

Everett Independent

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Darius Noonan with the members of the Ferry Street Firehouse showing off their Trouble the Dog stuffed toy. Right, Darius is lifted out of a fire truck by some of the crew.



Nine-year old Darius Noonan of Everett pays it forward to help other foster kids

Special to the Independent

Nine-year old Darius Noonan has a new adventure. He wants to pay it forward to help other foster children in Massachusetts.

Darius was adopted from foster care by Everett's DPW Operations Manager, Kevin Noonan and his wife Maria, "My

son said Trouble made him feel better and made him feel safe during his time in foster care" Maria says.

In fact, Darius received such great comfort from a gift of a Trouble the Dog plush toy and storybook, that he decided he wants to help give Trouble the Dog to other children in foster care.

Darius likes to visit the Ferry Street Firehouse with members of the Everett Firefighters Union Local 143. He hopes this type of community engagement will help bring awareness of his efforts to raise money to give as many foster kids as possible a Trouble the Dog, so that they can have hope of better days!

If you would like to support Darius' mission you may do so online by visiting troublethedog.com/kids-helping-kids or via Venmo by directing your donation to @dsnoonan12. You can also send a check to Larkin Ltd PO Box 12712 , Marblehead MA, 01945

Great job Darius!

A Winning Image

Katy Rogers receives photography award from East Cambridge Savings Bank

By Cary Shuman

Everett photographer Katy Rogers will have one of her photographs featured in the 2023 East Cambridge Savings Bank calendar.

Rogers received the new calendar at an awards recognition ceremony Dec. 19, at the bank's stately headquarters in Cambridge. ECSB President and CEO Gilda Nogueira made special presentations to the indi-

vidual photographers.

Rogers' impressive photograph, "Reflections of Boston," will appear on the month of June page of the calendar.

Leo R. Gayne, ECSB assistant vice president and community relations officer, said the photo contest drew hundreds of entries from across the greater Cambridge area.

"We got a very good re-

See ROGERS Page 10

Parking Enforcement Officer saves families from house fire

Special to the Independent

On Thursday morning, Dec. 22, Parking Enforcement Officer for the City of Everett Brian Gianelli prevented tragedy at a 2-alarm fire at a multi-unit residence on Vine Street.

While he was doing his overnight shift, Gianelli smelled and spotted smoke coming from the building and quickly sprang into

action by calling the Everett Fire Department (EFD) and alerting residents to the danger to ensure they got out safely.

"I was in the right place at the right time," said Gianelli. He also told NBC10 Boston, "There were alarms going off, couldn't tell from what. I got them up, got them out," he re-

See FIRE Page 2



Brian Gianelli.

DeMaria thanks all who contributed to the toy drive

Special to the Independent

Mayor Carlo DeMaria would like to recognize and thank everyone who took part in the City of Everett's Annual Toy Drive and Holiday Assistance Program.

Each year for the past 15 years, the City accepts donations of unwrapped toys, gift cards and cash donations from individuals and organizations to distribute to Everett families in need of assistance to ensure they can have a joyous holiday season. This year, the City of Everett was able to serve 206 families and 430 children thanks to the gracious donations made by all those who donated. The donors who helped make the Hol-

iday Assistance Program a huge success by donating toys, gift cards, clothing and funding this year are as follows:

The donors who contributed to over \$8,000 in toys, clothing and gift cards include:

• Senator Sal DiDomenico

See DEMARIA Page 2

TRASH DELAY

Due to the New Year's Day Holiday being observed on Monday 1/2/23, trash will be delayed by one day
Capitol Waste Services, Inc.

HANUKKAH MENORAH LIGHTING CEREMONY AT EVERETT CITY HALL

CARY SHUMAN PHOTO



Everett city leaders are pictured inside City Hall before last week's Hanukkah Menorah Lighting Ceremony. From left, are City Council President John Hanlon, Councilor-at-Large Stephanie Smith (and daughter, Harlowe Hart), School Committee member Jason Marcus, Rabbi Sruli Baron of Tobin Bridge Chabad, School Committee member Michael McLaughlin, City Councilor Stephanie Martins, City Councilor Al Lattanzi, Mayor Carlo DeMaria, and State Rep. Joseph McGonagle.



For the latest news in Everett that you need to know, check everettindependent.com

The Independent Newspaper Group office will be **closed** on **Monday, Jan. 2** in observance of the New Years Day holiday..
Deadlines for next week's issue will be **Friday, Dec. 27 at noon**

Baker signs executive order to establish Massachusetts Cyber Incident Response Team

Governor Charlie Baker signed an executive order to establish the Massachusetts Cyber Incident Response Team (MA-CIRT). Led by the Secretary of the Executive Office of Technology Services and Security (EOTSS), MA-CIRT is established with the mission of enhancing the Commonwealth’s ability to prepare for, respond to, mitigate against, and recover from significant cybersecurity threats. The Governor signed the executive order as Massachusetts and other jurisdictions confront an overall increase in cybersecurity threats to websites and networks.

“State governments and other organizations across the country are increasingly being targeted by bad actors aiming to disrupt operations and compromise information systems,” said Governor Charlie Baker. “This executive order will further strengthen the Commonwealth’s policies, procedures, and resources required to prevent potential threats and appropriately respond to attacks on government infrastructure and services. As state governments expand their digital footprints, moving more services online and allowing for a more connected workforce, it’s critical that we make the necessary investments to protect this critical technology infrastructure from acts of terrorism and criminal, organized crime, and gang activity.”

“Cybersecurity attacks threaten Commonwealth technology networks and the continuity of essential government services we provide to the constituents we serve,” said Lt. Governor Karyn Polito. “With the establishment of MA-CIRT, the Baker-Polito Administration continues to invest and prioritize the delivery of effective and reliable government services to the people of the Commonwealth.”

“With my background in public safety, I know the importance that leadership buy-in plays in swift, organized, and effective response to an external threat,” said Secretary of Technology Services and Security Curt Wood. “The Baker-Polito Administration is once again leading from the front on government cybersecurity and I thank Governor Baker, Lt. Governor Polito, and my fellow leaders in cybersecurity and public safety for their partnership on the issuance of this critical executive order that will serve the Commonwealth for years to come.”

Under the direction of the EOTSS Secretary, the formation of MA-CIRT convenes cybersecurity and public safety experts from across state government as required members, including leadership representatives from:

- The Executive Office of Technology Services and Security
- The Commonwealth Security Operations Center
- The Executive Office of Public Safety and Security
- The Commonwealth Fusion Center
- The Massachusetts State Police Cyber Crime Unit
- The Massachusetts National Guard
- The Massachusetts Emergency Management Agency

The Executive Order reinforces Massachusetts as a leader in cybersecurity enhancement efforts through a variety of strategies. To prevent against attacks and increase the Commonwealth’s cybersecurity resiliency, the Order underscores the need for preparing for and marshalling a coordinated response, mitigation, and recovery effort from significant cybersecurity threats or incidents. Additionally, the Order:

- Requires MA-CIRT to review cybersecurity threat information and vulnerabilities to make informed recommendations and establish appropriate policies to manage

the risk of cyber incidents for executive department agencies and all other state agencies served by EOTSS.

- Requires MA-CIRT to develop and maintain an up-to-date Cyber Incident Response Plan, which will guide the actions of the Commonwealth’s key public safety and information security and technology teams, state agency resources, and security professionals in responding to and minimizing the impact of significant cybersecurity threats to Commonwealth systems. The Plan is required to be submitted annually to the Governor for review and approval.
- Empowers the EOTSS Secretary to serve as MA-CIRT lead, with the approval of the Governor, to direct MA-CIRT in response to a significant cyber incident.
- Requires the routine exchange of information related to cybersecurity threats and reported incidents between the Commonwealth Fusion Center and the Commonwealth Security Operations Center.
- Requires EOTSS and MA-CIRT to consult with the Massachusetts Cyber Center and assist the Center with efforts to foster cybersecurity resiliency through communications, collaboration, and out-

reach to state agencies, municipalities, educational institutions, and industry partners.

