STATE REPRESENTATIVE - TUESDAY, NOVEMBER 8TH.

Joe McGonagle

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Wednesday, November 2, 2022

CRIMSON TIDE THE UNDISPUTED CHAMPION

Everett High football claims GBL title, will play Taunton in MIAA playoffs

By Cary Shuman

The Everett High football program is once again the undisputed champion of the Greater Boston League.

The Crimson Tide completed an undefeated ride through the league with a convincing 31-0 victory over Lynn Classical Friday night at Manning Field. Head coach Rob DiLoreto has guided Everett to 15 consecutive GBL wins in his three seasons at the helm of the program.

Everett (7-1), the No. 11 seed in the Division 1 playoffs, will play at No. 6 seed Taunton (5-3) Friday (7 p.m.) in the first round of the MIAA playoffs.

Lackland rushes for 3 TDs

Damian Lackland scored three touchdowns versus Classical on runs of 2, 31, and 4 yards to lead the high-powered Everett offense that has been basically unstoppable in the past seven games following a season-opening loss to Xaverian.

Angel Diaz returned a fumble by a Classical player on a kickoff return five yards for a touchdown and

See TIDE Page 9



Seajae Gaskill (78) lifts teammate Damien Lackland (10) after Everett's final touchdown on the way to a 30-0 win that clinched the Greater Boston League championship for the Crimson Tide.



AND THE BAND PLAYED ON: The football team saluted the band after the Crimson Tide swamped Lynn Classical 30-0 to claim the Greater Boston League championship Friday, October 28 at Manning Field.

All You Can Greet

EHS students, superintendent spend an evening with Kiwanians

Special to the Independent

Superintendent Priya Tahiliani and the Everett Public Schools (EPS) extend their sincerest gratitude to the Everett Kiwanis Club for including Everett High School Key Club members in Wednesday's Annual Pasta Dinner

at the Connolly Center.

Key Club members, led by advisor Winter Abboud, sold baked goods and beverages during the event. Club members were also available to help the Kiwanians throughout the three-hour, all-youcan-eat dinner fundraiser. Proceeds help the Kiwanis Club maintain its robust scholarship program that benefits EHS graduates

every June. "It was great to see our students engage with the Kiwanians and help ensure the success of this special annual event," said Superintendent Tahliani. "The Kiwanis Club is the embodiment of a community partner, one that provides a wide range of sup-

port to our students." The event was a huge success as more than 250 residents enjoyed the delicious pasta dinner.



Key Club members are joined by Advisor Winter Abboud and Superintendent Priya Tahiliani during the Kiwanis Club Pasta Dinner. See Pages 6 and 7 for more photos.

COURTESY PHOTO

Everett voters will go to the polls on Tuesday, Nov. 8

Everett voters will join citizens across the state in picking the next governor of the Commonwealth of Massachusetts in the general election on Tuesday,

Democratic nominee Maura Healey and Republican nominee Geoff Diehl are vying for the governor's position, looking to

See ELECTION Page 2



Chelsea City Councilors Todd Taylor (left) and Judith Garcia (right) are pictured at the state representative candidates' forum for the Eleventh Suffolk District (Chelsea-Everett) seat that was held Oct. 27 at the Chelsea Senior Center. Also pictured is forum moderator Jennifer Hassell (center), executive director of the Chelsea Chamber of Commerce. The forum can be viewed on the Chelsea Community Cable Television YouTube channel.

MCGONAGLE PRESENTS CHECK TO PORTAL TO HOPE

Representative State Joe McGonagle, on behalf of the Friendly Sons of Saint Patrick, recently presented a check for \$6,000 to Deb Fallon and Lori Laviolette from Portal To Hope (PTH) at Everett City Hall.

The money was donated to PTH to help continue the organization's work in providing programs and services to help victims of domestic violence, sexual assault and stalking crimes heal and recover.

"I'm happy to see Portal To Hope receive this well-deserved donation as they continue their mission of one day ending domestic violence, sexual assault, stalking crimes and the stigma that often surrounds it," said Mayor Carlo DeMaria. "They do tremendous work, and I hope this helps them keep on serving people who are victims of domestic violence."

Portal To Hope is a community-based non-profit organization that is committed to working with local civic groups, hospitals, law enforcement, religious organizations, and government officials and agencies to ending domestic violence, stalking crimes and sexual assault. It serves Massachusetts communities in Everett, Lynn, Malden, Medford



Check to PTH – State Rep. Joe McGonagle presenting the check to Portal To Hope. (Left to right) City of Everett's Executive Manager Dolores Lattanzi, PTH Legal Advocate Lori Laviolette, Deb Fallon and State Rep. Joe McGonagle.



For the latest news in Everett that you need to know, check everettindependent.com

OFFICIALS CELEBRATE THE COMPLETION OF OVER 10 MILES OF THE NORTHERN STRAND TRAIL

Special to the Independent

The Baker-Polito Administration celebrated the completion of more than 10 miles of the Northern Strand Trail, which is a shared used path that traverses parts of the Cities of Everett, Lynn, Malden, and Revere, and the Town of Saugus along the rail bed of the former Saugus Branch Railroad. The \$15.5 million project by the Executive Office of Energy and Environmental Affairs (EEA) was completed utilizing funding from the Gateway City Parks Program.

"Projects like the Northern Strand Trail serve as critical assets that link communities and residents across the Commonwealth together," said Governor Charlie Baker. "Through MassTrails team, our Administration has been proud to collaborate across state government and with municipal partners and trail advocacy groups to advance these projects that bring numerous environmental, recreational and transportation benefits to communities in Massachusetts."

"We were pleased to fund the Northern Strand Trail, and to partner with Everett, Lynn, Malden, Revere, and Saugus to advance this critical project," said Lieutenant Governor Karyn Polito. "The Northern Strand Trail will provide benefits not only to the residents and businesses along the trail, but also to visitors and those living in the surrounding

region." The trail corridor connects neighborhoods, links residents to business districts, provides access to regional assets such as DCR's Lynn Shore and Nahant Beach Reservations, serves as a critical component of the East Coast Greenway, and improves the quality of life for the region's residents. The trail also has transportation and greenhouse gas emissions benefits. Provision of a practical, safe route of relatively short distance between major cities helps to encourage walking and biking as an alternative to driving, thus reducing emissions and helping the Commonwealth comply with the Global Warming Solutions Act.

"Safe and fun access to the outdoors is a priority of the Baker-Polito Administration, and I am pleased that this project provides residents with great opportunity to get some exercise and enjoy the Commonwealth's natural resources," said Energy and Environmental Affairs Secretary Beth Card. "Significantly, rail trails like the Northern Strand Trail also provide commuters with the option to leave their cars behind, which reduce the release of harmful carbon emissions and assists in the Commonwealth's efforts to achieve Net Zero in 2050."

The construction of the Northern Strand was supported by the work of the Interagency MassTrails Team, which is composed of staff from EEA, Mass-DOT, and the Department of Conservation and Recreation (DCR). The purpose of the team is to help develop a unified vision for a trails network and translate that into strategic investments, policy innovations to facilitate development of trails, and partnerships with municipalities and other organizations. The Northern Strand trail project is a direct result of the group's "one team, one plan, one vision" approach to advance multi-use trails across the Commonwealth.

"Shared use paths give people a safe, comfortable, and convenient option to walk and bike for everyday trips without relying on a car to get to destinations. The benefits are countless when it comes to active travel for wellbeing, public health, reducing pollution, and supporting local businesses," said Transportation Secretary and CEO Jamey Tesler. "Whether people are commuting to work, going shopping, or just out for fun, more than 100,000 people of four gateway cities now are within ½ mile of the Northern Strand."

Following work conducted by many partners, including the long-time advocacy of Bike to the Sea organization, trail segments were in various stages when EEA took on the project. EEA's partners on the project included the five communities, with



Revere acting as the contracting entity during the construction phase. The project enhanced an already paved trail in some communities, such as upgrading road crossings to make them better and safer locations. In other communities where the rails were still in place the project involved all aspects of trail design, permitting, and construction. Additionally, the trail was designed by the team of Brown, Richardson, and Rowe, landscape architects, and Stantec Consulting engineers, who also administered project construction, and built by the R. Zoppo Corporation.

"After nearly 30 years of tireless advocacy, Bike to the Sea is thrilled to celebrate the official ribbon cutting for the Northern Strand Trail," said Jonah Chiarenza, Executive Director of Bike to the Sea. "We thank the Commonwealth of Massachusetts for this historic investment in recreation and active transportation."

Design work for the balance of the Northern Strand Extension in Lynn, which will travel along South Common Street. Market Street, and the Carroll Parkway before reaching Nahant Beach, is at the 75% stage. Funding for construction is programmed on MassDOT's Transportation Improvement Program for FY24, which means that work should begin in the fall of 2023 and end in the summer of 2025. On the southern end of the Northern Strand the City of Everett has been building the segment from West Street to the Mystic River. In addition, DCR is completing the design and permitting of the Mystic River Bicycle and Pedestrian Bridge. Construction funding has been set aside for bridge work to begin in the summer of 2023, with construction expected to take about two years. The completed project will result in a transportation and recreation corridor of about 11.5 miles from the Somerville side of the Mystic River at Assembly Square to the beach at the Nahant causeway.

"I would like to thank Governor Baker, Lieutenant Governor Polito, and Secretary Card from the Executive Office of Energy and Environmental Affairs for their support of this important regional initiative," said Saugus Town Manager Scott C. Crabtree. "I would also like to commend the Cities of Revere, Malden, Lynn and Everett, as well as Bike to the Sea, for their partnership and dedication in turning this multi-community effort into a reality. In addition, I would like to thank all of the town's volunteers and officials who contributed their ideas and suggestions, which strengthened the community vision for this important recreational staple."

"We're thrilled to see

the expansion of the Northern Strand and to have Lynn added to the shared use path," said Lynn Mayor Jared Nicholson. "This initiative will contribute to our goals of connectivity increasing and accessibility to transportation and open, green space throughout the City and beyond."

