Everett's David DeSouza keeps a close watch on Somerville's Makai Curtis (10).

the 55 meter dash be- Huezo-Erazo in second in hind Jayden Prohete, who turned in a PR sprint of 5.5, and Jalen Jones, who also had a PR of 5.8.

Samuel Desir-Mafouana took first in the twomile with a run of 12:27.3

Everett went 1-2 in and teammate David 13:11.2.

> Senior Matth son topped the field in the 1000 with his time of 3:16.2 and teammate Nishal Tamang was close behind in third spot in a



leaders look on.

clocking of 3:18.4.

Senior Shishir Pokhrel won the mile with a clocking of 6:41.8.

In the 55 hurdles, senior captain Shinay Aristhene took second place in 7.9, followed by teammate Owen Beauvil in third in 8.0.

The Tide put the icing on their victory cake with a victory over the Rams in the 4 x 400 relay, as the quartet of Eveillard, Jones, Moise, and Marshall won the race with a PR time of 3:57, which was more than 21 seconds faster than their Classical foes.

"It was a dominating win for both teams, improving us 3-1 for the season," said EHS head coach Jehu Cimea, referring to both the boys and girls squads. "We had multiple PRs. Both teams are looking forward to our meet this week against Lynn English." Cimea and his crew

will meet English today (Wednesday) and will trek to Somerville next Wednesday.

A SWEEP FOR

EHS GIRLS TRACK The Everett High girls indoor track and field

team improved their re-

cord to 3-1 with a 68-

10 victory over Greater

Boston League opponent

Lynn Classical in which

coach Jehu Cimea's squad took first place in all nine individual events and the 4 x 400 relay.

Senior captain Nyla Crowder was a double-winner for Everett, capturing the 55 meter dash with a personal record (PR) sprint of 6.7 seconds and the high jump with a leap of 4'-4".

Junior captain Nicole Brandao won the 55 meter hurdles with a time of 9.0 to pace an Everett sweep with teammates Sophia Sousa (9.3) and Jossycah Emmanuel (9.4).

The other first-place finishers for coach Jehu Cimea's squad were: senior captain Luca Jean Noel in the mile with a PR run of 6:49.7; sophomore Yelsa Garcia with a PR clocking of 49.3 in the 300 dash; sophomore Milena Antoine in the 600 dash (2:17.4); junior Tiffany Escobar in the 1000 in 4:26.3; junior captain Suzanne Maharjan in the two-mile (17:04); and junior captain Layla Betancur Cardona in the shotput with a PR throw of 31'-2.5".

The 4 x 400 quartet who placed five points into the EHS scoresheet was comprised of junior Victoria Macao, sophomore Ali-

Adding three points to

the EHS side of the score-

sheet with second-place

sha Lafontant, sophomore Zyelle Canon, and Garcia.

The boys then will play at the TD Garden this Sunday vs. Beverly at 1:30 (see story above).

Both teams then will meet GBL foe Malden next Tuesday, with the boys at home at 7:00 and

the girls making the short

trek to Malden.

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CHURCH News

Mystic Side Congregational Church

News and Notes

Mystic Side Congregational Church is located in Everett, on Malden-Everett border, at 422 Main Street. We offer a warm, inviting atmosphere, and all are welcome. Our Sunday Church service starts at 10:30 a.m. and Communion is offered on the first Sunday of each month. A very pleasant coffee hour and socializing follow our services. Parking is available in our lot next to the church on Wyllis Ave. (one way off Main Street). We look forward to welcoming you this Sunday.

Mystic Side **Congregational Church 422 Main Street** Everett, MA

Immaculate Conception Parish

News and Notes

Our Parish Staff: Rev. Joseph Chacha Marwa, S.M.A. Administrator, Rev. Gustavo Buccilli S.M.A Parochial Vicar, Barbara Canon Secretary, Parish Secretary.

Weekly Mass Schedule ate the Immaculate Conception Parish is as follows:

1: Monday-Saturday at 7:00Am in the Chapel.

