

DiDomenico, colleagues pass bill to prevent student loan-related license revocation

Senator Sal DiDomenico joined his legislative colleagues to pass legislation to prevent individuals who default on their student loans from having their license or professional certification revoked as a result. As of Fall 2022, approximately one million Massachusetts residents hold a combined total of

nearly \$31 billion dollars in federal student loan debt, with an average debt of \$34,146 per borrower. “There are countless Massachusetts residents who worked hard for a professional license so they could find a steady career, and I am extremely proud to pass this bill protecting their livelihood,” said

Senator DiDomenico, Assistant Majority Leader of the Massachusetts Senate. “Student loan debt burdens around one million Bay Staters, and with payments set to resume next June, there is no better time to take this decisive action which will help people in debt to keep their jobs and will actually enable them to

continue paying back what they owe. I want to thank Senate President Spilka, Senator Eldridge, and Representative Higgins for all their efforts to protect borrowers in Massachusetts.” Under current Massachusetts law, residents can have their licenses or professional certification revoked, denied, or refused

for renewal as a result of defaulting on their student loan debt. Massachusetts is one of only 14 states with such a law. The bill does away with the law and blocks any state agency or board of registration from denying or revoking any license or professional or occupational certificate or registration based on an

individual’s default on an educational loan. The bill does not change the state’s ability to use traditional loan collection tools. Having previously passed both the Senate and the House of Representatives, the bill goes to the Governor for his consideration.

Baker, Polito join roundtable discussion on opioid epidemic over the past eight years

Governor Charlie Baker and Lt. Governor Karyn Polito joined Health and Human Services Secretary Marylou Sudders, Attorney General Maura Healey, and leaders from the recovery community for a roundtable discussion on the Baker-Polito Administration’s collaborative progress in confronting the opioid epidemic over the past eight years. The roundtable discussion was held at A New Way Peer Recovery Center in Quincy and included reflections from individuals and family members impacted by the opioid epidemic, as well as substance misuse providers and organizations. Roundtable participants included members of Governor Baker’s 2015 Opioid Working Group.

Since 2015, the Baker-Polito Administration has worked with the Legislature to support a five-fold increase in spending across the state budget to address substance misuse, with the Commonwealth investing nearly \$600 million in these initiatives in the Fiscal Year 2023 (FY23) budget signed by Governor Baker. The Administration also worked with the Legislature to pass two landmark laws to address the opioid epidemic: The first law, passed in 2016, instituted a first-in-the-nation 7-day limit on first time opioid prescriptions and instituted new requirements around prescription monitoring and substance misuse screenings. The second law, passed in 2018, improved access to treatment from settings such as emergency departments and the criminal justice system, and strengthened education and prevention efforts.

“The opioid epidemic has impacted thousands of families and communities across Massachusetts, and



Shown at the roundtable discussion are (left to right) Lieutenant Governor Karyn Polito, Governor Charlie Baker and Secretary of Health and Human Services Marylou Sudders.

we have partnered with many organizations, leaders and families over the past eight years to make the Commonwealth a national leader in responding to this challenge,” said Governor Charlie Baker. “I am proud that our Administration and the Legislature have dramatically boosted funding that has increased access to treatment and recovery and enacted major laws that have become a model for other states and the nation. Most importantly, we have worked together to change the conversation and reduce stigma, which will help more people seek help and get the resources they need.”

“Our administration has made tackling the opioid epidemic a priority since day one, and we have been proud to work with so many partners to expand access to treatment and support recovery and prevention efforts,” said Lt. Governor Karyn Polito. “Over the past eight years, Massachusetts has led the way in expanding substance misuse initiatives and getting people access to the help that they need.”

The Baker-Polito Administration has worked

with a wide range of partners including treatment and recovery providers, advocacy organizations, individuals, families, the courts, law enforcement, educational institutions and many others to confront the opioid epidemic. After peaking in 2016, opioid-related overdose deaths fell for the next several years, with the November 2019 report showing 99 fewer deaths than the same period from a year earlier. The COVID-19 pandemic contributed to a nationwide increase in overdose deaths, but Massachusetts’ numbers have continued to trend lower than nationwide figures, and the most recent report from the Department of Public Health (DPH) indicated that initial 2022 data showed overdose deaths decreasing again.

“Over the past eight years, we have made enormous strides in raising awareness and improving access to quality, equitable substance use disorder and behavioral health treatment across the Commonwealth,” said Health and Human Services Secretary Marylou Sudders. “We have invested strategically in evidence-based resources and promising practices including peer recovery, clinical treatment, harm reduction, outreach programs and low-threshold housing, recognizing that every individual’s path to recovery is unique.”

“Combating the opioid crisis has been and will remain a top priority in Massachusetts,” said Attorney General Maura Healey. “Together, with the Baker-Polito Administration, we have made meaningful progress in the fight against this epidemic and will continue to work toward justice, accountability, and improved access to treatment and recovery for our communities.”

“A New Way Peer Recovery Support Center, hosted by Bay State Community Services, welcomes everyone impacted by substance use disorders,” said Daurice Cox, Executive Director, Bay State Community Services. “We are a safe place that offers all pathways for recovery. Our staff use their lived experience, as people in recovery or as an ally in recovery, to provide support, compassion, understanding, and connection.”

Baker-Polito Administration’s Collaborative Record to Confront the Opioid Epidemic:

5X Increase in Substance Misuse Funding: Since taking office in 2015, the Baker-Polito Administration has worked with the Legislature to support a fivefold increase to state spending to address substance misuse. The FY23 budget signed by Governor Baker invests \$597 million in funding for substance misuse prevention, treatment and recovery

programs across multiple state agencies, compared to \$119 million in FY15.

2016 Opioid Law: Shortly after taking office, the Administration worked with the Legislature to pass landmark legislation to tackle the opioid crisis. Key components include:

- A first-in-the-nation 7-day limit on first time adult opioid prescriptions and a 7-day limit on all opioid prescriptions for minors
- New requirements for clinicians to check the Prescription Monitoring Program database before prescribing
- New requirements for schools to conduct substance misuse screenings and strengthen addiction education

2018 Opioid Law: In 2018, the Administration worked with the Legislature to pass a second major law that strengthened the state’s education and prevention efforts, expanded the role of recovery coaches, and improved access to treatment. Key components included:

- Additional requirements for prescribers around data reporting and the institution of a new, statewide standing order for naloxone from pharmacies
- Created additional pathways to treatment from the emergency department, including more timely SUD evaluations and requirements to admit patients more quickly to treatment services
- Expanded the use

Tide / CONTINUED FROM PAGE 1

thing about other players’ responsibilities in their positions.”

Brian Green and Chance Barreto have been major contributors in all phases of the game. Middle linebacker Kayo Coelho is a leader of the Crimson Tide’s defense. Defensive end Ilbrahim Kaba was a late addition to the team and became one of the MVP candidates. “No matter what position you put Ilbrahim at, he excels,” said Forte. “He just takes the game over at defensive end. He’s like [former NFL Hall of Famer] Lawrence Taylor on defense, he’s unblockable.”

Two Everett Crimson Tide Pop Warner cheerleading teams will be competing in the National Cheer Championships in Florida.

A return trip for three of Everett’s coaches

Three of the Crimson Tide Pop Warner assistant coaches – Dylan Ciprien, Leo Paul, and Joseph LaMonica – were members of the 2012 Everett team that won the national championship in Florida.

Other coaches on Peter Forte’s staff are his son, J.W. Forte, Ryan Silmmon, Hector Huertas, Clark Bova, and Irv Ciprien.

Sasso / CONTINUED FROM PAGE 1

recalled his strong friendship with Richard Sasso.

“Richie and I were great friends – the last couple of years we got even closer when he had some issues with his health,” said Lattanzi. “I used to call him all the time and check on him. My wife told me on Saturday morning that he had passed. I was in shock. Tears came to my eyes. He was such a nice guy. I’m going to miss him a lot.

His dad and his mother are great people. I’ve been to their house.

“Richie had that wonderful restaurant on Norwood Street,” continued Lattanzi. “It was a gathering place for most of the Council. His dad was a councilor in 1963-1964. Richie will be sorely missed. He was a great friend and I’m just broken hearted.”

VISIT EVERETTINDEPENDENT.COM



- LEGAL NOTICE -
CITY OF EVERETT

ZONING BOARD OF APPEALS
484 BROADWAY
EVERETT, MASSACHUSETTS 02149
PHONE 617-394-2498 FAX 617-394-2433

To Whom It May Concern:

This notice is to inform you that a public hearing will be held on Monday December 19, 2022 at 6:00 PM, Everett City Hall, 3rd Floor George Keeverian Hearing Room. All interested parties may attend and opinions will be heard regarding the following petition. Whereas a petition has been presented by:

Property Address: 394 Second Street
Map/Parcel: K0-06-000011
Permit Number: B-22-995
Property Owner: AZA Properties LLC
394 Second Street
Everett, MA 02149
Person Requesting: Lauren Delarda / Viewpoint Sign
35 Lyman Street
Northborough, MA 01532

PROPOSAL:

Applicant seeks a permit for the installation of an “Electric Message Center” with dimensions 6’-0” x 4’-0” in a 16’ free standing sign at the front of the property.