"The completion of the Northern Strand Trail is a transformative multimodal transportation investment for the communities north of Boston that have been historically underserved by our transportation network," said Everett Mayor Carlo DeMaria. "I applaud this achievement by the Baker administration, welcoming the Cities of Revere, Saugus and Lynn into the trail network, and look forward to the full completion of the path when the Mystic River bridge opens in the

coming years." "There isn't anything that has transformed our city like the Northern Strand Community Trail has done," said Malden Mayor Gary Christenson. "From providing a safe space to bike, run, and walk to creating a place for public art to being a place for families to come together, the trail has achieved all that we had hoped for and it has also proven that hard work is still the key to success. Thank you to Bike to the Sea for their 20 years of dedication to making this invaluable project a reali-

"The Northern Strand Community Trail is a shining example of regional collaboration and the commitment of the Commonwealth to enhance the quality of life for the residents of our urban communities," said Revere Mayor Brian Arrigo. "Thanks to the hard work of our local and state partners, the residents of Revere will enjoy this trail for generations to come and have enhanced access to open space and outdoor

"The Northern Strand Trail continues to bring people together within and across communities," said State Senator Brendan Crighton (D-Lynn). "We are thankful for this project, which is a major investment in our region's public health, economy, and emissions reduction efforts."

recreation."

The image above shows the route of the Northern Strand. The completed 10-mile (+/-) section of shared used path is shown as a solid blue line. On the northern end the dotted section in Lynn is in design, to be built starting in FY24. Also, the Commu nity Path of Lynn, a spur trail, was built as part of a separate effort. On the southern end, the City of Everett is completing a connection to the Mystic River, and the Mystic River Bicycle and Pedestrian Bridge is under design (also to be built starting in FY24).

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Election / CONTINUED FROM PAGE 1

succeed Gov. Charlie Baker who is not running for re-election. Kevin Reed is the Libertarian Party candidate for governor.

The candidates lieutenant governor, who run on a ticket with the gubernatorial nominees, are Kim Driscoll (Democratic Party), Leah Allen (Republican Party) and Peter Everett (Libertarian Party).

Everett Elections Department Director Danielle Pietrantonio said the polls on Election Day will be open from 7 a.m. to 8

More than 3,200 residents have already voted by mail-in ballot or in person during the early-voting process.

Pietrantonio said the state representative race in the Twenty-Eighth Middlesex District between Rep. Joseph McGonagle and Councillor-at-Large Mike Marchese and Ballot Questions 1 and 4 appear to be driving up voter

Lemus, Luis A

turnout in Everett.

Residents in two precincts in Precinct 2 will vote for Democratic nominee Judith Garcia or Republican nominee Todd Taylor in the Eleventh Suffolk District state representative race. Garcia and Taylor, who are Chelsea city councilors, participated in a candidates' forum last Thursday in Chelsea that is being broadcast on Chelsea Community Cable Television.

Rep. Dan Ryan is un-

opposed in the Second Suffolk District that includes Ward 1, Precinct 3 in Everett. State Sen. Sal DiDomenico of Everett is unopposed in his bid for re-election.

Pietrantonio reminded voters that the election ballot is two pages with the individual elections and ballot questions taking up both sides of each

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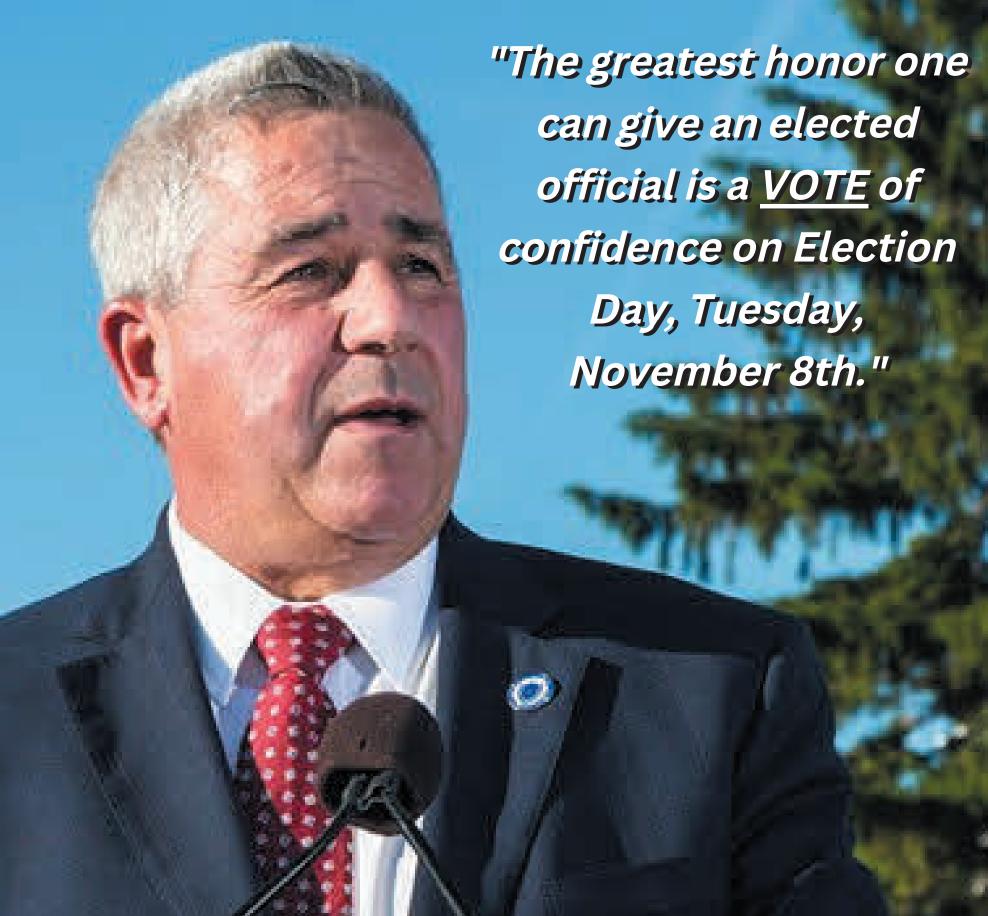


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I am proud of what we have achieved <u>TOGETHER</u>. As your State Representative, we have secured millions of dollars in direct aid that help families all over Everett. I am eager to keep working for you and your family. I respectfully ask for the greatest privilege any candidate could ask for, which is your vote, a vote for Joe McGonagle on Nov 8th.

Sincerely,

Paid for by The Committee To Elect Joe McGonagle

RE-ELECT STATE REP

JOE MCGONAGLE ON TUESDAY, NOV 8th

Everett Independent

President: Stephen Quigley

Editor in Chief: Cary Shuman

AN IMPORTANT ELECTION WITH BIG BALLOT **QUESTIONS**

This Tuesday, November 8, is state election day in Massachusetts.

With two-term incumbent Governor Charlie Baker having chosen not to seek re-election, voters will be choosing a new governor for the first time in eight years.

The contest between Democrat Maura Healey and

Republican Geoff Diehl represents the starkest contrast between two candidates for the governorship in our state in almost 100 years. Healey and Diehl espouse polar-opposite views on

almost every topic, most notably regarding former President Donald Trump (Diehl is an unabashed supporter, Healey is not). It is not an overstatement to say that the future direc-

tion of our state is dependent on Tuesday's outcome, and for that reason alone, everyone should get out to

There also are four ballot questions for voters to consider. The two that have garnered the most attention are Question 1 and Question 4.

Question 1 would impose an additional four percent state tax on the income of residents that exceeds \$1 million. Net income up to \$1 million would still be taxed at the five percent rate, with only the amount exceeding \$1 million taxed at the higher rate.

It should be noted that the state legislature cannot enact a graduated income tax. The Mass. Constitution does not allow the legislature to do so, and thus voters essentially will be determining whether to amend our state constitution to permit a higher tax rate on high-income individuals.

The question is being supported by the citizens group Mass. Fair Share and is being opposed primarily by a number of ultra-wealthy individuals who have contributed millions of dollars to the Vote No campaign.

Question 4 on the state ballot essentially does this: It allows any resident of Massachusetts, regardless of immigration status, to obtain a Mass. driver's license, provided they meet all of the usual requirements of obtaining a license. In addition, the new law specifically states that such persons will not be eligible to become registered voters and will not be able to obtain a REAL ID driver's license

The Mass. legislature already has approved a law to do this. That law is set to go into effect on July 1, 2023. However, those who oppose the law gathered enough signatures to place the question on the ballot. A "Yes" vote on Question 4 will allow the law to go into effect on July 1, 2023.

We would note that a wide array of various groups, including police chiefs, district attorneys, and other law enforcement agencies, strongly support a "Yes" vote on Question 4. In addition, similar laws have been enacted in many other states.

As a final reminder to our readers, early voting is now underway in every city and town hall across the state. However, early voting ends this Friday -- there is no early voting this weekend -- so if you do not vote before Friday at your local city or town hall, you will have to

go to the polls on Tuesday. With so much at stake, we urge all of our readers to get out and vote.

Independent Forum

GUEST OP-ED

John Fetterman, President Roosevelt and disability in public office

By Glenn Mollette

One of the greatest Presidents of all time was Franklin D. Roosevelt. He served from 1933 to 1945. He led this country and saw us through some of our toughest years. Many say he stands as the greatest President of all time. Ironically, he had a difficult time standing.

Photographs of Roosevelt in a wheelchair are rare but you can find one on the Internet.

Franklin D. Roosevelt, was our 32nd President but he began experiencing symptoms of a paralytic illness in 1921 when he was 39 years old. His main symptoms were fever; symmetric, ascending paralysis; facial paralysis; bowel and bladder dysfunction; numbness and hyperesthesia; and a descending pattern of recovery. He was diagnosed with poliomyelitis and underwent years of therapy, including hydrotherapy at Warm Springs, Georgia. Roosevelt remained paralyzed from the waist down and relied on a wheelchair and leg braces for mobility, which he took efforts to conceal in public. In 1938, he founded the National Foundation for Infantile Paralysis, leading to the development of polio vaccines. Although historical

accounts continue to refer to Roosevelt's case as polio, the diagnosis has been questioned in the context of current medical science, with a competing diagnosis of Guillain-Barré syndrome proposed by some authors.