2: Saturday at 4:00Pm (Sunday Vigil) and at 7:30pm Vietnamese Mass Upper Church.

3: Sunday at 7:00am 10:00am English Masses. At 12:00Pm Spanish Mass and 4:00Pm Haitian Creole Mass.

4: Confessions are on Saturdays from 3:45 at the Confession

Boots in the Chapel, and

at 11:15Am 12:00Pm in

5: Adoration of the

Spanish.

Blessed Sacrament at the Chapel on Thursday from 7:30Am-6:00Pm. Bring a Book buy a Book a new Fundraiser

Program at the back of the Church. All books are a dollar. Any money collected goes to our Stain Glass Fund. You are most invited to make a donation for this course. Most welcome to worship with us on Sunday and weekdays. Thank You. **Immaculate Conception**

Parish

489, Broadway, **Everett MA 02149 Phone** Call 6173895660

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Zion Church - Everett

News and Notes

Bishop Robert G. Brown and Zion Church Ministries invites you to join us every Sunday at our 10:00 a.m. Worship Service for a time of worship, praise and preaching, at 757 Broadway, Everett, MA. You can also join

Zion Church Ministries via livestream on Facebook and You Tube.

For more information, they can be reached online at zionchurchministries.com or via email at office@zionchurchministries.com.

Glendale United Methodist Church

News and Notes

Glendale United Methodist Church is open to all and we welcome people of all faiths, race, nationalities and sexual preference. No one is ever turned away. If you are looking for a new home church, we would like you to check us out and let us know what we can do to make church a better fit in your life.

Bible Study: Consider joining us for Bible study on Sunday. We meet in the Church Parlor off the Chapel from 9:30 to 10:00

Sponsor the bulletin! For a \$5 donation, you can dedicate the Sunday bulletin to recognize family, friends, or special occasions. There is a sign-up sheet in the Pastor's study. Feel free to choose your particular week and leave a copy of your dedication in the mail in that is on the Pastor's door. Please contact the Pastor if you have any questions.

Boy Scout Troop 814: Meet in Cooper Hall on Tues. evenings from 6-9 p.m. Cub Pack 11 meets on Saturday mornings.

NA Meetings - Mon.

Bring Your Own Book 7:30 - 9:30 p.m.; Thurs. I Can't But We Can, 8:00 7:30 -9:30 p.m. AA Meeting – Saturday

evenings from 6:30 to 8:30 Pastor's Office Hours:

Saturdays 10 a.m. to 2 p.m. Other times by appoint-Bread of Life Donations

This outreach is being done to honor the Unit-Methodist Women's Group, who for so many years were our outreach source. Please bring any food item(s) to church and place in the box located on the altar. We are on the Internet

http://www.glendaleumc-everett.org **Glendale United Methodist Church Pastor David Jackson** 392 Ferry Street (across from Glendale Towers) Please enter the church by the driveway on Walnut Street 617-387-2916 PastorDavidJackson58@gmail.com **Pastor's Office Hours:**

Saturdays 10 a.m. to

2 p.m. Other times by

appointment.

Glendale Christian Lighthouse Church

News and Notes

10:30 Sunday a.m. Worship service.

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GLENDALE

Church at the Well Everett

News and Notes

Church at the Well Everett is a new church for Everett. Check us out on Facebook at www.facebook.com/churchforeverett to view weekly devotions and updates, visit us at www.foreverett.church

to sign up for our newsletter and see how we can help you, or connect with the Everett Community Aid Network at www.everettcan.com to request any additional help.

Grace Anglican Episcopal Church

News and Notes

Grace Anglican Episcopal Church is open & welcoming to all. There are 2 services on

Sundays: 10am English, 1pm South Sudanese Din-Come all and let us

walk together in this sea-

son of hope, renewal and new beginnings.