Reason for Denial:

Permit was denied in accordance to the City of Everett Signs and Billboard Ordinance Section 12A: Section 12A-64 “Prohibited Signs” which specifically prohibits “Signs which have blinking, flashing or fluttering lights or other illuminated devices which have changing light intensity, brightness, or color”.

MARY GERACE – Chairman
Board of Appeals
Roberta Suppa - Clerk
November 30, 2022
December 7, 2022





Why have some communities not been a part of health research?

You can help researchers develop new and better treatments that benefit all of us.

Many groups of people have been left out of research in the past. That means we know less about their health. When you join the *All of Us* Research Program, you'll help researchers learn more about what makes people sick or keeps them healthy.

JoinAllOfUs.org/NewEngland
(617) 768-8300



*All participants will receive a \$25 gift card after completion of their visit. To complete the visit, participants must create an account, give consent, agree to share their electronic health records, decide whether they want information about their DNA, answer health surveys, have their physical measurements taken (height, weight, blood pressure, etc), and give blood and urine samples, if asked.

All of Us and the All of Us logo are registered service marks of the U.S. Department of Health and Human Services.







NEWS IN BRIEF

EVERETT HOSTS ANNUAL TREE LIGHTING TO CELEBRATE THE HOLIDAY SEASON

Mayor DeMaria is pleased to announce the City of Everett will be hosting the annual Tree Lighting. The event will take place on Friday, December 2 at Everett Square at 5pm.

Mayor DeMaria and family will throw the switch and light up the beautiful Christmas tree to kick off the holiday season with the most wonderful celebration of the year.

Santa and Mrs. Claus will be escorted by the Everett Fire and Police Departments and the award-winning Everett High School Band as they parade down Broadway to Everett Square to perform Christmas songs and kick-off the evening festivities.

Attendees will enjoy live musical performances from Angelena Hightower and the Unity, Everett Girl Scouts and more. There will also be horse drawn wagon rides, train rides, holiday characters, face painting, balloon creations, photos with Santa, food, giveaways and much more.

CALENDAR OF EVENTS AT THE EVERETT PUBLIC LIBRARIES

Mayor Carlo DeMaria is pleased to announce the Everett Public Libraries upcoming events. All residents are encouraged to attend the wide variety of programming that is suitable for adults, teens and children.

Parlin Adults and Teens Meditation, Parlin

Tower Room. Thursday, December 1 at 12:15 and 1:15 pm. Take a quick lunch break; reduce your stress from inflation, your job and providing for your family, with Nurse Joanne. Please call 617-394-2300 if you have any questions. No registration required.

Author Event with William Martin, Parlin Meeting Room. Thursday, December 1 at 7:00 pm. The New York Times bestselling author takes us on the ultimate manhunt, a desperate chase from Los Angeles to Washington, D.C. in the first weeks of the Second World War.

Parlin Children Gayle’s Crafts, Parlin Children’s Craft Room. Thursday, December 1 at 3PM. Christmas Dog Ornament Craft Kit.

Friday Family Movie Night! Parlin Meeting Room. December 2nd from 3-5 we will be watching Nightmare Before Christmas. Break out the popcorn! Come and watch movies with your friends and family.

Santa is Coming to the Parlin Library! Parlin Fireplace Room, Friday, December 2nd from 5:00 to 8:00 pm. Make sure your Christmas wish list is ready. Santa will be here to listen and we will have crafts of all kinds while you wait. Visit cityofeverett.com/events/treelighting for more information.

Shute Adults and Teens Marketing Basics, Shute Meeting Room. Come join us at the Shute Memorial Library on Friday, December 2 at 12:30 PM for a presentation on the basics of marketing! The program will introduce the various layers of marketing that include

branding, advertisement, and copywriting. Attendees will learn about the history of marketing, tips and tricks they can use today and how technology is allowing creatives in the industry to uncover new ways of reaching new audiences. Recommended for ages 14 and up!

Shute Children Story Time with Vera, Shute Children’s Room. Thursday, December 1 at 12pm. In English or Portuguese by request. Suggested ages 2-6.

DEMARIA ANNOUNCES SUSPENSION OF PARKING METERS UNTIL 2023

Mayor Carlo DeMaria and the Office of the Parking Clerk are pleased to announce the suspension of parking meter fees for a period during the holiday season. From Thursday, December 1st to Tuesday, January 3rd, all parking meters in the City will be free of charge. The Mayor encourages everyone to consider Everett’s businesses and restaurants first when choosing holiday destinations.

“Small businesses help to drive our economy, and I hope that providing free parking in our community, people will shop local,” said Mayor DeMaria. “We all know that each dollar you spend at a small independent business returns three times more money to a local economy than one spent at a chain or 50 times more than buying online. That generates a lasting impact in our local economy. I wish you all a Happy Holiday season and don’t forget to shop local!”



Celebrating Native American History Month with a selection of titles for attendees to choose from.



Professor Margaret Newell teaches attendees about our state’s history.

The Everett Public Libraries honor Native American History Month

The Everett Public Libraries recently hosted Professor Margaret Newell of Ohio State University. Professor Newell discussed the history of slavery in New England, explaining the relationship between the Native Americans and the colonists and how over time war resulted in the capture and enslavement of Native peoples.

She also addressed the ways in which their slavery compared to and differed from that of African Americans. Native American slaves had value because they created products and taught colonists how to survive and thrive in New England—one has only to think that we still use syrup, snack on popcorn, and eat corn on the cob. Due to this history,

Native Americans were more likely to receive their freedom in court.

The presentation was well-attended, with many questions asked and answered. The Friends of the Everett Public Libraries provided coffee and refreshments, and a recording of the event will be available for viewing on ECTV.

MassWildlife and the Nature Conservancy announce launch of BioMap online tool

BioMap, a newly-updated online tool that identifies critical land and waterways throughout the Commonwealth in need of conservation, was released today by the Massachusetts Department of Fish and Game’s (DFG) Division of Fisheries and Wildlife (MassWildlife) and The Nature Conservancy (TNC) in Massachusetts. The web portal delivers the latest scientific data and resources to help state and local governments, land trusts, non-government organizations, and other conservation partners strategically plan projects to conserve wildlife and their habitats. The latest version of BioMap combines more than 40 years of rigorously documented rare species and natural community records from MassWildlife with cutting-edge climate resilience data from The Nature Conservancy and spatial data identifying intact fish and wildlife communities, habitats, and ecosystems that are the focus of the Massachusetts State Wildlife Action Plan.

“BioMap is a robust online resource that helps people better understand and appreciate the natural resources in their communities and provides information on where to strategically deploy limited resources to make real and lasting conservation impacts in Massachusetts,” said Department of Fish and Game Commissioner Ron Amidon. “By making an investment in the strategic protection and stewardship of lands, we will better conserve natural areas

throughout the state that provide all people with access to nature and outdoor recreation.”

Through BioMap, users can gain a detailed understanding of habitats, species, and resilient landscapes, both locally and across the state. BioMap users can customize data and use the site’s new online Habitat Restoration Resource Center to plan habitat management and land stewardship projects. Additionally, BioMap provides strategies to help communities prepare for, recover from, and adapt to climate change, while bolstering habitat resilience. Taken together, these efforts help to protect the state’s extraordinary biodiversity now and into the future.

“BioMap is more than a map, it is a critical tool that offers a vision for the people of the Commonwealth to come together to strategically protect, manage, and restore lands and waters that are most important for conserving biological diversity in Massachusetts now and well into the future,” said MassWildlife Director Mark Tisa.

The newest BioMap incorporates enhanced knowledge of biodiversity and habitats and new understandings of how to ensure that natural systems are more resilient in the face of climate change. A major innovation is the addition of local data to BioMap, which complements statewide habitat information. Habitats assessed from the perspective of each city and town

in the Commonwealth will inform local decision making. Furthermore, it includes the latest information on land use in Massachusetts, including a new focus on aquatic environments and habitat restoration tools.

“Massachusetts is home to a wide variety of plants and animals,” said Deb Markowitz, TNC in Massachusetts State Director. “Our rich biodiversity is increasingly threatened by habitat loss and fragmentation, climate change, and invasive species. Since its inception, BioMap has become a trusted source of information to guide conservation that is used by a wide spectrum of conservation practitioners. The addition of local data will make BioMap applicable and relevant to many more people and communities, providing opportunities for equitable conservation.”


BioMap is the result of an ongoing collaboration between MassWildlife and TNC in Massachusetts. With similar missions, goals, and science-based approaches to conservation, MassWildlife and TNC are natural partners to produce and maintain BioMap. BioMap received support from the Massachusetts Executive Office of Energy and Environmental Affairs (EEA), DFG, and numerous generous donors. For more information on how to use BioMap or to sign up for technical assistance trainings, please contact natural.heritage@mass.gov.


Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
Cl GS Elan Everett Phase	Napolitano FT	97 Boston St	\$2,040,000
Cobaria, Luis F	Lebargé, Ariel S	182 Bradford St #182	\$485,000
Jc Botolph LLC	Seawind Realty LLC	220 Broadway	\$3,635,000

**ERA MILLENNIUM**
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Pat Roberto,
REALTOR Broker/President

**- LEGAL NOTICE -**
CITY OF EVERETT



ZONING BOARD OF APPEALS
484 BROADWAY
EVERETT, MASSACHUSETTS 02149
PHONE 617-394-2498 FAX 617-394-2433

RECONSIDERATION VOTE

To Whom It May Concern:

This notice is to inform you that a public hearing will be held on Monday December 19, 2022 at 6:00 PM, Everett City Hall, 3rd Floor George Keverian Hearing Room. All interested parties may attend and opinions will be heard regarding the following petition.

Whereas a petition has been presented by:

Property Address: 27 Auburn Street
Map/Lot: L0-03-000234
Person Requesting: Mr. Josias DeVargas
Ms. Luiza Bruna Vargas
27 Auburn Street
Everett, MA 02149

PROPOSAL:

The applicant seeks to convert the existing one-story pool house at the rear of the property into a single (1) family dwelling

Reason for Denial:

- There will two (2) residential buildings on the same lot
- The current building is an existing non-conforming structure for a residential building, in that the rear yard is only 4'-0" in depth and the left side yard is only 2.8 feet.

Zoning:

Section 3 General Requirements paragraph C which states the following:

Existing non-conforming structure or uses may be extended or altered, provided that such extension, alteration or change of use shall be permitted only upon the grant of a Special Permit by the zoning board of appeals after a public hearing and a finding by the board that such extension, alteration or change of use shall not be substantially more detrimental to the neighborhood than the existing non-conforming use or structure. (Ord. of 4-29-91)

Section 3 General requirements paragraph 13 which states the following:

Any lot, which is to be occupied for residential purpose shall have a frontage of at least twenty (20) feet wide on one or more streets and there shall be not more than one (1) structure of the type permitted for each such lot. (Ord. of 4-11-88; Ord. of 4-29-91)

Section 4 Dwelling Districts b) Dimensional requirements line (6) Side Yard which states the following:

a. Four (4) feet minimum with a total of sixteen (16) feet

Section 4 Dwelling Districts b) Dimensional requirements Line (7) Rear Yard which states the following:

a. Twenty-five (25) feet minimum, except for open decks and porches which may encroach into the required rear yard providing that in no case shall the rear yard be less than fifteen (15) feet measured to any part of the porch or deck.

MARY GERACE – Chairman
Board of Appeals
Roberta Suppa - Clerk
November 30, 2022
December 7, 2022

Everett

Independent

President: Stephen Quigley

Editor in Chief: Cary Shuman

REMEMBER THOSE WHO ARE LESS FORTUNATE THIS HOLIDAY SEASON

“It was the best of times; it was the worst of times.”
-- Charles Dickens, *A Tale of Two Cities*.

With Christmas fast approaching, most of us will be rushing about -- either to the stores and malls or on-line --- to do our holiday shopping in hopes of finding that “perfect” gift for our family members and loved ones. Although economic uncertainty, spurred by record-high inflation, affects almost every American, most of us are doing okay, if not extremely well, thanks to record-low unemployment rates.

However, the good economy (from an employment standpoint) being enjoyed by the majority of Americans has not been shared by all. For a sizable number of our fellow citizens, the lingering effects of the pandemic, as well as the fraying of the fabric of our social safety net in recent years, have come together to represent an existential disaster.

Millions of Americans of all ages, in a percentage greater than at any time since the Great Depression, are struggling financially, even if they have a job.

To put it in stark terms, more Americans, including families in our own communities, are going hungry than at any time in our history.

According to the US Dept. of Agriculture, more than 34 million Americans, including nine million children, are food insecure. We should recall that during the height of the pandemic when schools and senior citizen centers were closed, the biggest effect was upon our children and seniors, who relied on programs administered by the schools, government agencies, and non-profits for their only meal of the day.

Far too many of our fellow citizens, including children, live either in shelters or in similar temporary housing arrangements -- or on the streets -- because the reality of our economy has left them out in the cold -- literally.

Statistics tell us that millions of Americans of all ages, including those in our own communities, are struggling financially, often through no fault of their own, thanks to a combination of low-wage jobs and a strong real estate market that ironically has made apartments (let alone buying a home) unaffordable. This dichotomy is most evident and acute in cities such as Los Angeles, San Francisco, New York, and right here in Boston at Mass. and Cass. Despite the vast wealth in those metropolitan areas, thousands of homeless persons, including many who have full-time jobs, are living in tent and cardboard “neighborhoods” on city sidewalks.

The homeless always have been among us, but the scope and depth of the problem is far beyond anything that has been experienced in our lifetime. The vast discrepancy between the enormous wealth enjoyed by some Americans and the abject poverty being endured by others is similar to what exists in major urban centers in South America and India -- but it now is happening right here in the U.S.A.

For these millions of Americans, the holiday season brings no joy.

Psychologists tell us that the Biblical directive, that we should give to those who are less fortunate, is the best gift that we can give to ourselves. Helping others activates regions of the brain associated with pleasure, social connection, and trust, creating the so-called “warm glow” effect.

Never in the lifetime of anybody reading this editorial has the need for contributions to local food banks been more urgent. There will be ample opportunity to do so in the coming days to make the holidays brighter for those who are less fortunate. Whether it be donations to local food banks and toy programs, or even as simple as dropping a few dollars in the buckets of the Salvation Army Santas, there will be multiple opportunities in the next four weeks for each and every one of us to make the holidays brighter for those who are less fortunate.

There is no excuse for failing to do so.

Your opinions, please

The Everett Independent welcomes letters to the editor. Our mailing address is 385 Broadway, Revere, MA 02151.

Letters may be e-mailed to editor@everettindependent.com.

Letters must be signed. We reserve the right to edit for length and content.

Independent Forum

GUEST OP-ED

Christmas is in your heart

Back in that day ordering was tedious and arrival took weeks. Shipping back a dress that didn’t fit was a long ordeal.

As a child there was always much more that I saw, dreamed of and wished for than I ever received. Some Christmases were lean and others were more abundant. Life is like that most of the time. We have hopes and wishes that never come true and some that do. It’s nice when one or two come true.

We hope for good health and enough money to pay the bills. We hope for our children to have meaningful lives and to be independent. We hope for peace and to see positive results from our efforts in life. We would all like to be compensated well for the jobs we do. Being stuck in a job that is restraining with little hope of better wages is discouraging. Everyone deserves

a life where internal inspiration can lead to reward and a better life.

The hardest part of life is when we feel hopeless. A terminal illness. Hard work with little to no reward. An empty house that isn’t changing because you just buried a spouse. Failing when you may have tried hard or just decisions that didn’t work out too well. All of these and more can be heartbreaking. Heartbreak doesn’t do much for the Christmas spirit.

Those of us who have lived a few years know that Christmas doesn’t come in a catalog, nor never did. It doesn’t come on Black Fridays or cyber-Mondays. The multitude of Christmas programs don’t bring Christmas. Decorated houses and trees are delightful but they don’t create Christmas.

Christmas is an inside job. Christmas is in your heart and mind. The first

Christmas was a peasant couple giving birth to a baby in a barn with a cow’s trough for a crib. They were poor and just paying their taxes was about all they could afford. Yet, the child brought a joy they had never experienced.

In Luke chapter 2:19 we read “but Mary treasured up all these things and pondered in her heart...” Consider what and mainly who brings you joy and what really matters in your life and let there be Christmas in your heart during this season.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.

LETTER to the Editor

BANS ANIMAL LABS IN EVERETT

To the Editor,

PETA congratulates Stephanie Martins, the other members of the city council, and the residents of Everett for banning all experiments on animals

in their community. No doubt, many localities will follow the city’s progressive lead by voting to keep the oppression and cruelty of animal laboratories out of their areas. As PETA scientists’ Research Modernization

Deal shows, experiments on animals are failing to help humans and can be replaced right now with human-relevant methods. Modern, animal-free science is kinder, safer, and far more effective.

For more information

on PETA’s investigative newsgathering and reporting, please visit PETA.org or follow the group on Twitter, Facebook, or Instagram.

Dr. Emily Trunnell
PETA Neuroscientist

Mass Humanities launches End of Year Giving Appeal

Mass Humanities, the statewide council that champions opportunities for communities in Massachusetts to share their stories through grants, launched its annual End of Year Giving appeal.