We could talk and write about Franklin D. Roosevelt all day. However here are a few of his noted accomplishments from his 12 years of service - longer than anyone. Creation of the emergency banking act to counteract the Great Depression. Establishment of FDIC. Unemployment rate reduction. Setup many institutions to support the New Deal. Created institutions as part of the New Deal. Created the U.S. Social Security System. Established the minimum wage and 40hour work week. He took action to prohibit discrimination in employment, led America to victory in World War II, and, took part in the creation of the United Nations. He also aided water pollution control and more. (Wikipedia)

However, would Roosevelt even have a chance today? Can you imagine him trying to conceal his wheelchair or his leg braces? Not in this age. Would The Press and the opposition tear him to sheds as being physically incapable of holding down the job?

Americans Disabled and people worldwide can point to Roosevelt as someone who dealt with tremendous physical obstacles to accomplish much for our country and the world.

Americans with disabilities should not be excluded from running for public office. We vote for who we want to vote for but in a free country all citizens should be able to try. Fetterman John

Pennsylvania is trying. He has had a stroke, but he's trying. It has been amazing to witness the amount of support Pennsylvania has given Fetterman. He is in a dead heat race with national celebrity Dr. Mehmet Oz whose star power as a long time TV doctor star has surely greatly boosted him in his race with Fetterman for the United States Senate.

Tragically, Fetterman's health apparently prevents him from articulating clearly. His mental ability to quickly process what he is hearing is obviously impaired. This has to make it tough for him. Roosevelt did not have this problem. His mind appeared to be sharp and his speech clear and convincing during his years as President. This is where Roosevelt's situation and Fetterman's is

different. Fetterman needs and deserves time to heal. He obviously needs continuing medical treatment and therapy to recuperate from his stroke. He is still a young man. In a year, or two he may be fully recovered and more able to serve. This is unfortunate for Fetterman and his supporters but only makes sense for his personal health. The fact that he is running for such a demanding job in his current state demonstrates that his mental clarity is somewhat impaired. It also demonstrates that people close to him are mentally impaired to have encouraged him to continue in this political contest. He needs time to get well so that if elected

he can serve effectively. The bottom line is that voters will decide who represents them. This is one right we must continue to cherish, protect and be mentally clear about.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist - American Issues and Common Sense opinions, analysis, stories and features appear each week In over 500 newspapers, websites and blogs across the United States.

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Letters may be e-mailed to editor@everettindependent.com.

Letters must be signed. We reserve the right to edit for length and content.

The Everett Independent reserves the right to edit letters for space, accuracy and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Everett Independent publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Everett Independent.

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EVERETT COUNCIL ON AGING HALLOWEEN PARTY

The Everett Council on Aging, under the leadership of Mayor Carlo DeMaria and COA Director Dale Palma, held a Halloween Party on Oct. 28 at the Edward G. Connolly Senior Center.



Richie Carbone and Janet Marchillo.



Marlene Westerman and Roseann Gill.



Elvira Latham (seated), with Pam Mavilio, Alex Migliozzi, and the Queen of Hearts, Carole Savinsky.



Cindy Millman, Dotty Novak, and Murray Novak.



Rachel Glass and Julie Sanfilippo.



Guests enjoy the Council on Aging Halloween Party at the Edwrad G. Connolly Senior



Andrea Romboli, Catarina Patterson, Rosa Carbo, Cathy Connors, Ana De Leon, and Jack



Seated are Dottie Kushmerek, Joanne Brosseau, John Picardi, and Mary Ann Picardi. Standing are Jerri Haggie, Jay Rosenzwaig, Jeanette DeRosa, and Ralph DeRosa.



Lucy Rascon, Stephanie Salvini, Carol Dello Russo, Connie Lopilato, and Peggie Vitale.

COVID-19 treatment tips

COVID-19 treatments can prevent hospitalizations and reduce the risk of becoming very ill. Treatment is appropriate for people who test positive for COVID-19 and symptoms, even have mild ones (such as runny nose or sore throat), and

who are at increased risk of severe disease.

Treatment should be started within five days of developing symptoms, the sooner treatment is started, the more effective it is.

There are several ways

to access these treatments: • Your CHA provider

can place a referral for you • You can self-refer by

calling 781-338-0280

• A non-CHA provider can make a referral for you

• Los tratamientos de COVID-19 pueden prevenir hospitalizaciones y reducir el riesgo de enfermarse gravemente. El tratamiento es apropiado para las personas que dan positivo en la prueba de COVID-19 y tienen síntomas, incluso leves como secreción nasal o dolor de garganta, y que tienen un mayor riesgo de padecer una enfermedad grave.

• El tratamiento debe iniciarse dentro de los cinco días posteriores a la aparición de los síntomas; cuanto antes se inicie el tratamiento, más eficaz

• Hay varias formas de

acceder a estos tratamien-

• Su proveedor de CHA puede hacer un referido para usted • Puede hacer usted

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no sea de CHA también puede hacer un referido.

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THE EVERETT KIWANIS CLUB HOLDS ANNUAL PASTA DINNER

The Everett Kiwanis Club, in keeping with its tradition of service to the community, held its annual Pasta Dinner at The Connolly Center. For a nominal fee, everyone was invited to eat a freshly

cooked meal of salad, pasta, sausage, meatballs, and an assortment of deserts. Volunteers from the organization handled the cooking and legwork while Everett residents ate and connected with each other.



Kiwanis President and Everett City Councilor Stephanie Martins with Eleanor Gayhart and Iliana Patino from the Elliot Family Resource Center.



Richard Mack, Gloria Mastrocola, and Everett Police Chief Steve n Mazzie.



Linda Malonev with her granddaughter Ouinn.



Tucker Fiorentino, Kiwanis member, past president holds up a pasta plate to bring to an attendee.



 $\label{lem:continuous} \textbf{Kiwanis volunteers kept the kitchen and pasta line running smoothly.}$



Volunteer Gerri Miranda serves up some pasta.



Shawn, Patricia, Jamie, and Jennafer Burke-Hutchinson with Kerry Hutchinson and Meckenzie Burke-Hutchinson.



Kiwanis Lt Governor John Mattuchio, member Jim Sachetta, and longest member, 58 years, Charlie Radosta greeted diners at the door.



Volunteers Catarina Patterson (right) with her uncle Joseph Cataldo.



Everett residents enjoyed Pasta Night together.





Sandra Jackson, Bonnie Lemay, Rosa Carbo, Phyllis Barone, Sergio Loais-Lemay, Nicole Petrucci, and James LeMay with Everett City Councilor Irene Cardillo.

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THE EVERETT KIWANIS CLUB HOLDS ANNUAL PASTA DINNER

PHOTOS BY DEREK KOUYOUMJIAN





Volunteers kept the pasta line running smoothly.



Katy Rogers with Bill Thomson.



Kiwanis President and Everett City Councilor Stephanie Martins with Eleanor Gayhart and Iliana Patino from the Elliot Family Resource Center take a selfie together.



Kiwanis President and Everett City Councilor Stephanie Martins and Kiwanis Treasurer Marlene Zizza.

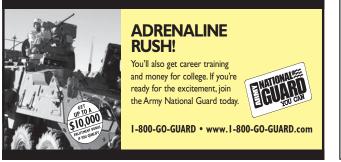


Tony Raymond and Frank Parker.

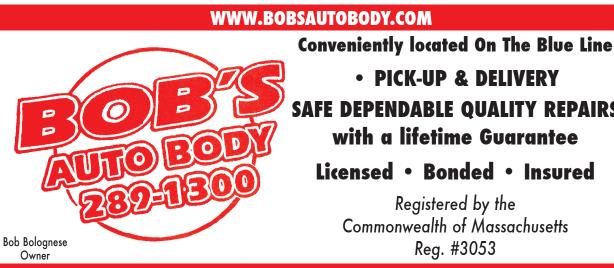












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THE EVERETT INDEPENDENT



EXCELLENCE IN THE EVERETT PUBLIC SCHOOLS

DEVENS SCHOOL DONATION

The Everett Public Schools thanks the Social Equity Access Fund for making a \$5,000 donation to the Devens School. The money will be used by Principal Dr. Brittany Puleo to stock the school store with items and incentives for students who perform acts of kindness.

The donation was facilitated by members of the Devens School Board of Directors, School Committee member Marcony Barros, and Elsa Gomes Bondlow. Ms. Bondlow co-founded the Social Equity Access Fund with Luisa Pena Lyons.

leadership for successfully making a connection with an organization like the Social Equity Access Fund," said Superintendent Priya Tahiliani. "And, obviously, our thanks to Ms. Bondlow for responding to the call."

The Devens School's Random Acts of Kindness campaign builds empathy and a sense of community by helping students meet their academic, behavioral, and social and emotional learning goals. The School Store is stocked with items that students can earn as they make positive strides in these areas. The program was launched last year, and it quickly became popular



A DAILY TRADITION - Webster School student Alex Tiznado Pleitez prepares to take the microphone from Principal Christopher Barrett and lead the school in the Pledge of Allegiance and the Wildcat Pledge. This is a daily tradition at the Webster School and a regular part of morning announcements.



The Generosity of EPS Teachers and Staff. The Everett Public Schools made a generous donation to the Immigrant Learning Center (ILC) through a Jeans Day Fundraiser the district held as part of its Hispanic and LatinX Heritage Month Celebration. The ILC supports immigrant students and families with free citizenship and ESL classes. Above, ESL Director Brittany Hay is pictured with ESL Coordinators Melissa Browne, Alyssa Allen, Olivia Cifrino, and Elizabeth Ross, and ILC Director of Development Mark Correia.