Grace Anglican Episcopal Church 67 Norwood Street, Everett, MA **Church Phone** 617-387-7526 or 617-389-5765

To place a memoriam in the Everett Independent, please call

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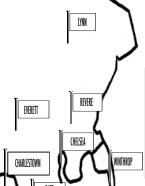
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NEWS FROM AROUND THE REGION

SEARCH UNDERWAY FOR CITY MANAGER

CHELSEA - Several city councilors have commented on the big shoes the next city manager will have to fill with Tom Ambrosino moving onto a new position in the state court system.

Monday night, the council began the process of actually filling those shoes. Ambrosino submitted an official resignation letter to the council, specifying his last date on the job as Friday, Jan. 13.

With that letter in hand, the council set up a subcommittee on conference meeting on Tuesday, Jan. 17 to consider the process for hiring a replacement for Ambrosino.

"What we have to do, our city manager has informed us that he is leaving, we have to begin the process of replacing him," said Councilor-at-Large Brian Hatleberg. "That's a complex undertaking."

The subcommittee will also look at the process for the appointment of an interim city manager.

Monday night, the council agreed to discuss the terms and conditions for Deputy City Manager Ned Keefe to take over as the interim city manager at that Jan. 17 subcommittee meeting. Council President Leo Robinson said Keefe stated he will accept the interim position as the search process gets underway.

"We need to have an interim city manager because someone needs to fill the shoes when (the position) is vacated, so we need to discuss that and get everyone on the same page," said Hatleberg.

City manager isn't the only position the council will need to discuss filling at the Jan. 17 meeting. The council has yet to fill the position of clerk to the council.

Long-time clerk Paul Casino officially retired effective at the end of 2022, but he will be working with the council on a parttime basis as it searches for a replacement.

Monday night, the council unanimously agreed to hire Casino as a part-time consultant and clerk for the council. The position is temporary until a new clerk is hired, and is set at a rate of \$50 per hour with no benefits and

not to exceed 20 hours per

ENTERTAINMENT LICENSE SOUGHT

EAST BOSTON During the Jeffries Point Neighborhood Association's (JPNA) monthly meeting on Jan. 9, representatives of The Tall Ship Boston went before residents to present their plan to obtain an annual entertainment license.

As it stands today, the Tall Ship has been operating under a series of one-day entertainment licenses, encompassing both its non-live and live entertainment. This means that the Tall Ship has to have programming signed off by the Mayor's Office of Neighborhood Services, the Police Captain, and the Mayor's Office of Consumer Affairs and Licensing on a week-toweek basis.

Now, the Tall Ship is seeking to simplify that process via the annual entertainment license, which representatives emphasized is merely administrative and would not affect operations.

"We're not looking to change anything that we do at this space; there are absolutely no operational changes proposed. This is simply an attempt to codify our existing entertainment programming," said Attorney Lesley Delaney Hawkins.

"This is strictly to change the way our paper trail is for applying for licenses and is something that is going to streamline it and make it a little easier," said Navy Yard Hospitality Group's Charlie Larner.

While obtaining oneday licenses when the Tall Ship experience began seemed to make sense according to Hawkins, now that there is certainty regarding the Tall Ship's future in the area, representatives say there is some support to go for an annual license.

"Given the fact that we have now entered into a longer-term license agreement with Massport, the city as well as some of the elected officials and our neighbors have asked us to actually obtain an annual entertainment license," said Hawkins.

Not only would a potential annual license allow the Tall Ship to forgo constant applications, but

WINTHROP ROBOTICS CLUB RECEIVES DONATION FROM THE WINTHROP FOUNDATION



WHS Robotics Team members and Winthrop Foundation board members (from left to right): Gus Martucci, Brian Leslie, Foundation Chairman Russ Sanford, Terence Delehanty, Ben Prew, Hanna Essaouabi, Elizabeth Carney, Natalaiya Melnyk, Chrissy D'Ambrosio, Vinny Tarantino, Jonah Clark, Daniel Nieves and Delia Parco.

Hawkins also suggested that it would yield more predictability in terms of entertainment for staff, the city, and the neighborhood.