- Requires executive department agencies to comply with protocols and procedures established by MA-CIRT and all related policies, standards, and Administrative Directives issued by EOTSS.
- Requires Commonwealth executive department agencies and other state agencies served by EOTSS to identify and report significant cybersecurity incidents and coordinate efforts to mitigate and prevent further damage from cyber incidents.
- Requires all executive department personnel to annually complete the EOTSS approved security awareness training program administered by the Human Resources Division.
- And strongly encourages other governmental entities throughout the Commonwealth not served by EOTSS to report cybersecurity threats or incidents to the Commonwealth Security Operations Center.

In 2021, Congress recognized the increased cyber threat posed to state and local governments by establishing a \$1 billion State and Local Cybersecurity Grant Program as a part of the Infrastructure Investment and Jobs

Act. The four-year grant program requires 80% of funds go toward assisting municipalities in enhancing their cybersecurity posture. This new federal program compliments the various support for municipal cybersecurity efforts offered by the Baker-Polito Administration, including: the Municipal Cybersecurity Awareness Grant Program, Free Cybersecurity Health Check Program, and the Community Compact IT Grant Program, which was established by Governor Baker’s Executive Order 554 in 2015.

EOTSS was established in 2017 as the Commonwealth’s lead technology and cybersecurity agency via Article 87 government restructuring legislation filed by Governor Baker and approved by the Legislature. Its mission is to lead initiatives to modernize the Commonwealth’s IT infrastructure assets, continually strengthen government cybersecurity operations and standards via the consolidation of infrastructure and cybersecurity operations for the Commonwealth into a centrally managed state agency and leverage innovative technology solutions to offer user-friendly digital services to its constituents.

Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
Dossantos, Patricia V	Keene Jeanette E Est	11 Timothy Ave	\$1,000,000
Erazo, Kimberly	Lorusso FT	13 Albert Park	\$560,000
Pietrantonio, Peter	Mceely, Assunta E	44 Alfred St	\$645,000
Lemus, Ana E	Bruce, Anna	45 Peirce Ave	\$840,000
Mccormack, Shawn	Arbogast, Sue E	47 Lynde St	\$456,000
Redoble, Cecilia	Frost, Keith W	66 Ashton St	\$205,000
Giri, Ramesh	Forever Properties LLC	67 Wilbur St	\$610,000
Medrano, Lorenzo	Liston, Richard L	168 Cottage St	\$595,000
180 Bell Rock LLC	Belanger, Rene A	180 Bell Rock St	\$415,000
Mitchell, Christine	Polyak, David	227 Hancock St #3	\$415,000



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Pat Roberto,
REALTOR Broker/President

Sumner Tunnel open this holiday weekend

The Massachusetts Department of Transportation (MassDOT) is announcing the Sumner Tunnel will be open during the weekend of Friday, December 30, to accommodate the expected high volume of holiday vehicular traffic. Scheduled weekend closures as part of Phase 1 of the Sumner Tunnel Restoration Project will resume during the weekend of Friday, January 6.

Phase 1 of the Sumner Tunnel Restoration Project work requires scheduled weekend closures of the Sumner Tunnel for 36 weekends between June 2022 and May 2023, (excluding holiday weekends.)

To sign up for project updates, email alerts, and the latest information on the Sumner Tunnel project so that you can stay up to date as the project unfolds: Sign up for project updates.

For more information on traffic conditions, travelers are also encouraged to:

- Dial 511 and select a route to hear real-time conditions.
- Visit www.mass511.com, a website which provides real-time traffic and incident advisory information and allows users to subscribe to text and email alerts for traffic conditions.
- Follow MassDOT on Twitter @MassDOT to receive regular updates on road and traffic conditions.
- Download MassDOT’s GoTime mobile app and view real-time traffic conditions before setting out on the road.

DeMaria / CONTINUED FROM PAGE 1

- The Kiwanis Club of Everett
- City employees
- The Schiavo Club
- Generous anonymous residents
- Encore employees
- Mayor DeMaria would also like to recognize all the team members who worked tirelessly to ensure every Everett family in need of assistance was served. The dedicated staff at the Connolly Center orchestrated the intake to ensure that only eligible Everett residents benefited from the Holiday Assistance Program. The City of Everett’s Executive Manager Dolores Lattanzi oversaw the entire process and ensured donations were taken in and distributed to the families who qualified. Distribution of the donations to families was a team effort by many City Hall staff members.
- The Brewster Company

Fire / CONTINUED FROM PAGE 1

called. “And second floor, and I said, ‘You got to get out, we have a fire.’”

The EFD quickly responded with help from Metro Boston mutual aid to get the fire under control. Firefighters also did all they could to save the presents under the Christmas tree on the first floor.

Mayor Carlo DeMaria expressed his gratitude to Gianelli and the firefighters who responded to the fire.

“As we all celebrate this season, let’s be thankful for the people like Brian and our first responders for keeping us all safe,” said Mayor DeMaria.

SEND US YOUR NEWS

The Everett Independent encourages residents to submit birth and engagement announcements, news releases, business briefs, honor rolls, social news, sports stories, and photographs for publication. Items should be forwarded to our offices at 385 Broadway, Citizens Bank Building, Revere, MA 02151. Items can also be faxed to 781-485-1403. The Independent also encourages readers to e-mail news releases to editor@everettindependent.com.

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NEWS IN BRIEF

FUEL ASSISTANCE
BENEFIT LEVELS
INCREASED
TO \$2,200

At the urging of ABCD and other Community Action Agencies, more LIHEAP funding is now available to people in need this winter. The maximum benefit level has been increased to \$2,200, from \$1,600 which will help struggling families, individuals and elders to make it through the harsh winter season. ABCD continues to accept new applications for Fuel Assistance and encourages everyone to explore the potential for assistance.

Residents are urged to see if they meet the guidelines for the increased benefit. The program will run through April 30, 2030.

Residents of Boston, Brookline or Newton can apply by calling at 617-357-6012. Residents of Malden, Medford, Everett, Winchester, Melrose, Woburn or Stoneham can call 781-322-6284. Visit bostonabcd.org/heat for information about ABCD’s Fuel Assistance Program including a listing of neighborhood centers.

Application assistance is available in-person by appointment at all ABCD neighborhood centers including:

ABCD Central Office; ABCD Roslindale; Allston/Brighton Neighborhood Opportunity Center; Brookline Fuel Assistance; Chinatown; Dorchester Neighborhood Service Center; East Boston; John F. Kennedy Center; Mattapan Family Service Center; Mystic

Valley Opportunity Center; Newton Fuel Assistance; North End/West End Neighborhood Service Center; Parker Hill/Fenway Neighborhood Service Center; Roxbury/North Dorchester Neighborhood Opportunity Center; South Boston Action Center and the South End Neighborhood Service Center.

A Massachusetts-based nonprofit human services organization, ABCD provides disadvantaged residents in the Boston and Mystic Valley areas with the tools, support, and resources they need to transition from poverty to stability and from stability to success. Each year, we serve more than 100,000 individuals, elders and families through a broad range of innovative initiatives as well as long-established, proven programs and services. For 60 years, ABCD has been deeply rooted in each neighborhood we serve, empowering individuals and families and supporting them in their quest to live with dignity and achieve their highest potential. For more information, please visit bostonabcd.org.

CAMBRIDGE
BREAST CENTER
EARNS NATIONAL
RECOGNITION FOR
PATIENT CARE

Cambridge Health Alliance (CHA), a community health system serving Cambridge, Somerville and Boston’s metro-north communities, has received a three year re-accreditation by the National Ac-

creditation Program for Breast Centers (NAPBC), a program of the American College of Surgeons. NAPBC accreditation shows that the Cambridge Breast Center meets the highest national standards for breast care. After a rigorous survey, the center was found to offer comprehensive care, the best available treatment options, a team approach to breast cancer, early detection programs, access to clinical trials, and cancer education and support services.

“More than a decade ago, the Cambridge Breast Center was the first in Massachusetts to achieve NAPBC certification,” said Siva Vithiananthan, MD, CHA’s chief of surgery. “And as patient care has evolved, CHA has been there every step of the way - giving patients exceptional care and service in a friendly, community setting.”