Since 1974, the council has believed that the humanities needs to include diverse authors, stories, and ideas. With a proven track record of championing the humanities, Mass Humanities amplifies the diverse ideas and stories that its grantees generate, through public events and media partnerships. Through these grants Mass Humanities aims to reinvigorate our democracy by telling, sharing, and reimagining the diverse stories and ideas of our citizens across the state.

“At Mass Humanities, we support the people and places committed to a better future. Our grantees and partners are the architects who can rebuild our democracy,” said Brian Boyles, Executive Director of Mass Humanities. “Your contribution to our fundraising campaign directly supports this resilient, vibrant network.”

The past two years have been trying times for nonprofits across Massachusetts. Many small organizations have been doing more with less, are understaffed and are in need of financial support to continue their work of providing meaningful access to the humanities.

In every region of Massachusetts, there are organizations and people who count on Mass Humanities to continue to tell their stories. A contribution to Mass Humanities--no matter how big or small--is an investment

in our people, our mission to reshape our democracy and our ability to uplift vulnerable nonprofits this holiday season and beyond.

“The future of our nation depends on people like you, who understand that change begins at the local level when we come together to learn, share, and imagine a better way,” continued Boyles. “This has been a time of separation and anger, but it has also been a time of renewal, of personal strength, and of earthshaking calls for a better way. In the face of rising intolerance, the humanities connect us to our place and to each other.”

Donations can be made at www.masshumanities.org/support/

“I hope you can make a contribution and I hope you can visit a local humanities organization to be a part of this rebuilding,” added Boyles. “Together, we can reimagine the stories of Massachusetts and fulfill the promise of a democracy led by and for the people.”

Why your support matters

This year, Mass Humanities committed to bringing more organizations and people into this statewide network.

In 2022, the council saw significant results of this commitment by:

- Supporting more organizations: Mass Humanities delivered \$1 million in direct funding to Massachusetts non-profits in 2022, part of \$5 million in grants awarded since 2019.

- Reaching new communities: 42% of Mass Humanities 100 grantees were first-time grantees in

2022.

- Going to bat for grassroots organizations: 68% of Mass Humanities major grants went to organizations with annual budgets of less than \$500,000; 69% had five or fewer employees.

- Creating opportunities for diverse audiences: 73% of Mass Humanities 2022 Clemente Course in the Humanities students self-identified as people of color.

“Your contribution this month to our fundraising campaign directly supports this resilient, vibrant network,” said Boyles.

What your donation supports

From the local museum director who rallies a small town to read the words of Frederick Douglass on Juneteenth to the human services center

that welcomes new immigrants to record and share their stories. From the documentary filmmaker chronicling the lives and heroic persistence of her neighbors to the librarian willing to host a difficult conversation in the face of hostile threats. From the single mother juggling two jobs to study history and improve her writing skills through the Clemente Course in the Humanities to the faculty members tutoring, mentoring, and encouraging Clemente students in six cities.

The future of the Commonwealth depends on these people, these voices and these stories.

Your support can help ensure important Mass Humanities’ programs and

See GIVING Page 9

Everett

Independent

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DiDomenico delivers keynote speech at Life Sciences apprenticeship graduation

Last week, Senator DiDomenico delivered the keynote speech for the Massachusetts Biotechnology Education Foundation (MassBioEd)’s Life Sciences Apprenticeship Program graduation. MassBioEd, a nonprofit focused on education, training, and workforce development within the burgeoning Life Sciences sector, honored the inaugural graduating class of its Life Sciences Apprenticeship program at a ceremony held at the MassBioHub. State Senator Sal DiDomenico joined with Massachusetts employers participating in the program to recognize the 21 graduates, who hail from 14 different Massachusetts cities and towns and worked for 11 different



Senator Sal DiDomenico delivering the keynote speech for the MassBioEd’s Life Sciences Apprenticeship Program graduation.

life science companies around Massachusetts. The Life Sciences Apprenticeship Program supports the growing demand for talent in the life sci-

ences sector by providing a unique opportunity for accelerated education and training to Massachusetts residents who are new to the workforce or inter-

ested in transitioning into the life sciences field. The graduation event coincided with the start of National Apprenticeship Week, a federal observance celebrating apprenticeship programs that support racial and gender equity and help advance critical talent pipelines to address larger workforce challenges. “I was honored to be invited as the keynote speaker at this inspiring graduation ceremony,” said Senator DiDomenico, Assistant Majority Leader of the Massachusetts Senate. “This program provides individuals from underrepresented backgrounds with skills to attain a high-paying career where they can work on cutting-edge medicine and research that will help improve the lives of patients all over the world. This is an incredible program that has and will continue to help countless people in our communities and close the skills gap in Massachusetts.” Launched in 2021, MassBioEd’s Life Sci-

ences Apprenticeship program aims to create a diverse pipeline of trained individuals for difficult-to-fill positions at local companies and provide a pathway to a career in life sciences and improved future career prospects for individuals in the program. The program includes tracks in biomanufacturing and clinical operations, with a third career pathway to be introduced in 2023. Apprentices complete three to five months of classroom education followed by one year of paid on-the-job training at a partnering life sciences company. To date, 20 employers have participated in the program, and at least 17 apprentices already have been offered full-time positions. In 2022 MassBioEd enrolled 66 apprentices in the program, 65 percent of whom are people of color. These individuals were also recognized at the event for completing the educational portion of the program. “Biotech has always interested me, and I was

adamant about finding a career that I enjoy – this apprenticeship turned out to be a golden opportunity when I needed it the most. I will always look back on this experience with appreciation,” said David Gazelian, a member of the graduating class and current Biomanufacturing Technician at Alnylam Pharmaceuticals. “One of the most valuable aspects of the apprenticeship was the people I met. They inspired me to take every day and learn something new. This apprenticeship has opened the door to a new career path for me, and words can’t describe how thankful I am to be part of this.” Partnering employers include major life sciences companies such as Bristol Myers Squibb, Pfizer, Thermo Fisher Scientific, AbbVie, and Takeda. To learn more about the Apprenticeship Program, please visit <https://www.massbioed.org/apprenticeship-program> or contact Apprenticeship@massbioed.org.

Sounds of Christmas Concert program listed

The North Shore Philharmonic Orchestra (NSPO) will once again assemble around the altar at St. Anthony’s Church for the Robert A. Marra Memorial “Sounds of Christmas” Concert Sunday, December 4, continuing a tradition that began in 1976. Admission to the concert is free in exchange for a generous donation of non-perishable food to benefit the Revere Food Pantry. Patrons are asked to bring their food in a sturdy box or bag. The concert begins at 4 p.m. The concert is principally sponsored by Bocchino Insurance Agency, Massport, East Boston Neighborhood Health Center, Xfinity, Astound Broadband, and Action Emergency Services.

The program includes a holiday essay written by Revere High School Senior Madison Lucchesi. A talented writer and poet, her poem “Salutary Neglect” was featured last year in EmersonWRITES, a creative writing program by the Office of Enrollment and Student Success and the First Year Writing program at Emerson College.

The concert is named in memory of Robert A. Marra Sr., a violinist who was one of the original members of the North Shore Philharmonic Orchestra in 1948. A lifelong resident of Revere, he was instrumental in beginning the Christmas concert tradition, and the concert was named in his honor after his death in 2002.

The North Shore Philharmonic Orchestra plays three classical music concerts each year at Swampscott High School. For more information and concert schedules visit www.nspo.org.

The program is as follows:

The North Shore Philharmonic Orchestra
Robert Lehmann,
Music Director
Malinda Haslett,
soprano
Overture to The Gypsy Baron — JohannStrauss Jr., Gesu Bambino, Pietro Yon, arr. William Ryden, Malinda Haslett, soprano
Selections from “The Nutcracker” — Pyotr Tchaikovsky, March and Waltz of the Flowers
Alleluja from Exsultate Jubilate — Wolfgang Mozart, Ms. Haslett, soprano
An Original Christmas



The NSPO plays from the altar at St. Anthony’s Church.



Members of the NSPO performing in a previous Sounds of Christmas concert.

Essay — Madison Lucchesi, RHS Class of 2023	Mykola Leontovich, White Christmas — Irving Berlin, arr. Robert Russell Bennett, Ms. Haslett, soprano
Polar Express Suite 6 — Alan Silvestri	Christmas Singalong — arr. John Finnegan, Ms. Haslett, soprano and the entire audience
Hanukkah Medley — Lucas Richman, Ms. Haslett, soprano	
Carol of the Bells —	

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28	29	30	1	2	3	4

5 IN.

December

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The Art of the Brick

Story & photos by Marianne Salza

Nathan Sawaya shapes rigid, plastic LEGO blocks into intricate and dynamic figures in his exhibition, The Art of the Brick, on display in the Back Bay through Sunday, April 23. The contemporary artist is returning to Boston following sold-out shows in Faneuil Hall in 2014. Twice as large, this installation features over 90 of his newest sculptures assembled from nearly one million LEGOs that are individually glued together.