Everett Public Schools Community Engagement Manager Jeanette Velez (left) and DESE Family Engagement Specialist Olga M. Lopez, M. Ed.



Better Together! Everett Public Schools Community Engagement Manager Jeanette Velez (left) and Family Liaison David Capera Sanchez attended the Department of Elementary and Secondary Education (DESE) Better Together Strengthening Family School Partnership Summit on Friday, October 28th. Ms. Velez appeared on a panel for the workshop, "The Wonderful World of Our Family Liaisons". Also pictured is DESE Family Engagement Specialist Olga M. Lopez, M. Ed. (photo left

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Sports

Tide / CONTINUED FROM PAGE 1

and caused a fumble that led to another Everett touchdown.

"Angel was instrumental in setting the tone for the game," said Coach DiLoreto.

Everett quarterback Karmarri Ellerbe, a leading candidate for Greater Boston League MVP honors, had another strong effort with some long-gainers on the ground and timely pass completions. Ellerbe scored a touchdown on a 6-yard run in

the third quarter.

Looking ahead to **Taunton**

Everett (7-1) will bring a seven-game winning streak into its playoff game against Taunton.

"Taunton is a well-disciplined team and plays a very tough schedule," said DiLoreto. "They're physical, fast, and very good."

DiLoreto said the Crimson Tide team bus will leave at 3:30 p.m. to avoid the usual Friday afternoon

rush hour traffic.

"We're very excited to be in the state tournament," said DiLoreto. "We're excited for our players and also for the fact that three teams (Everett, Lynn Classical and Revere) are representing the GBL in the playoffs."

The winner of the Everett-Taunton game will play the winner of the Braintree-Central Catholic game in the quarterfinals next week.



NOT ENOUGH: Damien Lackland (10) escapes Lynn Classical's AJ Concepcion (73), whose grip on a wrist and ankle is not enough to slow down the Everett runner.

National Grid encourages customers to enroll in payment assistance programs

National Grid is urging customers facing rising winter energy bills to consider company-offered programs that can spread bills across several months and explore payment assistance programs offered by state and federal agencies and regional non-profits.

The effort is part of National Grid's Winter Customer Savings Initiative, which was launched last month to help customers reduce their energy use and save money, manage their bills, and secure available energy assistance.

The initiative brings together and expands National Grid's many customer resources, including numerous payment assistance programs for income-eligible customers, extensive residential and business energy efficiency programs and incentives, low-cost and no-cost bill management solutions, and flexible payment programs.

ment programs offered by National Grid includes the Budget Plan. The Budget Plan is designed to take the guesswork out of the monthly billing process. The program takes the amount customers usually pay on their National Grid bills in a year and breaks that amount into twelve

balanced monthly pay-

ments to help offset high

One of the bill manage-

seasonal bills. Customers will still pay only for the total amount of energy they use in a year, but the Budget Plan makes it easier to anticipate monthly energy costs and plan household budgets. For more information customers may view the Even Payments-Making Budgeting Easier brochure.

Along with this, National Grid will refer income-eligible families and customers needing special assistance to meet their energy needs. Programs include but are not limited to: • The Home Energy As-

- sistance Program (HEAP), also known as the Fuel Assistance Program, helps income- eligible households pay their heating bills with federally funded • Discount Rates where
- qualifying income-eligible customers may receive a discounted rate on electric and gas service, as well as no-cost energy efficiency upgrades. • The Massachusetts
- Good Neighbor Energy Fund is available to any Massachusetts residents who, because of temporary financial difficulty,

cannot meet a month's energy expense and is not eligible for state or federal energy assistance Last week, National Grid announced the com-

pany is committing \$17

million in philanthropic

funding to local community and philanthropic support organizations. The funds will be distributed through National Grid and the National Grid Foundation to existing networks and community partners across Massachusetts and New York that are set up to help individuals, families and communities who need it most. As part of this philanthropic funding, earlier this week National Grid in New England announced that the first \$1 million of those funds would be distributed to three Massachusetts brands of the United Way and the Good Neighbor Energy Fund.

National Grid is also hosting a series of customer energy savings events across Massachusetts to provide customers with information on available assistance and help them prepare for the winter season. Throughout the end of the year, National Grid and other partners will be hosting customer energy savings events where National Grid customer advocates and representatives from partnering non-profits, will be on site to help customers explore options and determine eli-

gibility for assistance pro-

customers can visit ngrid.

com/heretohelp to learn

For more information,

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4-COLOR



BULL MARKET: Karmarri Ellerbe (1) plows over a Classical defender and into the end zone on a 6-yard run that gave Everett an 18-0 lead early in the third quarter.



FEET LIKE WINGS: Jayden Prophete (3) leaves Lynn Classical's John Nasky (4) in his wake as he sprints round the end for an Everett gain.

......

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EHS Roundup

BOY SOCCER WINS GBL TITLE, AWAITS **TOURNEY OPPONENT**

The Everett High boys soccer team concluded an amazing run over the second half of the season, in which the Crimson Tide won their final nine contests (and were undefeated at 10-0-1 in their final 11

matches), to capture an undisputed 2022 Greater Boston League champion-

The Crimson Tide set up their path to the GBL title when they knocked off first-place Somerville two weeks ago, leaving Everett (10-2-1) one point behind the Highlanders (11-2) in the standings with both having one

game to play entering the final week of the season.

Everett took care of its end with a 5-1 win over Lynn Classical last Tuesday, giving the Tide a final GBL mark of 11-2-1.

Somerville then faced Revere in a make-up game on Wednesday and came up short, 4-2, leaving the Highlanders with a final league record of 11-3, one

Coach Pedro Blas's squad concluded their season on a winning note with a 3-2 victory over non-league rival Wakefield on Friday.

point behind Everett.

Blas and his crew, who finished their season with an overall record of 13-3-1, now will await word of their final seeding and first-round opponent in the upcoming Division 1 state

soccer tournament.

Based upon the most-current MIAA rankings, Everett ranks 37th in the MIAA's power rankings and would face 31stranked Barnstable in the tourney's opening round.

However, the MIAA will not be releasing the official brackets and pairings until today (Wednesday).

DESIR NAMED TO GBL **ALL-STAR TEAM**

The Everett High boys and girls cross country teams competed in last Thursday's Greater Boston League Invitational Meet that was held at nearby Torbert Macdonald Park in Medford.

The highlight of the meet for the Crimson Tide was the ninth-place finish of senior Sam Desir in a time of 15:21 among the field of 42 runners. Sam's top-10 performance earned him a medal and a spot on the GBL All-Star team.

Teammate Matth Telson also ran a strong race, coming across the line in 16th place with a clocking of 16:27. He was followed by Anthony Cooper (22nd in 17:04), Nischal Tamang (23rd in 17:07), David Huezo (30th in 18:21), and Shishir Pokhrel (41st in 19:48).

On the girls' side, Luca Jean Noel was the top Everett runner, coming across the line in 16th position in 20:47 among the 37 runners. Suzanne Maharjan finished 27th in 23:23.

"We had a very good GBL meet," said EHS head coach Brendan Hahesy. "All the athletes saved their best for last and ran their best race of the season. A special shout-out should go to Samuel Desir

who finished in ninth place for the boys and earned GBL All Star status. He is a four-year member of the team and has worked very hard to become one of the best runners in the GBL. I am very proud of him and all the runners."

EHS VOLLEYBALL **TEAM ENDS** SEASON ON WINNING NOTE WITH VICTORY OVER SAUGUS

The Everett High girls' volleyball team won two of its last three matches, capping off the season with their seventh win of the season, a 3-0 victory over Saugus at Everett High School last Wednesday.

"I'm happy with how we played," said coach Mike Fineran, who took over the head coaching responsibilities last month. "We have a strong senior group and they led us to victory."

Fineran cited the emergence of outside hitter

See ROUNDUP Page 11



ROAD CLOSED: Lynn Classical's Tyren Hoeun (22) tries to reverse direction after he runs into a roadblock created by Everett defenders Domenic Papa (46), Jayden Prophete (3), and Kevin Ruiz (88)



TOUGH MAN TO SLOW: Karmarri Ellerbe (1) fends off a tackle attempt by Lynn Classical's RJ Faessler (1)







NO WHERE TO HIDE: Everett's Ralph Pierre (52) and Christian Zamor (2) have Classical runner Tyren Hoeun (22) at their mercy.



EARLY CONCERN: Everett's Giacobbe Ward (11) tries to knock the ball loose after Lynn Classical's John Nasky (4) hauled in a long pass on Classical's first play from scrimmage. The Rams advanced to the one-yard line but lost the ball on a fumble, and that set the tone as Everett rolled to a 30-0 win.



Community health needs assessment released

Community health system Cambridge Health Alliance (CHA) released the 2022 Regional Wellbeing Report: A Community Health Needs Assessment. The report examines the health of the communities in CHA's service area, including their strengths and challenges, in an effort to improve individual and community health.

This is the first time CHA has conducted a community health needs assessment (CHNA) across its entire service area. CHA prioritized lifting up the voices and experiences of community members closest to the impact of inequities, aligning resources, and working toward developing strategies to address root causes of health disparities.