“Our model brings together surgeons, oncologists, radiologists, social workers, and others to support the patient throughout their journey,” added Amy Moldrem, MD, director of the Cambridge Breast Center. “We are here for our patients and their families, whatever their circumstances, to provide guidance, support, advice and treatment. Whether you need a world-class breast radiologist, a fabulous and caring oncologist, an expert breast reconstructive surgeon, or a program for people at high risk, you’ll find it here. We truly care for you, and about you, in every sense.”

DiDomenico named Caucus Co-Chair
and is a host of Ending Hunger forum

Senator DiDomenico joined his Food System Caucus (FSC) Co-Chairs in hosting a forum and strategy session about how Massachusetts can end hunger and tackle diet-related diseases this decade. Co-Chairs, other elected officials, and advocates also discussed takeaways from the momentous White House Conference on Hunger, Nutrition, and Health in September.

“Massachusetts is leading the country’s efforts to end hunger and I was proud to lead the efforts to extend universal school meals in our schools, expanding access to SNAP benefits, and increasing

cash assistance to our neighbors who are most in need,” said Senator DiDomenico, Food System Caucus Co-Chair and Assistant Majority Leader of the Massachusetts Senate. “However, our discussion made it clear that we still need to work incredibly hard next session and keep pushing to make sure we finally eliminate hunger completely by 2030. I am grateful we were joined by Project Bread President and CEO, Erin McAleer, The Greater Boston Food Bank President and CEO, Catherine D’Amato, Congressman Jim McGovern, and so many other colleagues and advocates

who have helped our state come so far on addressing food insecurity.”

Senator DiDomenico will be a new Food System Caucus Co-Chair in 2023 after years of advocacy on this issue. Senator DiDomenico’s recent legislative accomplishments related to food access include passing Breakfast After the Bell and Universal School Meals to ensure no Massachusetts student goes hungry in school, increasing funding for food banks, creating a common application to expand access to SNAP benefits, and increasing cash assistance programs to families in need.

Former Councilor DiPierro earns DEI certificate

Former Ward 3 City Councilor Anthony DiPierro has announced that he has completed a Diversity, Equity & Inclusion certificate program through Suffolk University’s Center for Continuing & Professional Education. The 10 week course provided engaging materials to assist with exploration and personal assessment leading to opportunities to explore concepts such as unconscious bias, cul-



Anthony DiPierro.

tural intelligence, humility, privilege, power, and more. Multiple DEI best practices, such as allyship,

emotional intelligence, and advocacy, were explored to help participants identify DEI matters and concerns within an organization and offer possible action steps. “Earlier this year, I made a commitment to not only do better, but be better. This is just the start” DiPierro said. “I will continue to educate myself, grow as a person, and remain engaged in our community” he added.

- LEGAL NOTICE -
CITY OF EVERETT

ZONING BOARD OF APPEALS
484 BROADWAY
EVERETT, MASSACHUSETTS 02149
PHONE 617-394-2498 FAX 617-394-2433

To Whom It May Concern:

This notice is to inform you that a public hearing will be held on Tuesday January 17, 2023 at 6:00 PM, Everett City Hall, 3rd Floor George Keverian Hearing Room. All interested parties may attend and opinions will be heard regarding the following petition.

Whereas a petition has been presented by:

Property Address: 28 Cedar Street.
Map/Lot: B-01-000136
Person Requesting: Mr. Cleomar Batista
4 Wilder Road.
Leominster, MA 01453

PROPOSAL:

To demolish the existing structures on the property and construct a Four (4) Story Six (6) unit Residential Structure

Reason for Denial:

The proposed use as a Six (6) unit building is not permitted in this Zoning District

Permit was denied in accordance with the City of Everett Zoning Ordinance Appendix A as follows:

Violations:

- A Six (6) unit residential use is not permitted
- The frontage for the lot is only 41'-9" in length.
- The total side yard setback is only 14'-8".
- The FAR (floor area ratio) for the proposed use is 1.32. where 0.5 is the limit
- Parking shown on the lot only indicates 10 spaces where 12 spaces are required.
- There are several parking spaces that are undersized (less than 9' x 18')

Zoning Ordinance:

1) Section 4 Dwelling Districts (a) Uses quoted below

(a) Uses. Within any dwelling district as indicated on the zoning map, no building, structure or premises shall be used and no building or structure shall be erected which is intended or designed to be used in whole or in part for any industry, trade, manufacturing, or commercial purposes, of for other than the following specified purposes:

(1) A single or double semi-detached dwelling existing at the time of the first enactment of, the Zoning Ordinance may be converted to provide not more than a total of three (3) dwelling units provided that the following standards are met: Any addition shall comply with the front, side and rear yard requirements and height limitations of the Zoning Ordinance.

Where the existing building is already non-conforming, any alteration shall not increase the existing non-conformity. Parking in accordance with this Zoning Ordinance shall be provided for

any additional dwelling units. (Ord. of 4-29-91)

2) Section 4 Dwelling districts b) Dimensional Requirements 2) line C Quoted below

C. All other uses-----0.5 maximum floor area ratio (Ord. of 6-29-87; Ord. of 4-29-91 Ord. of 7/16/2002; Ord. of 11/13/2007)

3) Section 4 Dwelling Districts b) Dimensional Requirements 1) Frontage which states the following:

Frontage:

a. 50 (Fifty) Feet minimum

Residential lots in existence prior to the passage of this ordinance shall be exempt from

The frontage requirement in this ordinance for a period of five (5) years from the date of passage of this ordinance, but shall conform to the requirements in effect prior to passage of this ordinance (Note: 30 feet Minimum)

(Ord. of 6-29-87; Ord. of 7/16/2002 Ord. 11/13/2007)

4) Section 4 Dwelling Districts b) Dimensional Requirements line 6 which states the following:

Side Yard:

a. Four (4) feet minimum with a total of sixteen (16) feet

5) Section 17 Off-street parking paragraph A line 2 which states the following:

A. Off-street parking facilities shall be provided in accordance with the requirements as outlined below. Where the Term "gross square feet" is used, it shall mean the total occupiable floor area measured within the exterior walls of the building. (Original Ord. Of 2-26-1965, 6-29-87)

2. Multi Family Dwellings 2 spaces per dwelling unit

6) Section 17 Off-street parking line K which states the following:

(K)Parking facilities shall be designed so that no vehicles shall be parked nearer to any street lines than the minimum specified building setback for the Zoning District in which the parking facility is located. [in this case the front yard setback is a minimum of 10 feet per Section 4 Dwelling Districts b) Dimensional requirements]

7) Section 17 Off-street parking line l which states the following:

Each required car space shall be not less than 9 feet in width and 18 feet in length exclusive of drives and maneuvering space, and the total area of any parking facility for more than five (5) cars shall average two hundred seventy-five (275) square feet per car. No driveways or curb cuts shall exceed thirty (30) feet in width. (Ord. 01-046/2001)

MARY GERACE – Chairman
Board of Appeals
Roberta Suppa - Clerk
December 28, 2022
January 4, 2023

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EBNHC + TND + PACE = A NEW ERA FOR OUR SENIOR CITIZENS

In 1965, the rock band The Who gave us this iconic line in their anthemic 1960s song, My Generation: “Hope I die before I get old.”

Well, anyone old enough to remember that song (and reading this column) obviously didn’t follow their advice -- and those now-senior citizens are far from alone.

Just as the Baby Boomers (those born from 1945-64) had an outsize-effect on American life and culture because of their sheer numbers in the 1960s and 70s, so too, they continue to alter the landscape of American life as they reach their 60s and 70s.

For the first time in the history of the world, persons aged 65 or above outnumber children under five years of age.

That is why the announcement last week by the East Boston Neighborhood Health Center (EBNHC) of the expansion of its neighborhood PACE program with the completion of a new location in Everett, located at the former St. Therese Parish on 801 Broadway, marks a milestone in the health care for our city’s senior citizens.

The goal of PACE (the Program of All-inclusive Care for the Elderly), which is administered by MassHealth and Medicare, is to provide a wide range of medical, social, recreational, and wellness services to eligible participants in order to allow participants to live safely in their homes and communities instead of in nursing homes.