“I think the role of an artist is to inspire. I hope that by sharing this work with the community, they are inspired. I have found over time that art is not optional,” a message Sawaya emphasizes throughout the exhibition. “If you have a little art in your life, you’re going to be smarter.”

Visitors can explore three floors of original artwork and re-imagined

masterpieces. The collection includes a description and the number of LEGOs used in each design.

On the first floor, one can view a version of Van Gogh’s “Starry Night” (3,493 pieces), and a three-dimensional, full-scale, mosaic-like replica of Gustav Klimt’s oil and gold leaf painting, “The Kiss” (18,893 pieces), of a couple embracing on a bed of grass and flowers.

Stand beside “Dinosaur Skeleton,” (80,020 pieces), a 20-foot-long Tyrannosaurus rex, which took Sawaya an entire summer to construct; or peer into “Pop-Up Book” (19,822 pieces), in which a castle appears from the middle of an open story book.

The third floor is an interactive area. In “Pink Dreams” (102,938 pieces), sit on a pastel, wingback armchair that is surrounded by whimsical accoutrements like a heart-shaped pillow and giant soft serve ice cream cone. Families

can design cars to race on a track in the creative LEGO brick play stations.

Sawaya grew up in a small, Oregon town. He has loved playing with LEGOs since he was 5-years-old; even bringing the nostalgic toys to college and storing them beneath his bed as a source of comfort.

Later in life, Sawaya discovered LEGOs as an art medium. He still enjoys receiving sets as gifts, as he finds building according to instructions to be relaxing. The 1x2 jumper -- with one stud in the middle of a plate -- is Sawaya’s favorite LEGO brick to use because it provides him options for details.

“I don’t feel the passage of time when I’m building. I go into a trance; and I am building away. I’ll do 10-12 hours with no problem. Office work for 10

See BRICK Page 7



“Red Dress,” 62,750 pieces, part of Sawaya’s collaboration with photographer, Dean West.



“Little Dancer of Fourteen” (7,100 pieces), “The Scream” (3,991 pieces), and “The Thinker” (4,332 pieces).



Nathan Sawaya sitting in his interactive sculpture, “Pink Dreams” (102,938 pieces).



Contemporary artist, Nathan Sawaya, standing beside his 20-foot-long “Dinosaur Skeleton,” made of 80,020 bricks.



The first floor of The Art of the Brick exhibition features art replicas such as, “The Kiss” (18,893 pieces), and full body statues like, “Venus de Milo” (18,483 pieces), “Augustus of Prima Porta” (22,300 pieces), and “David” (16,349 pieces).




Sawaya’s original designs on the first floor: “Pop-Up Book,” “Baseball Player,” Ball and Jacks,” “Pointing,” and “Crayons.”

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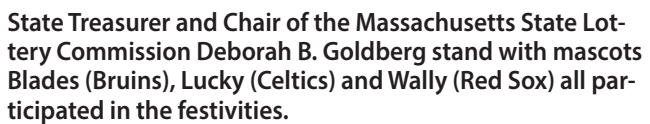
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was his vision that created a lottery whose profits became the one reliable source of unrestricted local aid that people throughout the state have come to rely on. We have built upon that legacy and hope through collaboration, innovation, and good business practice-

“The Lottery has been all that anybody back in

"The Lottery is so important to the Commonwealth of Massachusetts in so many ways," said Senate President Spilka. "As a former chair of Ways and Means, especially when financial times were not

"The Lottery has been fantastic for us and fantastic for a lot of Lottery agents throughout the state," said Park, a third-generation store owner who was joined at the event by his father Barry. "The commissions have helped us improve our business, the claims

A red carpet was set up near a display of movie and television posters in which Lottery branded equipment had appeared. Additional displays featured historical items, including vintage lottery terminals, advertising posters and oversized instant tickets.

When Sawaya initially began approaching galler-

In *The Art of the Brick*, Sawaya collaborated with photographer, Dean West, to produce brick-infused images. He imitated the flow of fabric in “Red Dress” (62,750 pieces), an asymmetrical cocktail

View the Art of the Brick in the newly-renovated museum space located at 343 Newbury Street (previously Forever 21) Sunday-Thursday 10am-6pm, and Friday-Saturday 10am-8pm. Tickets cost \$24 for children and \$28 for adults. Visit www.ArtofTheBrickExhibit.com for more information.

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Boston Harbor Hotel announces lineup for 2023 Boston Wine and Food Festival

The Boston Harbor Hotel is continuing its celebrated tradition of presenting exceptional wine events and dinners with the return of its annual Boston Wine and Food Festival this January 2023. The nation’s longest-running wine and food festival will be directed by Boston Harbor Hotel Executive Chef David Daniels and longtime food and wine festival expert, Nancy Bean, along with Boston Harbor Hotel Wine Sommelier Nick Daddona.

Kicking off on Janu-



Shown is a couple enjoying last years event.

ary 12, this year’s Boston Wine and Food Festival will feature an all-star lineup of intimate wine-maker-hosted dinners,

seminars, thematic receptions, and celebratory brunches at the iconic Boston Harbor Hotel. A portion of the proceeds

from this year’s festival will benefit the Greater Boston Food Bank and the James Beard Foundation.

“This year we will bring some new and exciting events and programming to the three-month long Boston Wine and Food Festival, courtesy of the hotel’s Executive Chef, David Daniels, the hotel’s advanced sommelier Nick Daddona, and respected wine festival veteran, Nancy Bean.”

Tickets are available online now for purchase and will make a perfect holiday gift for the oeno-

phile in your life. The upcoming Boston Wine and Food Festival features an array of events that will ignite the senses to lure both novice and expert wine aficionados out of the house this winter. The five-star Boston Harbor Hotel’s 34th annual celebration will continue the tradition of welcoming top vintners and personalities from the world of wine and food. Events will run on the waterfront destination from January through March, kicking off with the opening weekend on January 12, 2023.

The exciting lineup of wine dinners for 2023 will include Opus One (Napa), Staglin Family Vineyard, Far Niente (Napa Valley), Battle of the Cabs, Hitchhiking through Napa with Kevin Zraly, a Wine, Dine, Divine Women’s Leadership Dinner, and many more.

Tickets to this year’s events are available on the website for pre-purchase. There is a special Boston Wine & Food Festival package for guests that will make a perfect holiday gift.

FRESH AND LOCAL

We are thankful

By Penny & Ed Cherubino

It’s the time of year to be thankful and to recognize all the wonderful companion animals, responsible guardians, rescue volunteers, and animal professionals around us. For many of us, our animals have been essential for coping with the changes in our lives since January 2020.

More Companion Animals

The American Society for the Prevention of Cruelty to Animals (ASPCA) reported, “Since the beginning of the COVID-19 crisis, nearly 1 in 5 households acquired a cat or dog.” A survey they conducted had more good news, “... the vast majority of these households still have that pet in their home and that animals who were rehomed were placed with friends, family members, and neighbors more frequently than relinquished to shelters and rescues.”

These animals provided companionship, stress re-

lief, silly moments, a daily routine, and in the case of dogs, a reason to get out of the house. Walking the dog was an opportunity to socialize with friends and neighbors at a safe distance.

Rescue Volunteers

With everyone seeking animals to adopt, volunteers in rescue groups continued to process applications, match people and animals, and drive long distances to meet adoptive families.

These dedicated people also fostered dogs and cats for people who had COVID and rehomed ones who lost their caregivers.

While some of these volunteers worked with organized rescue groups, others were simply friends, family, or neighbors who offered to walk a dog when someone was sick or to assist someone who worked long hours in an essential job.

As the ASPCA noted, people like these ensured that animals in need found foster spots or new homes.

Anyone who loves a furry family member will understand the relief a person must have felt knowing that their beloved animal was cared for and was in a safe place if they were very ill or feared they might die.

Animal Professionals

The VIPs in your animals’ lives worked long hours under stressful circumstances. Veterinary teams had to adapt to caring for their patients without the presence of the people who usually speak for them. They had to deliver medical, and follow-up care reports to people waiting outside in cars. Worst of all, they had to turn away some animals who needed care.

Dog walkers had to figure out safe ways to pick up and deliver their charges. In some cases, they lost income because families were home and walked the dog themselves.

Some pet supply and grooming shops closed, while others, like ours, took



In 2021, walking the dog was an opportunity to socialize with friends and neighbors at a safe distance.

orders for food and other essentials for local delivery or street-side pick-up. Our carefully masked groomer met us on the sidewalk for the drop-off and return of Poppy for grooming appointments. Later the shop arranged for a comfortably safe space inside the building where the exchange could occur.

Express Your Thanks

We’re sure anyone who was helped has verbally thanked their helpers. These folks sacrificed time and, in many cases, money to take on the responsibility of another animal. Consider a small gift with a year-end thanks. In the case of a rescue group or non-profit veterinary hospital, make a donation. You could even make a contribution in honor of a helper.