Over the course of the year-long assessment process, thousands of community members were engaged to share their experiences on topics including behavioral health, medical health, and social determinants of health such as stable, affordable housing, access to healthy foods, and safe transportation. This feedback was complemented by other data from a variety of sources. Together, they provided a deeper understanding of the community conditions that affect wellbeing and established the foundation that will inform future collaborative health improvement

"Improving the health of our communities is core to CHA's mission, and we are excited to be

part of this critical initiative to inform and inspire action in our region," said Cambridge Health Alliance CEO Assaad Sayah, MD. "We look forward to learning together from the report about what factors are impacting the well-being of our residents. CHA is committed to working collaboratively on the next steps of this community health improvement pro-

The next step is Implementation Strategy planning which will focus on developing or supporting policies, programs, and practices that foster and promote three equity principles in four focus areas to improve the conditions that impact the health of the communities that CHA

Equity principles:

- Language justice
- Inclusion of under-represented voices in leadership and decision-making; and
- Environments that acknowledge unique stressors of diverse communities to promote collective

Focus areas:

- 1 Housing: affordability, stability, safety
- 2 Equitable economies: food systems, good local jobs and working conditions, caregiving
- 3 Equity and access to care, services and information within and across various institutions
- 4 Climate health and justice: air and water quality and climate change preparedness

"I am grateful for all the members of our community who took the time and shared their thoughtful perspectives on the issues that impact health and well-being," said Everett Mayor Carlo DeMaria. "The equity principles and the priorities identified by this assessment process align with other important work underway in Everett and we look forward to our continued partnership with CHA to improve the health of all our residents."

"We are truly appreciative to CHA for implementing this crucial effort which will benefit so many of our residents,' said Malden Mayor Gary Christenson. "Our continued partnership in advancing the health and well-being of those in our community is a top prior-"Thanks to CHA for

working alongside city staff, local organizations, and residents to improve the health and well-being of our communities," said Medford Mayor Breanna Lungo-Koehn. "We are excited to address what emerged from this collaborative process together."

"The nuanced thoughtful Community Health Needs Assessment Survey by CHA demonstrates how thoroughly the health of our neighborhood is interconnected with issues like housing stability and economic equality," said Somerville Mayor Katjana Ballantyne. "We value the deep partnership with CHA that creates spaces for Somerville residents to share their lived experiences and health needs.'

News in Brief

DEMARIA ANNOUNCES VETERANS DAY CEREMONY AND LUNCHEON

Mayor Carlo DeMaria is pleased to announce the City of Everett will

be hosting its annual Veterans Day Ceremony and Luncheon on Friday, Nov. 11 at 10AM at the Edward G. Connolly Center located at 90 Chelsea St.

The City will be honoring all those who have served in our country's armed forces by providing

a complimentary turkey dinner luncheon to all who

All are invited to attend this Veterans Day ceremony to honor the men and women who have so bravely served our coun-

City of Everett hosts Community Bowl

Special to the Independent

The City of Everett, in partnership with the Boston Renegades, recently held the first annual Community Bowl at Everett Veterans Memorial Stadium to help support community member Brandon Conde's recovery from a spinal cord injury.

The event was part of Mayor Carlo DeMaria's 'Everett For Everyone' initiative and allowed residents to enjoy a game of flag football between members of the Everett High School (EHS) alumni "three-peat" championship seasons and the Boston Renegades alumni.

The EHS alumni team comprised of football players who played in the championship seasons 2001, 2002 and 2003, which are known as the "three-peat" years. This is the time period when EHS football won the championship three years in a

The Boston Renegades is a professional women's football team that is part of the Women's Football Alliance (WFA). The WFA is a professional full-contact women's football league that began in 2009 and consists of 64 active teams across the United States as of the 2022 season. The Renegades have won their seventh overall and fourth consecutive WFA Pro National Championship this past season.

The Saturday afternoon event began with a pregame tailgate featuring field games and fun for the whole family. Throughout the event, there were concessions selling food, drinks and merchandise where all proceeds would go towards supporting Conde's spinal cord injury recovery.

The flag football game between both teams kicked off with the EHS alumni team securing a commanding lead throughout the game and defeating the Renegades alumni in a 34-6 win to become the 2022 Community Bowl champions. Afterwards, both teams shook hands and came together knowing the most important win was supporting Conde.

There was also a halftime show where Mayor DeMaria and Conde both gave remarks to those in attendance and also featured performances from Noel Staples Dance Troup and DJ Donny Rodriguez.

After the game, attendees were invited to a "Meet the Team Mixer" to meet the players from both participating teams, continue supporting Conde and enjoy a fun evening at the Schiavo Club.

The event was a great showing of community and celebrating Everett's charitable nature through a competitive and friendly game of flag football.

Mayor DeMaria would like to thank all who attended, as well as all of the sponsors and participants who made this a successful event. Sponsors and participants not already named: Alliance Security, **Everett Haitian Communi**ty Center, For Kids Only, Janey David, NOBLE Pop Warner Crimson Tide and Village Bar & Grill.

Roundup / CONTINUED FROM PAGE 10

Sophia Sousa as a big reason for the Lady Crimson Tide's success. "Sophia had the best week of her career when we needed it most," said Fineran. "She did it all: passing, hitting, and serving."

Against Saugus, who beat Everett 3-1 in Fineran's first game behind the varsity bench earlier this season, Sousa blew the first game wide open with nine service points in a row, including seven aces, putting Everett ahead 14-1. She served the final two points of the set, which the Tide took 25-9. Seniors Julie Miranda and Vanessa Almonte added seven more service points, while senior Michelle Ngo had three of her eight kills in the opening set. The second set was

much closer, but kills from juniors Darryn Desrameaux and Nicole Brandao put Everett up 10-7. Down 21-20, Miranda took over serving and closed out the game with four straight points, including acing the last two points. "That was a pivotal

moment in the game," "We've said Fineran. been about to go up 2-0 in matches earlier in the season, but we couldn't close those games out and wound up wondering what could have been. Give credit to our players for sticking with it, not panicking, and to Julie's mental toughness." Miranda added two

more aces to start the third set, Ngo had two more kills, and solid passing from seniors Jane Ebay and Alejandra Cajamarca gave Everett the win, 25-18.

Sousa finished the night with 24 serves and 10 aces and a kill. Ngo was seven-for-seven on serves and was the team's

most dynamic defender. Emanuelly Fernandes and Samela De Souza played error-free. Miranda and Almonte combined for twenty-one service points.

"It was a great finish to the season," said Fineran. "I'm proud of all of them."

Earlier in the week, the Lady Crimson Tide honored their eight seniors last Monday when they hosted Lynn Classical, whom Everett defeated in five sets in September. Everett played a spirited match, winning the third set, 30-28 ,to offer the glimmer of hope for another comeback, but ultimately fell to the visiting Rams in four sets. "It wasn't how we

wanted the night to end, but it was still special for the team," said Fineran. Miranda and Sousa

had solid nights serving, combining to hit 28-outof-30 in. Sousa served the final two points in the back-and-forth third set. She also had three kills. Brandao had 15 serves in, along with six kills and two blocks. Junior Kaesta Sandy had three blocks and a kill. Ngo had eight kills. Almonte had four. Sophomores Emilly

Nogueira and Kayleigh McMahon provided steady back row defense and hit 14-of-17 serves Sandy, McMahon, and Nogueira began the season on junior varsity, and will join Desrameaux and Brandao as returning players with varsity expe-The junior varsity team,

led by junior Yasmine Laabadla and a solid core of sophomores and freshmen, finished the season with three straight wins, bringing their record to 14-5. The JVB squad, coached by Charlotte Mezoff, also ended with

a win, capping off a 9-8

"A lot of times at the end of a season, I'm ready for a break," said Fineran. "But we have a ton of talent and potential coming back next season, and I'm excited thinking about ways to get them to reach even higher."

EHS FIELD **HOCKEY TEAM COMPLETES SEASON**

The Everett High field hockey team wrapped up its season this past week.

Crimson Tide The deadlocked Revere last Monday, 3-3, but then came up short vs. Malden and Waltham. Everett's final record

of 6-9-2 fell just short qualifying for the post-season state tourney. "We just missed the

state tournament, so we are officially done," said EHS head coach Melissa O'Donnell, whose squad entered the last week of the season with a shot at the tourney. "We had a great season and will miss our seniors."

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NEWS FROM AROUND THE REGION

Page 12

COUNCIL CONSIDERING

IMPROVEMENTS

CHELSEA - More park improvements are on the way for the city of Chel-

At its next meeting, the City Council is expected to take up funding for a major renovation project at Bosson Playground at 50 Bellingham Street. In addition, the council is also expected to accept grants to help with the development of a public park at 88 Clinton Street.

"Recently, the Executive Office of Energy and Environmental **Affairs** (EEA), notified the city that the Department of Housing and Community Development has secured a PARC grant for Bosson Playground, pending execution of the state grant contract and fulfillment of all pre-award program requirements," said City Manager Thomas Ambrosino. "For this grant, the proposed renovations of Bosson Playground include replacement of the playground's rubber surfacing, introduction of new playground equipment, installation of a new water feature and splash pad, installation of a multi-sport goal, installation of new site furniture and passive recreation areas, and lighting and reconstruction of all site utilities."

Once completed, the playground will better serve the community's youth and improve the quality of life in the city.

The city will complete the design of the renovations by the end of June next year, a process that will involve input from many stakeholders in the neighborhood and the city, according to Ambrosino. The goal is to complete work on the playground by the end of June, 2024.

The state PARC grant will reimburse up to \$400,000 of the cost of the project, however, Ambrosino said the current estimate for the renovations stands at \$1,800,000.

To help cover the additional costs, Ambrosino is requesting the City Council appropriate \$1,450,000 from the city's stabilization funds.

The EEA also recently informed the city that it had recently secured a Land and Water Conservation Fund (LWCF) grant of just under \$350,000 for the creation of a new riverfront park at 88 Clinton Street.

"Proposed elements include seating areas, walking paths, a rain garden and other plantings, a water feature for children, a shade structure, and potentially a boat launch if this is found to be feasible, as well as lighting and utility construction,' said Ambrosino. "Once completed, the park will offer a space for residents of all ages and abilities to encounter Chelsea's natural resources along Mill Creek, create better recreation and transportation connections between Mill Creek Riverwalk and the Mill Hill neighborhood, and offer opportunities for flood resilience and a respite from rising tempera-

The city is expected to complete its design and construction of the park by the end of 2024, according to the city manager. As with the Bosson Playground project, there will continue to be community input about the final shape of the park.