The new Everett site will increase access to coordinated medical care, nutrition, rehabilitative therapy, recreation, and transportation services to help a diverse group of adults age in place.

There has been a 19% increase in the number of Everett residents over the age of 55 in the past 10 years. EBNHC has partnered with The Neighborhood Developers (TND), a community development corporation and nonprofit organization, to build the new site which is part of a larger development project including affordable rental homes and townhouses for sale at below-market price. (TND also redeveloped a park on the site to enhance its accessibility and functionality for residents.)

Thanks to modern drugs and medical advances, Americans are living longer than ever (although the COVID pandemic slowed that growth in the past two years). However, living a longer life is not the same as living a better life. The American healthcare system and our nursing homes are being overwhelmed with the volume of senior citizens whose lives are being prolonged, but whose quality of life is not so great.

PACE aims to change that dynamic and we look forward to the ever-increasing role that the EBNHC’s new facility will play in the lives of our community’s senior citizens.

ENJOY A HAPPY -- AND SAFE -- NEW YEAR’S EVE

The end of one year and the start of another provides all of us with an opportunity for reflection. We are a year older -- but have we become any wiser?

Alfred Lord Tennyson’s “Ring Out Wild Bells,” which was published in 1850, offers timeless advice about the lessons we hopefully have learned from the past that we can use to guide our future. We quote some of the lines from that poem here:

Ring out the old, ring in the new,
Ring, happy bells, across the snow:
The year is going, let him go;
Ring out the false, ring in the true....
Ring out the feud of rich and poor,
Ring in redress to all mankind.
Ring out a slowly dying cause,
And ancient forms of party strife;
Ring in the nobler modes of life...
Ring out the want, the care, the sin,
The faithless coldness of the times;
Ring out, ring out thy mournful rhymes,
But ring the fuller minstrel in....
Ring in the love of truth and right,
Ring in the common love of good.
Ring out old shapes of foul disease...
Ring out the narrowing lust of gold;
Ring out the thousand wars of old,
Ring in the thousand years of peace.

As always, we urge all of our readers to ensure that they celebrate the New Year safely and take care that their friends and loved ones do so as well. No one ever died by having a friend take their keys away if they have had too much to drink.

We wish all of our readers a Happy and Healthy 2023.

Your opinions, please

The Everett Independent welcomes letters to the editor. Our mailing address is 385 Broadway, Revere, MA 02151.

Letters may be e-mailed to editor@everettindependent.com.

Letters must be signed. We reserve the right to edit for length and content.

Independent Forum

GUEST OP-ED

2023 – Love yourself so you can love others

By Dr. Glenn Mollette

You can lose about one pound a week if you try. If you don’t try you won’t lose any.

If you need to save some money then you need to pay yourself first. If you have a paycheck coming in then set a goal for \$500 a month if possible. Whatever the amount is will grow if you are faithful each week and month of setting money aside. You can always find a place to spend money. Even if you don’t need it, you have it just in case you might.

What do you want to accomplish in 2023? If you do not have a goal of some kind, you will accomplish nothing. Maybe your goal is to just enjoy each day. Enjoy your food. Enjoy your family and friends. Make the best of each ay. These are good goals.

Be good to yourself in 2023. Love others as you love yourself. If you

don’t love yourself, it’s almost impossible to love others. Recently we have heard of people committing suicide. They had given up on themselves but wanted to hurt or kill others before they killed themselves. It’s tragic when an individual’s so hates themselves that they wanted to hurt others. If they loved themselves more then they wouldn’t have had so much venom and hate for others.

One of the tools of the devil is to bring your life down to where you hate all the things you’ve done. He brings it up to you often so you can feel horrible about your life’s mistakes. People often have trouble forgiving themselves so they begin to binge drink, take drugs and hurt themselves to try to deal with their life’s pain. God has forgiveness and hope for all. People don’t always forgive but God forgives As God forgives you then

you must work on forgiving yourself, loving yourself and forgiving and loving others. You see, that’s a great formula. God forgives us, loves us and we are to forgive and love ourselves and then offer this same forgiveness and love to others.

In 2023 you might do something different. Maybe you want to embark on an adventure, change careers or just do better with all you have been handed. Often, all we need to do is focus on what we already have to do ad do it a little better.

My prayer for our nation in the year ahead is that we might see politicians work together to accomplish worthy goals that will benefit our country. I hope Ukraine can overcome Russia but other countries need to step up to the plate. America cannot fight everyone’s war physically or financially. We must get con-

trol of our border. Our nation is being overtaken by millions of undocumented immigrants. Who are these people? Do they all really have noble intentions in America? We must bring back our jobs from China in 2023.

Throughout this year may you a continuation of what we talk about and pray for during the Christmas season. May it be ongoing every day and may we share it with all along the way, Peace on earth and good will to all people. May you first experience it in your life so you can extend it to others.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories and features appear each week In over 500 newspapers, websites and blogs across the United States.

National Grid encourages income qualified customers to enroll in heating assistance and bill help programs

As colder temperatures take hold, National Grid is reminding Massachusetts customers to take advantage of energy programs that can help them pay and manage their energy bills.

The Low-Income Home Energy Assistance Program (LIHEAP), commonly referred to as Fuel Assistance, provides eligible households with help in paying a portion of winter heating bills. Enrollment for LIHEAP is free and open through April 30, 2023, and covers energy usage from November 1, 2022, to April 30, 2023.

LIHEAP is open to both homeowners and renters, including households whose cost of heat is included in rent, and eligibility is based on household size and the gross annual income of every household member18 years of age or older. Household income cannot exceed 60% of estimated state median income. This program provides assistance through a fixed benefit amount for the cost of the primary source of heat, which includes, but is not limited to: electricity, oil, natural gas, propane, kerosene, wood and coal.

“National Grid recognizes that high energy bills can be a real challenge for many customers – especially as we get into the colder months,” said Hel-

en Burt, Chief Customer Officer at National Grid. “The LIHEAP program can provide much needed assistance to customers who are struggling to keep up with their energy costs. We also encourage customers to look at options in our Winter Customer Savings Initiative, to consider a payment program, or see if they are eligible for rate discounts.”

To apply for LIHEAP:

- Apply online at <https://www.toapply.org/MassLIHEAP>
- Visit and apply at an agency in your area.

For more information concerning LIHEAP:

- Visit <https://www.mass.gov/service-details/learn-about-low-income-home-energy-assistance-program-liheap>.
- Customers may also call the Cold Relief Heatline at (800) 632-8175.

National Grid recognizes increased bills pose challenges for many customers. This fall, the company launched its Winter Customer Savings Initiative, which is designed to help customers reduce their energy use and lower energy costs, manage their energy bills and payments, and help them secure available energy assistance if they need it. The company recently donated \$1 million combined last month to three

Massachusetts branches of the United Way and to the Massachusetts Good Neighbor Energy Fund to assist customers with high winter energy bills.

Along with LIHEAP, National Grid has several programs dedicated to helping income-qualified families and customers needing special assistance meet their energy needs. Programs include but are not limited to:

- Discount Rates where qualifying income-eligible customers may receive a discounted rate on electric and gas service, as well as no-cost energy efficiency upgrades.
- The Massachusetts Good Neighbor Energy Fund is available to any Massachusetts residents who, because of temporary financial difficulty, cannot meet a month’s energy expense and is not eligible for state or federal energy assistance

Furthermore, several bill help options and payment plans are available for customers in need of assistance. Customers may enroll in programs such as the Budget Billing Plan, which spreads monthly payments out more evenly throughout

the year to offset periods of high energy usage.

National Grid remains committed to providing customers a variety of energy-saving tips and billing options to help offset the increases in this winter’s energy prices. Customers in need of billing assistance or additional support can visit ngrid.com/heretohelp to learn more.

About National Grid: About National Grid: National Grid (NYSE: NGG) is an electricity, natural gas, and clean energy delivery company serving more than 20 million people through our networks in New York and Massachusetts. National Grid is focused on building a path to a more affordable, reliable clean energy future through our fossil-free vision. National Grid is transforming our electricity and natural gas networks with smarter, cleaner, and more resilient energy solutions to meet the goal of reducing greenhouse gas emissions.