Groomers, dog walkers, and pet sitters need to make up the income they lost over the past two years. Adding a bit of extra to your tips or a holiday card with a year-end bonus would be most welcome.

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.

Unemployment and job estimates for October

The state’s October total unemployment rate was 3.5 percent, up one-tenth of a percentage point over-the-month, the Executive Office of Labor and Workforce Development announced Friday.

The Bureau of Labor Statistics’ preliminary job estimates indicate Massachusetts gained 9,800 jobs in October. This follows last month’s revised gain of 22,900 jobs. The largest over the month private sector job gains were in Financial Activities, Professional and Business Services, and Government. Employment now stands at 3,710,600. Since the employment trough in April 2020, Massachusetts gained 659,600 jobs.

From October 2021 to October 2022, BLS estimates Massachusetts gained 141,300 jobs. The

largest over the year gains occurred in Professional and Business Services, Leisure and Hospitality, and Education and Health Services.

The October unemployment rate of 3.5 percent was two-tenths of a percentage point below the national rate of 3.7 percent reported by the Bureau of Labor Statistics.

The labor force decreased by an estimated 3,800 from 3,749,600 in September, as 6,200 fewer residents were employed, and 2,300 more residents were unemployed over-the-month.

Over-the-year, the state’s seasonally adjusted unemployment rate was down by 1.5 percentage points.

The state’s labor force participation rate – the total number of residents 16 or older who worked or were unemployed and active-

ly sought work in the last four weeks – dropped by 0.1 percentage point at 65.5 percent over-the-month. Compared to October 2021, the labor force participation rate was down two-tenths of a percentage point.

October 2022 Employment Overview

Financial Activities gained 4,500 jobs over the month. Over the year, 5,200 were added.

Professional, Scientific, and Business Services gained 4,100 jobs over the month. Over the year, 31,300 were added.

Government gained 2,300 jobs over the month. Over the year, 10,600 were added.

Information gained 300 jobs over the month. Over the year, 5,700 were added.

Other Services gained 100 jobs over the month. Over the year, 600 were

added.

Trade, Transportation, and Utilities had no job change over the month. Over the year, 17,000 jobs were added.

Construction lost 200 jobs over the month. Over the year, 11,400 were added.

Education and Health Services lost 300 jobs over the month. Over the year, 25,300 were added.

Leisure and Hospitality lost 400 jobs over the month. Over the year, 25,300 were added.

Manufacturing lost 600 jobs over the month. Over the year, 8,900 were added.

The unemployment rate is based on a monthly sample of households. The job estimates are derived from a monthly sample survey of employers. As a result, the two statistics may exhibit different monthly trends.

LEGAL NOTICE

LEGAL NOTICE
THE COMMONWEALTH OF MASSACHUSETTS
MASSACHUSETTS DEPARTMENT OF TRANSPORTATION – HIGHWAY DIVISION
NOTICE OF A PUBLIC HEARING
Project File No. 611982
A Live Virtual Design Public Hearing will be hosted on the MassDOT website below to present the design for the proposed Shared Use Path Connection at the Route 28/Wellington Underpass in Medford, MA.
WHEN: 7:00-8:00 PM, Thursday, December 8, 2022
PURPOSE: The purpose of this hearing is to provide the public with the opportunity to become fully acquainted with the proposed Shared Use Path Connection and Wellington Underpass. All views

and comments submitted in response to the hearing will be reviewed and considered to the maximum extent possible.
PROPOSAL: The project proposes to construct a shared use path connection and new pedestrian and bicycle underpass to connect the northbound and southbound sides of the Fells Parkway along the Mystic River in the City of Medford, Massachusetts. The purpose of this project is to improve multi-modal accommodations and pedestrian safety by connecting a transportation network gap between MacDonald Park and Station Landing. Proposed improvements include the construction of a hot mix asphalt shared use path, cement concrete sidewalks, a timber boardwalk structure with overlooks, pathway lighting, signs, pavement markings,

landscaping, and amenities. A secure right-of-way is necessary for this project. Acquisitions in fee and permanent or temporary easements may be required. The City and the Department of Conservation and Recreation (DCR) are responsible for acquiring all needed rights in private or public lands (depending on parcel). MassDOT’s and the City’s policies concerning land acquisitions will be presented in the hearing. Project inquiries, written statements and other exhibits regarding the proposed undertaking may be submitted to Carrie E. Lavallee, P.E., Chief Engineer, via e-mail to MassDOTProjectManagement@dot.state.ma.us or via US Mail to Suite 6340, 10 Park Plaza, Boston, MA 02116, Attention: Project Management, Project

File No. 611982. Statements and exhibits intended for inclusion in the public hearing transcript must be emailed or postmarked no later than ten (10) business days (14 calendar days) after the hearing is hosted on the MassDOT website listed below. This hearing is accessible to people with disabilities. MassDOT provides reasonable accommodations and/or language assistance free of charge upon request (e.g. interpreters in American Sign Language and languages other than English, live captioning, videos, assistive listening devices and alternate material formats), as available. For accommodation or language assistance, please contact MassDOT’s Chief Diversity and Civil Rights Officer by phone (857-368-8580), TTD/TTY at (857)

266-0603, fax (857) 368-0602 or by email (MassDOT.CivilRights@dot.state.ma.us). Requests should be made as soon as possible and prior to the hearing, and for more difficult to arrange services including sign-language, CART or language translation or interpretation, requests should be made at least ten business days before the hearing. This Live Virtual Design Public Hearing or a cancellation announcement will be hosted on the internet at www.mass.gov/massdot-highway-design-public-hearings.
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CHURCH News

Mystic Side Congregational Church

News and Notes

Mystic Side Congregational Church is located in Everett, on Malden-Everett border, at 422 Main Street. We offer a warm, inviting atmosphere, and all are welcome. Our Sunday Church service starts at 10:30 a.m. and Communion is offered on the first Sunday of each month. A very pleasant coffee hour

and socializing follow our services. Parking is available in our lot next to the church on Wyllis Ave. (one way off Main Street). We look forward to welcoming you this Sunday.

**Mystic Side
Congregational Church
422 Main Street
Everett, MA**

Zion Church - Everett

News and Notes

Bishop Robert G. Brown and Zion Church Ministries invites you to join us every Sunday at our 10:00 a.m. Worship Service for a time of worship, praise and preaching, at 757 Broadway, Everett, MA. You can also join

Zion Church Ministries via livestream on Facebook and You Tube.

For more information, they can be reached online at zionchurchministries.com or via email at office@zionchurchministries.com.

Glendale United Methodist Church

News and Notes

Glendale United Methodist Church is open to all and we welcome people of all faiths, race, nationalities and sexual preference. No one is ever turned away. If you are looking for a new home church, we would like you to check us out and let us know what we can do to make church a better fit in your life.

Bible Study: Consider joining us for Bible study on Sunday. We meet in the Church Parlor off the Chapel from 9:30 to 10:00 a.m.

Sponsor the bulletin! For a \$5 donation, you can dedicate the Sunday bulletin to recognize family, friends, or special occasions. There is a sign-up sheet in the Pastor’s study. Feel free to choose your particular week and leave a copy of your dedication in the mail in that is on the Pastor’s door. Please contact the Pastor if you have any questions.

Boy Scout Troop 814: Meet in Cooper Hall on Tues. evenings from 6-9 p.m. Cub Pack 11 meets on Saturday mornings.

NA Meetings – Mon.

Bring Your Own Book 7:30 – 9:30 p.m.; Thurs. I Can’t But We Can, 8:00 7:30 – 9:30 p.m.

AA Meeting – Saturday evenings from 6:30 to 8:30 p.m.

Pastor’s Office Hours: Saturdays 10 a.m. to 2 p.m. Other times by appointment.

Bread of Life Donations – This outreach is being done to honor the United Methodist Women’s Group, who for so many years were our outreach source. Please bring any food item(s) to church and place in the box located on the altar.

**We are on the Internet
http://www.glendaleumc-everett.org
Glendale United Methodist Church
Pastor David Jackson
392 Ferry Street (across from Glendale Towers)
Please enter the church by the driveway on Walnut Street
617-387-2916
PastorDavidJackson58@gmail.com
Pastor’s Office Hours: Saturdays 10 a.m. to 2 p.m. Other times by appointment.**

Glendale Christian Lighthouse Church

News and Notes

Sunday 10:30 a.m. Worship service.

Weds. hour of Power, worship, prayer and Bible Study, via Zoom.

“Whatever you do, work at it with all your heart, as working for the Lord, not for human masters,” Colossians 3:23

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pastorlarry@
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Church at the Well Everett

News and Notes

Church at the Well Everett is a new church for Everett. Check us out on Facebook at www.facebook.com/churchforeverett to view weekly devotions and updates, visit us at www.foreverett.church

to sign up for our newsletter and see how we can help you, or connect with the Everett Community Aid Network at www.everettcan.com to request any additional help.

Grace Anglican Episcopal Church

News and Notes

Grace Anglican Episcopal Church is open & welcoming to all.