Ambrosino said he expects the total cost of the project to come in at \$875,000, which he is asking the City Council to appropriate from the city's general stabilization fund. Once the project is completed, the LWCF grant will reimburse the city for nearly \$350,000 of the

WALDEMAR **PROJECT IS** CONTROVERSIAL

EAST BOSTON - The Orient Heights Neighborhood Council (OHNC) kicked off its first Design Review Committee (DRC) meeting of the season on Tuesday, Oct. 18. There was a review of three potential projects in the area - none more controversial than the project at 20 Waldemar Avenue that was presented at the end of the meeting.

The proposed development would erect a six-unit building in an area currently zoned for one-family units. This development is not necessarily new, as some changes were made to the plans since it was presented at an abutter meeting back in

These changes include dropping the unit size from nine to six by scaling down the front of the building and moving the remaining portion of the building forward. Initially, there were concerns about the shadows a building like this would cast on abutting buildings, but the new size of the building seeks to quell those concerns. Privacy screens on the rear balconies of the

GIRL SCOUTS LEND A HAND TO DAUGHTERS OF THE AMERICAN REVOLUTION CLEAN-UP



Hazel Viens, 8, and Ella Ryan, 8, placing freshly-raked leaves into a bag during the clean-up of Metcalf Square on October 23.

building were also added to ease concerns about the ability to look into abutting buildings.

Overall, the reaction to the updated project was mixed, as some Waldemar residents still had apprehensions. One of those residents who voiced their concerns was Daniel Todesca, who lives at 24 Waldemar Avenue directly next to the proposed development.

Todesca outlined issues he has with the project regarding potential variances in terms of size and neighborhood congestion, among other things. He also raised concerns about the drainage issues a building like this could

Todesca went into depth about the congestion issues citing that even with the proposed six off-street parking spots in the plans, there is potential for more than six cars in the building, which would make parking in the area worse.

"My main concern is that you are trying to build a condo building in a lot that is only zoned for a single-family dwelling, and I am the single-family dwelling next door, so I have concerns with my residence; what is going to happen to that," said

"If there was a vote today on the building, I would probably say no,'

Another Orient Heights resident Gail echoed Todesca's sentiment, citing the height of the proposed development towering over abutters and congestion in terms of the number of units.

"This is a one-family zone - it is quite obnoxious to propose six units on the same site. Obviously, they are trying to chip away at the zoning in our neighborhood," said Mill-

"It is not in keeping with the character of our current neighborhood ... I am opposed to it myself as a resident in the neighborhood," she added.

While some opposed the potential project, others, like John Wyatt, who lives across the street, seemed to like the updated

"This looks really nice, and I think it fits in. The house that is there now has been neglected for years and is unsightly. At least this adds a little bit to the neighborhood – I like it," said Wyatt.

"I am definitely fond of this project if we can get

rid of that unsightly thing that is there now," he said. Toward the conclusion of the meeting Gary Carter the proponent of about the project in the

Carter and residents will have the opportunity to discuss the development further soon as the OHNC has requested that representatives for the project return to another DRC meeting slated for sometime in November.

HONORED FOR **HELPING**

LYNN - The Glitter and Gold Gala fundraiser for the Lynn Boys and Girls Club was held at Danversport on October 19.

Four outstanding individuals were honored at the Annual Celebration. Executive Director Brian Theirrien said, "These four honorees have given their time, talents, and resources for the betterment of youth and to the community of Lynn."

Receiving recognition for their continuous work helping and developing Lynn's city youth were Sarah Bates, Lisa Nerich, Dr. Christina Colella, and Attorney Brendan Ward of Cherry Tree Legal Firm.

Former New England Patriot and Super Bowl Champion Ty Law was the guest speaker. Master of Ceremonies. State Representative Daniel Cahill, was entertaining and kept the program moving smoothly. Michael Chambers and Nicole Pirro of Chambers Auction Service provided an exciting bidding auction for the audience. Lynn English High School JR-ROTC served as Honor Guards and the Boys & Girls Club Dance Team delightfully performed to the audience's pleasure.

The evening was a success as guests and friends contributed to raise funds for the Boys & Girls Club of Lynn.

COUNCIL **APPROVES** SCHOOL FUNDING

REVERE - The cheers you may have heard in Revere were those of parents of schoolchildren applauding the City Council for voting by an 8-2 margin to approve a loan order in the amount of \$29.5 million for the acquisition of the Wonderland Park property. Wonderland was desig-

nated by the Revere High School Building Committee as its No. 1 choice for the site of the new high school. If everything goes according to plan, the new high school will open its doors in 2027. Councillors

the loan order for \$29.5

Anthony Cogliandro, Patrick Keefe, Joanne McKenna, Steven Morabito, Ira Novoselsky, John Powers, Marc Silvestri, and Gerry Visconti voted in favor of

million. Councillors Dan Rizzo and Anthony Zambuto voted against the loan order to acquire the

The Council discussed the issue at length during a Ways and Means subcommittee meeting chaired by

Ward 4 Councillor John Powers asked Mayor Brian Arrigo whether flooding and traffic issues at the Wonderland site would be addressed, and infrastructure improvements would continue to be made there.

"I think you probably more than most understand the commitment that we've made in terms of infrastructure and improving that," Arrigo told Powers. "I think it's really important for people to understand that when we build a high school at Wonderland, we're not going to say there's no more money to do anything. Obviously, our commitment to quality-of-life improvements and infrastructure, especially close to low-lying areas like the lower end of Revere Street is critically important and we know that those are investments that need to be made. You have my commitment that those investments will continue, that work will continue, and it will continue with the great team

that I have around me." Zambuto has steadfast in his opposition to Wonderland being the site for the new high school throughout the pro-

"I'm going back on the record again tonight that this is the biggest fiscal mistake in the history of the City," said Zambuto. "It's taken a piece of property at Wonderland off the

Zambuto estimated that the city will lose an estimated \$1 billion in tax revenue over the expected 50-year life of the new high school at the Wonderland site.

Rizzo, who led the construction of the new Hill Elementary School and the new Harry Della Russo Stadium during his mayoral administration, said, "I come down on the same side as my colleague Councillor Zambuto and I have the same concerns as Council President Visconti about the unknowns." Rizzo acknowledged

that the city does need a new high school. "But I think the primary function of this City Council is to provide fiscal oversight. That's why we're here, to represent the taxpayers. This is the largest single appropriation to the tax levy in the city's history. I think it deserves a little bit of conversation," said Rizzo, who suggested that another meeting be held to

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the proposal, addressed comments regarding the project and said he hopes

to talk to more residents

See REGION Page 13

CITY PAWS

Winter dog walking tips

By Penny & Ed Cherubino

Safe walks with your dog in icy, snowy, and cold conditions require preparation for both of you. First, you need winter gear to keep you warm and upright while you give your pup the exercise she needs.

We once asked a professional dog walker to share his tips on keeping warm. He stressed the importance of layering and having different layers for our changing winter weather. Some days call for a base layer and jeans. On wet or freezing days, he would add rain pants. Not only did these keep him dry, but they also provided good insulation.

Like you, your dog may need a layer of clothing to keep warm and dry. We put insulated, water-proof jackets on our Poppy for cold, wet days. We also use t-shirts to keep her clean and free of hanging snowballs her fur collects on other walks.

Boots for Winter Walking

When you choose your footwear for a walk on a wet winter day, think about how important it is to your dog that you do not fall. A fall could mean letting go of the leash or hurting your pup. Choose shoes designed to keep your feet warm on long walks and help you stay upright.

While some aspects of winter can be fun, salt on roads and sidewalks is bad news for dogs. If you've ever had salt in a cut, you know how that stings. Now imagine walking on salt with raw, irritated paws. Consider washing your dog's feet after each walk to remove salty residue. Poppy wears dog boots when needed.

Winter Weight Gain

A few years ago, we researched why Poppy gained a bit of weight everv winter despite our best efforts to control her food and exercise ratio. We

learned about the "Thrifty Gene."

Ken Tudor, DVM, on the Pet MD website, wrote, "Shorter days signal to the dog brain that winter is coming. This sets off hormonal changes to slow metabolism and conserve calorie expenditure." He says, "These changes also promote the deposition of fat. This phenomenon is a result of a genetic adaptation called the 'thrifty gene.' The thrifty gene prepares the dog for the harsh winter and allows for normal performance in harsh conditions."

Knowing this, we check her weight regularly, give her fewer treats, and cut back on how much food we provide during the winter months. When we can add exercise to her life on a nice day, we'll do it, but in winter, controlling calories is often easier than burning them.

How Cold Is Too Cold? You have to think about

T-shirts help keep Poppy clean and free of the hanging snowballs her fur collects, even on mild days.

a particular dog to decide how long it can be outside safely in cold weather. Jennifer Coates, DVM writing for PetMD.com, offered the following, "In general, cold temperatures should not become a problem for most dogs until they fall below 45°F, at which point some coldaverse dogs might begin to feel uncomfortable. When temperatures fall below

32°F, owners of small breed dogs, dogs with thin coats, and/or very young, old, or sick dogs should pay close attention to their pet's well-being. Once temperatures drop under 20°F, all owners need to be aware that their dogs could potentially develop cold-associated health problems like hypothermia and frostbite."

If you're a person tak-

ing care of a dog for the first time or are new to our winter weather, we advise reading articles on the topic and asking friends and neighbors to share their best winter weather tips for dog walks.

Do you have a question or topic for City Paws? Send an email to Penny@ BostonZest.com with your request.

North Shore Philharmonic Orchestra performs music of Strauss, Lalo, and Sibelius Nov. 13

The North Shore Philharmonic Orchestra will begin its 74th season when Music Director Robert Lehmann conducts a program featuring the music of Johann Strauss, Edouard Lalo, and Jean Sibelius on Sunday, November 13, 3 p.m. at Swampscott High School.

Grammy Award-winviolinist Charles ning Dimmick highlights the program as the featured soloist in Edouard Lalo's "Symphonie Espagnole." Dimmick, concertmaster of the Portland Symphony Orchestra and the Rhode Island Philharmonic, has earned praise for his solo performances throughout New England.