Although the Tall Ship's proposal, which representatives explained, has nothing to do with operations in terms of programming, many residents used the public comment period to comment on the establishment's operations.

Residents offered feedback about providing more parking, offering more family-friendly events, and more. Questions and feedback regarding the license itself were also addressed.

One resident was concerned that supporting an annual license would not give the neighborhood as much of a voice if issues with the Tall Ship occurred. However, Hawkins contends that is not the case.

"I would actually say its the opposite because it would be an annual license that's renewed each year ... but just like any other license – this goes back to the comment about contacting the licensing board and the police department - again, the license is a privilege," said Hawkins.

"If there is a bad actor exercising it - and we really don't believe we are a bad actor – the license can be suspended at any time."

Additionally, Larner was asked about the change in operating cost from a day license to an annual one. He explained that operating on an annual license costs less but only minimally.

Residents also voiced concerns about the Tall Ship's commitment to not adding programming, but Larner reinforced that commitment saying, "Yes, we don't want anymore. The answer is you will not see an influx of events."

Finally, some pondered what would happen to the Tall Ship if the annual license were not approved, and Larner explained that it would pretty much be business as usual.

"Nothing will change. It [the Tall Ship] will still be operating, it would still have live events. When we do our events, we will be applying with a specific application for the oneday entertainment license for the dates," said Larner.

meeting Monday's marks the first of two Tall Ship appearances at the JPNA, with the next scheduled in February to continue the licensure process for an eventual vote.

"We are continually looking forward to working with the neighborhood, making everybody happy; that's our number one priority," said Larner.

KEEFE TAKES GAVEL AS CITY COUNCIL PRESIDENT

REVERE - Ward 4 City Councillor Patrick Keefe was the unanimous pick to serve as the council's president for 2023 at last week's meeting.

Keefe, who last headed the council in 2020, takes over for outgoing president Gerry Visconti. Ward 1 Councillor Joanne McKenna was the unanimous selection for vice president for the new year.

Keefe struck a chord of finding common ground with his fellow councillors for the good of Revere.

"I want to thank outgoing Council President Visconti for doing an outstanding job in this last year navigating the turbulence and helping to maintain and upkeep civility in this hallowed chamber," said Keefe. "Far too often, people on TV and social media see what's going on

and think that's the normal way to act disrespectful to each other and think that's how they are going to get the job done, but that doesn't work in real life. Life is about finding common ground and making sacrifices at times when decisions are not always

Keefe said the council must be comfortable managing gray areas and be okay disagreeing respectfully.

black and white."

"We represent our community with actions and our behaviors, and we owe it to the 65,000-plus residents of Revere to represent them with respect and proper decorum," said the new president. "This is how we operate in the City Council, and that will be my number one duty to make sure we continue to

do so " Keefe thanked his fellow councillors for having the faith and confidence in him to lead the council, and thanked his family for their support while he takes on public service.

"I've built my life, my family, and most of my living experiences around the city of Revere," said Keefe. "My pride for what

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Region // CONTINUED FROM PAGE 10

we have accomplished and the work we have to do is constant."

Visconti also thanked the council, his family, and the voters for supporting him during his time in office, and especially during his last year as the council's president.

He also had a special thanks for City Clerk Ashley Melnik.

"Madame Clerk, without you, this council does not operate," said Visconti. "You're probably one of, or the most important, person to all of us, and on behalf of the rest of the City Council, I want to extend my sincere gratitude for all of the work that you do for all of us, and especially the help you have given me this past year."

McKenna also thanked her fellow councillors for their vote of confidence in selecting her as vice president.

"I would also like to thank you for your respect, always, for your love, always, and for your support and friendship through my seven years of being a councillor," said McKenna. "I also want to

thank my constituents for changes discussed last putting me on the coun-

COUNCIL **CONSIDERS CHARTER CHANGES**

WINTHROP The Town Council tackled two of the more potentially divisive recommendations of the 13 made by the Ordinance Review Committee at a public hearing last

The two recommendations concern the composition and length of term for town councilors, and providing a recall process for elected officials.