For more information, please visit our website, follow us on Twitter, watch us on YouTube, like us on Facebook and find our photos on Instagram

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CITY PAWS

What we learn from dogs

By Penny & Ed Cherubino

The change from one year to another is a time of reflection on the past and hope for the future. We’ve been thinking about the lessons we learned from the special dogs we’ve known and the people they’ve brought into our lives.

Show Your Love

We should all emulate the greetings a dog gives to someone they love. Think about how disappointing it is to come home when your dog isn’t there. No matter what the reaction of others in the home is, you can count on your dog to greet you with glee and make you feel welcome. Perhaps we should greet the family with a hearty “welcome home.”

Use All Your Senses

Dogs are great role models for us when it comes to using all our senses. Their world is

made richer by the sights, sounds, aromas, tastes, and textures around them. They pay attention to all incoming data.

On the other hand, we often ignore the richness on offer while distracted by our busy minds or addiction to our devices. In the year ahead, watch the dogs in your life and learn to pay attention to what they’re investigating in the sensory world. See if you can notice and enjoy some of what they do.

Trust Your Instincts

We learned this lesson from our first dog, Sassy. She was a great judge of people. Her official title around our office was Vice President for security and morale. Security went beyond barking when the mailman arrived.

Sassy had three approaches to most people. Some of the best people we ever knew were greet-

ed with exuberance and treated to cuddles and kisses. Most people, she welcomed politely.

However, she raised her hackles and growled at visitors in a few instances. In one case, it was a client who eventually proved to be an unethical person. Another example was a person at a hiring interview. In the end, other staff members voted with Sassy against this hire.

Self Care

Naps are a way of life for dogs. When they’re tired, they find a cozy spot and doze. When we’re tired, we try to push through and accomplish more. Perhaps we should build some naptime into our days as a better way to be productive.

Exercise is essential to dogs, and so is stretching. How many times a day do you see your companion doing a downward dog?



Poppy likes to cuddle up with a friend after a good play session and nap.

When they get up from a resting position, they stretch. We are encouraged to stretch by trainers and physical therapists. Learn from your dog and take moments each day to give your body a relaxing stretch.

One way or another, dogs ask for what they need. Poppy jumps up with one of us when she wants a good massage and cuddles. She knows we

can’t resist giving her the touches she craves. Your dog may lead you to the door when they need to go out. Now think, how often do you let those around you know what you need right at that moment?

Be Thankful for Dogs

We’ll end with wise words from one of our all-time favorite dog people, author and animal activist Roger Caras who wrote,

“Dogs have given us their absolute all. We are the center of their universe. We are the focus of their love and faith, and trust. They serve us in return for scraps. It is without a doubt the best deal man has ever made.”

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.

EHS Roundup

EHS GIRLS TRACK DEFEATS MALDEN

The Everett High girls indoor track and field team rolled to their first victory of the season with a runaway 57-24 victory over Greater Boston League rival Malden last Wednesday.

The Lady Crimson Tide captured six of the nine individual events and won the 4 x 400 relay. Coach Jehu Cimea’s squad swept three events, the 55 dash, the 300 dash, and the shot-put en route to the big win.

Senior captain Ida Bit-taye grabbed first place in the hurdles with a time of 10.4 and fellow senior captain Nyla Crowder sprinted to victory in the 55 meter dash in a time of 8.4.

Junior captain Layla Betancur Cardona also was a first-place finisher, taking the shot-put with a personal record (PR) throw of 29’-4.5”. A trio of sophomores posted the other first-place finishes for Everett: Yelsa Garcia in the 300 meter dash (51.2); Angelina Papa in the 600 (2:19.2); and Milena Antoine in the 1000 (4:22).

Second-place finishers for Everett were: senior Sophia Sousa in the hurdles in 11.6; sophomore Nyelle Cannon in

the 55 dash in 8.5; senior captain Luca Jean Noel in the mile in 7:00.6; junior Victoria Macao in the 300 dash in 53.8; junior captain Suzanne Maharjan in the two-mile in 19:08; and junior Darryn Desrameaux in the shot-put with a PR throw of 28’-11”.

Adding single points to the Everett side of the scoresheet with third-place finishes were: freshman Emelly DeJesus in the 55 dash; senior Selma Moutaouakkil in the 300 (54.0); freshman Akanksha Neupane in the 600 (2:29.1); and senior Juliana Edwards in the shot-put (26’-4.5”).

The 4 x 400 relay quartet, whose winning time of 5:15 outpaced their Malden rivals by 22.3 seconds, consisted of sophomore Alisha Lafointant, senior captain Luca Jean Noel, senior Selma Moutaouakkil, and sophomore Yelsa Garcia.

The Lady Crimson Tide will meet Chelsea next Wednesday.

EHS GIRLS BASKETBALL SPLITS WITH MEDFORD, MALDEN

The Everett High girls basketball team split its two contests this past

week with Greater Boston League (GBL) rivals Medford and Malden.

The Lady Crimson Tide edged Medford, 45-41, in what EHS head coach Riley Dunn termed “a tough and physical game.”

Kayley Rossi led the way over the Lady Mustangs with 13 points and six assists. Teammate Nehemie Lucien reached double figures with 12 points.

Last Tuesday, Everett came up short to Malden, 53-39, in a contest that was closer than the final score would indicate.

Kaesta Sandy turned in a nice double-double for Everett with 10 points and 10 rebounds, Japhnie Pierre hit for 11 points and pulled down six boards.

“It was a tough game,” noted Dunn. “The score doesn’t do it justice, but we fought hard. A lot of players had to step up and fill new roles, so I am proud of them for accepting the challenge and trying their best.”

Dunn and her crew are scheduled to make the long trek to non-league foe Lawrence tomorrow (Thursday). They will make the much-shorter journey across the Parkway to GBL opponent Chelsea next Tuesday when they return from the

holiday break.

BOYS OVERWHELM GOLDEN TORNADOES

The Everett High boys indoor track and field team claimed their first victory of the season, easily handling the Malden Golden Tornadoes, 62-24.

Coach Jehu Cimea’s Crimson Tide took first place in seven of the nine individual events as well as the 4 x 400 relay.

Everett also swept three events, the 300 dash, the 55 dash, and the high jump.

Senior captain Omar Marshall led the Everett sweep in the 300 with a winning time of 41.6 seconds. Omar also ran the anchor leg of the victorious 4 x 400 quartet to compile a team-high 6.25 points for the meet.

Junior Jayden Prohete paced the Crimson Tide sweep in the 55 dash with a sprint of 6.7 and junior Donald Michel led the EHS sweep in the high jump with a leap of 5’-4”.

The other first-place finishers for the Tide were: junior Jason Stark in the shot-put with a toss of 35’-10.75”; senior Anthony Cooper in the two-mile with a personal record (PR) clocking of

12:28.8; senior Matth Telson in the 1000 in 3:13.9; and senior Owen Beauvil in the 55 hurdles in 9.9.

Five Crimson Tide scored three points with second-place performances: junior Jalen Jones in the 55 dash in 6.9; senior captain Samuel Desir-Mafouanan in the mile in 5:44; senior Patrick Bien-Aime in the 300 in 43.9; senior Adal Costa Fernandes with a high jump of 5’-2”; and junior Adoni Santos in the shot-put with a throw of 33-3.75”.

Adding single points with third-place efforts were: junior Dawnes Germain in the hurdles (10.5); senior Yan Caros Perez in the dash (7.1); senior Reklon Lageroy in the 300; senior Aadit Manandhar in the 600 (1:47.4); junior Nischal Tamang in the 1000 (3:21.2); sophomore David Huezo-Erazo in the two-mile (13:23); and Jalen Jones in the high jump (5’-2”).

Jones also ran a leg of the 4 x 400 team to compile 5.25 points on the day. Freshman Keyshaun Eveillard and Patrick Bien-Aime ran the other two legs of the relay.

“It was a great team win,” said EHS head coach Jehu Cimea of the winning efforts of both his boys’ and girls’ squads.