There are 2 services on Sundays: 10am English, 1pm South Sudanese Dinka

Come all and let us walk together in this sea-

son of hope, renewal and new beginnings.

**Grace Anglican
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PCA**

Personal Care Attendant
Everett - Personal Care attendant needed. 3-7pm. Shifts available. Please call Susan 617-389-6190 12/14

Giving / CONTINUED FROM PAGE 4

initiatives thrive across the state such as:

- Expand Massachusetts Stories: Through the Expand Massachusetts Stories grants program Mass Humanities supports projects that collect, interpret and/or share narratives about the Commonwealth, with an emphasis on the voices and experiences that have gone unrecognized, or have been excluded from public conversation.
- Reading Frederick Douglas Together: Each year, Mass Humanities organizes and funds an event series where communities gather together to read and talk about Frederick Douglass’s influential address, What to the Slave is the Fourth of July?

• Smithsonian Museum on Main Streets: Mass Humanities partners with small towns to bring the Smithsonian’s Museum on Main Street to Massachusetts, with the goal of engaging small town audiences and revitalizing attention to rural communities.

• Clemente Course in the Humanities: The Clemente Course champions opportunities for Massachusetts residents from historically and systematically excluded communities to engage with, discuss, and author stories and ideas about our democracy.

Mass Humanities, a non-profit based in Northampton, conducts and supports programs

that use history, literature, philosophy, and the other humanities disciplines to enhance and improve civic life throughout Massachusetts. Since its founding in 1974, the organization has provided millions of dollars in support of thousands of humanities projects across the Commonwealth. Established as the state-based affiliate of the National Endowment for the Humanities (NEH), Mass Humanities is an independent programming and grant-making organization that receives support from the NEH and the Massachusetts Cultural Council as well as private sources. For more information, visit www.masshumanities.org.

Testing / CONTINUED FROM PAGE 1

partment should speak on the issue before any vote is taken.

“I just can’t vote for it,” said Marchese. “This thing should go to the Mayor’s office and they should say, “it’s not going to hurt the deal – and you got me. We have a billion dollars worth of development that we’re just saying no to.”

Councilor-at-Large Stephanie Smith also suggested that the matter be referred to the Mayor’s office, but ultimately rescinded her motion to do that.

Councilors Smith and Marchese voted against the ordinance. Councilors Irene Cardillo, John Hanlon, and Richard Dell Iso-la joined the co-sponsors of the ordinance in voting to ban animal testing in the city.

Rogers, PETA praise City Council for its vote

Everett resident Katy Rogers, who was instrumental in bringing the animal-testing ban issue into the spotlight and spoke at Council meetings in favor of its passage, praised the Council for its vote.

“I am extremely proud of the City Council for their stance on keeping Everett a cruelty-free community,” said Rogers. “With modern alternatives, Everett has ample opportunity to embrace a future in sciences that do not include animal testing.”

PETA (People for the Ethical Treatment of Animals) issued a statement from its neuroscientist, Dr. Emily Trunnell, regarding the City Council’s vote to

ban animal testing laboratories in the city. Following is that statement:

“PETA congratulates Stephanie Martins, the other members of the city council, and the residents of Everett for banning all experiments on animals in their community. No doubt, many localities will follow the city’s progressive lead by voting to keep the oppression and cruelty of animal laboratories out of their areas. As PETA scientists’ Research Modernization Deal shows, experiments on animals are failing to help humans and can be replaced right now with human-relevant methods. Modern, animal-free science is kinder, safer, and far more effective.”

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The residential tax shift is also the maximum al-

“This new, accessible senior center in East Boston will expand opportu-

"This was a great collaborative effort between PFD, Age Strong, and Property Management," said Chief of Operations Dion Irish. "The renovation allows for additional programming and services while the new addition enhances accessibility with respect to its existing ur-

"The opening of this vital civic space for our seniors comes after decades of advocacy from many individuals," said City Councilor Gabriela Colletta. "I am so grateful to

“Massport is pleased to partner with the City of Boston and support the new East Boston senior center, which will deliver important services and programming,” said Massport CEO Lisa Wieland. “We are glad to see the community’s hard work and dedication over the years coming together in this terrific new asset for East Boston.”

Hoffman recalled that “Bippy” Manuel was his early broadcast partner.

See REGION Page 11

Sound Interesting? Call 781-485-0588

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FRESH AND LOCAL

The mushroom stretch

By Penny & Ed Cherubino

Don't be surprised to see new products in the ground meat section of supermarkets. With rising meat prices and more people choosing to consume less meat, big producers are fabricating blends of ground meat with fillers.

Locally, you may find a blend of ground beef and mushrooms under the house brand Signature. In the UK, the supermarket chain Tesco has a blend of carrot, butternut squash and onion.

Yes, this is a good idea. For years we've added minced vegetables to improve the nutrition in dishes like chili, tacos, and meat pies. We're convinced you can do a better job of stretching your meat in your kitchen than can be done in a factory.

Let's Talk Mushrooms

There are good reasons to stretch the ground meat you use with an umami-rich filler like mushrooms. The Baby Bella

mushrooms we used to make a recent batch of chili were less than half the price per pound as the beef. The chili is lighter and easier to digest.

The factories are selling their blends by the pound, and the water in the mushrooms adds weight. We take steps to remove that water. Anyone who's seen Julia Child prepare mushroom duxelles for beef Wellington will wonder at our suggestion that you begin this way.

However, we don't want to create a mushroom paste. We want slightly browned and tasty mushroom mince. With a different cooking method, you can skip many of the steps she used to remove water.

Just as Julia did later in life, Penny might break out the food processor to prep a large batch of mushroom bits for freezing. However, for a single pot of chili, she'll hand-chop mushrooms.

In his book, the Food Lab, Kenji Alt-Lopes

recommends roasting mushrooms. "Unlike other vegetables, where the goal is to minimize the amount of time they spend in the oven, when roasting mushrooms, you want to leave them in until nearly all their moisture is driven out so that they can brown properly."

Jamie Oliver is a proponent of dry-sautéing mushrooms. You simply put sliced mushrooms in a dry pan and keep an eye on them as they release their water. Then you toss or turn them as they brown after the liquid evaporates. Both of these methods mean less butter or oil added to your final product.

Nutrition

Harvard's Chan School of Public Health provides information on mushroom nutrition. "All varieties of mushrooms are low in calories and fat and contain modest amounts of fiber and various nutrients. Perhaps the more interesting properties of mushrooms



This chili was made with a fifty-fifty blend of ground beef and nicely browned, chopped mushrooms.

are their non-nutritive plant substances—polysaccharides, indoles, polyphenols, and carotenoids in which cell and animal studies have shown antioxidant, anti-inflammatory, and anticancer effects." They are a source of: B vitamins, Phosphorus, Vitamin D, Selenium, Copper, and Potassium.

Using the Blend

We've found you don't

notice the mushrooms in dishes like chili, tacos, meat pies, or pasta sauce. Of course, this depends on the percentage of mushrooms in the blend. The industry group, The Mushroom Council suggests the following percentages for specific uses: for burgers, a 25% mushroom to 75% meat; for tacos, burritos, or sloppy joes, a 50-50% ratio; and for chilis and meat sauces 75% mushroom to 25% meat.

The bottom line for us is that a well-prepared mushroom blend is a winner. It is good for our health, our budget, and as a great source of umami, gives a boost to the savory essence of our meal.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

Region // CONTINUED FROM PAGE 10

before Halloran became his longtime teammate in the booth.

"They did a great job for me. They made me look good. They carried me and made sure I did what I was supposed to do," Hoffman said humbly.

Hoffman also thanked broadcast coordinator Josh Del Gaizo, the technical crew, and the videographers for their assistance during games, sometimes amid inclement weather conditions.

"I have a lot of great memories of all the games and the great players and coaches," said Hoffman. "This is like the cherry on the sundae for me, being here tonight and being honored in this way by Everett. Everett is a big piece of my family and I am very blessed to be a very small piece of the Crimson Tide football program who I consider to be the best program in the state.

"Thank you and God bless you all," Hoffman said in concluding his remarks.

Hoffman continues to serve as the TV-15 play-by-play announcer for Lynn high school sports. Hoffman's annual year-ending All-Star

Awards Party, in which he and TV-15 honor the top student-athletes in the city, has become a much-anticipated and much-appreciated event on the Lynn sports calendar.

FERRY UPDATE GIVEN

WINTHROP - The Winthrop Ferry looks to be in the shop for the winter, but should be good to resume services in the spring, according to Town Manager Tony Marino.

The 53-foot Valkyrie ferry is a partnership between Winthrop and Quincy and operates between those two municipalities and the Boston Seaport. This season, the ferry began operating weekdays at the end of May.

According to Marino, this year's season ended a little earlier than expected.

"The ferry has been down for the last couple of weeks," Marino told the Town Council last week. "We had some engine issues and towed it to Newburyport for repairs."