The program also includes the Symphony No. 3 of Jean Sibelius. Tickets can be purchased at the door or in advance online at www.nspo.org.

"Extravagant orchestral colors and sweeping musical gestures are on display for our Fall concert," said Music Director Robert Lehmann. "Each compos-



featured soloist in Edouard Lalo's "Symphonie Espagnole" with the North Shore Philharmonic Orchestra Sunday, November 13, 3 p.m. at Swampscott High School.

is known as 'the 'Waltz' king,' vividly depicts the elegance and sophistication of 19th century Vienna, as well as the exotic and gypsy Hungarian flavors that feature prominently in his 'Gypsy' Baron Overture."

Dr. Lehmann commented about the featured solo-

er on this program was a ist and the program selecmaster musical illustrator. tion. "Charles Dimmick is Johann Strauss, Jr., who an extraordinary violinist perfectly-suited to bring to life Lalo's colorful and virtuosic display of his impressions of Spain and its most famous violin virtuoso, Pablo de Sarasate," said Lehmann. "All the moods and character of the Iberian peninsula find their way into this

The Sibelius symphony portrays the composer's deep affection for the wonders and beauty of his native Finland. "The Third Symphony displays everything from wistful, melancholy tunes to a radiant concluding 'hymn' of majestic grandeur and sweeping power," said Lehmann.

The Orchestra missed out on its entire 2020-21 season due to the Covid 19 pandemic but made a triumphant return last year. This year marks the Orchestra's 75thbirthday and its 74th concert season. For full concert information, visit www.nspo.org or contact info@nspo.org.

The NSPO is committed to the health and safety of our patrons and musicians. While the NSPO will not require Covid vaccination proof or other measures, patrons who are at high risk for infection are encouraged and wear a mask and always maintain 'social distancing' inside Swampscott High School.



Music Director Robert Lehmann will lead the North Shore Philharmonic Orchestra in concert Sunday, November 13, 3 p.m. at Swampscott High School.

Region // CONTINUED FROM PAGE 12

consider the issue.

But Supt. of Schools Dr. Dianne Kelly ook the podium and spoke about the importance of the timeline in the MSBA new school building process. "We have a strict

deadline that we have to have paperwork to them [MSBA] in December, which means we need to be getting on that land in the next week," Kelly told the Council. "If we're beyond another week of getting access to the land – our hope iss that this will be voted tonight – that we could file the notice of taking with the state, and that they would approve it, and that we could get on the land next week and start doing soil samples and pieces. The bottom line is we can't wait until another meeting unless we want to push the whole project

In the end, the Council heeded Kelly's key advice and voted during its regular meeting to approve the

out."

loan order for the acquisition of the Wonderland property.

WINTHROP LEADS THE WAY WITH **CLEAR PROGRAM** WINTHROP - Nearly

a decade ago, Winthrop's public health and public safety programs began working together to provide better mental health and substance abuse resources for the town's residents. The

program, now known as CLEAR (Community and Law Enforcement Assistance Recovery) program, has become a model for communities throughout the state and

the country. At last week's community fall forum, Meredith Hurley, the town's Public

Health Nurse, updated the community on the history and goals of the program.

"Back in 2014, I per-

sonally had never heard

the phrase 'police reform' at that point, but that is really when public health aligned with public safety," said Hurley. "As a result of the opioid epidemic, we were seeing a lot of loss in the community and we were concerned about that."

Hurley began conversations with the police and fire chiefs at the time to try to determine different strategies to deal with the epidemic. "We started with look-

ing at the high rates of fatal and nonfatal opioid overdoses, and public health and public safety came together and formed our collaboration," said Hurley.

At that early stage, she said the collaboration allowed for a police officer

to knock on doors along with a peer recovery coach at homes following overdoses. "The peer recovery

coach is somebody with

lived experience who

works (with someone with substance abuse issues) to take them down the path of recovery," said Hurley. "It can look many different ways, it can be harm reduction, it can be giving Narcan so they or a family member can have it in the house for safety."

As the partnership progressed, the public health department received a grant to hire a part-time social worker who worked with public safety on a jail diversion program.

"What we really want to do is keep people out of the emergency system," said Hurley. "We don't want to see people in jail and we don't want to see people in emergency rooms. That's what it really boils down to."

Recent good news for the CLEAR program has included a licensed clini-

cian trained in de-esca-

lation working with the

police department, and

nearly all police officers

having been trained in the

crisis intervention team model. Hurley said the goal is to also train the town's firefighters on the

Hurley said the program has also been able to pivot from the earlier opioid-intensive model to address other mental health and substance issues in the town. "In Winthrop, alcohol

was a bigger issue and continues to be a bigger issue, a bigger substance that we are concerned about, so it felt funny for (us) to tell somebody we would love to work with you, but you are not a heroin user so we cannot because of our funding," said Hurley.

The CLEAR program was able to address its funding in order to serve a wider variety of issues in the town, she said.

The program continued to grow and grow, and when the Covid-19 pan-

demic hit in 2020, Hurley

said the town had many

resources in place to help deal with the pandemic itself, as well as the many mental health challenges associated with it.

"The CLEAR team has been pivoting and pivoting and pivoting with the needs of the community, and that is really where the success has been with this program," Hurley said.

The latest highlights of the program include a police lieutenant assigned to the health department and increased resources to deal with domestic violence.

"CLEAR is on the cutting edge because we have been doing things that are now emerging as best practices," said Hurley. With that increased visibility has come more opportunities for grant funding to expand the program even more, including a partnership with the Boston University School of Public Health.

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Zion Church - Everett

News and Notes

G.

Robert

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join us every Sunday at

our 10:00 a.m. Worship

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ship, praise and preaching,

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MA. You can also join

Bishop

Mystic Side Congregational Church

News and Notes

Mystic Side Congregational Church is located in Everett, on Malden-Everett border, at 422 Main Street. We offer a warm, inviting atmosphere, and all are welcome. Our Sunday Church service starts at 10:30 a.m. and Communion is offered on the first Sunday of each month. A very pleasant coffee hour and socializing follow our services. Parking is available in our lot next to the church on Wyllis Ave. (one way off Main Street). We look forward to welcoming

Mystic Side 422 Main Street

Immaculate Conception Parish

News and Notes

Our Parish Staff: Father Joseph Chacha Marwa, S.M.A. Administrator;

Father Gustavo Buccilli, SMA Parochial Vicar;

Secretary Barbara Can-

Weekly Mass Schedule at Immaculate Conception is as follows: Saturday (Sunday Vig-

9 a.m. (Family Mass), 11 a.m., and 5:30 p.m. Spanish 12:15 p.m.

il) 4 p.m., Sunday a.m.,

Community 4 p.m. Haitian Commu-

Masses are being held in the Chapel.

Eucharistic Adoration of the Blessed Sacrament: Adoration of the Blessed Sacrament is held every Thurs. from 7:45 a.m. to 6:30 p.m. in the Chapel.

Each Thurs.s' adoration

you this Sunday.

Congregational Church Everett, MA

will conclude the Bene-

diction of the Most Bless-

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ble and see what we have.

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Blessed Lord

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Bible Study: Consider joining us for Bible study on Sunday. We meet in the Church Parlor off the Chapel from 9:30 to 10:00

Sponsor the bulletin! For

Boy Scout Troop 814: Meet in Cooper Hall on Tues. evenings from 6-9 p.m. Cub Pack 11 meets on Saturday mornings.

NA Meetings - Mon.

For more information,

they can be reached online at zionchurchministries.com or via email at office@zionchurchministries.com.

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But We Can, 8:00 7:30 -

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http://www.glen-

Glendale United

Methodist Church

Pastor David Jackson

392 Ferry Street (across

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Walnut Street

617-387-2916

PastorDavidJack-

Pastor's Office Hours:

son58@gmail.com

Saturdays 10 a.m. to

2 p.m. Other times by appointment.

from Glendale Towers)

by the driveway on

daleumc-everett.org

the altar.

Saturdays 10 a.m. to 2 p.m.

Other times by appoint-

9:30 p.m.

Zion Church Ministries

via livestream on Face-

book and You Tube.

Glendale United Methodist Church

News and Notes

a \$5 donation, you can dedicate the Sunday bulletin to recognize family, friends, or special occasions. There is a sign-up sheet in the Pastor's study. Feel free to choose your particular week and leave a copy of your dedication in the mail in that is on the Pastor's door. Please contact the Pastor if you have any questions.

Glendale Christian Lighthouse Church

News and Notes

10:30 a.m. Sunday

Worship service.

Weds. hour of Power, worship, prayer and Bible Study, via Zoom. "Whatever you do,

work at it with all your heart, as working for the Lord, not for human masters," Colossians 3:23 "In Pursuit of Spiritual

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Church at the Well Everett

News and Notes

Church at the Well Everett is a new church for Everett. Check us out on Facebook at www.facebook.com/churchforeverett to view weekly devotions and updates, visit us at www.foreverett.church

to sign up for our newsletter and see how we can help you, or connect with the Everett Community Aid Network at www.everettcan.com to request any additional help.

Grace Anglican Episcopal Church

News and Notes

Grace Anglican Episcopal Church is open & welcoming to all. There are 2 services on

Sundays: 10am English, 1pm South Sudanese Din-Come all and let us

walk together in this sea-

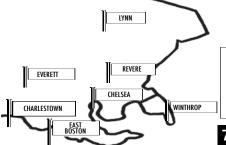
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CITY OF EVERETT HOLDS MONTHLY LUNCH AND LEARN

The City of Everett recently held its Lunch and Learn for the month of October at City Hall.

This month's program was titled: "Safe & Brave Spaces: Real Talk on Inclusivity."

Lunch and Learn is a monthly program created and moderated by the City of Everett's Director of Diversity, Equity and Inclusion, Cathy Draine. It allows City employees to come together, share ideas and experiences and discuss new topics while enjoying lunch. The series is a part of the City's commitment to engage, educate and elevate.