It is likely the council will make the final decision on whether the charter changes are brought before the town's voters in the next month or so. The council can amend the recommendations, or vote not to bring them to a public vote, but the voters have the final say on any changes to the town char-

Among councilors, there was a mix of opinions on the two proposed week.

If it goes through as recommended, the charter change pertaining to the composition of the Town Council would result in a major overhaul for town government.

The recommendations include paring the total number of councilors from nine to seven, with at-large councilors and one council president. Currently, there are nine councilors, with six precinct councilors, two at-large members, and a president. The proposed change

would also change the term of councilors from four to two years in an effort to increase participation in town government. Conversely, the term for council president would jump from two to four years.

"I think the thought process behind a lot of the thinking was to increase participation, because the vast majority of races over the years have been unopposed," said Council President James Letterie.

Precinct 6 Councilor

Stephen Ruggeiro, who is on the Ordinance Review Committee and chairs the council's rules and ordinances subcommittee, said he voted against the changes to the composition of the council. He said cutting the number of councilors would alter the ratio of councilors to residents and constituents in

Ruggeiro was also one of several councilors that expressed concerns that moving to a fully atlarge council could lead to underrepresentation for some neighborhoods.

Precinct 5 Councilor Joseph Aiello said he likes the current relationship between a councilor and their precinct. "I just think it would

negatively affect the relationship between the district councilors and the constituents," said Aiello. "I don't think this achieves what was the spirit and the intent of the ideas."

Councilor-at-Large Rob DeMarco said that ultimately, it should be up to the voters to decide who represents them.

Precinct 2 Councilor

John Munson said he was not in favor of going to an all at-large council, but said he was in favor of dropping the length of the council term to two years as a way to entice more people to run for office. Several councilors noted that while a shorter term may get some more people to run, a longer term is helpful so that new councilors can get up to speed on municipal government without having to worry about running for reelection soon after taking of-

Letterie said the council could make adjustments to the Ordinance Review Committee recommendations. He said the council could consider going to seven members, but still use a precinct, rather than an at-large system.

"Do we think nine is the right number?" Letterie asked. "And if it is different than nine, what should the composition be?"

Several councilors said they had issues with the recall provision, noting there should be a high threshold to recall elected officials

Ruggerio said the best way for elected officials to stay accountable to the public is through the election process.

"I've always been in favor of a recall (provision) ... but the bar has to be set high," said DeMarco. "Four percent of registered voters is too low of

a bar." DeMarco said a recall provision could work if it was necessary to gather signatures totalling 50 percent of the turnout in the previous election.

"I think the standard should be incredibly high," said Letterie. "I don't think the provision itself would be unwarranted. Hopefully, it will be something that we never have to use."

Letterie said he would still like there to be an opportunity for the public to be heard on the proposed charter changes, with the goal of the council voting in February on whether to bring them before voters at the ballot box.

LEGAL NOTICE

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The City of Everett, acting through its' Board of Assessors, is accepting sealed proposals from all interested contractors for an FY2025 RE Certification and FY2024 and 2026 Interim Year Adjust-

RFP documents may be picked up at the Treasurer's Office, Room 15, City Hall, Everett, MA, beginning Monday, January 16, 2023 or via email request to monica.ford@ci.everett.ma.us. Proposals are due no later than Wednesday, February 1, 2023 at 2:00 p.m. The City reserves the right to accept or reject any or all proposals. Proposals should be submitted to: City of Everett,

Attn: Monica Ford, City Hall, Rm 15, 484 Broadway, Everett, MA 02149. This RFP is being procured in accordance with the Massachusetts General Laws Chapter 30B. Monica Ford, MCPPO