“We had an amazing performance from everyone,”

Cimea and his crew are off until their next meet vs. Chelsea on January 4.

EHS BOYS HOOP TO PLAY IN HOLIDAY TOURNEY AT CATHEDRAL

The Everett High boys basketball team will seek to rebound from their first loss in the Greater Boston League (GBL) in two seasons when coach Stanley Chamblain and his crew compete in the Boston Amateur Basketball Club (BABC) Classic holiday tourney at Cathedral High in the South End.

The Crimson Tide were scheduled to take on B.C. High, the defending Division 1 state champ, yesterday (Tuesday) and the Jeremiah Burke School today (Wednesday). Both of those contests were set to tip off at noon-time.

Everett came up on the short end of a 59-46 decision at GBL foe Malden last Tuesday, their first loss to a GBL rival since 2021. The Crimson Tide, who now stand at 2-1 in the GBL, will entertain GBL opponent Chelsea next Tuesday. That opening tip is set for 7:00.



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ANNUAL DIDOMENICO FOUNDATION TOY DRIVE IS A HUGE SUCCESS

The DiDomenico Foundation hosted their Annual Toy Drive to celebrate the holiday season and collect toys for children throughout the region. In preparation for the event the DiDomenico Foundation volunteers shopped at local stores to purchase \$35,000 in games, stuffed animals, bikes, sporting equipment, and countless more toys that nearly filled five U-Haul trucks. In addition to the DiDomenico Foundation toy donations, hundreds of people from across the

area and beyond came to the event with their own toy donations to add on to the toy drive. Senator Sal DiDomenico and volunteers spent the next several days delivering these toys to homeless and domestic violence shelters, parishes, community organizations, and local schools.

“This was the biggest toy drive we have ever hosted, and it was made possible thanks to the countless friends, partners, elected officials, benefactors, and Founda-

tion members who spent their time and resources to make the holidays a little brighter for hundreds of children,” said State Senator Sal DiDomenico. “Thanks to these generous individuals and families, so many children will now have a brand-new gift for them during the holidays. They might not know our names or who we are, but they will know that there are people out there who care about them.”

The DiDomenico Foundation is an all-volunteer organization and one of

its primary missions is to distribute toys to children in homeless and domestic violence shelters, parishes and local schools. The Wong family, owners of Kowloon Restaurant, once again generously hosted this year’s toy drive at their restaurant. In addition, U-Haul Boston also donated all of the trucks to transport the toys. This group effort is made up of so many people coming together to help families throughout our communities.



Senator Sal DiDomenico and his family thank all who helped make this event a success. Shown below are scenes of DiDomenico Foundation volunteers shopping and organizing for the toy drive.



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NEWS FROM AROUND THE REGION

AMBROSINO NAMED ADMINISTRATOR FOR COURT

CHELSEA - City Manager Thomas Ambrosino has been selected as the next Court Administrator of the Trial Court in Massachusetts by the justices of the Supreme Judicial Court.

Ambrosino also served as mayor in Revere for over a decade, first defeating four-term Mayor Robert Haas in 1999.

In 2012, Ambrosino was hired as the executive director of the Supreme Judicial Court, and in 2015, he was selected by the Chelsea City Council to replace Jay Ash as City Manager.

“We are so pleased to appoint Tom Ambrosino as Court Administrator,” said Supreme Judicial Court Chief Justice Kimberly Budd. “Tom is an experienced leader who has managed public sector entities with vision, professionalism, and compassion. We are excited that he will bring his many talents to the court system.”

Ambrosino expressed his love for the city of Chelsea, and said that his time as City Manager was nearing an end, adding he expected to retire at the end of 2023.

“This has nothing to do with the city of Chelsea,” he said. “I love the community and the time I have spent here.”

However, Ambrosino said the court administrator position was one he was familiar with from his time with the Supreme Judicial Court and one he had an active interest in.

In addition to his experience in legal and court settings, Ambrosino said he hopes he can bring the leadership skills he has honed over the last seven years in Chelsea to his new position.

Ambrosino will begin his new position on Jan. 30 of next year, where he will succeed John Bello, who will leave the position at the end of the year.

“During the time that I worked at the SJC, one of my roles was to assist the Chief Justice in helping to onboard the inaugural Court Administrator, and I saw what a significant impact the position has,” said Ambrosino. “I now look forward to working with Chief Justice Locke and having the opportunity to advance the courts’ efforts to deliver justice with dignity and speed.”

Locke said that he is confident that together, he and Ambrosino will continue to grow the capabilities of the Trial Court and build upon recent successes in using technologies and improving operations.

Ambrosino said some of the accomplishments he is proudest of during his time in Chelsea include how the city reacted and mobilized in the face of the Covid-19 pandemic, a focus on development in the city, especially downtown, the city’s relationship with the school department.

He noted that he is proud of the strong relationship he has with current Superintendent of Schools Dr. Almi Abeyta.

The Massachusetts Court Administrator co-leads the Trial Court, the largest component of the Massachusetts Judicial Branch with seven court departments and over 6,000 employees, across 94 courthouses throughout the Commonwealth. The position of Court Administrator for the Massachusetts Trial Court was created by court management legislation enacted in 2011.

Working together with the Chief Justice of the Trial Court, the Court Administrator is responsible for shaping administrative functions that support the Trial Court’s delivery of justice to the people of Massachusetts. Duties include budget preparation and oversight, labor relations, information technology, capital projects, security, and personnel policy.

Ambrosino said it is up to the City Council to begin the process of finding a new City Manager, and he expected that process to get underway in early January.

The past year has also seen several major departures in the city. In the fall, Council President Roy Avellaneda stepped down from the council. The year also saw longtime Police Chief Brian Kyes appointed as the US Marshal from Massachusetts, and long-time clerk to the City Council Paul Casino announce his pending retirement at the end of the year.

CITY OFFICIALS HOLD OPIOID HOTLINE

REVERE - The city and school department held an online forum on fentanyl and opioid use Monday night, spurred in part by the discovery of a small baggie of powdered drugs at Revere High School earlier this month.

Initial test results showed the powder to contain MDMA and ketamine, and the Revere Police Department is awaiting state lab test results to determine if there was fentanyl in the mix of drugs.

During the forum, several local and state experts discussed the statistics for fentanyl and opioid use by young people, and discussed ways to talk about drugs with young people and help prevent overdose deaths.

“I did speak with the (police) chief again today, and he said the tests are still not back from the state lab,” said Superintendent of Schools Dr. Dianne Kelly. “He said it could take several months, as the state lab is backed up with testing demands. As students and parents know, we did work with local law enforcement to have the drug dogs and the firearm dogs do a sweep of the school, just to see where we are, and that happened last Thursday.”

While no drugs were

discovered, Kelly said there were a few areas of concern where the dogs caught the scent of marijuana in a locker or backpack. She said those concerns would be addressed with the individual students and their families.

Revere High Principal Chris Bowen said the incident does provide an opportunity for the schools and community to collaborate to help make the high school a better place.

“This was a disturbing and unsettling discovery for all of us involved, and I hope that we can use that to launch some great collaboration between the high school administration, family, students, families, and the broader Revere community,” said Bowen.

Opioid-related deaths in Massachusetts have risen from an average of about 500 to 600 annually a decade ago, to over 2,000 per year in recent years, according to Dr. Alexander Walley, an internist and addiction specialist at Boston Medical Center.

“What drove that surge was fentanyl being introduced into the heroin supply, primarily,” said Walley.

While the majority of opioid-related deaths are among people over the age of 25, Walley noted that those under the age of 25 account for 1 percent of all deaths in the state, but 5 percent of opioid overdoses.

“Young people are overrepresented, which is an important reason for us to think about overdose prevention in young people,” Walley said.

While overall drug use has remained fairly consistent for people aged 14-18 over the past decade, Walley said the number of fentanyl overdose deaths has surged.

“It really points to concerns of the toxic drug supply,” he said.

While fentanyl is most prevalent in heroin, there has also been a surge in deadly counterfeit pills cut with fentanyl and other substances that have helped fuel overdose deaths.