The special speaker was Thaddeus Miles, who is the senior director of diversity initiatives for MassHousing and a photographer. He is known for his candor and commitment to supporting to innovative strategies to make a difference in the lives of vulnerable individuals and families across the commonwealth.

Miles, whose career spans over 30 years, has served in many roles including public safety, head of community services for MassHousing, and numerous board roles that impact the lives of tens of thousands Massachusetts residents each year. He has also gained insights and strategies from his international work at Harvard Law



The City of Everett's Director of Diversity, Equity and Inclusion Cathy Draine alongside Thaddeus Miles.

School and community/ urban planning programs at the Massachusetts Institute of Technology.

During the program,

Miles talked about inclusivity and how managers can build a culture and community within their teams and with other teams in an organization. He spoke about ways he promotes inclusivity within his own teams by having hard conversations with coworkers and getting to know each other on a work and personal level.

Miles also challenged attendees to measure how they feel their manager and the organization as a whole is inclusive. This was done through a scale he created that asks questions pertaining to different aspects of a successfully inclusive organization and culture. Participants would have to give an answer between one



Everyone who attended October's Lunch and Learn gathered on the stage in the ECTV studio.

and four with four meaning it is done exceptionally well. City employees and

managers learned about the importance of making those who serve inside and outside of your team comfortable to be able to express themselves. This allows team members to build a community in the workplace, not be closed off, be who you are and be valued.

Mayor Carlo DeMaria would like to thank Miles for sharing his knowledge and expertise at October's Lunch and Learn program.



This month's Lunch and Learn was held in the ECTV studio.

New waste disposal ban regulations take effect

The Baker-Polito Administration on November 1 announced that new waste ban regulations that promote recycling and reuse, reduce trash disposal, and foster recycling business growth take effect starting today, November 1, 2022. The new regulations will ban the disposal of mattresses and textiles in the trash, as well as decrease food waste from businesses and institutions. Massachusetts currently has a food waste ban on businesses disposing one ton or more per week, and these regulations lower that threshold

to a half-ton per week. Massachusetts The Department of Environmental Protection (Mass-DEP) established a ban on disposal of food waste from businesses and institutions disposing of one ton or more per week in 2014, which increased food waste diversion from 100,000 tons per year to more than 300,000 tons per year, while also creating hundreds of new jobs and increasing the gross state product by \$77 million. Despite this progress, food waste still represents more than one-fifth of the trash we dispose of. Lowering the threshold from one ton to a half-ton per week aims to continue Massachusetts' progress in this area. An estimated 4,000 businesses will be subject to the new threshold. Fortunately, Massachusetts businesses are well on their way to compliance as more than 3,500 businesses already participated in a food waste collection program in 2021.

"In order to meet the important goals outlined in the 2030 Solid Waste Master Plan, the Baker-Polito Administration has focused on reducing waste disposal, while also increasing recycling, diversion, reuse, and com-

and the supporting strat-

egies that are being im-

plemented today

continue our nation-leading efforts and jump-start waste diversion work that is occurring across the

Commonwealth." MassDEP has supported the food waste ban by providing grants to businesses establishing or expanding capacity to manage food waste, including anaerobic digestion and composting operations. MassDEP also recently announced a new grant offering to invest in expanding the infrastructure for collecting food waste, mattresses, and textiles. Additionally, MassDEP supports business waste reduction, recycling, and composting initiatives through the Recycling-Works in Massachusetts program. This program, which is fully funded by MassDEP, is run under contract by the Center for Eco Technology. Through RecyclingWorks, sachusetts businesses receive free assistance to manage any waste they generate, including the

new banned materials. Textiles represent another important opportunity for Massachusetts to reduce the waste stream and capture valuable resources. Each year, the Commonwealth throws out more than 200,000 tons of textiles in the trash. This includes old clothing, as well as other things like towels, linens, and even bags, belts, and shoes. Fortunately, Massachusetts has an extensive collection infrastructure of both non-profit and for-profit textile recovery organizations that can find a new use for these materials, either through selling or donating for reuse, or recycling into products such as carpet padding, insulation, or wiping rags.

that they recover," said

MassDEP Commissioner

Martin Suuberg. "We are

pleased to partner with

"Recovering textiles is an excellent opportunity for our cities and towns to reduce trash disposal from their residents at the same time as they get paid for the valuable textiles

this burgeoning industry to remove these valuable materials from the waste stream and put them back to work."

Mattresses are a difficult material to manage at solid waste facilities and take up a large amount of space in landfills. More than 75 precent of mattresses can be effectively separated and recycled, including metal, wood, fabric, and padding. Massachusetts has established a statewide mattress recycling contract that includes five recycling companies that can serve Massachusetts municipalities that establish mattress recycling programs to serve their residents. MassDEP has provided grants to several of those companies, as well as oth-Massachusetts-based mattress recyclers, to increase the capacity to manage mattresses, as well as to create new job opportunities. Massachusetts generates approximately 600,000 unwanted mattresses per year, about 200,000 of them from residents, with the rest coming from businesses and institutions. MassDEP has provided grants to help establish mattress recycling programs in 137 municipalities. More information on

the waste disposal bans is available on MassDEP's website. MassDEP's mission is

to protect and enhance the Commonwealth's natural resources - air, water and land – to provide for the health, safety and welfare of all people, and a clean and safe environment for future generations. In carrying out this mission, MassDEP commits to address and advance environmental justice and equity for all people of the Commonwealth, provide meaningful, inclusive opportunities for people to participate in agency decisions that affect their lives and ensure a diverse workforce that reflects the communities served by the agency.



Attendees ate lunch and listened to Miles speak about inclusivity.

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In Loving Memory MICHAEL (MIKE) MAFFEO

1st Anniversary — November 7th, 2022

Dad, you are now at peace

with Mom.

We can't believe it has been 1 year without you but are

thankful you were in our lives for so many years. Our hearts are crushed but your memories live within us

every day. We recall your kind words to everyone & know you died

beloved by all. Miss you so much! Love Always,

Michael Angelo III & Lori Renee & Ray & Grandchildren Makayla & Michael IV

A SHORT STORY ABOUT GROWING UP WITH AN UNFAIR ADVANTAGE.

POLIO.

As one of the last American children to contract polio, Jeffrey Galpin grew up in a world of iron lungs and body casts, alone with his imagination. His story would be dramatic enough if it was just about his battle with this dreaded disease But Jeffrey Galpin did more than survive

polio. He went on to a list of achievements in medical research—including being the principal investigator in applying the first gene therapy for HIV/AIDS. Dr. Galpin actually credits his own

incurable condition for giving him the focus that made him so passionate in his research. His story leaves us with two of the most contagious messages we know. Don't give up, and remember to give back. If Dr. Galpin's story inspires just one more person to make a difference, then its telling here has been well worth while.





HALLOWEEN CELEBRATED BY SENATOR SAL DIDOMENICO AND FAMILY

On Halloween night Clarence Street in Everett was crawling with witches, ghosts, goblins and everything in between visiting the home of Everett Senator Sal DiDomenico and family. The family home was transported into a Halloween wonderland, complete with graveyard and a special visit by Michael Myers, who greeted

all comers to the DiDo-

menico residence.

Helping out with the task was Everett Councillor Stephanie Martins and School Committee member Michael "not Myers' McLaughlin. Treats of all sizes and shapes were available for the tricksters, ice cream, crispy treats, chocolate, chips and all kinds of other tasty goodies.



fun for Joshua Goes.



Councillor Jason Marcus (right) with Greg Baldacchino dropped by for a visit at the DiDomenico's.



The sign says it all, Happy Halloween from Senator Sal



along his walkway to collect their Halloween treats.



Marie DiDomenico with her son Senator Sal DiDomenico.



Giovanni Quinones gets an icy treat from Trish DiDomenico.



Michael Myers is always popular on Halloween, Senator DiDomenico greets his guests, the Kugals, Alfred, Evelyn



Collecting the goodies, Shriya Maharbam, Ava Shakaya, Shriyash Marharbam, and Saric Shakaya.



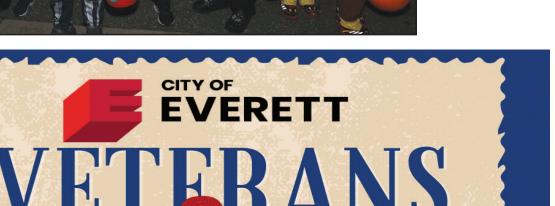
The family home of the DiDomenico's was transformed to a ghostly realm, with scary visitors like Ariana Sanchez, Melany Portillo and Alejandro Portillo.

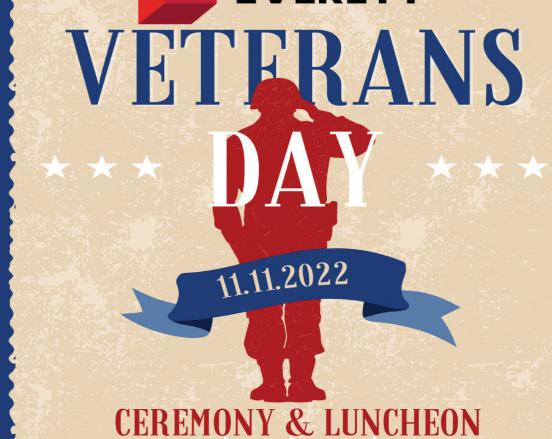


Pictured left, Senator Sal DiDomenico and family, Councillor **Stephanie Martins** and School Committee member Michael McLaughlin happily greeted many trick or treaters on Halloween night.



School Committee member Michael McLaughlin passes out ice cream and cotton candy to Caio Alves.





THURSDAY, NOVEMBER 11TH - 10AM CONNOLLY CENTER - CHELSEA STREET

Mayor DeMaria



Councillor Stephanie Martins passes out sweet treats to local children last Monday evening.



Michael Myers with visitor Mason Baldacchino.