The ferry will likely need a new engine, and Marino said the town was getting an estimate on how much that would cost.

"That means the ferry

will be down for the remainder of the season, but we hope to get it back up and running and ready to go by March," said Marino.

In other business, Marino said the town has advertised for the new Chief Financial Officer position, which will be shared by the municipal government and the schools.

"We are hoping to get some qualified candidates for that," he said.

Earlier in the fall, Marino said the position would not replace any positions on the school or town sides, and that school business officer manager Noel Velez and assistant CFO Robert Powers would both report to the new position.

While the CFO would oversee some of the big picture items, such as end of the year reports, Superintendent of Schools Lisa Howard said the business office would still oversee the day to day financial concerns of the school department.

Marino also noted that he will be updating the Town Council on trash rates at its next meeting.

"We have a pretty solid draft put together right now," he said.

The town is also seek-

ing proposals for legal services, Marino added.

"We did put out an RFP for legal services to see

what is out there," he said. "Obviously, (current legal firm KP Law) will put in a bid, but there are other

town counsel services out there, so they will be due to my office by Nov. 30."



- LEGAL NOTICE -
CITY OF EVERETT



ZONING BOARD OF APPEALS
484 BROADWAY
EVERETT, MASSACHUSETTS 02149
PHONE 617-394-2498 FAX 617-394-2433

To Whom It May Concern:
This notice is to inform you that a public hearing will be held on Monday December 19, 2022 at 6:00 PM, Everett City Hall, 3rd Floor George Keverian Hearing Room. All interested parties may attend and opinions will be heard regarding the following petition.
Whereas a petition has been presented by:
Property Address: 20 Chelsea Street
Everett, MA 02149
Map/Lot: L0-01-000009
Person Requesting: Cenvia Real Estate LLC
22 Chelsea Street
Everett, MA 02151
PROPOSAL:
Applicant is seeking approval to: To construct a Five (5) Story 64.5-foot mixed use building with the first story being used as Commercial Space and Floors 2 to 5 and the penthouse for Seventeen (17) Residential Apartments. Permit was denied in accordance to the City of Everett Zoning Ordinance.
Reason for Denial:
• The proposed Front Yard is only 0.1 feet in depth
• The proposed building does not have the required rear yard as the plot plan indicates only 0.1feet.
• The proposed building has a FAR or 4 to 1 for the residential portion of the building
• The proposed building has Five (5) Stories
Zoning:
Section 6 Business District Section B. Dimen-

sional Requirements line 4 Front yard which states the following
None required, except when used for residential purposes there shall be a ten (10) foot minimum of which no less than five (5) feet shall be used for landscaping. (Ord. of 6-29-87)
Section 6 Business Section District B. Dimensional Requirements line 6 Rear yard which states the following
Twenty-five (25) feet minimum unless the lot extends from one (1) street to another street, in which case no rear yard is required, except for any residential use which shall require a ten-foot minimum. (Ord. of 6-29-87)
Section 6 Business Section District B. Dimensional Requirements line 2 a. Lot Area which states the following:
Residential----1.5 to 1 maximum floor area ratio.
Section 6 Business Section District B. Dimensional Requirements line 3 a, Height which states the following:
a. Four (4) stories, not to exceed sixty-five (65) feet maximum, but not applicable to church spires, belfries, cupolas, chimneys, radio and flag poles and gas holders, which shall not exceed thirty-three (33) percent of the floor area of the first floor, and provided that such church spires, belfries, cupolas, chimneys, radio and flag poles and gas holders shall not be more than fifty (50) percent higher than the average height of the roof of the main structure. (Ord. of 6-29-87; Ord. of 4-11-88)

MARY GERACE – Chairman
Board of Appeals
Roberta Suppa - Clerk
November 30, 2022
December 7, 2022

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Cirque du Soleil presents ‘Twas the Night Before performance

Story by Marianne Salza

Cirque du Soleil is presenting “‘Twas the Night Before” at the Wang Theatre through December 11. This cheerful and thrilling production is a playful twist on the iconic Christmas poem, “A Visit from Saint Nicholas,” by Clement Clarke Moore.

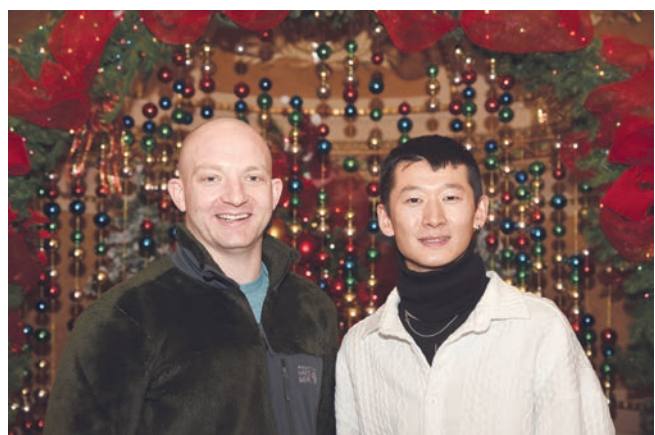


PHOTO BY MARIANNE SALZA

Evan Tomlinson Weintraub (left) and Jinge Wang, acrobats and hoop diver performers in Cirque du Soleil’s “‘Twas the Night Before”

“It’s cold outside, but we are bringing the warmth,” beamed acrobat and hoop diver, Evan Tomlinson Weintraub, of San Francisco, California. “It is a moment for families to come together.”

This holiday season, join Cirque du Soleil for its first Christmas show about the spirit of Christmas, and the wonders of sharing and friendship. On Christmas Eve, a father reads the classic story to his teenage daughter, Isabelle. Disenchanted by the craze of Christmas, Isabelle is uninterested in the family tradition.

Magic emerges as a spark of light; and the jaded Isabelle is separated from her father by a storm. She is whisked on a fantastical journey through a winter wonderland, where the young girl meets reimagined characters from the poem.

Unlike in the original version of the tale, the children in “‘Twas the Night Before” are not snuggled in their beds, patiently awaiting the arrival of Santa Claus. Dressed in candy cane-striped onesie pajamas, they are wide awake and eager to see



PHOTO PROVIDED BY CIRQUE DU SOLEIL

Santa’s reindeer conclude the production with a hoop diving routine.

Santa in this high-energy, comical, acrobatic table routine.

“My character is so happy waiting for Santa Claus,” laughed acrobat and hoop diver, Jinge Wang, of China, who plays a boy that instigates the frenzied chaos.

Similar to his character, Wang remembers being too excited to sleep on Christmas Eve. Although he spent last Christmas performing with Cirque du Soleil in Mexico, Wang associates Christmas with chilliness, snow – and, no matter the temperature -- eating ice cream.

“It’s a big celebration with family,” described Wang about what Christmas means to him. “Everybody enjoys the Christmas atmosphere.”

Wang and Weintraub’s favorite trick is performed in the scene, when the little ones hear Santa on the roof.

“In three high, people stand on top of each other’s shoulders, looking for Santa Claus. I’m the one on top. Then I fall and roll. I can’t see the audience, but I can hear their screaming and clapping” explained Wang, who has studied acrobatics for 22 years, and also practiced wushu, Chinese martial arts.

Weintraub, as Prancer, and Wang, as Comet, also perform in the hoop diving act that introduces Santa’s playful reindeer as a collaborative team.

“I think what’s nice about this show is that it’s built for families,” said Weintraub, who celebrates Christmas on a warm beach with his family. “We tap into the memories of when we were kids, and translate that energy to them to make the show special.”

Weintraub and Wang especially love the enthusiasm and awe of young viewers.

“The more feedback from the audience, the more it helps us to go further,” smiled 30-year-old, Weintraub, who has been a circus acrobat for 18 years; and before that, was a gymnast. “We are giving so much energy, that when we receive it back, it’s like

a cycle. It gets better and better.”

Friends, Weintraub and Wang, worked together in “‘Twas the Night Before,” in 2019 when the production first debuted. To prepare this year, the acrobats rehearsed the choreography for seven weeks: six days a week for five hours.

“This show has become a hit and classic for Cirque du Soleil,” said Weintraub, who appreciates the supportive teamwork of the circus. “We’re not seeing outrageous changes to it. We’re coming back into a roll that’s familiar, which is nice. It’s a significant amount of time to put in and be learning something. It’s muscle memory now.”

Weintraub and Wang’s golden-antlered reindeer conclude the production as Isabelle is reunited with her father; and they read the poem together.

“They start to explore what Christmas means, where the spark of Christmas comes from, and what it means to share the warmth and light with each other,” Weintraub revealed.

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Neighborhood PACE



PHOTO PROVIDED BY CIRQUE DU SOLEIL

Children, unable to fall asleep, anticipate Santa’s arrival in an acrobatic table routine in “‘Twas the Night Before.”


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The Times encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. Items can also be faxed to 781-485-1403. We also encourage readers to e-mail news releases and photos to deb@reverejournal.com

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