Dr. Sarah Bagley said when she talks to youth about drug use, she typically asks them why they turn to drugs. While peer pressure remains a top concern, she said that more recently, there has been an uptick in young people who state they use drugs to help deal with depression or anxiety.

“I also hear a lot about isolation or boredom, especially during Covid, that was so common,” said Bagley.

A high percentage of youth who turn to drugs or overdose also have a history of mental health issues, said Bagley.

“It’s really clear from the data that there are a lot of opportunities available for us to provide more overdose education, distribute more naloxone, and be able to train people on how to respond when there is an overdose,” said Bagley.

Statistics show that over 60 percent of over-

WINTHROP LODGE OF ELKS HOST CHRISTMAS PARTY FOR THE KIDS



Children of the Winthrop Elks members gear up for present time at the Winthrop Lodge of Elks Christmas Party and Santa has a list of all the names.

doses for young people happen in their own homes and with someone nearby. Nearly 70 percent of those overdoses have no response from someone who is nearby, Bagley said.

Response strategies for youth are focused on strategies of detection, prevention, and empowerment, according to Traci Green, an epidemiologist and professor at Brandeis University.

In addition to making sure people have and know how to use naloxone, Green said it’s also important for there to be access to fentanyl test strips, which can help drug users determine if there is fentanyl present in drugs.

Prevention strategies include regular medical check ups, youth having a confidential person they can talk to, and empowerment strategies can include having a safety plan in place that includes hydration and having someone available to check in on someone using drugs.

FREEZIN’ FOR A PLUNGE

LYNN - The Sonia and Capano families have chosen Camp Fire North Shore as this year’s Freezin for a Reason beneficiary.

Camp Fire, which is led by executive director Laurie Hamill, will receive all net proceeds from the annual plunge on January 1, 2023, at 12 p.m. at the Nahant Coast Guard Station.

“We are so grateful that we were chosen this year as their beneficiary,” said Hamill. “The work we do is so important in the community, and we cannot do it without the support and donations from our community partners. We are so grateful to the Capano and Sonia families.”

Attorney Mario Capano noted that it was George Sonia who started the “jumping-in-to-the-water” tradition on New Year’s Day 14 years ago.

“This is our seventh year doing it to raise funds for local charities,” said Capano. “We’re glad to be doing it this year for Camp Fire. Laurie is a hard worker who does tremendous work for the children in the city and

the North Shore. It’s an outstanding charity that we’re helping out.”

Following the plunge, there will be a fundraiser at 2 p.m. at Rolly’s Tavern. All raffle donations, along with a portion of food and drink sales that Rolly’s generously donates, will go directly to Camp Fire North Shore.

Camp Fire North Shore is a non-profit youth organization serving children and families across the North Shore. They are a co-ed organization whose mission is to provide safe and inclusive out of school time programming that empowers youth to thrive and become caring and confident leaders. They serve over 700 children throughout the year by offering a variety of programming including, State Licensed After School Programs, 21st Century Community Learning Centers, a homeschool program, Teens in Action, and a 10 week summer day camp for kids ages 5-13.

Since its inception “Freezin for a Reason” has raised over \$120,000 for several “reasons”, including donating a handicap golf cart to Gannon golf course, helping Lynn Special Needs Camp get a splash pad, Homes for our Troops, the Michele Durgin Scholarship Fund, the Kelly Martin Autism Fund, Camp Rotary of Lynn, and Rally for Ricky Fund for West Syndrome.

OFFICIALS MAINTAIN UNIFORM TAX RATE

WINTHROP - As has been the case in past years, the Town Council voted to accept a uniform tax rate for residential and commercial property Tuesday night.

With the uniform rate, Interim Assessor Patrick Harring said the tax rate for Fiscal Year 2023 should come in at \$10.70 per \$1,000 of valuation.

The average tax bill would go up about 2.25 percent, or a little over \$172 per year for a homeowner with a single-family house assessed at just over \$624,000.

“The average single-family home in Fiscal Year ‘22 was \$554,013, and that increased by about 12.8 percent,” said Harring. “The average

single-family bill last year was \$6,515.19. With the estimated tax rate that we are proposing tonight, that single-family tax bill would rise to \$6,687.30.”

The average assessed value for a commercial or industrial property in the town for FY23 stands just short of \$820,000, an increase of 16 percent over FY22, according to Harring. The tax bill on that assessed value would be \$8,667, he said, an increase of around 6 percent.

This year, there were 267 residential properties, 21 commercial properties, and 191 personal properties that contributed to new growth.

“New growth is utilized in calculating the levy from year to year, the amount to run the town,” said Harring. “As you know, the increase of the levy is 21/2 percent plus the amount of growth. So the growth is an important amount that we calculate, and it’s kind of average for this year, it’s contributed \$236,683.”

Harring said that there is not enough commercial development in the town to justify shifting a heavier burden of the tax rate on to commercial property owners wouldn’t make much sense, since less than 7 percent of the town’s property is commercial, and over 93 percent is residential property.

Legally, municipalities can vote to shift the tax burden onto commercial property by up to 150 percent. According to the assessor’s office, that maximum shift would result in only a 3 percent decrease in the tax bill for residential property owners, while commercial tax bills would increase by about 50 percent.

“The law does allow you to shift more on commercial, as high as 50 percent,” said Harring. “The history of the differential tax rate over the years, Winthrop has historically maintained a single tax rate. Shifting the rate on to the commercial, industrial personal property would create a greater tax burden on those properties while the residential properties would only benefit from a small savings, mainly because Winthrop is comprised of residential property at 93.8 percent.”

OBITUARIES

James Brennan

Former proprietor of Beach Supply Company of Revere

James. T. Brennan of Everett entered into eternal rest on Monday, December 19 in the Woburn Nursing and Rehabilitation Center. He was 78 years old.

Jim was born in Medford and resided in Everett for most of his life. He was the former proprietor of Beach Supply Company in Revere for many years. He was a U.S. Air Force veteran of the Vietnam Conflict and was honorably discharged as a Sergeant.

The beloved husband of the late Patricia E (McDonough), he was the dear son of the late Lucille (Rose) and James Brennan; dear and devoted father of James M. Brennan and his wife, Cynthia of Wilmington and Bridget Aprile and her husband, Christopher of Billerica; brother of Lucille Cacciatore and her husband, Joseph of Plaistow, NH and the late Paul and Dennis Brennan; loving grandfather of Christopher,



Meghan Murphy and Caitlin Aprile. Relatives and friends are respectfully invited to attend Jim's visiting hours in the Cafasso & Sons Funeral Home, 65 Clark St. (Corner of Main St.) Everett, Thursday, December 29 from 4 to 6 p.m. A funeral home service will be held on Friday at 10:30 a.m. Interment with U.S Air Force Military Honors at the Holy Cross Cemetery, Malden.

In lieu of flowers, contributions in James' memory to the Alzheimers Association, 309 Waverley Oaks Rd., Waltham, MA 02452 would be sincerely appreciated.

Parking with attendants on duty.

Donna Sordillo

Of Everett

Donna A. (Zackular) Sordillo of Everett entered into eternal rest at home on Wednesday, December 21 after a brief illness. She was 73 years old.

Born in Everett, Donna lived in Everett for most of her life. She was the beloved wife of Arthur A. Sordillo for over 51 years, loving daughter of the late Arthur E. and Jean D. (Fitzgerald) Zackular, dear and devoted mother of Matthew M. Sordillo and Aylesse D. Sordillo of Everett and dear sister of Jay R. Zackular and his wife, Joy of N. Reading, Jill E. Gioioso, and her husband, Daniel of Saugus, Jeanne M. Cristiano and her husband, John of Everett and the late Arthur E., Joseph G., and Jon F. Zackular. Also surviving are several nieces, nephews, grandnieces and



grandnephews.

Funeral arrangements were by the Cafasso & Sons Funeral Home, 65 Clark St. (Corner of Main St.) Everett. Interment was private. In lieu of flowers, contributions in Donna's memory to Good Shepherd Community Care, 160 Wells Ave. Newton, MA 02459 would be sincerely appreciated.