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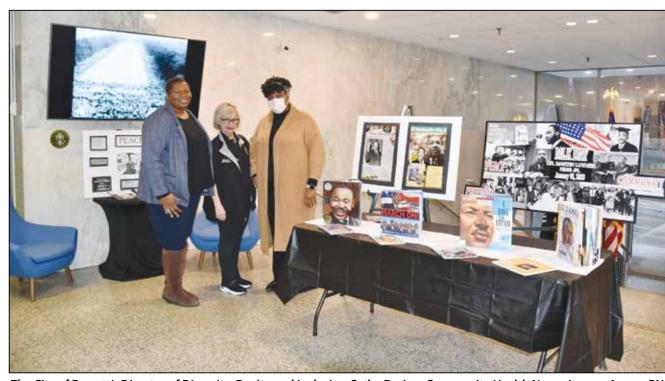
The City of Everett recently had an exhibit on display for visitors to City Hall to be able to learn more about and celebrate the life and legacy of Rev. Dr. Martin Luther King, Ir

As we begin the new year and continue to move forward with Mayor Carlo DeMaria's "Everett For Everyone" initiative, the City of Everett's Public Health Department presented "To be a King: A Visual Tribute to Dr. King."

The exhibit was curated by Community Health

Nurse Joanne Agnes, RN and Craftsman Joe Ronan from the City's Department of Public Works Sign Shop Division, as the City joins together with those around the country to celebrate the life of Martin Luther King, Jr. and how his impact still has an effect on us all to this day.

All visitors to City Hall were able to view the display, which featured pictures, quotes, and education materials to learn about the life and legacy of Dr. King.



The City of Everett's Director of Diversity, Equity and Inclusion Cathy Draine; Community Health Nurse Joanne Agnes, RN; and Healthy Equity Access Officer Antoinette Octave Blanchard gathered in front of the exhibit in the main lobby of City



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City Councilor

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A poster board with more information about and quotes from Dr. King with a TV showing his most famous speeches.



The Exhibit on display in the main lobby of Everett City Hall featuring photos, quotes and education materials about the life and legacy of Dr. Martin Luther King, Jr.

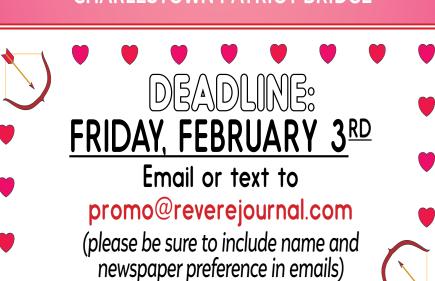


Happy Valentine's Day Love Charlotte & Oliver Send us
your
Valentine
Lovelines!

Published Feb. 8 & 9



ALL VALENTINES WILL BE PUBLISHED IN THE EAST BOSTON TIMES FREE PRESS, REVERE JOURNAL, EVERETT INDEPENDENT, CHELSEA RECORD, WINTHROP SUN TRANSCRIPT, & CHARLESTOWN PATRIOT BRIDGE

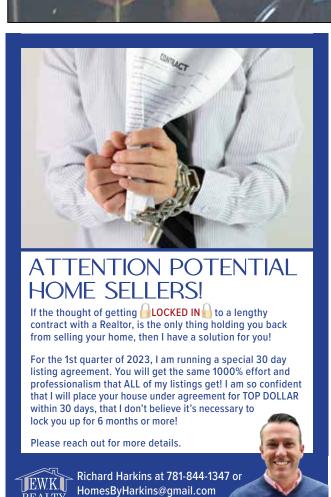


ART LAB EVERETT OPEN HOUSE WITH ARTIST LOUIS STAFFIERI



On Sunday January 15 Art Lab Everett hosted an Open House welcoming the community for a visit at the workspace and a showing of artworks by Everett artist Louis Staffieri (photos above and below). Guests enjoyed meeting with the artist and Art Lab staff, as well as trying their hand at a few art activities. Art Lab Everett offers arts classes for kids and adults, more information at ArtLabEverett.com.







Tax-deductible contributions help support affordable art programs for all of Everett.



Learn more at artlabeverett.com