Michael Patrick Barresi

July 25, 1981 ~ December 16, 2022

Michael Patrick Barresi of Hamden, CT, formerly of Saugus and Revere, passed away on December 16.

He is survived by his wife, Jacqueline (Lindner) Barresi and their daughter, Brielle. He was the beloved son of Salvatore "Sal" and Eileen (Sheehan) Barresi, Jr. of Saugus, brother of Salvatore III and his wife, Kelly of Saugus and Brian Barresi of Everett and uncle of Julia, Erin, Joshua, Matthew and Leah Barresi. Michael is also survived by many aunts, uncles and cousins.

A Mass of Christian Burial will be celebrated at the Immaculate Conception Church, 133 Beach Street, Revere today, Wednesday, December 28 at 11 a.m. Family and Friends are invited to



attend. Interment will be in Woodlawn Cemetery, Everett,

A Celebration of Michael's Life will be held after the services at the Saugus Elks, 401 Main Street, Saugus from 1:30 to 4:30 p.m. All family and friends are welcome to join us as we remember Mike.

For more information, please visit www.roccofuneralhomes.com

Massachusetts unemployment and job estimates for November

The state's November total unemployment rate was 3.4 percent, down one-tenth of a percentage point over-the-month, the Executive Office of Labor and Workforce Development announced Friday.

The Bureau of Labor Statistics' preliminary job estimates indicate Massachusetts gained 17,300 jobs in November. This follows last month's revised gain of 10,000 jobs. The largest over the month private sector job gains were in Leisure and Hospitality, Education and Health Services, and Trade, Transportation, and Utilities. Employment now stands at 3,710,600. Since the employment trough in April 2020, Massachusetts gained 677,100 jobs.

From November 2021 to November 2022, BLS estimates Massachusetts gained 144,200 jobs. The largest over the year gains occurred in Leisure and Hospitality, Education and Health Services, and Professional and Business Services.

The November unemployment rate of 3.4 percent was three-tenths of a percentage point below the national rate of 3.7 percent reported by the Bureau of Labor Statistics.

The labor force decreased by an estimated 13,000 from 3,745,600 in October, with 7,300 fewer residents employed, and 5,800 fewer residents unemployed over-the-month.

Over-the-year, the state's seasonally adjusted unemployment rate was down by 1.4 percentage points.

The state's labor force participation rate – the total number of residents 16 or older who worked or were unemployed and actively sought work in the last four weeks – dropped by 0.2 percentage point at 65.3 percent over-the-month. Compared to November 2021, the labor force participation rate was down three-tenths of a percentage point.

November 2022 Employment Overview

Leisure and Hospitality gained 5,700 jobs over the month. Over the year, 29,100 were added.

Education and Health Services gained 3,700 jobs over the month. Over the year, 28,400 were added.

Government gained 3,000 jobs over the month. Over the year, 13,000 were added.

Trade, Transportation, and Utilities gained 2,900 jobs over the month. Over the year, 18,300 were added.

Professional, Scientific, and Business Services gained 1,400 jobs over the month. Over the year, 28,400 were added.

Other Services gained 1,000 jobs over the month. Over the year, 1,200 were lost.

Information gained 500 jobs over the month. Over the year, 6,400 were added.

Construction gained 300 jobs over the month. Over the year, 10,900 were added.

Financial Activities lost 300 jobs over the month. Over the year, 4,800 were added.

Manufacturing lost 1,000 jobs over the month. Over the year, 6,100 were added.

Labor Force Overview

The November estimates show 3,607,200 Massachusetts residents were employed and 125,300 were unemployed, for a total labor force of 3,732,600. The unemployment rate at 3.4 percent was down 0.1 percentage point from the revised October rate of 3.5 percent. Over-the-month, the November labor force declined by 13,000 from 3,745,600 in October, as 7,300 fewer residents were employed, and 5,800 fewer residents were unemployed. The labor force participation rate, the share of working age population employed and unemployed, decreased by two-tenths of a percentage point to 65.3 percent over-the-month. The labor force was down 22,100 from the November 2021 estimate of 3,754,700, with 31,700 more employed residents, and 53,900 fewer unemployed residents.

The unemployment rate is based on a monthly sample of households. The job estimates are derived from a monthly sample survey of employers. As a result, the two statistics may exhibit different monthly trends.

Detailed labor market information is available at www.mass.gov/economic-research.

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CHURCH News

Mystic Side Congregational Church

News and Notes

Mystic Side Congregational Church is located in Everett, on Malden-Everett border, at 422 Main Street. We offer a warm, inviting atmosphere, and all are welcome. Our Sunday Church service starts at 10:30 a.m. and Communion is offered on the first Sunday of each month. A very pleasant coffee hour

and socializing follow our services. Parking is available in our lot next to the church on Wyllis Ave. (one way off Main Street). We look forward to welcoming you this Sunday.

**Mystic Side
Congregational Church**
422 Main Street
Everett, MA

Zion Church - Everett

News and Notes

Bishop Robert G. Brown and Zion Church Ministries invites you to join us every Sunday at our 10:00 a.m. Worship Service for a time of worship, praise and preaching, at 757 Broadway, Everett, MA. You can also join

Zion Church Ministries via livestream on Facebook and You Tube.

For more information, they can be reached online at zionchurchministries.com or via email at office@zionchurchministries.com.

Glendale United Methodist Church

News and Notes

Glendale United Methodist Church is open to all and we welcome people of all faiths, race, nationalities and sexual preference. No one is ever turned away. If you are looking for a new home church, we would like you to check us out and let us know what we can do to make church a better fit in your life.

Bible Study: Consider joining us for Bible study on Sunday. We meet in the Church Parlor off the Chapel from 9:30 to 10:00 a.m.

Sponsor the bulletin! For a \$5 donation, you can dedicate the Sunday bulletin to recognize family, friends, or special occasions. There is a sign-up sheet in the Pastor's study. Feel free to choose your particular week and leave a copy of your dedication in the mail in that is on the Pastor's door. Please contact the Pastor if you have any questions.

Boy Scout Troop 814: Meet in Cooper Hall on Tues. evenings from 6-9 p.m. Cub Pack 11 meets on Saturday mornings.

NA Meetings – Mon.

Glendale Christian Lighthouse Church

News and Notes

Sunday 10:30 a.m. Worship service.

Weds. hour of Power, worship, prayer and Bible Study, via Zoom.

“Whatever you do, work at it with all your heart, as working for the Lord, not for human masters,” Colossians 3:23

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Rev. Larry Russi, Sr.
Pastor
[pastorlarry@](mailto:pastorlarry@thelighthousechurch701.net)
thelighthousechurch701.net

Church at the Well Everett

News and Notes

Church at the Well Everett is a new church for Everett. Check us out on Facebook at www.facebook.com/churchforeverett to view weekly devotions and updates, visit us at www.foreverett.church

to sign up for our newsletter and see how we can help you, or connect with the Everett Community Aid Network at www.everettcan.com to request any additional help.

Grace Anglican Episcopal Church

News and Notes

Grace Anglican Episcopal Church is open & welcoming to all.

There are 2 services on Sundays: 10am English, 1pm South Sudanese Dinka

Come all and let us walk together in this sea-

son of hope, renewal and new beginnings.

**Grace Anglican
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67 Norwood Street,
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2022-2023 Snow Season FAQs



In the case of impending snow stay up to date with the City's website, social media, ECTV, and City alerts. Sign up for City Alerts here: <https://bit.ly/3od86Xj>



During snow emergencies residents should park on the **ODD** side of the street. For streets with one sided parking, remain designated side. No parking on either side of main roads.



During snow emergencies, it is very unlikely that trash pickup is delayed. In the rare occasion that it happens, we will contact you through the avenues listed above.



An easy way to tell if there is an impending snow emergency is to check the flashing blue lights on main roads.



Our 311 Constituent Services Department is open during all snow storms. The alternative phone number is 617-394-2270. You can use this number for all snow related issues.



If your vehicle is towed due to noncompliance with snow emergency rules, you can locate your vehicle by calling:

Quealy Towing
26 Garvey Street, Everett
617-387-6877

Paul's Towing
3 Buell Street, Everett
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Victoria Street Lot
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